



coMra user guide
COHERENT MULTI-RADIANCE THERAPY

[ENGLISH, REV 4.0]

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ACKNOWLEDGEMENTS

So many people have contributed to my knowledge of healing during the course of my life, and many others have equally been instrumental in helping to make this guide into the useful resource that it represents.

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Théun Mares (1952-2011), Founder of RLT

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FOREWORD

The frontiers of healing and health – coMra

A holistic approach to healing, well-being and self-sufficiency

Great civilizations have come and gone, and each civilization has had its own unique methods of achieving physical, emotional and mental health. Yet when one studies any of these ancient healing arts, it becomes apparent that, like fine arts and culture, healing arts are always a reflection of the general level of awareness present in that particular civilization. Apart from physical injury, the causes of the types of diseases that were prevalent in any one civilization, upon careful study, are seen to have their roots in the prevailing mindsets common to the people of that civilization. Most notably, many of the ancient physicians, irrespective of the civilization to which they belonged, not only treated the disease, but also instructed their patients on how to correct the mindset causing the disease. This is true healing; namely, *hiasis*, as opposed to merely treating the symptoms of the disease, and it is vitally important, for the disease will continue to re-manifest whilst the cause remains intact.

The word *hiasis* comes from Greek, and it means that when an ailment occurs, and it has been fully understood, this brings about new knowledge that the person suffering from the ailment did not have previously. The implications within this are clear. We call forth disease, or more precisely, *dis-ease*, when a lack of knowledge throws an area in our lives out of balance. The result of this imbalance first manifests within us as a *dis-ease* at a psychological level, but unless this is remedied, it will eventually also manifest as a physical disease. Consequently, we can see how very important it is to address not only the symptoms of the disease, but also its cause, for invariably it is this cause that reveals the knowledge we have been lacking, and which was responsible for making us ill to start with.

No one can deny that the 20th century marked huge achievements in the fields of science and practical medicine. This is primarily due to the vast improvements made in clinical, laboratory and instrumental diagnostics, to perfecting surgical skill, and to the development of pharmacotherapy (medical drugs). However, despite this huge advancement in modern-day healing, we cannot ignore the many disastrous side-effects of allopathic medicine. For example, even though there is obvious therapeutic benefit when disease is treated by pharmacotherapy, many medicinal and preventative drugs drastically interfere with the natural functioning of the physical body. Pharmacotherapy has also been proven to damage other areas in the body, including the nervous system, and all too often such damage is irremediable. Moreover, despite having full knowledge of the negative side-effects of a great number of the drugs in use today, many physicians continue to prescribe them. The most alarming fact of all is that the often severe negative pathological effects of these drugs, that invariably only show up much later in a patient's medical history, are largely ignored, by which time the damage is often irreparable.

From the above it is clear that the approach to health and healing taken by prior civilizations was much more holistic than our modern approach, where patients are merely cured of the physical symptoms of a disease, whilst leaving the cause unaddressed. Apart from this, the most dire effect of our modern approach is to encourage us to hand over our power to the physician, whereby we stop taking any personal responsibility for our own health. The most debilitating consequence of this disempowerment is that humanity today is completely subject to men and women who, far from having chosen medicine because of their great love for healing, have entered medicine only because it is a financially lucrative business. Today's physicians are also backed and supported by pharmaceutical giants, for whom financial dividends are likewise much more important than the genuine health of people the world over.

Consequently, allopathic medicine has become an extremely mercenary business, and like all mercenary businesses today, modern forms of healing also have an inbuilt obsolescence factor.

Because the cause is never addressed, diseases keep recurring; and because pharmacotherapy brings about so many negative side-effects, biological as well as pathological, patients are dependent upon their physicians, whose income remains steady and assured. The worst consequence of this co-dependency is the increasing addiction to drugs of every description, despite the fact that far too many of the most popular drugs in use today have been proven to be highly toxic and detrimental to the physical body, especially to the natural immune system and the nervous system. So all-pervasive is the use of pharmacotherapy today that our first introduction to medical drugs is already in the womb of the mother.

Yet this sad state of affairs need not be. We are all the masters of our own destiny, and we should therefore also be the masters of our own personal power, and take full responsibility for the circumstances, as well as the conditions we manifest within our lives, including the condition of our health: physical, emotional and mental.

Certain innovative physicians over the last few decades have become very unhappy and ill-at-ease with our current understanding of life, which is based entirely upon the outdated reductionist theories that grew out of an exceedingly materialistic and mercenary approach to science. These physicians, in co-operation with engineers, physicists and scientists of other disciplines, began developing various non-invasive, life-supportive and ecologically safe ways in which to effect both the treatment, as well as the prevention of disease.

Thus, in the 1960's we saw the birth of MIL-Therapy, an acronym for Magnetic-Infrared-Laser Therapy – a medical therapy which most closely resembles the way in which the physical body heals itself. This was the beginning of true complementary medicine, for this technology today is designed not to interfere in the ability of the body to naturally heal itself, but instead to co-operate with the physical body; that is, the healer within, by providing it with all the necessary conditions it needs for what it alone is most qualified to do; namely, to heal itself.

The principle on which MIL-Therapy is based is what is known as Coherent Multi-Radiances. The forefathers of MIL-Therapy knew that what this means is that there are essentially four radiant energies that have to be synthesised into working together as one coherent whole; these energies being magnetism, infra-red laser, the four basic colours; namely, red, green, blue and yellow, and ultrasound. The Russian medical scientists who pioneered MIL-Therapy have ever since been trying to perfect this technique, but to date the modern medical lasers, as effective as they are, still only have at most infra-red lasers, magnets and red light.

In June 2009 Radiant Life Technologies™ made what amounts to the greatest breakthrough in medical science this century – they took MIL-Therapy to a totally new level, through their discovery of the much sought-after technique, which now enables all four of the above-mentioned radiances to be combined into one coherently-operating whole. Radiant Life Technologies has named this greatly enhanced form of MIL-Therapy, Coherent Multi-Radiance Therapy, abbreviated to coMra.

In this new method of combining the four radiances, the infrared laser provides the stimulus for healing. In other words, it assists the healer within. The four basic colours provide the message to the healer within; that is, regenerate or rejuvenate, depending upon what is being treated. All of this is done through the actual frequencies used for both the infrared laser as well as the four colours, in addition to the specific sequence and the geometry in which the radiances are used. The magnetism provides a force field, which acts as a channel for keeping all the radiances focussed and directed, and which also determines the depth to which the other radiances penetrate the subcutaneous layer. The ultrasound provides a gentle but firm impetus, allowing the diseased cells to reorganise themselves internally much

more quickly. It is important to note here that cells become dis-eased when they become disorganised internally for a particular reason; the reason being the cause of the disease.

Medical lasers today fall into two categories: the high intensity lasers, which have proven to be a very successful alternative to physical surgery; and low intensity lasers, such as the ones developed by MIL-Therapy and now enhanced by coMra therapy, which are proving more and more to be highly effective in both the treatment and the prevention of a wide variety of diseases.

Furthermore, since medical lasers must compete in a world dominated by allopathic medicine, laser treatments have also been found not to interfere with any prescribed allopathic cures, but instead enhance the positive effects of allopathic medicine. Therefore, medical laser technology also complements allopathic medicine.

Physicians from all countries, but especially from developing countries, which cannot afford the very high and continuously escalating cost of allopathic medicine, are today turning their attention to alternative healing practices and, in particular, to complementary medicine. Today there is little doubt that quantum electronics, which led to the development of lasers, is making a huge contribution to medicine. Every day new clinical data is being added to the ever-growing proof of the very high performance of medical lasers. It is now abundantly clear that low-intensity medical lasers have inexhaustible possibilities in the realm of healing.

Théun Mares (1952-2011), Founder of RLT



BEFORE YOU START

! IMPORTANT

1

Under no circumstances should the laser light be allowed to come into contact with the eyes. Prolonged exposure of the eyes to laser light could cause permanent blindness, and even brief exposure could result in serious damage to the eyes.

2

If treatment is to be done anywhere close to the eyes, the eyelids should be closed, in which case no damage can be done through the laser light accidentally shining into the eyes.

3

In using the Meridian Terminal for the treatment of hair, never do this sitting in front of a mirror. The light from the laser can reflect off the surface of the mirror and damage the eyes.

4

Whenever using the Meridian Terminal care must be taken not to direct the laser towards the face or eyes of another person. Take particular care of children and animals that may wander into the room during treatment.

5

When using the Meridian Terminal to treat infants it is best to shield the eyes of the child from coming into accidental contact with the laser light. Use a piece of firm cardboard between the area of treatment and the eyes. Also please note that the Meridian Terminal should not be used on the heads of infants until the fontanelles have closed up completely.

6

Whenever treating any stationary point over the brain with the Medical Terminal (this does not apply when scanning over the area) the ultrasound must be turned off. In all other cases the ultrasound should be turned on.

7

The lights around the Probe are LED lights that will not damage the eyes. However, to avoid any irritation or discomfort it is best to close the eyes if the probe is used in the vicinity of the eyes.

8

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

9

A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.

10

Do not use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators. To date there is no clinical data which proves coMra therapy to be detrimental to such patients, but not enough research has yet been done to verify the safety of these patients.

11

Do not place any of the Terminals within 30 cm of any sensitive electronic equipment (laptops, hard drives, etc.). The magnetic field from the Terminals may damage such items.

General notes

- 1 The list of medical conditions and treatments given in this guide by no means implies that these are the only conditions that can be treated by using coMra therapy. The treatments given are merely examples of the versatility of coMra therapy. The practitioner is encouraged to familiarise him or herself with the basics of coMra therapy, and then to experiment, and so build up his or her own working knowledge of coMra therapy in order to treat any medical condition he or she encounters, using the treatments given in this manual as a guide.

To assist the practitioner in this, it may be helpful to note that coMra therapy acts primarily on:

 - a) the central and peripheral nervous systems,**
 - b) the immuno-endocrine system,**
 - c) the blood,**
 - d) the lymphatic system,**
 - e) the organs and other body parts directly.**

The points illustrated in the treatments have primarily been selected with these considerations in mind, although additional points are sometimes included in specific treatments, where these are needed.
- 2 Every effort has been made to illustrate with accuracy the treatment points in this user guide. However, taking into account the differences in body geometry for each patient, we are only able to give a general indication of placement on our illustrations. We are aware that locating the treatment points, for the non-professional, may prove to be a little challenging therefore we suggest using a free online resource such as the Biodigital Human Visualization Platform (<https://human.biodigital.com/index.html>) to help with any confusion that may arise.
- 3 Since coMra therapy is an innovative form of medical science, we are constantly updating our knowledge base to reflect the growing body of clinical data. In response to growing demand, new treatments are also being developed, compiled and added on an ongoing basis. Consequently, to ensure that you get the optimum value from coMra therapy you should regularly check the RLT website (www.radiant-life-technologies.com) for the latest additions and amendments to the user guide.
- 4 In the first edition of the user guide each treatment was accompanied by herbal medications that were found to be complementary to the healing process. However, clinical feedback has confirmed that coMra therapy is highly effective on its own, and so it was decided to remove these medications from future editions of the user guide. Those who are interested in these herbal medications can find them in the book entitled, *Health & Holism in the 21st Century*, published by Renascent Legacy Press.

Using the Terminals

- 1 | It is vital that the Terminals are placed directly onto the skin, unless stated otherwise in the treatments given in this user guide. Do not do treatments through clothing, no matter how thin the clothing may be. Clothing will distort the radiances, as well as inhibit them.

Notwithstanding the above, it is important to note that in treating animals and birds it is not necessary to first shave the animal or to pluck the bird before treatment. As opposed to clothing, which is finely woven cloth, the fur of animals and the feathers of birds do not inhibit the efficiency of the radiances. Instead it has been found that both live fur and feathers act as conductors of the radiances, rather than inhibiting them.
- 2 | Furthermore, animals and birds are far more responsive to the radiances than are human beings. Therefore even if there are some of the radiances that become distorted by the fur or the feathers, and do not penetrate fully through to the skin, animals and birds still respond very well and very quickly to coMra therapy as a result of just those radiances that do penetrate through to the skin.

This same principle applies when using the Meridian Terminal for treating human hair or the scalp. Live hair does not inhibit the radiances, but instead helps to conduct them.
- 3 | In certain circumstances a practitioner may deem it wise to place a protective cover over the Terminal for hygiene purposes. In such cases use only a very thin and totally clear transparent plastic cling wrap, stretched tight across the surface of the Terminal, so as not to form creases or wrinkles.
- 4 | When treating the hands or neck area all rings and jewellery must be removed prior to treatment, as the jewellery will distort, reflect and refract the radiances.

Using the different frequencies

- 1 | **5 Hz** is the frequency used for deep penetration – as in treating the internal organs and skeletal structure of the body, as well as treating internal tumours. **5 Hz is not used on the brain.**
- 2 | **50 Hz** is the frequency used for treating most muscle disorders, injuries and ailments that are close to the surface of the skin. Exceptions to this are given in the various treatments listed. This frequency is also used for tumours that are located directly beneath the skin.
- 3 | **1k / 1000 Hz** is the least penetrating of the frequencies, and is used mostly for treating skin disorders and very sensitive skin – as in burns, open wounds and superficial ulcers. It is also used for treating the inside of the mouth, the nose, the ears, the vagina and the anus, as well as for treating the central nervous system.
- 4 | **Variable (V)**, which varies intermittently between 5 Hz, 50 Hz and 1000 Hz, is used mostly for joints and bone fractures, and also in cases where it is desirable to treat a particular area at various depths of penetration.

How coMra therapy supports the body

coMra therapy tends to work differently to conventional medical treatment and allopathic medications, and this is most often visible in the case of certain serious illnesses, and/or prolonged illnesses, where the body has become depleted. Therefore, it is of vital importance to take into consideration the following few points when treating these conditions, so as to avoid unnecessary concern:

- 1** | In serious illness, and/or prolonged illness the body becomes exhausted and depleted in the constant fight against the disease. If this state of affairs goes on for some time, the body is eventually so weak that it will use whatever remaining reserves it has in maintaining only those organs and those bodily functions that are vital to the preservation of life.
- 2** | The principal function of coMra therapy is to act as a support for the body. Consequently, if a body has become exhausted and depleted it will, once laser treatment is commenced, first use this support to build up its strength and its depleted reserves. The result of is an immediate feeling of well-being.
- 3** | After the body has built up sufficient strength it initiates the healing process. If, because of serious illness, the body is still recovering from depletion, it will again become depleted, and the result of this is what can appear to be a complete relapse. Occasionally, such relapses can precipitate a state of health in which the symptoms displayed are worse than before treatment was commenced. This state of health, however, will only be temporary, and the treatment should NOT be suspended.
- 4** | The reason why it is important to continue with the treatments is because the body will once again use the support given to it by coMra therapy to build up its strength, and will then continue to fight against the disease. Throughout this time the patient will be making good progress and will feel considerably better. Later on, if the illness has been sufficiently serious or prolonged, the body will at some stage again become depleted, which can also result in yet another relapse, and the patient no longer feeling as well as before.
- 5** | This cycle of feeling better, and having a relapse, will continue for as long as it takes the body to recover fully from its initial exhaustion and depletion. But it will be noticed that, if there are relapses, each apparent relapse is not as severe as the previous time.
- 6** | As the body builds up sufficient strength, any future relapses will become fewer, and intervals between them will become longer, until a full recovery has been achieved.
- 7** | As a result of the support needed by the body in healing itself, several of the treatments given in this user guide stipulate that there should be no periods of rest between courses of treatment until definite improvement has been achieved.
- 8** | Please note that the effects of the irradiation will continue to function even during the periods of rest. However, for maximum effectiveness the periods of rest should not be longer than stipulated in the various treatments.



NONE of these factors apply in cases of physical injuries, or when diseases are treated timeously with coMra therapy.

Vitality, well-being and recuperation

- 1** | coMra therapy's actions are non-invasive, but are nonetheless highly supportive in terms of building the body's functionality in all areas. This it does primarily through its actions on the central nervous system, the blood, the lymphatic system and the organs directly.

It is this level of support that makes coMra therapy so useful in the treatment of disease, illness and traumatic injuries, whether these are acute or chronic.
- 2** | However, the uses of coMra therapy are not limited to illness, but extend to a wide variety of circumstances in which the body has become stressed or depleted, for any number of reasons, due to health or lifestyle.
- 3** | Therefore treatments are recommended in all situations of Recuperation and Recovery, whether from disease, or from accidents, from trauma or surgical operations.
- 4** | In addition, many people today are finding that their lifestyles are causing them increasing levels of stress. This, in conjunction with the everyday wear and tear of the ageing process, is bringing about an ever-growing array of health-related complaints and illnesses.

The support offered by coMra therapy will reduce the debilitating effects of these factors on the body.
- 5** | It is in recognition of the effect of their lifestyle on anyone's long-term health that most of the treatments for chronic illnesses in the user guide specify ongoing treatments at periodic intervals. It is important that these are observed as a preventive measure, so that the effects of a particular lifestyle can be mitigated and do not again lead to a recurrence of the illness.
- 6** | All of the above means that coMra therapy has a valuable role, irrespective of whether one is ill or not, in bringing about continued vitality and in building the body's overall strength and well-being. This makes coMra therapy particularly valuable for a wide range of people looking for a better quality of health – from athletes seeking increased stamina, to people who are searching for a comprehensive method of prevention from the effects of their lifestyles, as well as age-related deterioration.

SECTION 1

UNIVERSAL TREATMENTS

Vitality, well-being
and recuperation



IMPORTANT

1

Whenever treating any stationary point over the brain with the Delta Medical Terminal the ultrasound must be turned off (this does not apply when scanning over the area). In all other cases the ultrasound should be turned on for treatments in this section.

2

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

3

A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.

4

Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



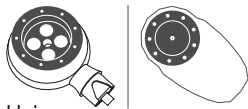
Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

SECTION 1

UNIVERSAL 1 (HEAD)

8 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For points 1-3.

2 x daily

Until improvement is
noticed then continue for
7 more days.

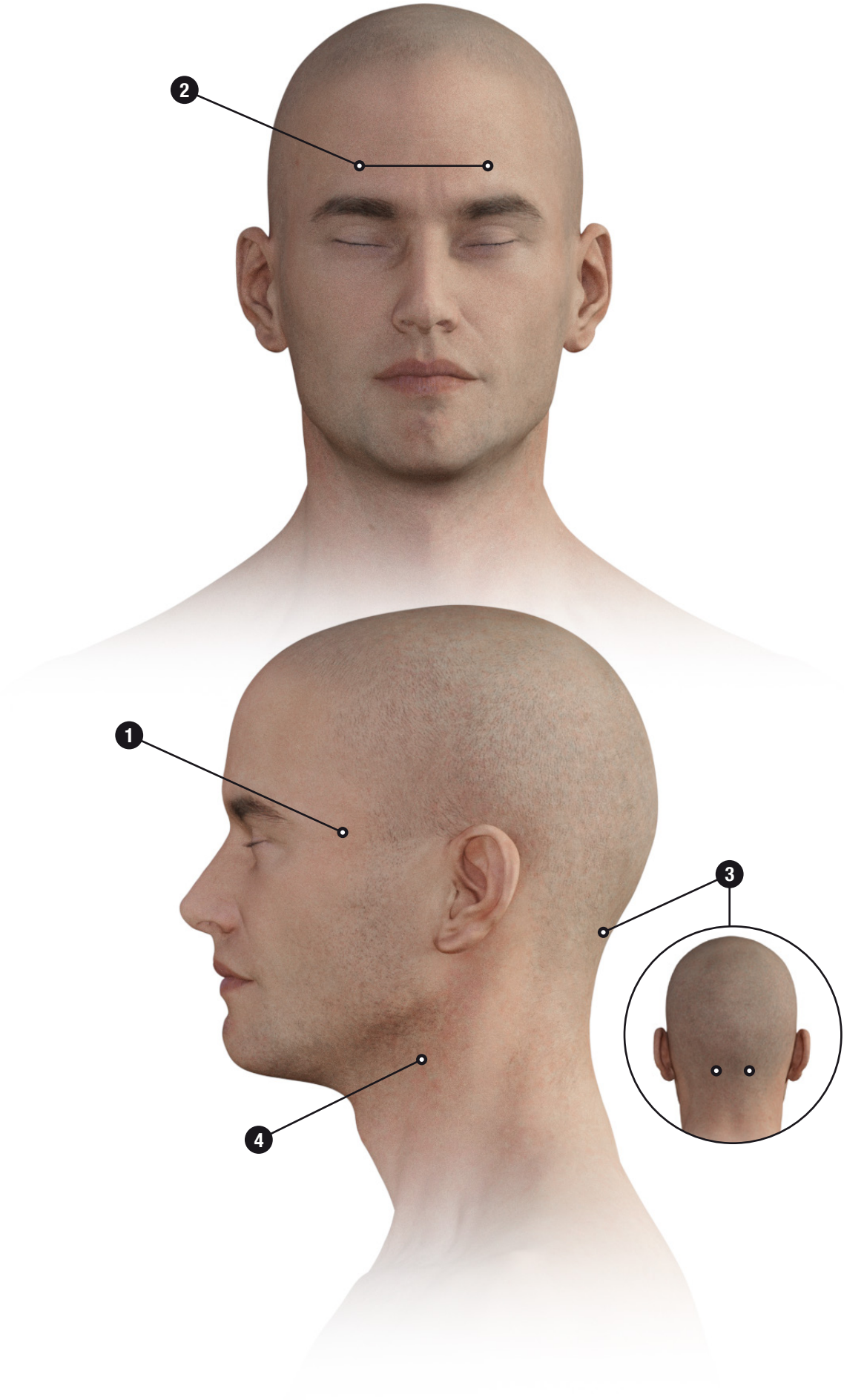
Allow 2 weeks rest and
repeat course if needed.

- MIGRAINES
- FAINTING
- SENILE DEMENTIA – impairment of cognitive function.
- ATHEROSCLEROSIS – fatty deposits on inside of arteries.
- INTRACRANIAL PRESSURE – pressure occurring within the skull.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|--------------------------------|-------------|------|--|
| 1 Temple (both sides) | 1 per point | 50 | |
| 2 Frontal | | | |
| 3 Suboccipital (both sides) | | | |
| 4 Carotid Sinuses (both sides) | | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

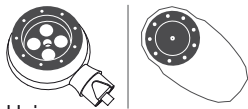
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 1

UNIVERSAL 2 (HEART)

13 mins

Treatment time



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until improvement is noticed then continue for 7 more days.

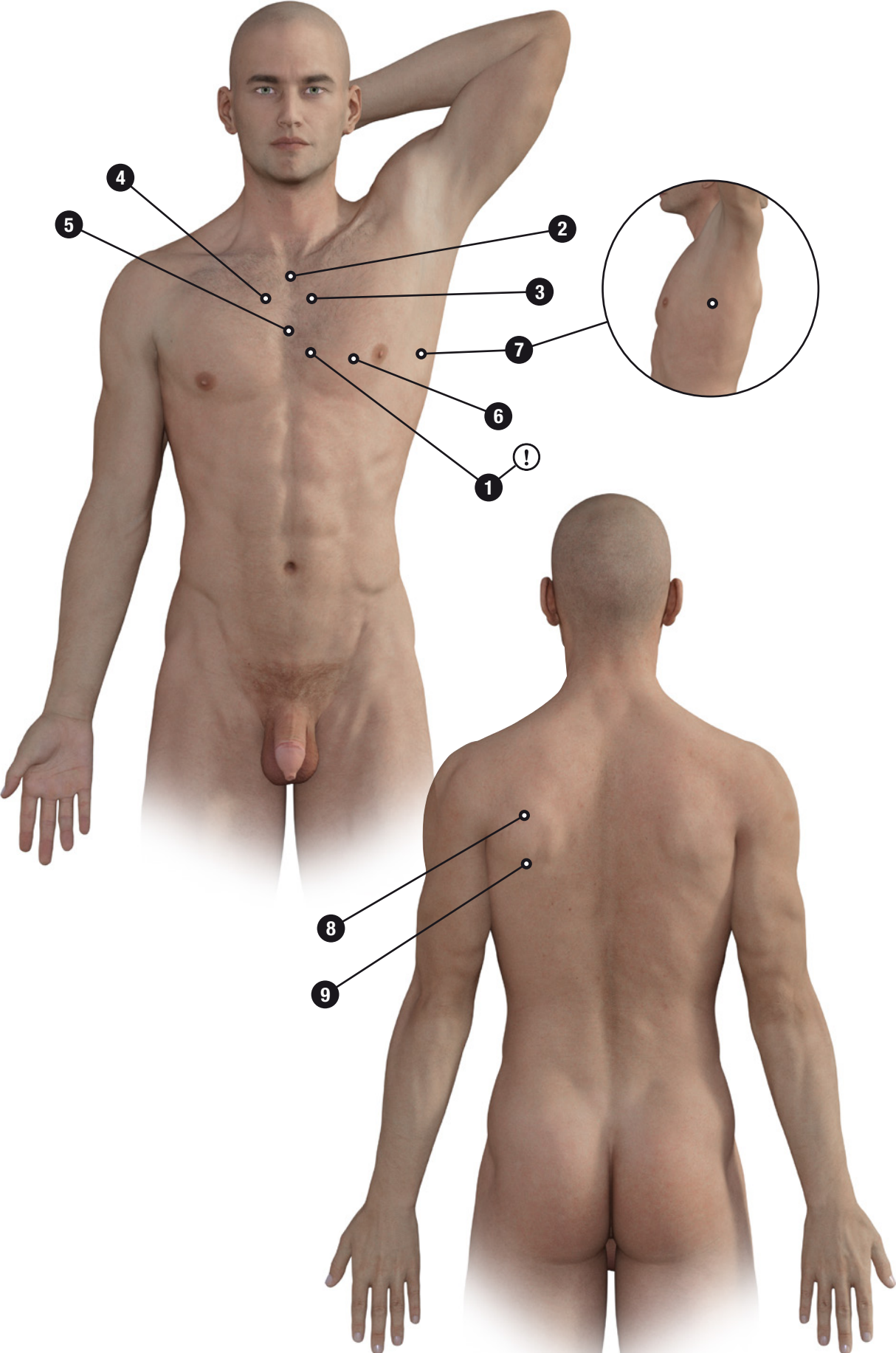
Allow 2 weeks rest and repeat course if needed.

- WEAK HEART (see also CARDIOLOGY 1).
- INSUFFICIENT CORONARY BLOOD FLOW
- LOW IMMUNITY
- CHOLESTEROL

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 5 | 5 |
| 2 Manubrium sterni | 1 per point | |
| 3 2 nd intercostal, left of sternum | | |
| 4 2 nd intercostal, right of sternum | | |
| 5 Sternum | | |
| 6 4 th intercostal along mid clavicular line | | |
| 7 4 th intercostal along the mid axillary line | | |
| 8 Left of vertebral column, middle of scapula | | |
| 9 Lower angle of left scapula | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

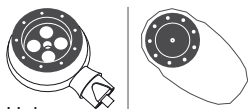


SECTION 1

UNIVERSAL 3 (BLOOD)

10 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
every 2nd day

Allow 2 weeks rest and
repeat course.

Repeat every 6 months.

***2** x daily
for 20 x days

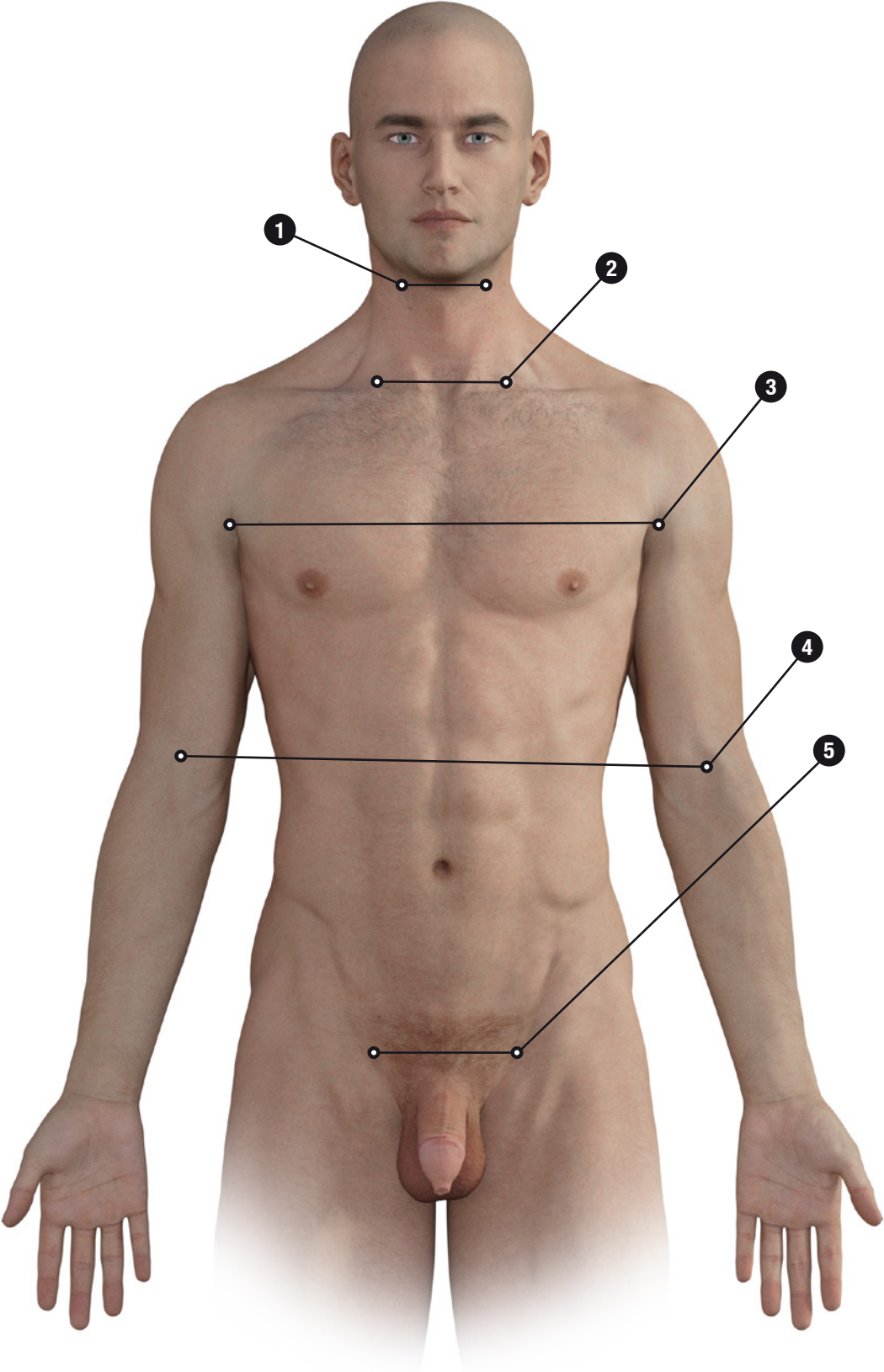
Allow 2 weeks rest and
repeat cycle as necessary.

- GENERAL WELL-BEING
- THALASSEMIA MAJOR (ANEMIA)*

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|-----------------------|-------------|------|
| 1 Carotid arteries | 1 per point | 5 |
| 2 Subclavian arteries | | |
| 3 Axillary arteries | | |
| 4 Anconeal arteries | | |
| 5 Femoral arteries | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

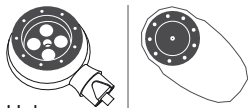




Somatic biostimulation is also an excellent treatment for children older than 3 years who are weak and sickly. But do the treatment given in PEDIATRICS 1 (SOMATIC BIOSTIMULATION) for children, rather than this one.

SECTION 1

UNIVERSAL 4 (SB-1)



Using:
Delta Medical Terminal or
coMra Palm.

6 x days
1 part per day

Allow 2 weeks rest and
repeat course once.

SOMATIC BIOSTIMULATION – ROUTINE 1

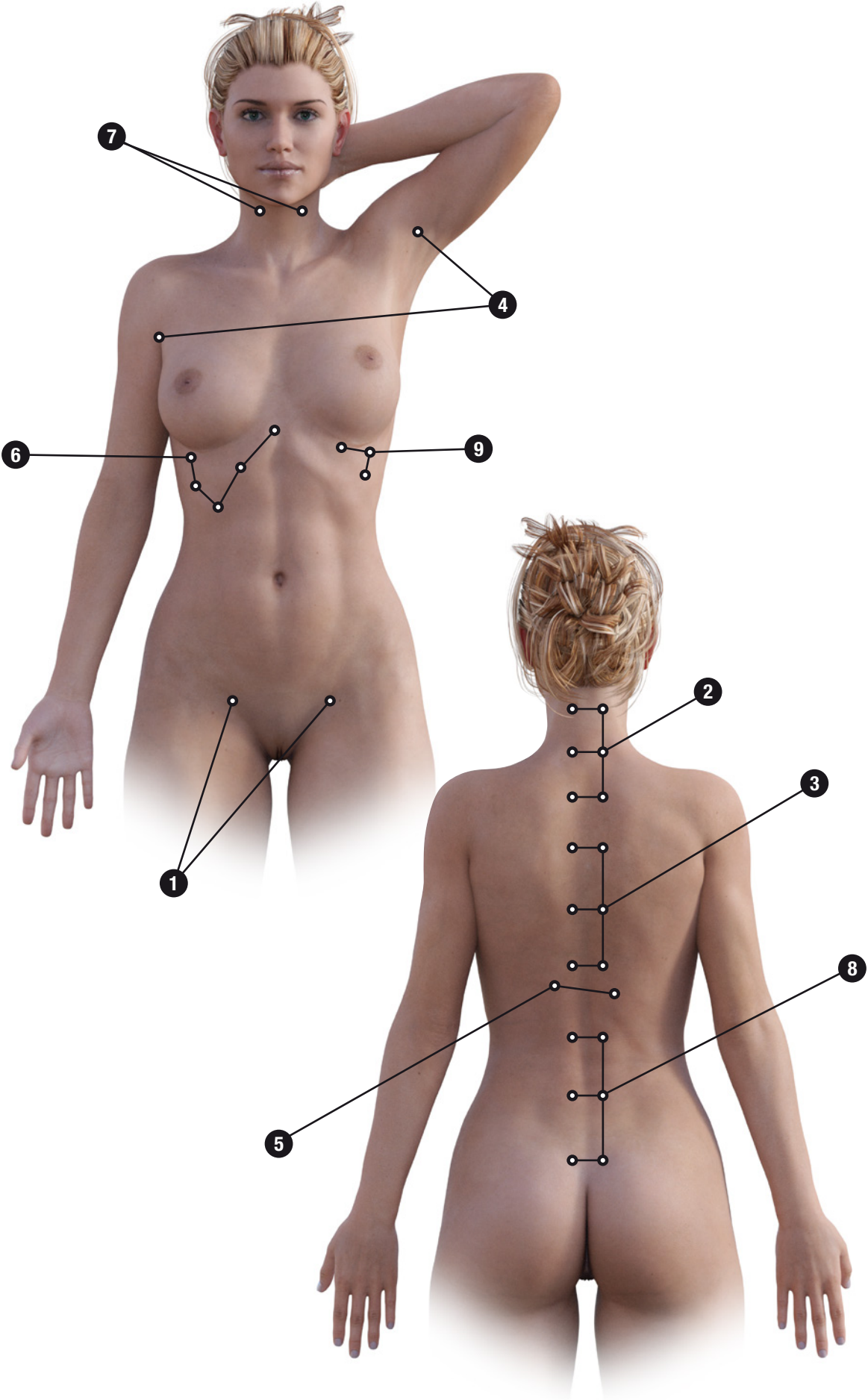
• PHYSICAL EXHAUSTION

| TREATMENT POINT | | ⌚ MINS | ⚡ HZ | |
|-----------------|--------------------------------------|-------------|------|---------|
| Day 1 | ① Femoral arteries, one side only | 5 | 5 | 11 mins |
| | ② Cervical section | 1 per point | 50 | |
| Day 2 | ① Femoral arteries, other side | 5 | 5 | 11 mins |
| | ③ Breast section of vertebral column | 1 per point | 50 | |
| Day 3 | ④ Axillary cavity, one side only | 5 | 5 | 7 mins |
| | ⑤ Kidneys | 1 per point | 50 | |
| Day 4 | ④ Axillary cavity, other side | 5 | 5 | 10 mins |
| | ⑥ Liver | 1 per point | 50 | |
| Day 5 | ⑦ Carotid artery, one side only | 2 | 50 | 8 mins |
| | ⑧ Lumbosacral region | 1 per point | | |
| Day 6 | ⑦ Carotid artery, other side | 2 | 50 | 5 mins |
| | ⑨ Spleen | 1 per point | | |

i This treatment is recommended also as a general well-being treatment for anyone doing heavy physical labour, including sportsmen, athletes, gymnasts and classical dancers.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

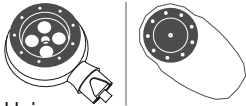
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 1

UNIVERSAL 5 (SB-2)

23 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For points 6-8.

2 x daily

Until improvement is noticed then continue for 7 more days.

Allow 2 weeks rest and repeat course if needed.

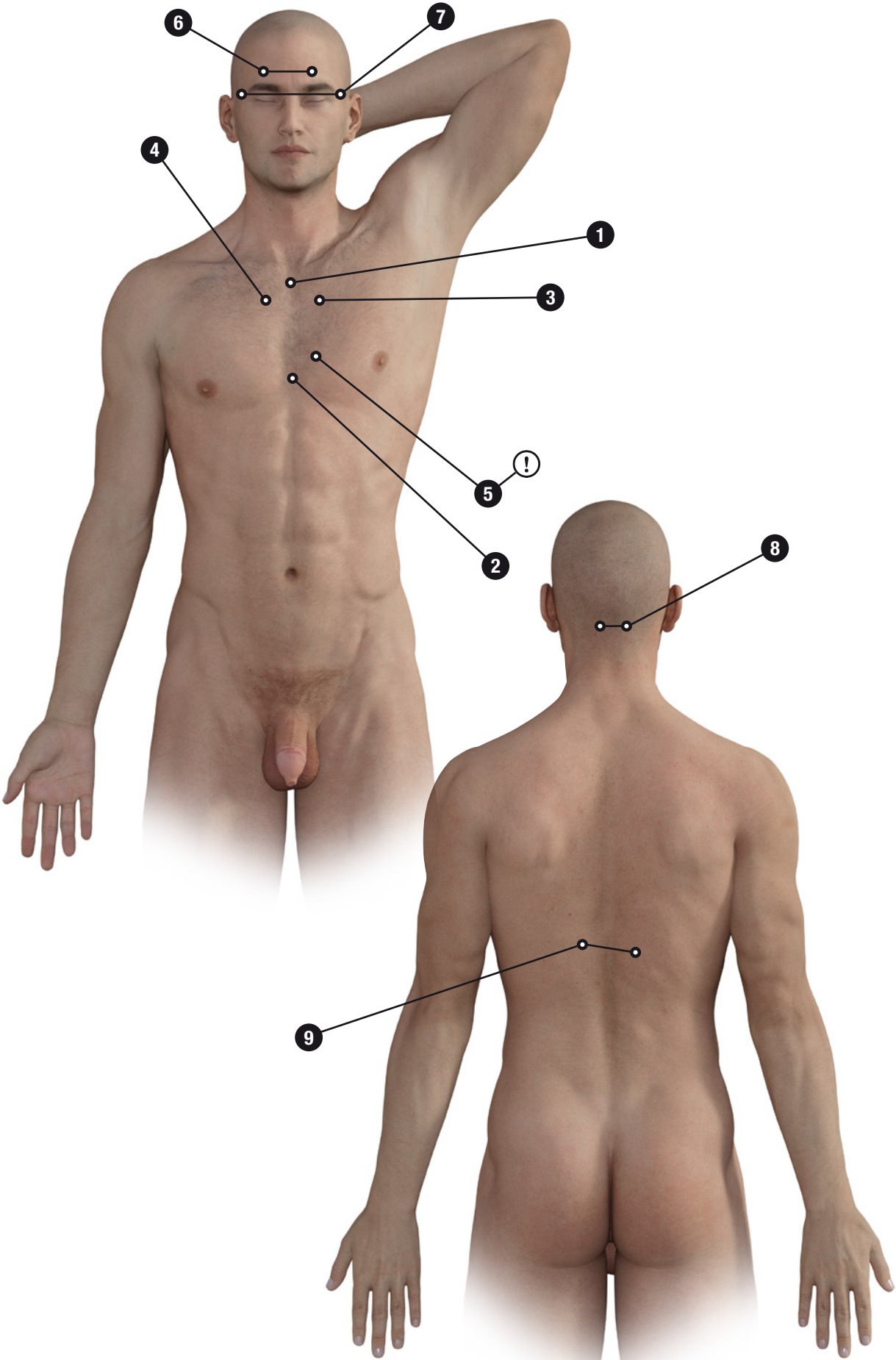
SOMATIC BIOSTIMULATION – ROUTINE 2

- EMOTIONAL EXHAUSTION
- DEPRESSION
- INSOMNIA
- LETHARGY
- BREATHING DIFFICULTIES
- WEAK HEART
- ADRENAL DYSFUNCTION
- CUSHING'S SYNDROME
- STRESS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|--|---------------------------|-----------|--|
| 1 Top of sternum | 5 | 5 | |
| 2 Bottom of sternum | 1 per point | | |
| 3 2 nd intercostal, left of sternum | | | |
| 4 2 nd intercostal, right of sternum | | | |
| 5 4 th intercostal, left of sternum (only once per day) | | | |
| 6 Frontal | 1 per point | 50 | |
| 7 Temples | 1 per point | | |
| 8 Suboccipital | 1 per point | | |
| 9 Adrenal glands | 2 per point per frequency | 5 then 50 | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

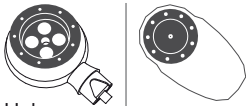




This treatment consists of two parts, and the parts must be done consecutively.

SECTION 1

UNIVERSAL 6 (VITALITY)



Using:
Delta Medical Terminal or
coMra Palm.

12 x days

Consisting of one treatment from PART 1 every day, and one treatment from PART 2 every 2nd day.

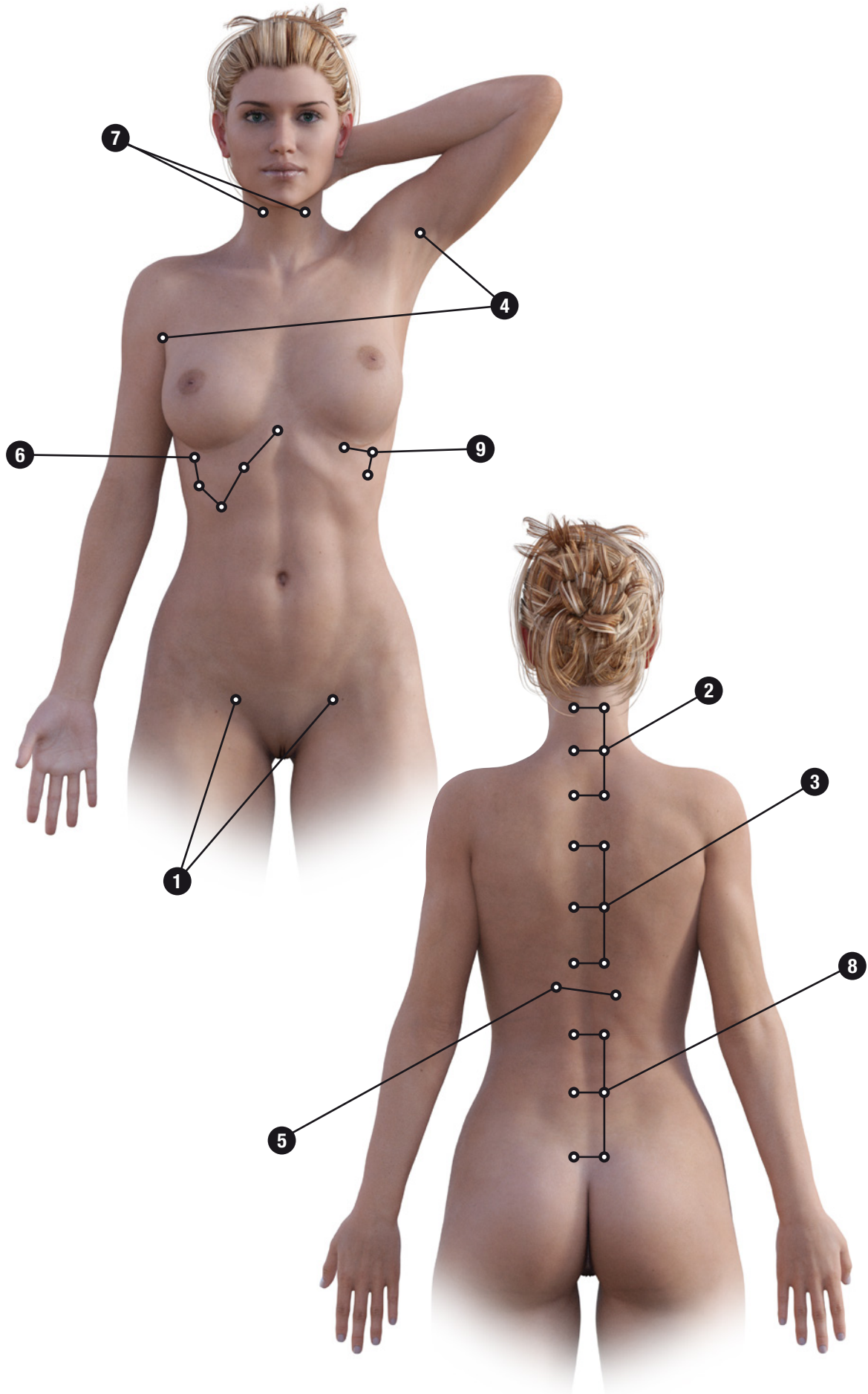
Allow 2 weeks rest and repeat course once.

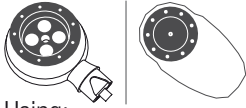
Repeat every 6 months, or as often as desired.

- PHYSICAL EXHAUSTION
- RECUPERATION FROM ILLNESS
- RECOVERY FROM SURGERY – to promote healing, minimise scarring (in conjunction with SURGERY 2) and avoid secondary complications.
- GENERAL WELL-BEING
- VITALITY
- LONG-TERM HEALTH CARE & PREVENTIVE MEDICATION
- MAINTENANCE & SUPPORT FOR THE AGEING BODY
- FITNESS PROGRAM

| PART 1 | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|----------|--------------------------------------|-------------|------|---------|
| Day 1 | ① Femoral arteries, one side only | 5 | 5 | 11 mins |
| | ② Cervical section | 1 per point | 50 | |
| Day 2 | ① Femoral arteries, other side | 5 | 5 | 11 mins |
| | ③ Breast section of vertebral column | 1 per point | 50 | |
| Day 3 | ④ Axillary cavity, one side only | 5 | 5 | 7 mins |
| | ⑤ Kidneys | 1 per point | 50 | |
| Day 4 | ④ Axillary cavity, other side | 5 | 5 | 10 mins |
| | ⑥ Liver | 1 per point | 50 | |
| Day 5 | ⑦ Carotid artery, one side only | 2 | 50 | 8 mins |
| | ⑧ Lumbosacral region | 1 per point | | |
| Day 6 | ⑦ Carotid artery, other side | 2 | 50 | 5 mins |
| | ⑨ Spleen | 1 per point | | |
| Day 7-12 | Repeat 1-6 above | | | |

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.

12 x days

Consisting of one treatment from PART 1 every day, and one treatment from PART 2 every 2nd day.

Allow 2 weeks rest and repeat course once.

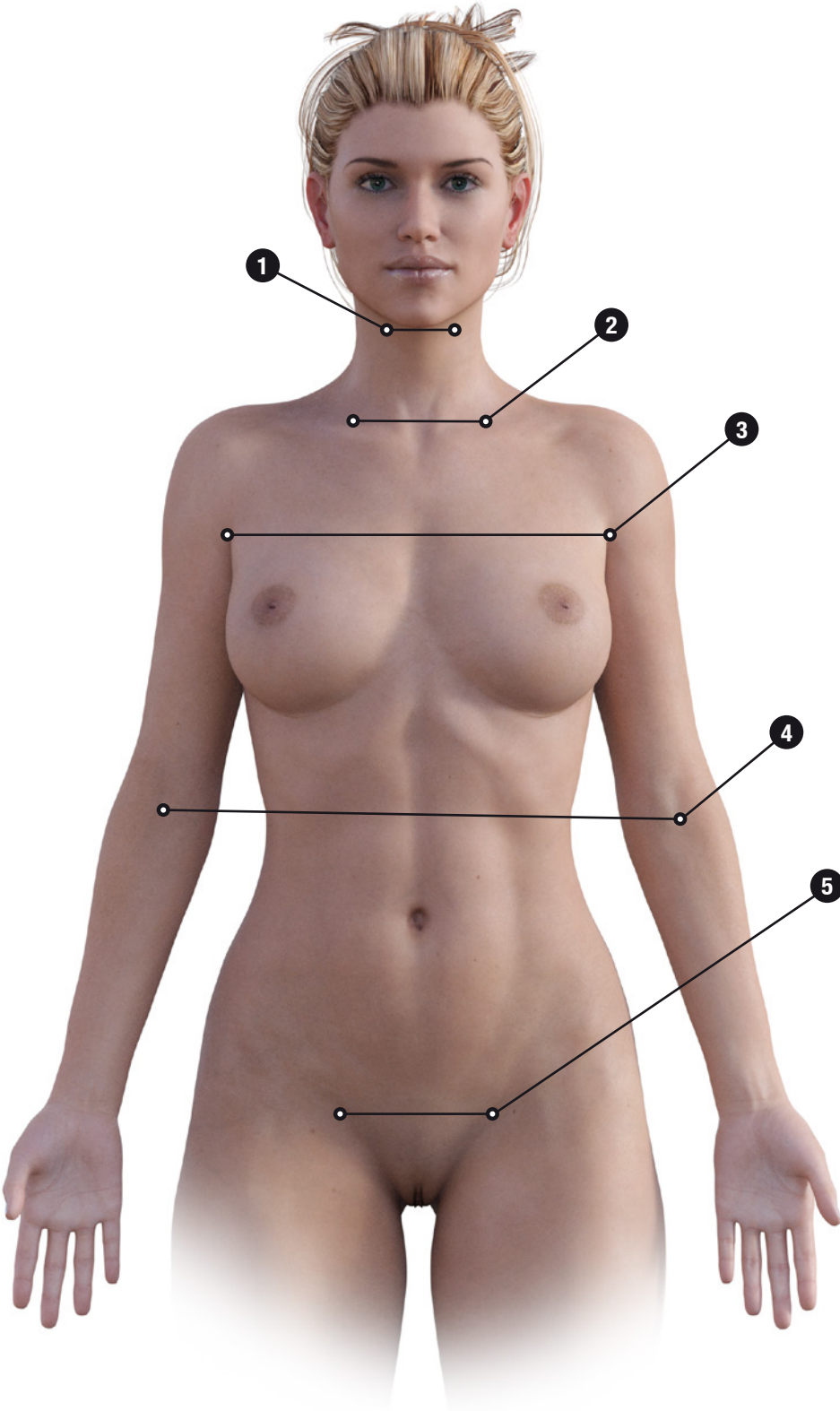
Repeat every 6 months, or as often as desired.

| PART 2 | TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--------|---------------------|-------------|------|
| 1 | Carotid arteries | 1 per point | 5 |
| 2 | Subclavian arteries | | |
| 3 | Axillary arteries | | |
| 4 | Anconeal arteries | | |
| 5 | Femoral arteries | | |

i This treatment plan is important for building physical strength, and is excellent for increasing stamina and vitality. This makes it essential for training in all sports, and also for recovery, in situations when the body is depleted, whether from operations or serious illness. It is, in addition, highly valuable as a preventive medication, both as part of long-term health care, as well as to combat the effects of ageing on the body.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

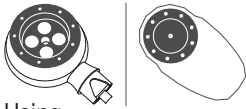
This treatment consists of two parts, and the parts must be done consecutively.

SECTION 1

UNIVERSAL 7 (NS)

23 mins

Treatment time (Part 1).



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For points 6-8.

1 x daily

PART 1 every day,
and one treatment from
PART 2 every 2nd day until
improvement, then continue
for 7 more days.

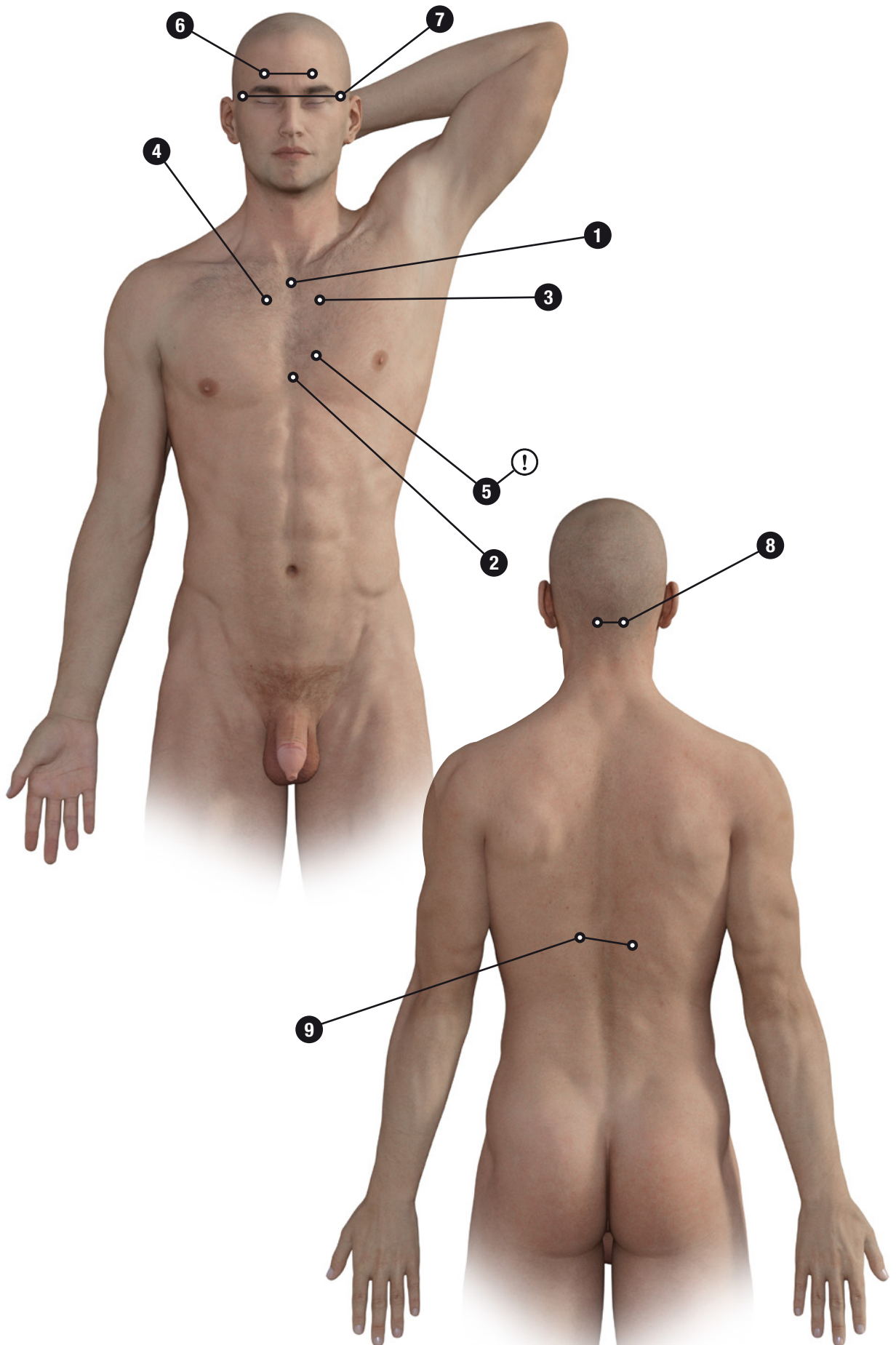
Allow 2 weeks rest and
repeat course as and when
needed.

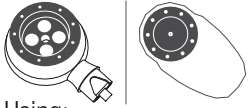
NERVOUS SYSTEM

- EMOTIONAL EXHAUSTION AND DEBILITY
- STRESS – mental and emotional.
- NERVOUS DISORDERS
- RECUPERATION FROM NEUROLOGICAL DISORDERS
- WEAK HEART
- BREATHING DIFFICULTIES

| PART 1 | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|--------|---|------------------------------|-----------|--|
| 1 | Top of sternum | 5 | 5 | |
| 2 | Bottom of sternum | 1 per point | | |
| 3 | 2 nd intercostal, left of sternum | | | |
| 4 | 2 nd intercostal, right of sternum | | | |
| 5 | 4 th intercostal, left of sternum (only once per day) | | | |
| 6 | Frontal | 1 per point | 50 | |
| 7 | Temples | 1 per point | | |
| 8 | Suboccipital | 1 per point | | |
| 9 | Adrenal glands | 2 per point per frequency | 5 then 50 | |

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.

1 x daily every 2nd day

PART 1 every day,
and one treatment from
PART 2 every 2nd day until
improvement, then continue
for 7 more days.

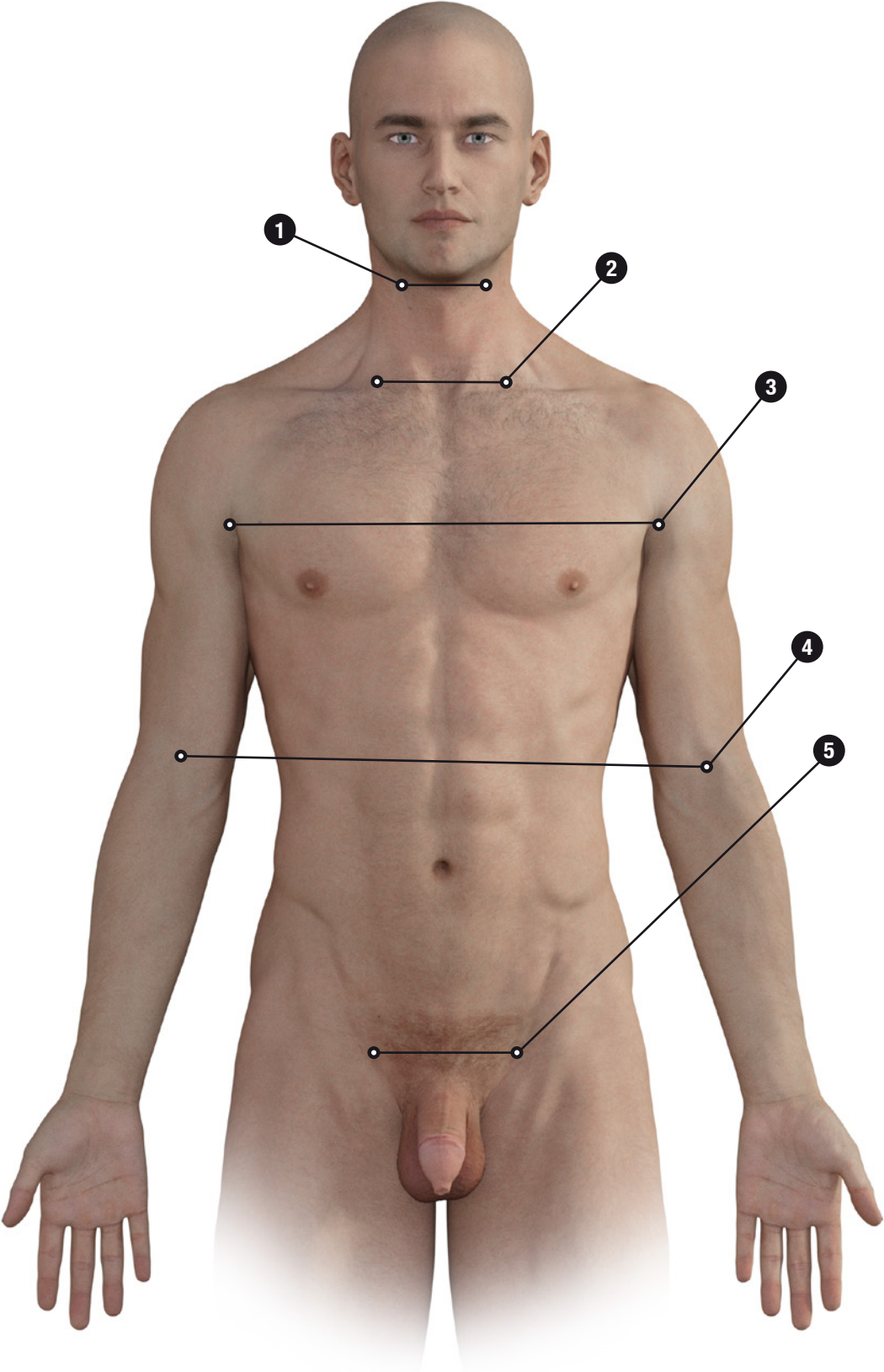
Allow 2 weeks rest and
repeat course as and when
needed.

| PART 2 | TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--------|---------------------|-------------|------|
| 1 | Carotid arteries | 1 per point | 5 |
| 2 | Subclavian arteries | | |
| 3 | Axillary arteries | | |
| 4 | Anconeal arteries | | |
| 5 | Femoral arteries | | |

i This treatment plan provides support to the nervous system, including the brain, the heart, and the adrenal glands. This makes it essential for all illnesses in which the nervous system has been compromised, as well as for recuperation when the body has become depleted as a result of severe stress. This treatment plan is also highly valuable in all cases of a stressful lifestyle as a preventive medication, both as part of long-term health care, as well as to combat the debilitating effects of stress and ageing on the body.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

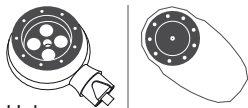




This treatment consists of two parts, and the parts must be done consecutively.

SECTION 1

UNIVERSAL 8 (COT)



Using:
Delta Medical Terminal or
coMra Palm.

12 x days

Follow course;

Day 1: Liver

Day 2: Spleen and pancreas

Day 3: Colon

Day 4: Kidneys

Continue for up to 24 days,
depending on the extent of
the treatment desired.

Allow 4 weeks rest before
doing additional courses.

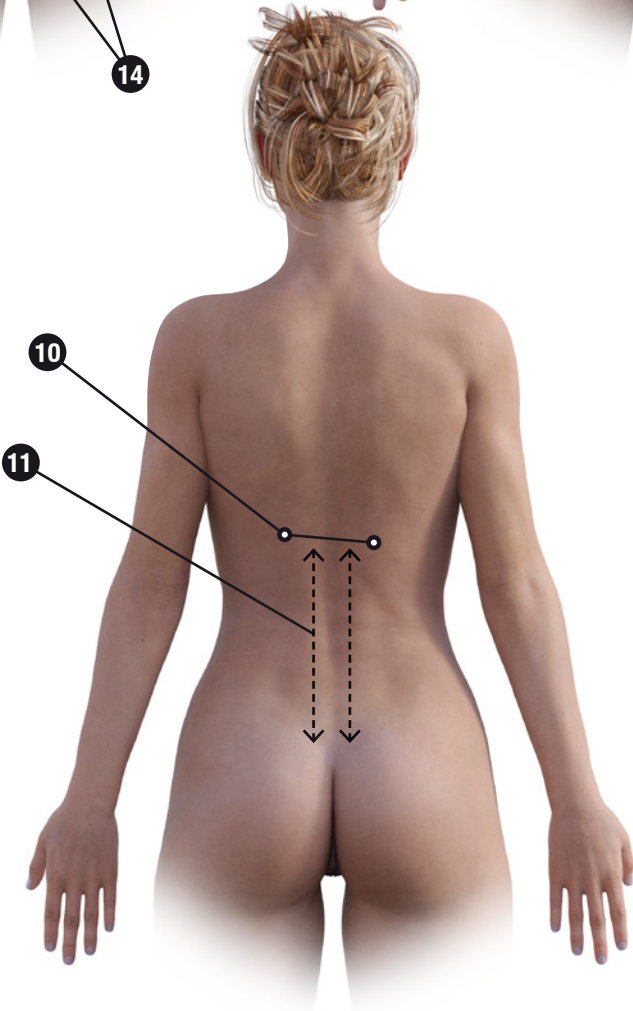
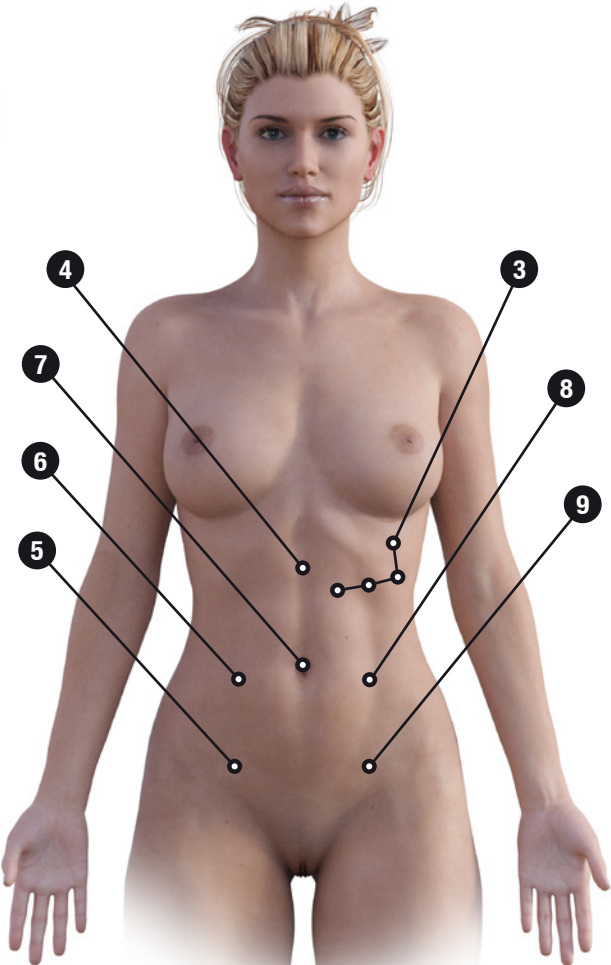
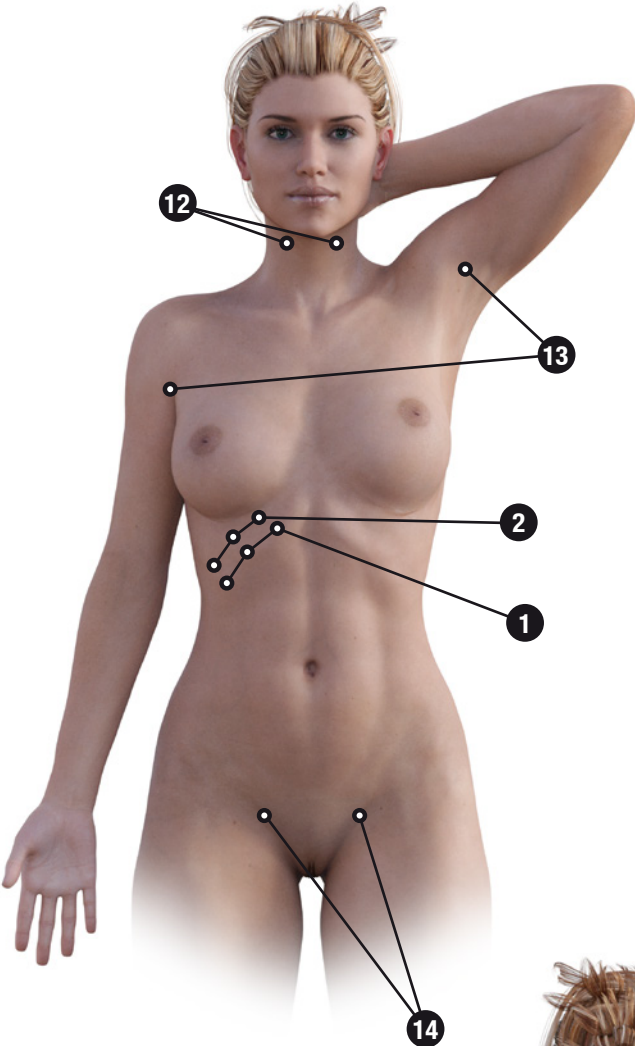
Repeat as often as
necessary.

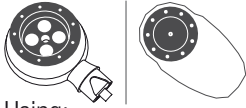
COMPLETE ORGAN TREATMENT

- **COMPREHENSIVE CLEANSE AND REGENERATION PROGRAM**
– focus on the major organs of elimination.

| PART 1 | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|-------------------------------|---|-------------|------|---------|
| Day 1 | 1 Right hypocondrium, 3 points 10 cm apart | 2 per point | 50 | 16 mins |
| | 2 3 points 10 cm apart along line parallel to hypocondrium, 5 cm higher | | | |
| | 12 Carotid artery, one side only | 2 per point | 5 | |
| | 13 Axillary cavity, one side only | | | |
| Day 2 | 3 Spleen and pancreas | 5 | 5 | 15 mins |
| | 4 Solar Plexus | 3 | 50 | |
| | 12 Carotid artery, other side | 2 per point | 5 | |
| | 13 Axillary cavity, other side | | | |
| Day 3 | 5 Right iliac | 2 per point | 5 | 12 mins |
| | 6 Large intestine, liver side | | | |
| | 7 Umbilicus | | | |
| | 8 Large intestine, spleen side | | | |
| | 9 Left iliac | | | |
| Day 4 | 14 Femoral artery, one side only | | | |
| | 10 Kidneys | 4 per point | 5 | 16 mins |
| | 11 Scan vertebral column, mid to lower back | 3 per side | 1000 | |
| 14 Femoral artery, other side | 2 | 5 | | |
| Day 5-12 | Repeat 1-4 above, twice | | | |

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Continue for up to 24 days, depending on the extent of the treatment desired.

Allow 4 weeks rest before doing additional courses.

Repeat as often as necessary.

| PART 2 | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|--------|-----------------------|-------------|------|--------|
| Day 1 | ① Carotid arteries | 1 per point | 5 | 2 mins |
| Day 2 | ② Subclavian arteries | 1 per point | 5 | 2 mins |
| Day 3 | ③ Axillary arteries | 1 per point | 5 | 2 mins |
| Day 4 | ④ Anconeal arteries | 1 per point | 5 | 2 mins |
| Day 5 | ⑤ Femoral arteries | 1 per point | 5 | 2 mins |

i coMra does not deplete the body during cleansing treatments. The aim is to regenerate, as well as support the body in achieving a natural and non-depleting cleansing or detoxification.

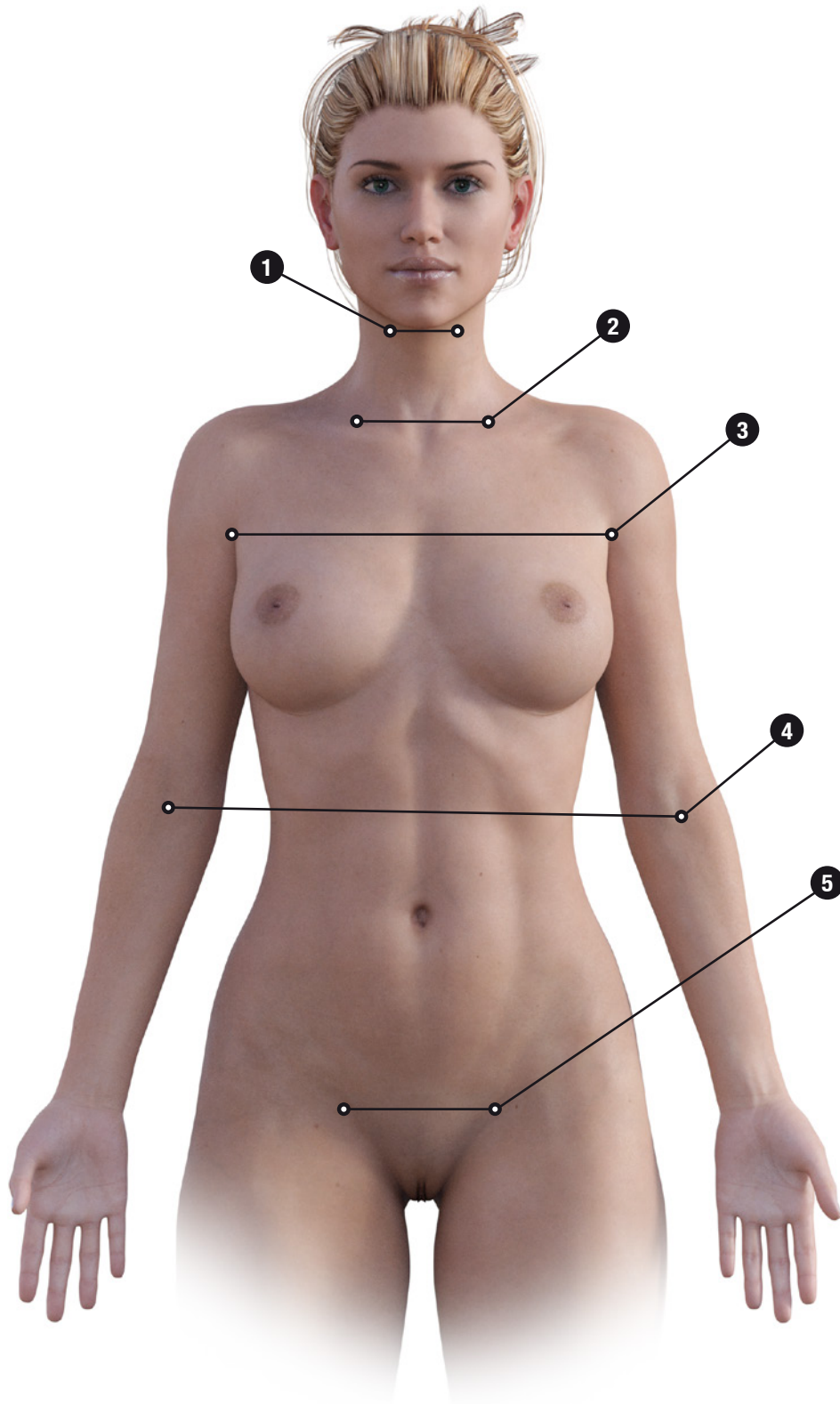
As with all cleansing programs, it is important to take your diet into consideration, and also to drink plenty of pure water to help in the elimination of toxins.

Mild exercise is also beneficial for increased circulation.

Be gentle with yourself during the cleansing process. Certain effects such as increased tiredness or skin rashes may be noticed whilst the body is making use of available energy in order to expel toxins.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Traumatic injuries,
blood vessels
and lesions

IMPORTANT

1

coMra therapy is particularly good for fractures, dislocations and other trauma. However, bandages and plaster casts will distort the radiances, and render the Delta/Palm laser ineffective. Therefore bandages should be removed prior to treatment, and then put back after the treatment. Plaster casts should have a hole cut the same size as the Medical Terminal, directly opposite the fracture or broken bone in order to facilitate using coMra therapy.

2

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

3

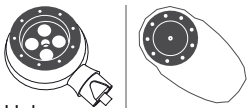
A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

SECTION 2

SURGERY 1



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Until improvement is
noticed then continue for
7 more days.

Allow 2 weeks rest and
repeat course if needed.

- **CUTS** (for surgical cuts and traumatic wounds see SURGERY 2).
- **BRUISES**
- **SPRAINED MUSCLES**

CUTS AND BURNS

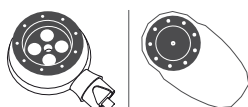
- 1** Scan just above the surface of the skin for 3 mins @ 1000 Hz
- 2** Apply UNIVERSAL 3 (BLOOD) in conjunction with step 1 above

BRUISES AND SPRAINED MUSCLES

- 1** Apply Terminal directly to the surface of the skin at the affected area, and treat for 2 mins @ 5 Hz and then for 3 mins @ 50 Hz
- 2** Apply UNIVERSAL 3 (BLOOD) in conjunction with step 1 above



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Until improvement is noticed then continue for 7 more days.

Allow 2 weeks rest and repeat course if needed.

SURGERY 2

- SURGICAL CUTS
- TRAUMATIC CUTS

1

Scan the surface of the cut including 3 cm of edges. Treat twice daily for 1 min @ 1000 Hz per every 10 cm², for 4 days. Then repeat the treatment for another 4 days @ 50 Hz

2

Apply UNIVERSAL 3 (BLOOD) in conjunction with step 1 above



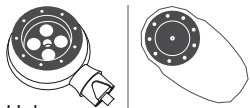
If the wound is not responding well after the above treatment, then repeat entire treatment using the Variable setting (V) for step 1, for 8 days



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

SECTION 2

SURGERY 3



Using:
Delta Medical Terminal or
coMra Palm.

2

 x daily

Until improvement is noticed then continue for 7 more days.

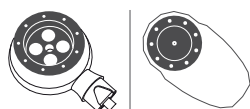
Allow 2 weeks rest and repeat course if needed.

- **SWELLING**
- **INFLAMMATION OF TISSUE** (for suppurating inflammations see SURGERY 4).
- **OEDEMA OF LOWER LIMBS** (in conjunction with SURGERY 7).
- **HIDRADENITIS** – inflammation of sweat gland.
- **PANARITIUM** – Whitlow.

| | | | |
|---|--|--|--|
| 1 | A | If any of the above are situated anywhere on the body or the face, except on the head, apply the Terminal to the surface of the skin in the affected area, and treat for 2 mins @ 5 Hz, and then for 3 mins @ 50 Hz for every 10 cm ² | |
| | B | If any of the above appears on the head, treat the affected area for 5 mins @ 50 Hz for every 10 cm ² . Ultrasound must be OFF | |
| | C | If the patient is experiencing extreme pain from any of these, treat the affected area for 5 mins @ Variable setting (V) for every 10 cm ² | |
| 2 | Apply UNIVERSAL 3 (BLOOD) in conjunction with step 1 above | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Using:
Delta Medical Terminal or
coMra Palm.


2 x daily

Until improvement is noticed then continue for 7 more days.

Allow 2 weeks rest and repeat course if needed.

SURGERY 4

- **ABSCESSSES**
- **PHLEGMONS** – suppurating inflammations of tissue.
- **CARBUNCLES** – suppurating and Painful Inflammation of the subcutaneous tissue.
- **HIDRADENITIS** – inflammation of sweat gland.
- **FURUNCLES** – boils.

| | | | |
|---|--|--|---|
| 1 | A | If any of the above, with the exception of boils, are situated anywhere on the body or the face, except on the head, apply the Terminal to the surface of the skin in the affected area, and treat for 2 mins @ Variable setting (V), for every 10 cm ² | |
| | B | If any of the above appears on the head, treat the affected area for 5 mins @ 50 Hz for every 10 cm ² . Ultrasound must be OFF |  |
| 2 | A | In the case of boils, the boil should first be lanced and then washed clean with Colloidal Silver before commencing treatment | |
| | B | Irradiate the boil for 5 mins @ 1000 Hz and again for 5 mins @ 50 Hz | |
| 3 | Apply UNIVERSAL 3 (BLOOD) in conjunction with step 1 or step 2 | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.

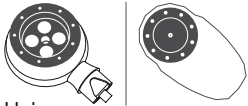
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 2

SURGERY 5

26 mins +

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until improvement is noticed then continue for 7 more days.

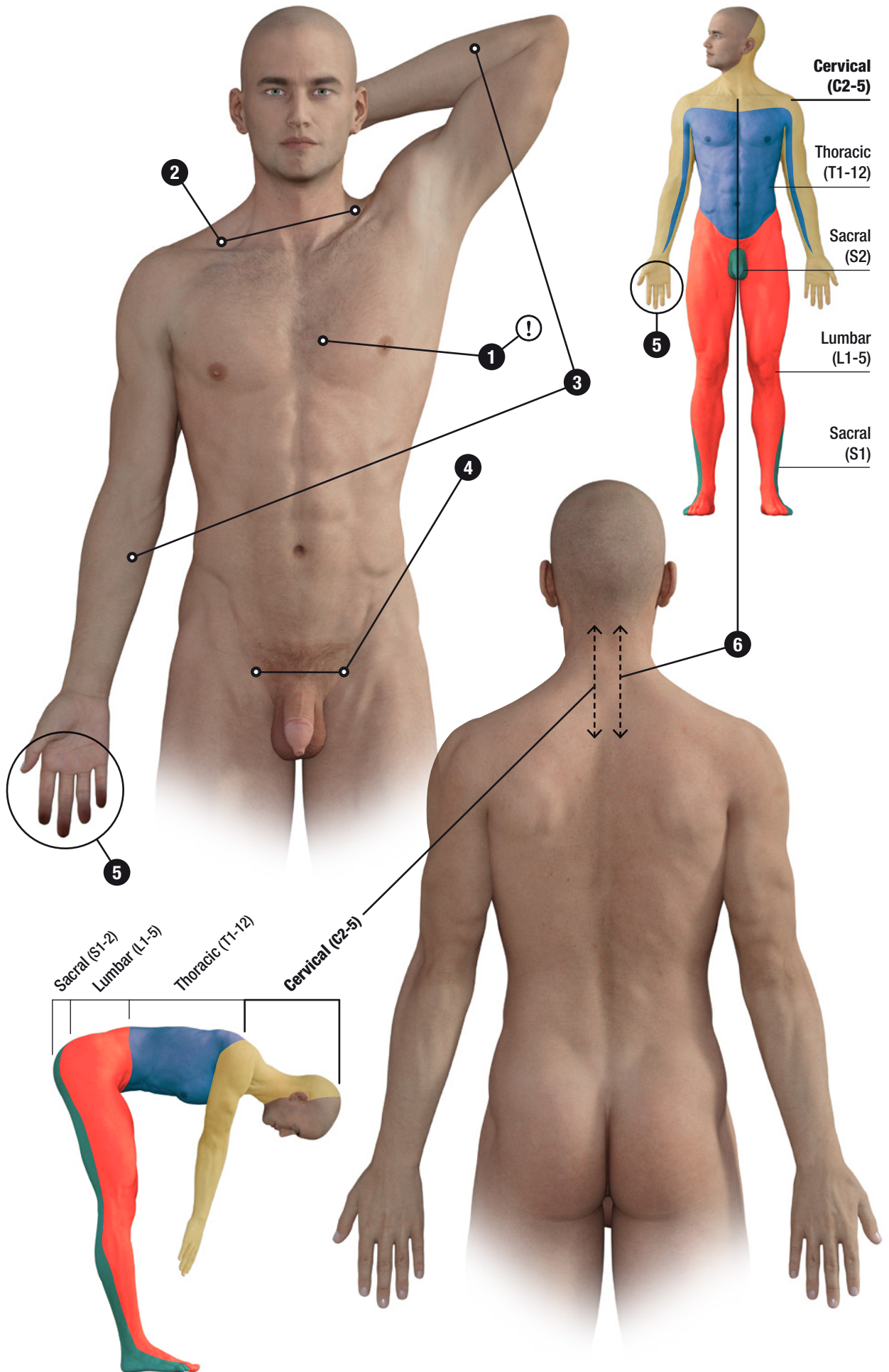
Allow 2 weeks rest and repeat course if needed.

- BURNS
- FROSTBITE

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|--------------------------|------------------------|
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 |
| 2 Supraclavicular arteries | 3 per point | |
| 3 Ulnar arteries | | |
| 4 Femoral arteries | | |
| 5 Affected area | 2 per 10 cm ² | Day 1-4 @ 1000 |
| | | Day 5-8 @ Variable (V) |
| 6 Scan paravertebral zone to treat nerve source of the affected area | 5 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Treat only the affected side, but always starting with point 1.
If both sides are affected, then do point 1 only once.



In treating the heart area NEVER use a frequency other than 5 Hz.

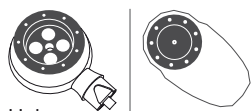
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 2

SURGERY 6

35 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 2 weeks rest and
repeat cycle as necessary

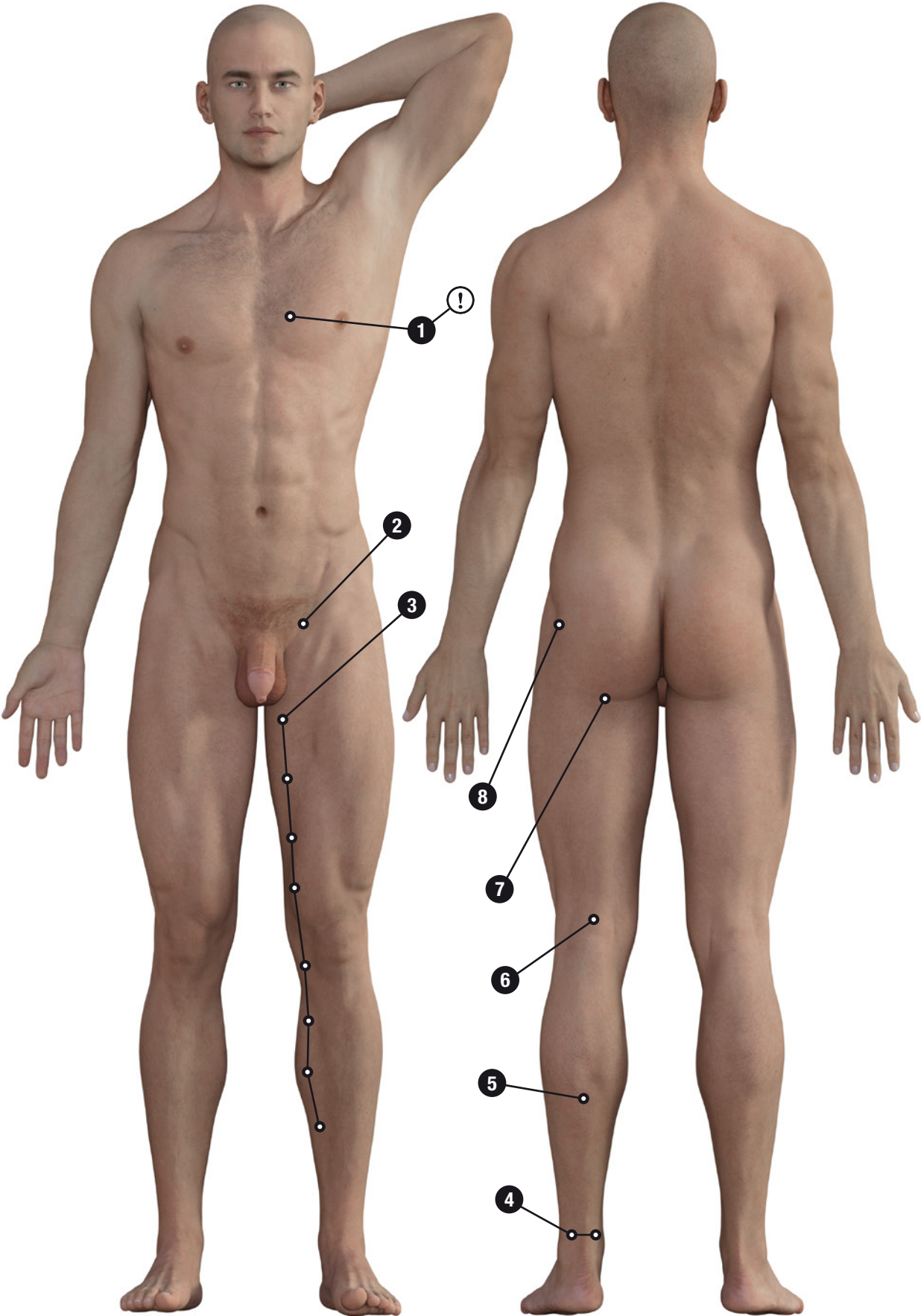
For atherosclerosis do
1 course of treatment
2-3 x per year for
ongoing well-being.

- **ENDARTERITIS** – inflammation of the lining of arteries.
- **ATHEROSCLEROSIS** – fatty deposits on inside of arteries (lower extremities).

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|--------------|
| 1 4 th intercostal, left of sternum (only once per day) | 5 | 5 |
| 2 Femoral artery | 2 per point | Variable (V) |
| 3 Front internal thigh and shin, points 10 cm apart | | |
| 4 Both sides of Achilles tendons | | |
| 5 Centre of sural muscle | | |
| 6 Popliteal space | | |
| 7 Gluteal fold | | |
| 8 Mid-external buttocks | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Treat one side at a time, but do point 1 only once.



In treating the heart area NEVER use a frequency other than 5 Hz.

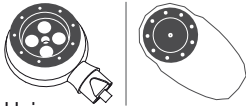
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 2

SURGERY 7

27 mins

Treatment time.



Using:

Delta Medical Terminal or coMra Palm.

1 x daily

for 15 x days

Allow 2 weeks rest and repeat cycle as necessary.

Therafter do 1 course of treatment 2-3 x per year for ongoing well-being.

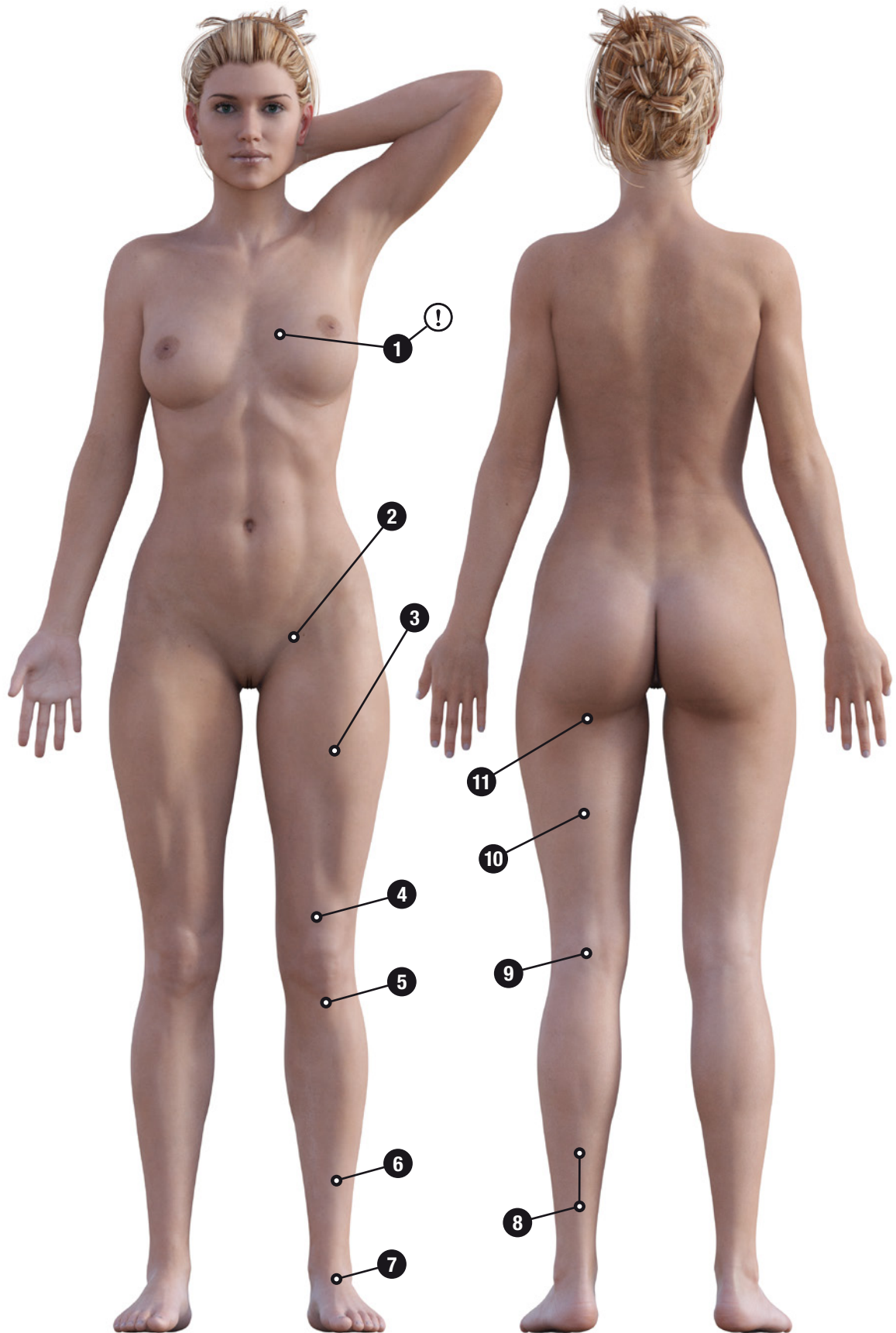
- **VARICOSIS** – varicose veins (lower extremities).
- **ATHEROSCLEROSIS** – fatty deposits on inside of arteries (lower extremities).
- **DEEP VEIN THROMBOSIS**
- **OEDEMA OF LOWER LIMBS** (in conjunction with SURGERY 3).

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|--------------|
| 1 4 th intercostal, left of sternum (only once per day) | 5 | 5 |
| 2 Femoral artery | 2 per point | Variable (V) |
| 3 Front of mid-femur | | |
| 4 Point above patella | | |
| 5 Point below patella | | |
| 6 Middle shin, front | | |
| 7 Talocrural joint | | |
| 8 Back of sural muscle, 2 points 10 cm apart | | |
| 9 Popliteal fossa | | |
| 10 Middle of thigh, back | | |
| 11 Gluteal fold | | |

i In the case of advanced varicosis the varicose veins are first removed surgically before commencing with the treatment below. (In the case of varicose ulcers first see SURGERY 8.)



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Treat only the affected side, but always starting with point 1.
If both sides are affected, then do point 1 only once.



In treating the heart area NEVER use a frequency other than 5 Hz.

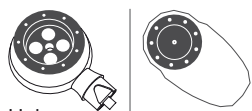
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 2

SURGERY 8

17 mins +

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily
for **8** x days

Allow 2 weeks rest before
doing SURGERY 7.

Repeat cycle if necessary.

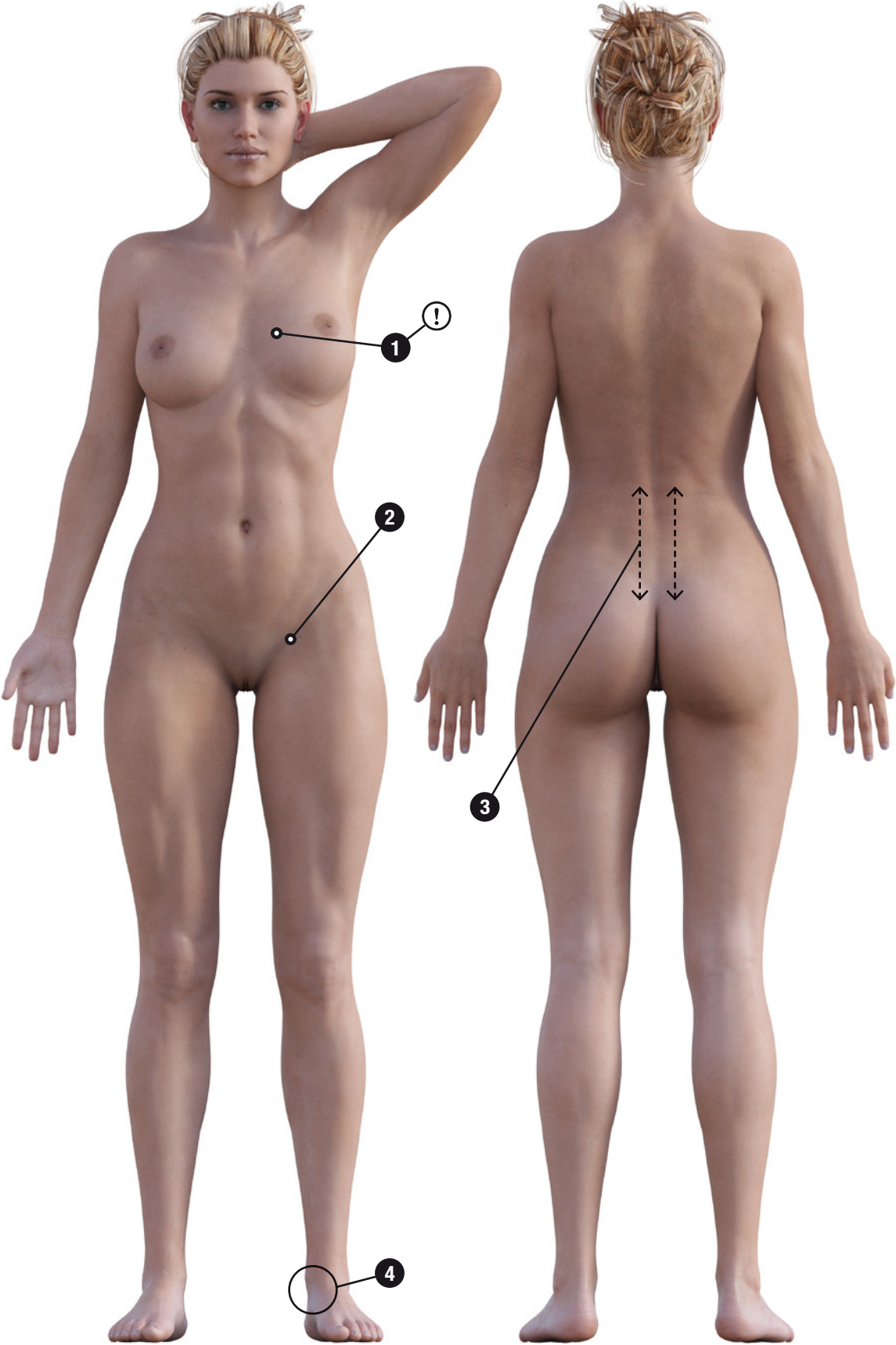
• ULCERS OF VARICOSE ORIGIN

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|--------------------------|----------------|
| 1 4 th intercostal, left of sternum (only once per day) | 5 | 5 |
| 2 Femoral arteries | 5 per point | |
| 3 Lumbosacral section, scanning on both sides of vertebral column | 2 per side | 1000 |
| 4 Ulcer | 1 per 10 cm ² | Day 1-4 @ 1000 |
| | | Day 5-8 @ 50 |

i Varicose ulcers are the result of extremely advanced stages of varicosis. The ulcer should be treated as described above before doing SURGERY 7.



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Treat only the affected side, but always starting with point 1.
If both sides are affected, then do point 1 only once.



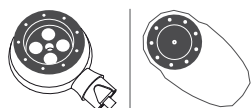
In treating the heart area NEVER use a frequency other than 5 Hz.

Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 2

SURGERY 9

33 mins +
Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

Allow 2 weeks rest and
repeat cycle as necessary.

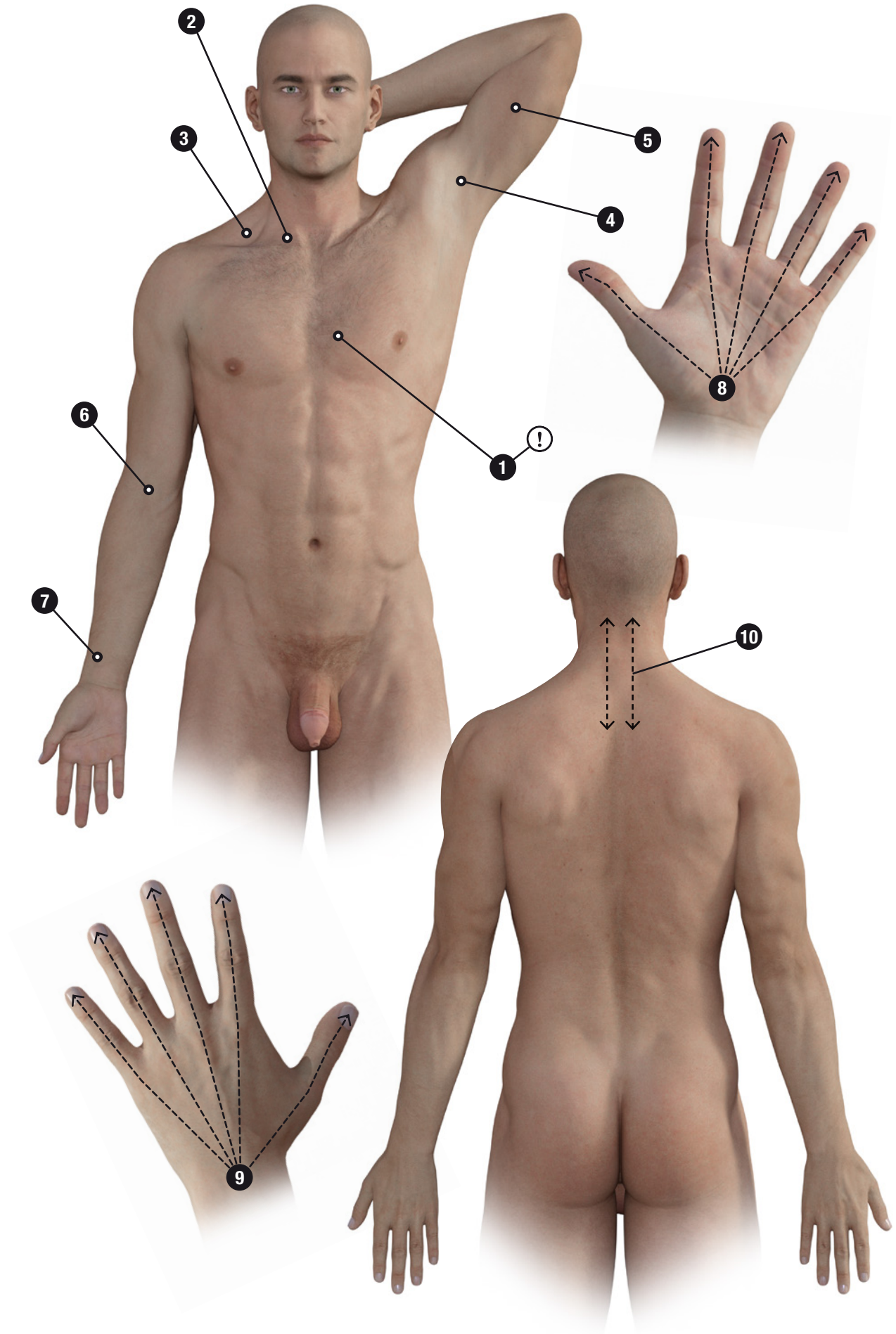
Therafter do 1 course of
treatment 2-3 times per
year for ongoing well-being.

- **RAYNAUD'S SYNDROME** – constriction of the blood vessels in the fingers and/or toes.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|---------------|------|
| 1 4 th Intercostal, left of sternum (only once per day) | 5 | 5 |
| 2 Subclavian fossa | 1 per point | 50 |
| 3 Supraclavicular fossa | | |
| 4 Axillary cavity | | |
| 5 Inside of mid arm | | |
| 6 Ulnar fossa | | |
| 7 Radial artery | | |
| 8 Scan fingers from palm side | 2 each finger | 1000 |
| 9 Scan fingers from back of hand | | |
| Repeat 8 & 9 for toes if needed | | |
| 10 Scan vertebral column (cervical section) on affected side | 2 | 1000 |



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SECTION 2

SURGERY 10

14 mins

Treatment time.



Using:
Delta Probe Terminal
with Extended Sheath.

2 x daily for 15 x days

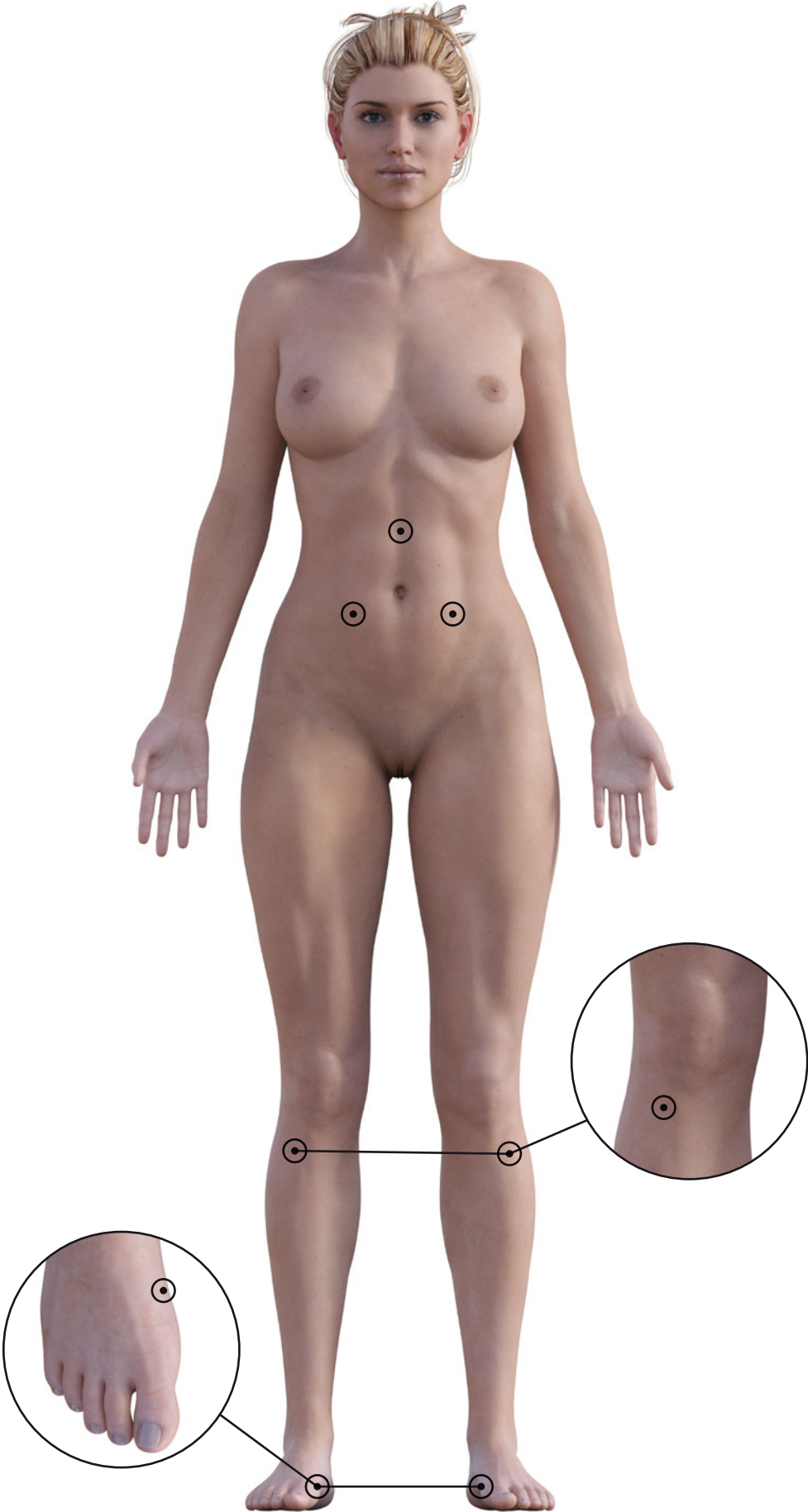
Allow 2 weeks rest and
repeat cycle as necessary.

- **POST-OPERATION ENTEROPARESIS** – post-operation flaccid stomach muscles.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|-----------------------|-------------|------|
| ⦿ Each point as shown | 2 per point | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Arthritis, muscles,
joints and tendons



IMPORTANT

1

coMra therapy is particularly good for fractures, dislocations and other trauma. However, bandages and plaster casts will distort the radiances, and render the Delta/Palm laser ineffective. Therefore bandages should be removed prior to treatment, and then put back after the treatment. Plaster casts should have a hole cut the same size as the Medical Terminal, directly opposite the fracture or broken bone in order to facilitate using coMra therapy.

2

Skin scabs and ossification of bones develop very rapidly. In the case of bone fractures and broken bones laser treatment also eliminates deformation that can result from poor adhesion.

3

For deforming rheumatoid joint inflammations it is also necessary to check the correct functioning of the pancreas, the liver, the kidneys, the alimentary canal and the immune system, and if necessary to treat these too at the same time as treating the rheumatism.

4

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

5

A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.

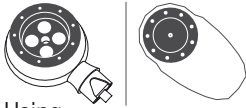
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 3

TRAUMATOLOGY 1

29 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 21 x days

Allow 2 weeks rest and
repeat cycle as necessary.

Do one course every
6 months for continued
well-being.

For osteochondrosis do
1 course every 6 months
until growth is normal.

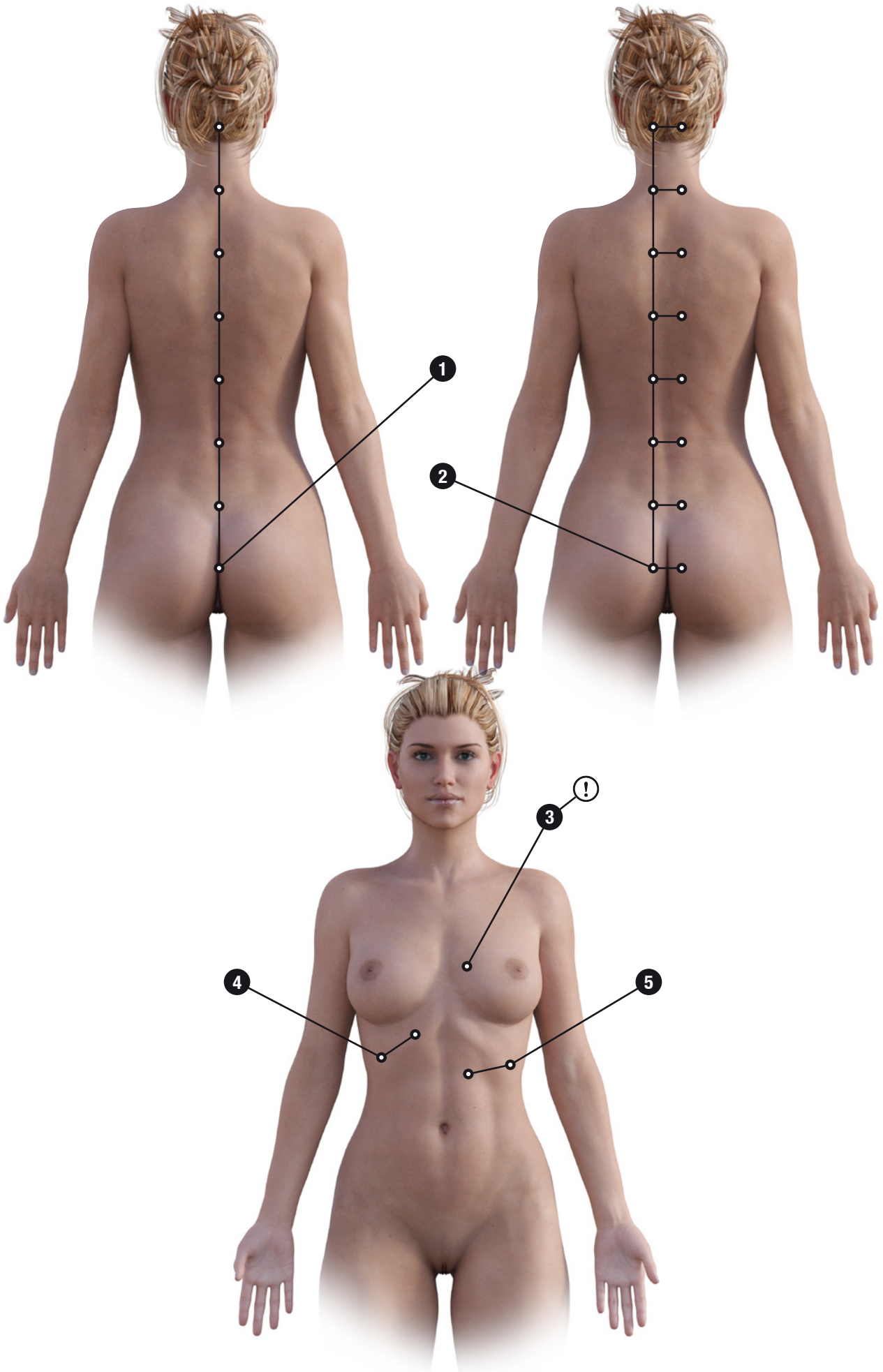
- **OSTEOCHONDROSIS** – retardation of bone growth in children.
- **OSTEOPOROSIS** – deterioration of bones.
- **SCOLIOSIS***

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 From coccyx to occiput at 10 cm intervals | 1 per point | 1000 |
| 2 Along both sides of vertebral column through long extensors at 10 cm intervals | | 50 |
| 3 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 4 Liver, 2 points 10 cm apart in right subcostal space | 1 per point | 50 |
| 5 Pancreas, 2 points 10 cm apart in left subcostal space | | |

* Scoliosis also requires physical exercise over and above laser treatment in order to be corrected. As the vertebrae and discs can be very easily damaged in this condition, it is highly recommended that the patient seeks the help of a qualified practitioner of the *Alexander Technique* for this type of exercise.



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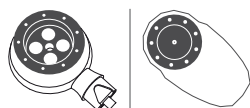


SECTION 3

TRAUMATOLOGY 2

30 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

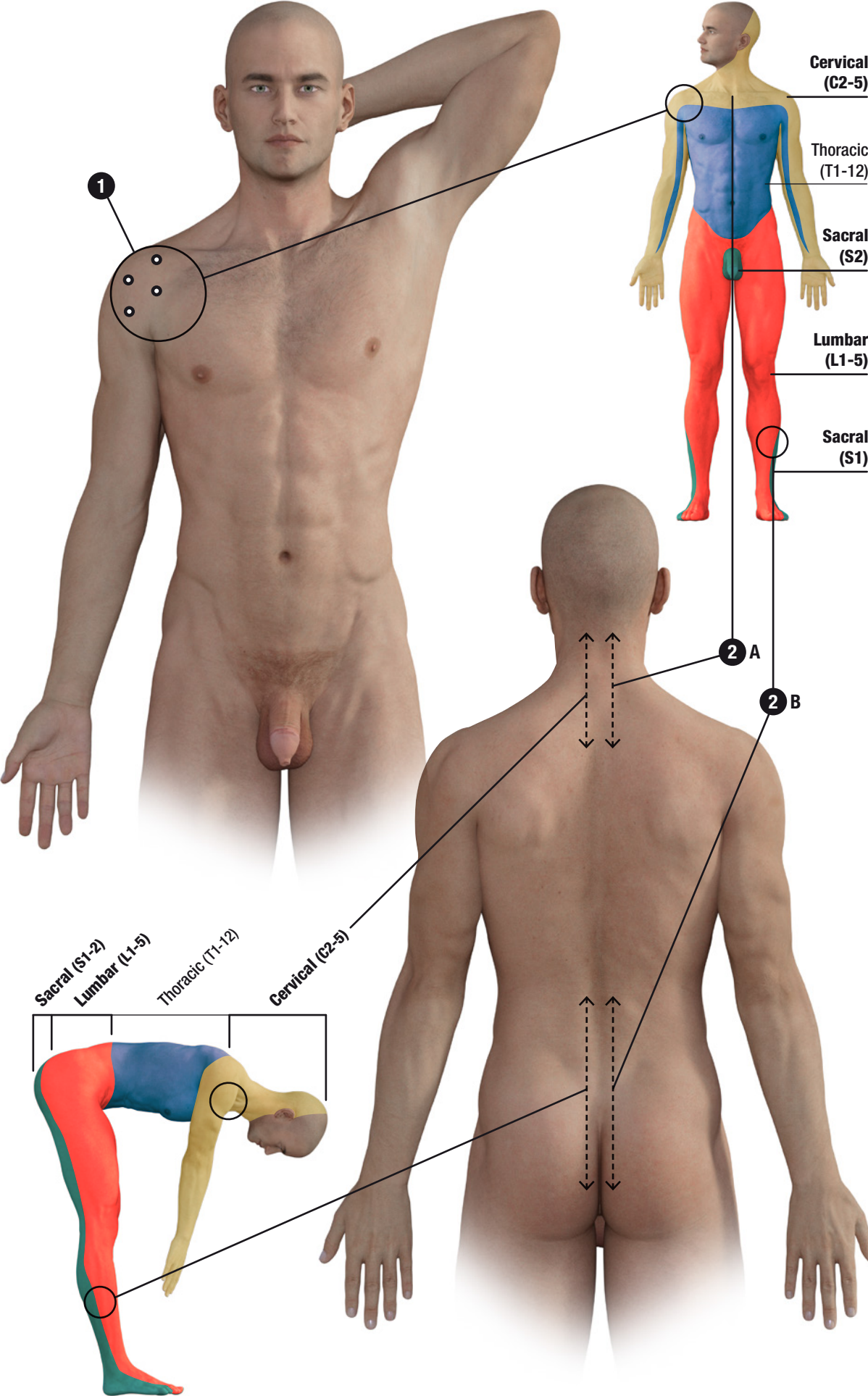
Until full relief is achieved.

• **MYOSITIS** – inflammation of muscles.

| TREATMENT POINT | | ⌚ MINS | ⚡ HZ |
|-----------------|---|-------------|--------------|
| 1 | Treat affected muscles at intervals of 5 cm | 5 per point | Variable (V) |
| 2 | A Scan paravertebral zone to treat nerve source of the affected area | 5 per side | 1000 |
| | B If the affected muscles are in the legs scan both sides of the lumbosacral spine | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

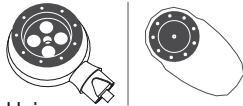


SECTION 3

TRAUMATOLOGY 3

11 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

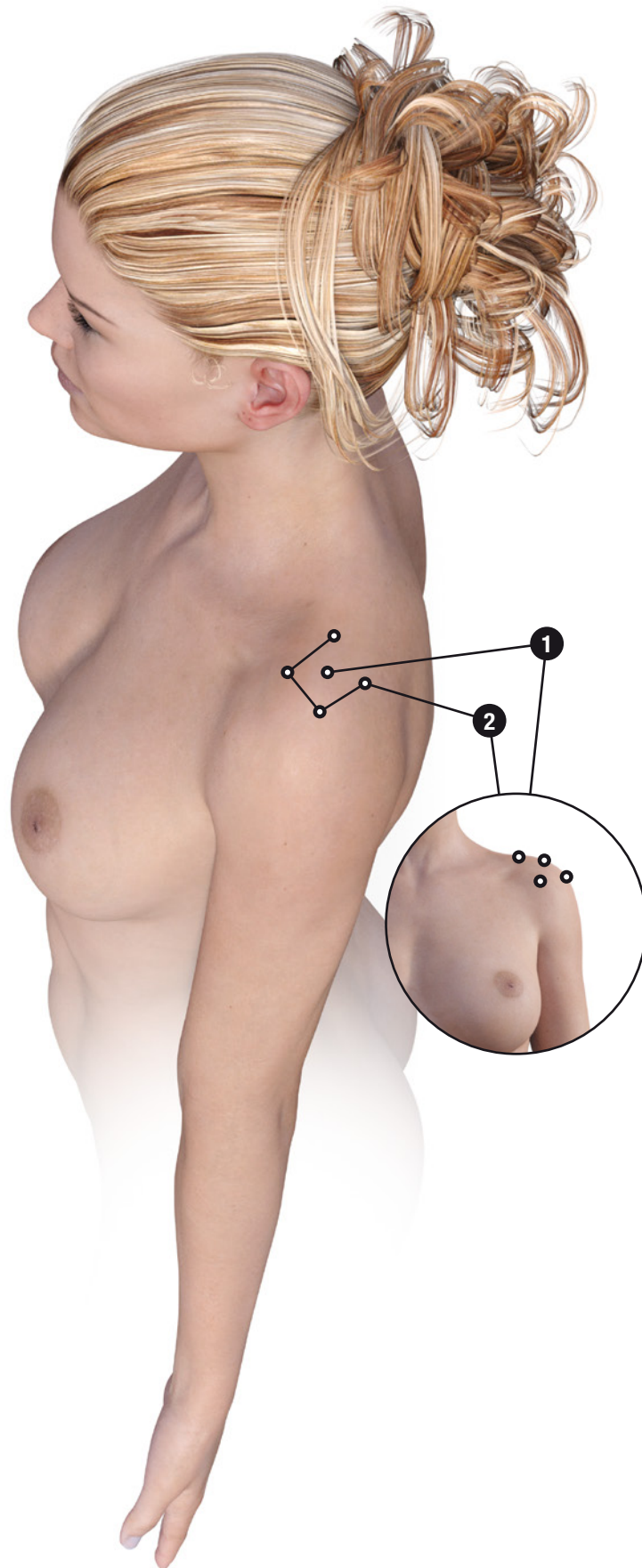
Until full relief is achieved.

- **CLAVICULAR HUMEROSCAPULAR** – stiff and lame shoulder.
- **SUBACROMIAL BURSITIS** – swelling of the bursa.
- **HUMEROSCAPULAR PERIARTHROSIS** – pain and limited movement in the shoulder joint.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------------------------|--------------------|
| 1 Acromion area | 1 | 5, 50 then 1000 |
| 2 4 points around the acromion area, 5 cm apart | 1 per point per frequency | 5 then 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

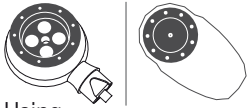


SECTION 3

TRAUMATOLOGY 4

10 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

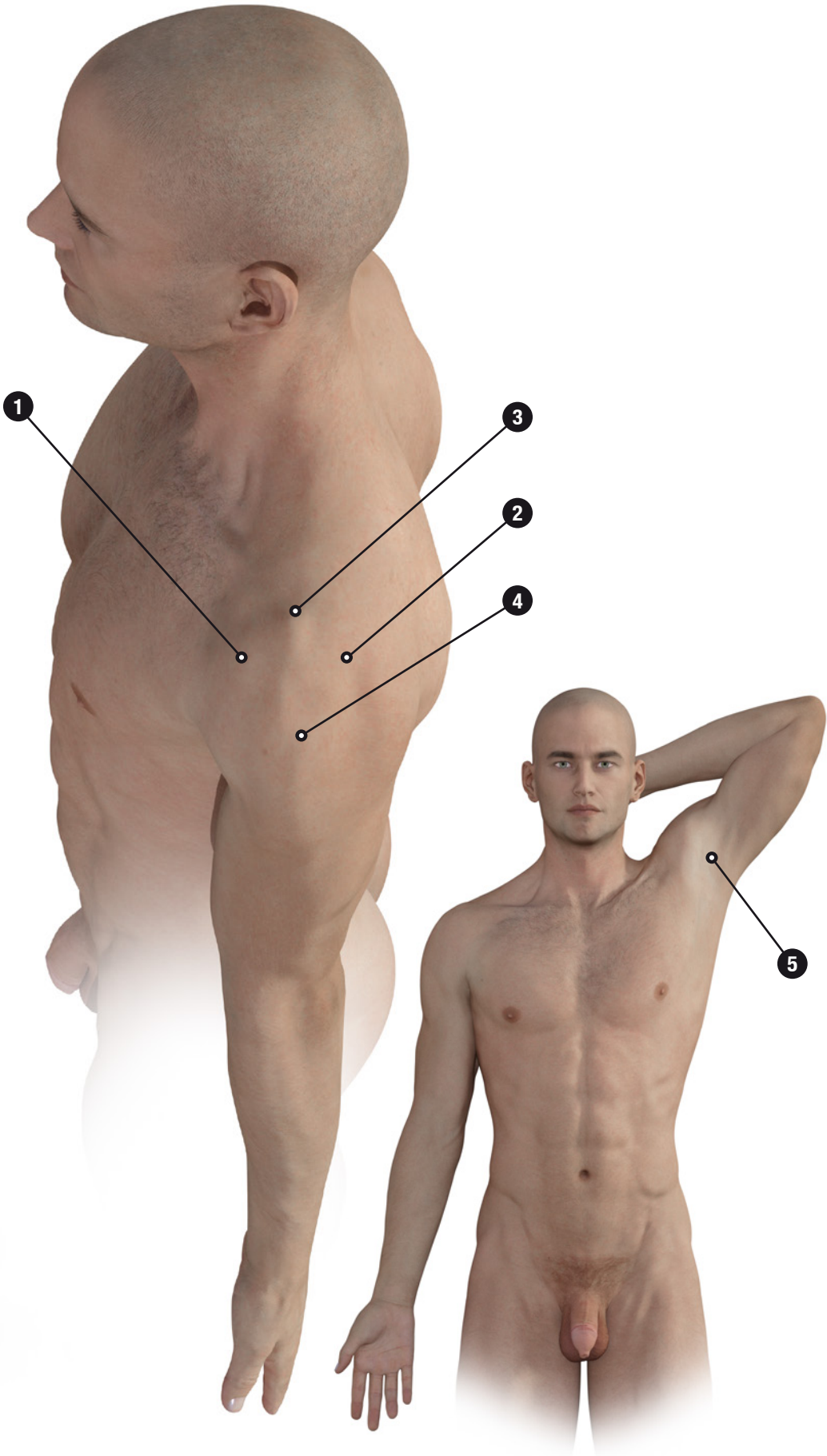
Until full relief is achieved.

• **HUMERAL ARTICULATION** – dislocated shoulder.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------------------------|-----------|
| 1 Articulation projection from the front | 1 per point per frequency | 5 then 50 |
| 2 Articulation projection from the back | | |
| 3 Articulation projection from the top | | |
| 4 Middle of deltoid | | |
| 5 Axillary cavity | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

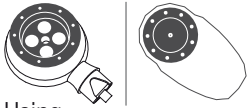


SECTION 3

TRAUMATOLOGY 5

12 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

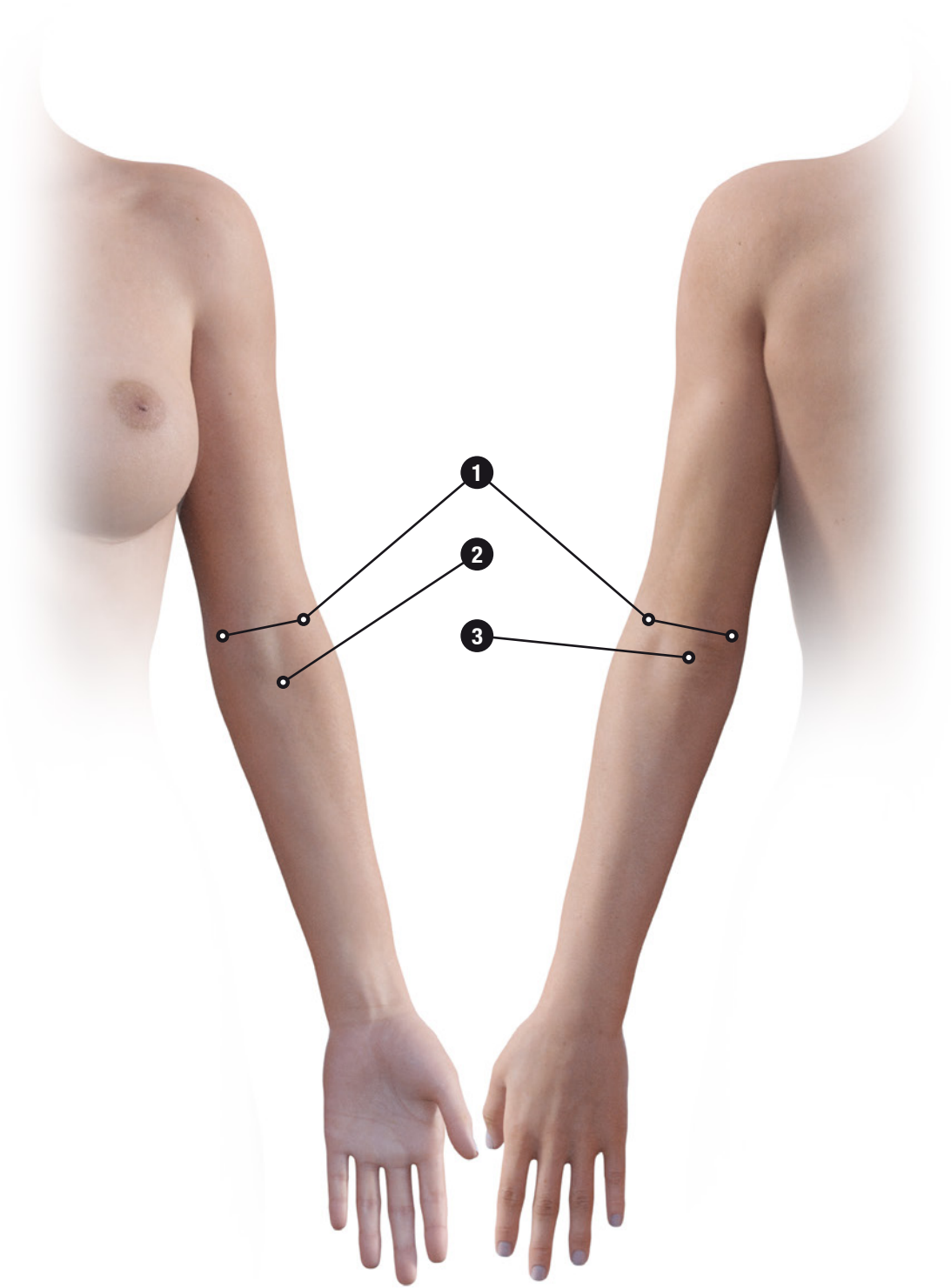
Until full relief is achieved.

• ELBOW JOINT

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--------------------------------------|------------------------------|-----------|
| 1 Epicondylar regions (front & back) | 1 per point per frequency | 5 then 50 |
| 2 Ulnar Flexure | | |
| 3 Elbow tip | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

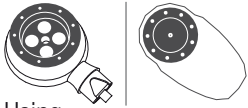


SECTION 3

TRAUMATOLOGY 6

16 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 7 x days

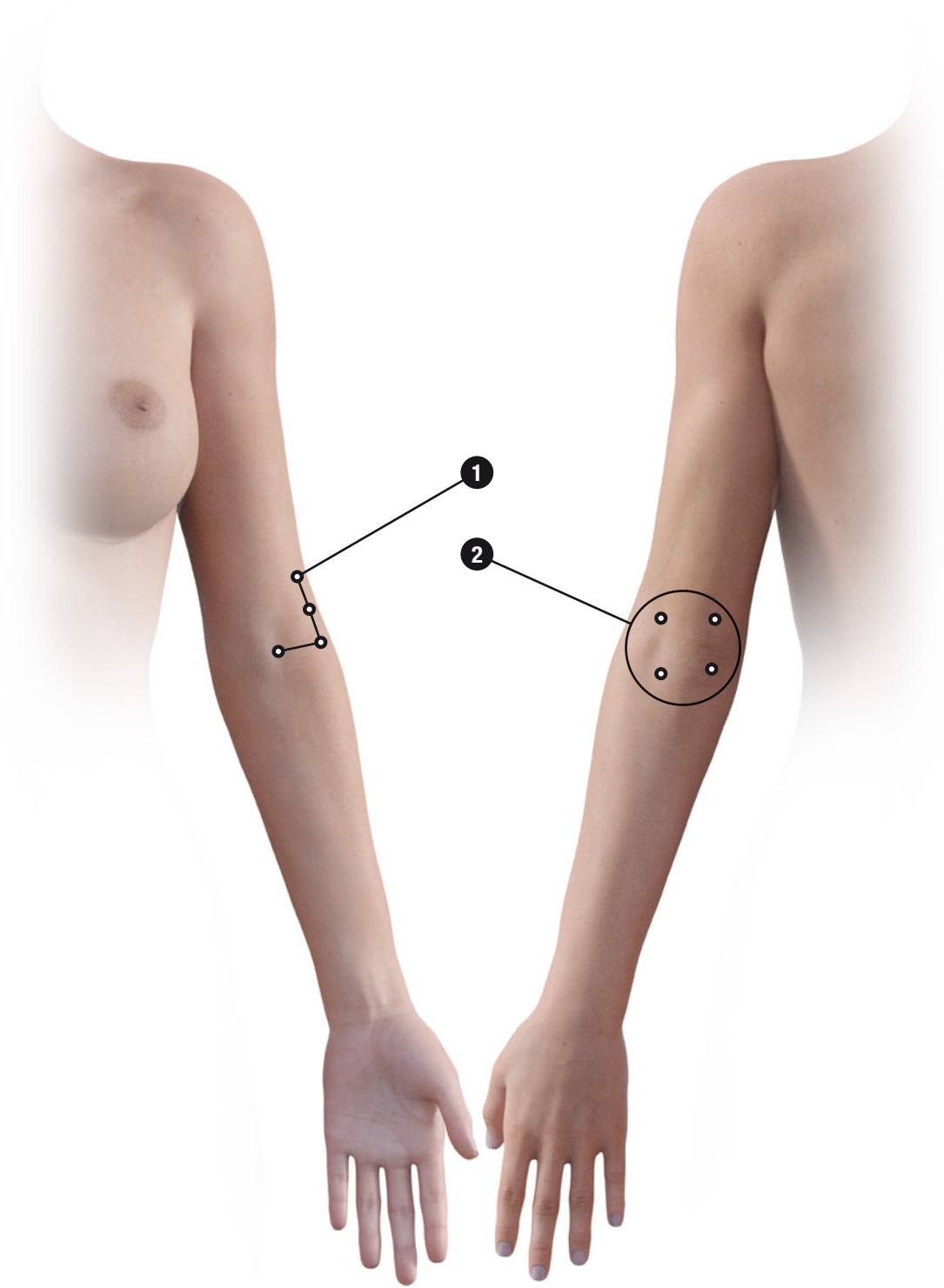
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

- **LATERAL EPICONDYLITIS** – tennis elbow.
- **MEDIAL EPICONDYLITIS** – golf elbow.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------------------------|-----------|
| 1 Epicondyle | 1 per point per frequency | 5 then 50 |
| 2 4 points on the back of the elbow surrounding the affected area, 5 cm apart | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

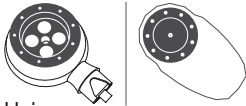


SECTION 3

TRAUMATOLOGY 7

8 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily
for 10 x days

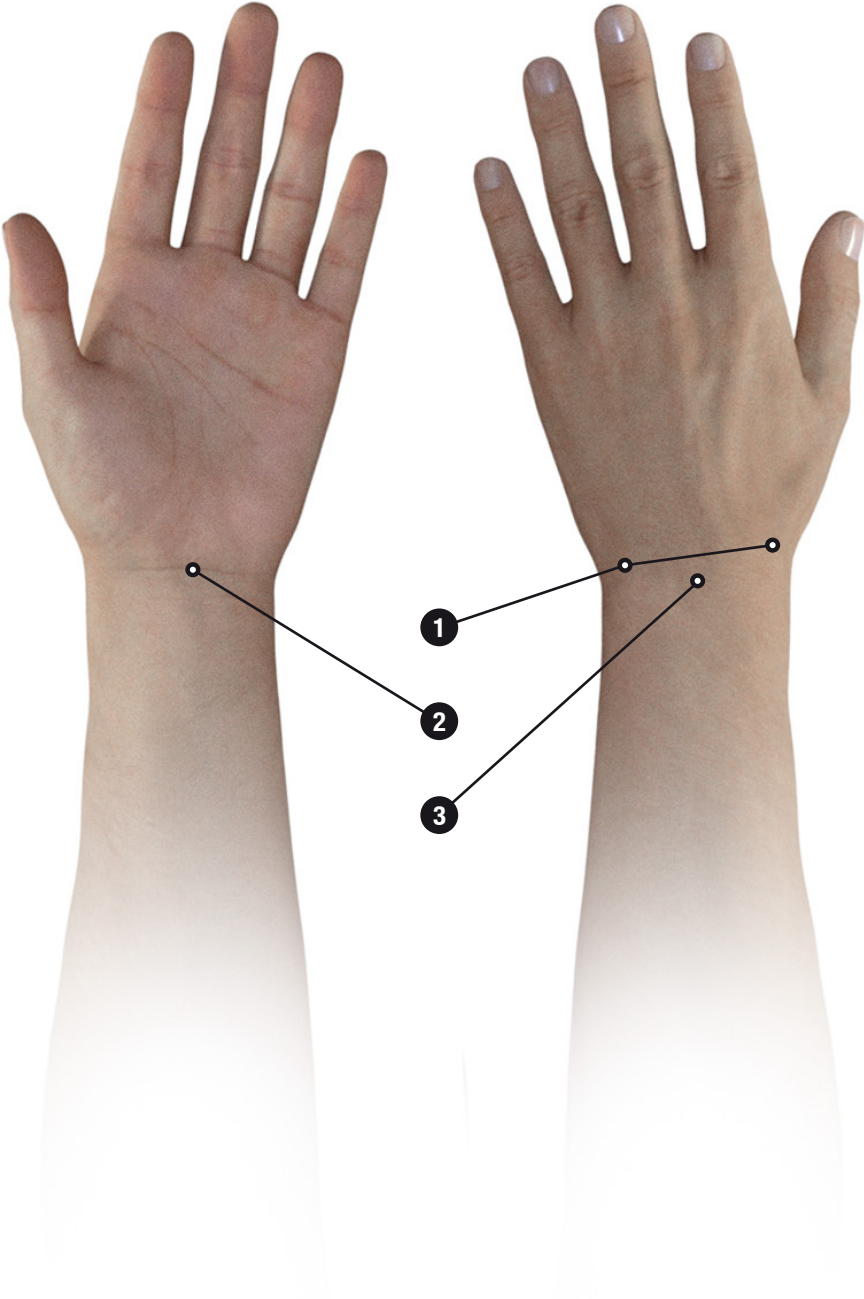
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

• **RADIOCARPAL ARTICULATION** – painful wrist.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--------------------------------------|------------------------------|-----------|
| 1 Sides of the articulation | 1 per point per frequency | 5 then 50 |
| 2 The articulation from palm side | | |
| 3 The articulation from back of hand | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

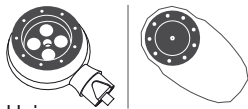


SECTION 3

TRAUMATOLOGY 8

45 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm

1 x daily for 15 x days

Allow 3 weeks rest and repeat cycle with 3 weeks rest between courses, until full relief is achieved.

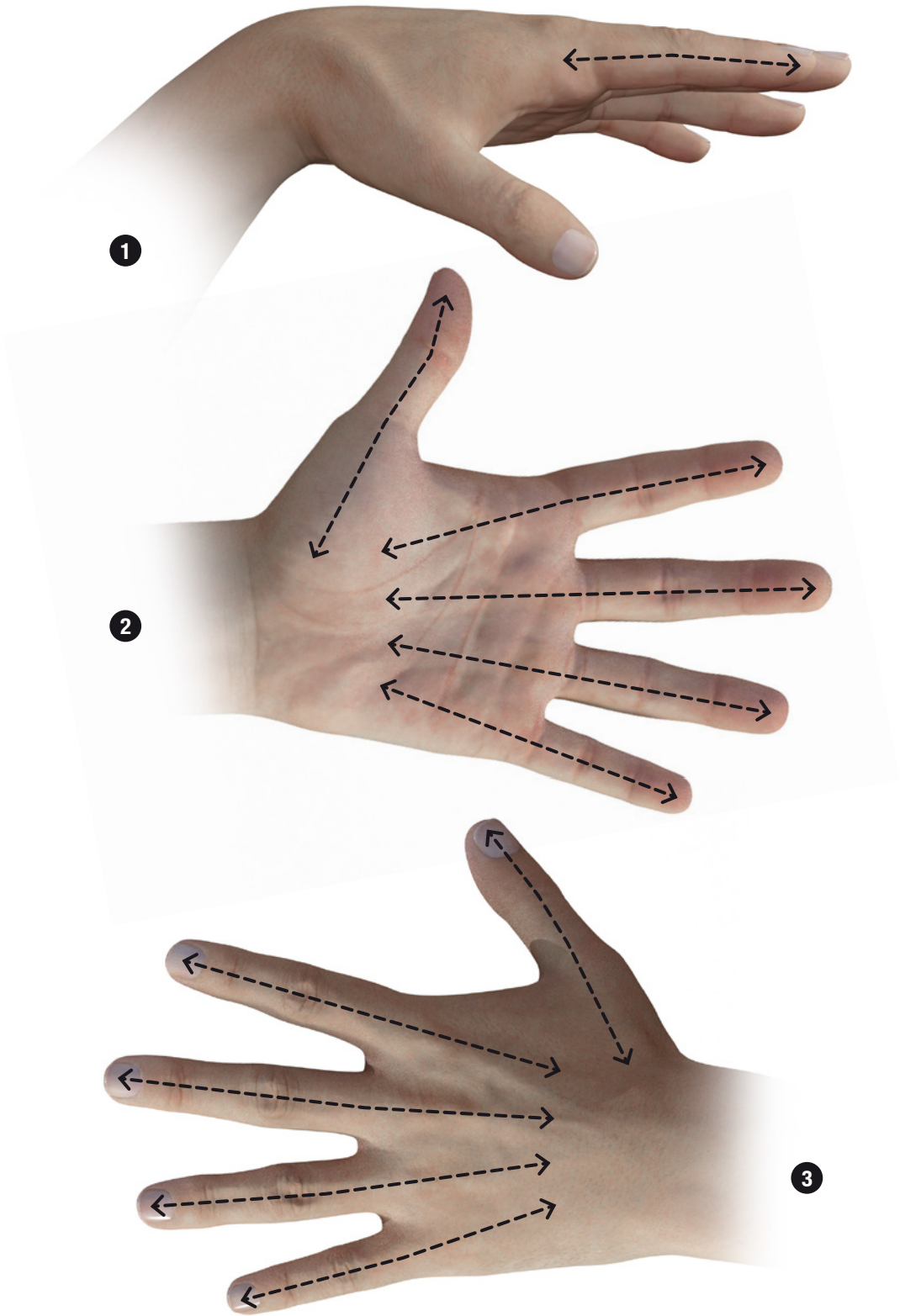
- **SMALL ARTICULATIONS OF FINGERS** – painful fingers.
- **DUPUYTREN'S CONTRACTURE*** – Dupuytren only affects the small finger, the ring finger and at most also the middle finger. Mostly it is the ring finger which is affected.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|---------------------------------|-----------------|
| 1 Scan one side of articulations | 1 per finger scan per frequency | 5, 50 then 1000 |
| 2 Scan articulations from palm side | | |
| 3 Scan articulations from back of hand | | |

* For Dupuytren's contracture there is no need to treat all of the fingers. Treat only the little finger, the ring finger and the middle finger, including the palm of the hand and the top of the hand as given in the treatment, but doing this twice per day instead of only once.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

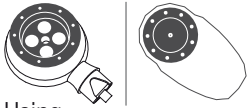


SECTION 3

TRAUMATOLOGY 9

15 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

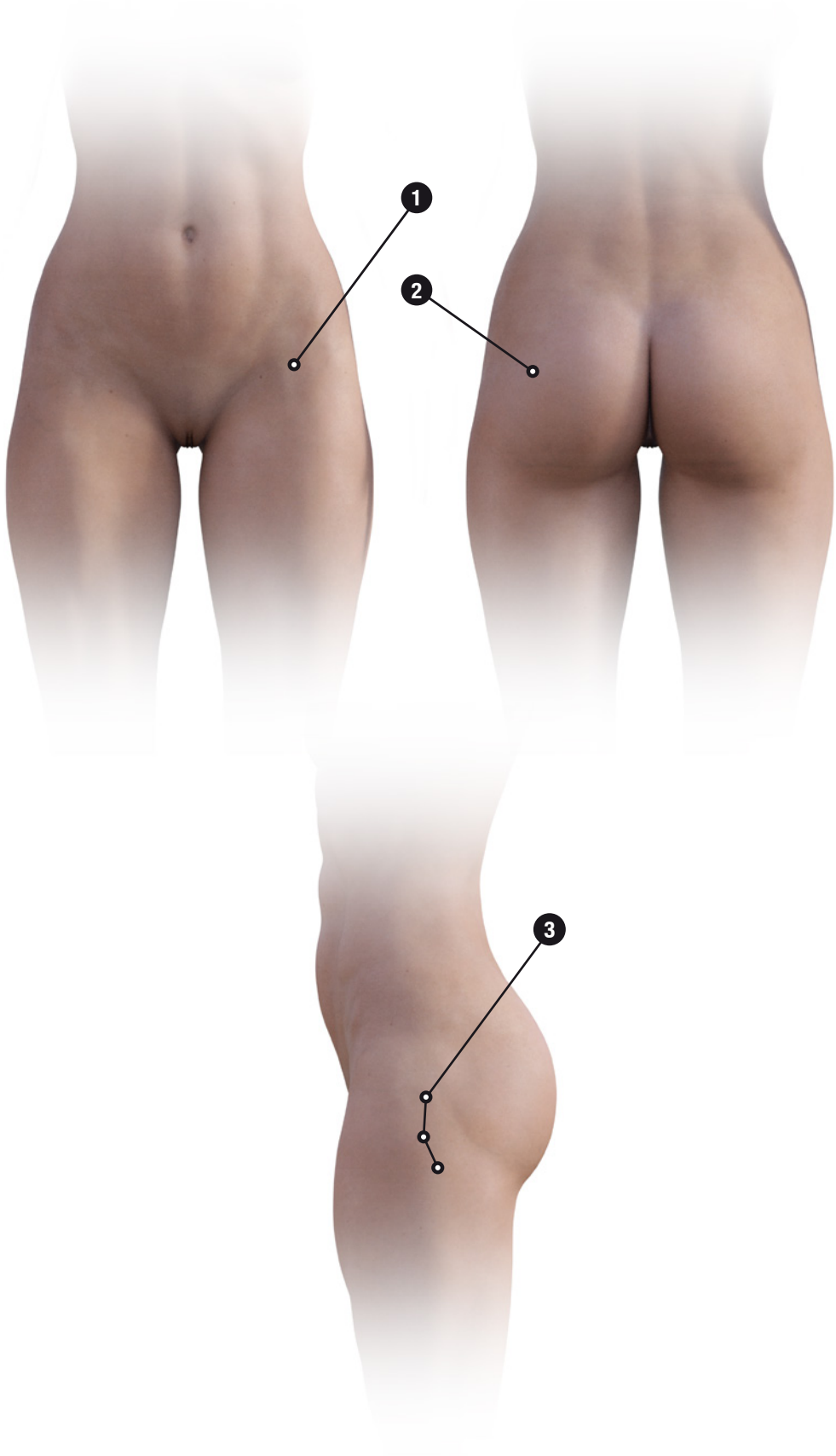
Allow 3 weeks rest and repeat cycle with 3 weeks rest between courses, until full relief is achieved.

• HIP JOINT ARTHRITIS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|---------------------------|-------------------------|
| 1 Piriformis, front | 1 per point per frequency | 5, 50 then Variable (V) |
| 2 Piriformis, back | | |
| 3 3 points along the trochanter line, 5 cm apart | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

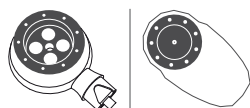


SECTION 3

TRAUMATOLOGY 10

15 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

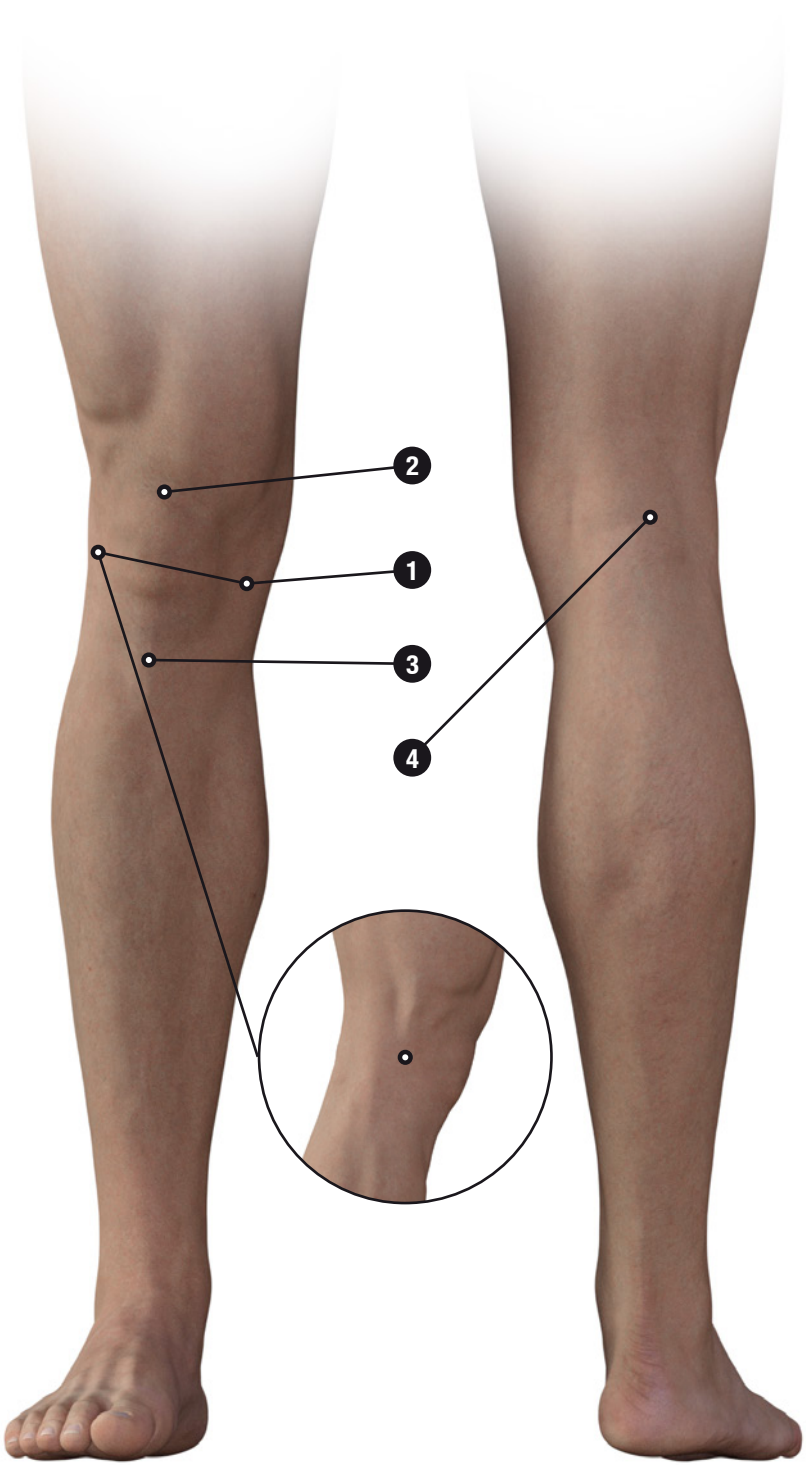
- KNEE JOINT
- OSTEOARTHRITIS IN THE KNEE*

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|-------------------------------|------------------------------|----------------------------|
| 1 Lateral zones of projection | 1 per point per frequency | 5, 50 then Variable (V) |
| 2 Zone above the patella | | |
| 3 Zone below the patella | | |
| 4 Popliteal fossae | | |

* For osteoarthritis in the knee also do the treatment for UNIVERSAL 3 (BLOOD) at the same time.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

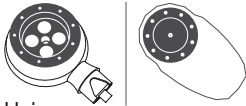


SECTION 3

TRAUMATOLOGY 11

12 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest and repeat cycle with 3 weeks rest between courses, until full relief is achieved.

• ANKLE JOINT

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|---------------------------|-------------------------|
| 1 Lateral surfaces of joint, under malleolus | 1 per point per frequency | 5, 50 then Variable (V) |
| 2 Front projection of the joint | | |
| 3 Back projection of the joint | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

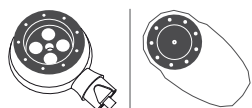


SECTION 3

TRAUMATOLOGY 12

30 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest and repeat cycle with 3 weeks rest between courses, until full relief is achieved.

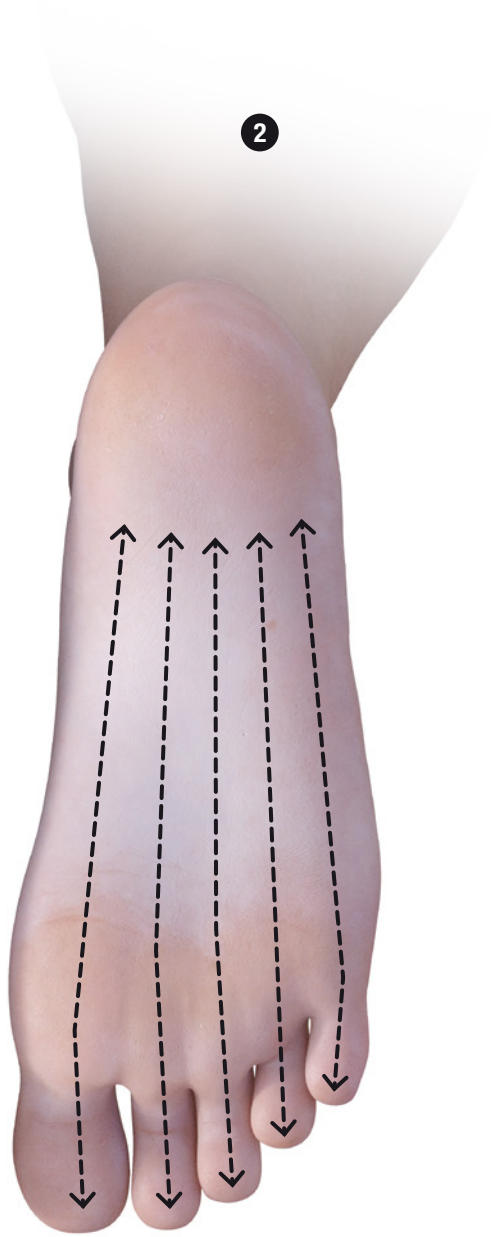
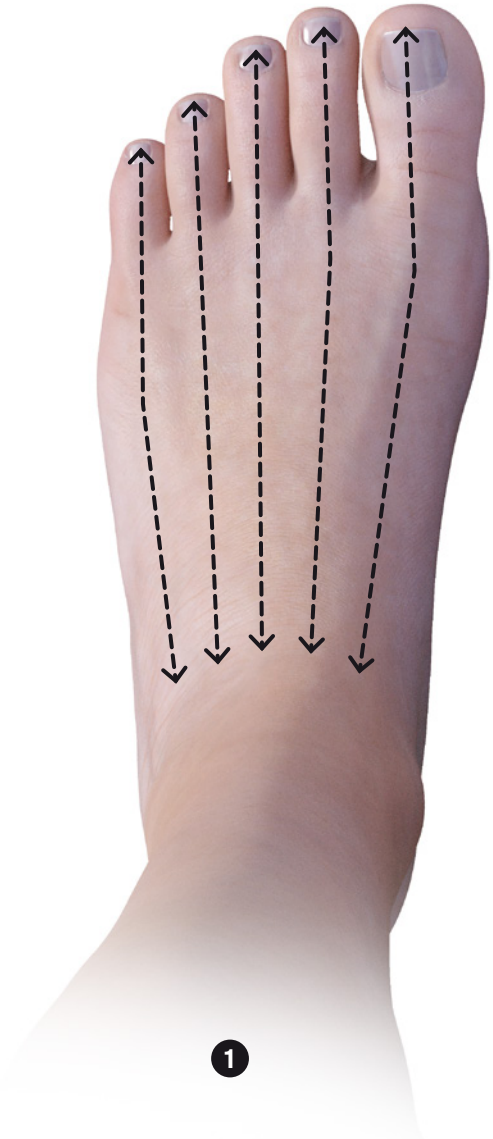
- SMALL JOINTS OF FEET
- GOUT*

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|-------------------------------|--------------------------|-------------------------|
| 1 Scan top of foot as shown | 1 per line per frequency | 5, 50 then Variable (V) |
| 2 Scan foot from plantar side | | |

* Podagra (gout) can also be treated using the treatment above, but treat also the affected area at the same settings, by scanning the affected area for 2 minutes per frequency.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

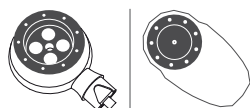


SECTION 3

TRAUMATOLOGY 13

27 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

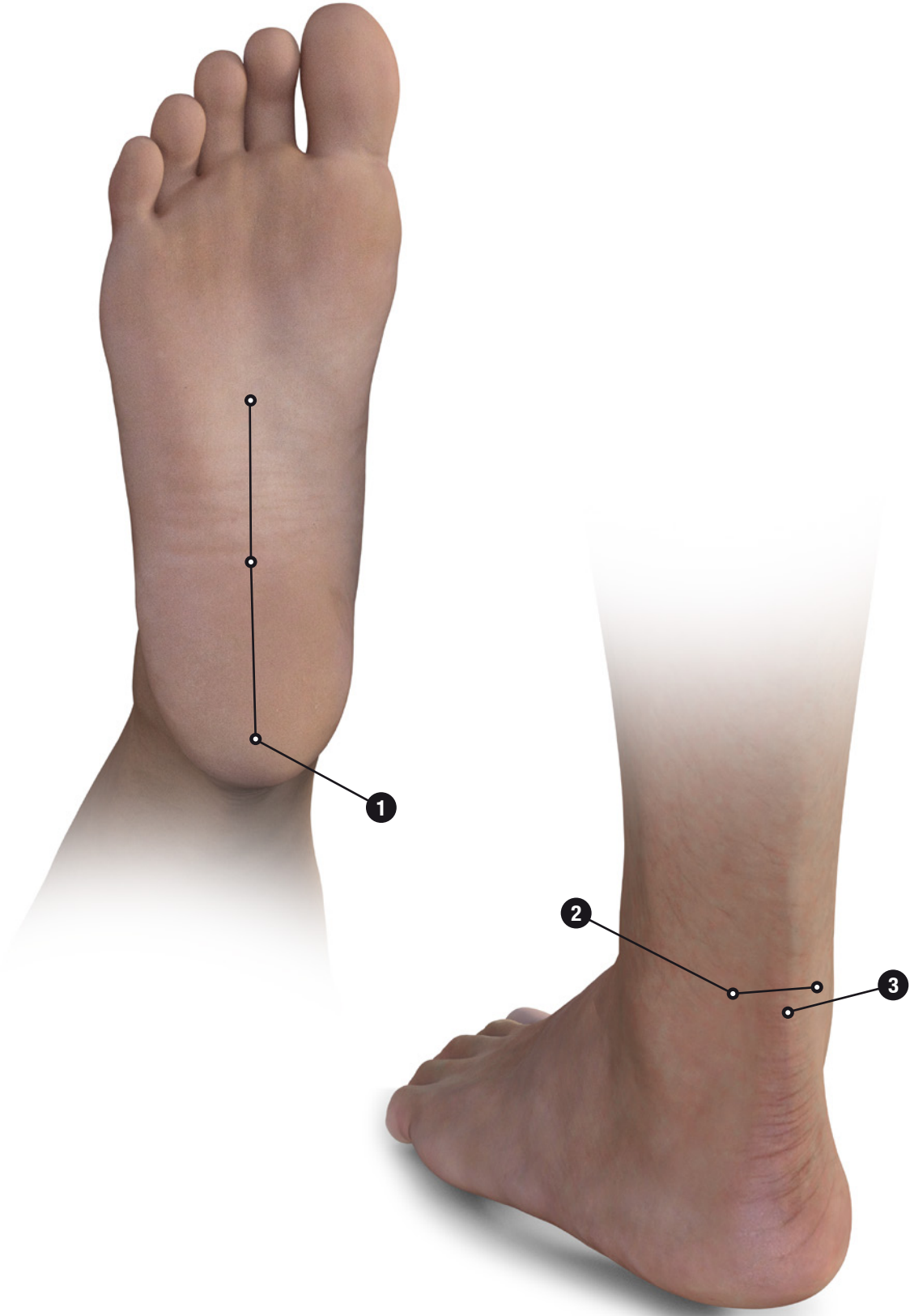
Allow 3 weeks rest and repeat cycle with 3 weeks rest between courses, until full relief is achieved.

- CALCANEAL SPUR – heel spur.
- PLANTAR FASCIITIS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---------------------------------------|-------------|------|
| 1 3 points along the plantar fascia | 4 | 1000 |
| | 2 | 50 |
| 2 Lateral surfaces of Achilles tendon | 2 per point | 1000 |
| | 1 per point | 50 |
| 3 Back of Achilles tendon | 2 | 1000 |
| | 1 | 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

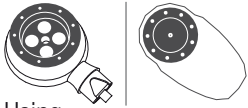


SECTION 3

TRAUMATOLOGY 14

30 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

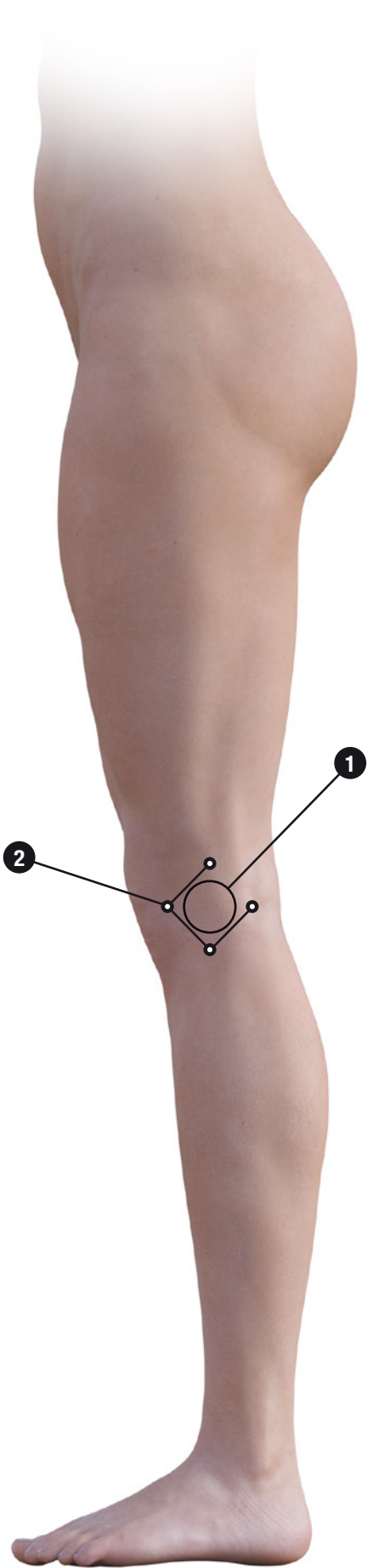
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

• INJURY TO KNEE JOINT

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------------------------|-------------------------------|
| 1 Zone of injury or sprain | 2 per point per frequency | 1000, 50 then Variable (V) |
| 2 4 points around injury at 5 cm apart | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

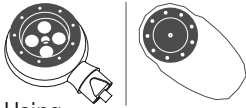
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 3

TRAUMATOLOGY 15

9 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

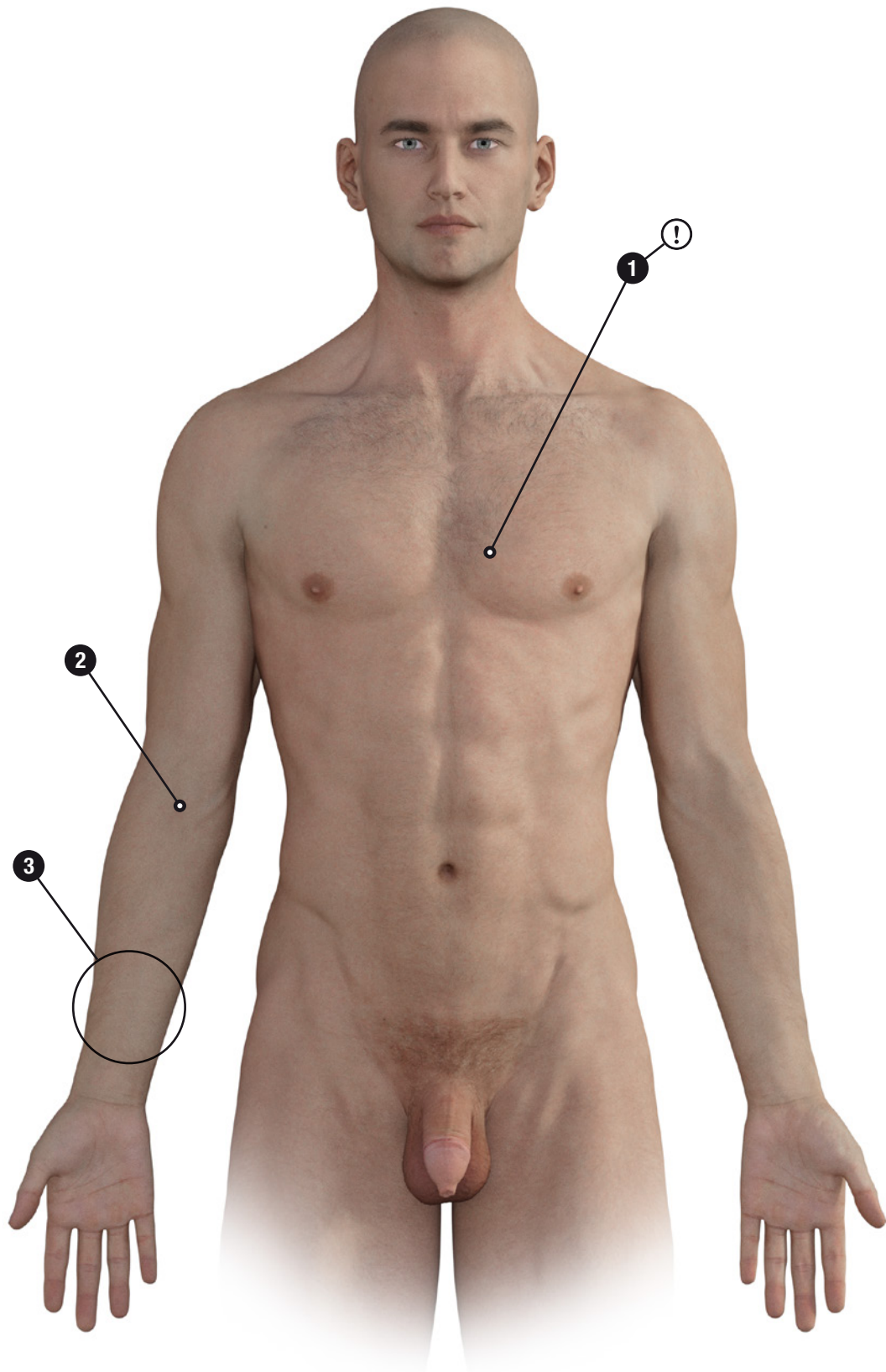
Until full relief is achieved.

• TRAUMATIC BONE FRACTURES

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|--------|------------------------|
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 |
| 2 Blood irradiation at a point closest to the fracture | 5 | |
| 3 Fracture | 2 | Day 1-4 @ 1000 |
| | | Day 5-8 @ Variable (V) |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

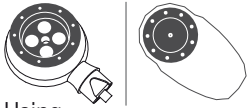


SECTION 3

TRAUMATOLOGY 16

15 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

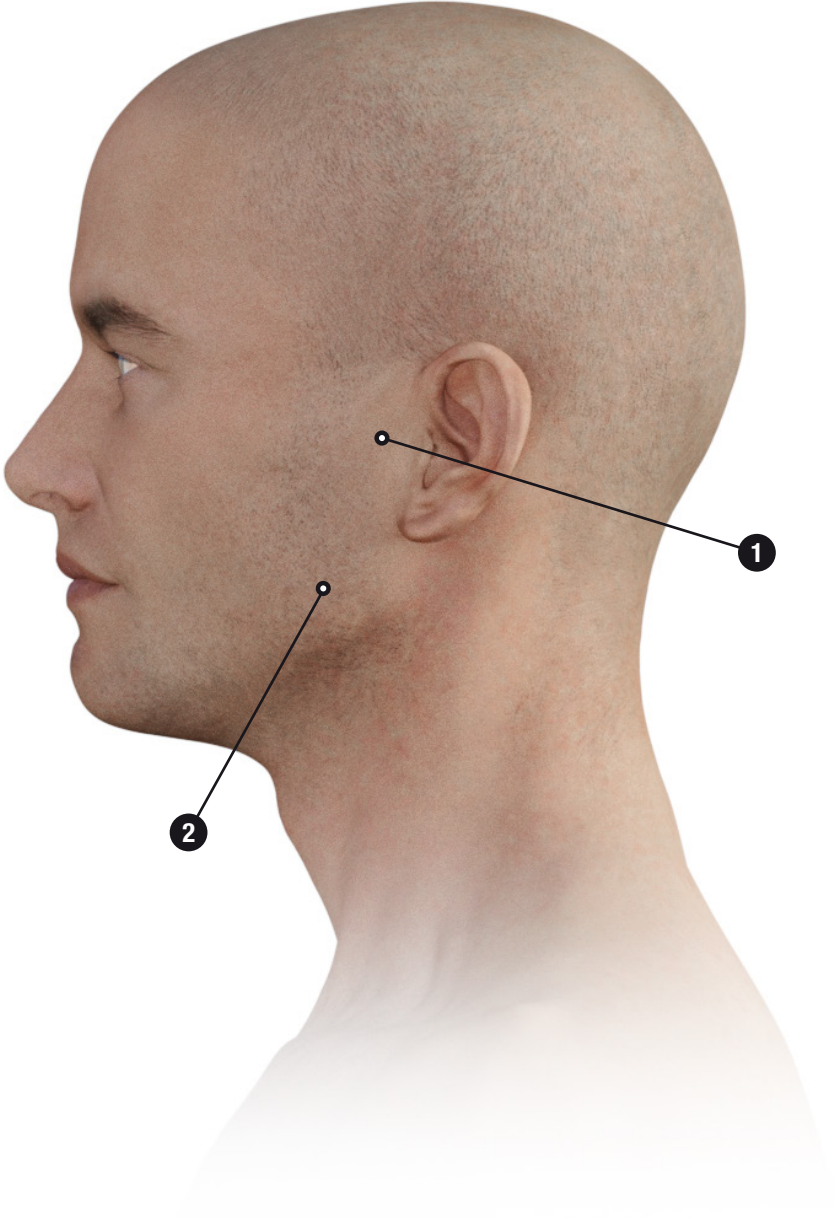
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

• ARTHRITIS AND ARTHROSIS OF JAW

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|------------|------|
| 1 Articulation joint (both sides) | 5 per side | 50 |
| 2 Masticatory muscle near corner of mandible, from the sore side only | 5 | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



1

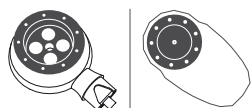
2

SECTION 3

TRAUMATOLOGY 17

26 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until full relief is achieved.

• SPONDYLOLITHESIS

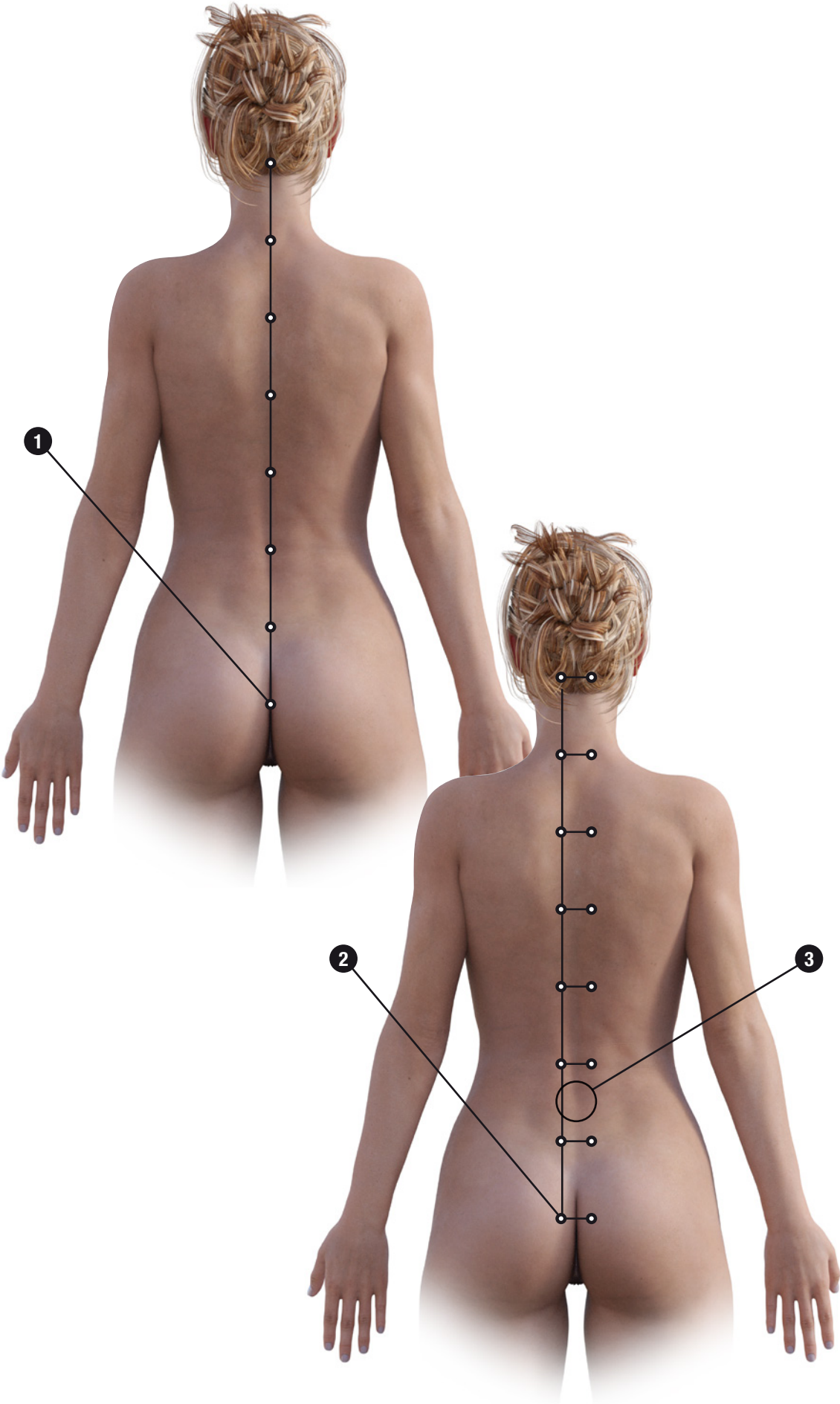
| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 From coccyx to occiput at 10 cm intervals | 1 per point | 1000 |
| 2 Along both sides of vertebral column through long extensors at 10 cm intervals | | 50 |
| 3 The disc between slipped vertebrae | 2 | |

i Since spondylolithesis is caused by the back muscles not being strong enough to support the spine adequately, it is also necessary to do exercises to help correct the ailment as well as strengthen the back muscles so that the vertebrae do not continue to become displaced.

As the spine of a patient with spondylolithesis is very tender and easily hurt, the exercises which are recommended are those which can be designed specifically for the patient by a qualified practitioner of the *Alexander Technique*, depending upon where in the spine the Spondylolithesis is situated, and executed under that practitioner's supervision.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





To make the treatment of the muscles somewhat easier some of the muscles have been grouped where possible, so that one point of irradiation serves to irradiate more than one muscle.

SECTION 3

TRAUMATOLOGY 18

22 mins

Treatment time.



Using:
Delta Aesthetic Terminal.

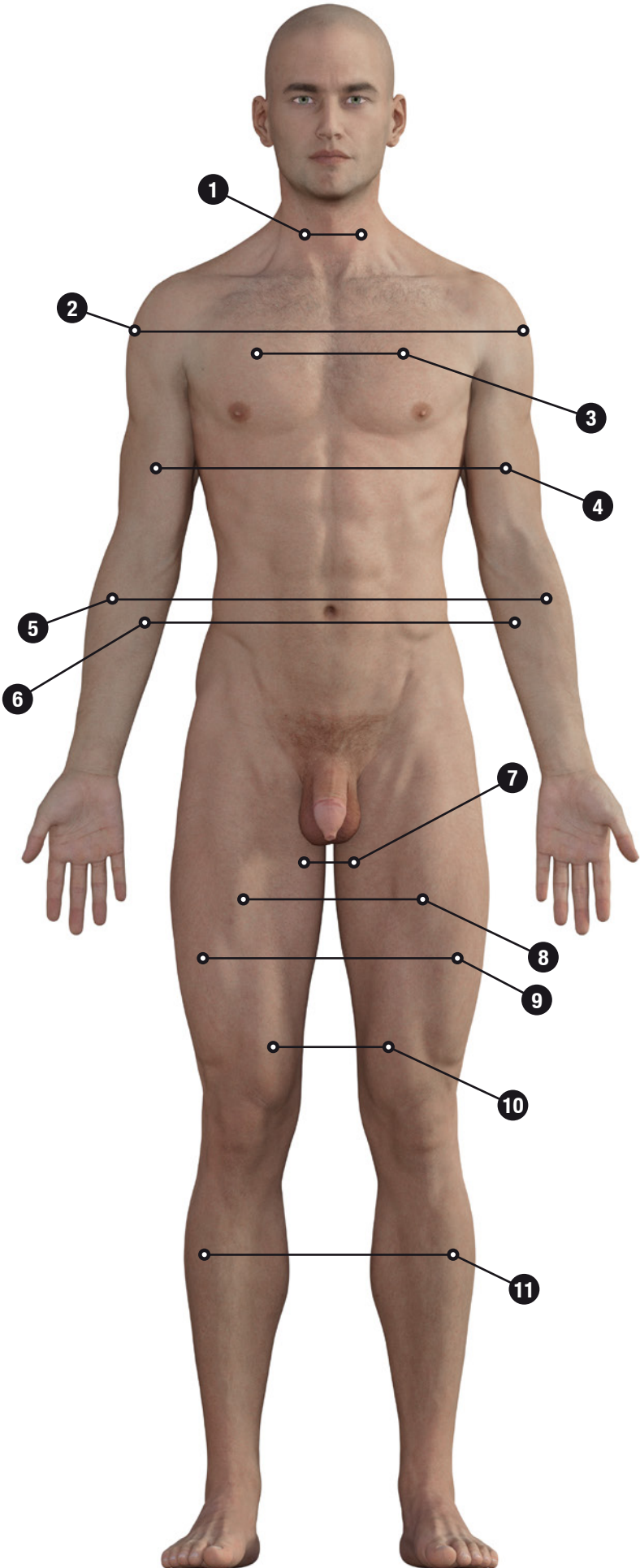
1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

• POLYMYOSITIS

| PLAN 1 | | EARLY MORNING | |
|---|-------------|---------------|--|
| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
| 1 Sternocleidomastoid | 1 per point | Variable (V) | |
| 2 Deltoid | | | |
| 3 Pectoralis | | | |
| 4 Biceps | | | |
| 5 Brachioradialis | | | |
| 6 Flexor carpi radialis and palmaris longus | | | |
| 7 Adductor longus and gracilis | | | |
| 8 Rectus femoris | | | |
| 9 Vastus lateralis | | | |
| 10 Vastus medialis | | | |
| 11 Peroneus longus | | | |

Continued overleaf...



34 mins

Treatment time.



Using:
Delta Aesthetic Terminal.

1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

10 mins

Treatment time.



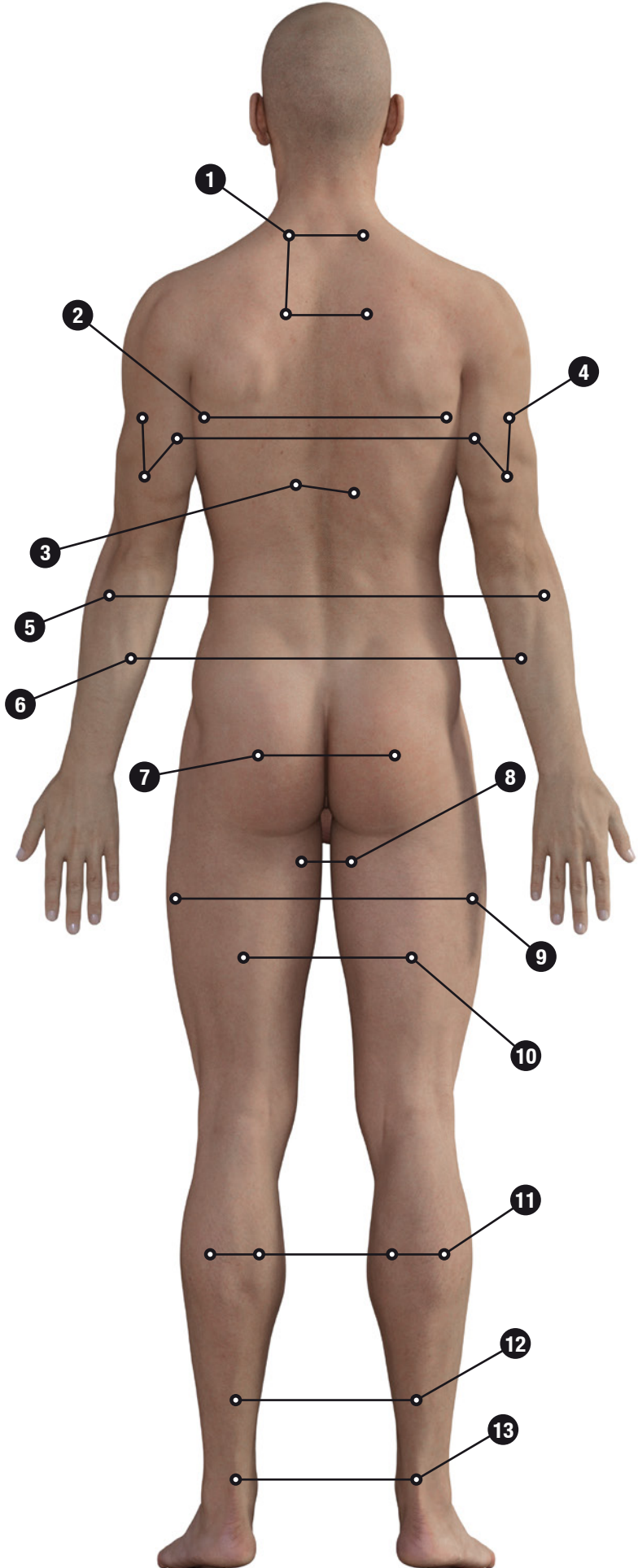
Using:
Delta Medical Terminal.

| PLAN 1 | | MIDDAY | |
|--------------------------------------|-------------|--------------|--|
| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
| 1 Trapezius | 1 per point | Variable (V) | |
| 2 Teres major | | | |
| 3 Latissimus dorsi/adrenal glands | | | |
| 4 Triceps, 3 points | | | |
| 5 Extensor | | | |
| 6 Flexor | | | |
| 7 Gluteus maximus | | | |
| 8 Adductor magnus | | | |
| 9 Iliotibial | | | |
| 10 Semitendinosus and biceps femoris | | | |
| 11 Gastrocnemius | | | |
| 12 Soleus | | | |
| 13 Achilles | | | |

| PLAN 1 | | EARLY EVENING | |
|-------------------------------------|--|---------------|--|
| Apply UNIVERSAL 3 (BLOOD) every day | | | |

i Do PLAN 1 above every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2 as prescribed below.

Continued overleaf...



22 mins

Treatment time.



Using:
Delta Aesthetic Terminal.

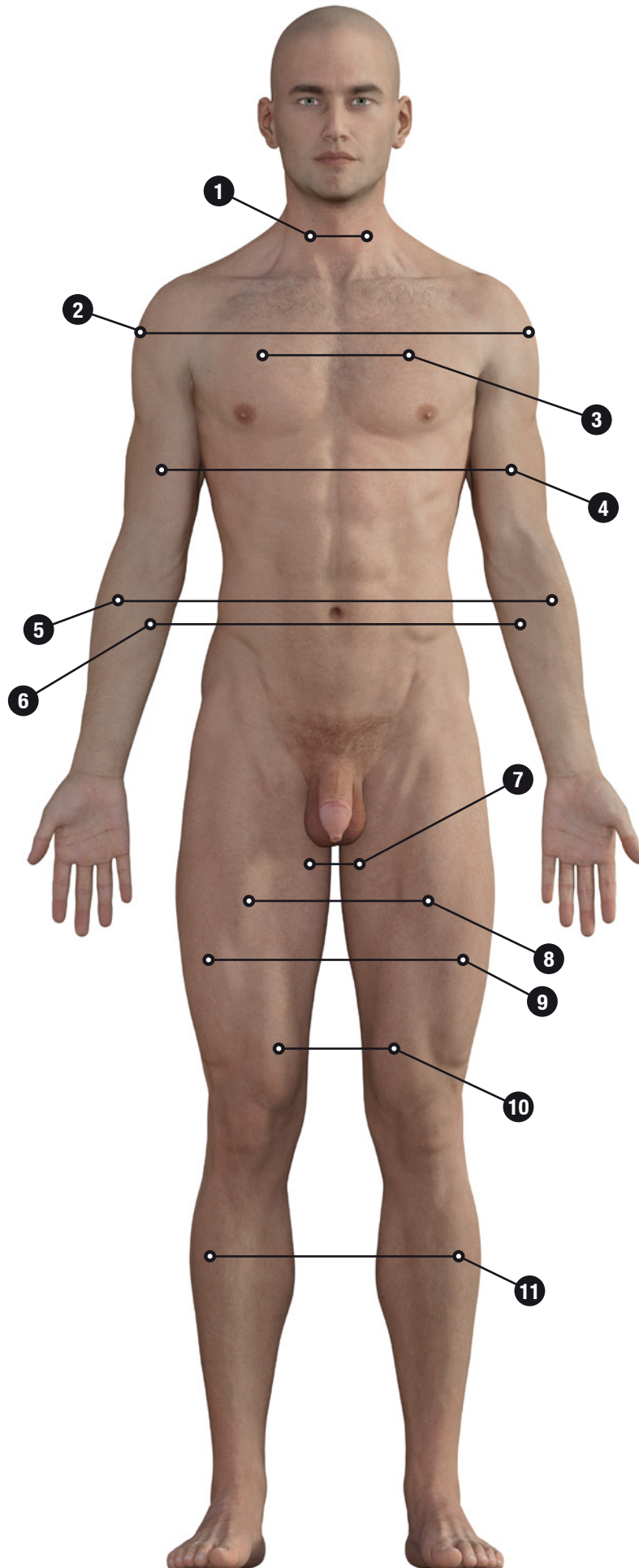
1 x daily for 21 x days

Monday, Wednesday
and Friday.

Allow 2 weeks rest and
repeat cycle until full
recovery is achieved.

| PLAN 2 | | EARLY MORNING – MONDAY, WEDNESDAY, FRIDAY | |
|---|-------------|---|--|
| TREATMENT POINT | ⌚ MINS | 📡 HZ | |
| 1 Sternocleidomastoid | 1 per point | Variable (V) | |
| 2 Deltoid | | | |
| 3 Pectoralis | | | |
| 4 Biceps | | | |
| 5 Brachioradialis | | | |
| 6 Flexor carpi radialis and palmaris longus | | | |
| 7 Adductor longus and gracilis | | | |
| 8 Rectus femoris | | | |
| 9 Vastus lateralis | | | |
| 10 Vastus medialis | | | |
| 11 Peroneus longus | | | |

Continued overleaf...



34 mins

Treatment time.



Using:
Delta Aesthetic Terminal.

1 x daily for 21 x days

Tuesday, Thursday and Saturday.


Allow 2 weeks rest and repeat cycle until full recovery is achieved.

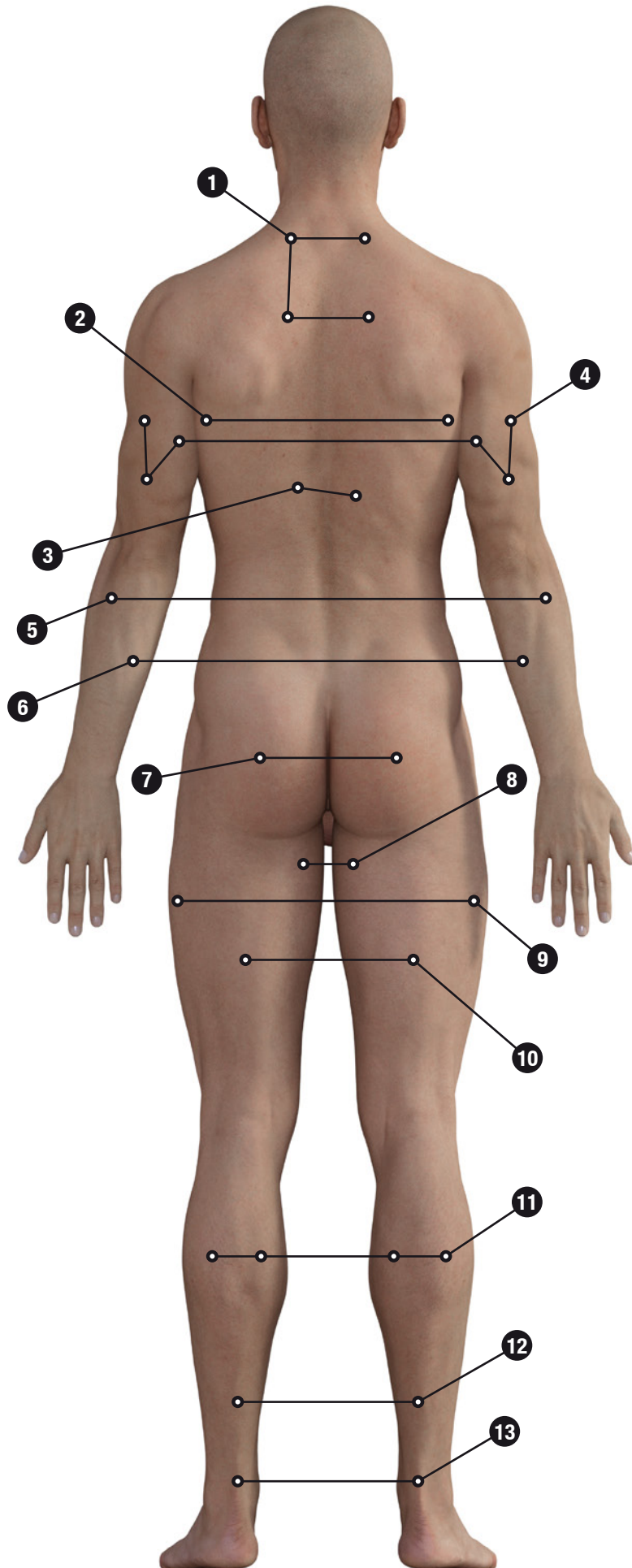
10 mins

Treatment time.



Using:
Delta Medical Terminal.

| PLAN 2 | | EARLY MORNING – TUESDAY, THURSDAY, SATURDAY | |
|--|-------------|---|--|
| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
| 1 Trapezius | 1 per point | Variable (V) | |
| 2 Teres major | | | |
| 3 Latissimus dorsi/adrenal glands | | | |
| 4 Triceps, 3 points | | | |
| 5 Extensor | | | |
| 6 Flexor | | | |
| 7 Gluteus maximus | | | |
| 8 Adductor magnus | | | |
| 9 Iliotibial | | | |
| 10 Semitendinosus and biceps femoris | | | |
| 11 Gastrocnemius | | | |
| 12 Soleus | | | |
| 13 Achilles | | | |
| PLAN 2 | | EARLY EVENING | |
| Apply UNIVERSAL 3 (BLOOD) every 2 nd day | | | |
|  Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience. | | | |

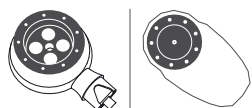


SECTION 3

TRAUMATOLOGY 19

14 mins +

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1-4 x daily

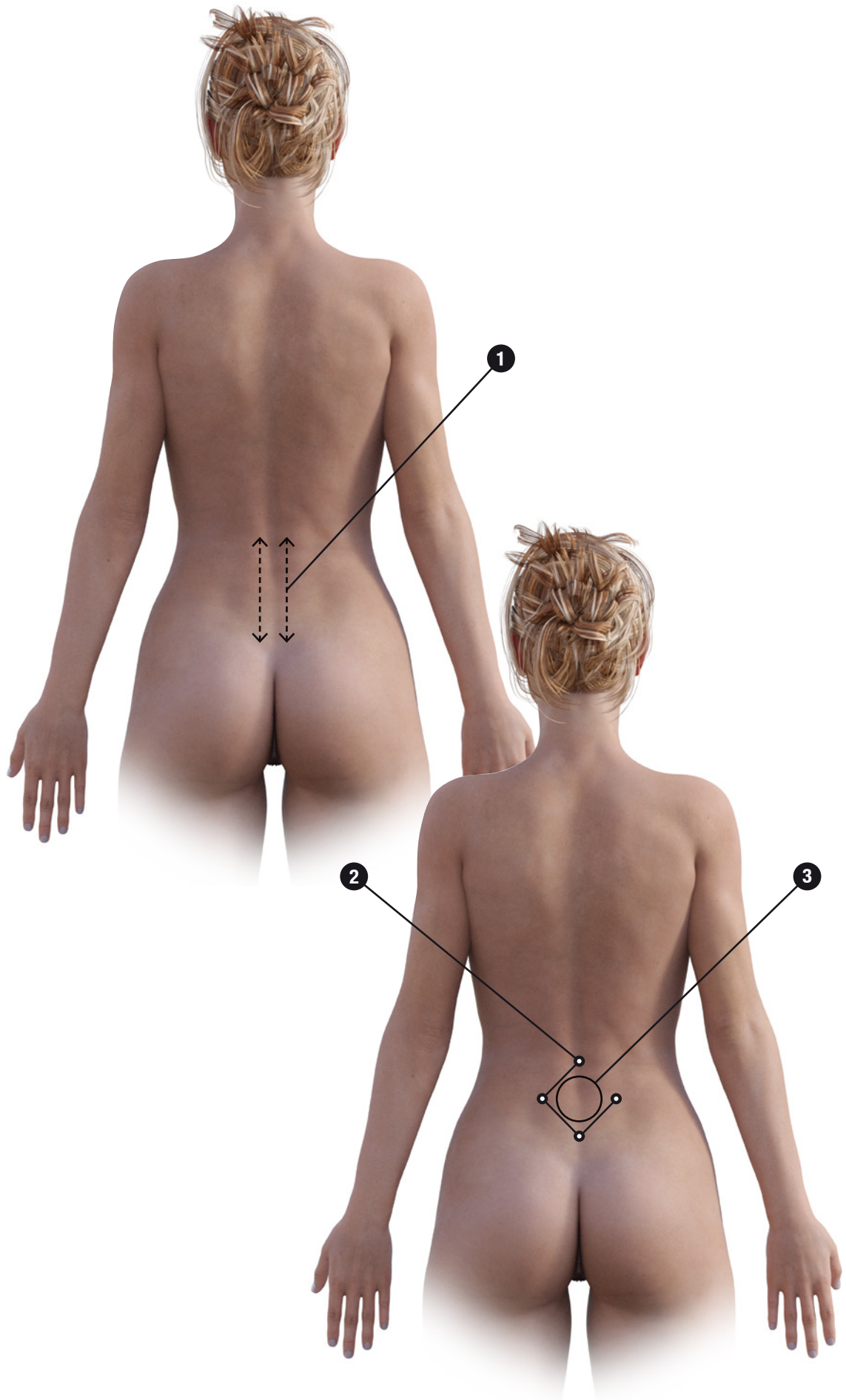
Until full relief is achieved.

• DISC HERNIATION/BACK PAIN

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-----------------|--------------|
| 1 Scan both sides of the vertebral column along sides of pain/injury | 3 per side | 1000 |
| 2 4 points around injury, 5 cm apart | 1 per point | Variable (V) |
| 3 Zone of pain/injury | 2 per frequency | 5 then 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 4

OTORHINOLARYNGOLOGY

Ear, nose and throat



IMPORTANT

1

All ear, nose and throat diseases are best treated by also using UNIVERSAL 4 (SB-1) in conjunction with the prescribed treatment.

2

Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

3

Whenever treating any stationary point over the brain with the Delta Medical Terminal the ultrasound must be turned off (this does not apply when scanning over the area). In all other cases the ultrasound should be turned on for treatments in this section.

4

Please note that the Probe Terminal does not have ultrasound.

5

The lights around the Probe are LED lights that will not damage the eyes. However, to avoid any irritation or discomfort it is best to close the eyes if the Probe is used in the vicinity of the eyes.

6

Whenever using the Probe, screw off the Probe Sheath after treatment, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



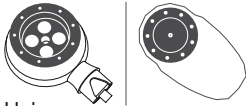
Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

SECTION 4

OTORHINOLARYNGOLOGY 1

12 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily

for 15 x days

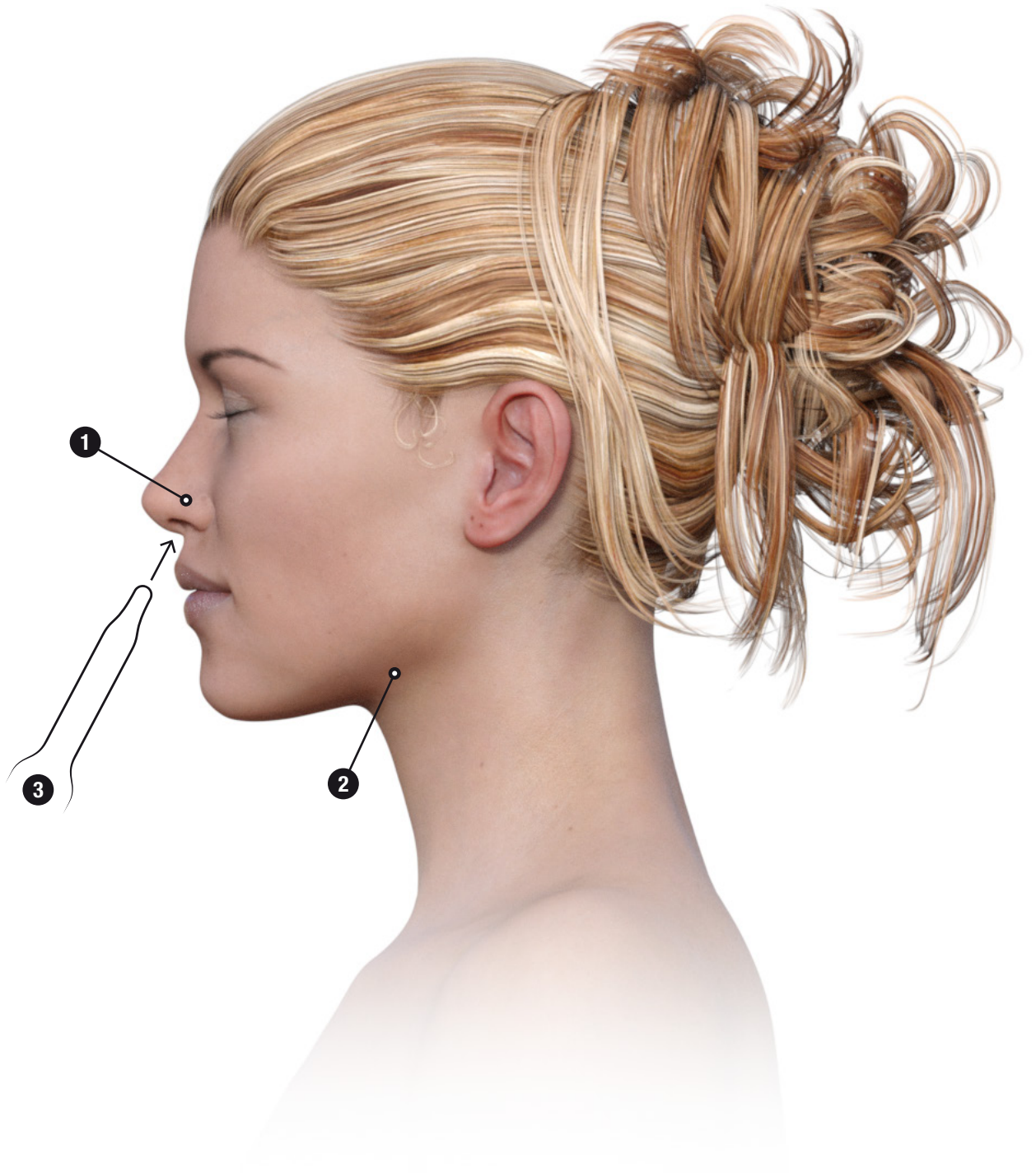
Allow 3 weeks rest and
repeat course if needed.

- **RHINITIS** – inflammation of the nose (all forms of).

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|------------------------------------|---------------|------|
| 1 Wings of nostrils | 2 per side | 5 |
| 2 Tonsils | | 50 |
| 3 Insert tip of Probe into nostril | 2 per nostril | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





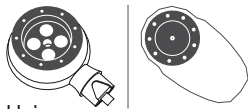
In the case of stenosis laryngotracheitis (constriction of the throat) hospitalisation is recommended.

SECTION 4

OTORHINOLARYNGOLOGY 2

16 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily

for 15 x days

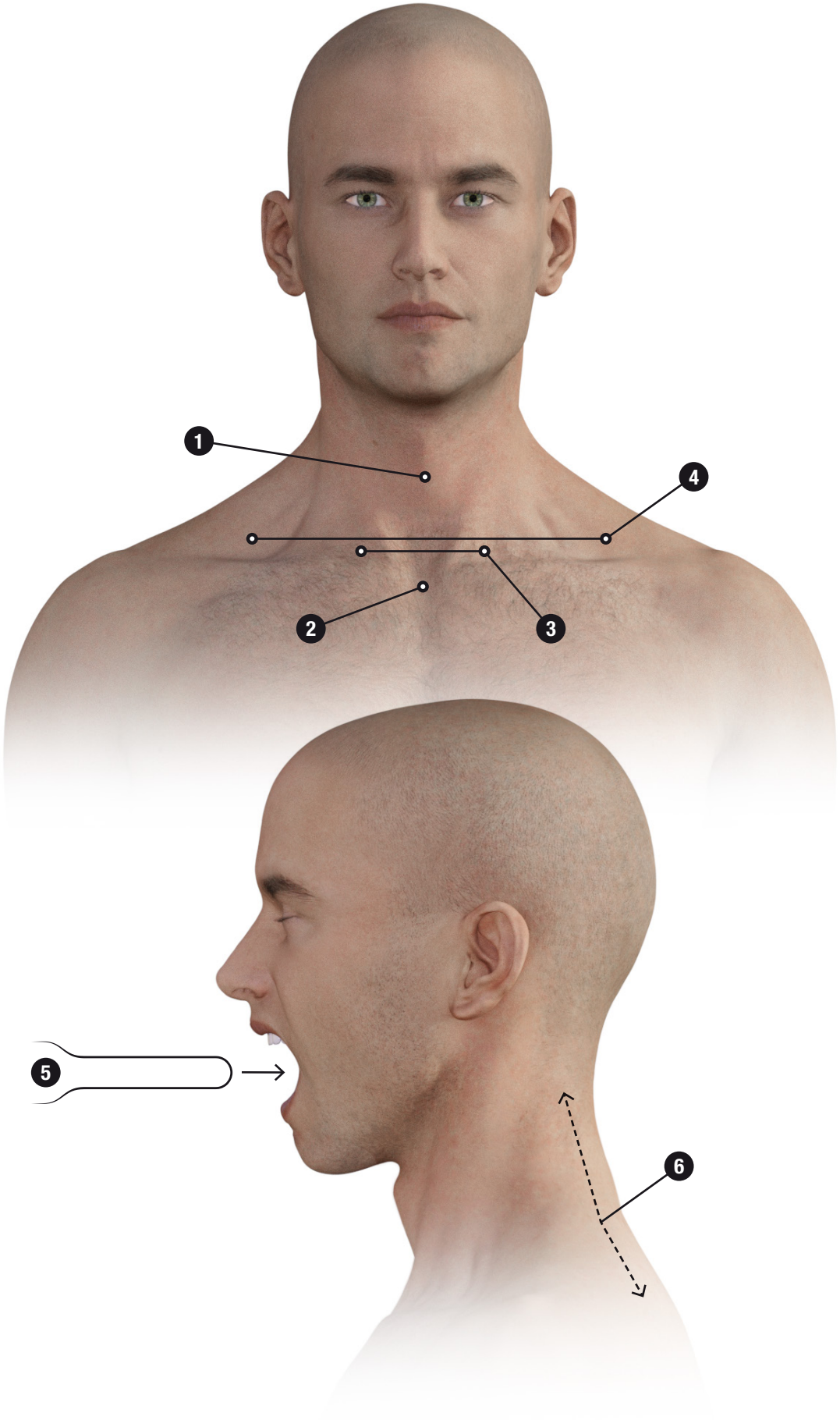
Allow 3 weeks rest and
repeat course if needed.

- **PHARYNGITIS** – sore throat.
- **LARYNGOTRACHEITIS** – inflammation of the larynx.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|--------------|------|
| 1 Trachea on thyroid level | 2 per point | 50 |
| 2 Manubrium sterni, under jugular fossa | | |
| 3 Subclavian fossae | 1 per point | 5 |
| 4 Supraclavicular fossae | | |
| 5 Insert Probe towards each tonsil | 2 per tonsil | 1000 |
| 6 Scan along neck section as shown in diagram on both sides of the vertebral column | 2 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

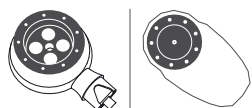


SECTION 4

OTORHINOLARYNGOLOGY 3

7 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily

for 15 x days

Allow 3 weeks rest and
repeat course if needed.

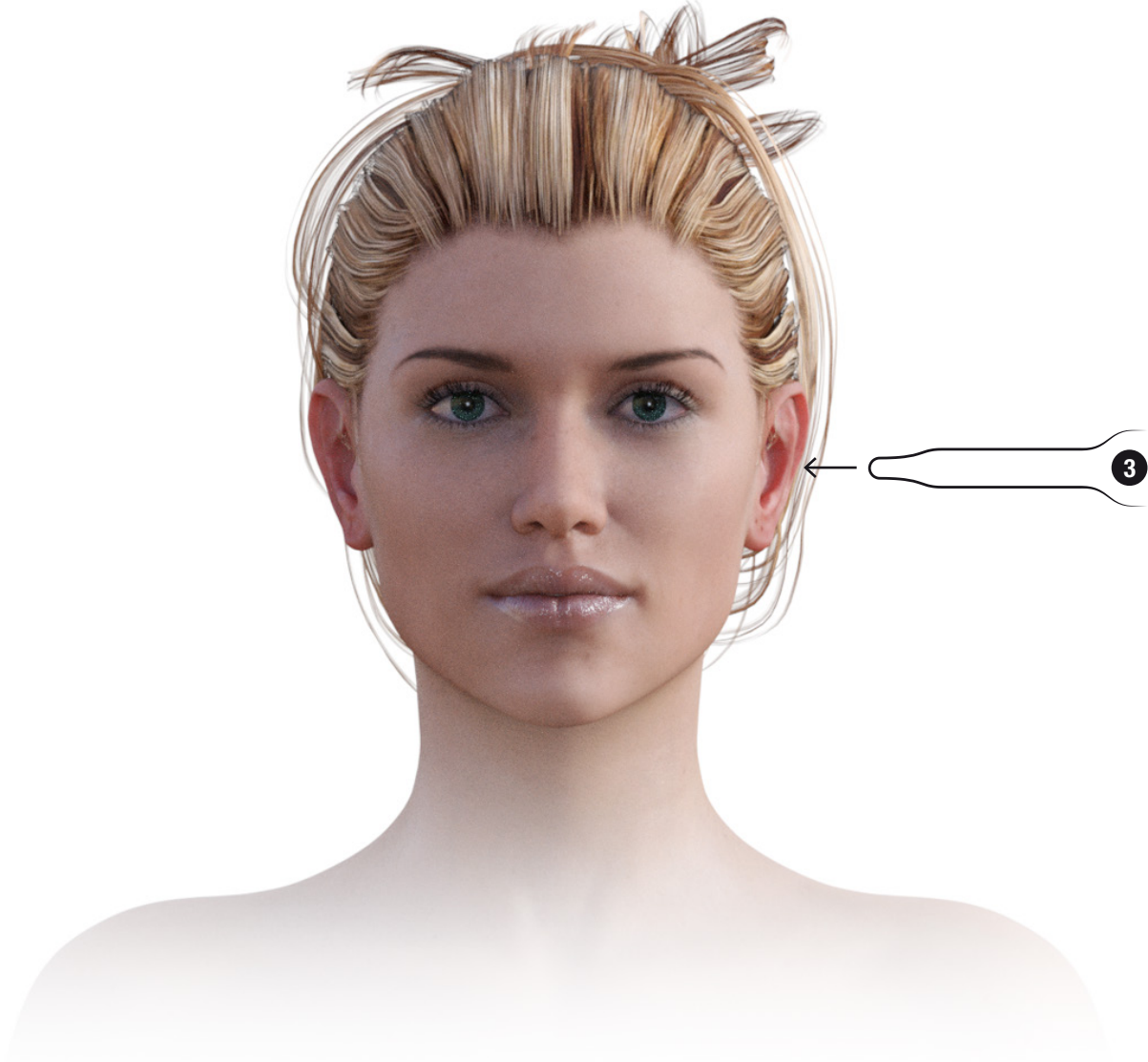
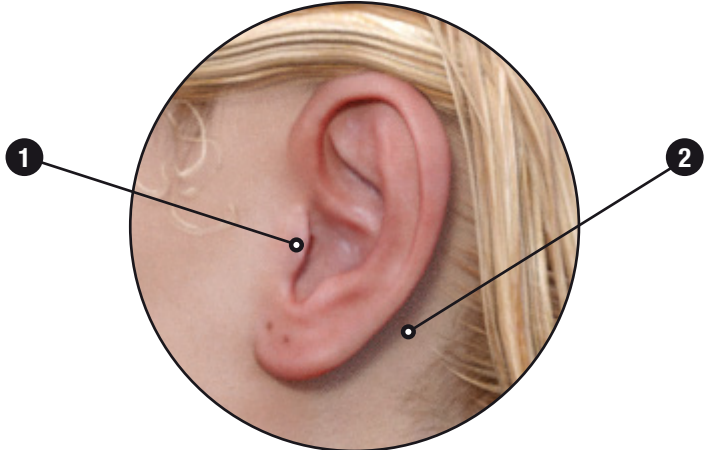
* In the case of
chronic mesotympanitis
(inflammation of the middle
ear) the course should be
repeated after 3 weeks rest.

- OTITIS – ear infection.
- MESOTYMPANITIS*

| TREATMENT POINT | ⌚ MINS | 📡 HZ |
|---------------------------------|--------|------|
| 1 Tragus | 2 | 5 |
| 2 Mastoid | 3 | |
| 3 Insert Probe towards tympanal | 2 | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

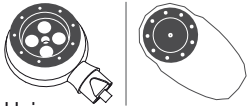


SECTION 4

OTORHINOLARYNGOLOGY 4

12 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

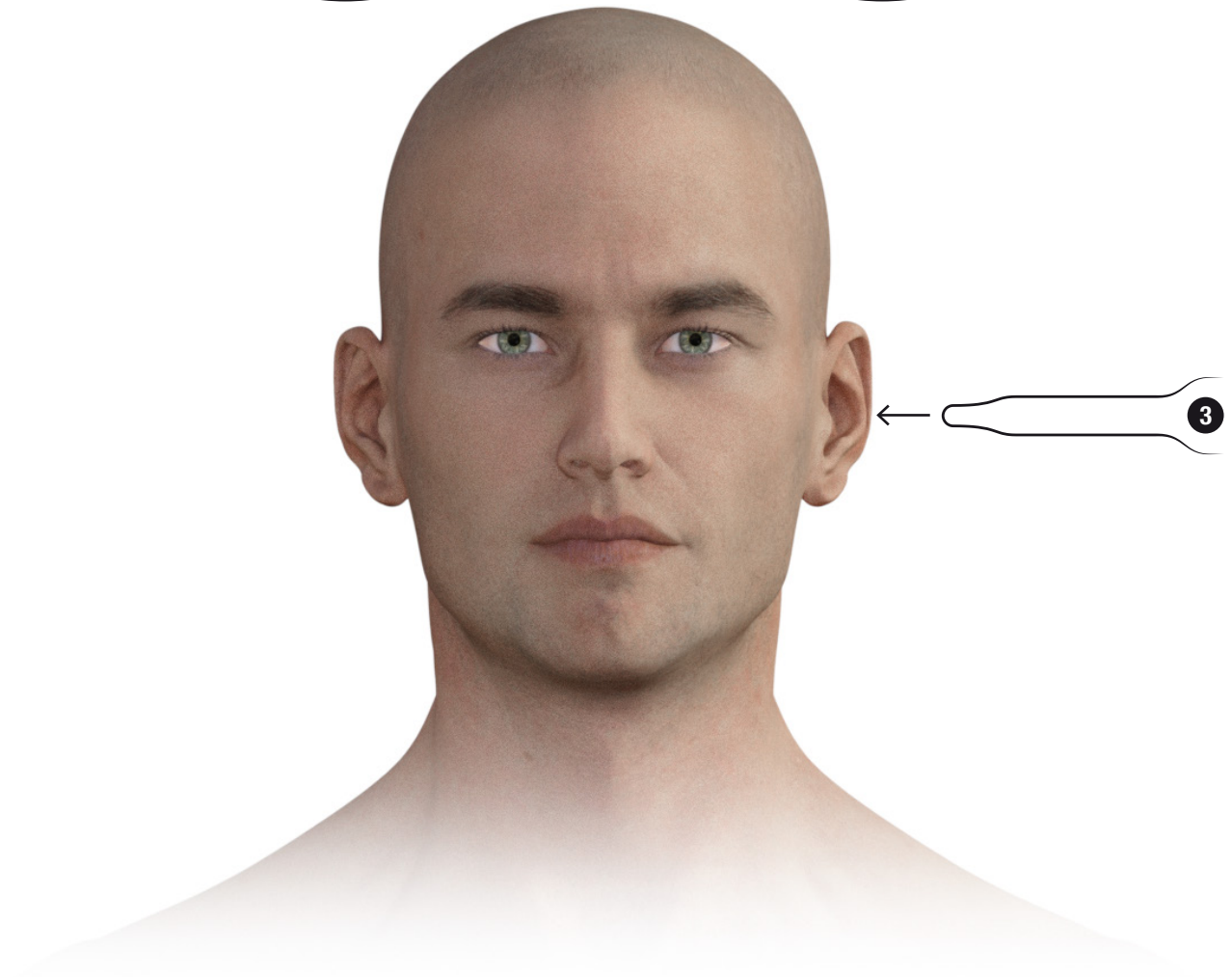
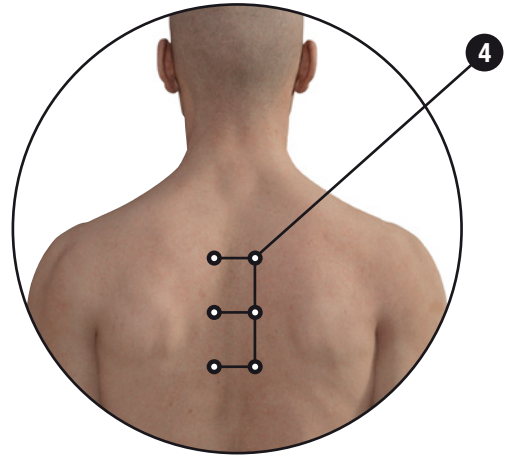
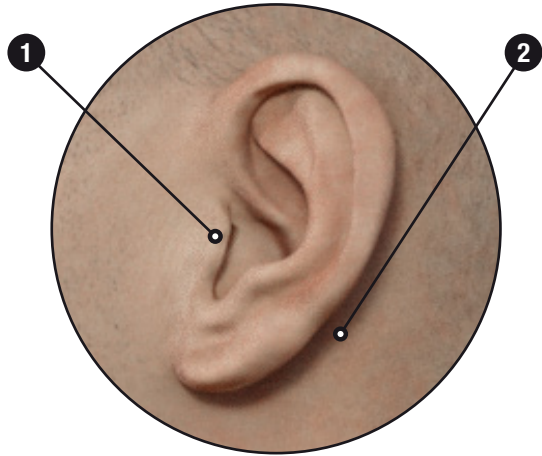
1 x daily
for 7 x days

• **TYMPANOPLASTY** – surgical reconstruction of the eardrum and the bones of the middle ear (for use after the surgery).

| TREATMENT POINT | ⌚ MINS | Ⓜ HZ |
|---|-------------|------|
| 1 Tragus | 2 | 5 |
| 2 Mastoid | 2 | |
| 3 Insert Probe towards tympanal | 2 | 1000 |
| 4 Paravertebral points along both sides of the vertebral column, opposite entire scapulae | 1 per point | 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





coMra therapy will not necessarily cure otosclerosis, but some improvement can be achieved by using the treatment below.

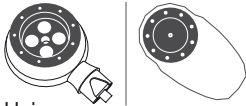
If treating both ears then do points 1 and 2 only once.

SECTION 4

OTORHINOLARYNGOLOGY 5

24 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.



Using:
Delta Meridian Terminal.

1 x daily

for 15 x days

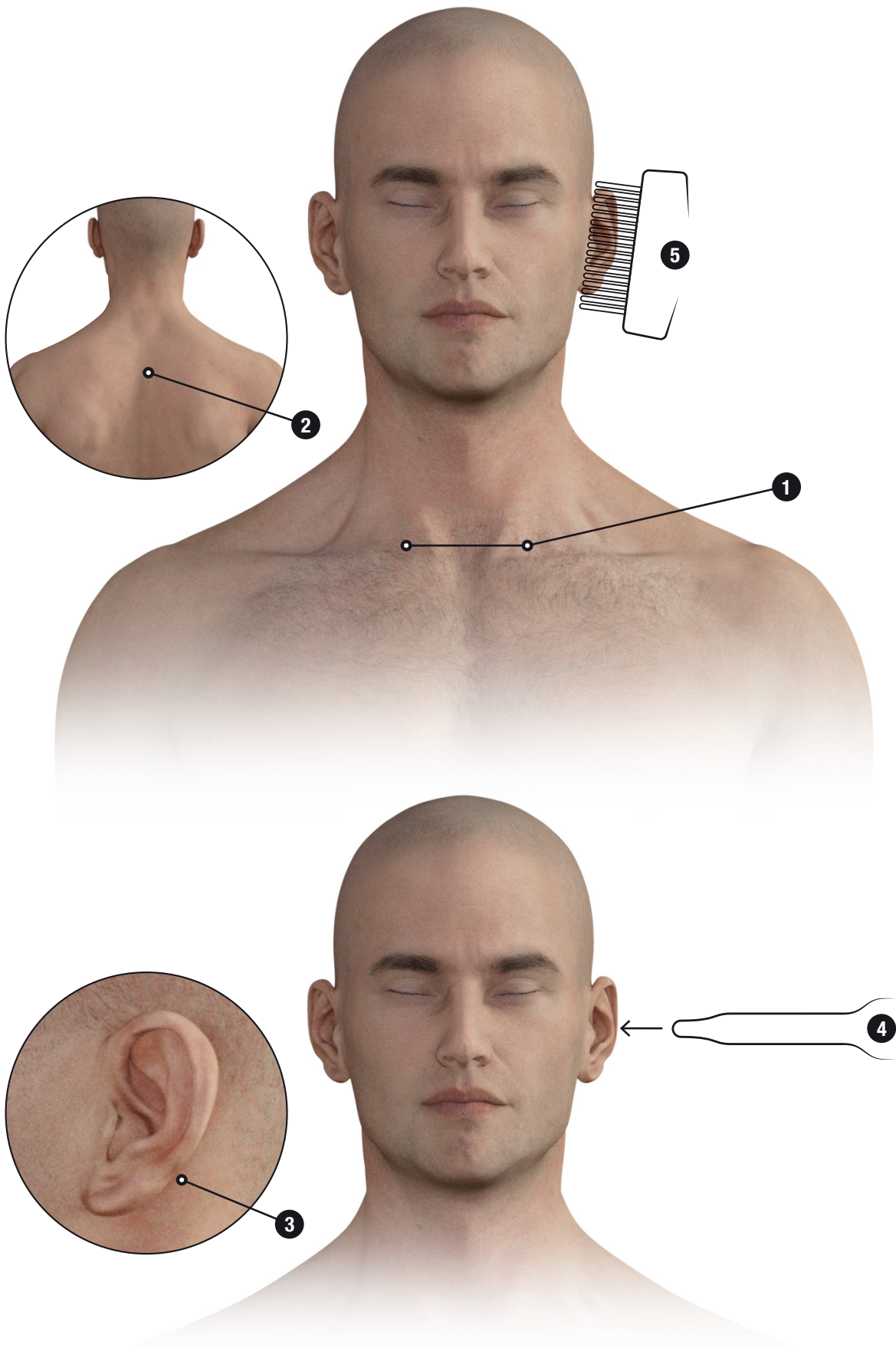
Allow 3 weeks rest and
repeat course if needed.

- **OTOSCLEROSIS** – loss of hearing.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--------------------------------------|-----------------|-----------|
| 1 Subclavian fossae | 1 per point | 50 |
| 2 Spine | 1 per frequency | 5 then 50 |
| 3 Mastoid | 3 per ear | 5 |
| 4 Insert Probe towards tympanal | 2 per ear | 1000 |
| 5 Place Meridian over the entire ear | 5 per ear | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





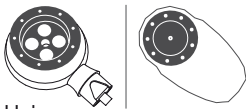
The condition will worsen after the first treatment, but will start to improve after 12 hours.

SECTION 4

OTORHINOLARYNGOLOGY 6

12 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.



Ultrasound OFF

For point 3.

1 x daily

for 15 x days

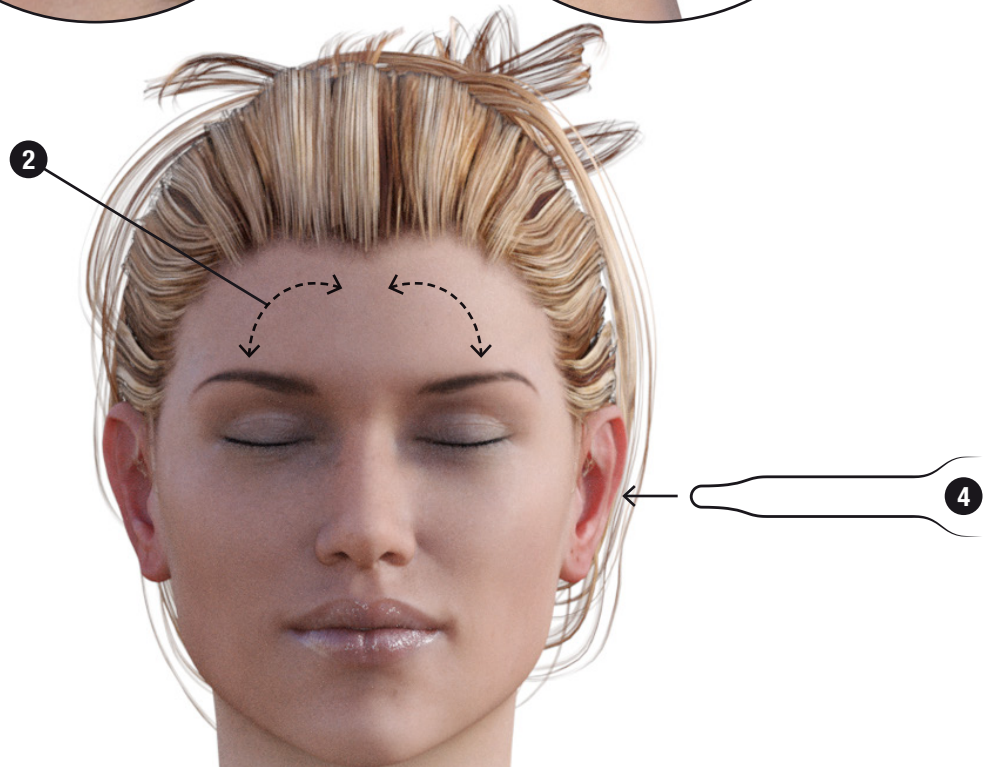
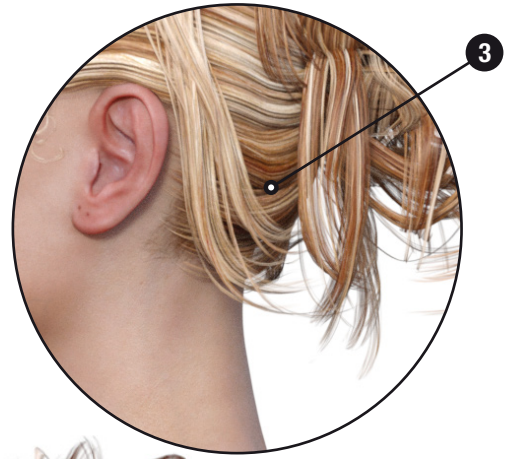
Allow 3 weeks rest and
repeat course if needed.

• **MENIERE'S SYNDROME** – deafness, dizziness and nausea.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|---------------------------------|------------|------|--|
| 1 Mastoid | 2 per ear | 5 | |
| 2 Scan frontotemporal zones | 1 per side | 50 | |
| 3 Suboccipital fossae | | | |
| 4 Insert Probe towards tympanal | 2 per ear | 1000 | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

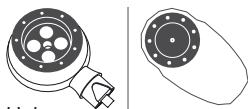


SECTION 4

OTORHINOLARYNGOLOGY 7

16 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily

for 15 x days

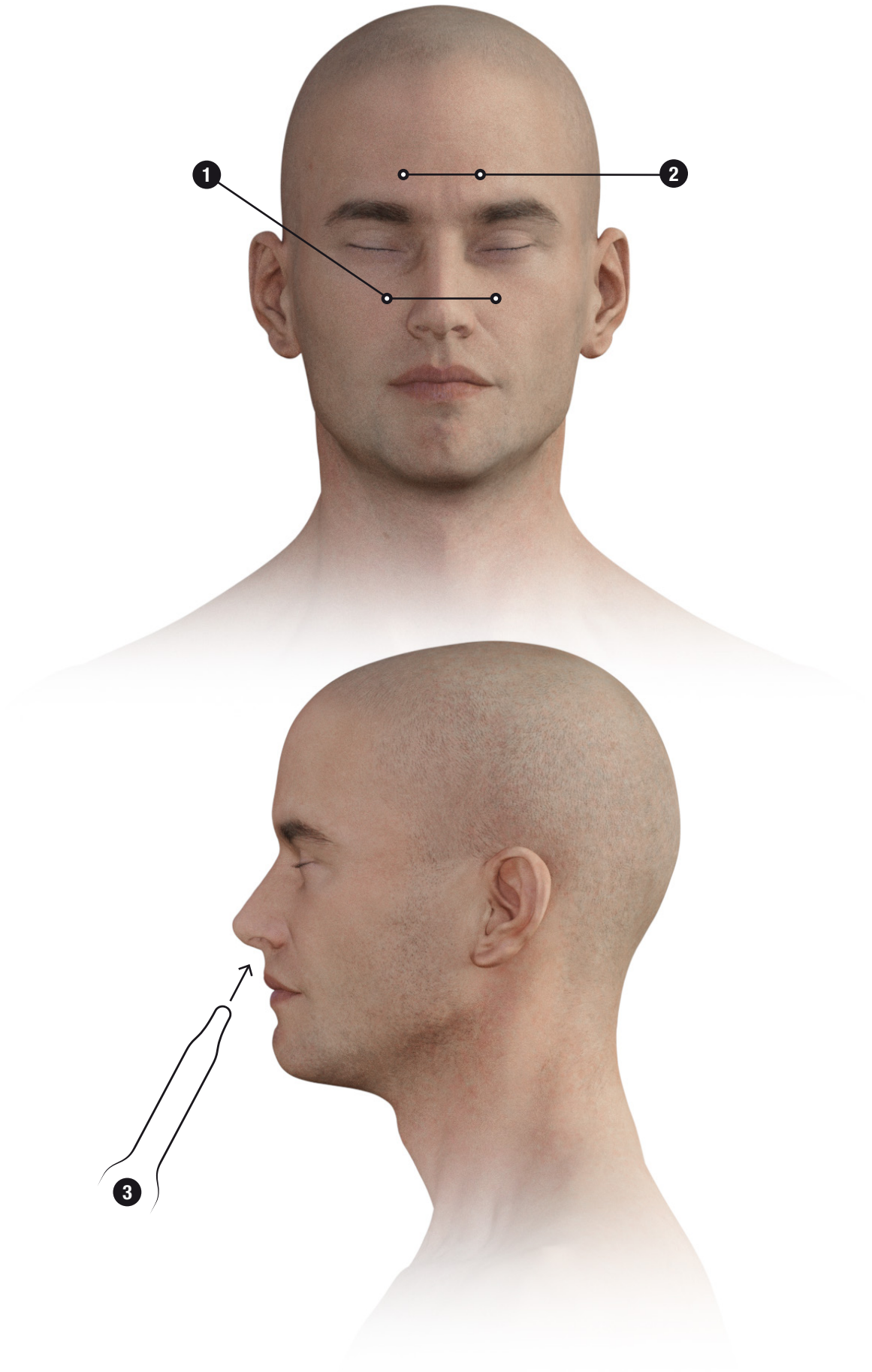
Allow 3 weeks rest and
repeat course if needed.

- SINUSITIS
- HAY FEVER

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|------------------------------------|---------------|------|
| 1 Maxillary sinuses | 3 per side | 5 |
| 2 Frontal sinuses | | |
| 3 Insert Probe into nasal passages | 2 per nostril | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

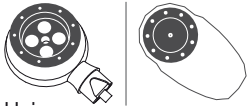
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 4

OTORHINOLARYNGOLOGY 8

20 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

2 x daily

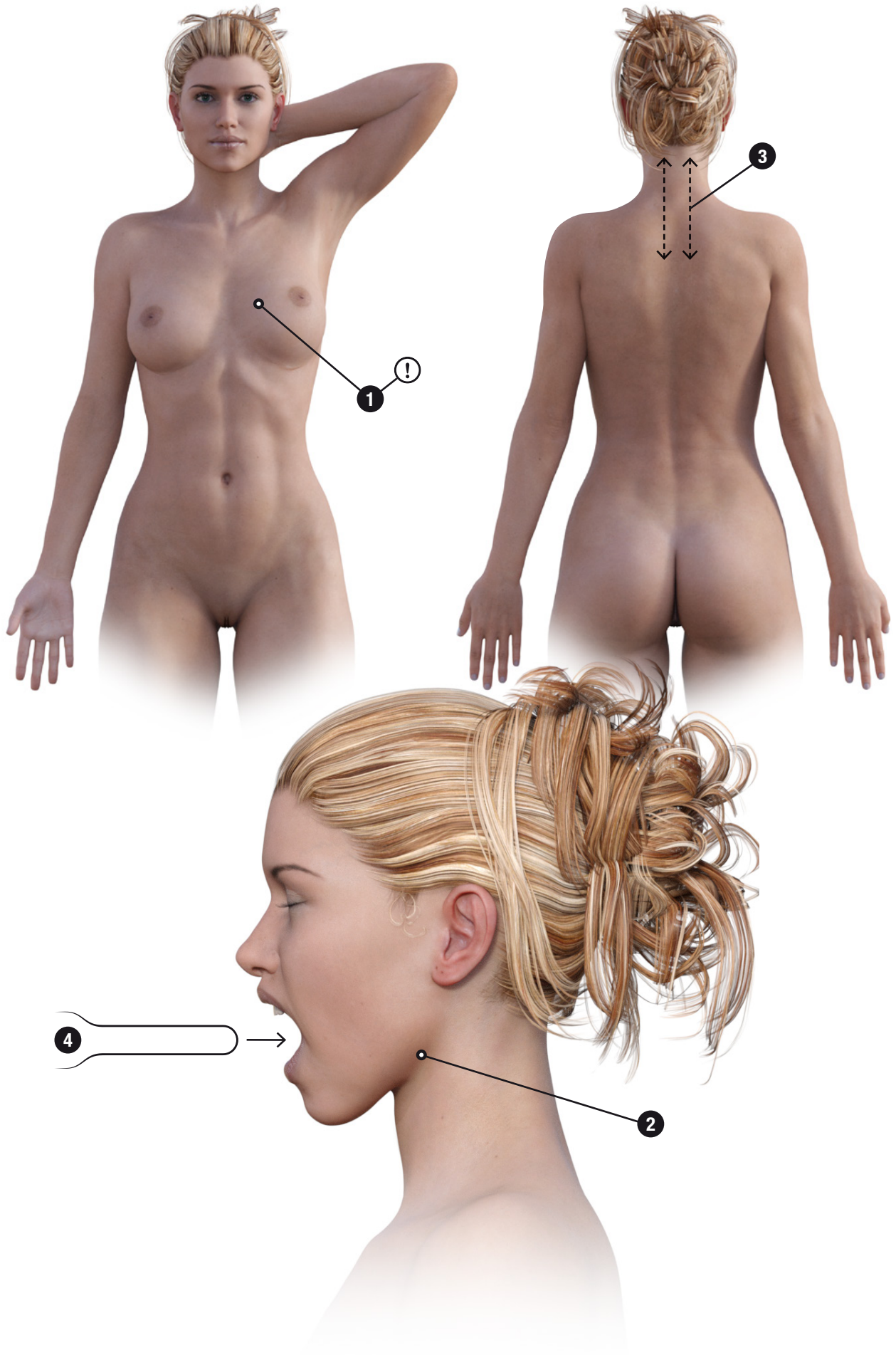
for 10 x days

• TONSILLITIS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|--------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 |
| 2 Tonsils | 5 per tonsil | |
| 3 Scan along neck section as shown in diagram on both sides of the vertebral column | 2 per side | 1000 |
| 4 Insert Probe into mouth towards each tonsil | 2 per tonsil | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

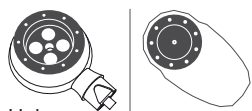


SECTION 4

OTORHINOLARYNGOLOGY 9

14 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

Allow 3 weeks rest and
repeat course if needed.

- LARYNGITIS
- STRAINED VOCAL CHORDS*

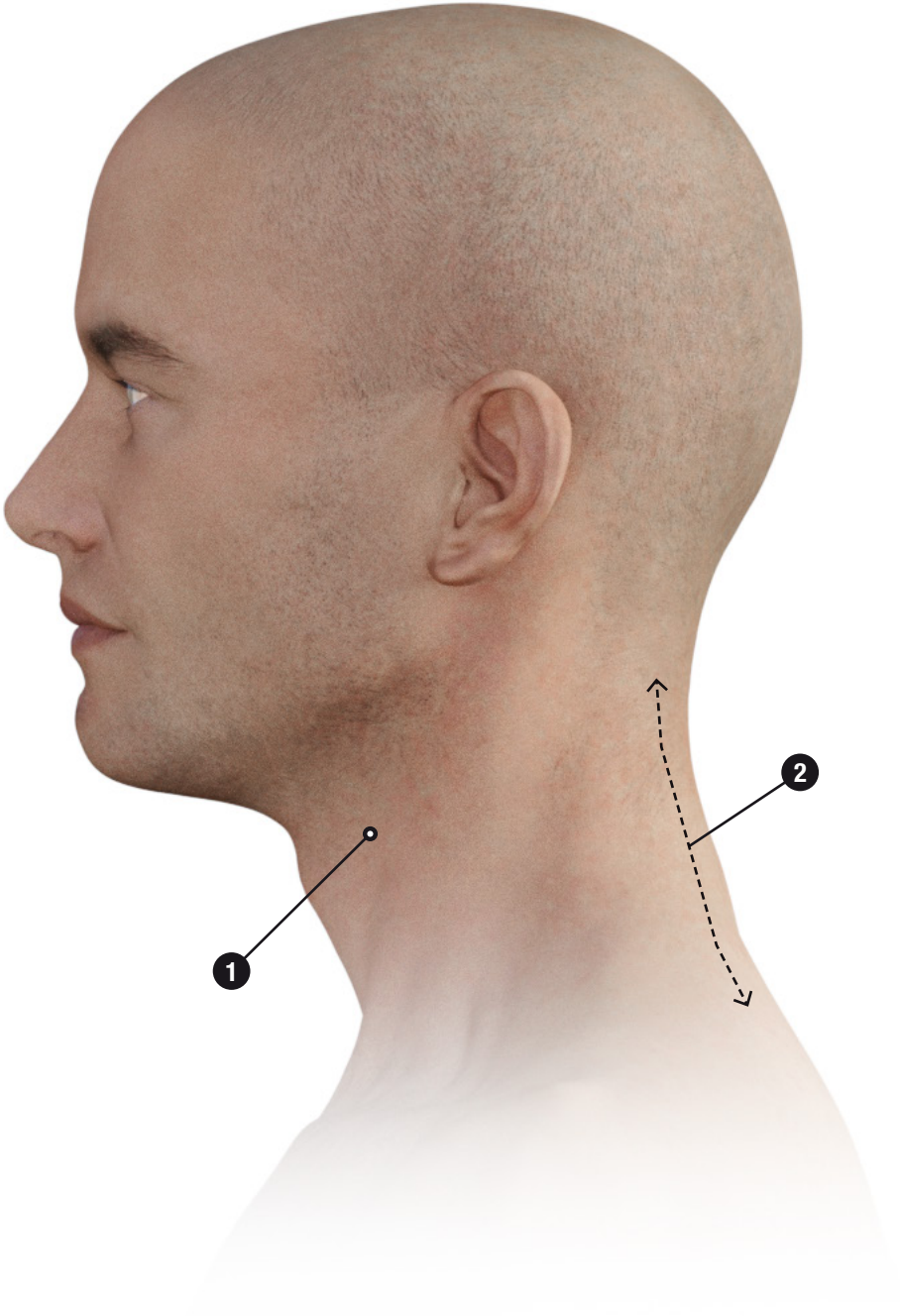
| TREATMENT POINT | ⌚ MINS | ⏏ HZ |
|---|------------|------|
| 1 Vocal chords | 2 per side | 50 |
| 2 Scan back of the neck on both sides of the vertebral column | 5 per side | 1000 |

* Actors and singers who have damaged their vocal chords should also do one treatment of UNIVERSAL 4 (SB-1) as prescribed in conjunction with the treatment above.

For continued care of the vocal chords, it is recommended that actors and singers do the treatment given above, as well as UNIVERSAL 4 (SB-1) every 4 months.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Mouth, gums
and teeth



IMPORTANT

1

All mouth and gum diseases are best treated by also using UNIVERSAL 4 (SB-1) in conjunction with the prescribed treatment.

2

Please note that the Probe Terminal does not have ultrasound.

3

The lights around the Probe are LED lights that will not damage the eyes. However, to avoid any irritation or discomfort it is best to close the eyes if the Probe is used in the vicinity of the eyes.

4

Whenever using the Probe, screw off the Probe Sheath after treatment, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



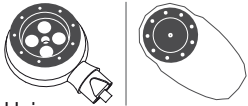
Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

SECTION 5

STOMATOLOGY 1

25 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

2 x daily
for 10 x days

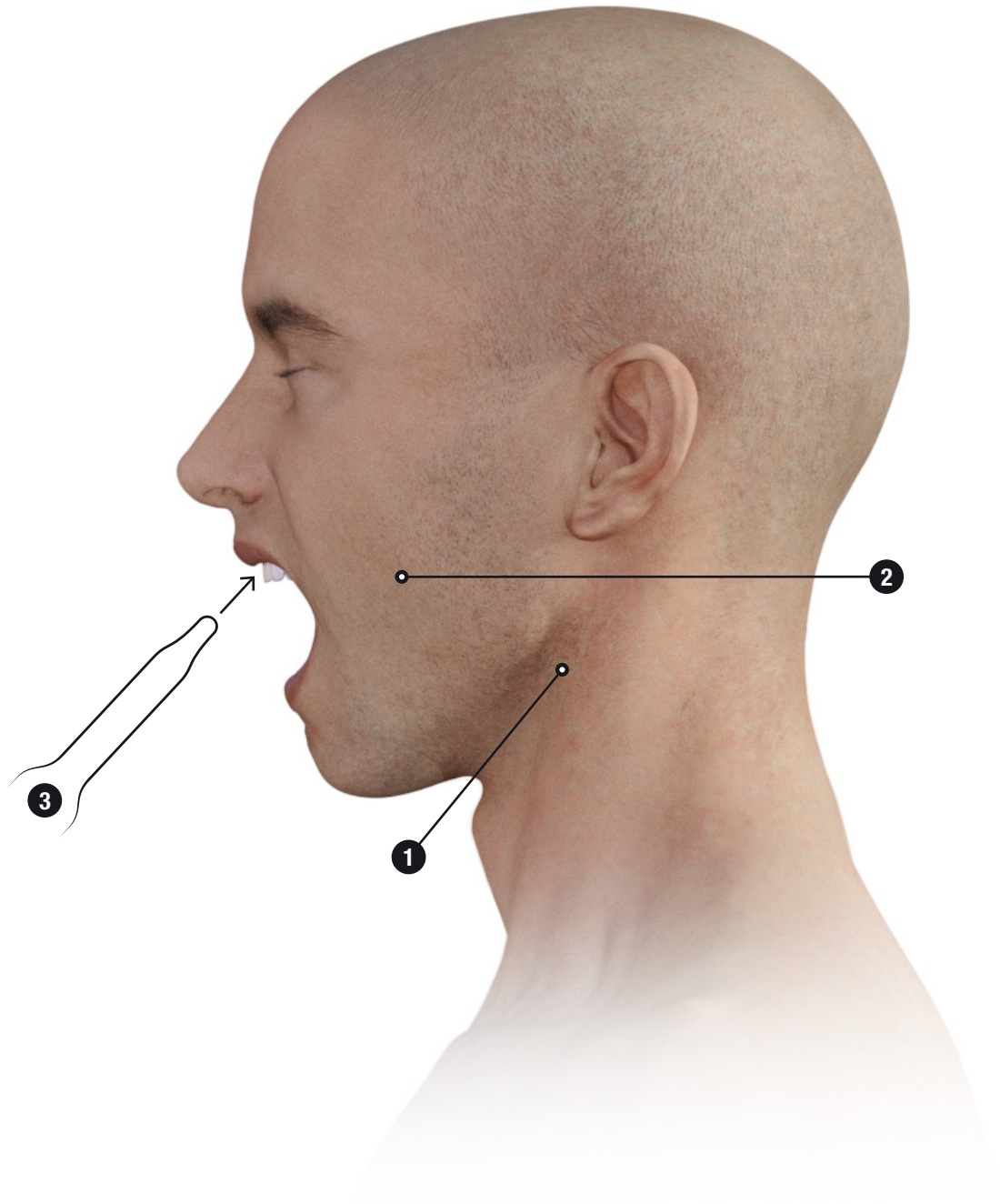
- **GINGIVITIS** – inflammation of the gums.
- **GINGIVOSTOMATITIS*** – inflammation of the mouth and gums.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------|------|
| 1 Carotid arteries | 5 per side | 5 |
| 2 Centre of cheeks, opposite rear of gums | | 50 |
| 3 Insert Probe into mouth and place on infected area | 5 | 1000 |

* In the case of gingivostomatitis choose several points along the top and bottom gums for point 3, and treat each point for 2 mins.



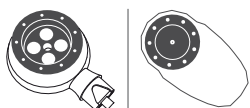
Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 5

STOMATOLOGY 2

8 mins +
Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily
for 15 x days

Allow 4 weeks rest and
repeat course.

Repeat treatment once
every 3 months.

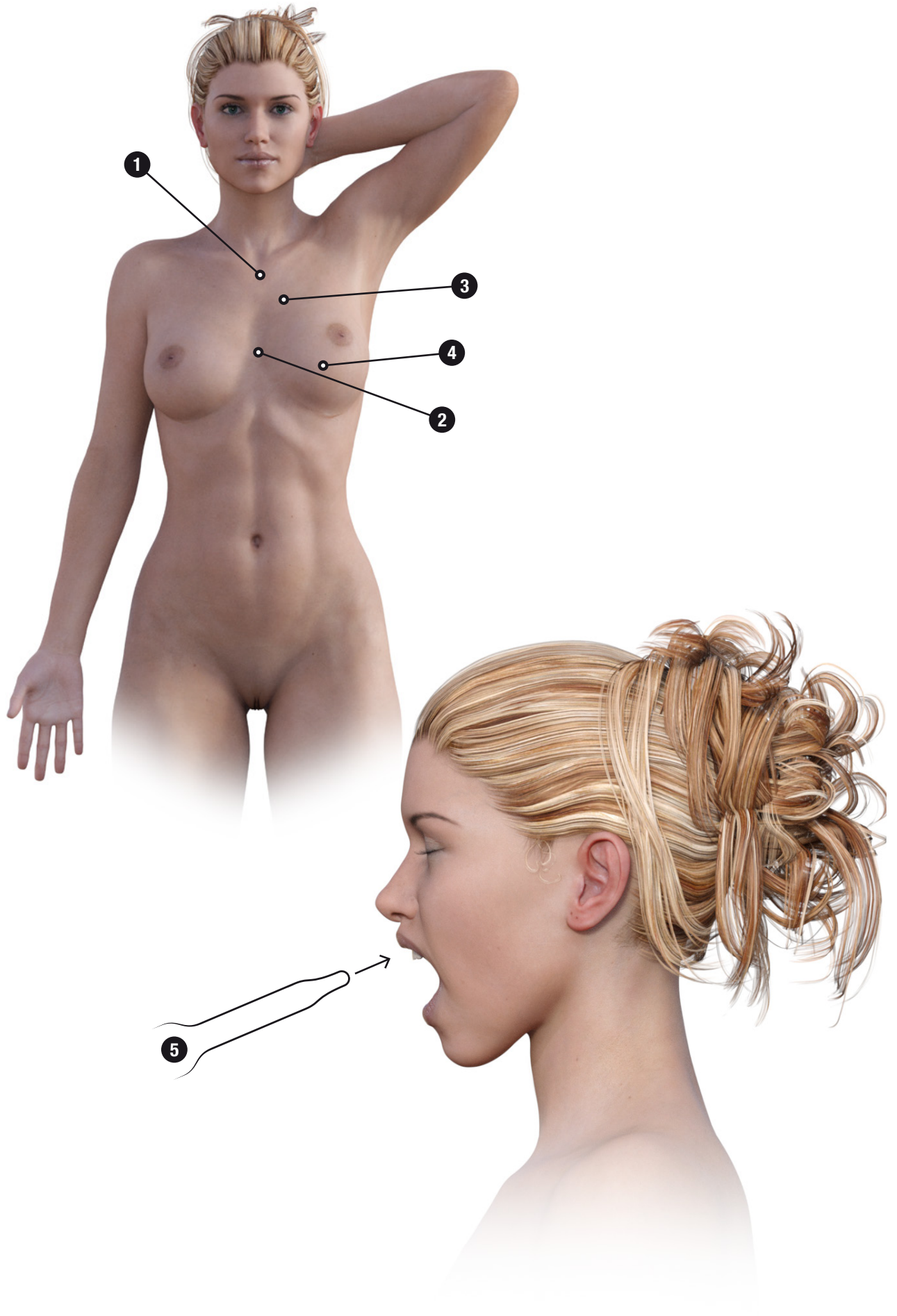
• **PARADONTOSIS** – degeneration of the gums.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|------------------------------------|------|
| 1 Manubrium sterni | 1 | 5 |
| 2 Sternum | | |
| 3 2 nd intercostal, left of sternum | | |
| 4 4 th intercostal, along mid clavian line, left | | |
| 5 Insert Probe into mouth and place on infected area* | 2 in front of gum, 2 behind gum | 1000 |

* If all the gums are infected, scan one half of the mouth at a time. Do first the front of the top gums, then the back of the top gums. Then repeat all for lower gums, 5 mins per scan.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

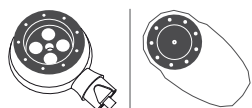


SECTION 5

STOMATOLOGY 3

8 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

4 x daily

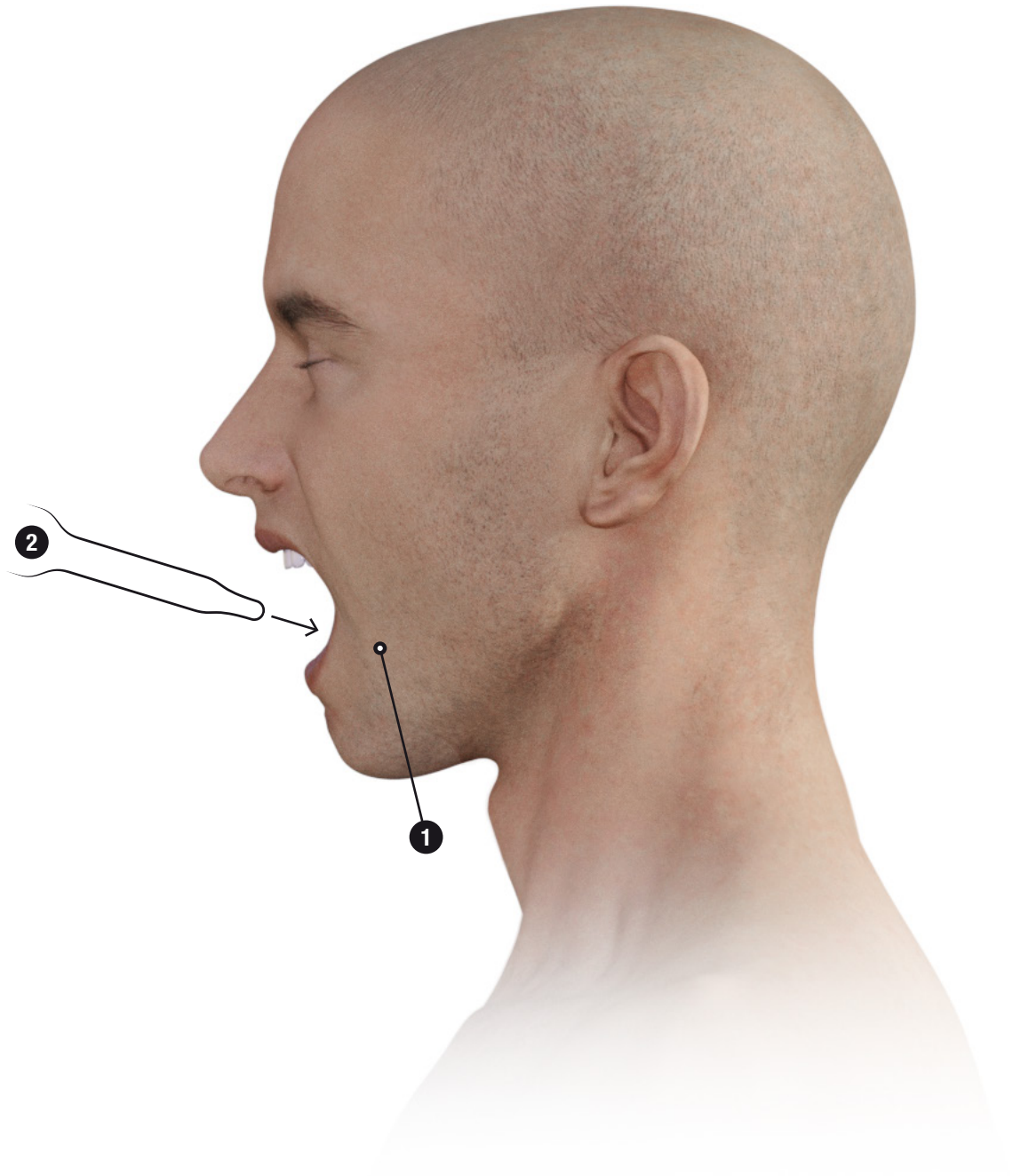
Until full relief.

• PULPITIS – toothache.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|--------|------|
| 1 Sore tooth from outside | 5 | 5 |
| 2 Insert Probe into mouth and place on the root of the infected tooth | 3 | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

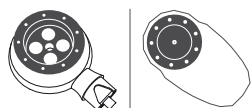


SECTION 5

STOMATOLOGY 4

10 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

• JAW FRACTURES

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|-----------------|--------|-----------|
| 1 Fracture area | 5 | 5 then 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Heart



IMPORTANT

1

All heart ailments are best treated by also using UNIVERSAL 4 (SB-1) in conjunction with the prescribed treatment.

2

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

3

A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.

4

Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.

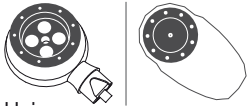
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 6

CARDIOLOGY 1

10 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

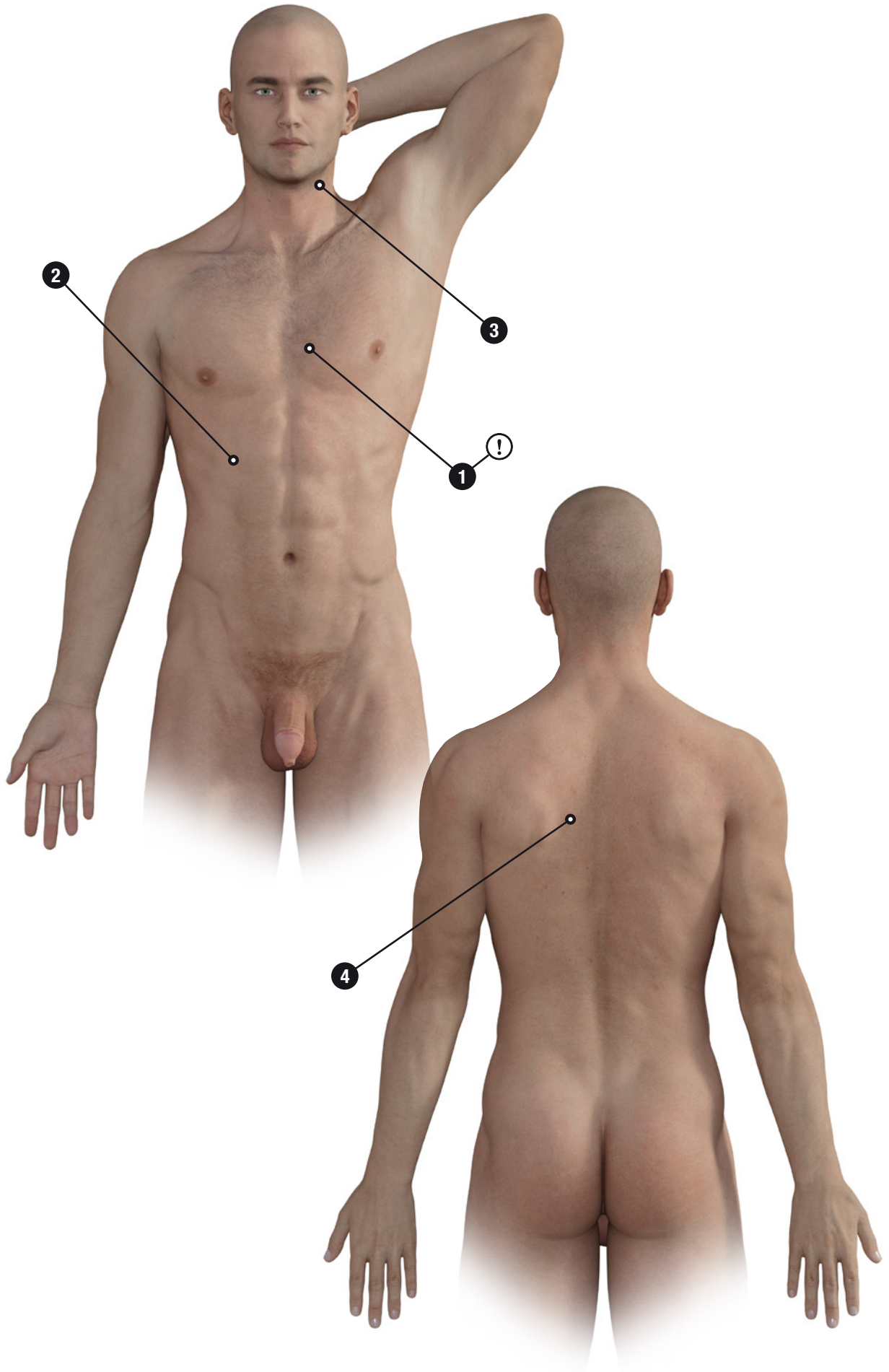
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- **ANGINA PECTORIS** – constricting pain below sternum.
- **CARDIODYNIA** – pain across the heart.
- **CARDIOMYOPATHY** – weak heart (see also UNIVERSAL 2 [HEART]).
- **ISCHEMIA** – deficiency of blood supply to the brain (see also UNIVERSAL 1 [HEAD]).

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|--------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 5 | 5 |
| 2 Gall bladder | 2 | |
| 3 Carotid artery, left | 1 | |
| 4 Left of vertebral column, scapula edge | 2 | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

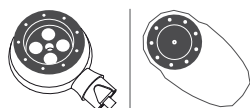


SECTION 6

CARDIOLOGY 2

14 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

for 15 x days

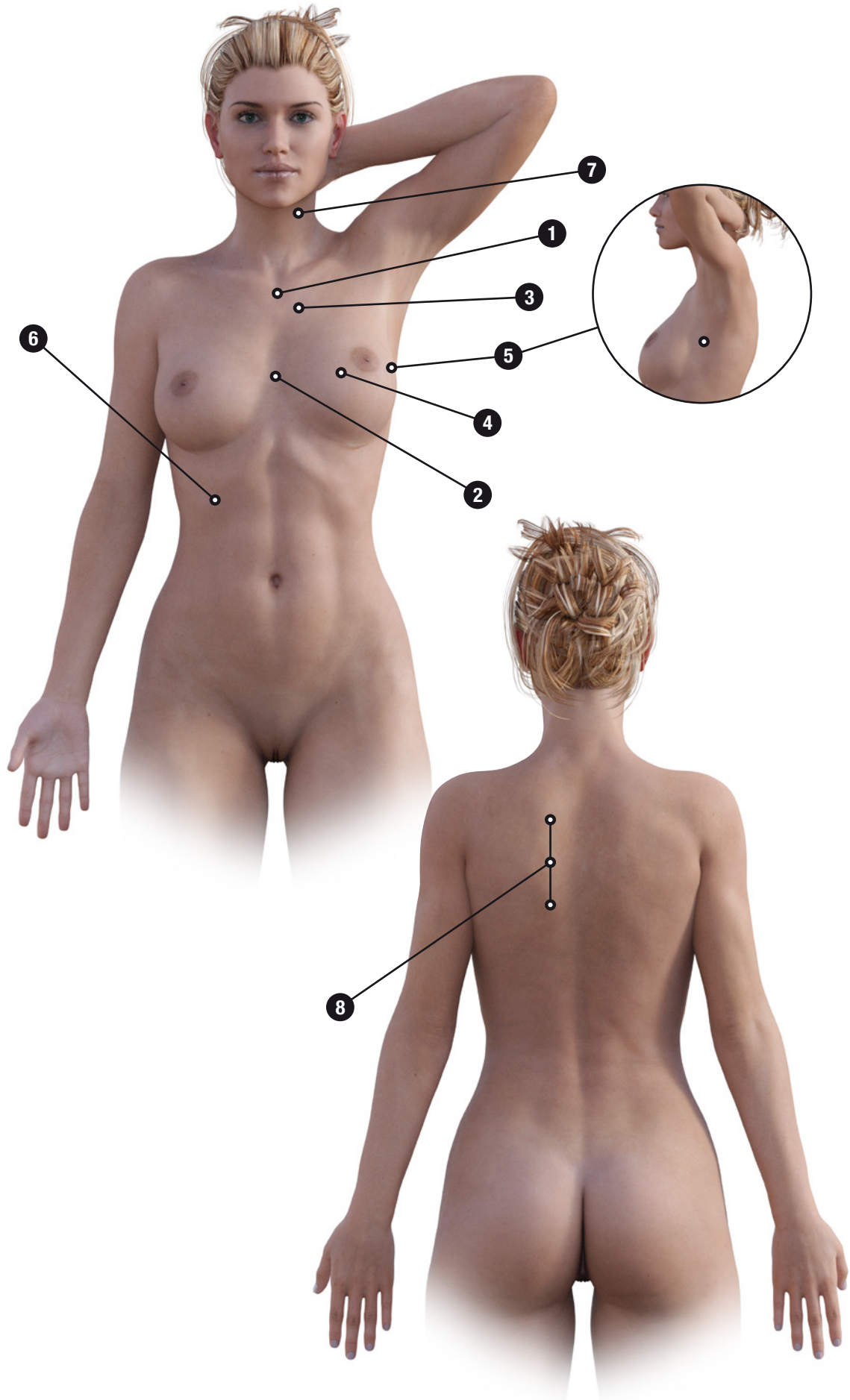
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- **ISCHEMIA** – deficiency of blood supply to the brain. (see also UNIVERSAL 1 [HEAD]).
- **MYOCARDIAL INFARCT** – heart attack.
- **ARRHYTHMIA** – irregular heartbeat.
- **VALVULAR DISEASE** – faulty heart valves.
- **MYOCARDITIS** – inflammation of the heart muscle.
- **MYOCARDIODYSTROPHY** – heart muscle disorder.
- **CONSTRUCTIVE PERICARDITIS**

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|----------------------------|-----------|
| 1 Manubrium sterni | 1 per point | 5 |
| 2 Sternum | | |
| 3 2 nd intercostal, left of sternum | | |
| 4 4 th intercostal, left along the mid clavicular line | | |
| 5 4 th intercostal, left along the mid axillary line | | |
| 6 Gallbladder | 2 | |
| 7 Carotid artery, left | 1 | |
| 8 3 points opposite scapula, left | 1 per point, per frequency | 5 then 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

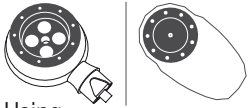
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 6

CARDIOLOGY 3

23 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For point 4.

1 x daily

for 15 x days

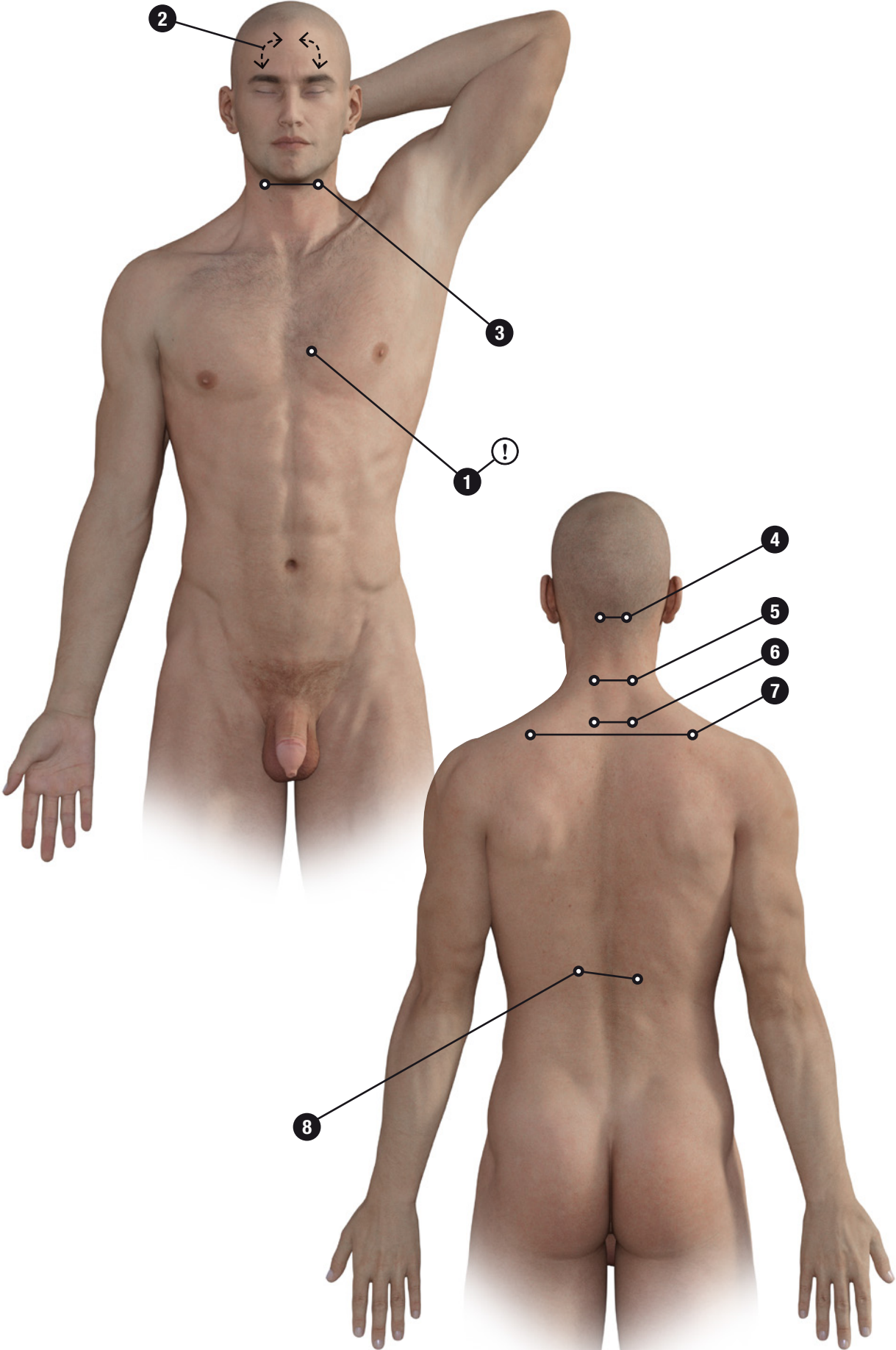
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- HYPERTENSION
- ARTERIAL HYPERTENSION
- CERVICAL MIGRAINE
- EYE ACHE

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 Scan frontotemporal zones | 1 per side | 50 |
| 3 Carotid arteries | 1 per point | 5 |
| 4 Suboccipital | | 50 |
| 5 2 points on either side of 4 th cervical vertebra | | 5 |
| 6 2 points on either side of 7 th cervical vertebra | | |
| 7 Middle of trapezius, upper edge | | |
| 8 Kidneys | 5 per point | 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Lungs



IMPORTANT

- 1** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 2** A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.
- 3** Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.

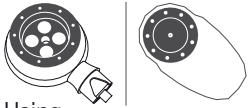
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 7

PULMONOLOGY 1

24 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

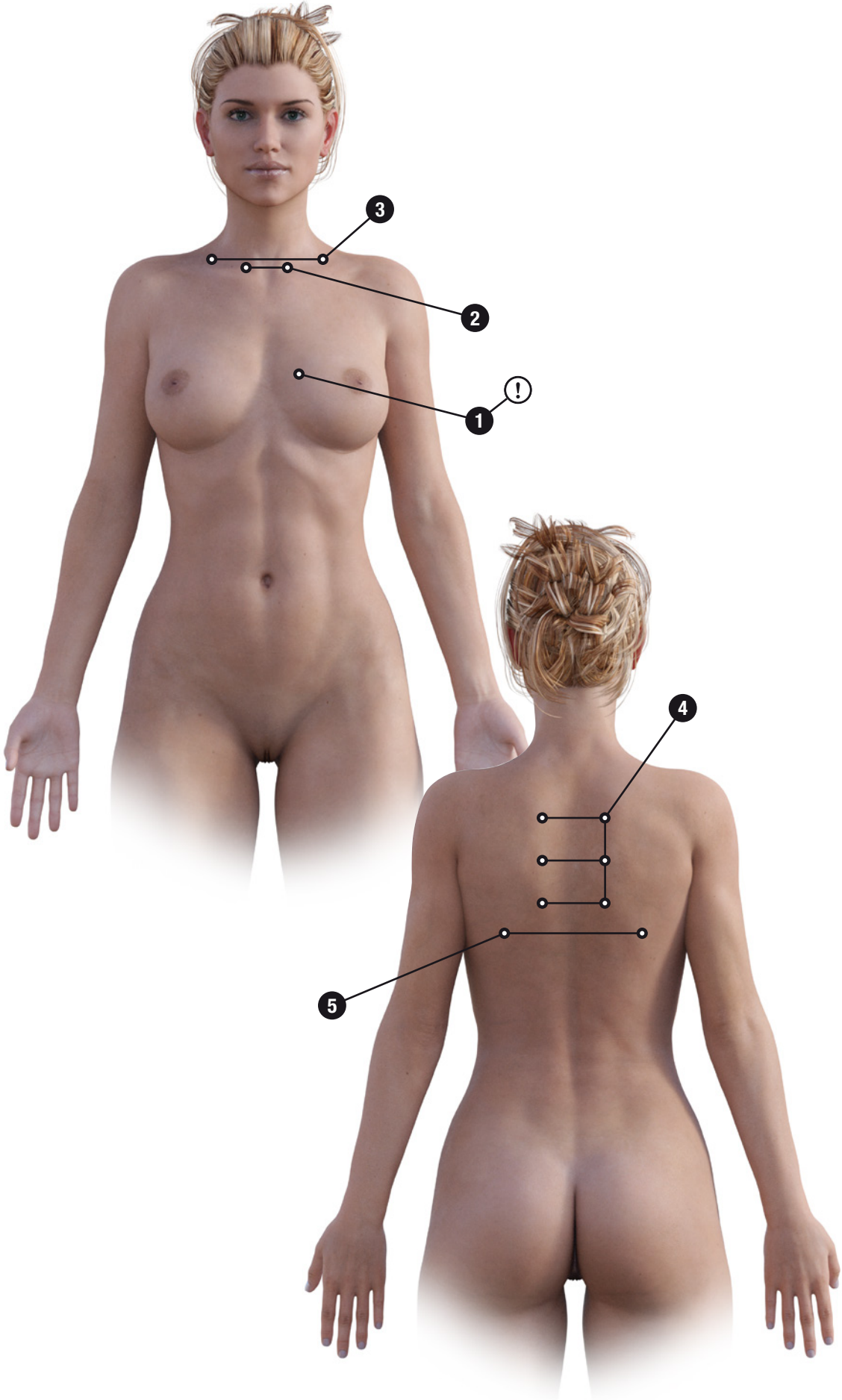
1 x daily
for 15 x days

- PNEUMONIA
- PLEURISY
- BRONCHITIS

| TREATMENT POINT | ⌚ MINS | ⏏ HZ |
|---|----------------------------|-----------|
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 |
| 2 Subclavian fossae | 2 per point | |
| 3 Supraclavicular fossae | 1 per point | |
| 4 3 points along both sides of vertebral column, opposite scapulae | 1 per point, per frequency | 5 then 50 |
| 5 2 points below scapulae | 2 per point | 5 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

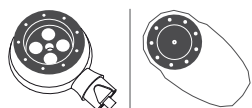


SECTION 7

PULMONOLOGY 2

23 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

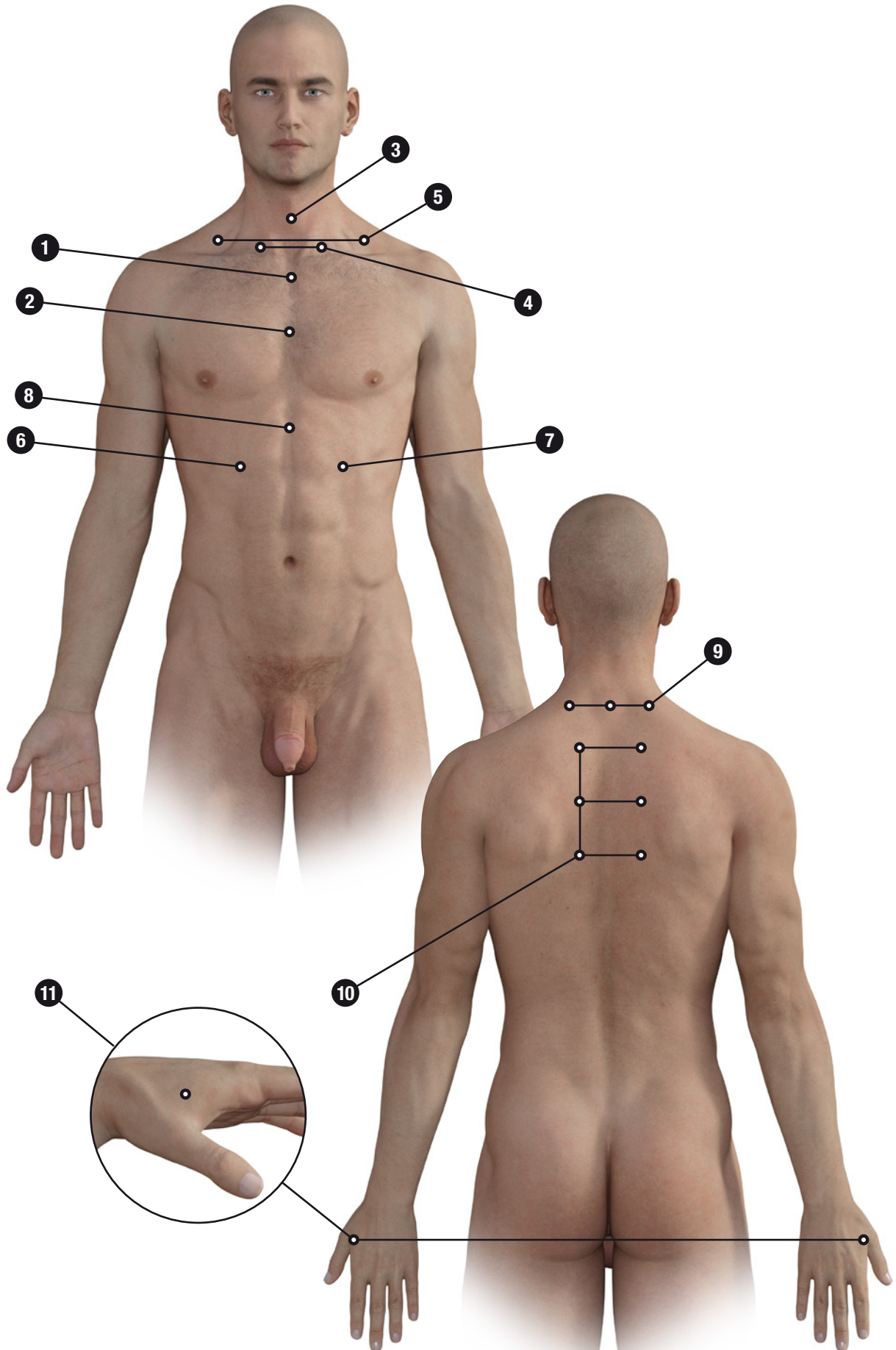
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

• ASTHMA

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-----------------|-----------|
| 1 Manubrium sterni | 2 | 5 |
| 2 Sternum | 1 | |
| 3 Trachea in thyroid region | 1 per frequency | 5 then 50 |
| 4 Subclavian fossae | 1 per point | 5 |
| 5 Supraclavicular fossae | | |
| 6 Right subcostal | 1 | 50 |
| 7 Left subcostal | | |
| 8 Epigastrium | | |
| 9 3 points across base of neck | 1 per point | 1000 |
| 10 3 points along both sides of vertebral column, opposite scapulae | | 50 |
| 11 Point between thumb and index finger on back of both hands | 1 per hand | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

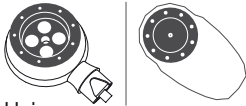
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 7

PULMONOLOGY 3

48 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 21 x days

Allow 2 weeks rest and
repeat cycle until disease is
completely cleared.

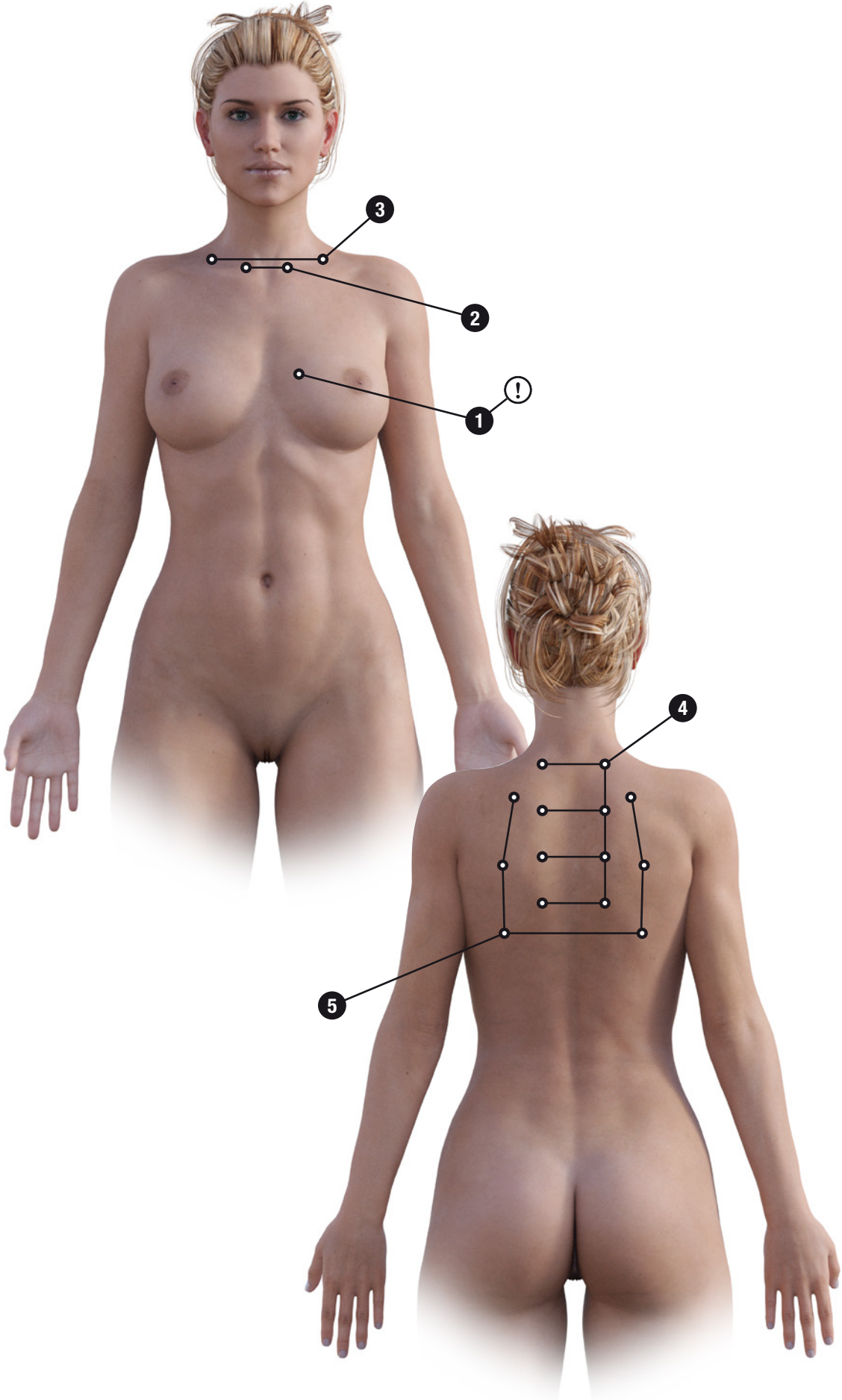
• TUBERCULOSIS

MORNING Apply UNIVERSAL 3 (BLOOD) every day

| EVENING | TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|----------------|---|-------------------------------|-------------|
| 1 | 4 th intercostal, left of sternum (only once per day) | 2 | 5 |
| 2 | Subclavian fossae | 2 per point | |
| 3 | Supraclavicular fossae | | |
| 4 | 4 points along both sides of vertebral column | 1 per point, per frequency | 5 then 50 |
| 5 | 3 points over each lung | 2 per point | 5 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 8

GASTROENTEROLOGY

Digestive system



IMPORTANT!

- 1** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 2** A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.
- 3** Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.

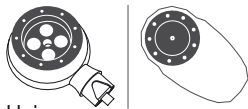
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 1

13 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

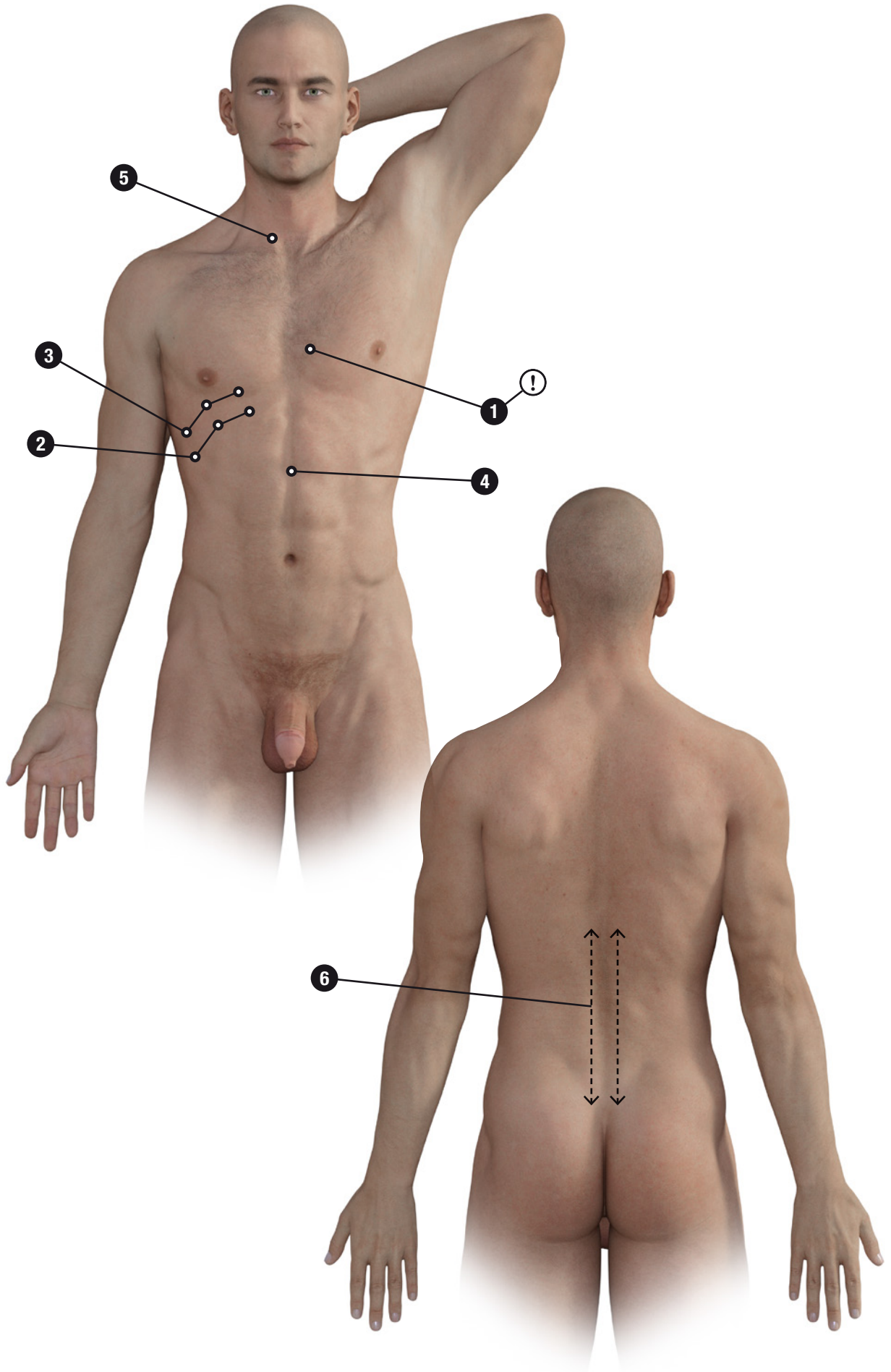
- LIVER DISEASES
- HEPATITIS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 Right hypochondrium, 3 points 10 cm apart | 1 per point | 50 |
| 3 3 points 10 cm apart along line parallel to hypochondrium, 5 cm higher | | 5 |
| 4 Solar plexus, mid-distance between xiphoid process and umbilicus | 1 per point | 50 |
| 5 Right sternocleidomastoid, above clavicle | | |
| 6 Scan along both sides of vertebral column, mid to lower back | 2 per side | 1000 |

i This treatment is best done in conjunction with UNIVERSAL 3 (BLOOD).



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

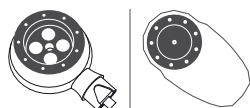


SECTION 8

GASTROENTEROLOGY 2

20 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

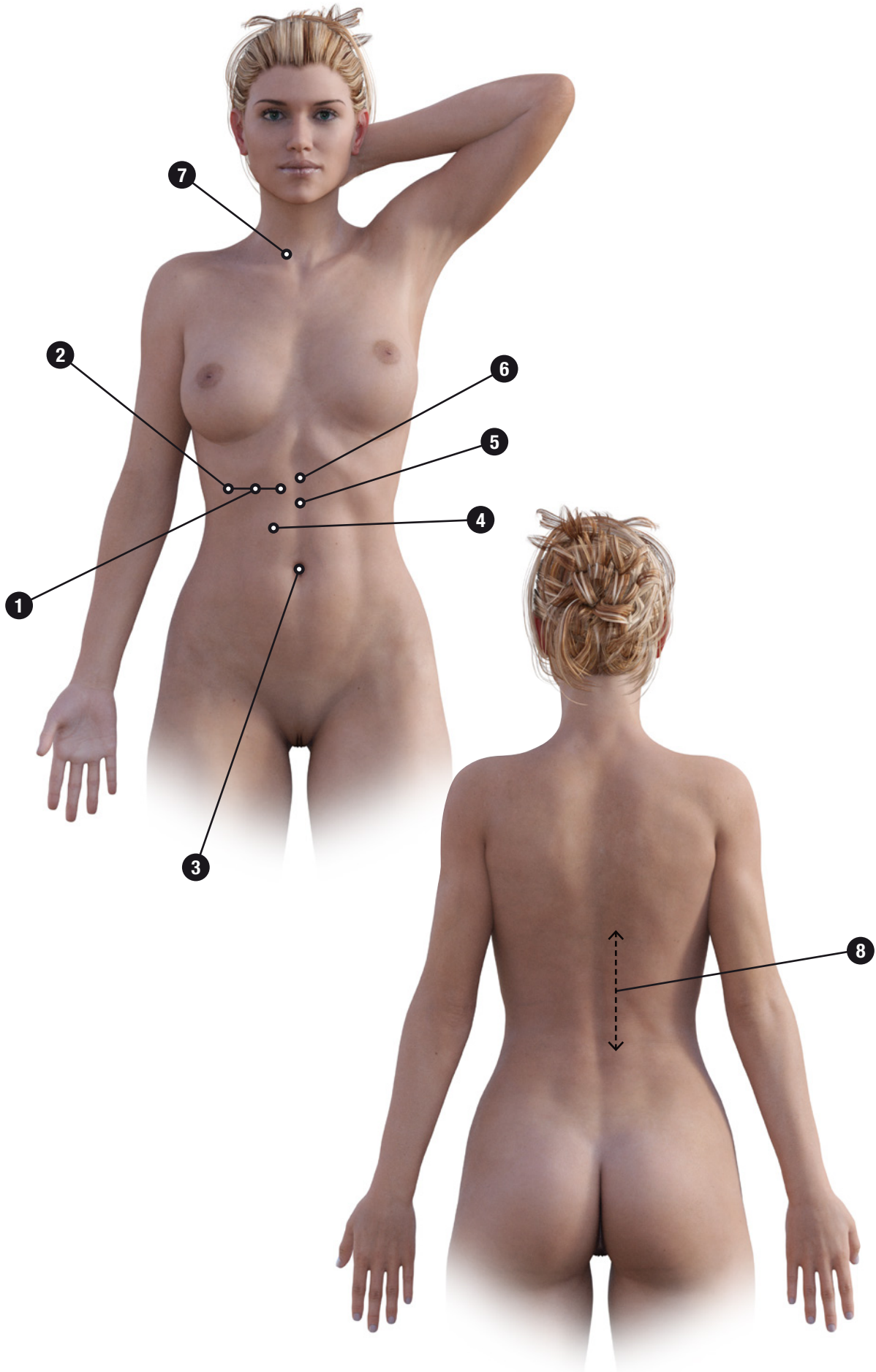
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- **CHOLECYSTITIS** – inflammation of the gall bladder.
- **BILIARY DYSKINESIA** – malfunctioning of the gall bladder.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------------------------|-----------|
| 1 Gall bladder | 1 per point per frequency | 5 then 50 |
| 2 2 points to either side of first point, 5 cm apart | | |
| 3 Umbilicus | | |
| 4 Middle point of points 1 and 3 | | |
| 5 Solar plexus, mid-distance between xiphoid process and umbilicus | | |
| 6 Pyloric part of stomach | | |
| 7 Right sternocleidomastoid, above clavicle | | |
| 8 Scan right of vertebral column from below scapula to mid-back | 2 per frequency | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

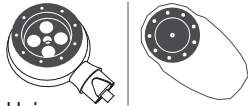
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 3

16 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

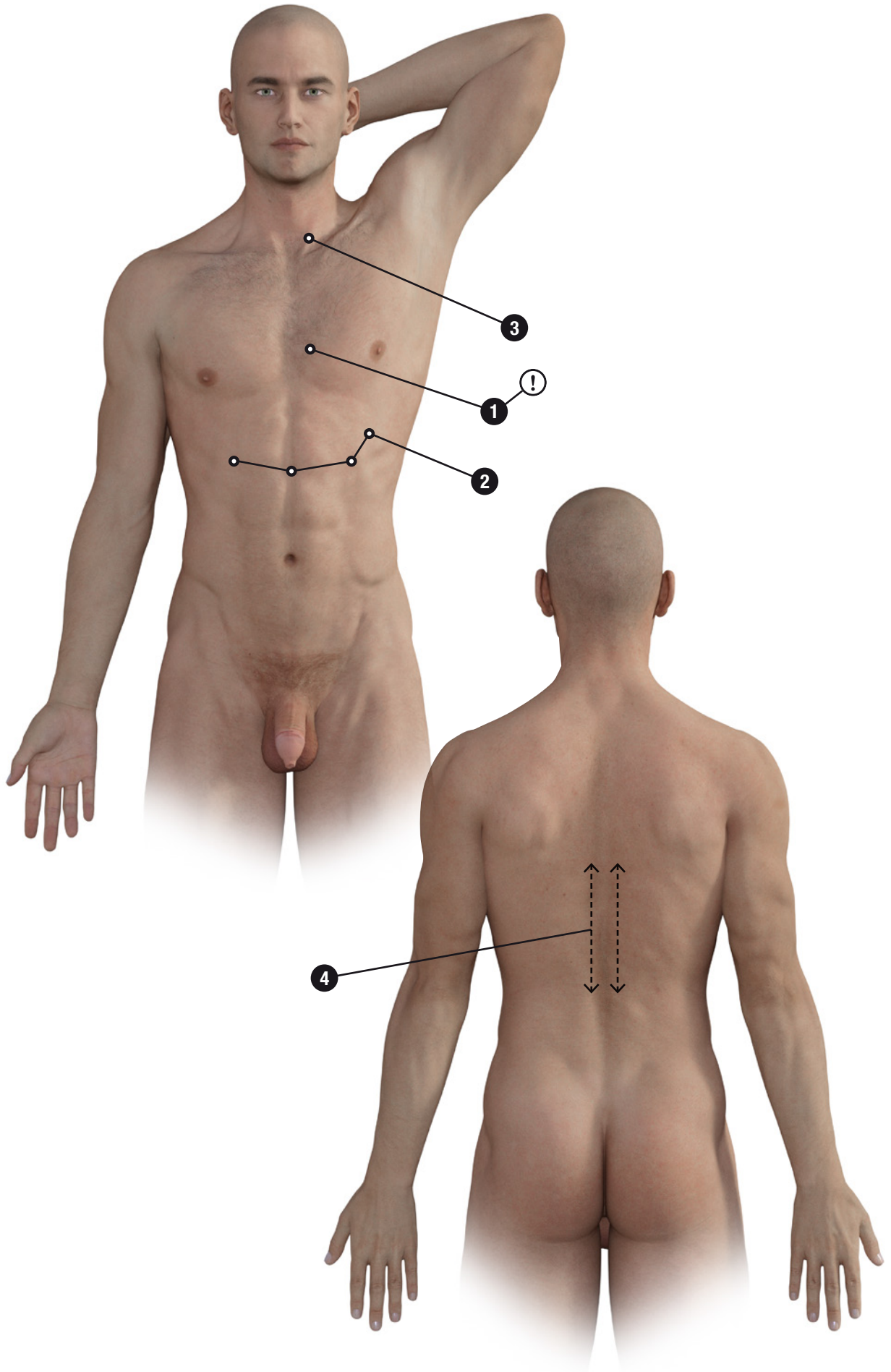
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- **PANCREATITIS** – inflammation of the pancreas.
- **PANCREANECROSIS** – malfunctioning of the pancreas.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 4 points on the pancreas, along the transpyloric plane | 2 per point | |
| 3 Left sternocleidomastoid, above clavicle | 1 | 50 |
| 4 Scan both sides of vertebral column from below scapula to mid-back | 3 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

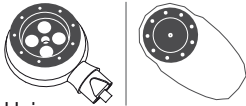
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 4

15 mins

Treatment time.



Using:

Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

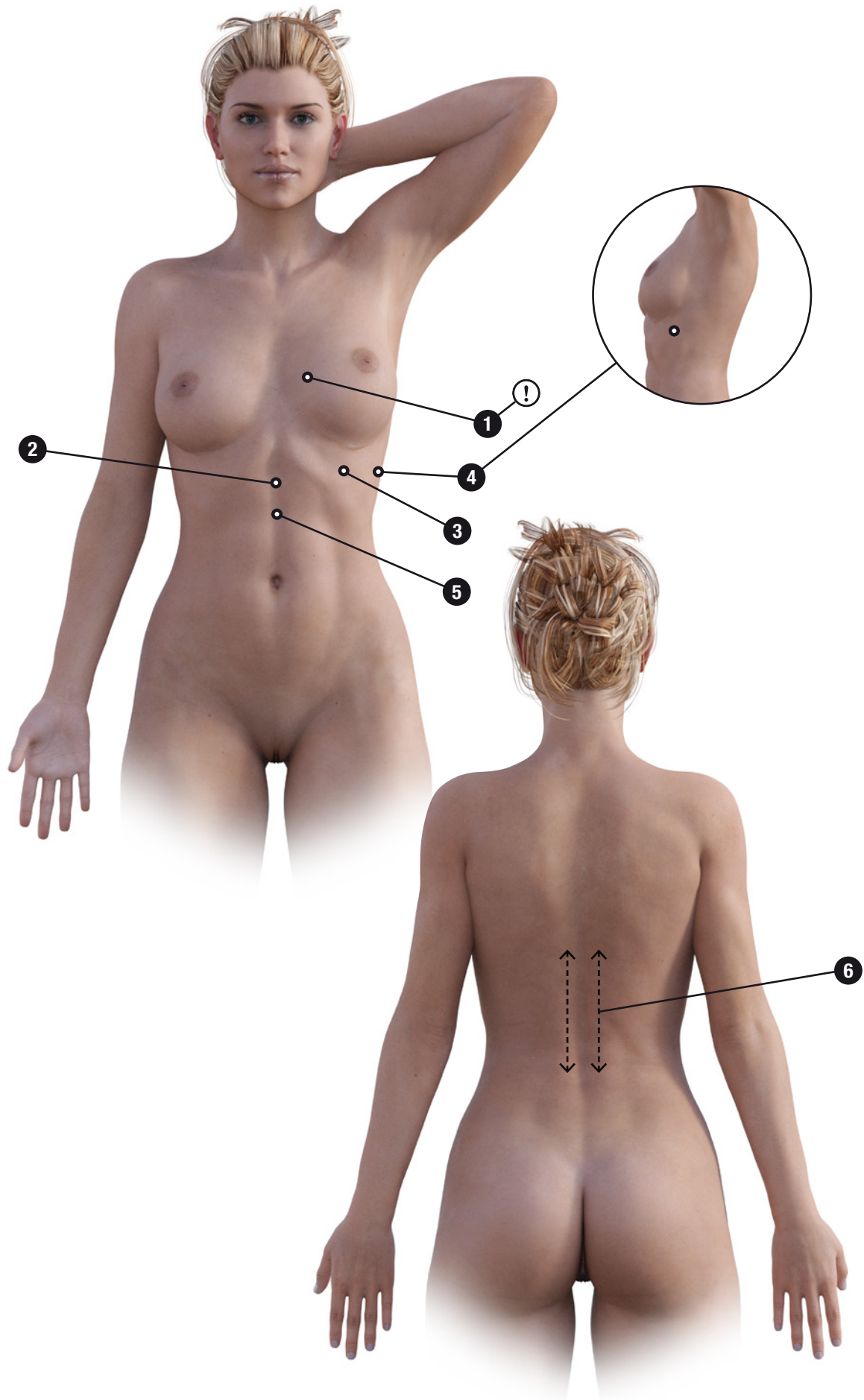
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

• GASTRIC ULCER

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 Epigastrium | 2 per point | 50 |
| 3 Middle of left hypochondrium | | |
| 4 Left hypochondrium along the anterior axillary line | | |
| 5 Solar plexus, mid-distance between xiphoid process and umbilicus | 3 per side | 1000 |
| 6 Scan both sides of vertebral column from below scapula to mid-back | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

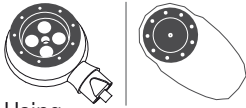
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 5

17 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

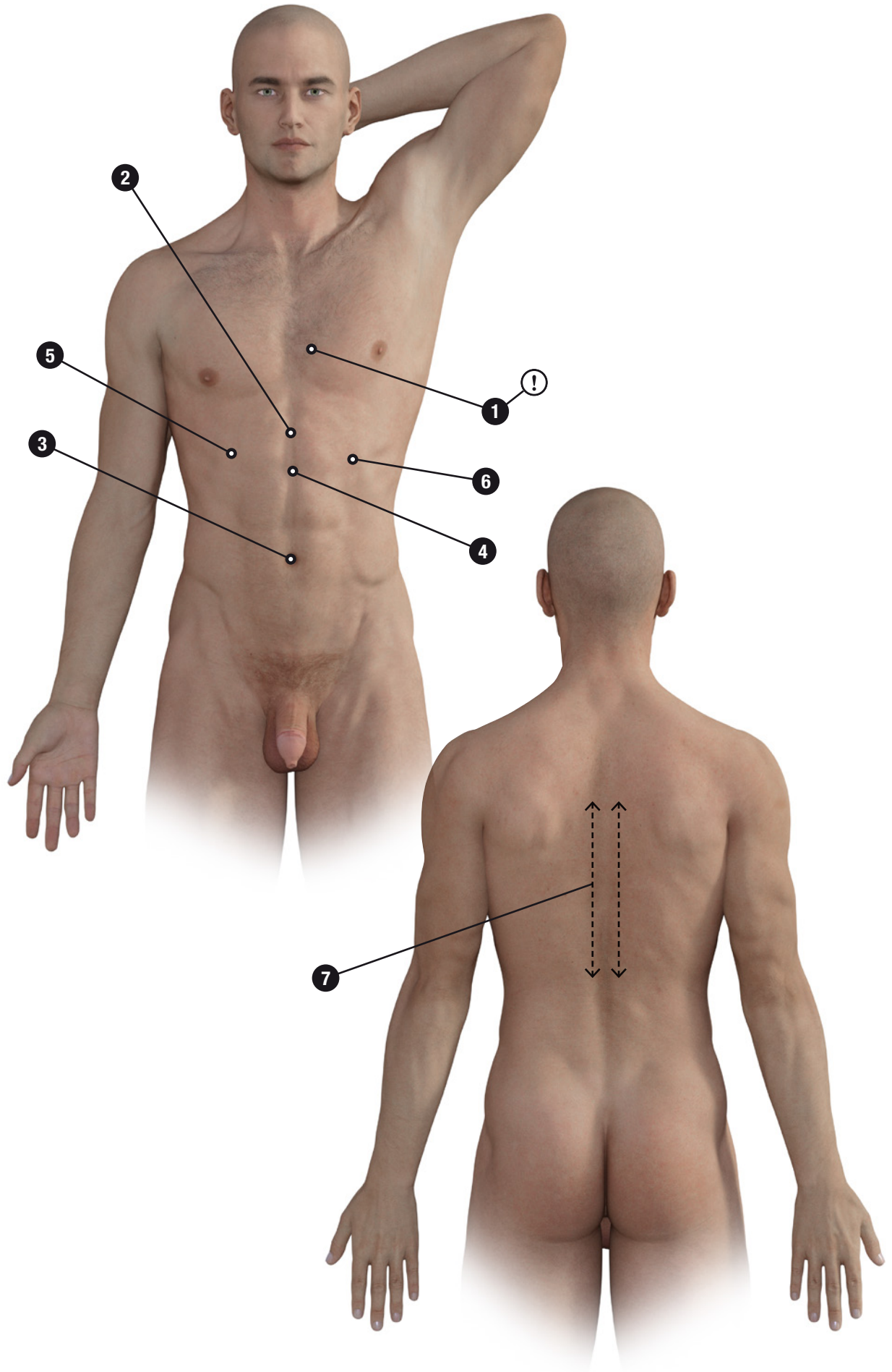
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- PEPTIC ULCER
- DUODENITIS – inflammation of the duodenum.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 Epigastrium | 2 per point | 50 |
| 3 Umbilicus | | |
| 4 Solar plexus, mid-distance between xiphoid process and umbilicus | | |
| 5 Right hypochondrium | | |
| 6 Left hypochondrium | 3 per side | 1000 |
| 7 Scan both sides of vertebral column from middle of scapulae to mid-back | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

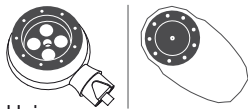
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 6

19 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

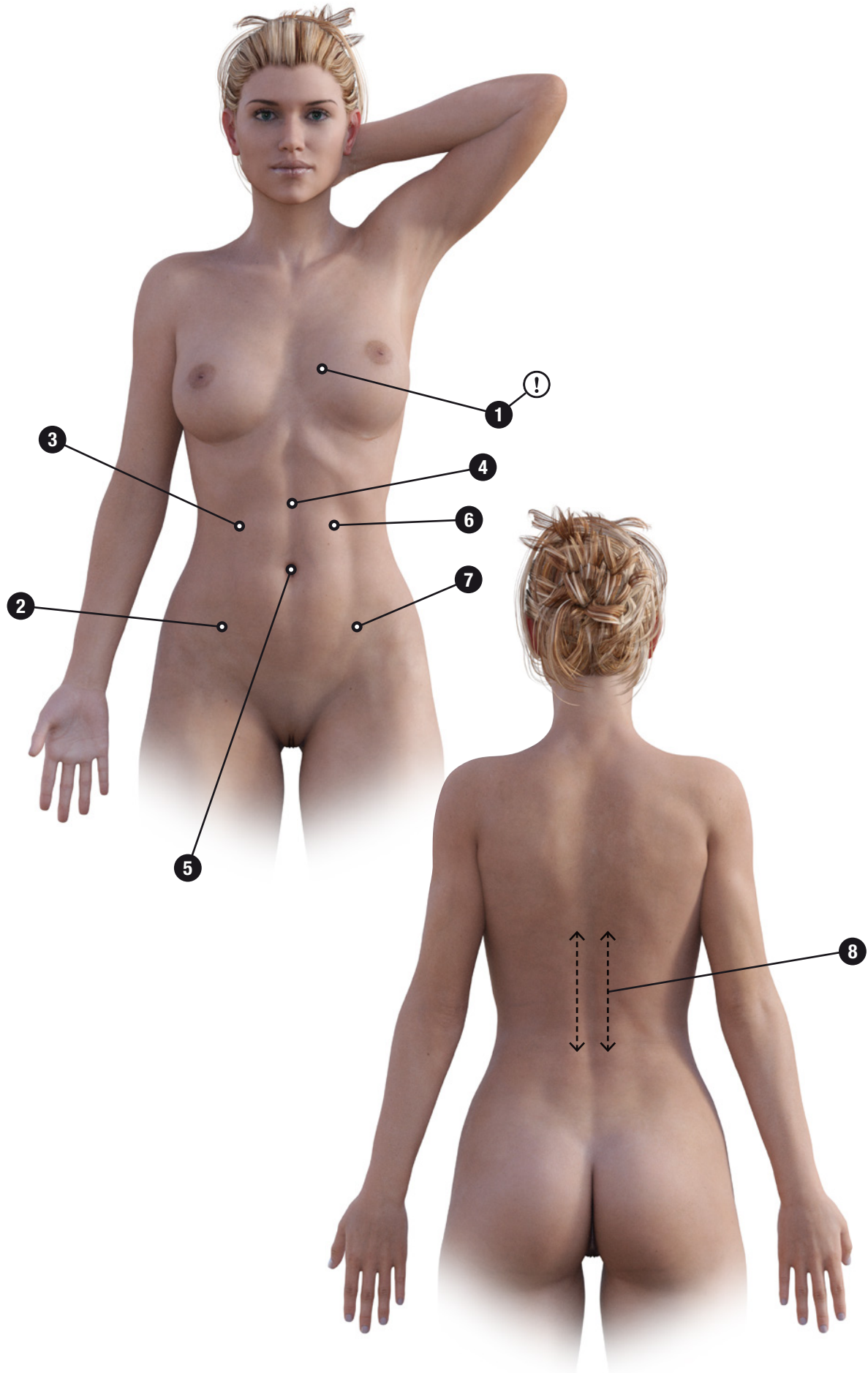
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- COLITIS – inflammation of the colon.
- CONSTIPATION

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 Right iliac | 2 per point | 5 |
| 3 Large intestine, liver side | | |
| 4 Solar plexus, mid-distance between xiphoid process and umbilicus | | |
| 5 Umbilicus | | |
| 6 Large intestine, spleen side | | |
| 7 Left iliac | 3 per side | 1000 |
| 8 Scan both sides of vertebral column from below scapulae to lower back | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

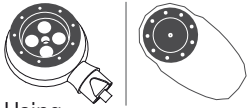
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 7

19 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

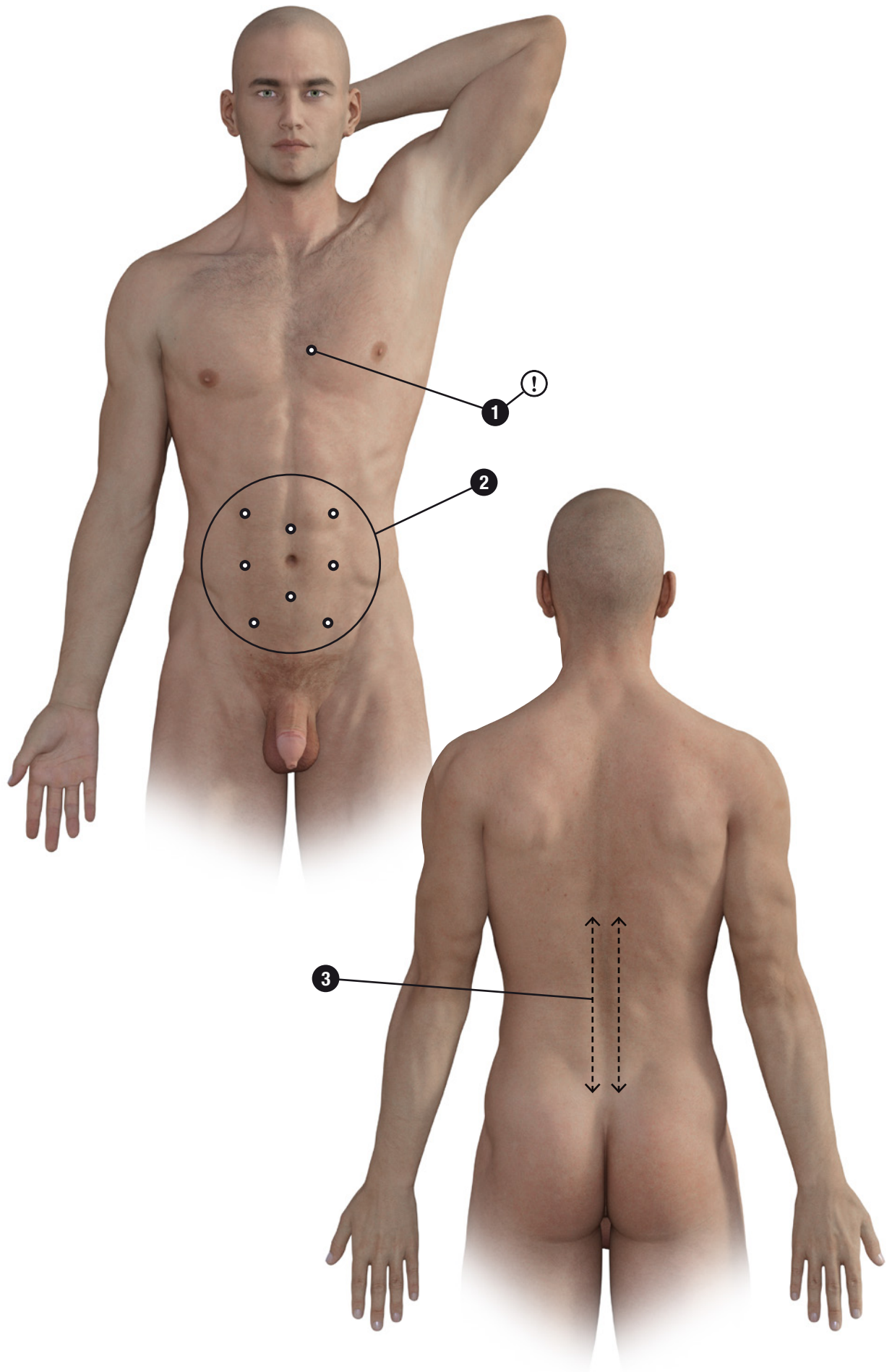
Allow 2 weeks rest
and repeat cycle until
improvement is noticed.

• IRRITABLE BOWEL SYNDROME / SPASTIC COLON

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 |
| 2 Abdomen area, 8 points | 1 per point | 50 |
| 3 Scan both sides of vertebral column from below scapulae to lower back | 3 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

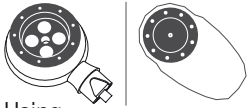


SECTION 8

GASTROENTEROLOGY 8

10 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 10 x days

Or until the condition has
cleared up, but for not less
than 7 x days.

If the pain becomes acute,
do PART 1 for 2 minutes,
every 2 hours.

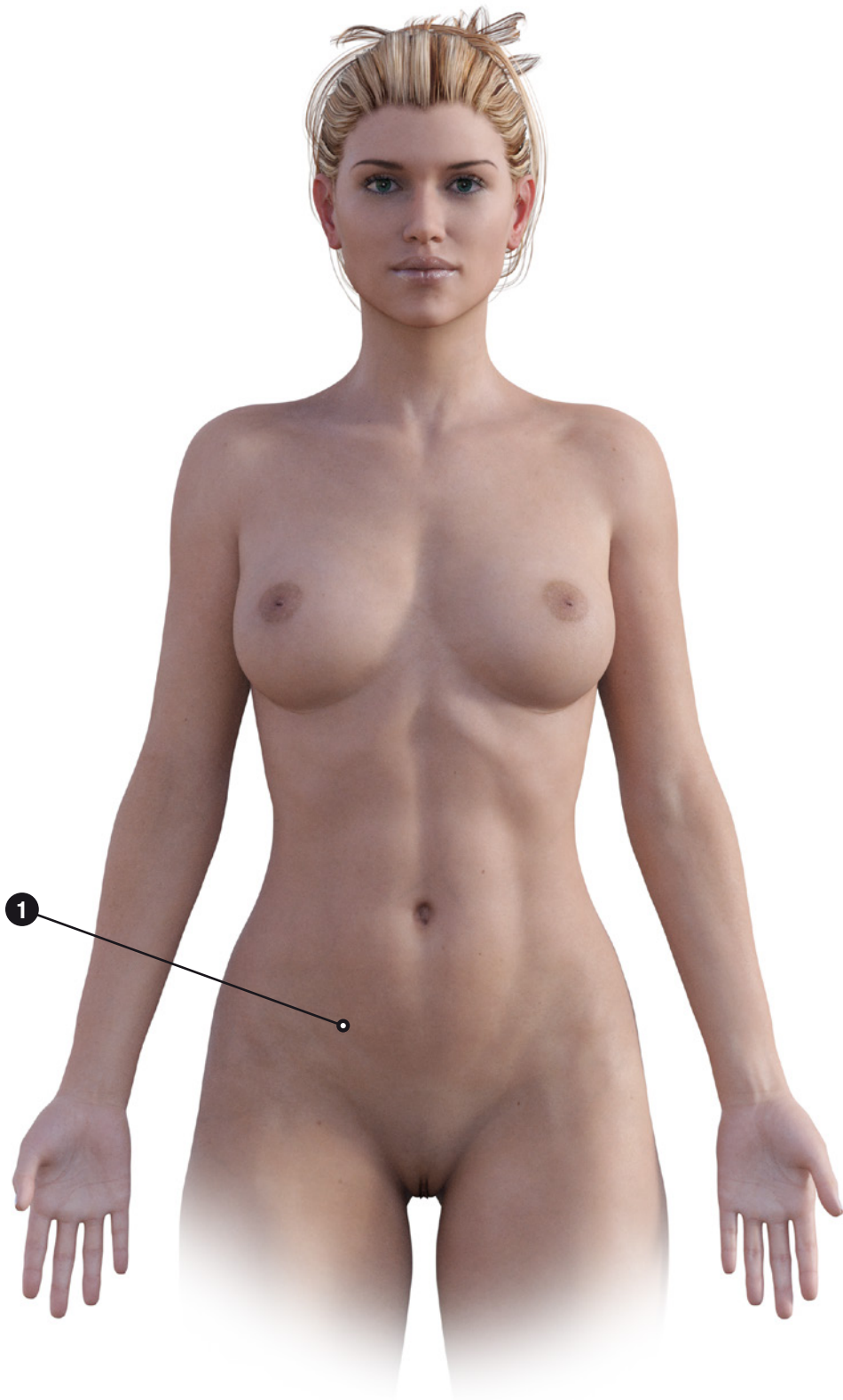
• APPENDICITIS

| PART 1 | TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--------|-----------------|--------|--------------|
| 1 | Appendix | 5 | Variable (V) |

PART 2 Apply UNIVERSAL 3 (BLOOD) every 2nd day



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

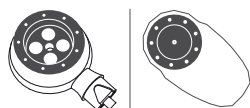


SECTION 8

GASTROENTEROLOGY 9

40 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 21 x days

Allow 2 weeks rest
and repeat cycle until
improvement is noticed.

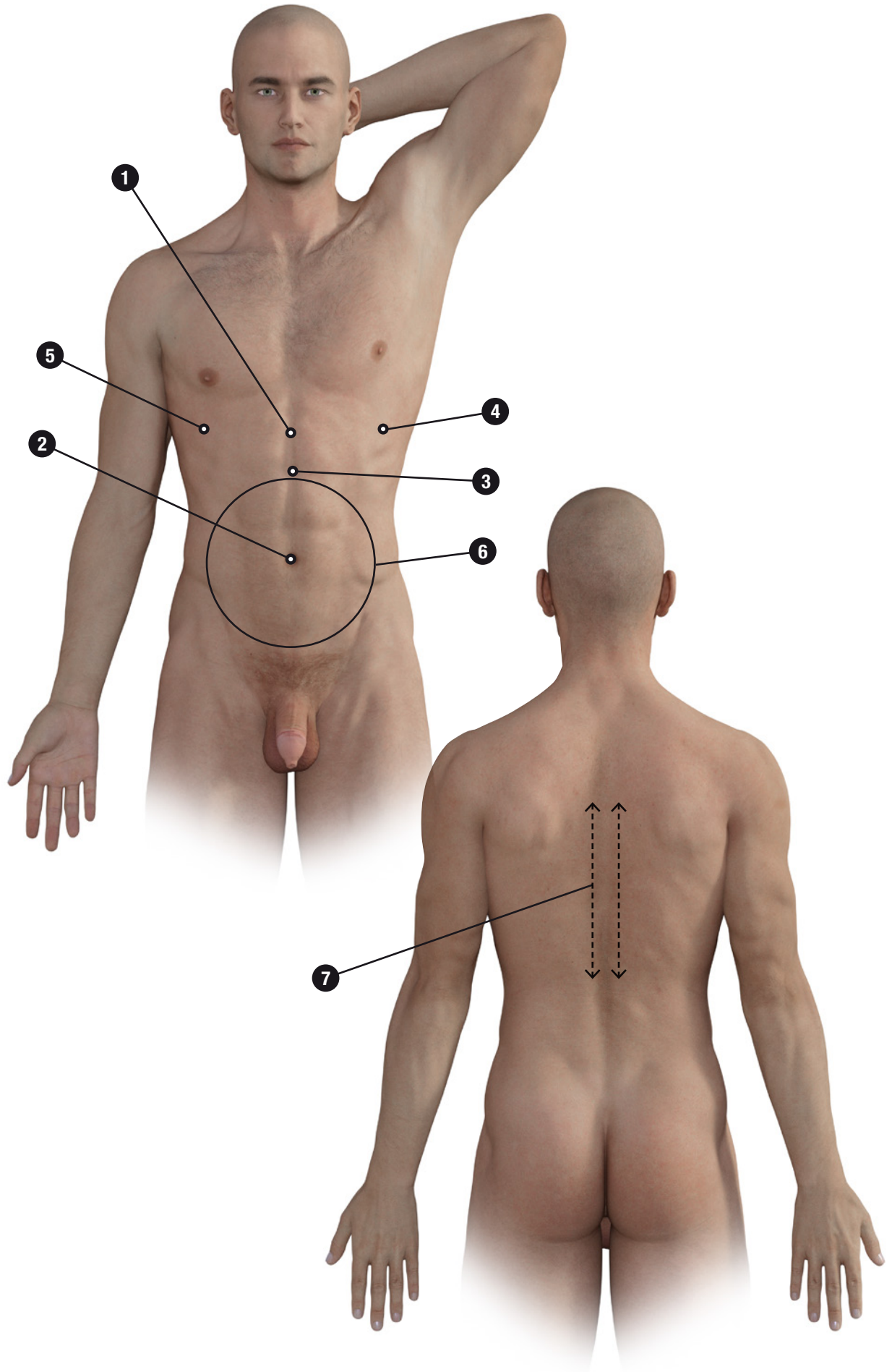
• **CROHN'S DISEASE** – chronic inflammation of the intestinal tract.

| PART 1 | TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--------|---|--------------------------|--------------|
| 1 | Epigastrium | 2 per point | 50 |
| 2 | Umbilicus | | |
| 3 | Solar plexus, mid-distance between xiphoid process and umbilicus | | |
| 4 | Right hypochondrium | | |
| 5 | Left hypochondrium | | |
| 6 | Scan the affected area | 2 per 10 cm ² | Variable (V) |
| 7 | Scan both sides of vertebral column from middle of scapulae to mid-back | 3 per side | 1000 |

PART 2 Apply UNIVERSAL 3 (BLOOD) every day



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





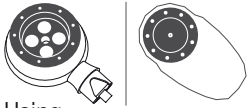
This treatment consists of 3 parts, so care must be taken to treat the heart (4th intercostal left of sternum) only once per day.

SECTION 8

GASTROENTEROLOGY 10

59 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until definite improvement
is noticed.

Allow 3 weeks rest and
repeat as and when
needed.

• ACHALASIA

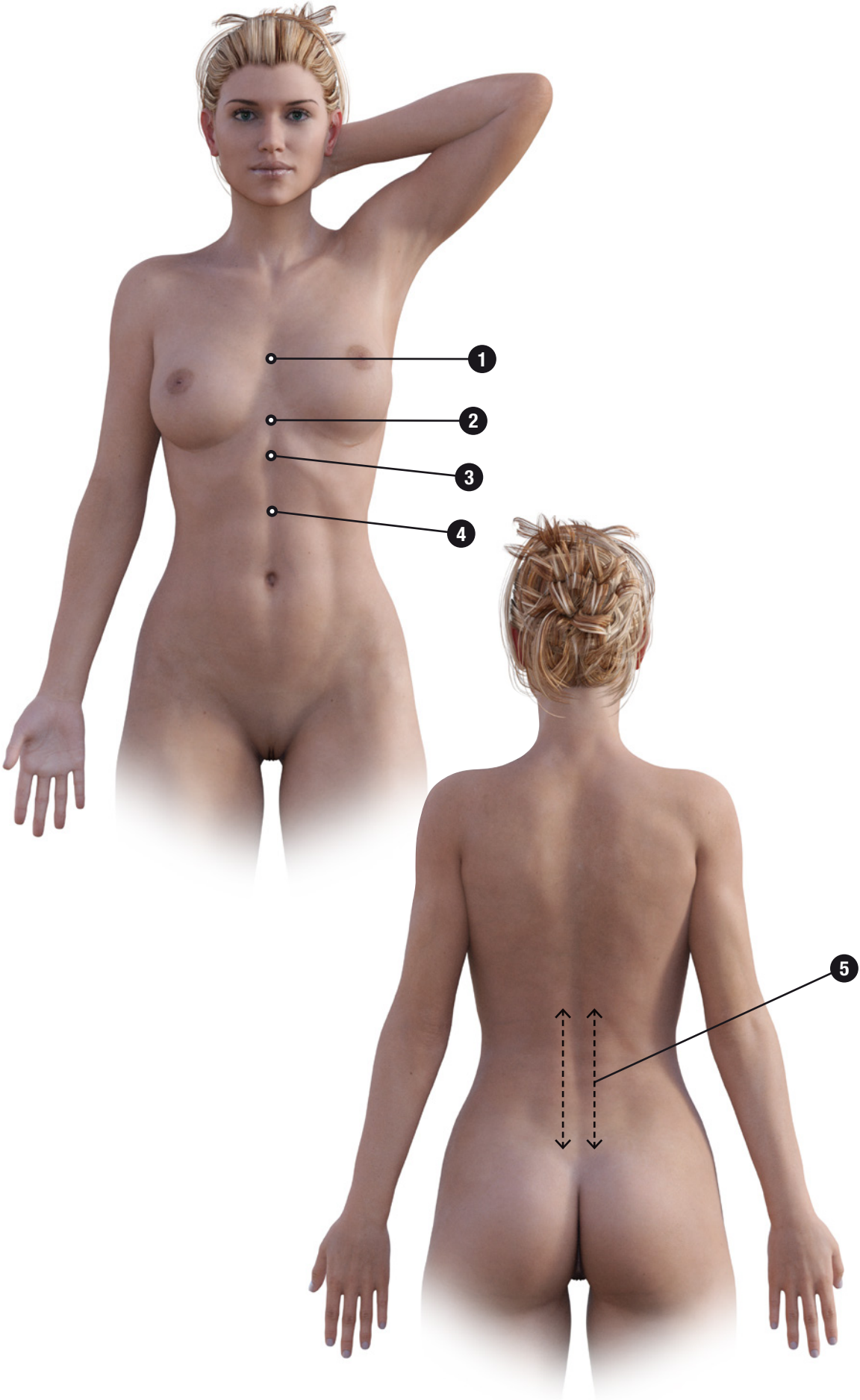
PART 1 Apply UNIVERSAL 7 (PART 2) every 2nd day on waking

| PART 2 | TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---------------|--|---------------|-------------|
| 1 | Middle of sternum | 1 | 5 |
| 2 | Bottom of sternum | | |
| 3 | Directly below xiphisternum | 2 | |
| 4 | Solar plexus, mid-distance between xiphoid process and umbilicus | | |
| 5 | Scan along both sides of vertebral column, mid to lower back | 2 per side | |

PART 3 Apply UNIVERSAL 7 (PART 1) every 2nd day before bed



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





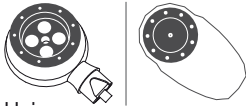
The Probe should be lubricated with K-Y Jelly before inserting. Do NOT use a white or an opaque cream as this will block the radiances.

SECTION 8

GASTROENTEROLOGY 11

55 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily

for 21 x days

Allow 2 weeks rest and
repeat course if needed.

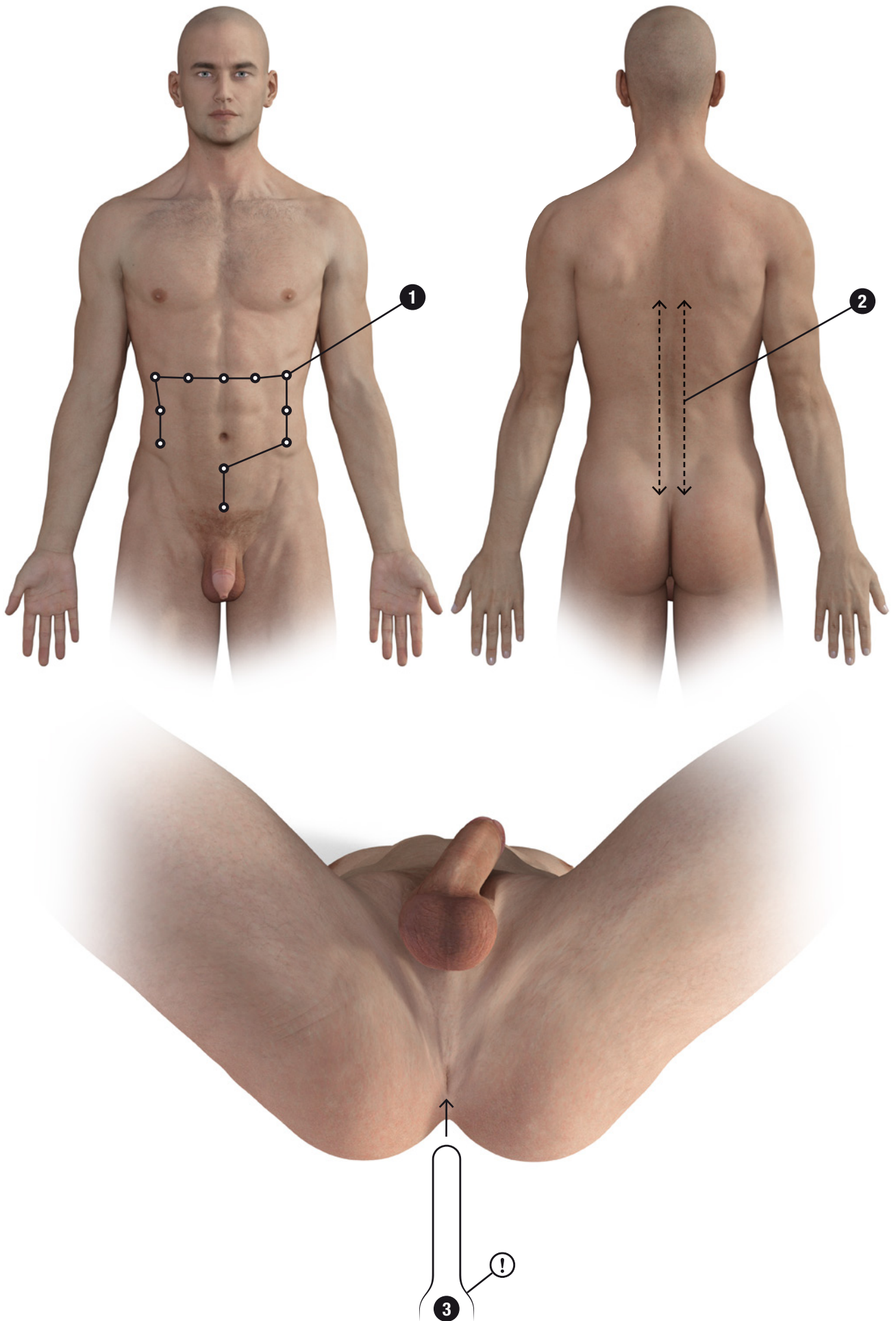
• **ULCERATIVE COLITIS** – chronic inflammation of the colon.

| PART 1 | TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--------|---|------------------------------|------------------------|
| 1 | 11 points over colon | 2 per point per frequency | 5 then Variable (V) |
| 2 | Scan both sides of vertebral column from below scapulae to lower back | 3 per side | 1000 |
| 3 | Using the Probe Terminal, insert the full length of the Sheath into the anus | 5 | 1000 |

PART 2 Apply UNIVERSAL 3 (BLOOD) every 2nd day



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 9

GYNAECOLOGY

Gynaecology and obstetrics



IMPORTANT

1

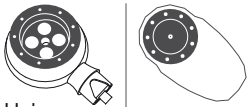
Whenever using the Probe, screw off the Probe Sheath after treatment, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

SECTION 9

GYNAECOLOGY 1



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

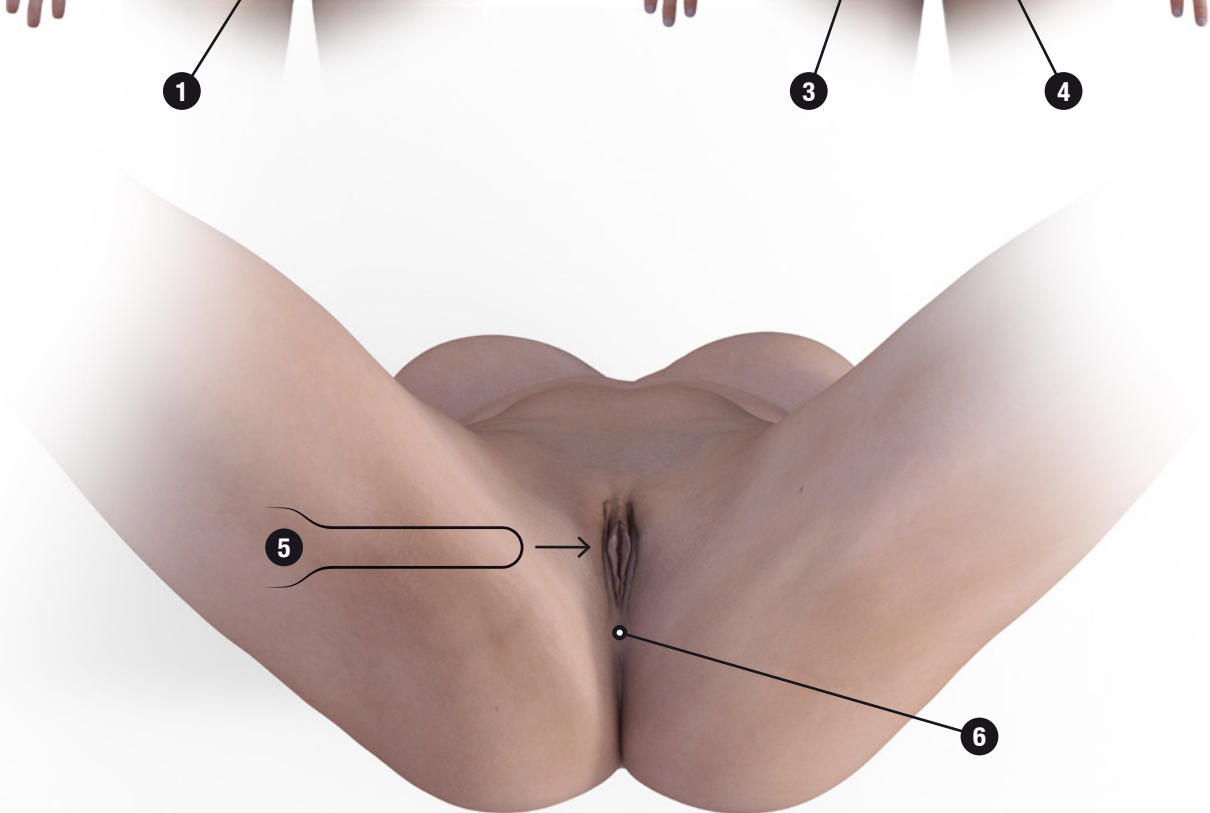
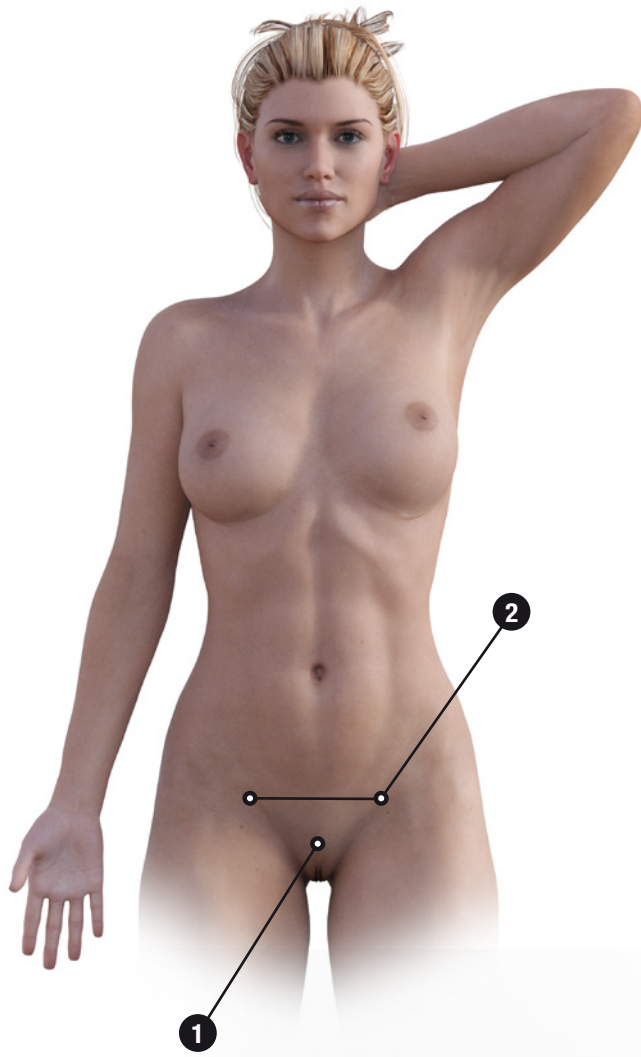
1 x daily
for 10 x days

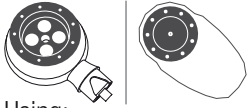
Allow 4 weeks rest and
repeat course if needed.

- **ENDOMETRITIS** – inflammation of the uterus.
- **SALPINGO-OOPHORITIS** – inflammation of the Fallopian tubes.
- **CERVICAL EROSION**

| DAY | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|-----|------------------------------|-------------|------|---------|
| 1 | 1 Vagina projection | 5 per point | 5 | 21 mins |
| | 2 Appendages | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 2 | 1 Vagina projection | 5 per point | 5 | 21 mins |
| | 2 Appendages | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 3 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 2 Appendages | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 4 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 2 Appendages | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 5 | 2 Appendages | 5 per point | 5 | 26 mins |
| | 6 Perineum | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

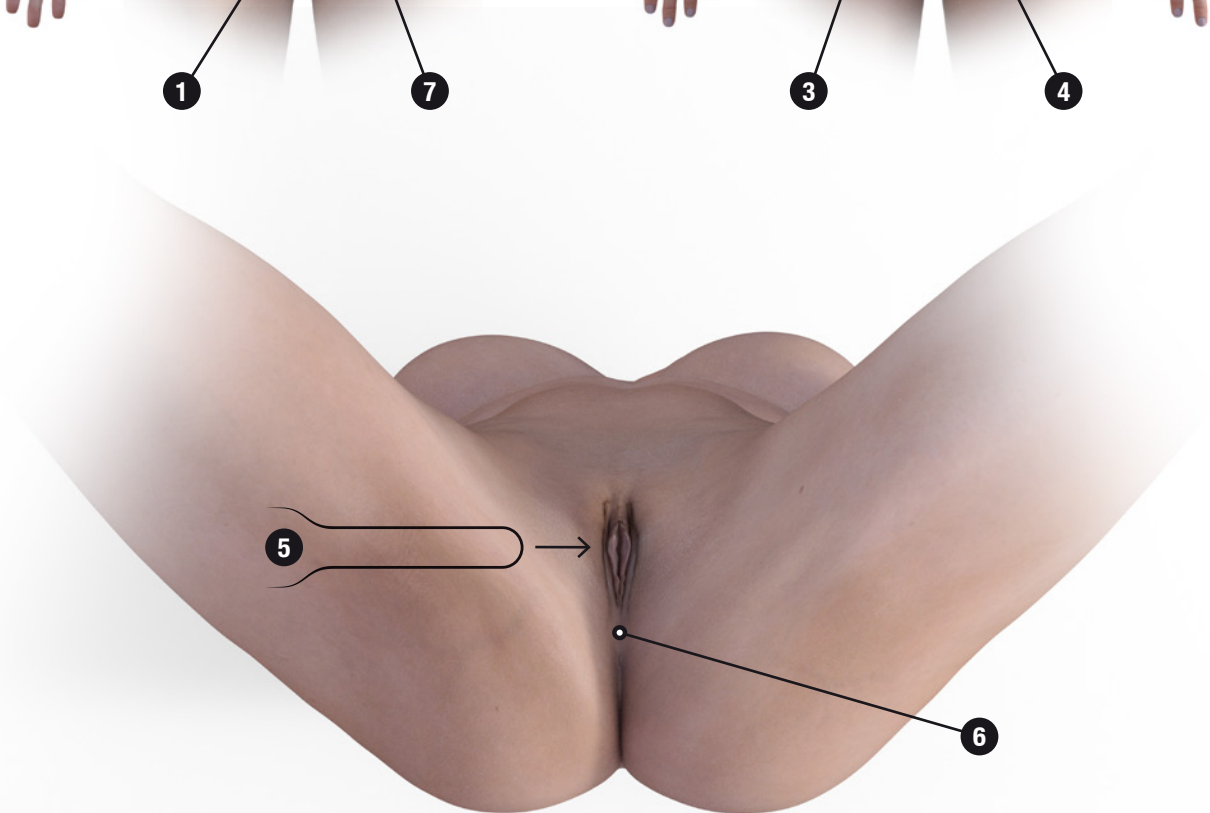
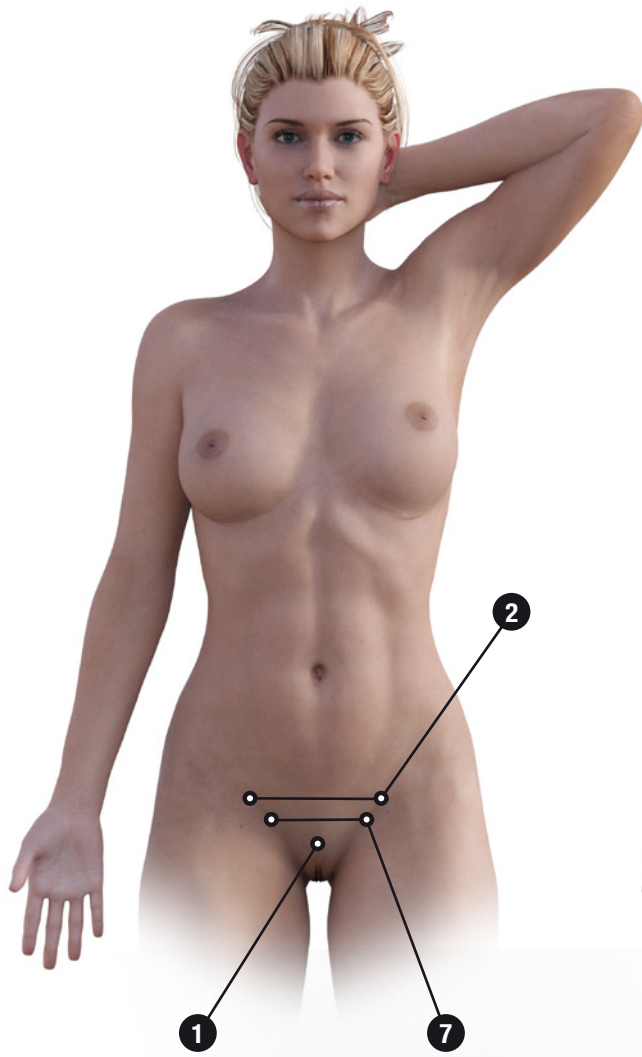
1 x daily
for 10 x days

Allow 4 weeks rest and
repeat course if needed.

| DAY | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|-----|------------------------------|-------------|------|---------|
| 6 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 2 Appendages | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 7 | 6 Perineum | 5 per point | 5 | 26 mins |
| | 7 Femoral arteries | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 8 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 7 Femoral arteries | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 9 | 2 Appendages | 5 per point | 5 | 26 mins |
| | 6 Perineum | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 10 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 2 Appendages | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |

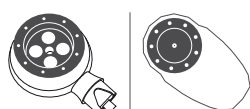


Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 9

GYNAECOLOGY 2



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

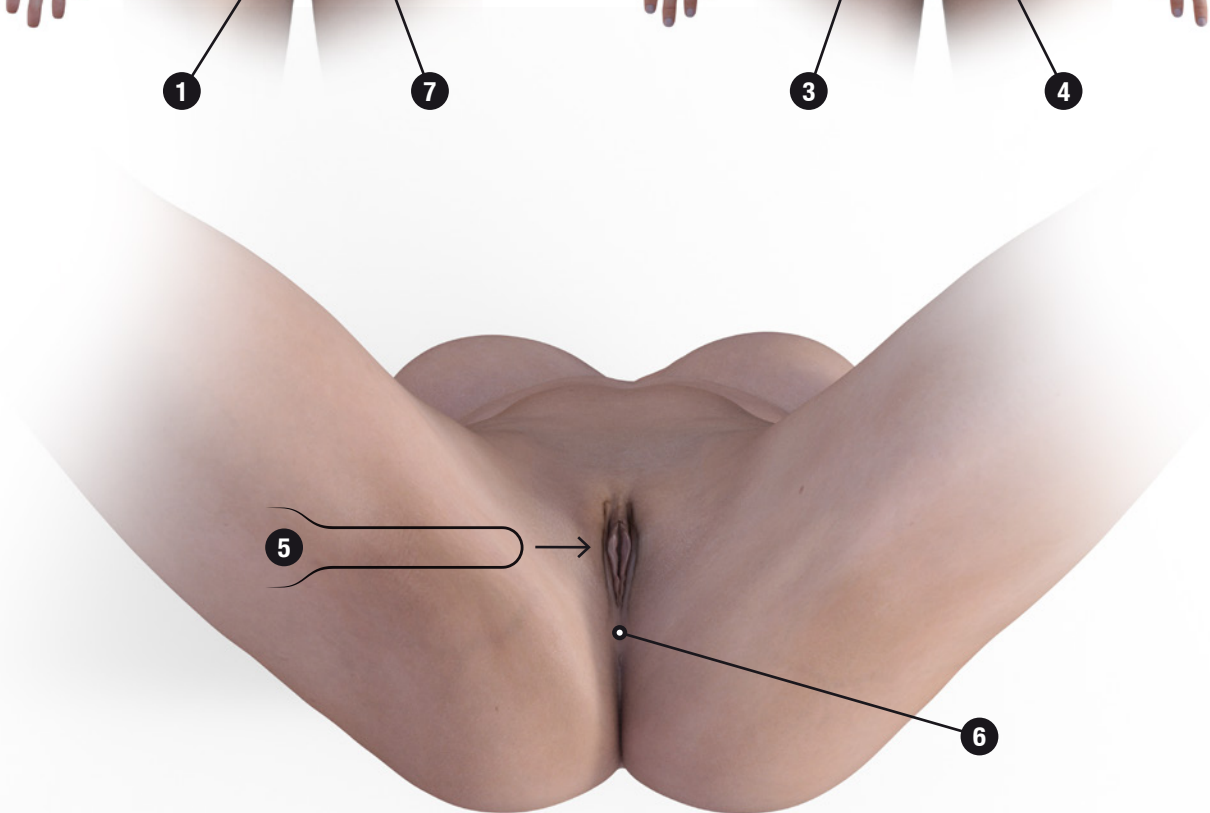
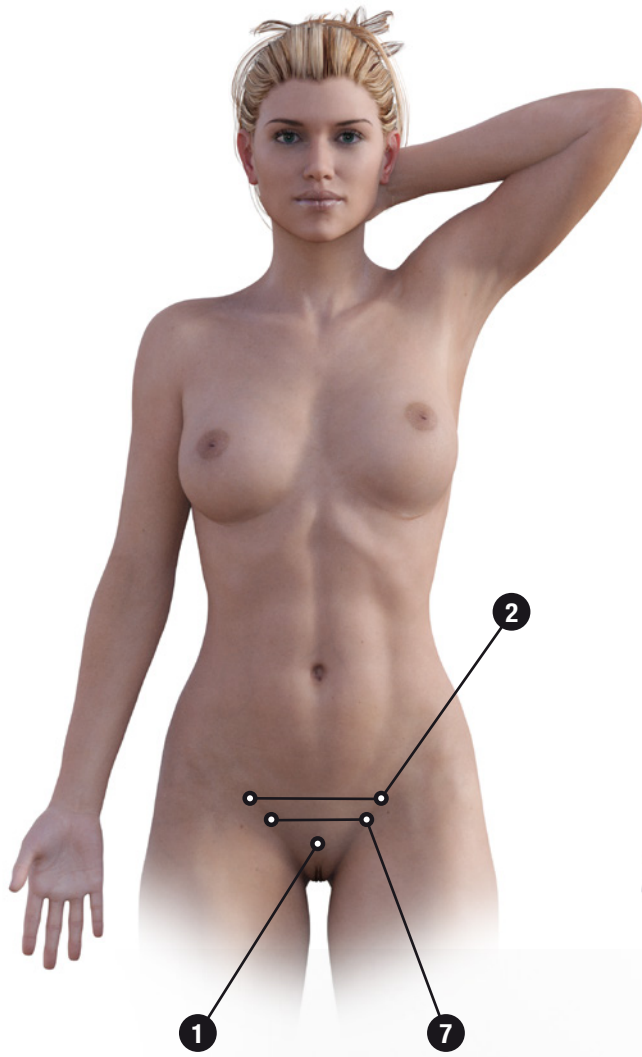
1 x daily
for 10 x days

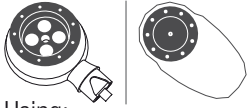
Allow 4 weeks rest and
repeat course if needed.

- **DISTURBANCES OF MENSTRUAL CYCLE**
- **HYPERPLASIA** – abnormal multiplication of cells.
- **OVARY CYSTS**
- **SOME FORMS OF STERILITY**

| DAY | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|-----|------------------------------|-------------|------|---------|
| 1 | 1 Vagina projection | 5 per point | 5 | 21 mins |
| | 2 Appendages | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 2 | 1 Vagina projection | 5 per point | 5 | 21 mins |
| | 7 Femoral arteries | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 3 | 1 Vagina projection | 5 per point | 50 | 21 mins |
| | 2 Appendages | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 4 | 1 Vagina projection | 5 per point | 5 | 21 mins |
| | 7 Femoral arteries | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 5 | 2 Appendages | 5 per point | 50 | 26 mins |
| | 6 Perineum | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

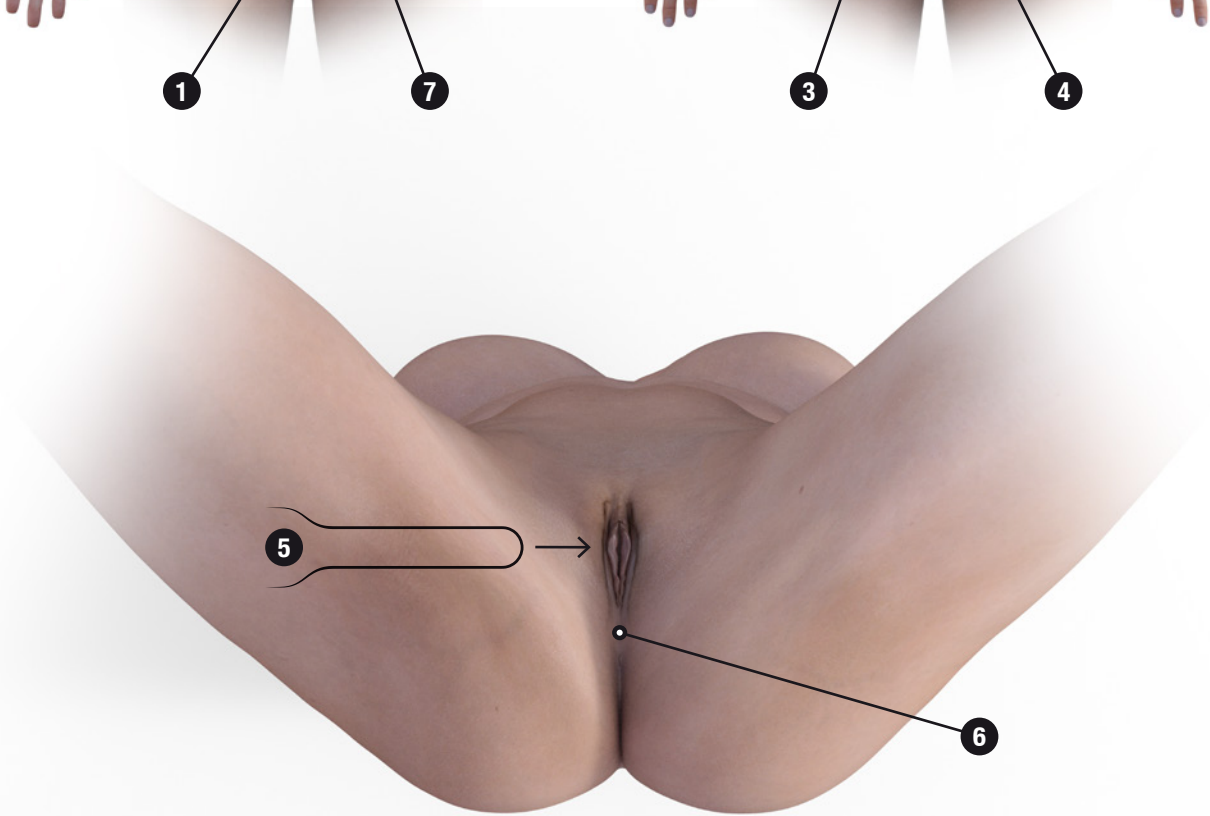
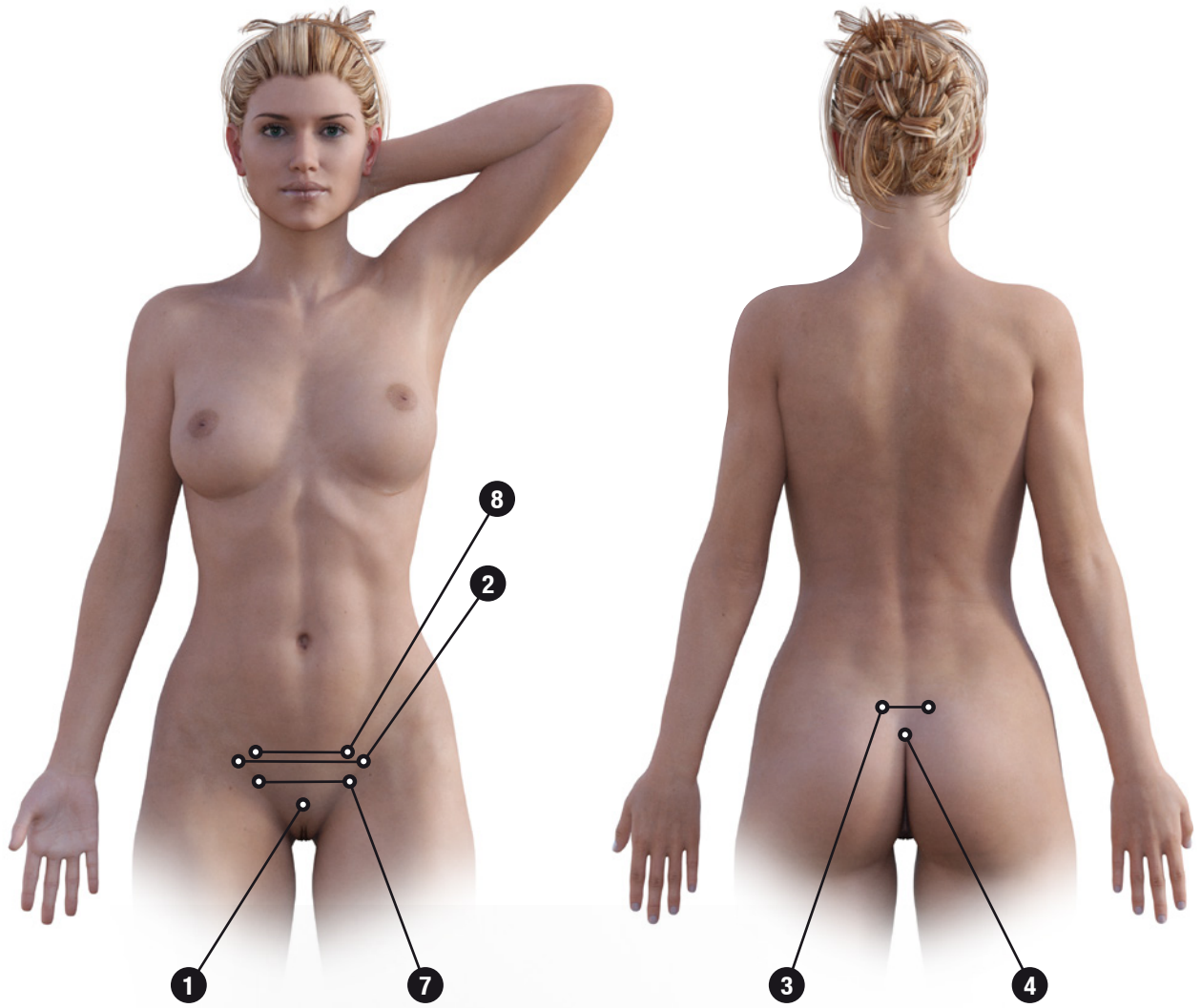
1 x daily
for 10 x days

Allow 4 weeks rest and
repeat course if needed.

| DAY | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|-----|------------------------------|-------------|------|---------|
| 6 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 8 External abdominal ring | | | |
| | 5 Probe inserted into vagina | 1000 | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 7 | 1 Vagina projection | 5 per point | 5 | 26 mins |
| | 8 External abdominal ring | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 8 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 7 Femoral arteries | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 9 | 2 Appendages | 5 per point | 5 | 26 mins |
| | 6 Perineum | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 10 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 2 Appendages | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |

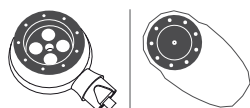


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SECTION 9

GYNAECOLOGY 3



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

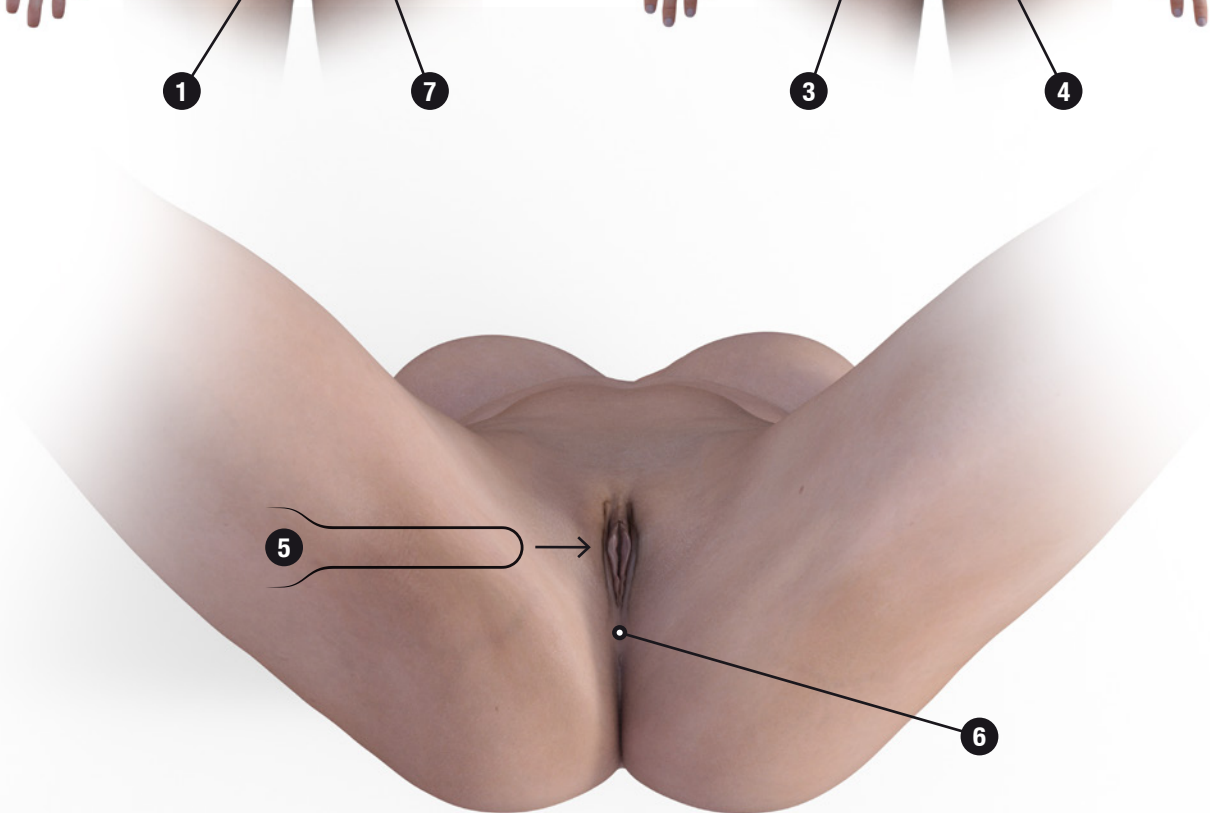
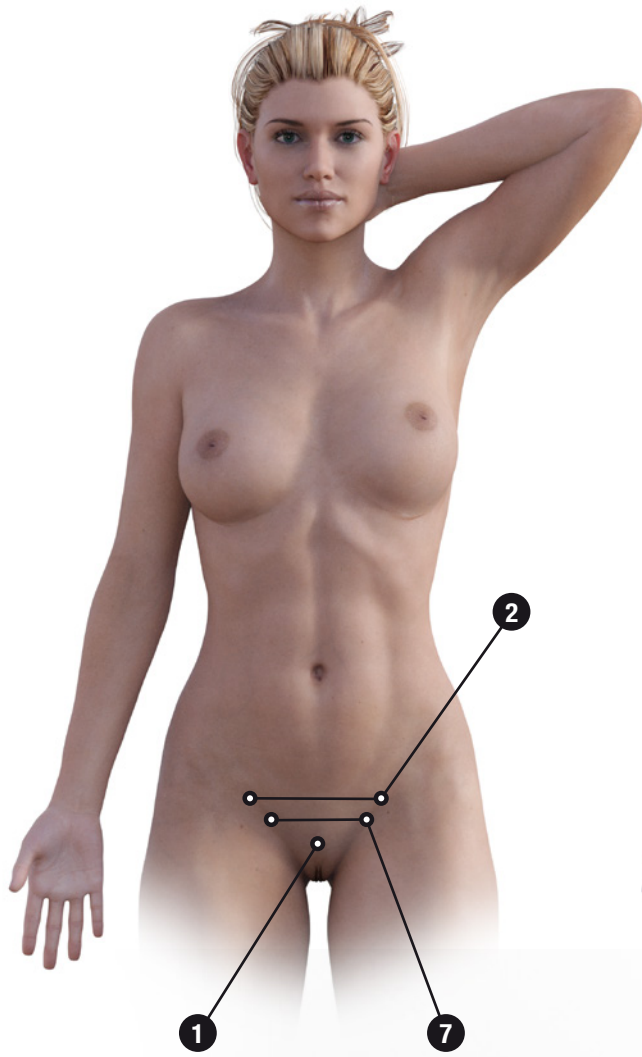
1 x daily
for 10 x days

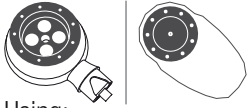
Allow 4 weeks rest and
repeat course if needed.

- **ALGOMENORRHEA** – period pains and depression.
- **PELVIC PAIN**
- **SPASMS**
- **ENDOMETRIOSIS** – cysts and adhesions.

| DAY | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|-----|------------------------------|-------------|------|---------|
| 1 | 1 Vagina projection | 5 per point | 5 | 21 mins |
| | 2 Appendages | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 2 | 1 Vagina projection | 5 per point | 5 | 21 mins |
| | 2 Appendages | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 3 | 6 Perineum | 5 per point | 50 | 21 mins |
| | 7 Femoral arteries | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 4 | 1 Vagina projection | 5 per point | 5 | 21 mins |
| | 7 Femoral arteries | | | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 5 | 2 Appendages | 5 per point | 50 | 26 mins |
| | 6 Perineum | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

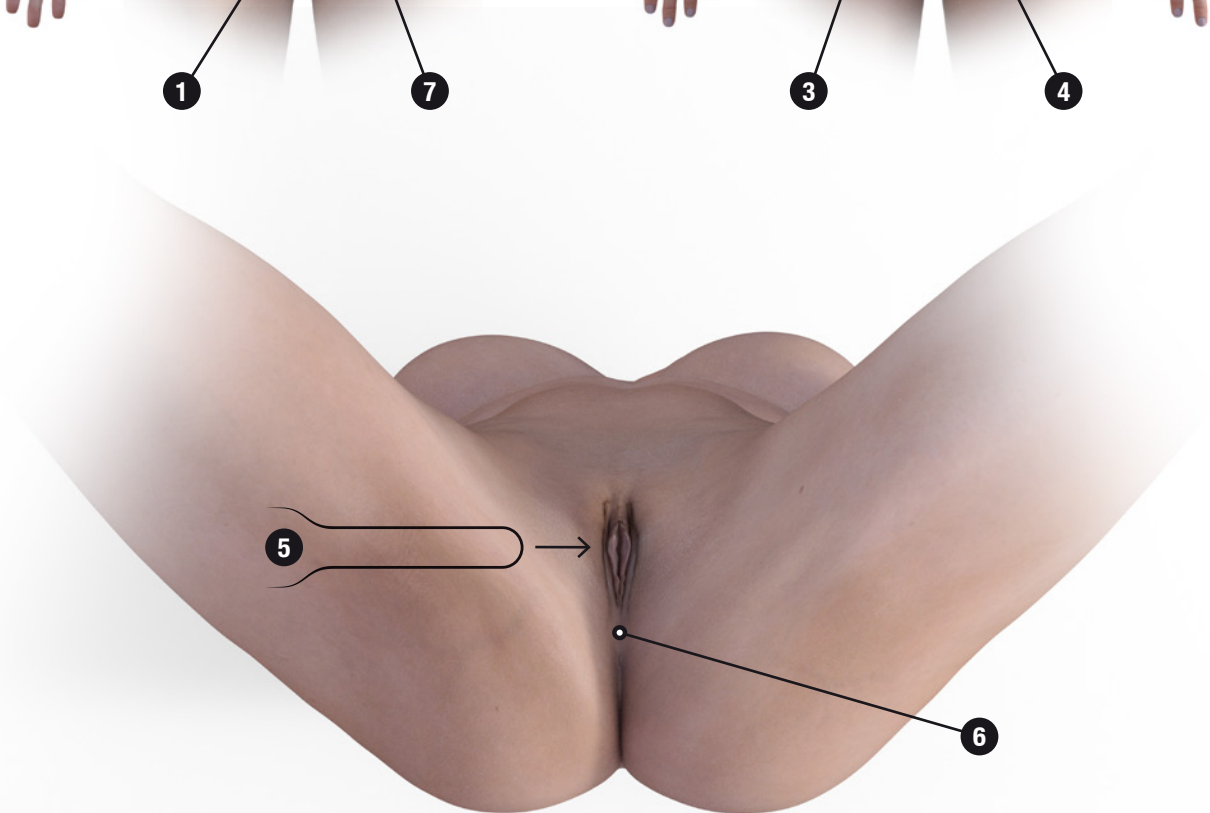
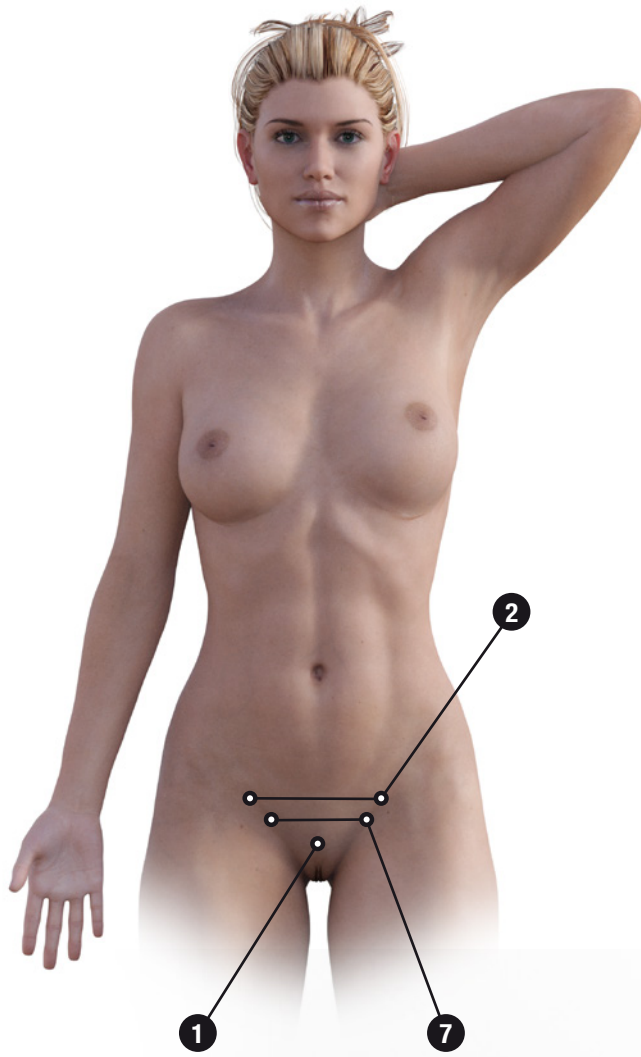
1 x daily
for 10 x days

Allow 4 weeks rest and
repeat course if needed.

| DAY | TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|-----|------------------------------|-------------|------|---------|
| 6 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 2 Appendages | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 7 | 6 Perineum | 5 per point | 5 | 26 mins |
| | 7 Femoral arteries | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 8 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 7 Femoral arteries | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 9 | 1 Vagina projection | 5 per point | 5 | 26 mins |
| | 2 Appendages | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |
| 10 | 1 Vagina projection | 5 per point | 50 | 26 mins |
| | 2 Appendages | | | |
| | 5 Probe inserted into vagina | 5 | 1000 | |
| | 3 As shown | 2 per point | 50 | |
| | 4 As shown | | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

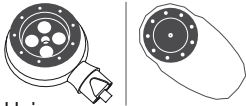


SECTION 9

GYNAECOLOGY 4

4 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 7 x days prior
to giving birth

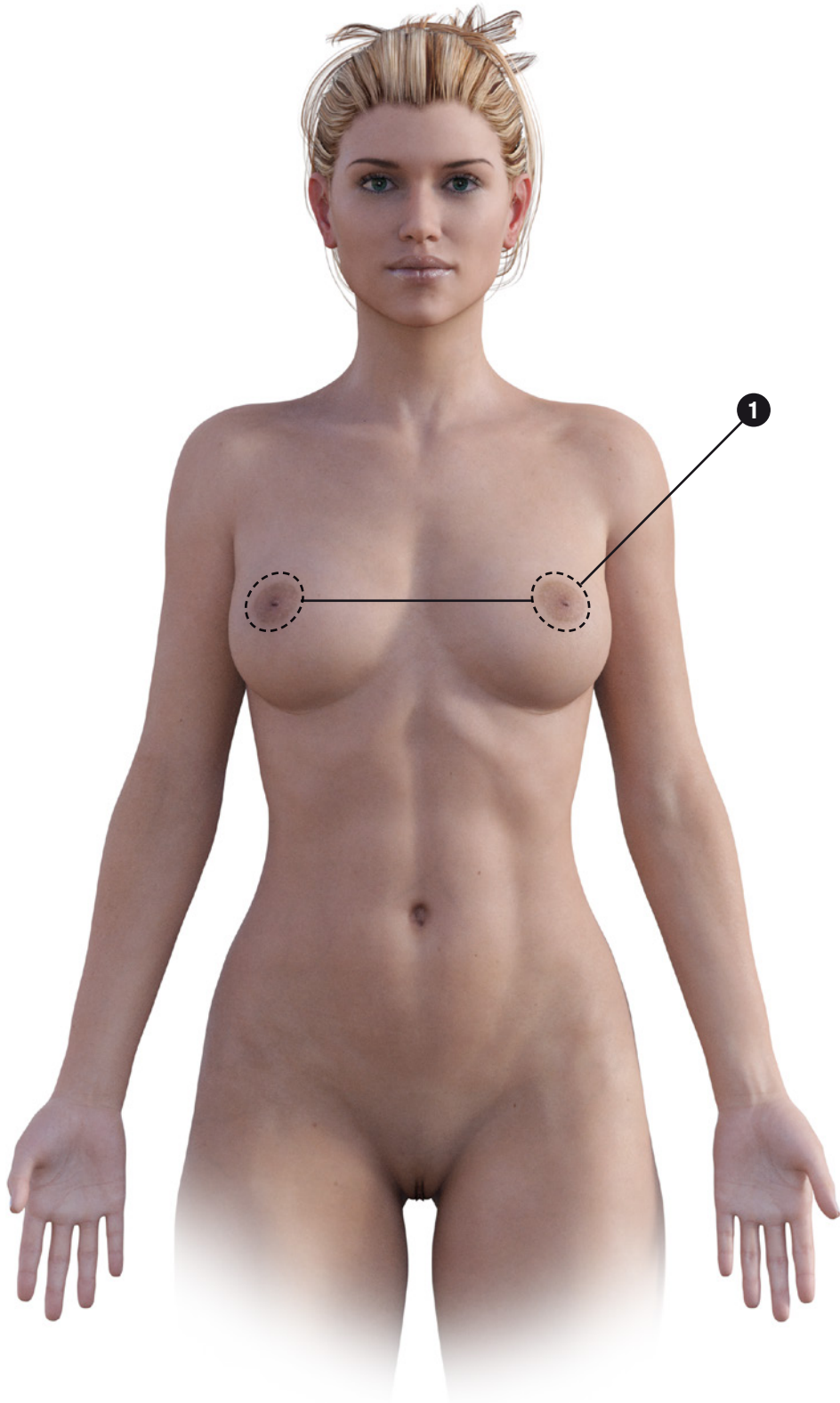
Repeat after having given
birth. Then do 7 treatments
every second day.

• PREVENTION OF MASTITIS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------|------|
| 1 Scan papillae and around them in a small circular motion at a distance of 0.5 cm above skin | 2 per side | 50 |



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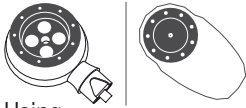


SECTION 9

GYNAECOLOGY 5

16 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 15 x days

Allow 4 weeks rest and
repeat course if needed.

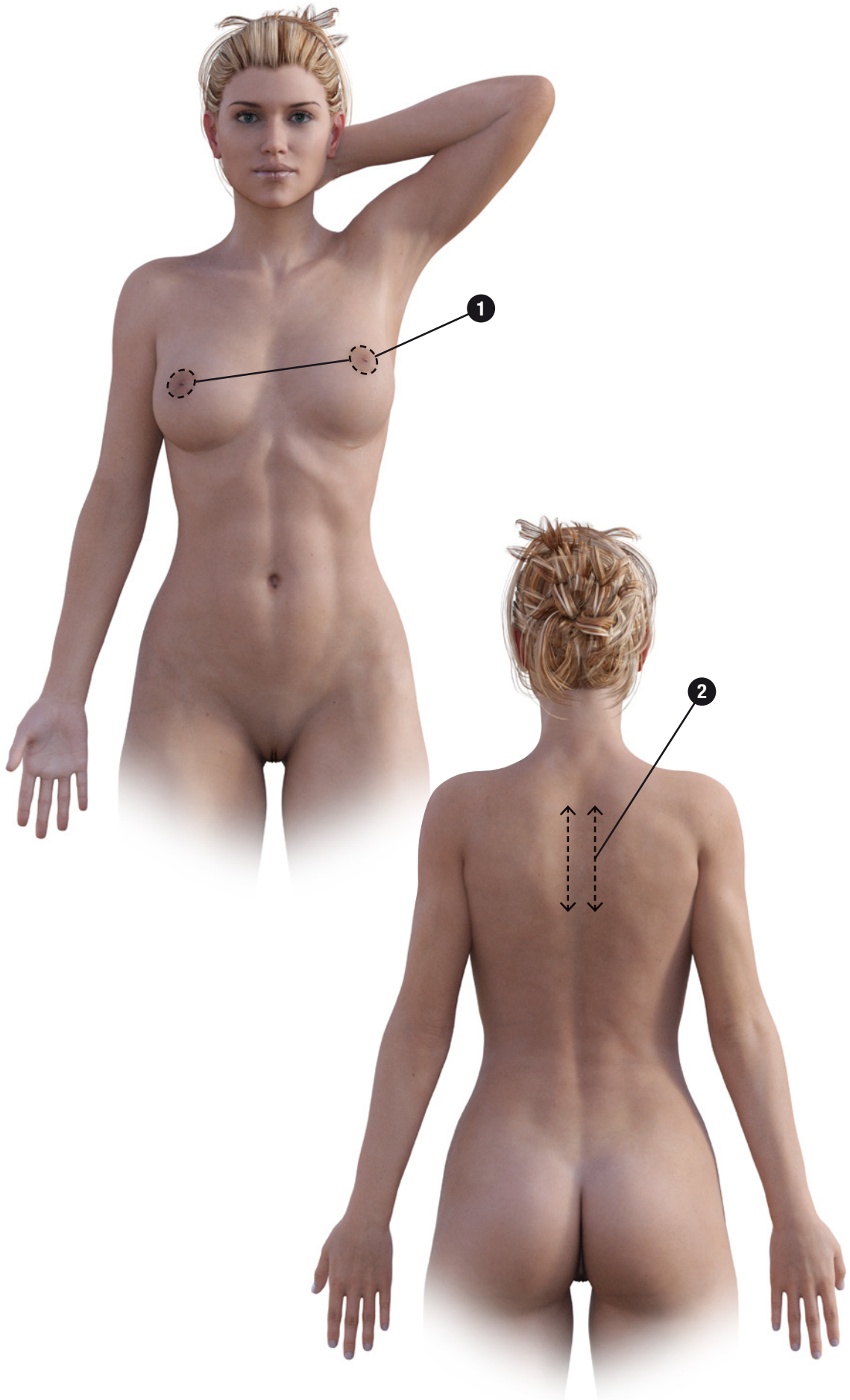
• MASTITIS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------|------|
| 1 Scan papillae and around them in a small circular motion at a distance of 0.5 cm above skin | 3 per side | 1000 |
| 2 Scan both sides of vertebral column opposite scapulae | 5 per side | |

i This treatment is best done in conjunction with UNIVERSAL 3 (BLOOD).



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

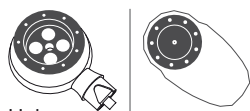


SECTION 9

GYNAECOLOGY 6

20 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 15 x days

Allow 3 weeks rest and repeat course if needed. Then repeat the course every second day.

Thereafter do a treatment once per week during the period of lactation.

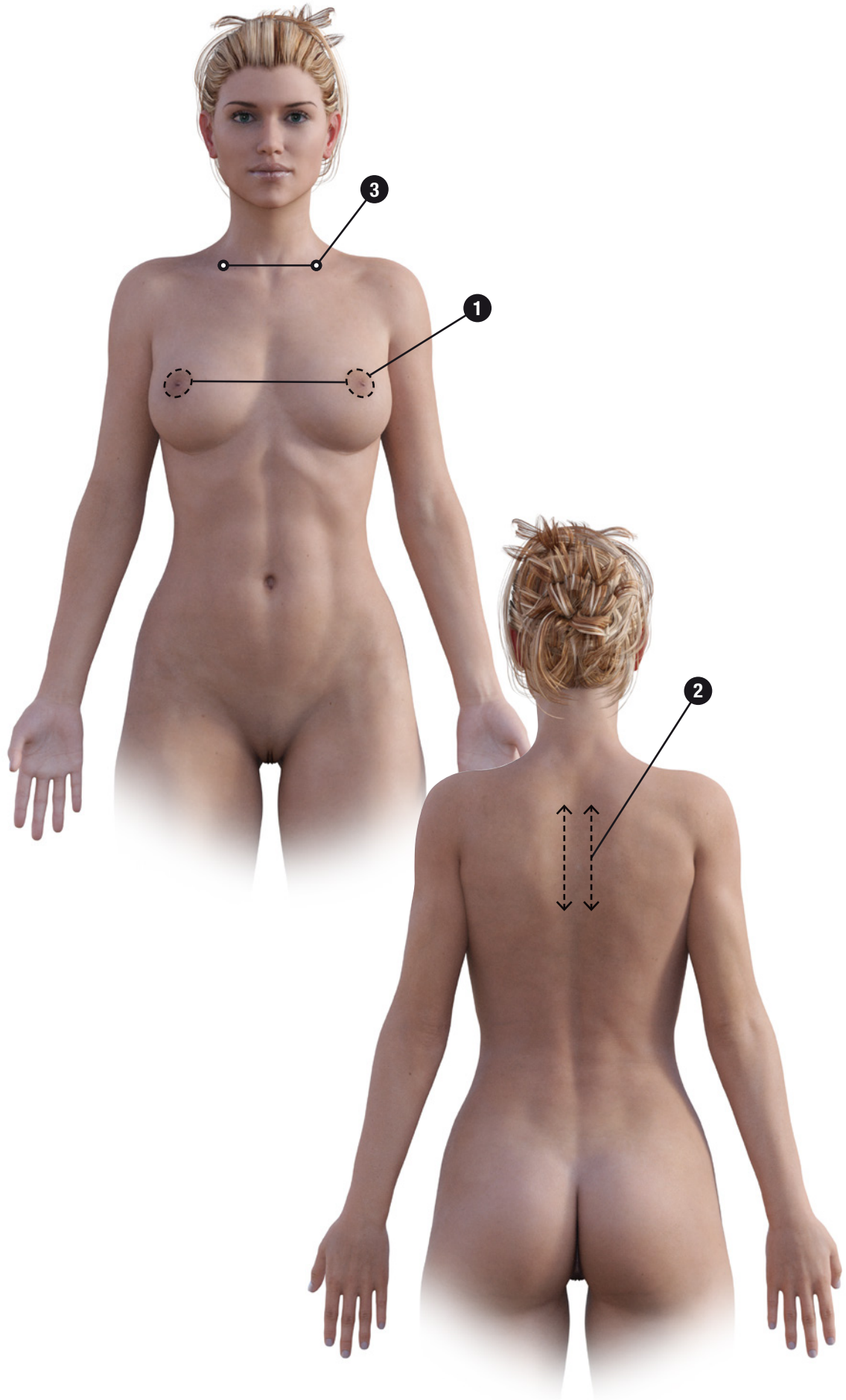
• **HYPOGALACTIA** – deficient secretion of milk.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 Scan papillae and around them in a small circular motion at a distance of 0.5 cm above skin | 3 per side | 50 |
| 2 Scan both sides of vertebral column opposite scapulae | 2 per side | 1000 |
| 3 Supraclavicular fossae | 5 per point | 5 |

i This treatment is best done in conjunction with UNIVERSAL 3 (BLOOD).



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

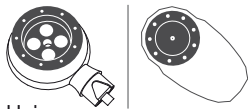
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 9

GYNAECOLOGY 7

20 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest and
repeat course if needed.

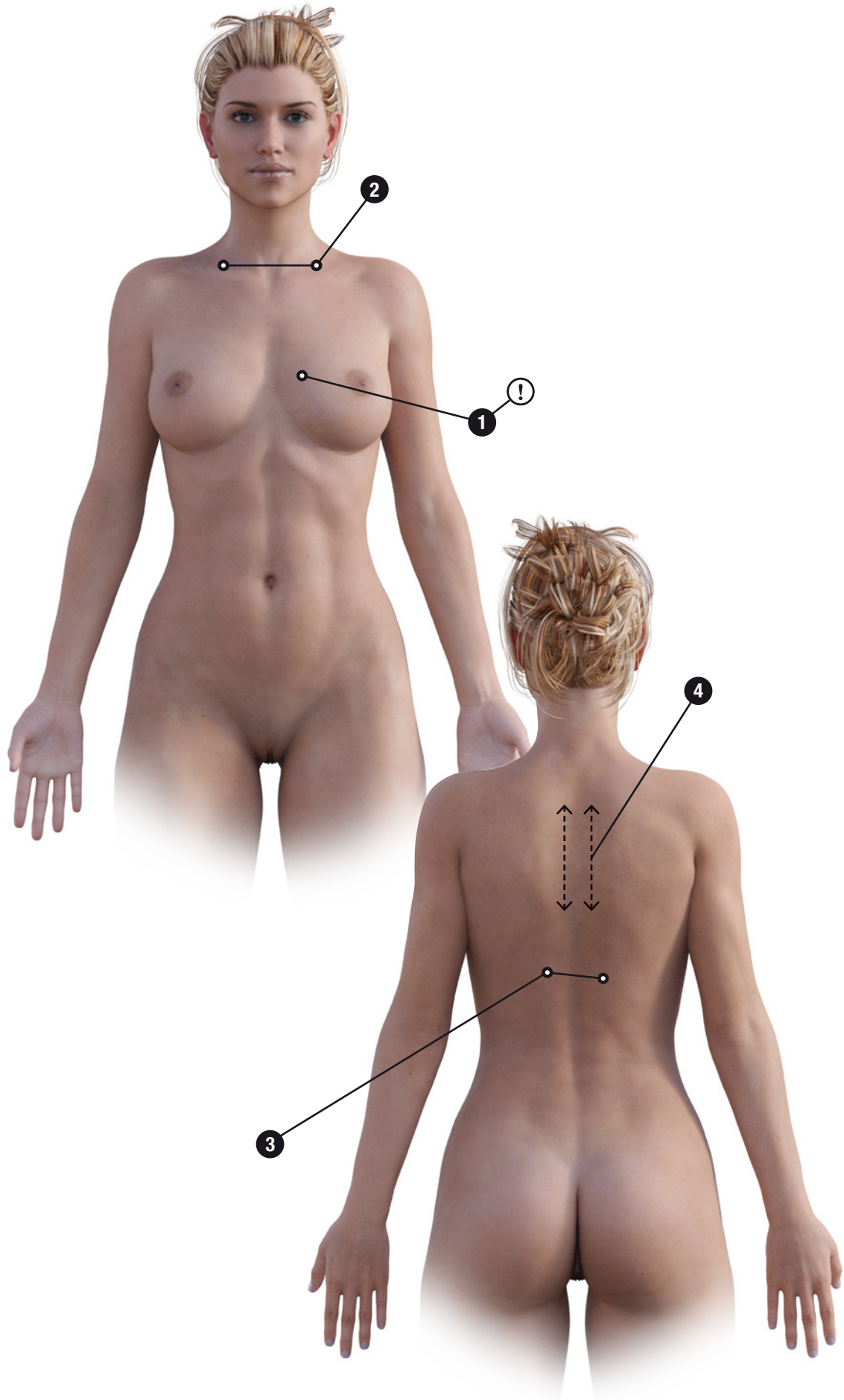
- **DISHORMONAL MASTOPATHY** – breast ailments.
- **FIBROADENOMATOSIS** – benign breast tumours.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|------------------------------|-----------|
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 |
| 2 Supraclavicular fossae | 3 per point | |
| 3 Adrenal glands | 2 per point per frequency | 5 then 50 |
| 4 Scan both sides of vertebral column opposite scapulae | 10 per side | 1000 |

i This treatment is best done in conjunction with UNIVERSAL 3 (BLOOD).



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 10

NEPHROLOGY & UROLOGY

Urinary and
elimination



IMPORTANT

1

Whenever using the Probe, screw off the Probe Sheath after treatment, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



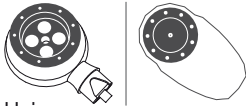
The Probe should be lubricated with K-Y Jelly before inserting. Do NOT use a white or an opaque cream as this will block the radiances.

SECTION 10

NEPHROLOGY 1

30 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily for 15 x days

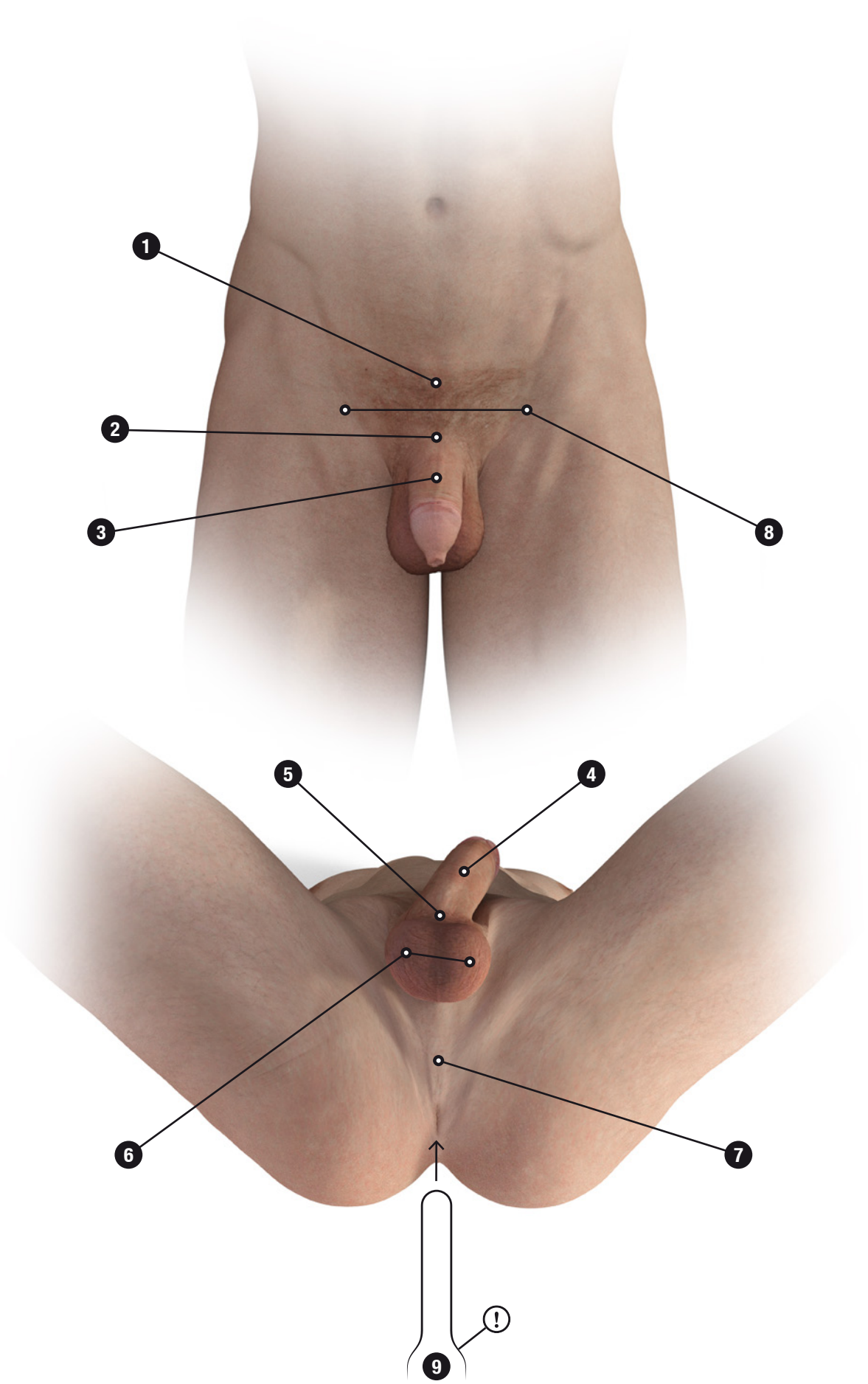
Allow 3 weeks rest and
repeat course if needed.

• **PROSTATITIS** – disease of the prostate gland.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|----------------------------------|-------------|------|
| 1 Bladder | 5 | 5 |
| 2 Base of penis, front | 1 per point | 5 |
| 3 Shaft of penis, front | | |
| 4 Shaft of penis, back | | |
| 5 Base of penis, back | | |
| 6 Testicles | 2 per point | 5 |
| 7 Perineum | 2 | 5 |
| 8 Femoral Arteries | 5 per point | 5 |
| 9 Insert the Probe into the anus | 5 | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

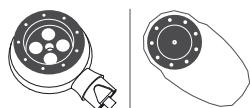


SECTION 10

NEPHROLOGY 2

8 mins

Treatment time



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

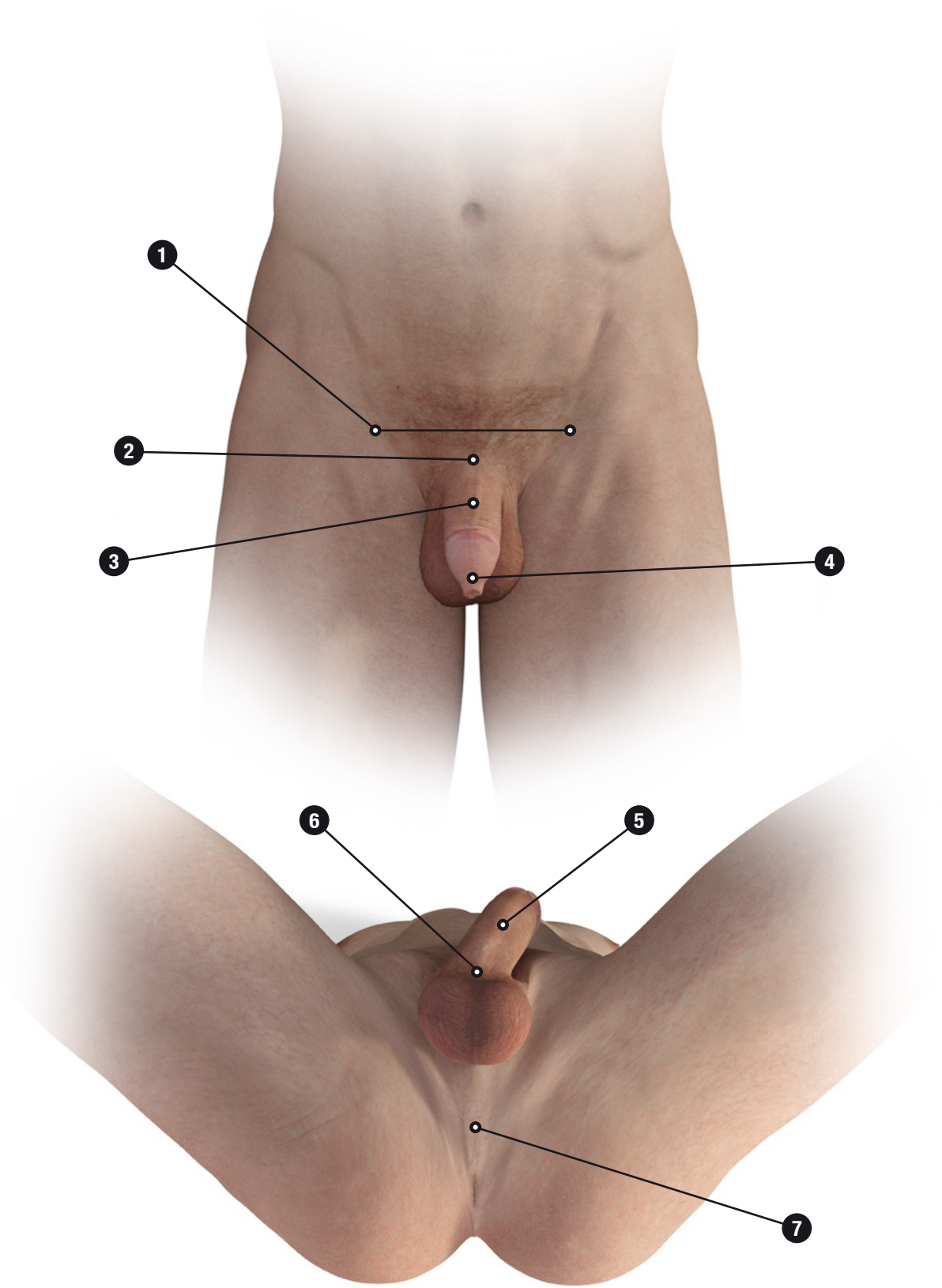
Allow 3 weeks rest and
repeat course if needed.

• **URETHRITIS** – disease of the urethra.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 Femoral Arteries | 1 per point | 5 |
| 2 Base of penis, front | | |
| 3 Shaft of penis, front | | |
| 4 Glans penis. If uncircumcised the foreskin must be pulled back completely | | |
| 5 Shaft of penis, back | | |
| 6 Base of penis, back | | |
| 7 Perineum | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

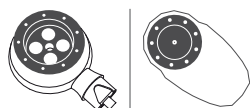


SECTION 10

NEPHROLOGY 3

23 mins

Treatment time



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

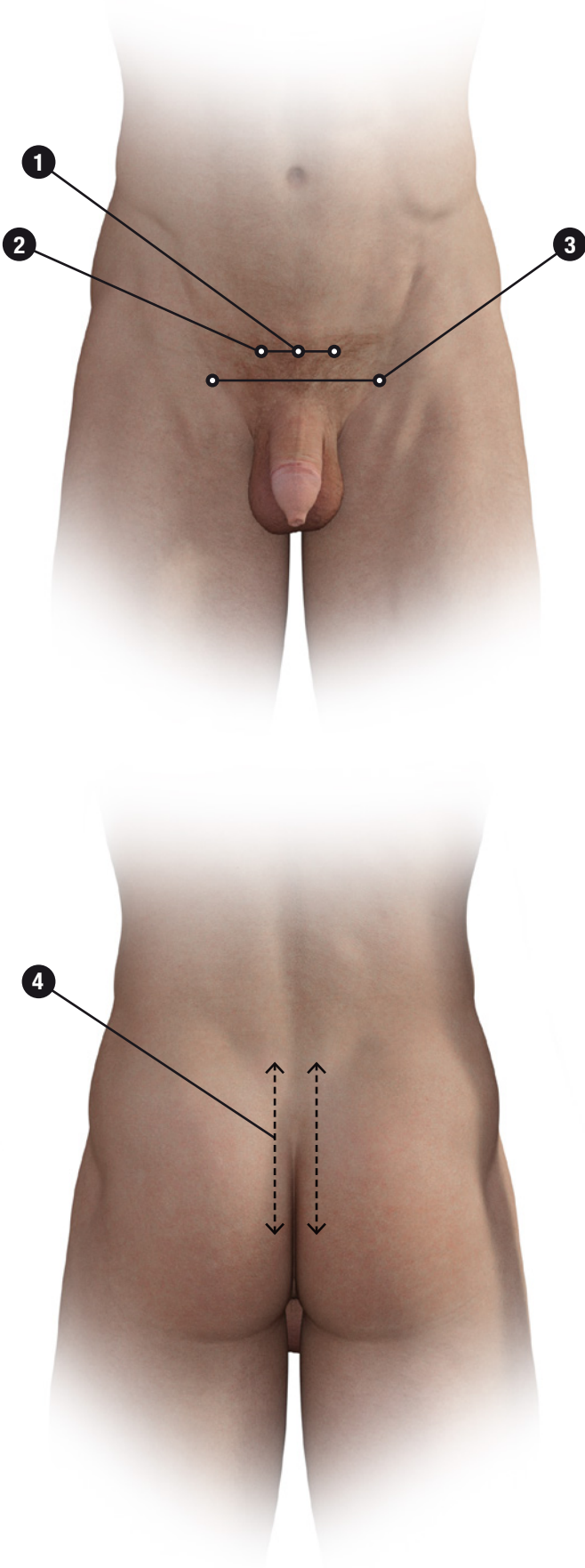
Allow 3 weeks rest and
repeat course if needed.

• **CYSTITIS** – inflammation of the bladder.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 Bladder | 5 | 50 |
| 2 2 points at 5 cm on either side of first point | 2 per point | |
| 3 Femoral arteries | 5 per point | 5 |
| 4 Scan both sides of vertebral column, sacral region | 2 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

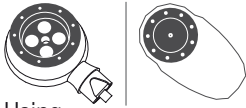
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 10

NEPHROLOGY 4

23 mins

Treatment time



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

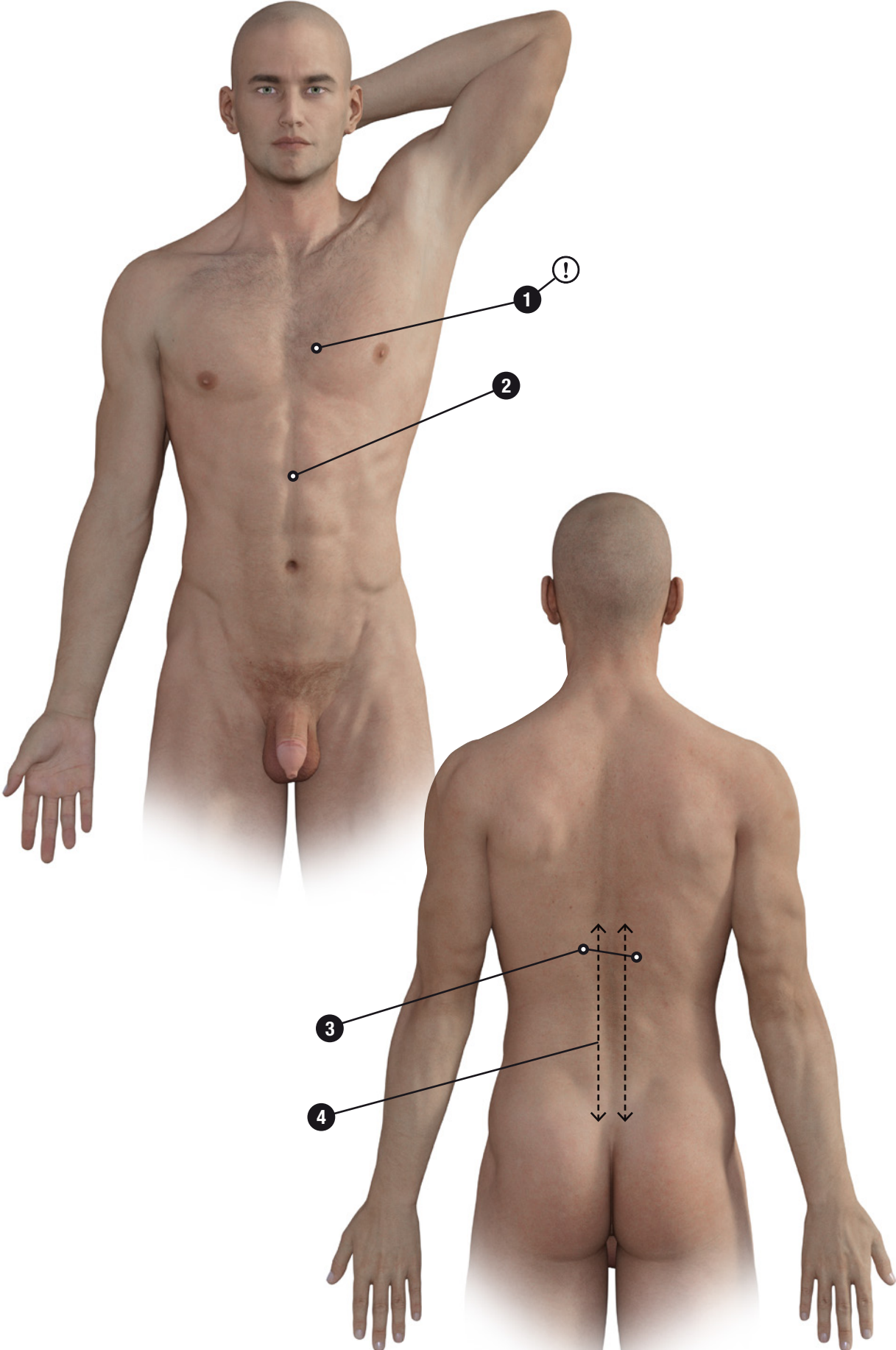
Allow 3 weeks rest and
repeat course if needed.

- **PYELONEPHRITIS** – inflammation of the kidney.
- **GLOMERULONEPHRITIS** – kidney disease.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 Solar plexus | 2 | 50 |
| 3 Kidneys | 5 per point | 5 |
| 4 Scan both sides of vertebral column, from mid back to lower back | 5 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

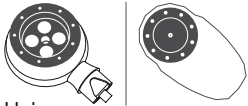
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 10

NEPHROLOGY 5

25 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Meridian Terminal.

1 x daily

for 15 x days

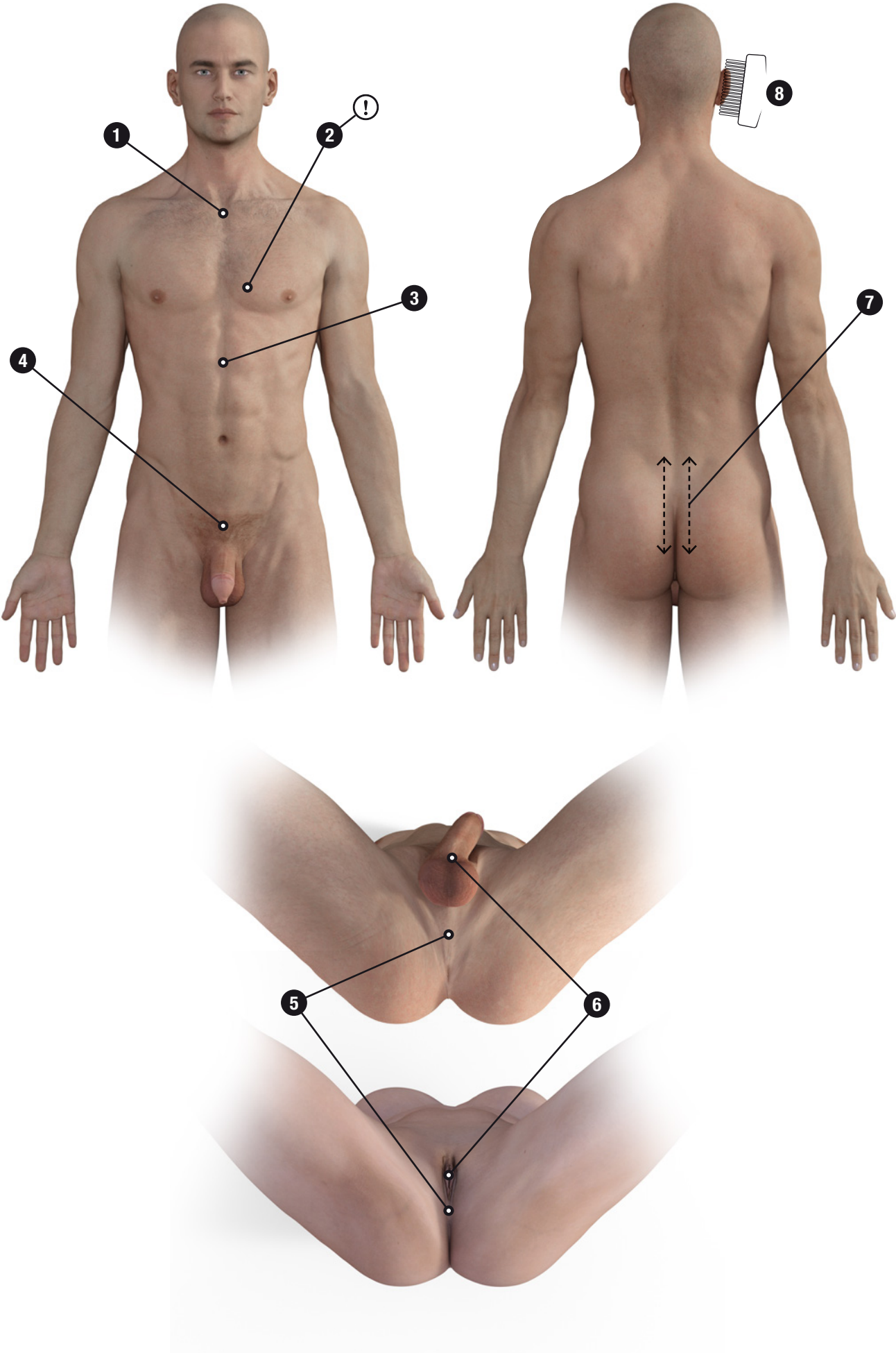
Allow 3 weeks rest and
repeat course if needed.

- **ENURESIS** – bed-wetting.
- **ENCOPRESIS** – involuntary defecation.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 Manubrium sterni | 1 per point | 5 |
| 2 4 th intercostal, left of sternum (only once per day) | | |
| 3 Solar plexus | 2 per point | 50 |
| 4 Bladder | | 5 |
| 5 Perineum | | 50 |
| 6 Base of penis (males), urethra (females) | 5 per side | 5 |
| 7 Scan both sides of vertebral column, sacral region | | 1000 |
| 8 Place Meridian Terminal over ear (both sides) | 3 per ear | 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

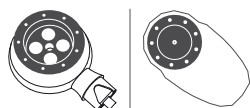
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 10

NEPHROLOGY 6

54 mins +

Treatment time



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 21 x days

For points 1-5 and 7.
Points 6 and 8-10 until
condition has stabilised.

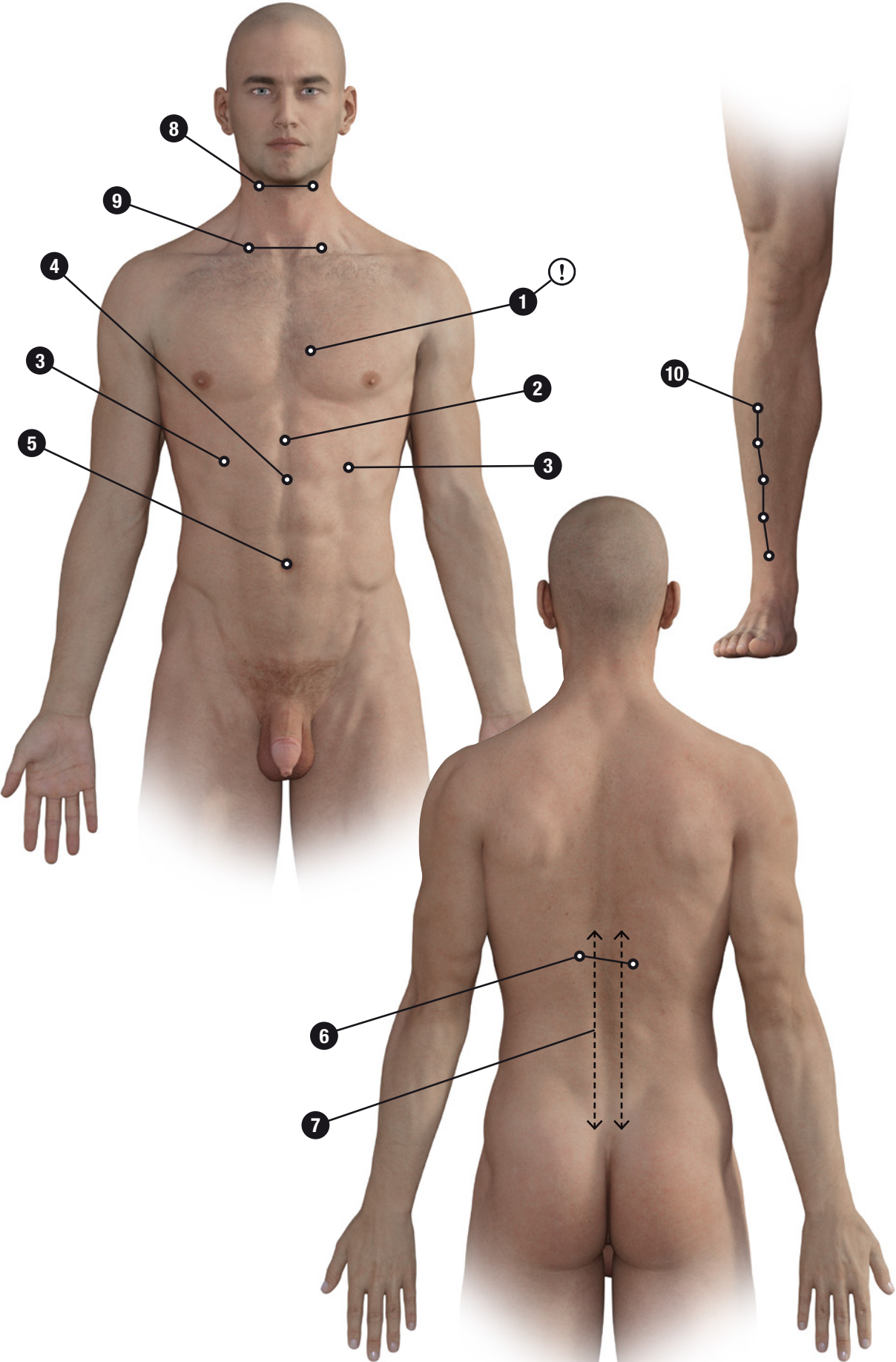
Allow 3 weeks rest and
repeat cycle as necessary.

- RENAL FAILURE
- CHRONIC KIDNEY DISORDER (DIABETIC NEPHROPATHY)

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|--------------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 Epigastrium | 1 | 5 |
| 3 Hypochondrium, left & right | 1 per side | 5 |
| 4 Solar plexus, mid-distance between xiphoid process and umbilicus | 1 | 50 |
| 5 Umbilicus | 1 | 5 |
| 6 Kidneys (using either the 905 nm or the 980 nm laser) | 905 @ 15 per side* | 5 |
| | 980 @ 45 per side | |
| 7 Scan both sides of vertebral column, from mid back to lower back | 2 per side | 1000 |
| 8 Carotid arteries (both sides) | 1 per side | 5 |
| 9 Subclavian arteries (both sides) | 1 per side | 5 |
| 10 5 points along both shins to stimulate stem cells production for kidney regeneration | 1 per point | 50 |



* Treatments with the professional 905 nm laser are more intense and therefore the 45 min per kidney treatment time using the 980 nm laser, may be shortened significantly with the 905 nm.



SECTION 11

PROCTOLOGY

Colorectal



IMPORTANT

1

Whenever using the Probe, screw off the Probe Sheath after treatment, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



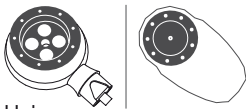
The Probe should be lubricated with K-Y Jelly before inserting. Do NOT use a white or an opaque cream as this will block the radiances.

SECTION 11

PROCTOLOGY 1

31 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily

for 15 x days

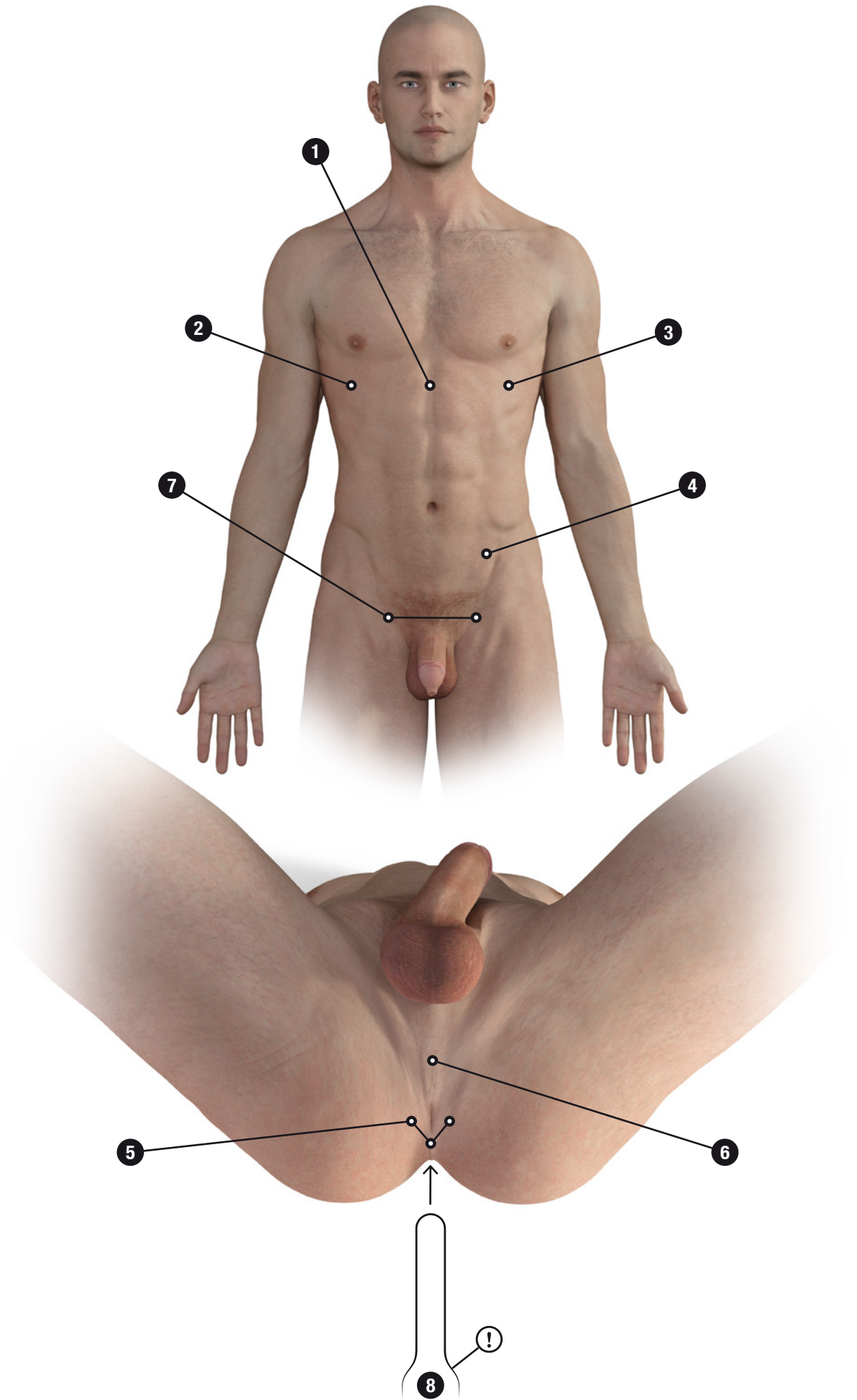
Allow 3 weeks rest and
repeat course if needed.

• HEMORRHOIDS

| TREATMENT POINT | | ⌚ MINS | ⚡ HZ |
|-----------------|---|-------------|------|
| 1 | Epigastrium | 2 per point | 5 |
| 2 | Right hypochondrium | | |
| 3 | Left hypochondrium | | |
| 4 | Left iliac | | |
| 5 | 3 points around anus | | |
| 6 | Perineum | | |
| 7 | Femoral arteries | | |
| 8 | A If hemorrhoids are on the outside of the sphincter, place tip of the Probe against hemorrhoids | 5 | 1000 |
| | B If hemorrhoids are on the inside of the sphincter, insert Probe just through the sphincter | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

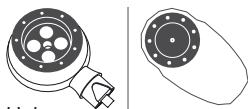


SECTION 11

PROCTOLOGY 2

11 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily

for 15 x days

Allow 3 weeks rest and
repeat course if needed.

• **ANAL PRURITUS** – anal itching.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------|------|
| 1 Scan an area of 5 cm around the anus | 5 | 50 |
| 2 Scan both sides of vertebral column, sacral region | 2 per side | 1000 |
| 3 Place Probe against the anus | 2 | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

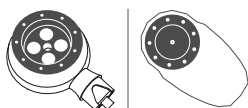


SECTION 11

PROCTOLOGY 3

12 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily for 8 x days

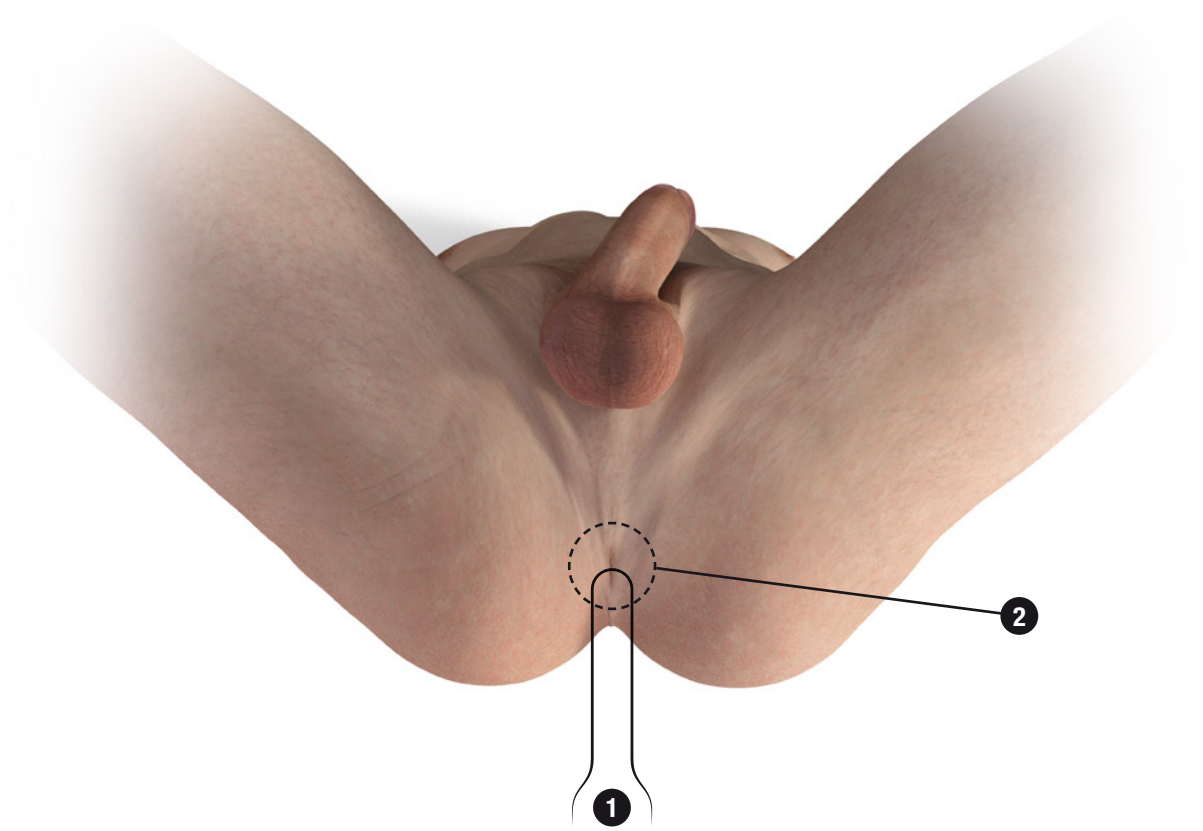
Allow 3 weeks rest and
repeat course if needed.

• ANAL FISSURES

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-----------------|------------------------|
| 1 Place Probe against the anus | 2 | Day 1-4 @ 1000 |
| | | Day 5-8 @ Variable (V) |
| 2 Scan an area of 5 cm around the anus with Medical Terminal | 5 per frequency | 5 then 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Brain and nervous
system disorders



IMPORTANT

1

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

2

A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.

3

Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.

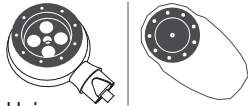
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 12

NEUROLOGY 1

18 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For points 5-6.

2 x daily for 15 x days

Allow 3 weeks rest and
repeat cycle.

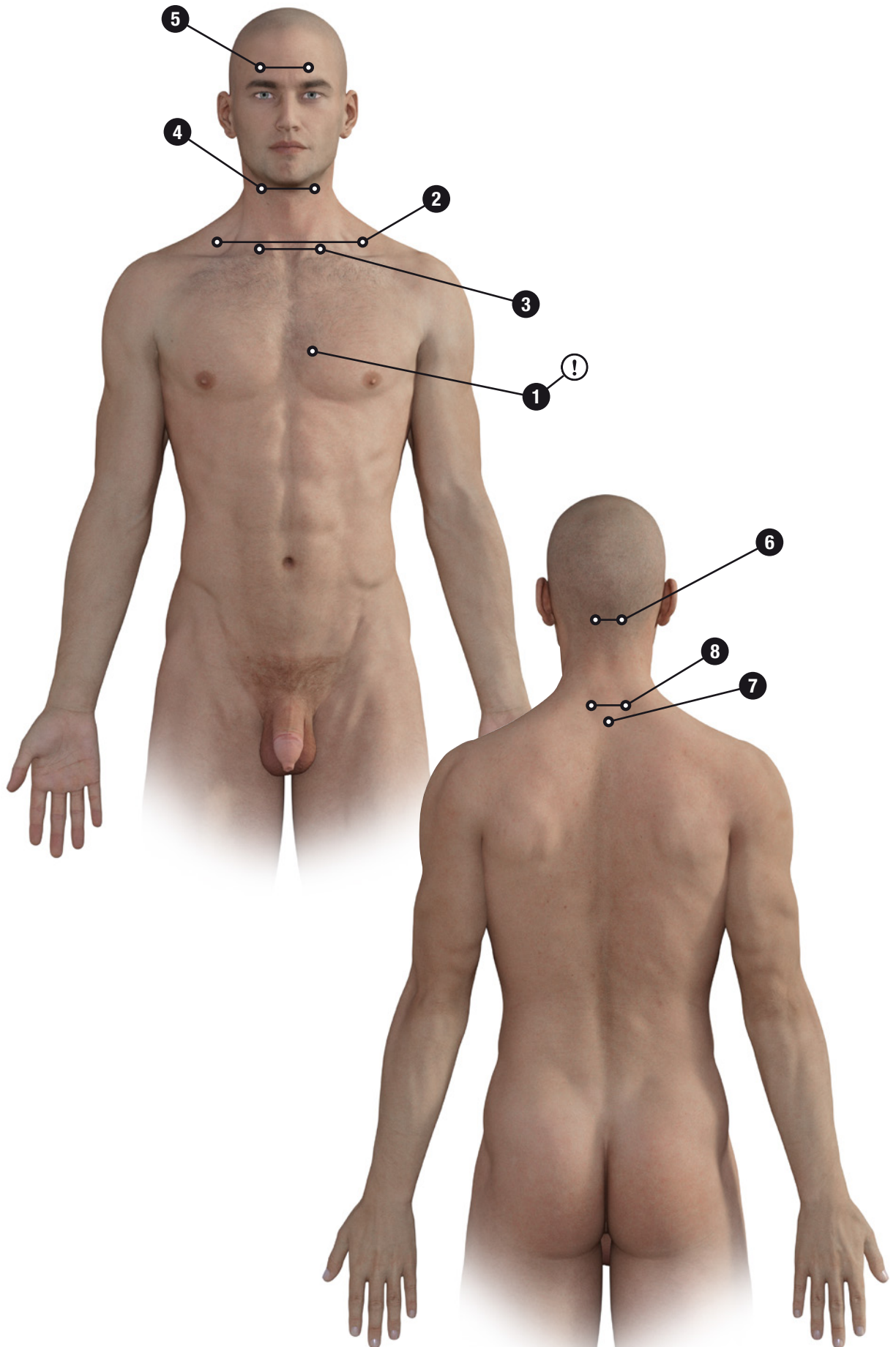
Repeat every 3 months
until full health has been
restored.

- CEREBRAL BLOOD CIRCULATION DISORDERS
- STROKES

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|---|-------------|------|--|
| 1 4 th intercostal, left of sternum (only once per day) | 5 | 5 | |
| 2 Subclavian fossae | 1 per point | | |
| 3 Supraclavicular fossae | | | |
| 4 Carotid arteries | | | |
| 5 Frontotemporal | 50 | | |
| 6 Suboccipital fossae | | | |
| 7 Spine (C-7) | | | |
| 8 Base of neck | | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

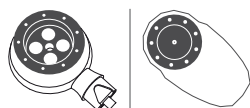


SECTION 12

NEUROLOGY 2

18 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

Allow 3 weeks rest before
doing UNIVERSAL 4 (SB-1).

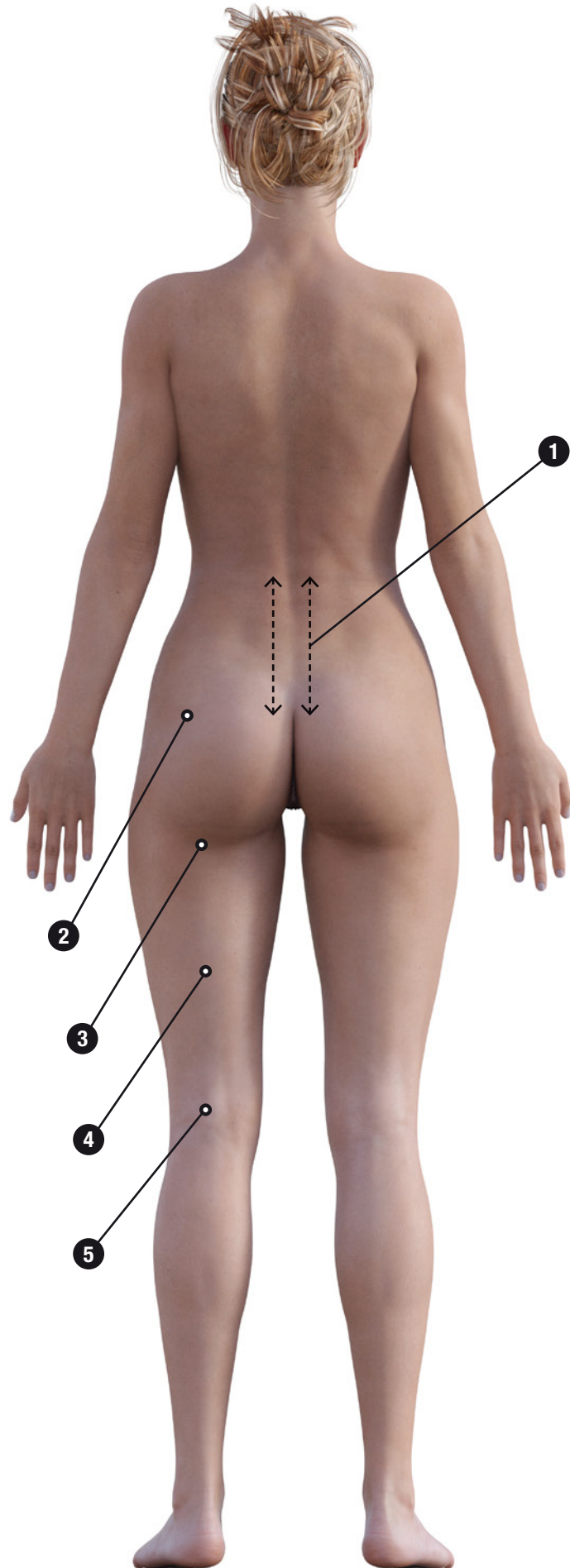
Thereafter repeat treatment
if necessary, allowing for
the periods of rest between
courses.

• **ISCHIALGIA** – pain in the hips.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 Scan both sides of vertebral column, lumbosacral | 5 per side | 1000 |
| 2 Buttock piriformis on affected side | 2 per point | 5 |
| 3 Sub-buttock on affected side | | |
| 4 Middle back of femur on affected side | | |
| 5 Popliteal fossa on affected side | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





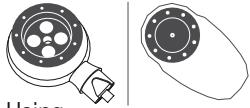
The eyes must be closed during this treatment.

SECTION 12

NEUROLOGY 3

20 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

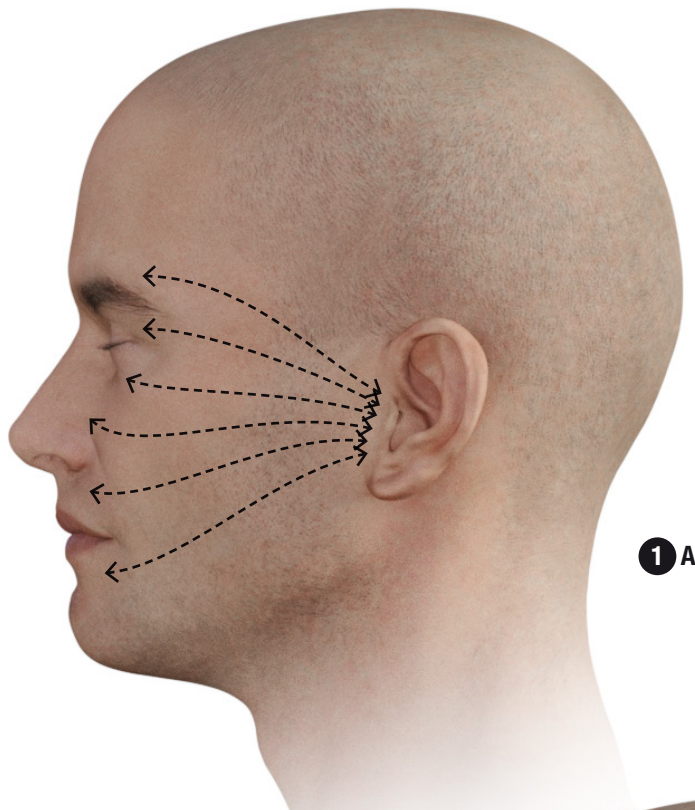
Allow 3 weeks rest and
repeat course if needed.

• NEUROPATHY OF OPHTHALMIC NERVE – eye ailments.

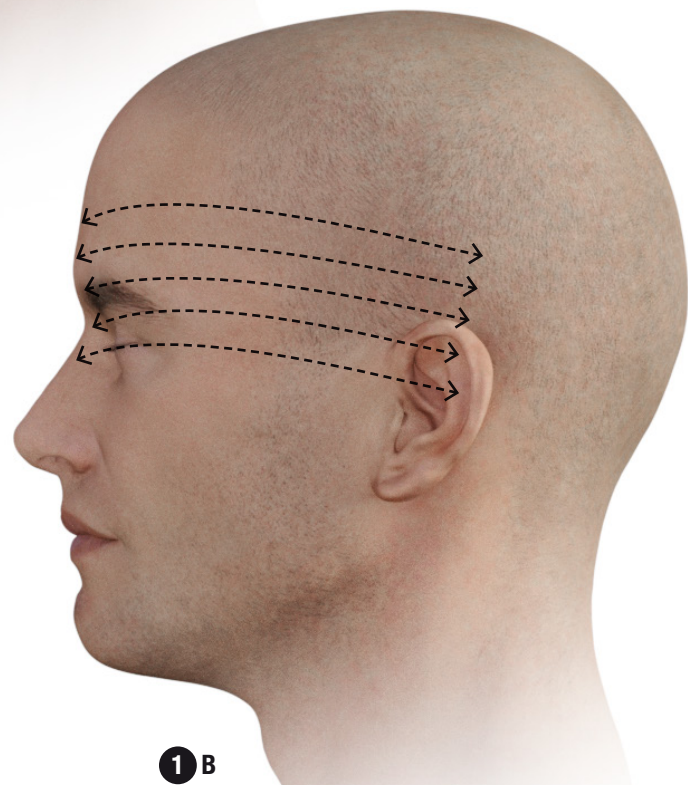
| TREATMENT POINT | | ⌚ MINS | ⚡ HZ |
|-----------------|--|------------|------|
| 1 | A Scan both sides of the face going from front of ears to the bottom of the jaw and up to the temporal area, as shown in the diagram | 5 per side | 1000 |
| | B Scan both sides of the head including the ear, as shown in the diagram | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



1 A



1 B



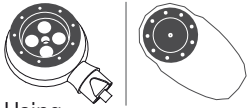
The eyes must be closed during this treatment.

SECTION 12

NEUROLOGY 4

20 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

for 15 x days

Allow 3 weeks rest and
repeat course if needed.

- TRIGEMINAL NERVE NEURALGIA
- TRIGEMINAL NERVE NEUROPATHY – facial pain.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 Scan both sides of the face as shown in diagram | 10 per side | 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 12

NEUROLOGY 5

17 mins

Treatment time.



Using:
Delta Probe Terminal
with Extended Sheath.

2 x daily
for 15 x days

Allow 2 weeks rest and
repeat cycle as necessary.

- **DELIRIUM TREMENS** – withdrawal symptoms.

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| ● Place the tip of the Probe on each point shown in the diagram. Treat the points shown on both ears | 1 per point | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 12

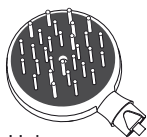
NEUROLOGY 6

18 mins

Treatment time.



Using:
Delta Probe Terminal
with Extended Sheath.



Using:
Delta Meridian Terminal.

2 x daily for 15 x days

Allow 2 weeks rest and
repeat cycle as necessary.

• ALCOHOLISM

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| ① Place the tip of the Probe on each point shown in the diagram. Point behind the ear should be done on both sides | 1 per point | 1000 |
| ② Place Meridian Terminal over entire ear. Treat both ears | 3 per ear | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 12

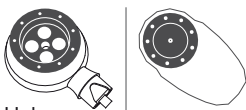
NEUROLOGY 7

13 mins

Treatment time.



Using:
Delta Probe Terminal
with Extended Sheath.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest
and repeat course until
improvement is noticed.

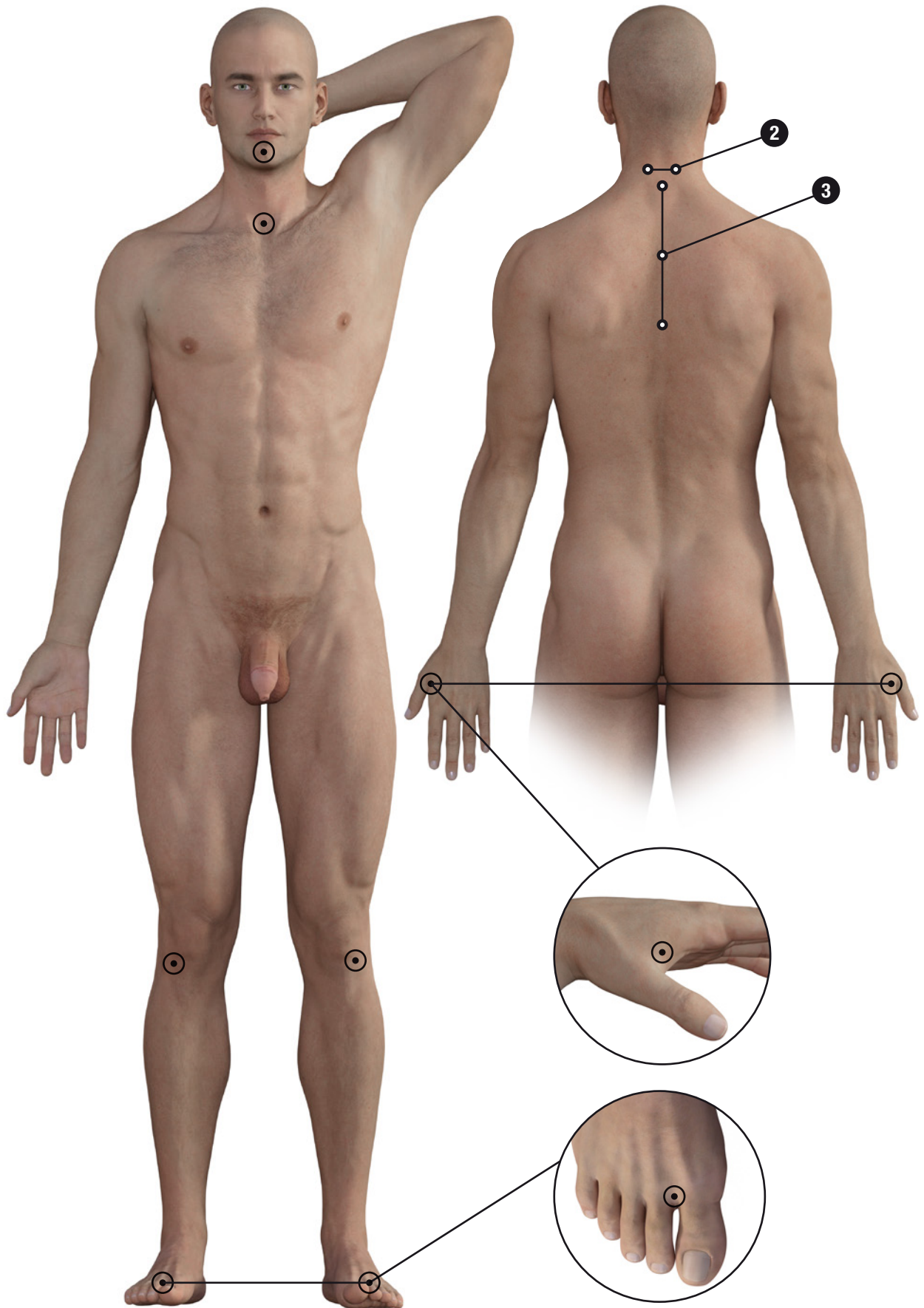
Thereafter it is a matter of
gaining confidence in not
stuttering.

• STUTTERING

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| ① Place the tip of the Probe on each point shown in the diagram. | 1 per point | 1000 |
| ② Using the Medical Terminal | | 50 |
| ③ Using the Medical Terminal | | 5 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

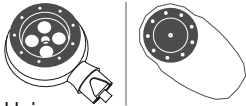
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 12

NEUROLOGY 8

16 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For point 4.

2 x daily

for 15 x days

Allow 3 weeks rest
and repeat course until
condition is cured.

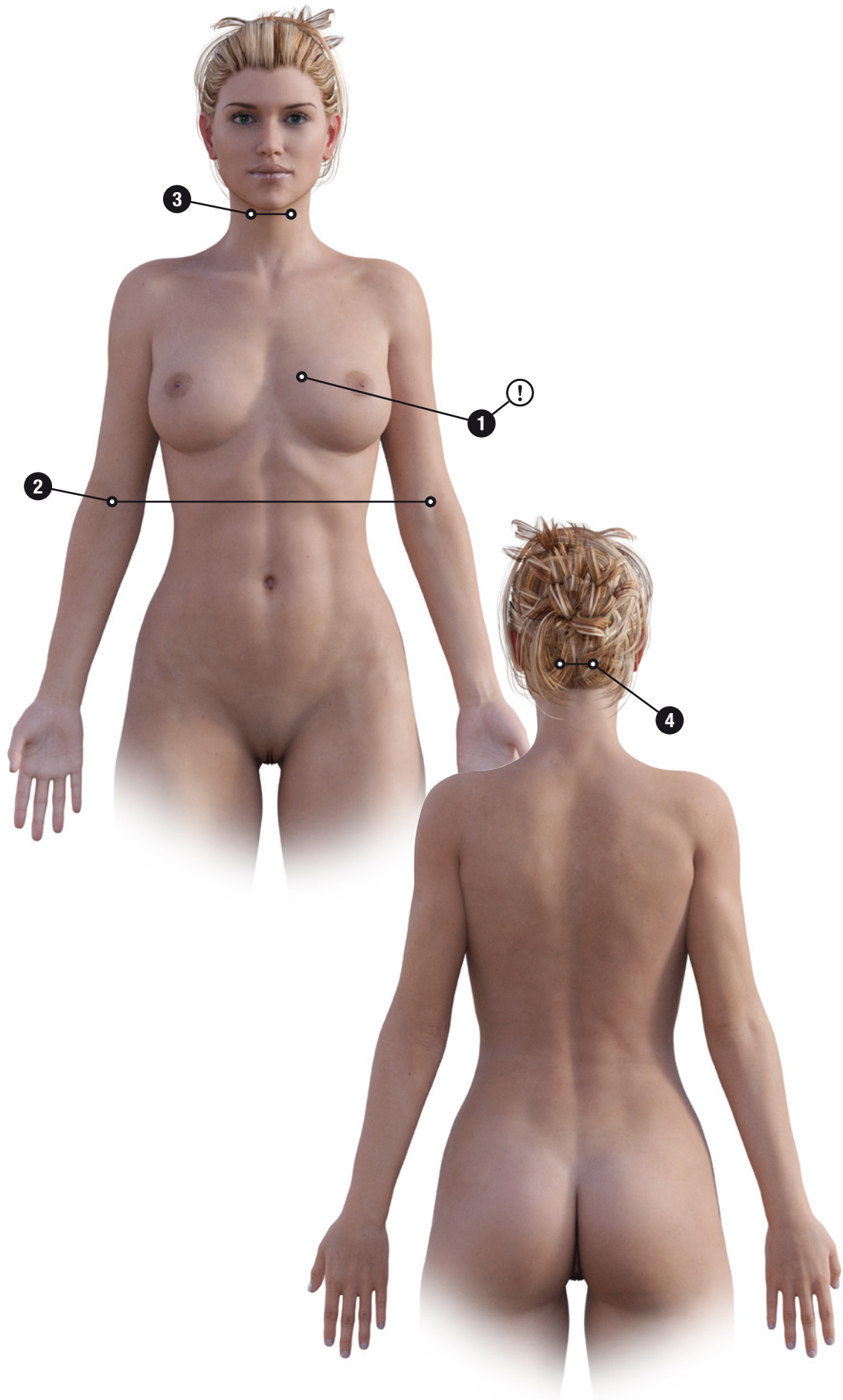
Thereafter repeat course
once every 6 months.

• EPILEPSY

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|---|-------------|------|--|
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 | |
| 2 Elbow fossae | 5 per point | | |
| 3 Carotid Arteries | 1 per point | | |
| 4 Suboccipital | | 50 | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

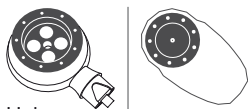


SECTION 12

NEUROLOGY 9

1 hr 13 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 21 x days

Allow 2 weeks rest
and repeat cycle until
improvement is noticed.

Thereafter treat every 3
months if still necessary.

• FIBROMYALGIA

PART 1 EARLY MORNING

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|-------------------------|------------------------------|-----------|
| As shown in the diagram | 1 per point per frequency | 5 then 50 |

PART 2 EARLY EVENING

Apply UNIVERSAL 3 (BLOOD) every 2nd day

PART 3 EVENING AFTER DINNER

Apply UNIVERSAL 5 (SB-2) every day



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





Conditions that display recurring areas of pain should additionally be treated locally, on and surrounding the area of pain at 50 Hz for 2 mins per point.

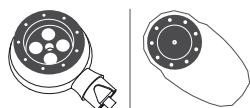
Where there has been muscle wastage, the appropriate muscles should also be treated, based on the treatment program set out in NEUROLOGY 13.

SECTION 12

NEUROLOGY 10

1 hr 13 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

Do continuously (without rest periods) until definite improvement is noticed.

Thereafter treat for 21 days, but doing only 3 courses of UNIVERSAL 4 (SB-1), and allowing a period of 2 weeks rest between courses.

• MULTIPLE SCLEROSIS

PART 1 EARLY MORNING & EVENING

Apply UNIVERSAL 5 (SB-2) twice a day (morning and evening)

PART 2 MIDDAY

A Apply UNIVERSAL 3 (BLOOD) every 2nd day (alternating with B)

B Apply CARDIOLOGY 2 every 2nd day (alternating with A)

PART 3 EVENING AFTER DINNER

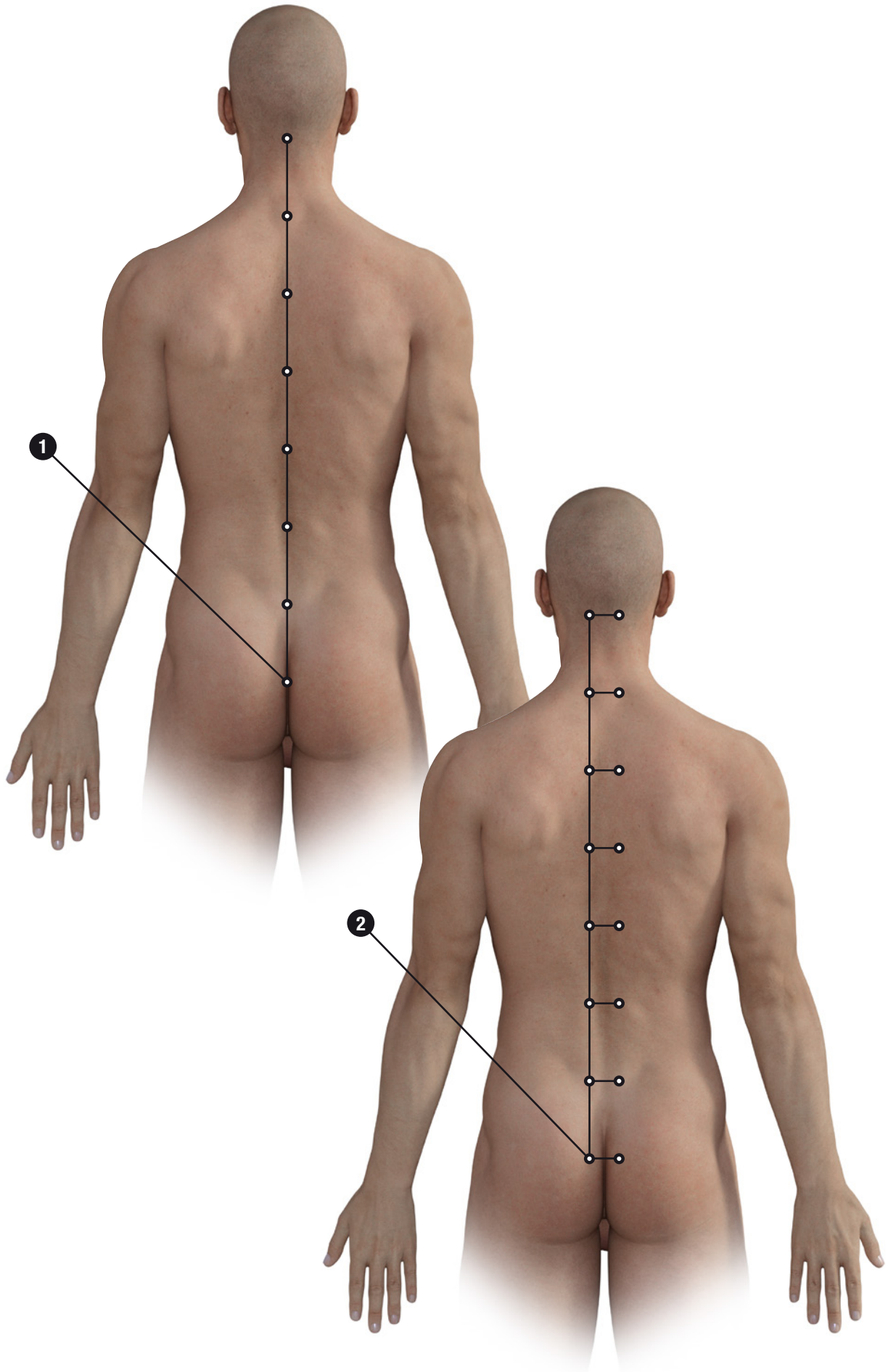
Apply UNIVERSAL 4 (SB-1) one part done once per day, every evening for 6 days. Having completed all 6 parts start again at the beginning.

PART 4 EVENING AFTER DINNER

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 From coccyx to occiput at 10 cm intervals | 1 per point | 1000 |
| 2 Along both sides of vertebral column through long extensors at 10 cm intervals | | 50 |



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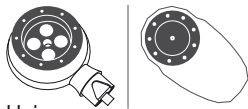
This treatment is best done last thing at night before going to sleep so as to ensure a good night's sleep.

SECTION 12

NEUROLOGY 11

32 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest before
doing UNIVERSAL 4 (SB-1).

Thereafter repeat treatment
if necessary, allowing for
the periods of rest between
courses.

• WITTMACK-EKBOM'S SYNDROME (RESTLESS LEGS OR RESTLESS ARMS SYNDROME)

LEGS

For points 2-6 do first the one leg and then the other

| TREATMENT POINT | ⌚ MINS | 📡 HZ |
|--|-------------|------|
| 1 Scan both sides of vertebral column, lumbosacral | 5 per side | 1000 |
| 2 Adrenal glands | 2 per point | 5 |
| 3 Buttock piriformis | | |
| 4 Sub-buttock | | |
| 5 Middle back of femur | | |
| 6 Popliteal fossa | | |
| 7 Below the calf muscle | | |

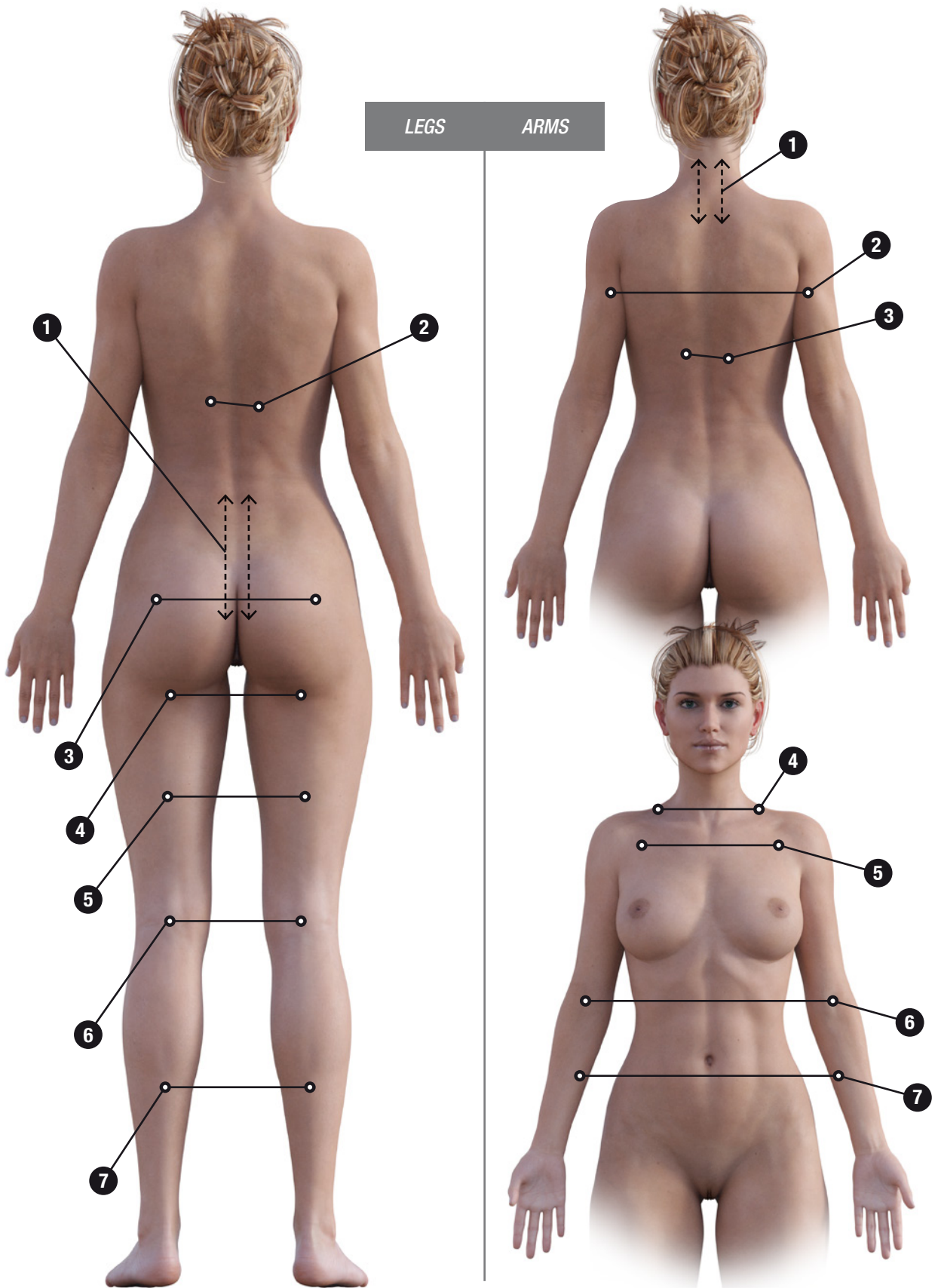
ARMS

For points 2-6 do first the one arm and then the other

| TREATMENT POINT | ⌚ MINS | 📡 HZ |
|---|-------------|------|
| 1 Scan both sides of vertebral column, base of neck | 5 per side | 1000 |
| 2 Long head of triceps | 2 per point | 5 |
| 3 Adrenal glands | | |
| 4 Front of trapezius | | |
| 5 Pectoralis major | | |
| 6 Anconeal arteries | | |
| 7 Palmaris longus | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





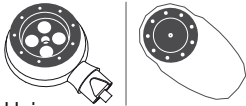
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 12

NEUROLOGY 12

1 hr 20 mins ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

***2 x daily
for 30 x days**

Allow 2 weeks rest and
repeat cycle.

Thereafter treat every 3
months if still necessary.

• PARKINSON'S DISEASE

PART 1 EARLY MORNING

A Apply UNIVERSAL 3 (BLOOD) every 2nd day (alternating with B)

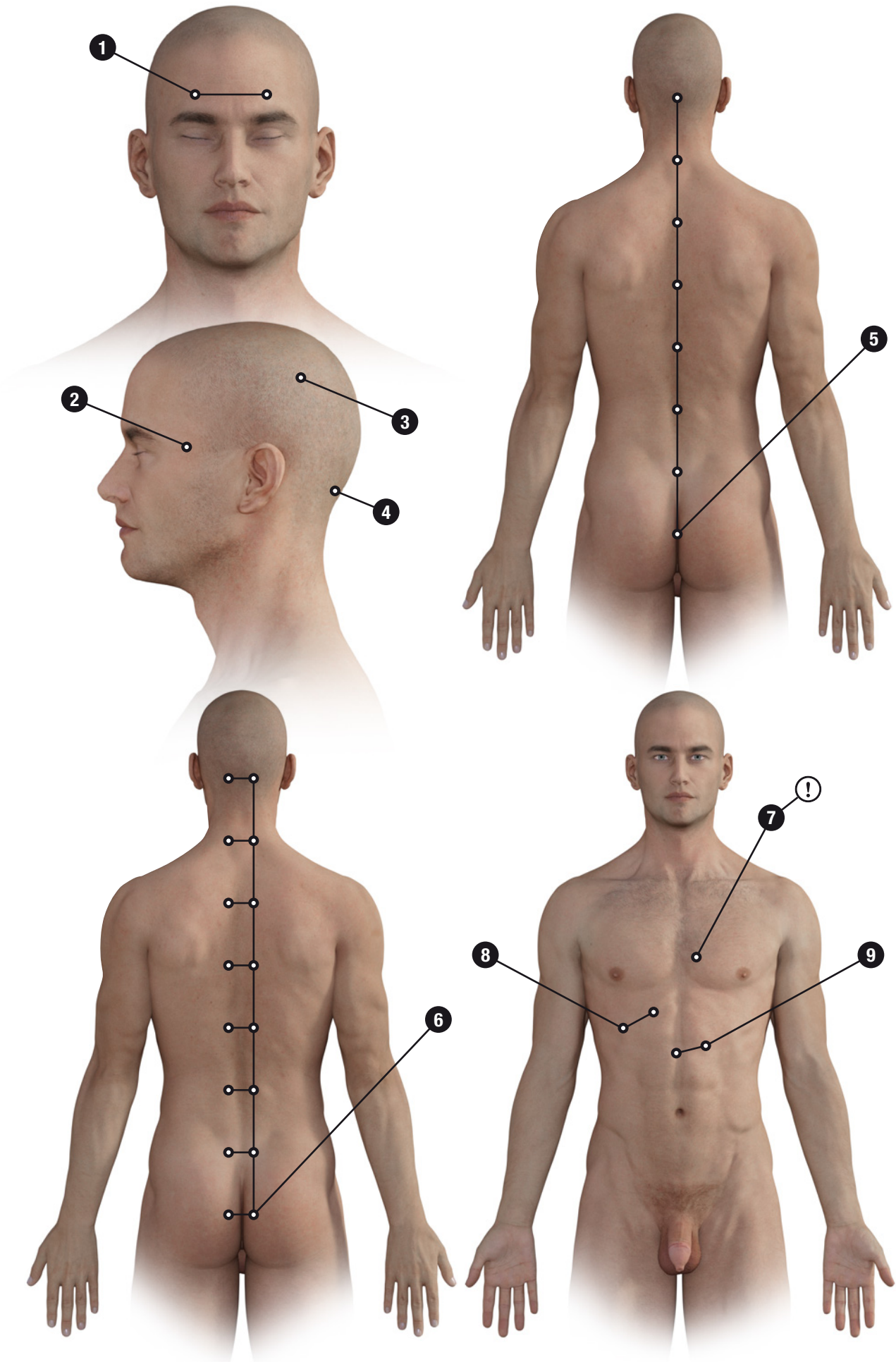
B Apply UNIVERSAL 5 (SB-2) every 2nd day (alternating with A)

PART 2* MIDDAY & EVENING AFTER DINNER

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|---|-------------|------|--|
| 1 Frontal (both sides) | 1 per side | 50 | |
| 2 Temple (both sides) | | | |
| 3 Parietal lobes (both sides) | | | |
| 4 Suboccipital (both sides) | | | |
| 5 From coccyx to occiput at 10 cm intervals | 1 per point | 1000 | |
| 6 Along both sides of vertebral column through long extensors at 10 cm intervals | | 50 | |
| 7 4 th intercostal, left of sternum (only once per day) | 2 | 5 | |
| 8 Liver, 2 points 10 cm apart | 1 per point | 50 | |
| 9 Pancreas, 2 points 10 cm apart | | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





To make the treatment of the muscles somewhat easier some of the muscles have been grouped where possible, so that one point of irradiation serves to irradiate more than one muscle.

It is also of vital importance that as from the commencement of PLAN 2, the patient also undergoes a suitable physiotherapy program in order to rebuild the wasted muscle.

SECTION 12

NEUROLOGY 13

44 mins

Treatment time.



Using:
Delta Aesthetic Terminal.

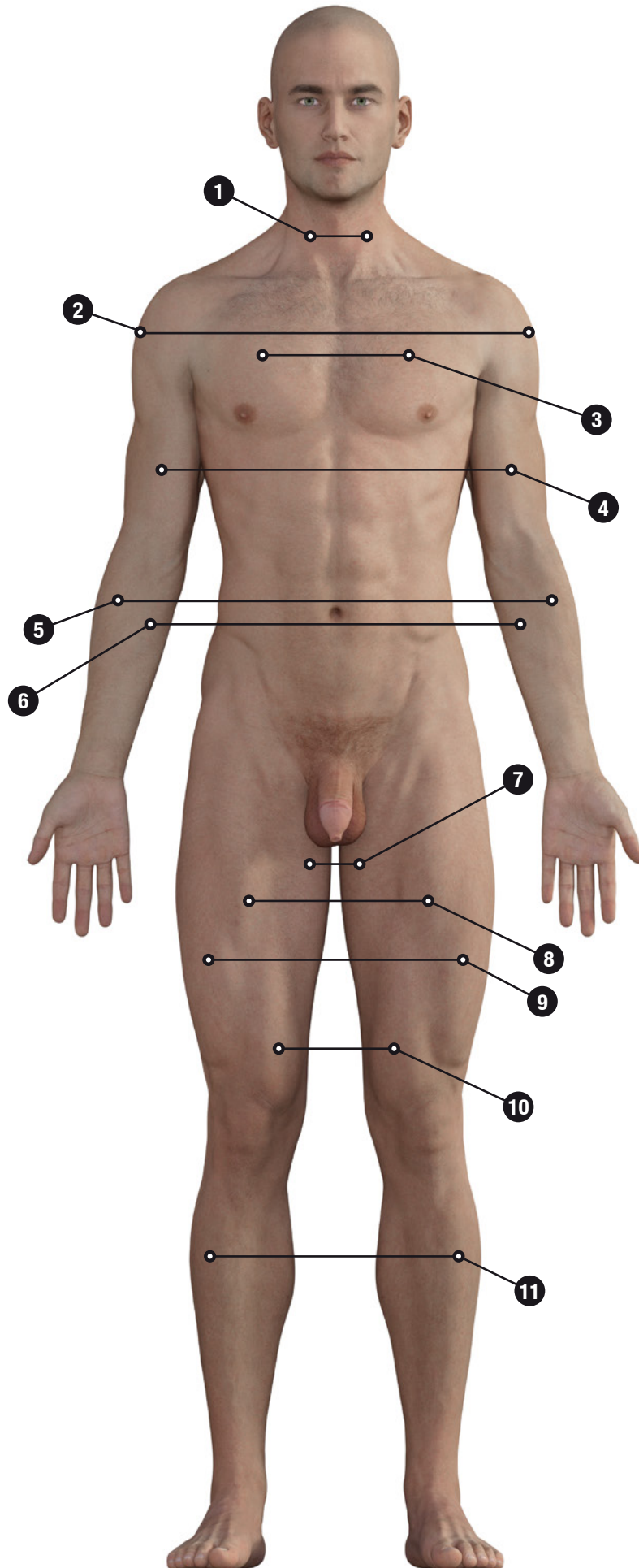
1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

• MUSCULAR DYSTROPHY

| PLAN 1 | EARLY MORNING | |
|---|------------------------------|-------------------------|
| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
| 1 Sternocleidomastoid | 1 per point per frequency | 50 then Variable (V) |
| 2 Deltoid | | |
| 3 Pectoralis | | |
| 4 Biceps | | |
| 5 Brachioradialis | | |
| 6 Flexor carpi radialis and palmaris longus | | |
| 7 Adductor longus and gracilis | | |
| 8 Rectus femoris | | |
| 9 Vastus lateralis | | |
| 10 Vastus medialis | | |
| 11 Peroneus longus | | |

Continued overleaf...



1 hr 8 mins

Treatment time.



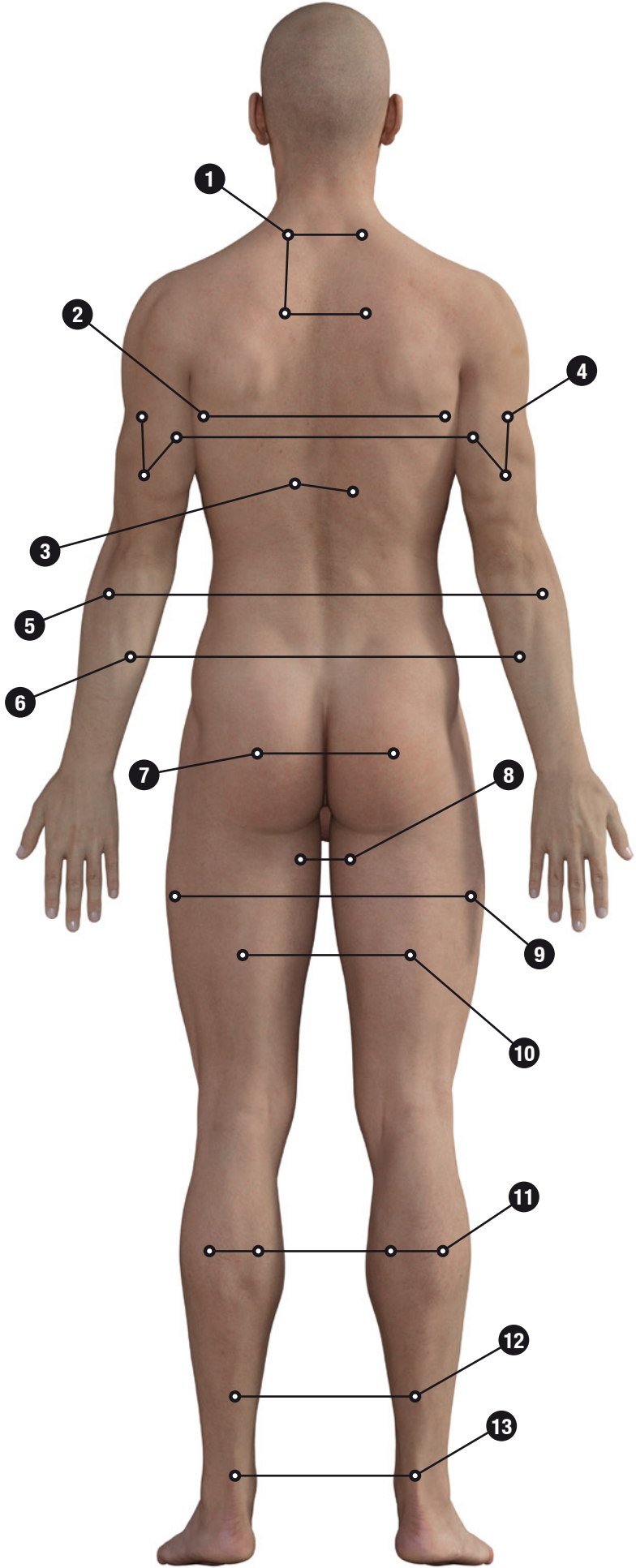
Using:
Delta Aesthetic Terminal.

1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

| PLAN 1 | | MIDDAY | |
|--------------------------------------|------------------------------|-------------------------|--|
| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
| 1 Trapezius | 1 per point per frequency | 50 then Variable (V) | |
| 2 Teres major | | | |
| 3 Latissimus dorsi/adrenal glands | | | |
| 4 Triceps, 3 points | | | |
| 5 Extensor | | | |
| 6 Flexor | | | |
| 7 Gluteus maximus | | | |
| 8 Adductor magnus | | | |
| 9 Iliotibial | | | |
| 10 Semitendinosus and biceps femoris | | | |
| 11 Gastrocnemius | | | |
| 12 Soleus | | | |
| 13 Achilles | | | |

Continued overleaf...



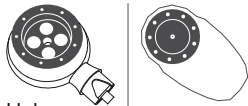


In treating the heart area NEVER use a frequency other than 5 Hz.

Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

1 hr 5 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

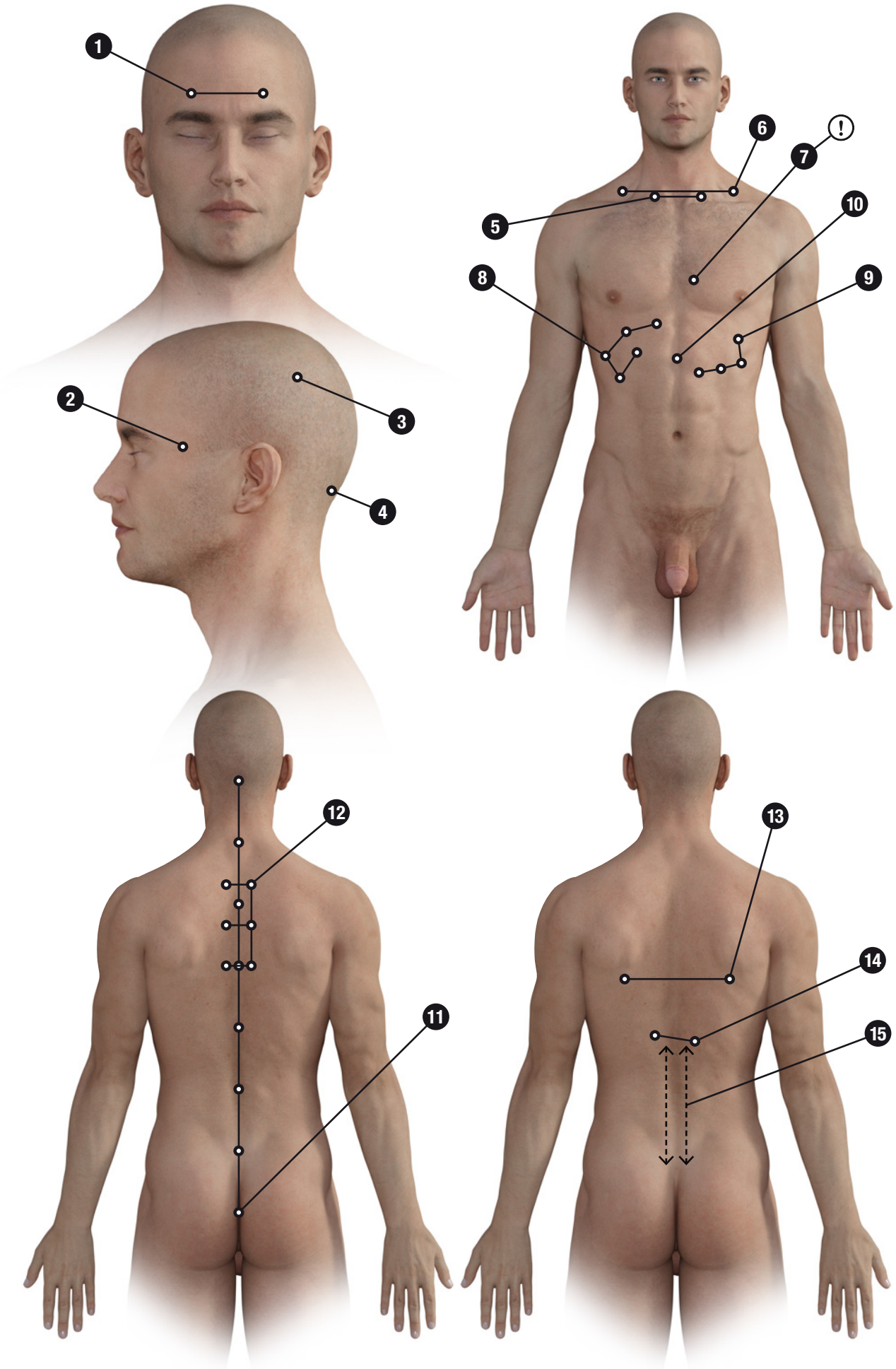
For points 1-4.

1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

| PLAN 1 | | EARLY EVENING | | |
|-----------------|--|---------------------------|-----------|--|
| TREATMENT POINT | | ⌚ MINS | ⚡ HZ | |
| 1 | Frontal (both sides) | 1 per side | 50 | |
| 2 | Temple (both sides) | | | |
| 3 | Parietal lobes (both sides) | | | |
| 4 | Suboccipital (both sides) | | | |
| 5 | Subclavian fossae | 2 per point | 5 | |
| 6 | Supraclavicular fossae | 1 per point | | |
| 7 | 4 th intercostal, left of sternum (only once per day) | 2 | | |
| 8 | Liver | 1 per point | 50 | |
| 9 | Spleen and pancreas | | | |
| 10 | Solar plexus | 2 | | |
| 11 | Coccyx to occiput at 10 cm intervals | 1 per point | 1000 | |
| 12 | 3 points along both sides of vertebral column, opposite scapulae | 1 per point per frequency | 5 then 50 | |
| 13 | 2 points below scapulae | 2 per point | 5 | |
| 14 | Kidneys | 5 per point | | |
| 15 | Scan both sides of vertebral column from mid back to lower back | 5 per side | 1000 | |
| PLAN 1 | | LAST THING AT NIGHT | | |
| 1 | Apply UNIVERSAL 5 (SB-2) every day | | | |
| 2 | Apply UNIVERSAL 3 (BLOOD) every 2 nd day | | | |

PLAN 2 overleaf...



22 mins

Treatment time.



Using:
Delta Aesthetic Terminal.

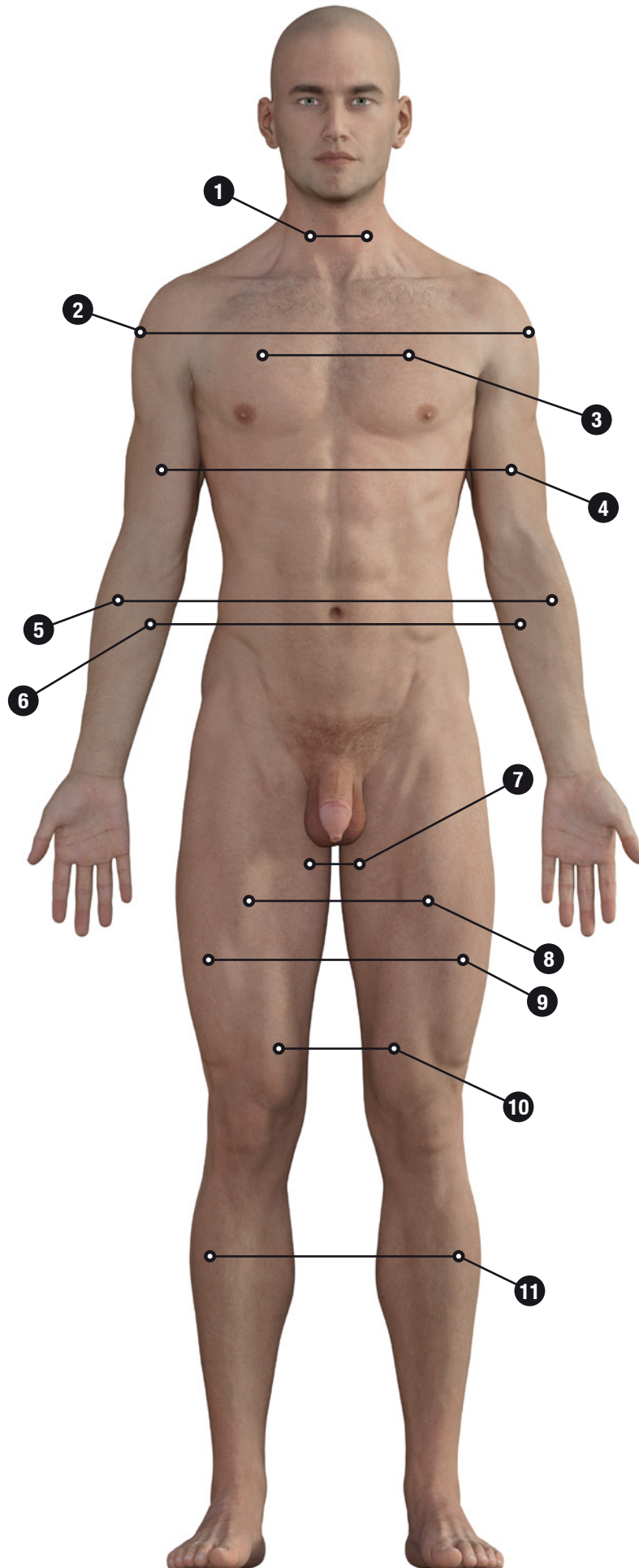
1 x daily for 21 x days

Monday, Wednesday
and Friday.

Allow 2 weeks rest and
repeat cycle until full
recovery is achieved.

| PLAN 2 | | EARLY MORNING – MONDAY, WEDNESDAY, FRIDAY | |
|---|-------------|---|--|
| TREATMENT POINT | ⌚ MINS | 📡 HZ | |
| 1 Sternocleidomastoid | 1 per point | Variable (V) | |
| 2 Deltoid | | | |
| 3 Pectoralis | | | |
| 4 Biceps | | | |
| 5 Brachioradialis | | | |
| 6 Flexor carpi radialis and palmaris longus | | | |
| 7 Adductor longus and gracilis | | | |
| 8 Rectus femoris | | | |
| 9 Vastus lateralis | | | |
| 10 Vastus medialis | | | |
| 11 Peroneus longus | | | |

Continued overleaf...



34 mins

Treatment time.



Using:
Delta Aesthetic Terminal.

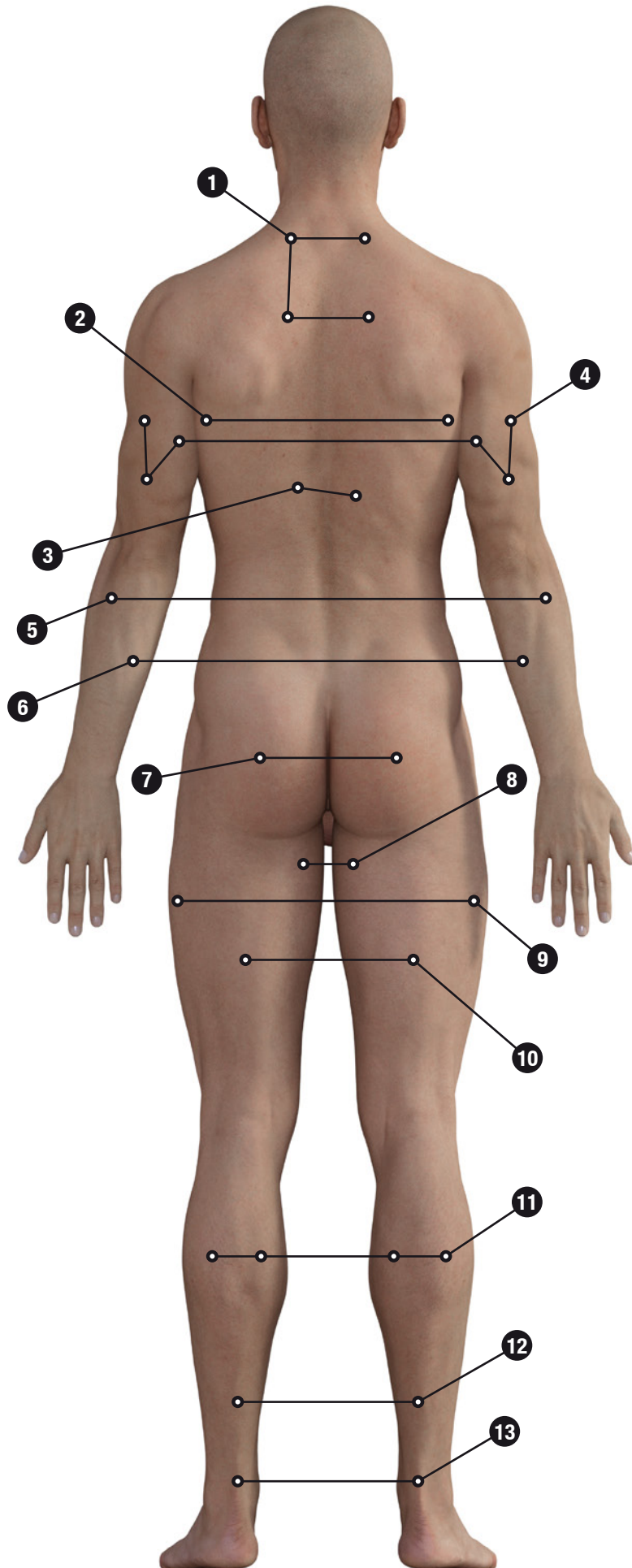
1 x daily for 21 x days

Tuesday, Thursday and
Saturday.

Allow 2 weeks rest and
repeat cycle until full
recovery is achieved.

| PLAN 2 | | EARLY MORNING – TUESDAY, THURSDAY, SATURDAY | |
|--------------------------------------|-------------|---|--|
| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
| 1 Trapezius | 1 per point | Variable (V) | |
| 2 Teres major | | | |
| 3 Latissimus dorsi/adrenal glands | | | |
| 4 Triceps, 3 points | | | |
| 5 Extensor | | | |
| 6 Flexor | | | |
| 7 Gluteus maximus | | | |
| 8 Adductor magnus | | | |
| 9 Iliotibial | | | |
| 10 Semitendinosus and biceps femoris | | | |
| 11 Gastrocnemius | | | |
| 12 Soleus | | | |
| 13 Achilles | | | |

Continued overleaf...



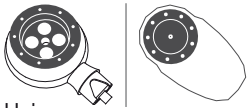


In treating the heart area NEVER use a frequency other than 5 Hz.

Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

1 hr 5 mins

Treatment time.



Using:

Delta Medical Terminal or coMra Palm.



Ultrasound OFF

For points 1-4.

1 x daily

for 21 x days

Monday to Saturday.

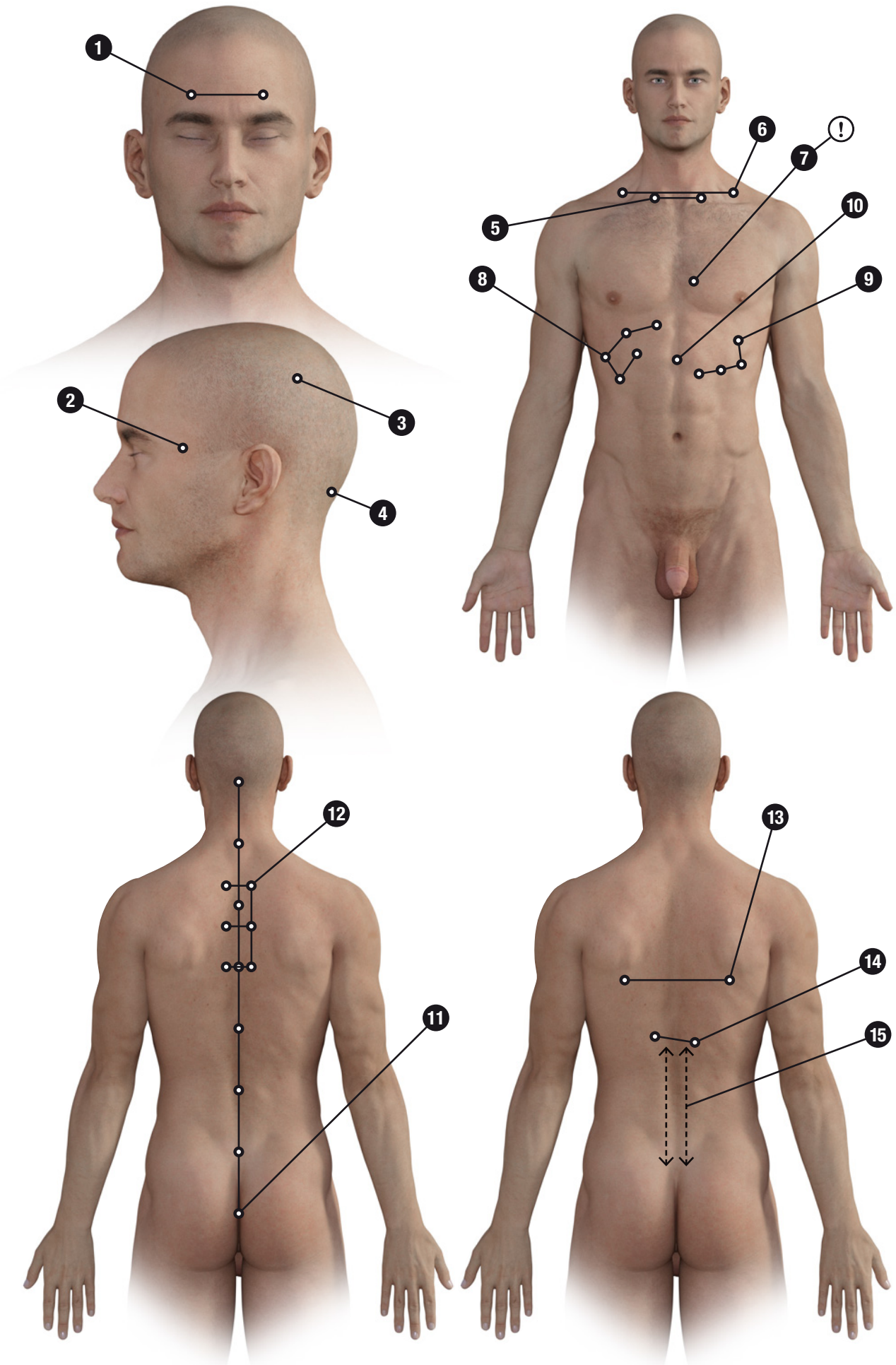
Allow 2 weeks rest and repeat cycle until full recovery is achieved.

| PLAN 2 | | EARLY EVENING – MONDAY TO SATURDAY | |
|---|---------------------------|------------------------------------|--|
| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
| 1 Frontal (both sides) | 1 per side | 50 | |
| 2 Temple (both sides) | | | |
| 3 Parietal lobes (both sides) | | | |
| 4 Suboccipital (both sides) | | | |
| 5 Subclavian fossae | 2 per point | 5 | |
| 6 Supraclavicular fossae | 1 per point | | |
| 7 4 th intercostal, left of sternum (only once per day) | 2 | | |
| 8 Liver | 1 per point | 50 | |
| 9 Spleen and pancreas | | | |
| 10 Solar plexus | 2 | | |
| 11 8 points from coccyx to occiput at 10 cm intervals | 1 per point | 1000 | |
| 12 3 points along both sides of vertebral column, opposite scapulae | 1 per point per frequency | 5 then 50 | |
| 13 2 points below scapulae | 2 per point | 5 | |
| 14 Kidneys | 5 per point | | |
| 15 Scan both sides of vertebral column from mid back to lower back | 5 per side | 1000 | |

| PLAN 2 | | LAST THING AT NIGHT – MONDAY TO SATURDAY | |
|----------|--|--|--|
| A | Apply UNIVERSAL 5 (SB-2) every 2 nd day (alternating with B) | | |
| 2 | Apply UNIVERSAL 3 (BLOOD) every 2 nd day (alternating with A) | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





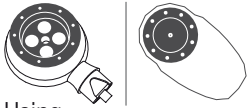
The eyes must be closed during this treatment.

SECTION 12

NEUROLOGY 14

26 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For point 3.

2 x daily

Until significant
improvement is noticed.

Then allow 2 weeks rest
and continue for 14 days.

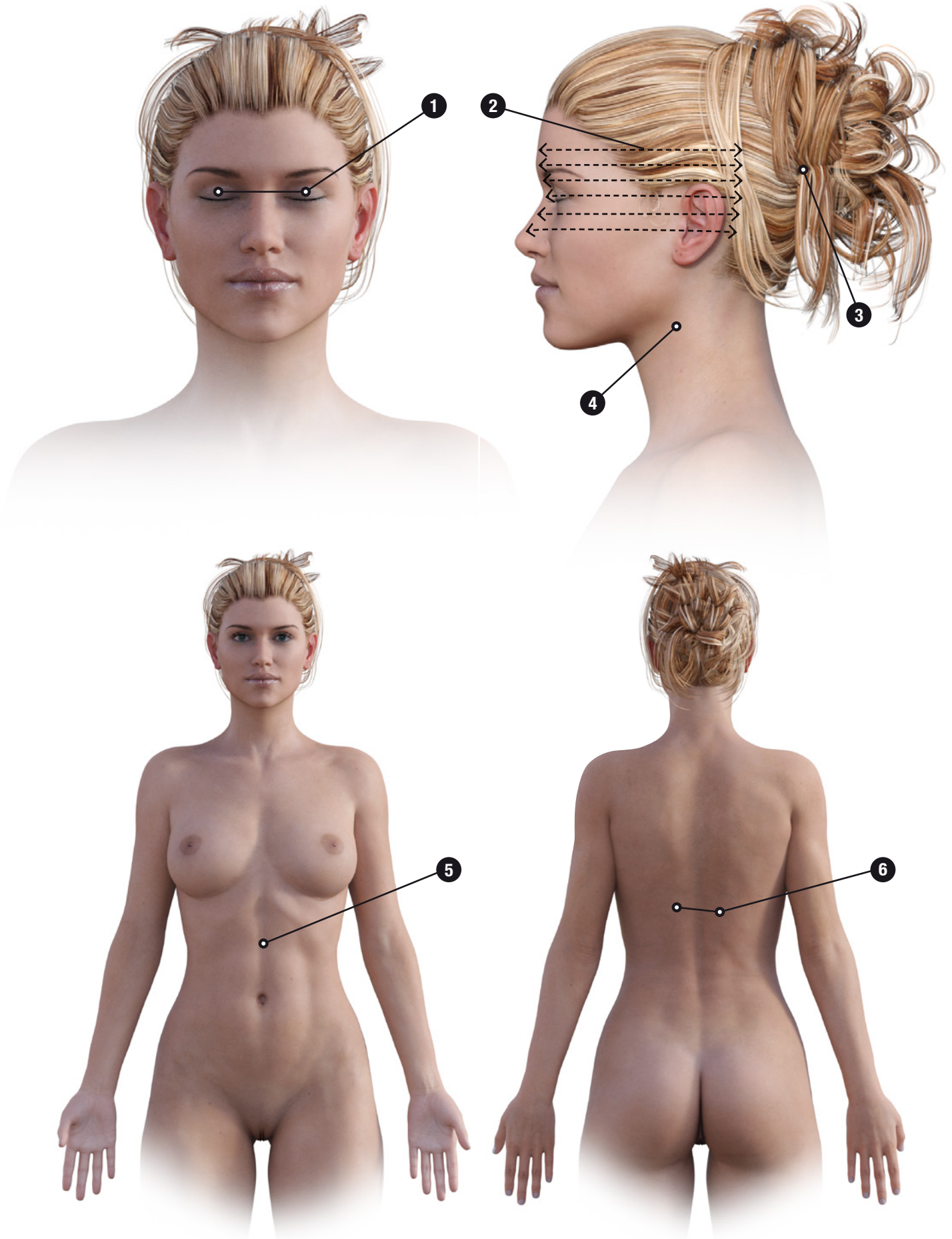
Repeat as necessary.

- GLAUCOMA
- MACULAR DEGENERATION
- RETINITIS PIGMENTOSA

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|---------------------------|-----------|
| 1 Directly over each eye, gaze down | 2 per eye | |
| 2 Scan both sides of the face as shown in the diagram | 5 per side | 50 |
| 3 Occipital lobe (both sides) | 1 per side | |
| 4 Carotid artery (both sides) | 2 per side | 5 |
| 5 Solar plexus, mid-distance between xiphoid process and umbilicus | 2 | 50 |
| 6 Adrenal glands | 2 per point per frequency | 5 then 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

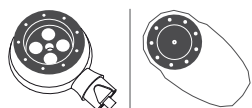


SECTION 12

NEUROLOGY 15

30 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.



Ultrasound OFF

For points 4 & 5.

1 x daily

for 30 x days

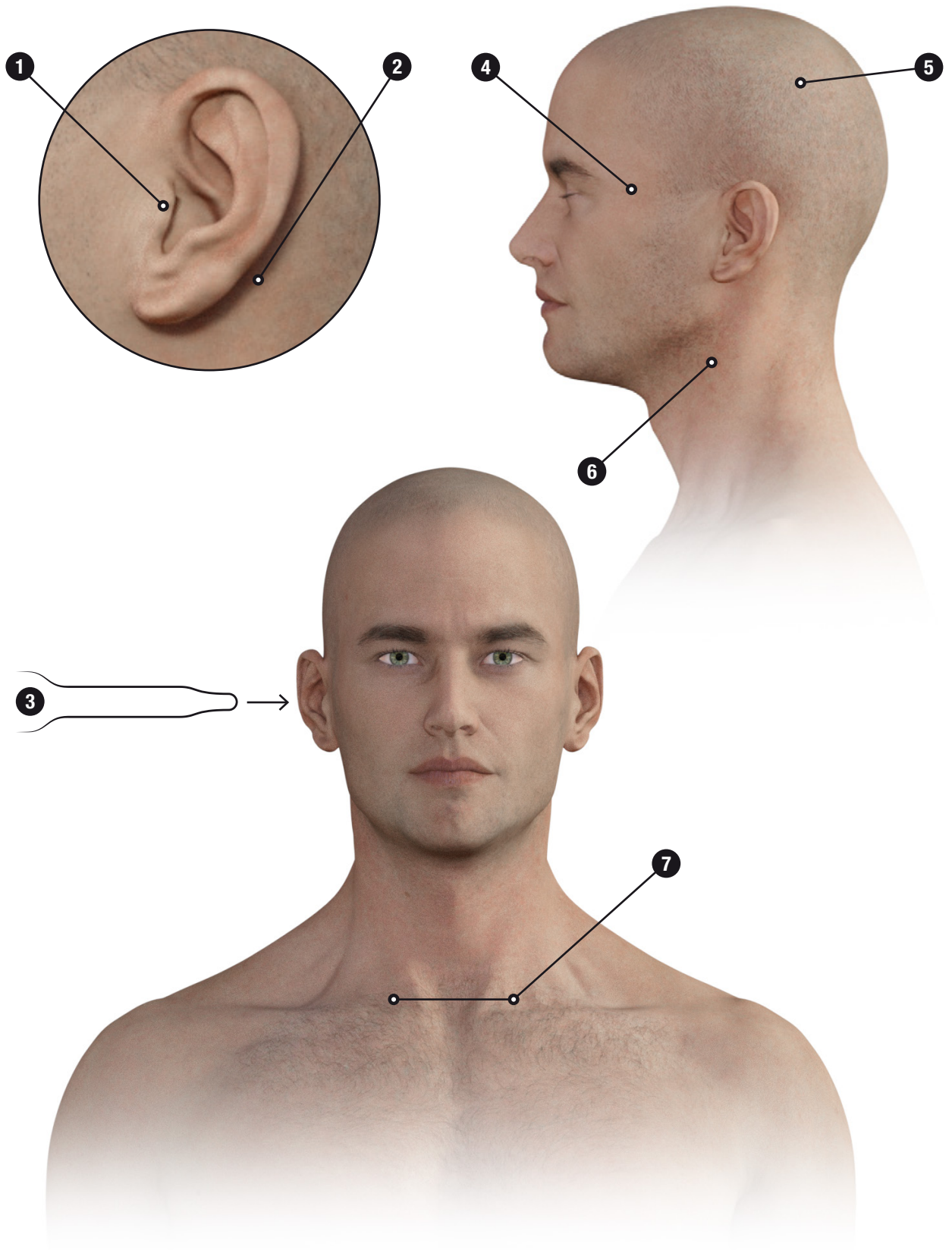
Allow 1 weeks rest and
repeat course if needed.

• TINNITUS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|--|-----------------|-----------|--|
| 1 Tragus (both sides) | 2 per frequency | 5 then 50 | |
| 2 Mastoid (both sides) | | | |
| 3 Insert Probe towards tympanal (both sides) | 3 per ear | 1000 | |
| 4 Temporal lobes (both sides) | 1 per side | 50 | |
| 5 Parietal lobes (both sides) | | | |
| 6 Carotid arteries (both sides) | | 5 | |
| 7 Subclavian arteries (both sides) | | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

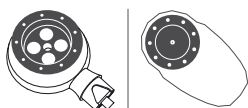


SECTION 12

NEUROLOGY 16

56 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Until definite improvement
is noticed.

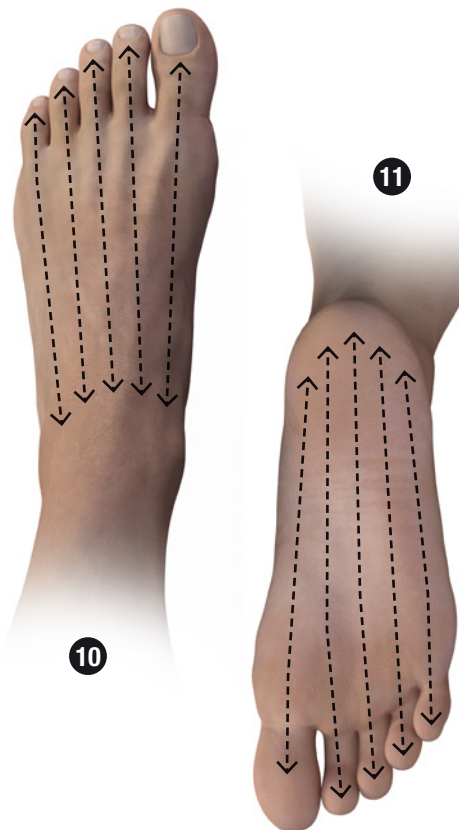
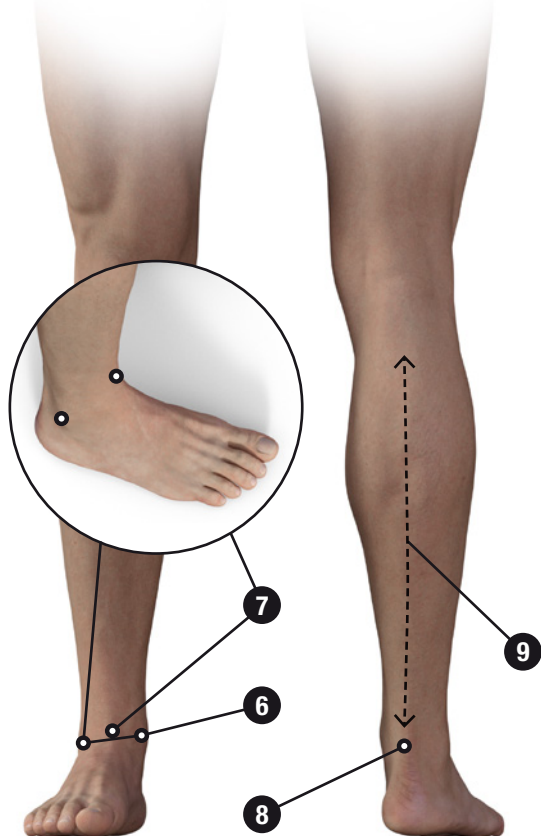
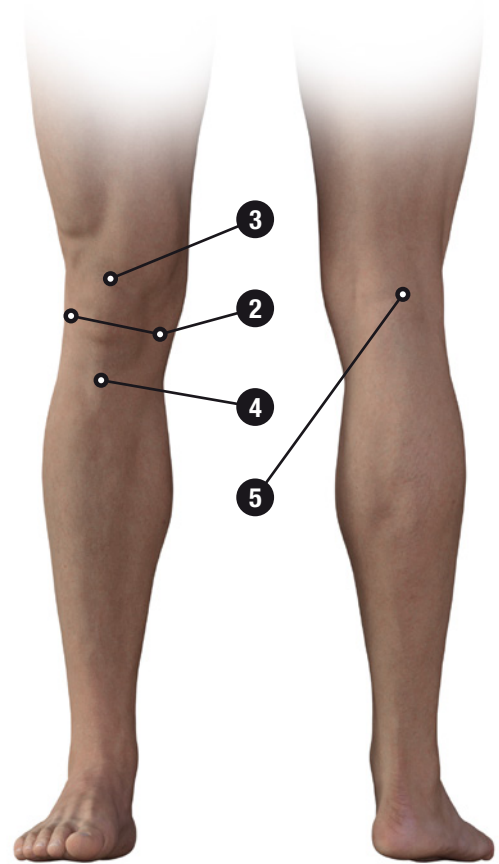
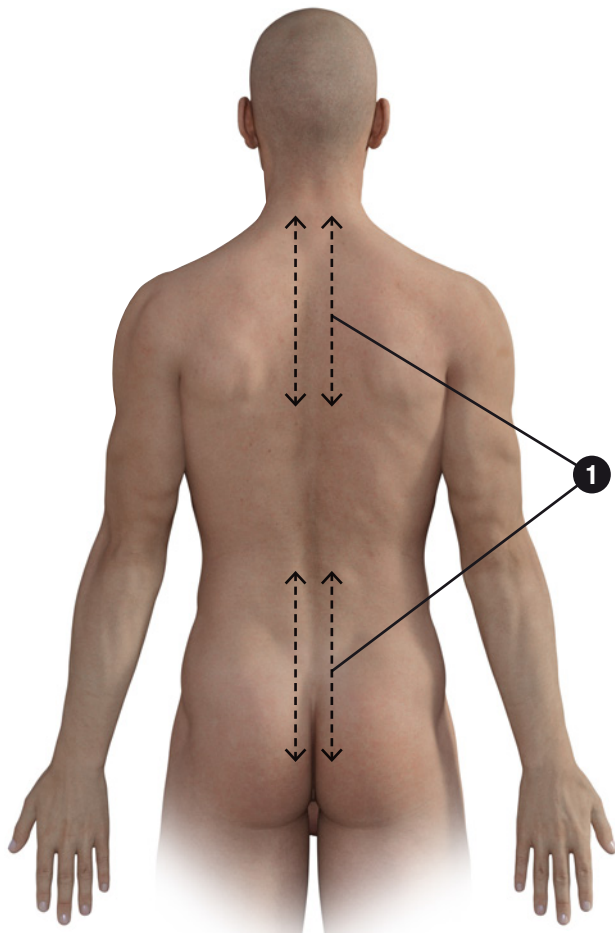
Then allow 2 weeks rest
and continue cycle as and
when needed.

• SPASTIC PARAPARESIS (LOWER)

| PART 1 | | EARLY MORNING | |
|---|----------------------|---------------|--|
| TREATMENT POINT | ⌚ MINS | 📡 HZ | |
| 1 Scan along spine on both sides in the areas C5-T5 and L1-S1 | 3 per side | 50 | |
| 2 Lateral sides of knee | 1 per point per side | Variable (V) | |
| 3 Area above kneecap | | | |
| 4 Area under kneecap | | | |
| 5 Popliteal | | | |
| 6 Side of ankle | | | |
| 7 Front projection of ankle | | | |
| 8 Rear of ankle | | | |
| PART 2 | | AFTERNOON | |
| TREATMENT POINT | ⌚ MINS | 📡 HZ | |
| 9 Scan calf and tendon | 3 per side | 50 | |
| 10 Scan top of foot | 1 per line | Variable (V) | |
| 11 Scan bottom of foot | | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Diabetes



IMPORTANT

1

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

2

Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.

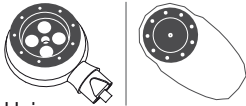
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 13

ENDOCRINOLOGY 1

20 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 21 x days

Allow 3 weeks rest before doing further treatments until the blood sugar level reaches normal and insulin is no longer needed.

Thereafter do a full course of the treatment every 3 months, or whenever needed, so as to maintain the correct blood sugar levels.

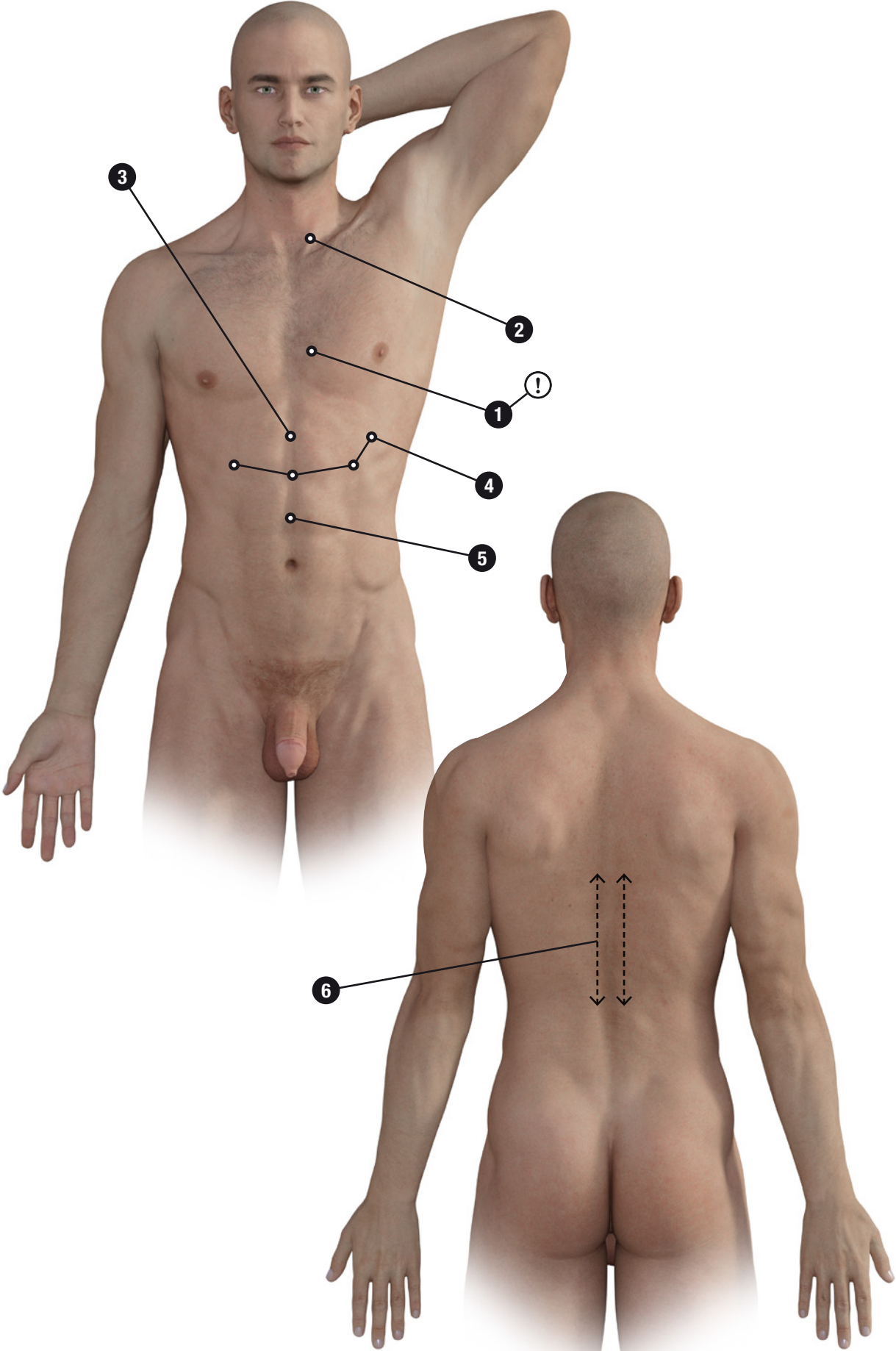
• DIABETES MELLITUS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 4 th intercostal, left of sternum (only once per day) | 1 | 5 |
| 2 Left sternocleidomastoid, above clavicle | | 50 |
| 3 Epigastrium | 2 | 5 |
| 4 4 points on the pancreas, along the transpyloric plane | 2 per point | |
| 5 Midway between transpyloric plane and umbilicus | 2 | |
| 6 Scan both sides of vertebral column from below scapula to mid-back | 3 per side | 1000 |

i Under NO circumstances should medical supervision be suspended before full recovery has been achieved. If insulin has been prescribed this should also NOT be stopped until a medical doctor confirms that this is no longer necessary.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Thyroid and
autoimmune
diseases

IMPORTANT

- 1** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 2** A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.
- 3** Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

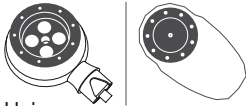
In all cases of lupus it is important to include the UNIVERSAL 3 (BLOOD) and UNIVERSAL 5 (SB-2) treatments listed in SECTION 1.

SECTION 14

AUTOIMMUNE 1

2 hrs ±

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For points 1-4.

1 x daily

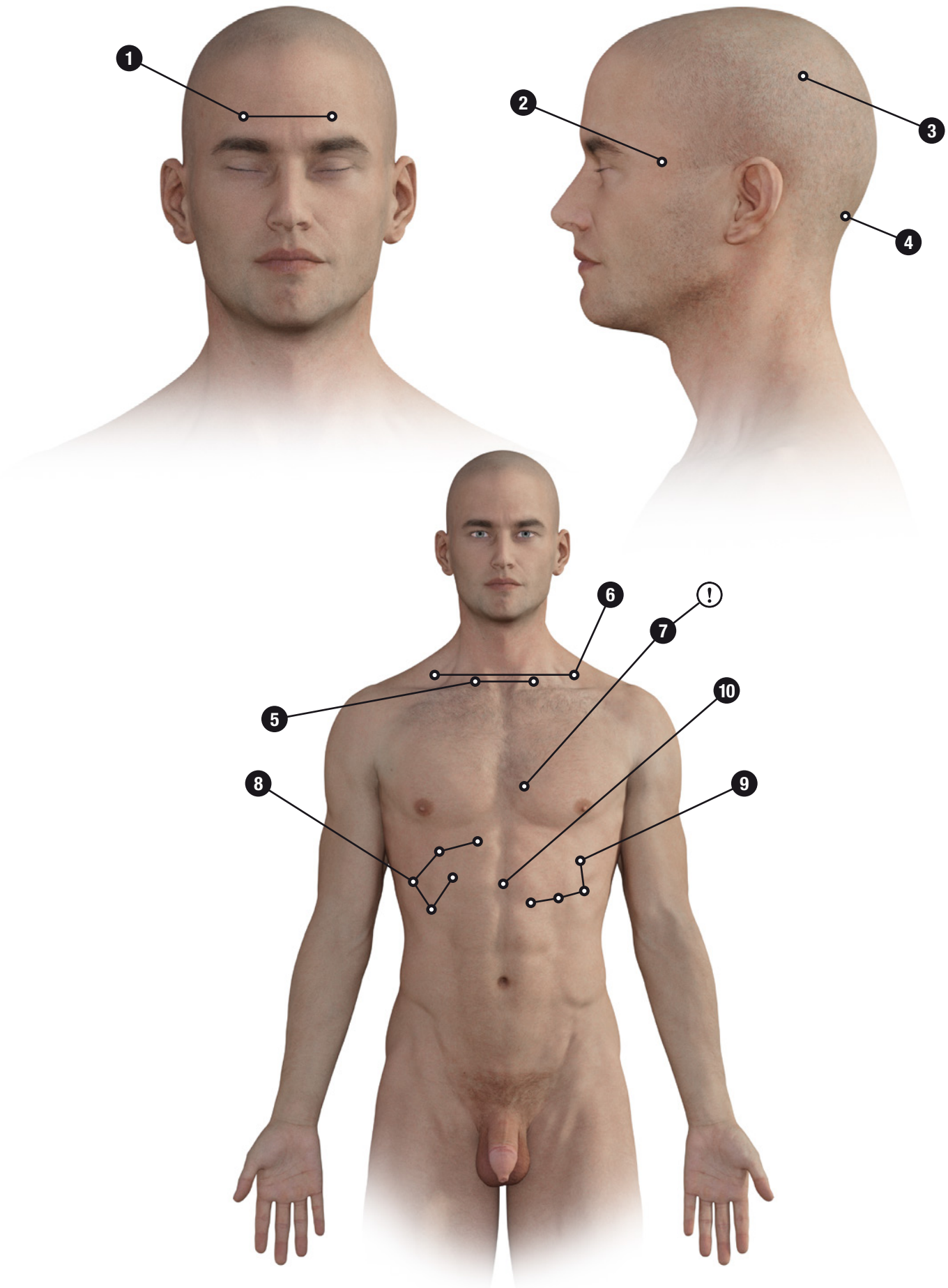
Until definite improvement is noticed.

Allow a period of 2 weeks rest and then repeat cycle until cleared completely.

- SYSTEMIC LUPUS ERYTHEMATOSUS (SLE)*
- DRUG-INDUCED LUPUS ERYTHEMATOSUS**

| PART 1 | | EARLY MORNING | | |
|-----------------|--|---------------|------|---|
| 1 | Apply UNIVERSAL 5 (SB-2) | | | |
| 2 | Apply UNIVERSAL 3 (BLOOD) every 2 nd day | | | |
| PART 2 | | EARLY EVENING | | |
| TREATMENT POINT | | ⌚ MINS | ⚡ HZ | |
| 1 | Frontal (both sides) | 1 per side | 50 | |
| 2 | Temple (both sides) | | | |
| 3 | Parietal lobes (both sides) | | | |
| 4 | Suboccipital (both sides) | | | |
| 5 | Subclavian fossae | 2 per point | 5 | |
| 6 | Supraclavicular fossae | 1 per point | | |
| 7 | 4 th intercostal, left of sternum (only once per day) | 2 | | |
| 8 | Liver | 1 per point | 50 | |
| 9 | Spleen and pancreas | | | |
| 10 | Solar plexus | | | 2 |

Continued overleaf...



| | | | |
|-----------|--|---------------------------|-----------|
| 11 | Coccyx to occiput at 10 cm intervals | 1 per point | 1000 |
| 12 | 3 points along both sides of vertebral column, opposite scapulae | 1 per point per frequency | 5 then 50 |
| 13 | 2 points below scapulae | 2 per point | 5 |
| 14 | Kidneys | 5 per point | |
| 15 | Scan both sides of vertebral column from mid back to lower back | 5 per side | 1000 |

PART 3 **LAST THING AT NIGHT**

Apply UNIVERSAL 5 (SB-2)

i Because lupus is a complex disease, there is no one treatment for this ailment. Consequently the treatment given here consists of 3 parts per day given as one course of treatment.

***** The most common symptoms of SLE are listed below. The symptoms for drug-induced lupus erythematosus are the same as for SLE:

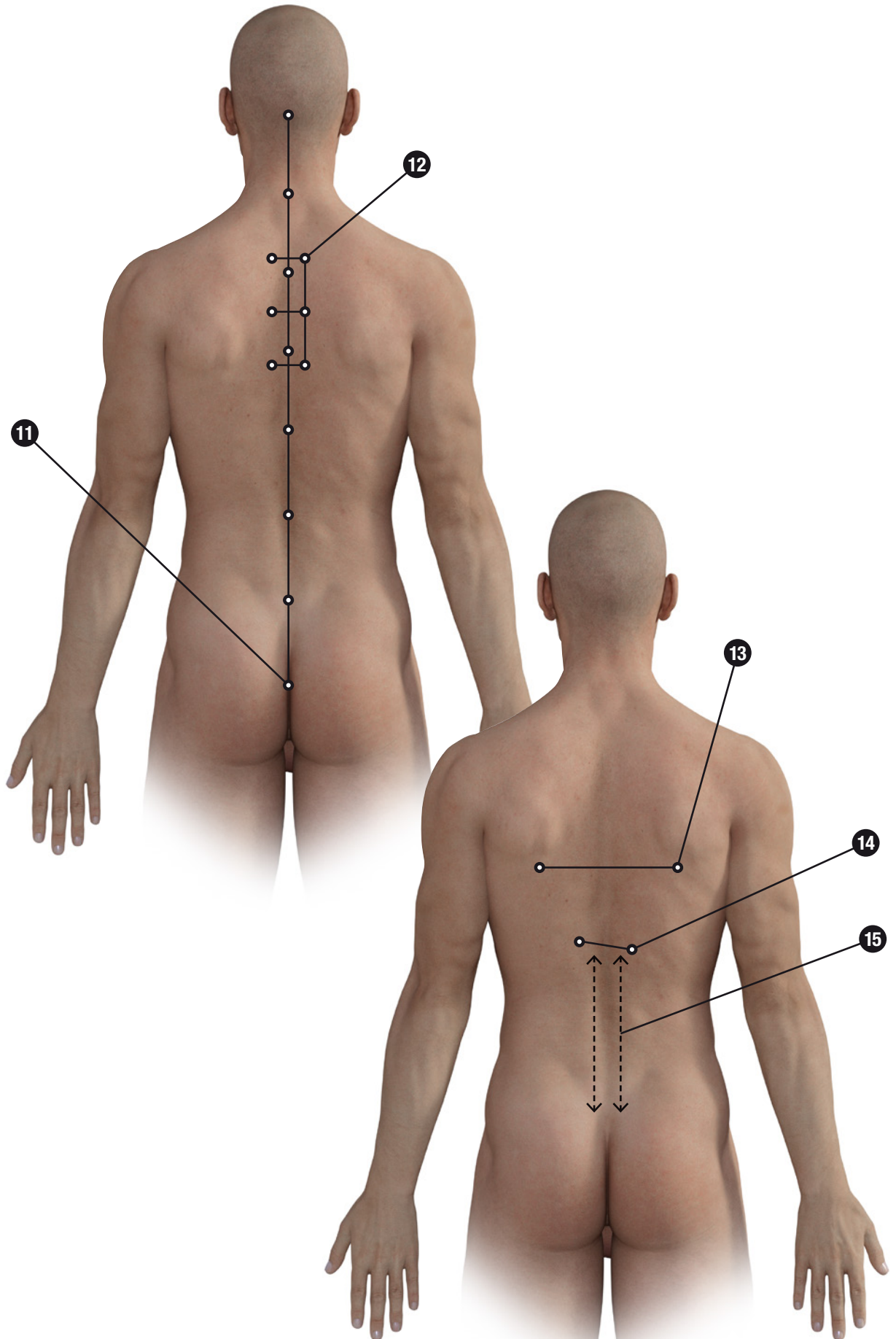
- High fevers, seizures, behavioural changes.
- Memory loss, confusion, headaches and strokes.
- An increase in blood pressure in the lungs (pulmonary hypertension)
- Inflammation of the kidneys (lupus nephritis)
- Hardening of the arteries (coronary artery disease).

Although not all sufferers of these two forms of lupus will necessarily have all of the symptoms listed above, it is highly recommended that Treatment B is done in its entirety.

****** The principal drugs responsible for drug-induced lupus erythematosus are the pharmaceutical drugs *hydralazine*, *procainamide* and *isoniazid*.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





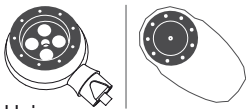
In all cases of lupus it is important to include the UNIVERSAL 3 (BLOOD) and UNIVERSAL 5 (SB-2) treatments listed in SECTION 1.

SECTION 14

AUTOIMMUNE 2

54 mins ±

Treatment time per day.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Aesthetic Terminal.

1 x daily

Until definite improvement
is noticed.

Allow a period of 2 weeks
rest and then repeat cycle
until cleared completely.

• CUTANEOUS LUPUS ERYTHEMATOSUS

PART 1 EARLY MORNING

- 1** Apply UNIVERSAL 5 (SB-2)
- 2** Apply UNIVERSAL 3 (BLOOD) every 2nd day

PART 2 EARLY EVENING

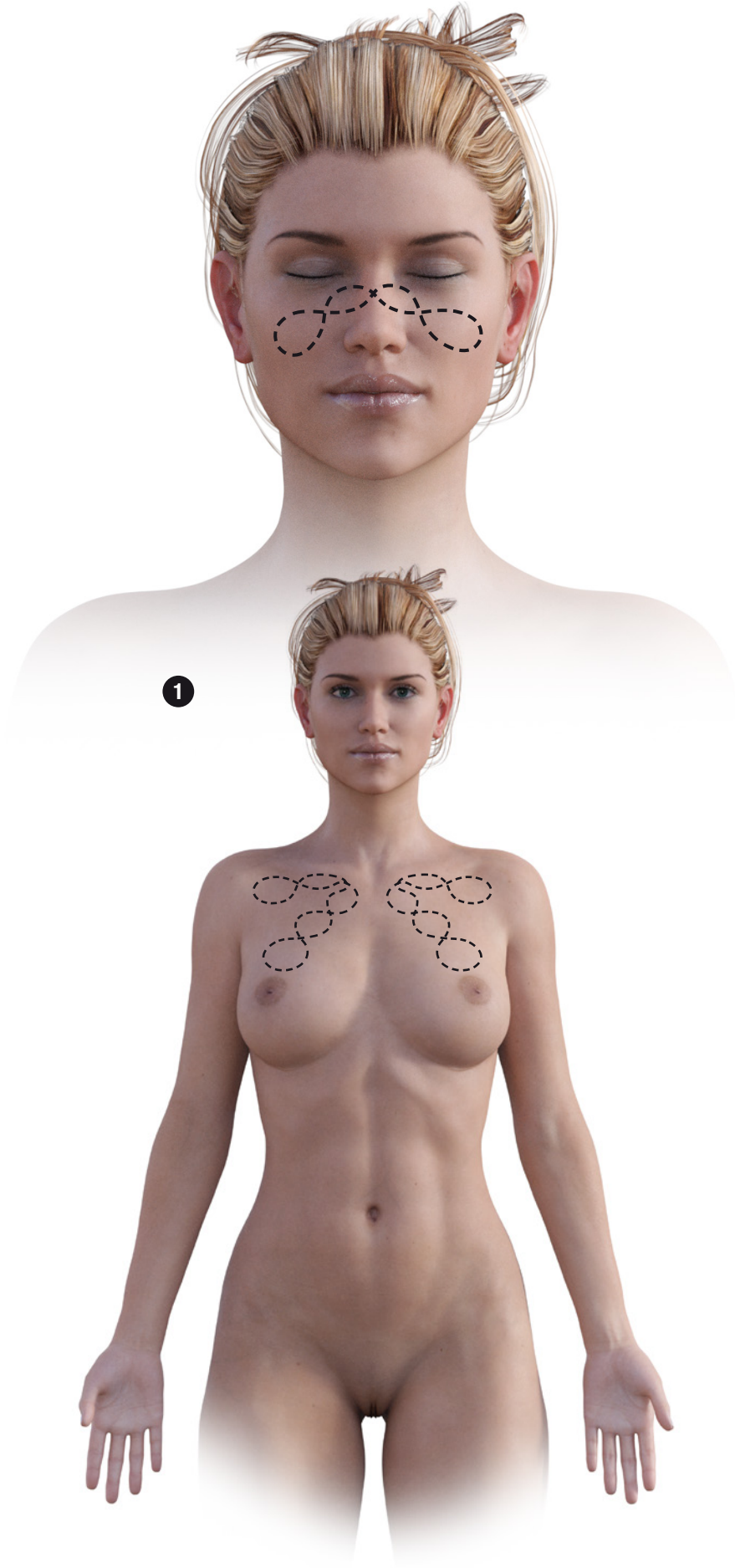
| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|---|--------------------------|------|--|
| 1 Use Aesthetic Terminal to scan affected parts of the skin, moving in slow 'figures of 8' | 3 per 10 cm ² | 1000 | |
| | 1 per 10 cm ² | 50 | |

PART 3 LAST THING AT NIGHT

Apply UNIVERSAL 5 (SB-2)



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

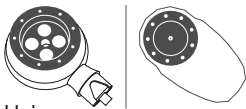
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 14

AUTOIMMUNE 3

2 hrs 10 mins +

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Aesthetic Terminal.



Ultrasound OFF

For points 1-4.

1 x daily

Until definite improvement is noticed.

Allow a period of 2 weeks rest and then repeat cycle until cleared completely.

• SYSTEMIC SCLEROSIS (SCLERODERMA)

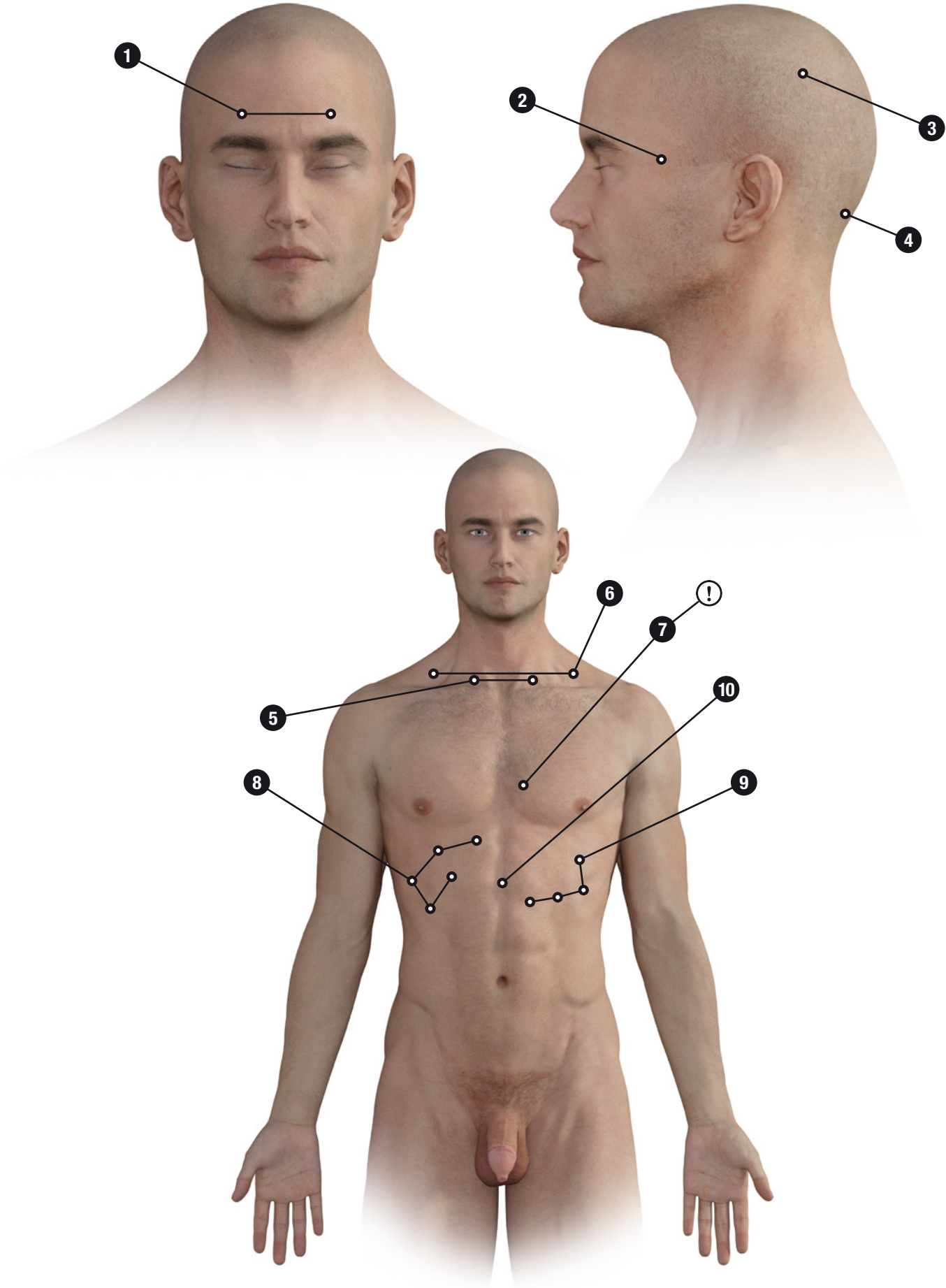
PART 1 EARLY MORNING

- 1** Apply UNIVERSAL 5 (SB-2)
- 2A** Apply UNIVERSAL 3 (BLOOD) every 2nd day (alternating with B)
- 2B** Apply SURGERY 9 (RAYNAUD'S SYNDROME) every 2nd day (alternating with A)


PART 2 EARLY EVENING

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|---|-------------|------|--|
| 1 Frontal (both sides) | 1 per side | 50 | |
| 2 Temple (both sides) | | | |
| 3 Parietal lobes (both sides) | | | |
| 4 Suboccipital (both sides) | | | |
| 5 Subclavian fossae | 2 per point | 5 | |
| 6 Supraclavicular fossae | 1 per point | | |
| 7 4 th intercostal, left of sternum (only once per day) | 2 | 50 | |
| 8 Liver | 1 per point | | |
| 9 Spleen and pancreas | | | |
| 10 Solar plexus | 2 | | |

Continued overleaf...



| | | | |
|-----------|--|---------------------------|-----------|
| 11 | Coccyx to occiput at 10 cm intervals | 1 per point | 1000 |
| 12 | 3 points along both sides of vertebral column, opposite scapulae | 1 per point per frequency | 5 then 50 |
| 13 | 2 points below scapulae | 2 per point | 5 |
| 14 | Kidneys | 5 per point | |
| 15 | Scan both sides of vertebral column from mid back to lower back | 5 per side | 1000 |
| 16 | Use the Aesthetic Terminal to scan affected parts of the skin, moving in slow 'figures of 8' | 3 per 10 cm ² | |
| | | 1 per 10 cm ² | 50 |



PART 3

LAST THING AT NIGHT

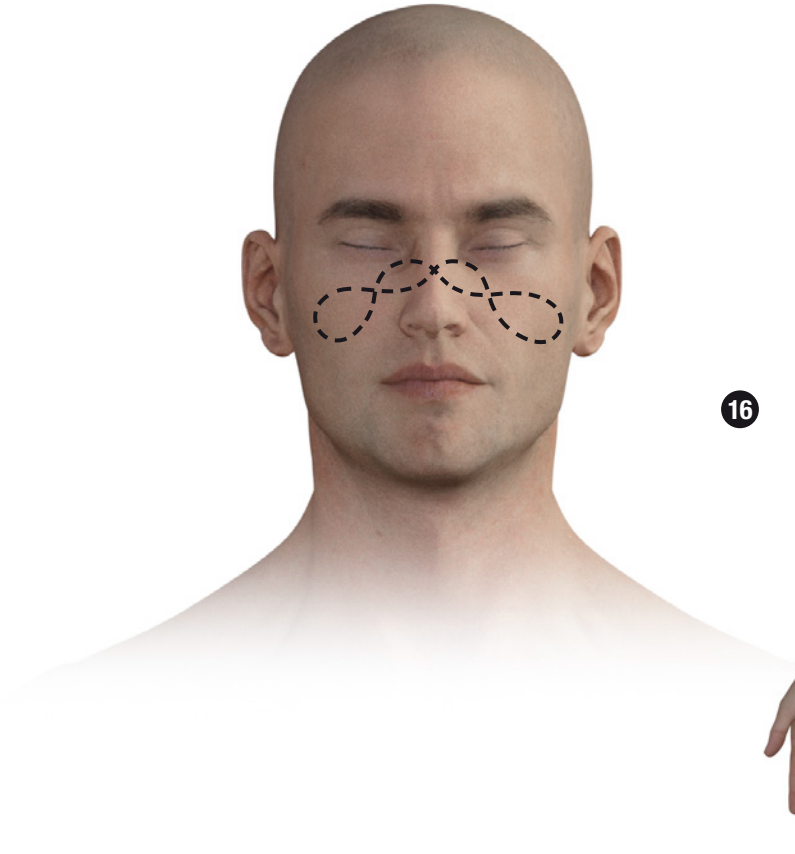
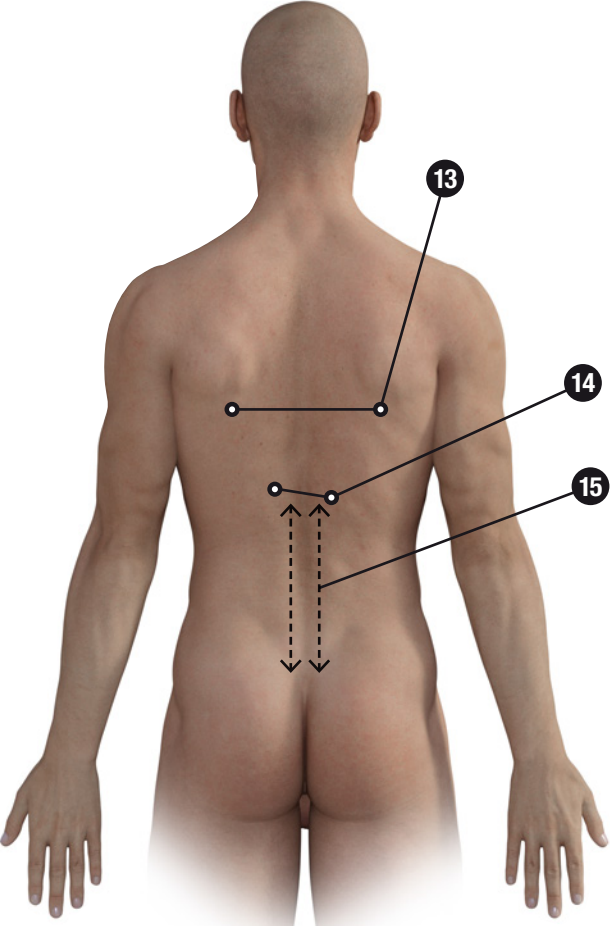
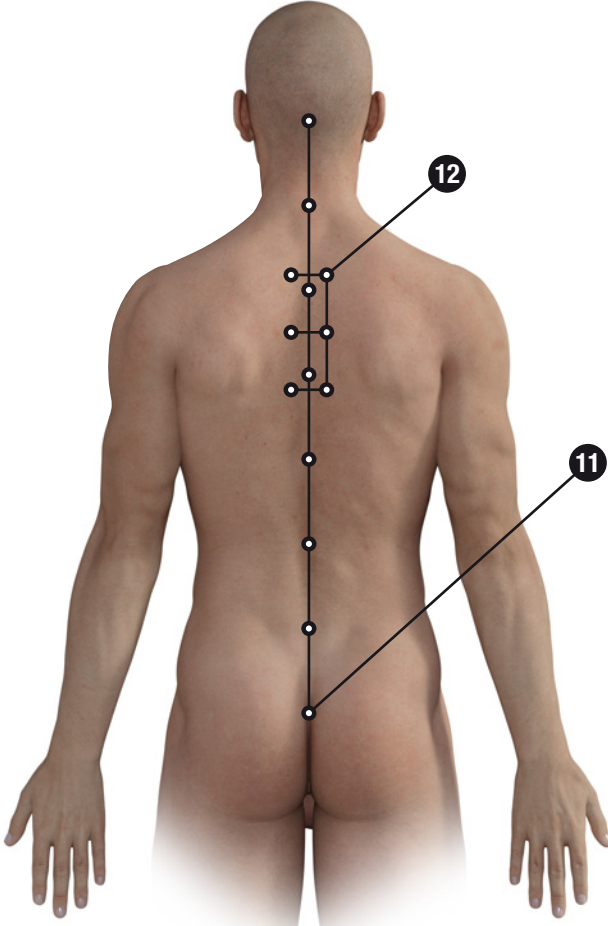
Apply UNIVERSAL 5 (SB-2)

i Because the symptoms for systemic sclerosis are almost identical to, and in many cases overlap those of lupus, the treatment for systemic sclerosis is essentially the same as that given for lupus but with the addition of the treatment for Raynaud's syndrome.

Because systemic sclerosis is a complex disease, there is no one treatment for this ailment. Consequently the treatment given here consists of 5 sets of treatments per day given as 1 course of treatment.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

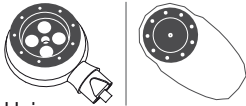
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 14

AUTOIMMUNE 4

1 hr

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Ultrasound OFF

For points 1-4.

1 x daily

Until definite improvement is noticed.

Allow a period of 2 weeks rest and then repeat cycle until cleared completely.

- HASHIMOTO'S THYROIDITIS
- ORD'S THYROIDITIS
- HYPERTHYROIDISM
- HYPOTHYROIDISM
- THYROTOXICOSIS

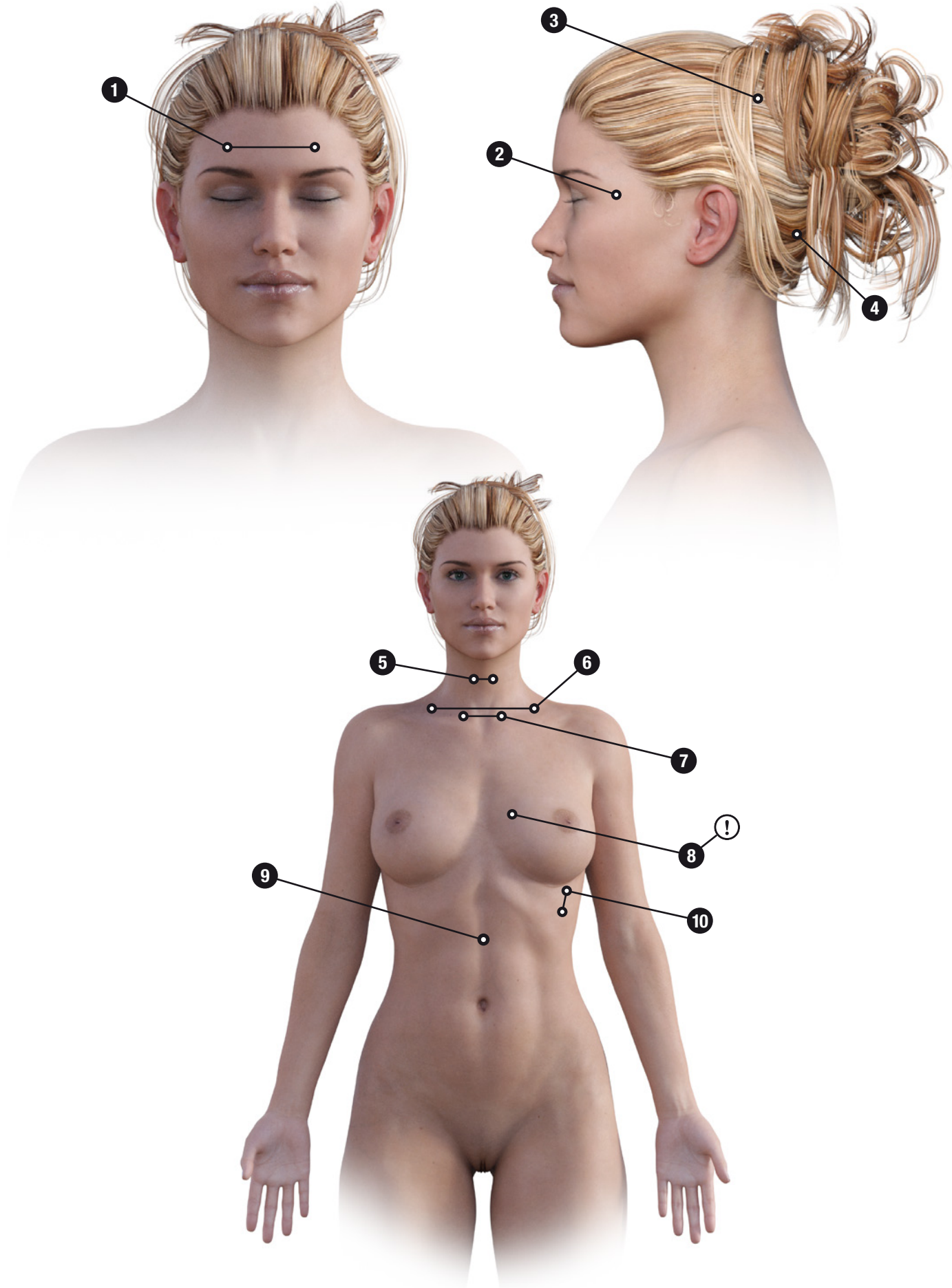
PART 1 EARLY MORNING

Apply UNIVERSAL 3 (BLOOD) every day

PART 2 EVENING

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|--|-------------|------|--|
| 1 Frontal (both sides) | 1 per side | 50 | |
| 2 Temple (both sides) | | | |
| 3 Parietal lobes (both sides) | | | |
| 4 Suboccipital (both sides) | | | |
| 5 Thyroid gland | 2 per point | 50 | |
| 6 Supraclavicular fossae | 1 per point | 5 | |
| 7 Subclavian fossae | | | |
| 8 4 th intercostal, left of sternum (only once per day) | 2 | 50 | |
| 9 Solar plexus, mid-distance between xiphoid process and umbilicus | | | |
| 10 Spleen | 2 per point | 5 | |

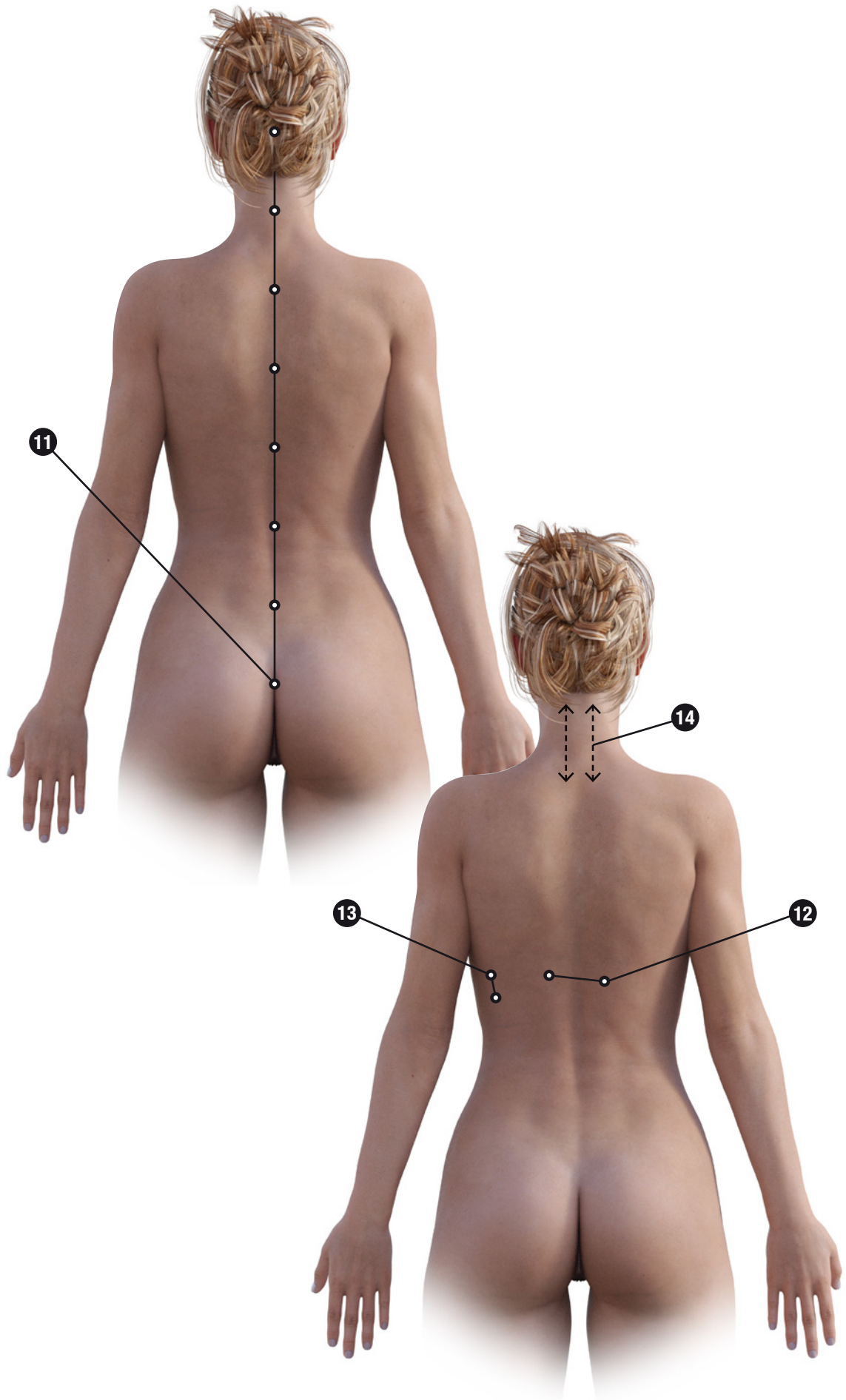
Continued overleaf...



| | | |
|---|-------------|------|
| 11 Coccyx to occiput at 10 cm intervals | 1 per point | 1000 |
| 12 Adrenal glands | 2 per point | 5 |
| 13 Spleen from behind | | |
| 14 Scan both sides of vertebral column, back of neck | 5 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

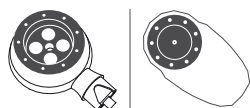
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 14

AUTOIMMUNE 5

45 mins +

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Aesthetic Terminal.



Ultrasound OFF

For points 1-4.

1 x daily

Until definite improvement
is noticed.

Allow a period of 2 weeks
rest and then repeat cycle
until cleared completely.

• VITILIGO

PART 1 MORNING

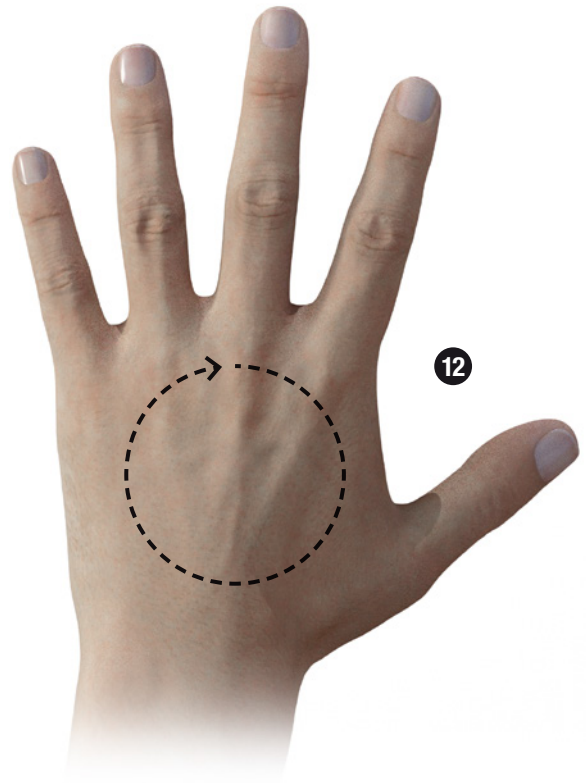
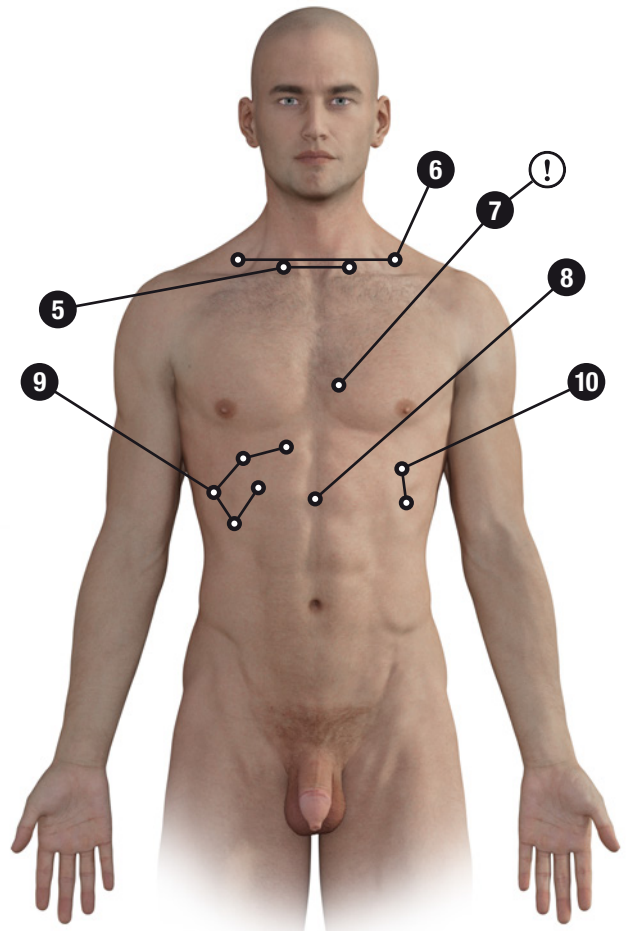
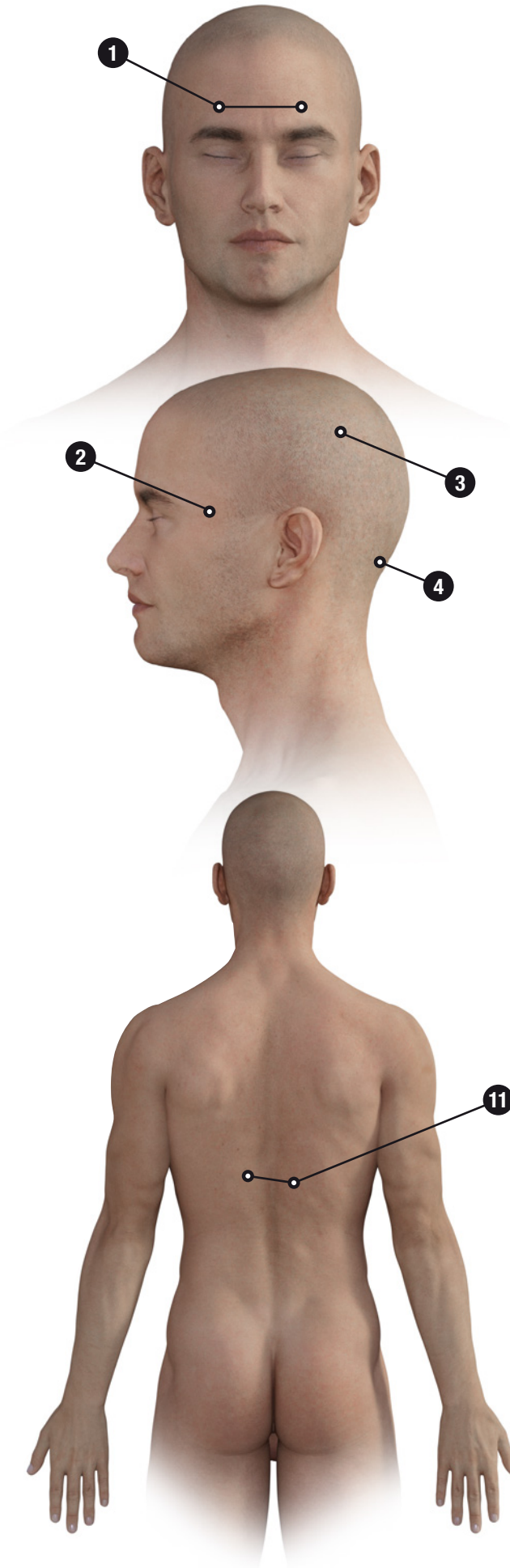
Apply UNIVERSAL 3 (BLOOD) every day

PART 2 EVENING

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|---|--------------------------|------|--|
| 1 Frontal (both sides) | 1 per side | 50 | |
| 2 Temple (both sides) | | | |
| 3 Parietal lobes (both sides) | | | |
| 4 Suboccipital (both sides) | | | |
| 5 Subclavian fossae | 1 per point | 5 | |
| 6 Supraclavicular fossae | | | |
| 7 4 th intercostal, left of sternum (only once per day) | 2 | 50 | |
| 8 Solar plexus | | | |
| 9 Liver | 2 per point | 5 | |
| 10 Spleen | | | |
| 11 Adrenal glands | | | |
| 12 Use the Aesthetic Terminal to scan the affected area/s (do twice per day) | 2 per 10 cm ² | 1000 | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Cancer



IMPORTANT

- 1** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 2** A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.
- 3** Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



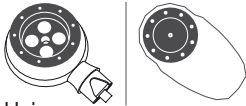
The diagrams show two examples of how to choose 5 points of treatment depending upon where the cancer is located within the body. After having chosen 5 points for irradiation proceed as follows:

SECTION 15

ONCOLOGY 1

1 hr 12 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 30 x days

Allow 2 weeks rest and
repeat cycle.

Thereafter treat every 3
months if still necessary,
until all traces of the
cancer are gone.

• CARCINOMA (CANCER)

PART 1 EARLY MORNING

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|-------------------------|------------------------------|-----------|
| As shown in the diagram | 2 per point per frequency | 5 then 50 |

PART 2 MIDDAY

Apply UNIVERSAL 3 (BLOOD) once per day

PART 3 EARLY EVENING

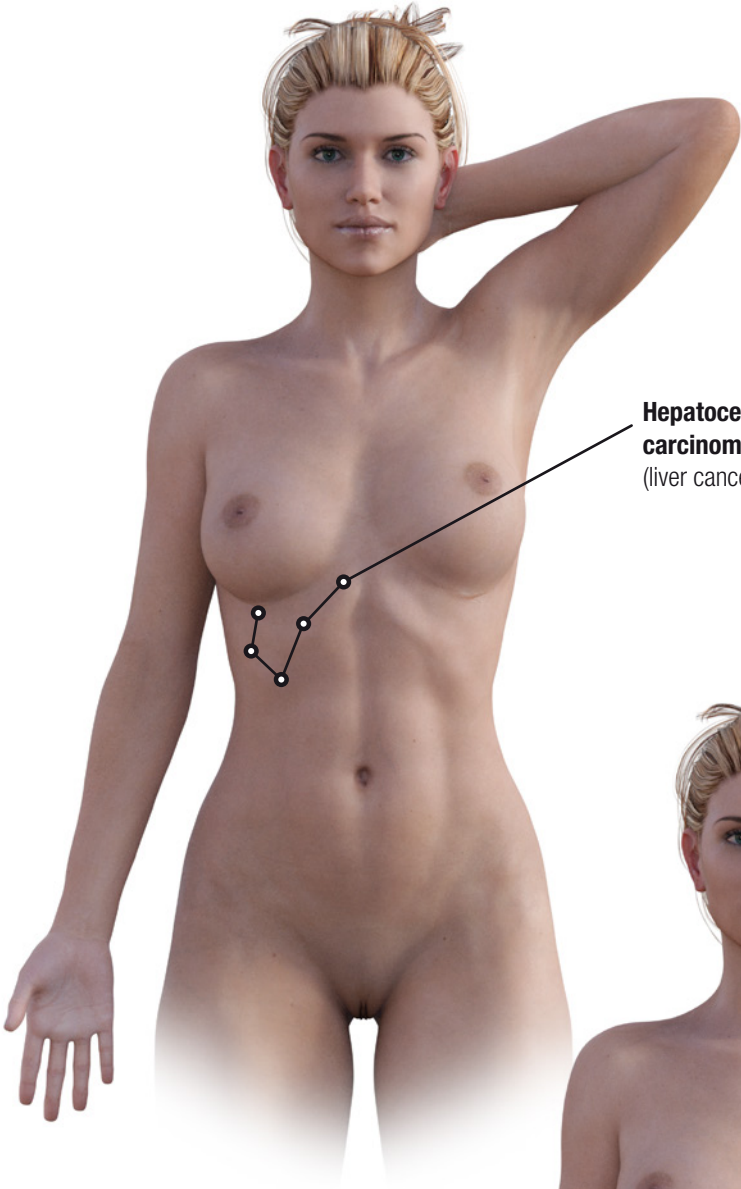
Apply UNIVERSAL 5 (SB-2) once per day

PART 4 EVENING AFTER DINNER

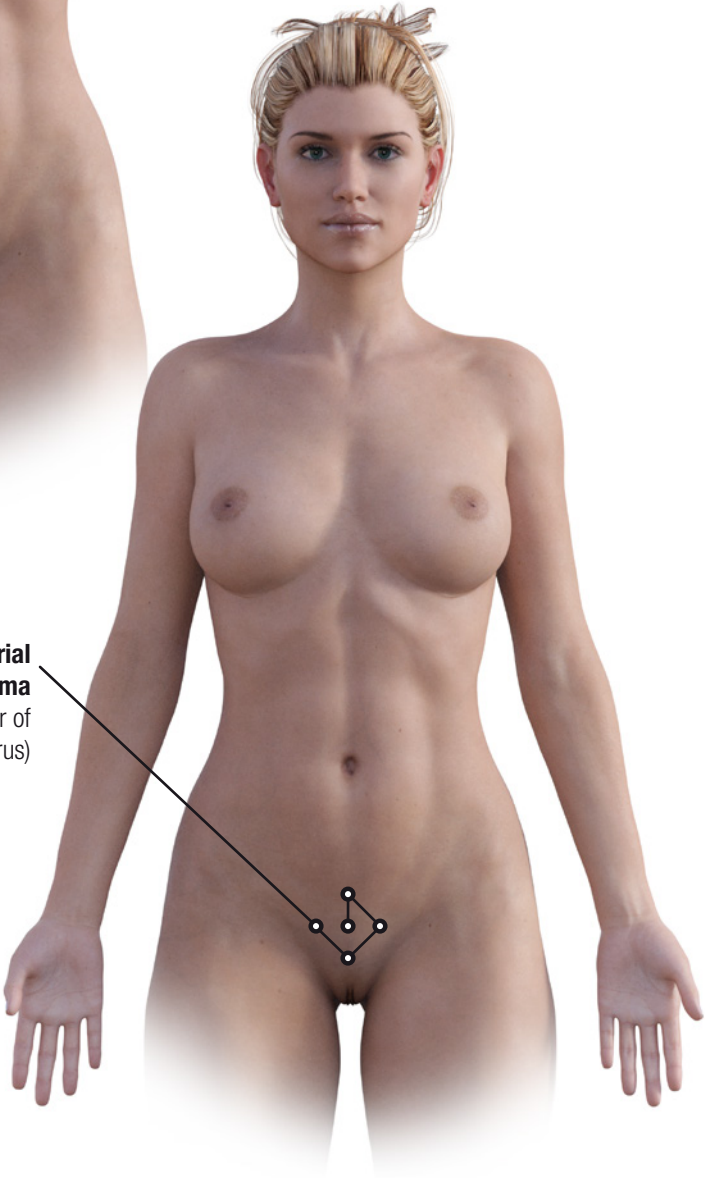
Repeat PART 1



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Hepatocellular carcinoma
(liver cancer)



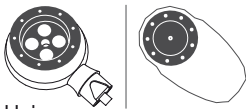
Endometrial carcinoma
(cancer of the uterus)

SECTION 15

ONCOLOGY 2

1 hr

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 30 x days

Allow 2 weeks rest and
repeat cycle until full
healing has been achieved.

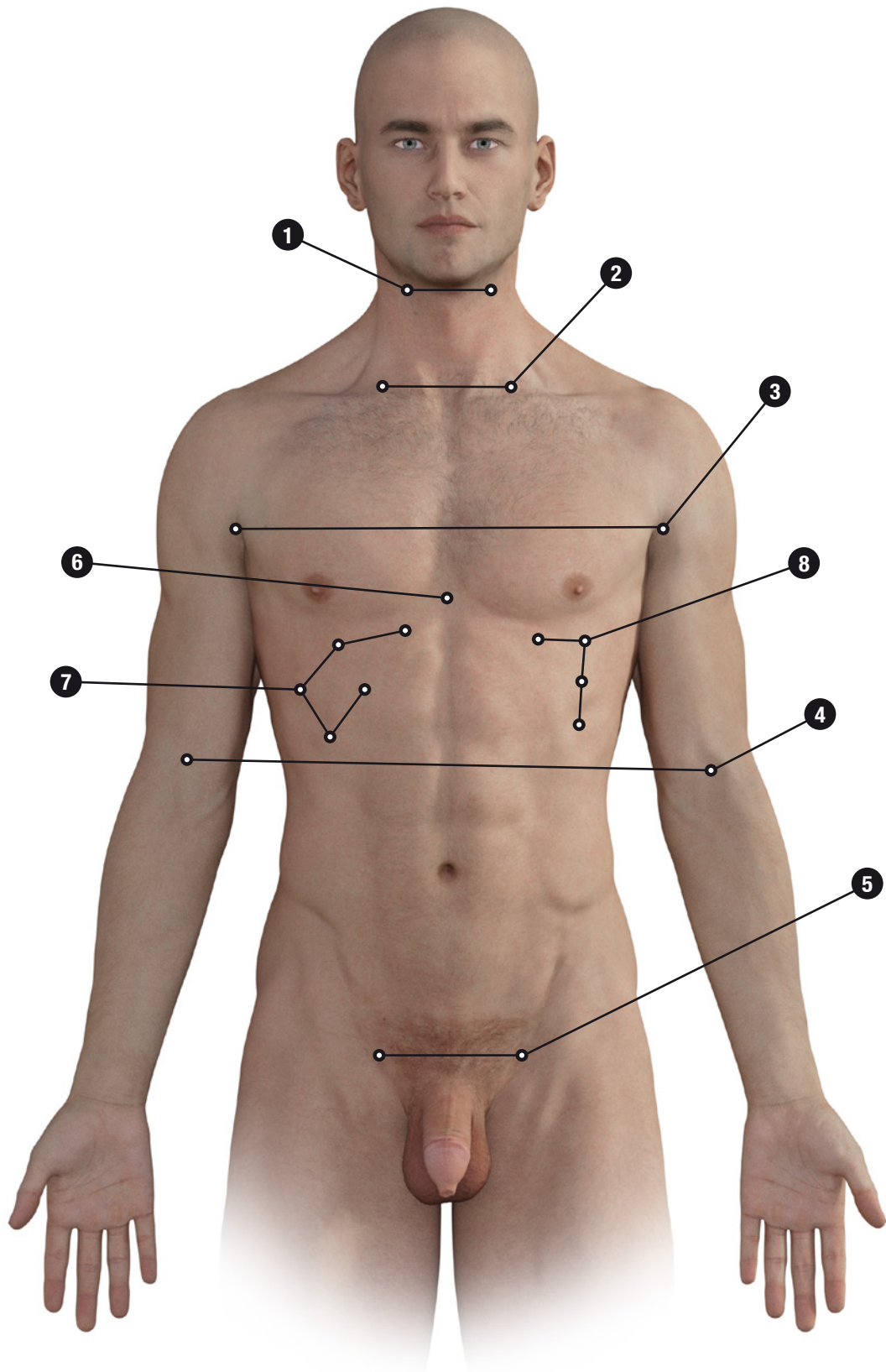
Thereafter treat for 10 days
every 6 months to avoid a
relapse.

• LEUKAEMIA

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|-----------------------|-------------|------|
| 1 Carotid arteries | 5 per point | 5 |
| 2 Subclavian arteries | | |
| 3 Axillary arteries | | |
| 4 Anconeal arteries | | |
| 5 Femoral arteries | | |
| 6 Just below sternum | 1 | 50 |
| 7 Liver | 1 per point | |
| 8 Spleen | | 5 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





In treating the heart area NEVER use a frequency other than 5 Hz.

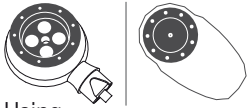
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 15

ONCOLOGY 3

2 hr 44 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 30 x days

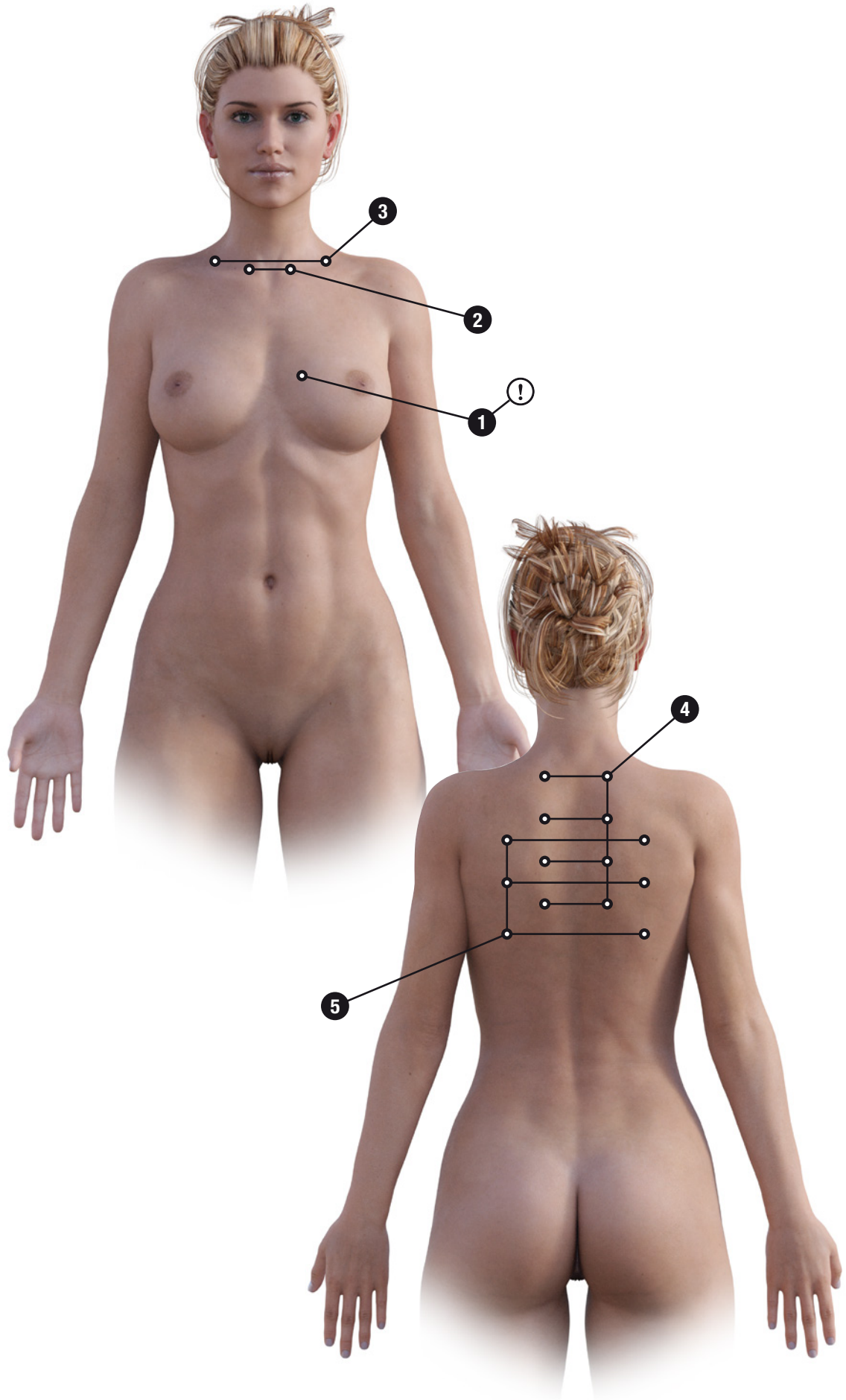
Allow 2 weeks rest and
repeat cycle until all traces
of the cancer are gone.

• LUNG CARCINOMA

| PART 1 | | MORNING | |
|---|------------------------------|----------------------|--|
| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 | |
| 2 Subclavian fossae | 2 per point | | |
| 3 Supraclavicular fossae | | | |
| 4 4 points along both sides of vertebral column | 2 per point per frequency | 5 then 50 | |
| 5 3 points over each lung | | | |
| PART 2 | | MIDDAY | |
| Apply UNIVERSAL 3 (BLOOD) once per day | | | |
| PART 3 | | EARLY EVENING | |
| Apply UNIVERSAL 5 (SB-2) once per day | | | |
| PART 4 | | EVENING AFTER DINNER | |
| Repeat PART 1 | | | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Skin disorders



IMPORTANT

1 In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

2 A number of treatments in this user guide are complex treatments in which several stand-alone treatments have been combined to form one course of treatment. If in such cases more than one of the individual treatments calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once.

3 Do NOT use coMra therapy on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



In treating the heart area NEVER use a frequency other than 5 Hz.

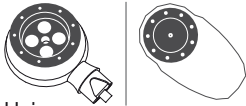
Do NOT use on patients who have had heart transplants, who have hearts with artificial valves or who have cardiostimulators.

SECTION 16

DERMATOLOGY 1

37 mins +

Treatment time



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

Allow 3 weeks rest and
repeat if necessary.

Thereafter treat every 3
months if ailment re-occurs.

- ECZEMA
- NEURODERMATITIS
- ALLERGIES
- PSORIASIS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|------------------------------|-----------|
| 1 4 th intercostal, left of sternum (only once per day) | 2 | 5 |
| 2 Elbow fossae | 5 per point | |
| 3 Femoral Arteries | | |
| 4 Liver | 2 per point | 5 then 50 |
| 5 Kidneys | 2 per point per frequency | |
| 6 Scan the affected area | 1 per 10 cm ² | 1000 |

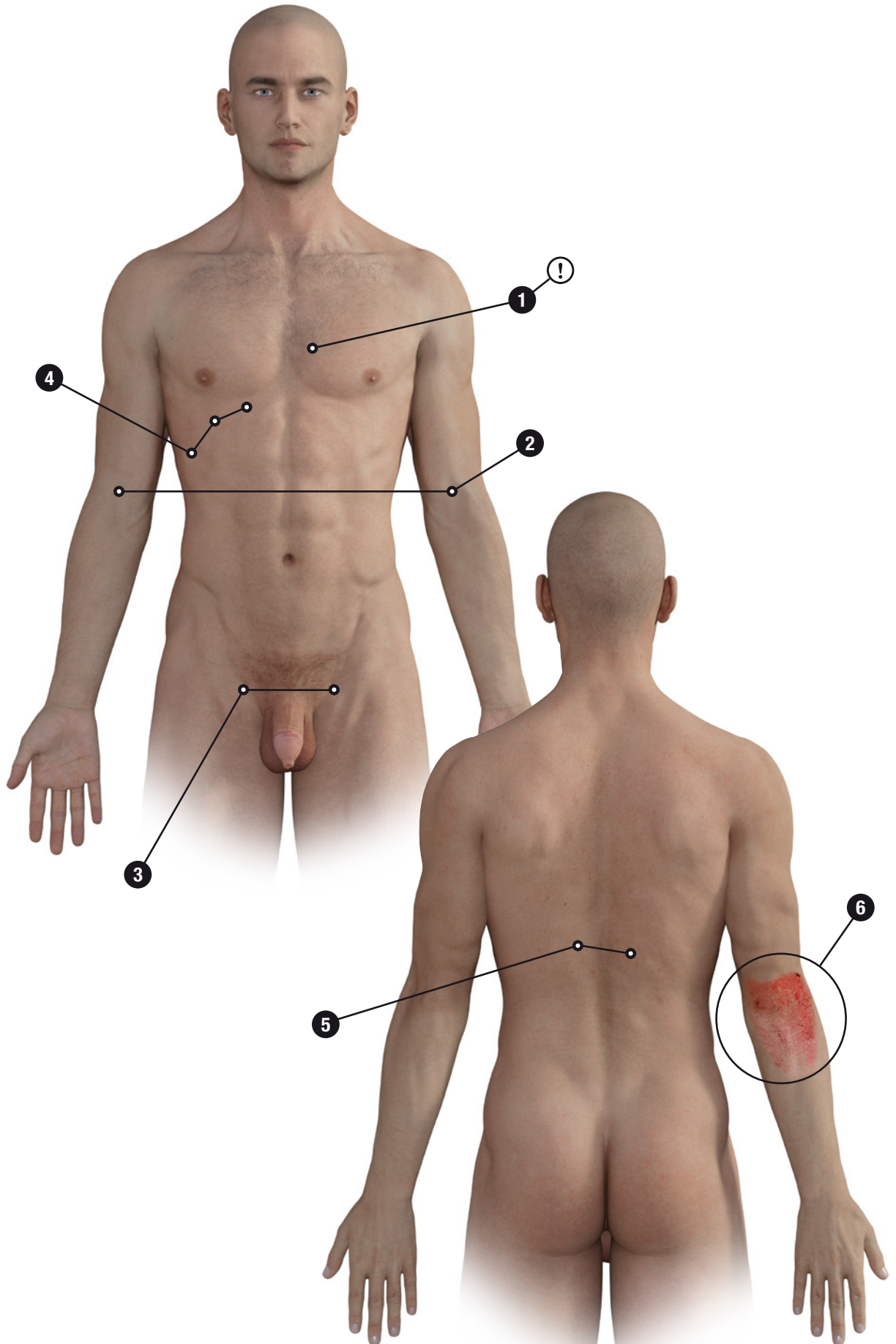
i For mild eczema, psoriasis and skin rashes see also MERIDIAN 3.

If the affected area is on the scalp, use the Meridian Terminal with which to scan the affected area. The bristles can be rested lightly against the skin.

This treatment should be done in conjunction with UNIVERSAL 4 (SB-1).



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





Do not force warts to part from the skin, for this will cause excessive bleeding and can lead to secondary problems.

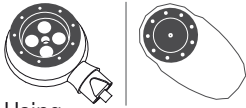
It is important to ensure that the whole wart has been eliminated, leaving fresh new skin underneath. If any part of the wart remains the wart will grow again.

SECTION 16

DERMATOLOGY 2

2-5 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 4-10 days

Continue with treatment
until completely cleared.

- WARTS
- PLANTAR WARTS
- WARTY BUMPS (MOLLUSCUM CONTAGIOSUM)*

| WARTS | | ⌚ MINS | ⚡ HZ |
|-------|--|--------|------|
| 1 | Place the Terminal over the wart and in contact with the skin. | 2 | 50 |

The wart will immediately start to shrivel, and depending upon the size of the wart it will be considerably reduced in size by the fourth or the fifth day and should by then be ready to peel off the skin of its own accord. If it does not peel off then continue the treatment until the remainder of the wart does peel off.

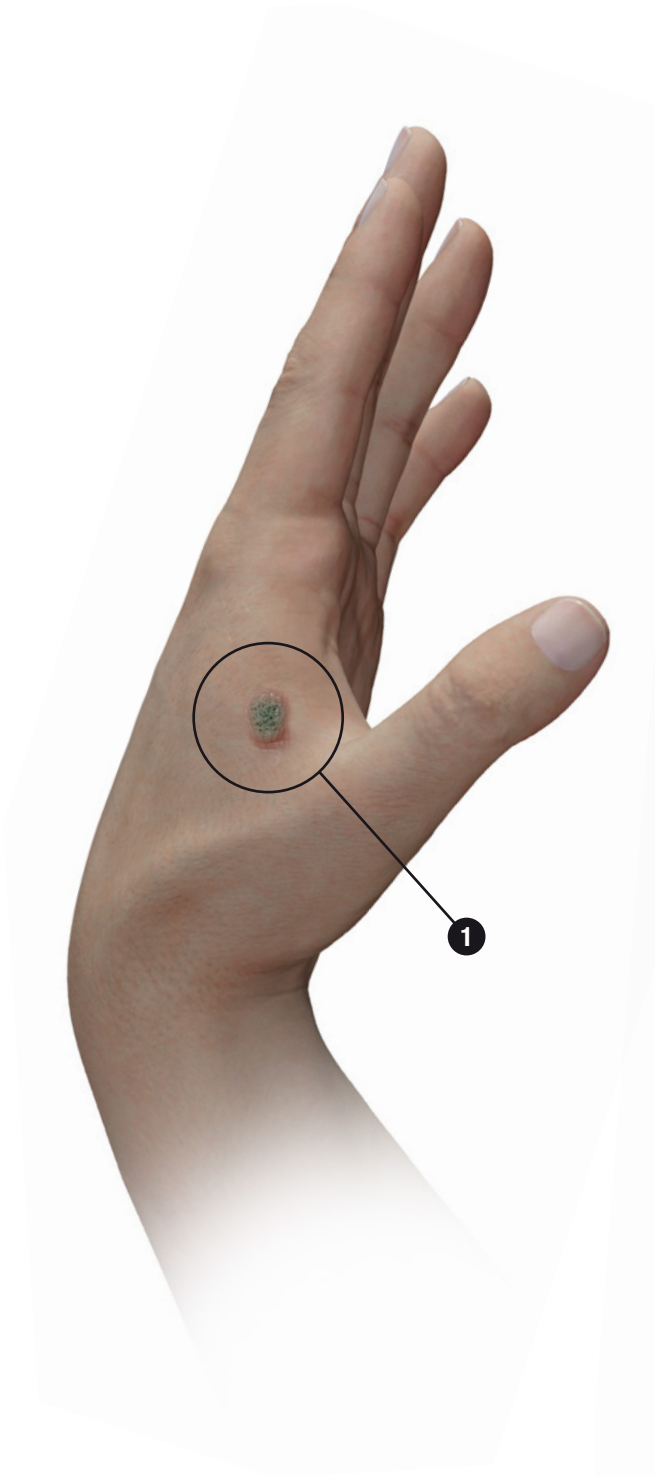
| PLANTAR WARTS | | ⌚ MINS | ⚡ HZ |
|---------------|--|--------|------|
| 2 | Place the Terminal over the wart and in contact with the skin. | 5 | 5 |

After 3-4 days the body will start to push to the surface of the skin the dead parts of the wart. These dead parts are easily removed by soaking the affected part in hot water for 5 minutes, and then scraping away the dead bits gently with the thumb nail. The surrounding skin which would also have been infected will scrape away with the dead part of the wart.

* For molluscum contagiosum use the same treatment as for warts. However, because they are infectious, the Terminal **MUST** be properly sterilised after treatment before being used again.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.





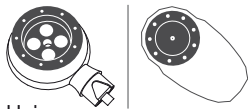
Since fungus is highly contagious it is of utmost importance to exercise strict personal hygiene during the period of treatment, otherwise re-infection will keep recurring. [1]

SECTION 16

DERMATOLOGY 3

20 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Continue with treatment until completely cleared.

Repeat treatment after 6 months if necessary.

*2 x daily

Continue with treatment until completely cleared.

Repeat treatment after 6 months if necessary.

- PSORIASIS OF FINGERNAILS
- FUNGUS OF TOENAILS*

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 Scan the fingers or toes along the top, making sure the laser beam covers the nails as well | 2 per digit | 1000 |
| 2 Scan along the underneath of the fingers or toes, making sure the laser beam covers the tips of the fingers or toes as well | | 50 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

[1] For example, after showering first dry the rest of the body before drying the feet, and never use the same towel twice. Towels, bedding and clothing should be changed, suitably sterilised and washed on a daily basis. Shoes should be sterilised by placing them in strong sunlight for at least two hours per day. Do not wear the same shoes consecutively.

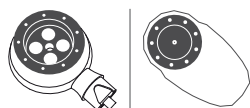


SECTION 16

DERMATOLOGY 4

15 mins ±

Treatment time



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Aesthetic Terminal.

1 x daily

Do all 10 treatments in PART 1, and do PART 2 until the affected area has cleared up.

It is highly recommended that PART 1 be done at least 4 times per year as a preventative measure, and for continued well-being.

• DERMOGRAPHIA

PART 1 MORNING

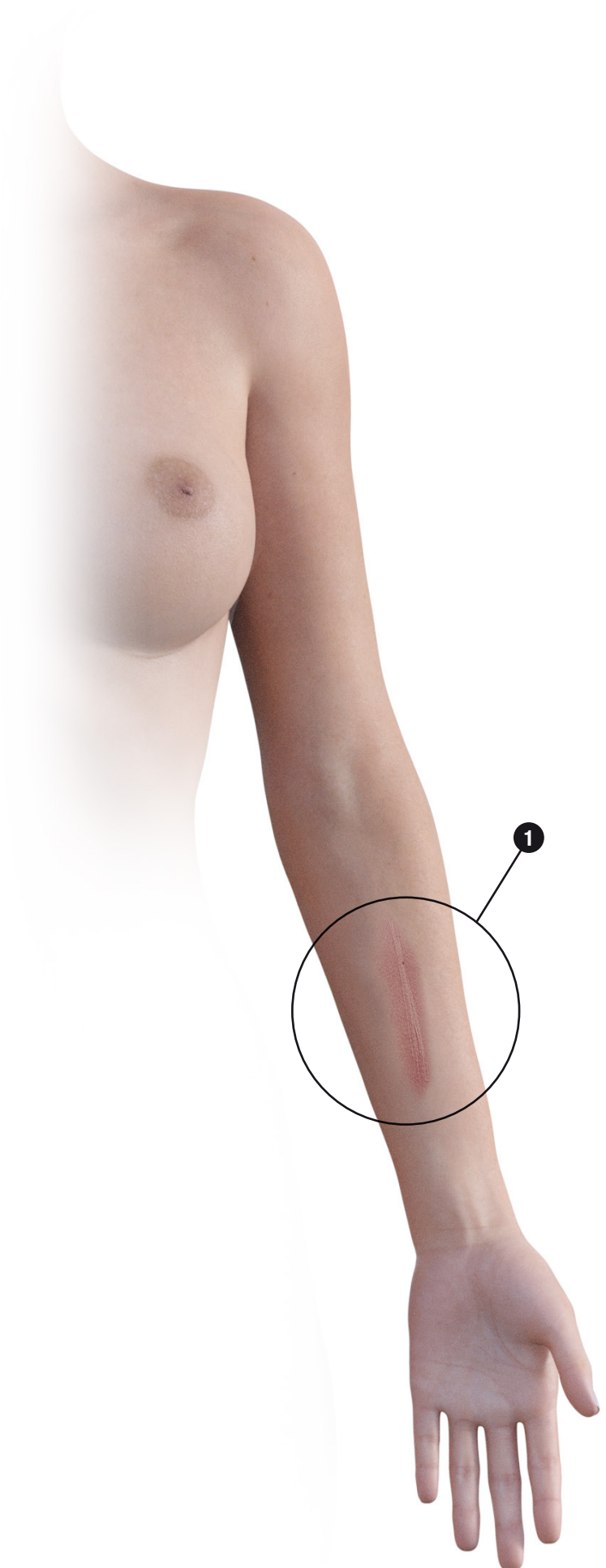
Apply UNIVERSAL 3 (BLOOD) every 2nd day

PART 2 EVENING

| TREATMENT POINT | ⌚ MINS | ⚡ HZ | |
|---|--------------------------|------|--|
| 1 Scan the affected area with the Aesthetic Terminal fractionally above the skin so as to avoid further irritation | 5 per 10 cm ² | 1000 | |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



Children



IMPORTANT

- 1** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 2** coMra therapy is very good for children, especially as a form of preventative medication.
- 3** Any of the treatments prescribed for adults can be used on children as well, except that the time can be halved for infants under the age of 3 years, as infants and children respond much more quickly to laser treatment.
- 4** The few treatments given in this chapter are the ones that differ slightly from those given for adults. The rest are the same, the only difference being that you should always halve the exposure times given for adults when treating infants up to the age of 3 years.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



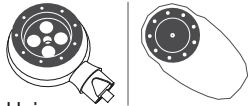
In treating the heart area NEVER use a frequency other than 5 Hz.

SECTION 17

PEDIATRICS 1

17 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 7 x days

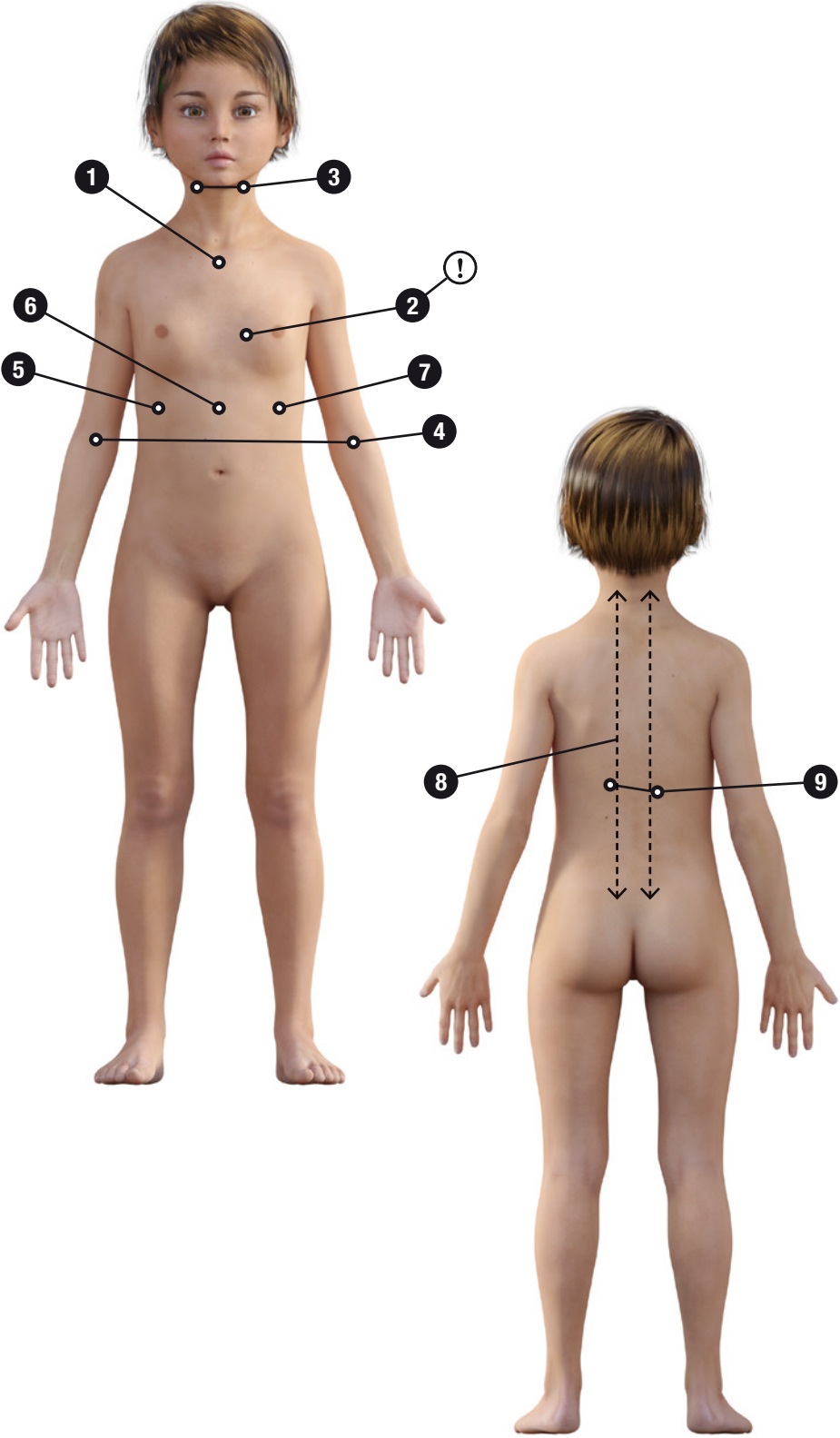
• SOMATIC BIOSTIMULATION

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|---------------------------|-----------|
| 1 Manubrium sterni | 1 per point | 5 |
| 2 4 th intercostal, left of sternum (only once per day) | | |
| 3 Tonsils | | |
| 4 Elbow fossae | | |
| 5 Right hypochondrium | | |
| 6 Epigastrium | | |
| 7 Left hypochondrium | | |
| 8 Scan along both sides of vertebral column | 2 per side | 1000 |
| 9 Kidneys | 1 per point per frequency | 5 then 50 |

i Somatic biostimulation is an excellent treatment for children older than 3 years who are weak and sickly. For very young infants and babies see MERIDIAN 2.



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

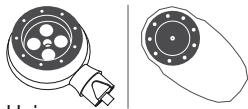


SECTION 17

PEDIATRICS 2

10 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 10 x days

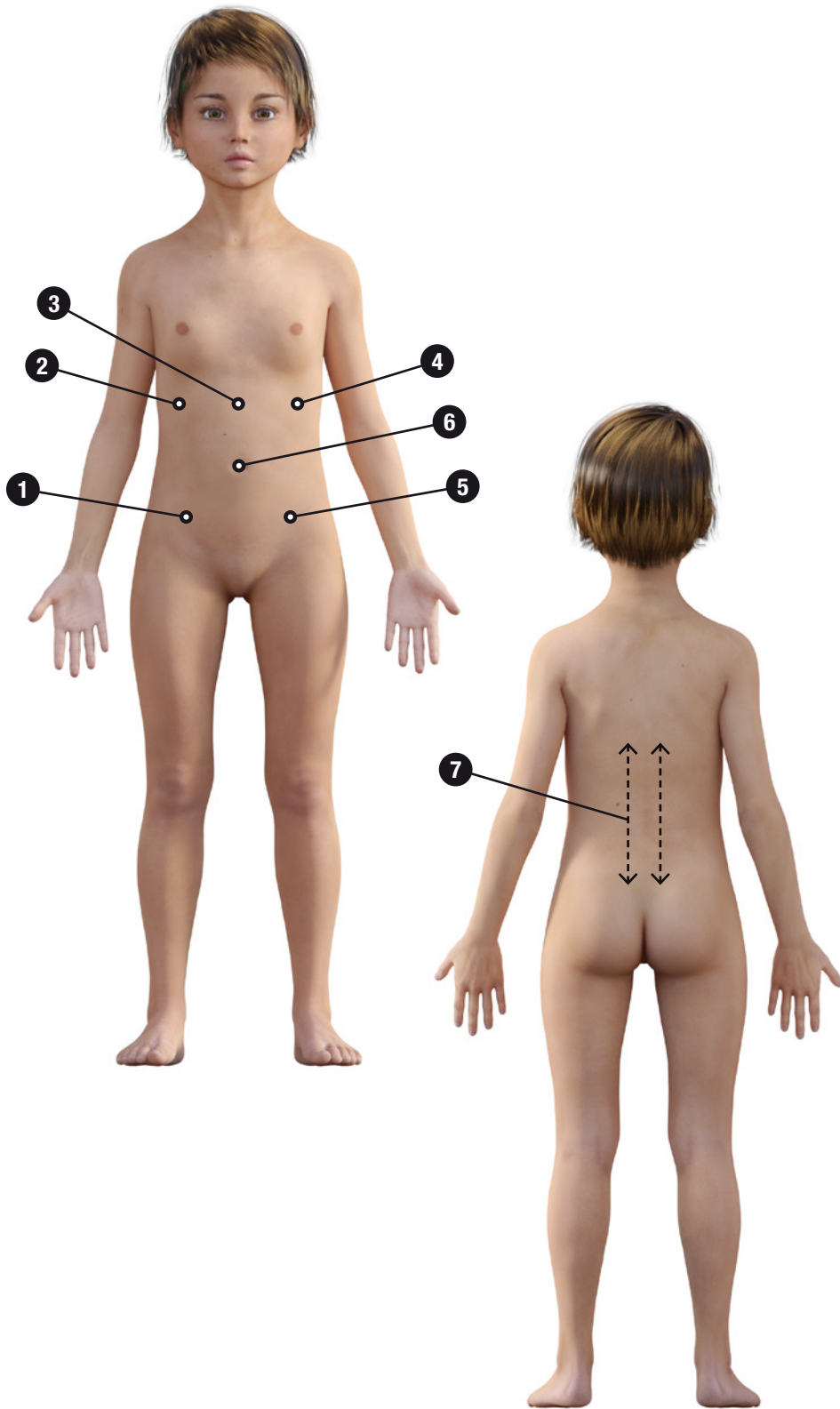
Thereafter every 2 months
if necessary.

• GASTROENTEROLOGY

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|--|-------------|------|
| 1 Right iliac | 1 per point | 5 |
| 2 Right hypochondrium | | |
| 3 Epigastrium | | |
| 4 Left hypochondrium | | |
| 5 Left iliac | | |
| 6 Umbilicus | | |
| 7 Scan along both sides of vertebral column, mid thoracic region to lumbar | 2 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

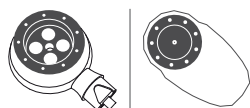


SECTION 17

PEDIATRICS 3

14 mins

Treatment time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 10 x days

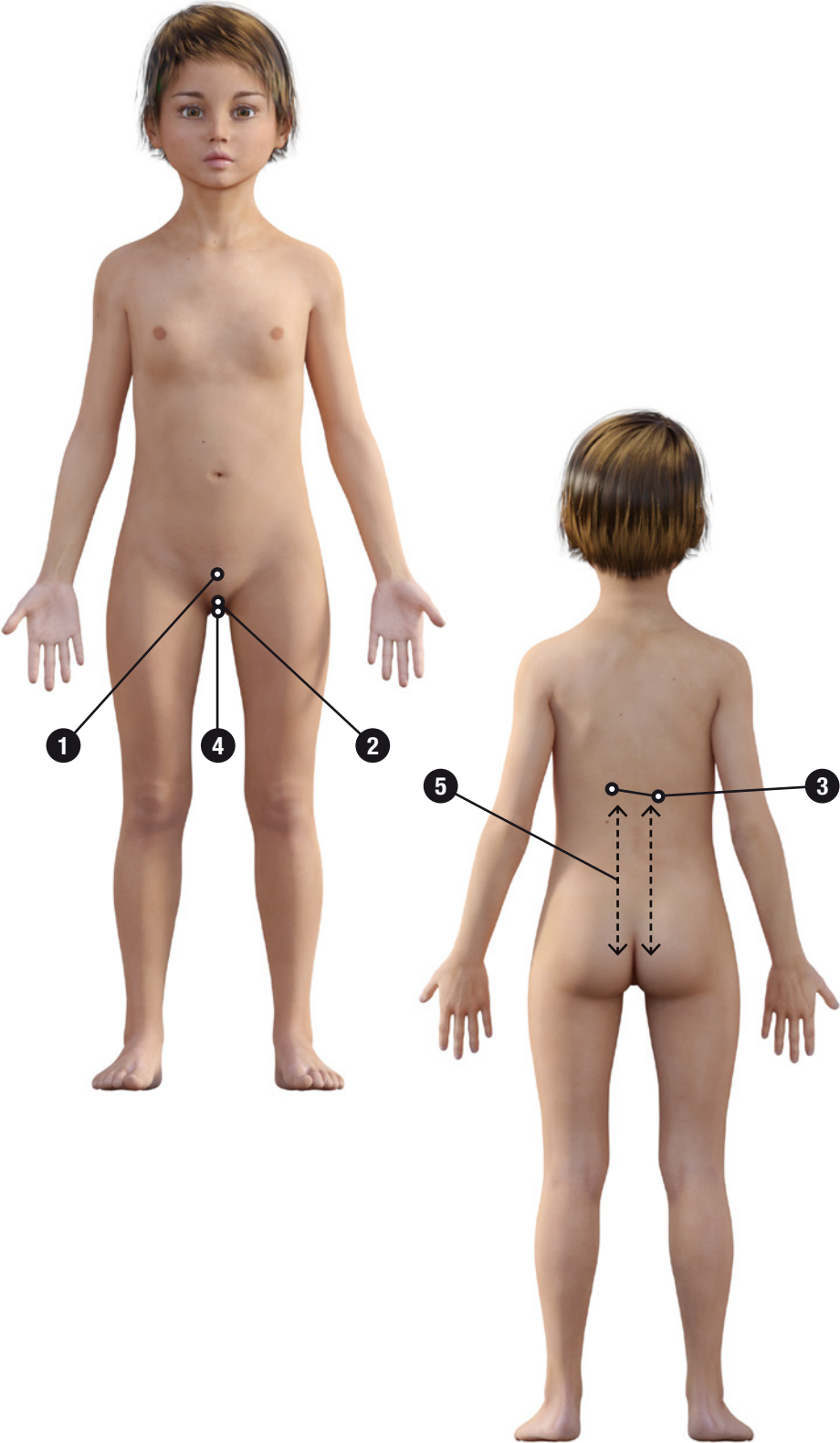
Thereafter every 2 months
if necessary.

• DISEASES OF THE KIDNEYS AND URINARY TRACTS

| TREATMENT POINT | ⌚ MINS | ⚡ HZ |
|---|-------------|------|
| 1 Bladder | 2 per point | 5 |
| 2 Bladder sphincter | | |
| 3 Kidneys | | |
| 4 Perineum | | |
| 5 Scan along both sides of vertebral column, lower back | 2 per side | 1000 |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



SECTION 18

MERIDIAN TERMINAL



IMPORTANT

1

Ultrasound should never be used on the brain, and therefore the Meridian Terminal has been made without an ultrasound emitter.

2

The Meridian Terminal should not be used on the heads of infants until the fontanelles have closed up completely.

3

coMra therapy gives excellent results in improving the condition of hair and in preventing the loss of hair. However, although coMra therapy will stimulate live hair roots into greater health, it cannot reactivate dead roots. Nonetheless, daily use of the Meridian Terminal will ensure good, strong and healthy hair.

4

It is also important to know that the entire scalp of the human head contains a great many meridian points or acupuncture points, with the result that when treating the hair, you are also stimulating many vital organs within the body into a state of greater well-being. This alone makes treating the hair on a daily basis an invaluable aid in leading a healthier and happier life.

5

The hands and the soles of the feet likewise contain many acupuncture points, as well as the pressure points used in reflexology, and these can be most successfully stimulated by the gentle brushing of the hands and the soles of the feet with the bristles of the Meridian Terminal. The Meridian Terminal is therefore also an excellent tool to use on convalescents, patients recovering from trauma or surgical operations, as well as for the elderly that are weak and frail. The gentle brushing of the hands and the soles of the feet is also highly recommended as a soothing treatment for tiny infants who are weak, sickly and restless.

SECTION 18

MERIDIAN 1

20 mins

Treatment time.



Using:
Delta Meridian Terminal.

1 x daily

- HAIR
- MILD PSORIASIS ON THE SCALP

| | | |
|----------|----------|--|
| 1 | A | Treating the hair should not be rushed. |
| | B | It is therefore recommended that you find a quiet time in which to sit down with a cup of coffee or tea whilst treating your hair in a relaxed, peaceful and quiet manner. |
| | C | Most people find that the best time for treating their hair is in the evening after they have had their shower and before going to bed. Dry hair properly before treating. |
| | D | Doing the treatment at this time will also induce a good and peaceful sleep, for the effect of coMra therapy always brings about a natural drowsiness a few minutes after the treatment. |
| 2 | A | Brush your hair slowly with the Meridian Terminal at 1000 Hz, staying on the same course of brushing for approximately 1 min before moving the brush to another course. |
| | B | First brush the hair from front to back, starting next to an ear and working up towards the top of the scalp, then down to the other ear. |
| | C | Now brush the hair in diagonal movements across the scalp, first from one side and then from the other side. |
| 3 | | Finally do a quick brushing of the hair all over, using the movements given in 2B. |

MERIDIAN 2

• HANDS AND SOLES OF FEET

16 mins

Treatment time.



Using:
Delta Meridian Terminal.

1 x daily

| | | |
|----------|----------|--|
| 1 | A | Treating the hands and the feet should not be rushed. |
| | B | It is therefore recommended that you find a quiet time in which to sit down with a cup of coffee or tea whilst treating your hair in a relaxed, peaceful and quiet manner. |
| | C | Most people find that the best time for treating their hands and feet is in the evening after they have had their shower and before going to bed. |
| | D | Doing the treatment at this time will also induce a good and peaceful sleep, for the effect of coMra therapy always brings about a natural drowsiness a few minutes after the treatment. |
| 2 | A | Starting with your feet, first slowly brush the top of one foot for 2 min with the Meridian Terminal at 1000 Hz, covering the entire surface including the toes, and then the top of the other foot for 2 min. |
| | B | Now slowly brush the sole of first the one foot for 2 min, covering the entire surface including the toes, and then the sole of the other foot for 2 min. |
| 3 | A | Now place one hand flat on a table surface with the fingers slightly spread. |
| | B | Brush the back of the hand slowly for 2 min, starting from the wrist and working down the full length of each finger, including the thumb, as well as the space between the thumb and the index finger. |
| | C | Now repeat 3B on the palm side of the hand. |
| | D | Now repeat with the other hand. |



Clean the bristles of the Meridian Terminal with colloidal silver or with pure alcohol after treatment to avoid spreading the infection.

SECTION 18

MERIDIAN 3

5 mins +
Treatment time.



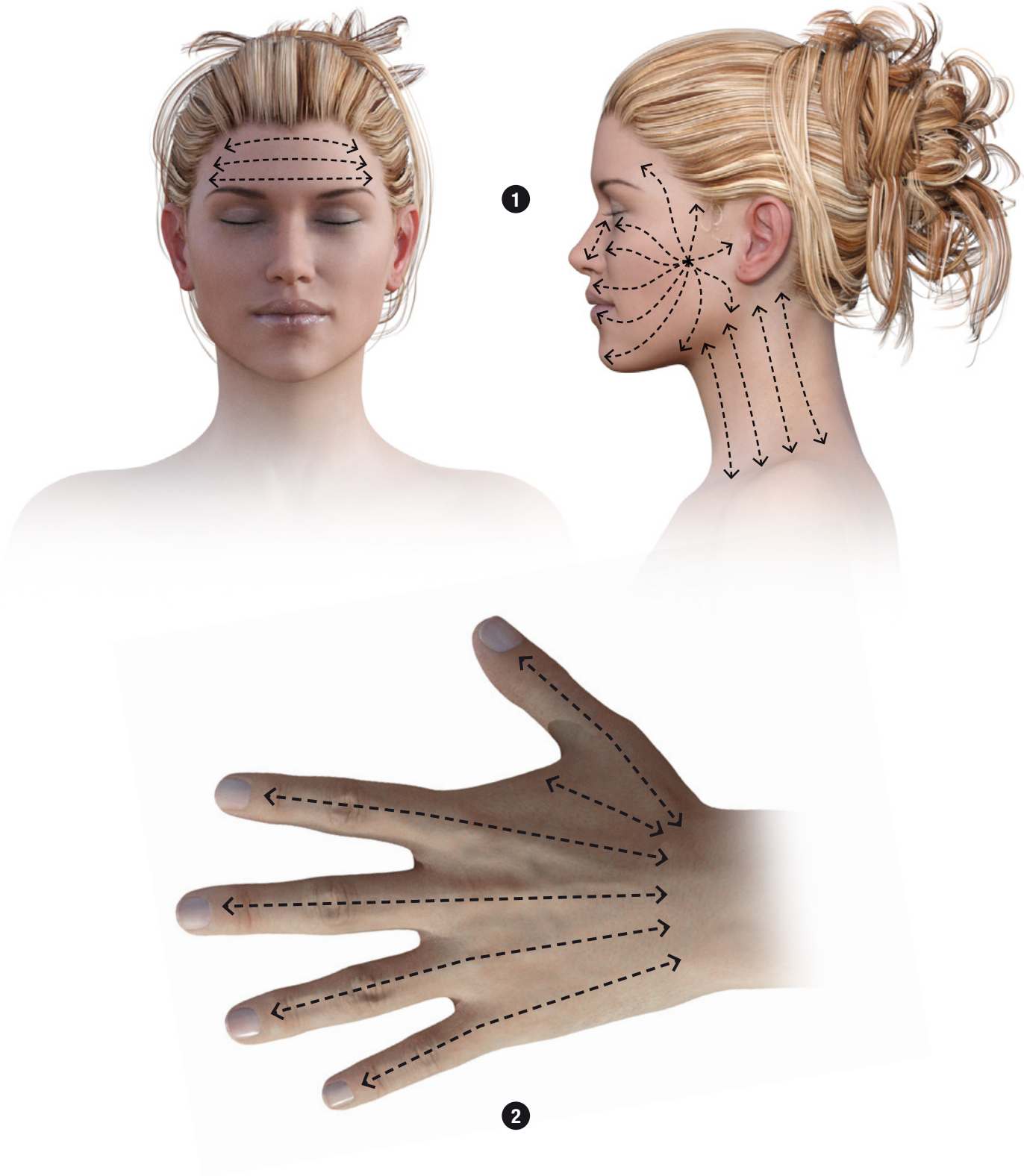
Using:
Delta Meridian Terminal.

2 x daily
Until the condition has completely cleared.

- MILD PSORIASIS
- MILD ECZEMA
- SKIN RASHES

| SCALP | | ⌚ MINS | ⚡ HZ |
|------------------|---|-----------------|--------------|
| Apply MERIDIAN 1 | | 20 | 1000 |
| FACE AND/OR NECK | | ⌚ MINS | ⚡ HZ |
| 1 | Gently brush the entire area with the Meridian Terminal, with the eyes closed. Do NOT shine the laser light into the open eyes. | 5 | 1000 |
| BODY | | ⌚ MINS | ⚡ HZ |
| 2 | Gently brush the affected area with the Meridian Terminal. | 5 per frequency | 1000 then 50 |

i See also the general notes on the use of the Aesthetic Terminal.



SECTION 19

AESTHETIC TERMINAL



IMPORTANT

1

Ultrasound, although safe to use on the face, should never be used on the brain, and therefore the Aesthetic Terminal must not be used on the brain itself.

2

coMra therapy using the Aesthetic Terminal, which has enhanced ultrasound, gives excellent results when used for rejuvenating the skin, and for improving the general condition of the skin, especially on the face and the neck. It is also good for treating mild skin ailments, such as wrinkles, pimples, rashes and mild eczema. The daily use of the Aesthetic Terminal will maintain a good, smooth and healthy skin that is free of wrinkles and skin blemishes.

3

In cases of certain physical injuries the enhanced ultrasound of the Aesthetic Terminal can also be very beneficial to the injury as an added treatment. For example, in strained or torn ligaments, strained or torn muscles, bone fractures, open wounds, bruises, etc., the enhanced ultrasound of the Aesthetic Terminal is very helpful. But in all these cases it is still important to use the Medical Terminal as well. This is necessary because the effect of the Aesthetic Terminal is one of rejuvenation, which makes this Terminal especially important in treating and enhancing the skin. The effect of the Medical Terminal on the other hand is one of regeneration, and it is this property that makes using the Medical Terminal important in medical conditions where regeneration is necessary.



Treatment times given in this user guide were designed for the home user with the Delta or Palm 980 nm laser to give a conservative starting point. Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.

SECTION 19

AESTHETIC 1

20 mins

Treatment time.



Using:
Delta Aesthetic Terminal.

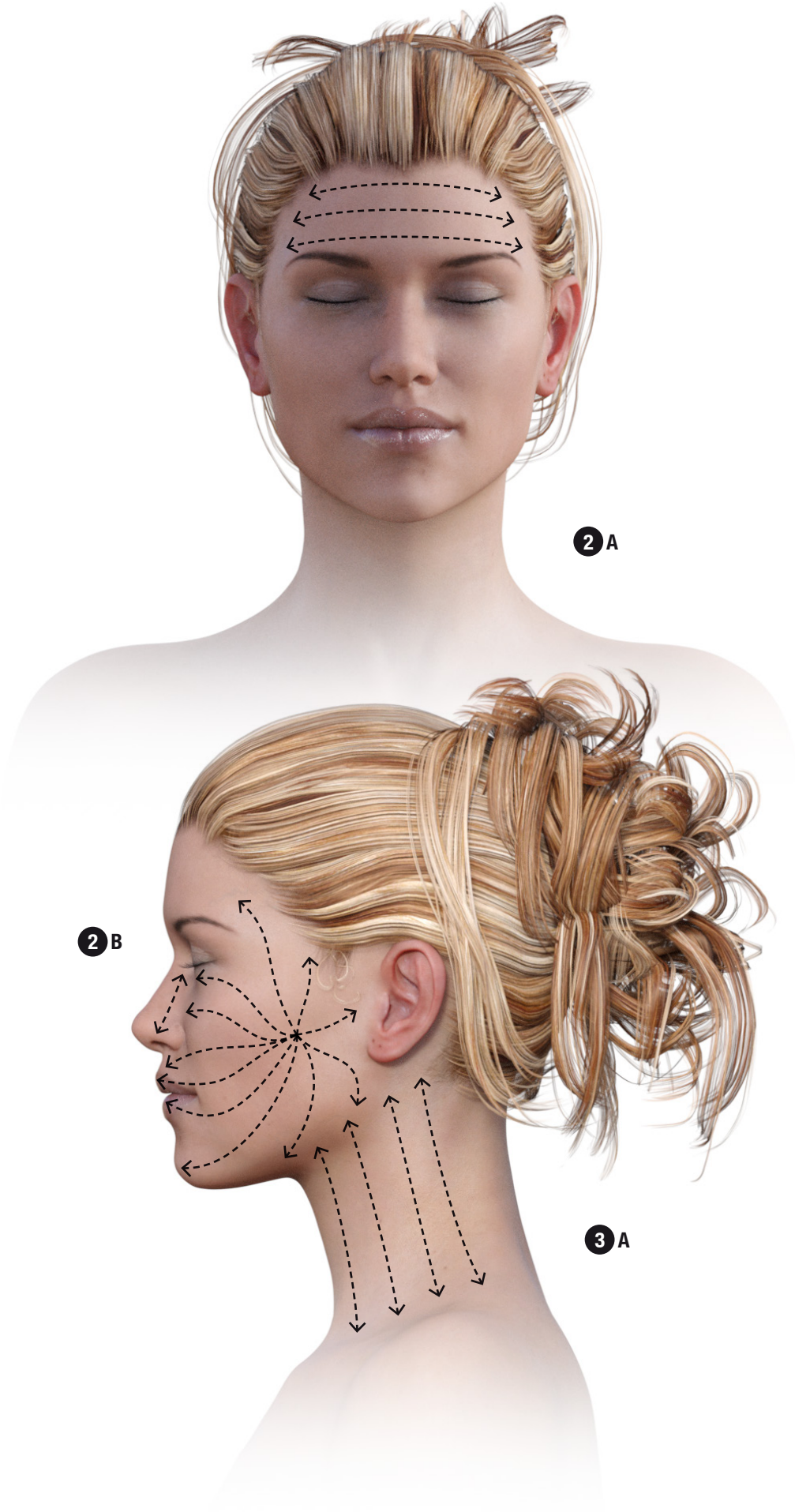
1 x daily

• FACE AND NECK

| | | |
|---|---|---|
| 1 | A | Treating the skin should not be rushed. |
| | B | It is therefore recommended that you find a quiet time in which to sit down with a cup of coffee or tea whilst treating your skin in a relaxed, peaceful and quiet manner. |
| | C | Most people find that the best time for treating their skin is in the evening after they have had their shower and before going to bed. |
| | D | Doing the treatment at this time will also induce a good and peaceful sleep, for the effect of coMra therapy always brings about a natural drowsiness a few minutes after the treatment. |
| 2 | A | Starting with your face, first slowly and gently run the surface of the Aesthetic Terminal across the surface of the forehead as shown in the diagram for 2 mins @ 1000 Hz. |
| | B | Slowly and gently run the surface of the Aesthetic Terminal across the surface of one half of the face, including the side of the nose and the lips, and as shown in the diagram, for 5 mins @ 1000 Hz. Then repeat for the other side of the face. |
| 3 | A | Slowly and gently run the surface of the Terminal across the surface of one half of the neck as shown in the diagram, for 2 mins @ 1000 Hz. Then repeat for the other side of the neck. |
| | B | Repeat 3A for 2 mins @ 50 Hz. |



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2 A

2 B

3 A

SECTION 19

AESTHETIC 2

10 mins +

Treatment time.



Using:
Delta Aesthetic Terminal.

1 x daily

- HANDS
- SKIN BLEMISHES

| | | |
|---|---|--|
| 1 | A | Treating the skin should not be rushed. |
| | B | It is therefore recommended that you find a quiet time in which to sit down with a cup of coffee or tea whilst treating your skin in a relaxed, peaceful and quiet manner. |
| | C | Most people find that the best time for treating their skin is in the evening after they have had their shower and before going to bed. |
| | D | Doing the treatment at this time will also induce a good and peaceful sleep, for the effect of coMra therapy always brings about a natural drowsiness a few minutes after the treatment. |
| 2 | A | Place one hand flat on a table surface with the fingers slightly spread. Now slowly and gently run the surface of the Terminal across the surface of the back of the hand and fingers, including the thumb, as shown in the diagram, for 5 mins @ 1000 Hz. |
| | B | Repeat 2A @ 50 Hz. |
| | C | Repeat all for the other hand. |
| 3 | | For skin blemishes treat the affected area by running the surface of the Terminal over the blemish, including an overlap of 2 cm of good skin around the blemish. Treat daily for 5 mins @ 1000 Hz. |



Treatments with the professional 905 nm laser are more intense, and therefore these treatment times may be shortened, and also the space between treatments extended further, as determined by feeling and experience.



The Probe Terminal and acupuncture

GENERAL NOTES

- 1** coMra therapy using the Probe Terminal with the Extended Sheath is a very successful substitute for the use of acupuncture needles in the case of burns, elderly people with frail skin and infants.
- 2** For safety when using the Probe Terminal on areas of the head, the Probe Terminal does not have an in-built ultrasound emitter. This makes it especially good for acupuncture, since ultrasound is not useful in the practice of acupuncture.
- 3** Notwithstanding any of the above, where ultrasound is particularly useful is in the rapid healing of skin tissue, as in burns and cuts, and in the reorganisation of diseased cells. In these cases the practitioner can use the Medical Terminal with the ultrasound switched on, with which to scan the affected areas for 5 mins @ 1000 Hz, after acupuncture, if desired.
- 4** For the purpose of acupuncture each point should be treated for 1-2 mins @ 1000 Hz. However, these exposure times are only a guide based upon general observation. The practitioner should experiment with the time of exposure until he or she finds the optimum exposure in order to achieve the desired results.
- 5** When using coMra therapy for acupuncture, it is well to remember that infants absorb radiance much more quickly and efficiently than adults, and therefore the exposure times should be adjusted accordingly.



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coMra therapy and mental health

GENERAL NOTES

1

To date far too little research has been done on treating mental disorders with coMra therapy, even though it promises to be extremely useful in the treatment of ailments such as acute depression, psychosis, schizophrenia and psychopathy.

2

The treatment given in this section is one treatment that was found to be extremely effective in the case of severe depression and the case of psychosis. Although it has not been tested, it is believed that it will also prove to be most beneficial in cases of schizophrenia and psychopathy.

3

The practitioner should check the condition of the patient's kidneys, and if needed, do NEPHROLOGY 4, before commencing with the treatment below:

4

A

Do UNIVERSAL 5 (SB-2) to start with, 2 x daily until improvement is noticed. Then continue 2 x daily for 7 more days, after which allow 2-3 weeks rest.

B

Repeat 4A until full recovery has been achieved.

C

After recovery do UNIVERSAL 4 (SB-1) as prescribed, followed by 2-3 weeks rest.



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coMra therapy in
veterinary science

GENERAL NOTES

1 coMra therapy is excellent for treating animals, both big and small, as well as poultry and birds.

2 In treating animals and birds it is not necessary to first shave the animal or to pluck the bird before treatment. As opposed to clothing, which is finely woven cloth, the fur of animals and the feathers of birds do not inhibit the efficiency of the radiances. Instead it has been found that both live fur and feathers act as conductors of the radiances, rather than inhibiting them. Furthermore, animals and birds are far more responsive to the radiances than are human beings. Therefore even if there are some of the radiances that become distorted by the fur or the feathers, and do not penetrate fully through to the skin, animals and birds still respond very well and very quickly to coMra therapy as a result of just those radiances that do penetrate through to the skin.

3 For domestic animals, such as cats and dogs, sheep, goats and pigs, as well as poultry, use the same treatments as for humans, including the frequencies and the time exposures as given for humans.

4 For large animals such as horses and cattle, the treatments are also the same as for humans, except that the exposure times as given for humans should be increased by 2 mins per point.

5 For small birds it is best to slowly and gently brush the entire head of the bird using the Meridian Terminal, for 1 min @ 50 Hz. Then brush the body of the bird for 5 mins @ 50 Hz.

6 Treatments on animals and birds should be done every second day, for no more than 15 treatments, before allowing a period of 3 weeks rest.



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coMra therapy
in botany

GENERAL NOTES

Plants too respond very well and very quickly to coMra therapy. The treatments described in this guide are meant primarily for small outdoor plants, house plants and seedlings. However, taking the information imparted here as a guideline, botanists who are interested in experimenting with coMra therapy on bigger plants can do so and develop their own techniques.

There are essentially three ways in which plants can be treated using coMra therapy:

| | | |
|----------|----------|---|
| 1 | | Using the Medical Terminal, scan the overall plant at a distance of 1 cm from the leaves for 3 mins @ 1000 Hz. Do this treatment every second day until an improvement in the condition of the plant is noticed. |
| 2 | A | Using the Probe Terminal with the Normal Sheath, charge water by immersing just the Sheath of the Probe into a 1 litre container of pure spring water for 3 mins @ 5 Hz. |
| | B | Water the plant with the charged water whenever it needs watering. Use only freshly charged water, as the water will lose its charge if left to stand for more than 3 hours. |
| | C | If the plant does not mind having its foliage wet, the whole plant can also be sprayed with the charged water before watering the roots of the plant. |
| 3 | A | As the informing life of a plant is located in its root system, carefully open a space in the soil close to the roots, taking care not to damage the roots, and bury about half the Probe, using the Normal Sheath, by putting back part of the soil that has been removed. |
| | B | Irradiate the roots for 5 mins @ 50 Hz. |
| | C | Remove the Probe and pat the loose soil back into place around the roots. Repeat the treatment every second day until the condition of the plant has improved. |

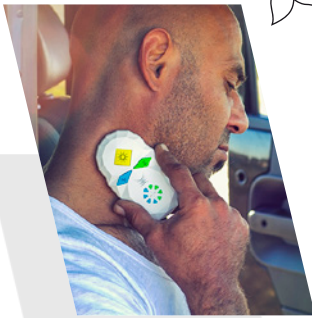


Do NOT simply push the Probe into the soil, for this will scratch the Sheath, rendering it less effective. After use, the Sheath should be rinsed clear of dirt under running water before being dried gently, ensuring not to scratch the surface of the Sheath.



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