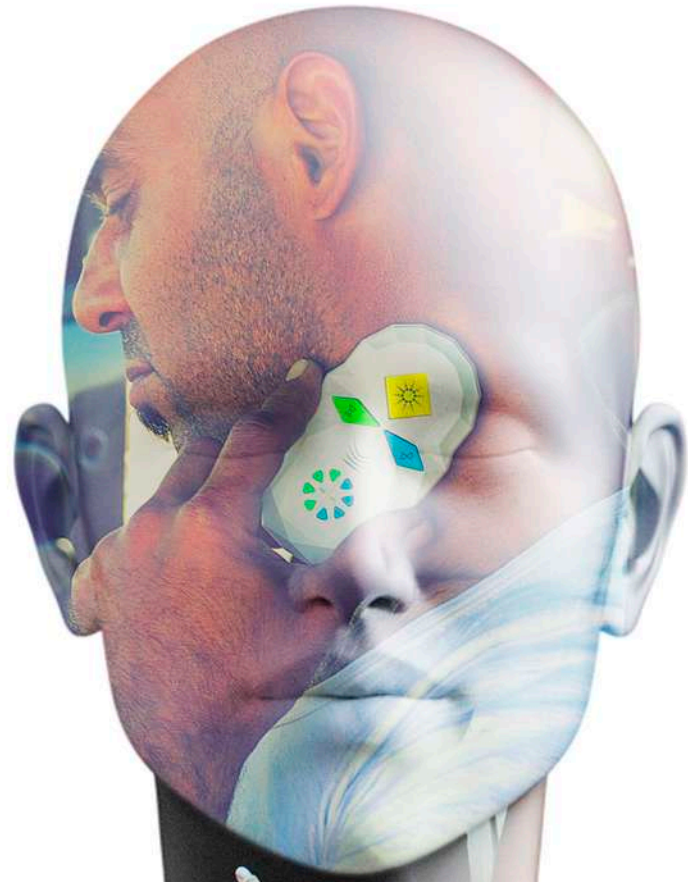
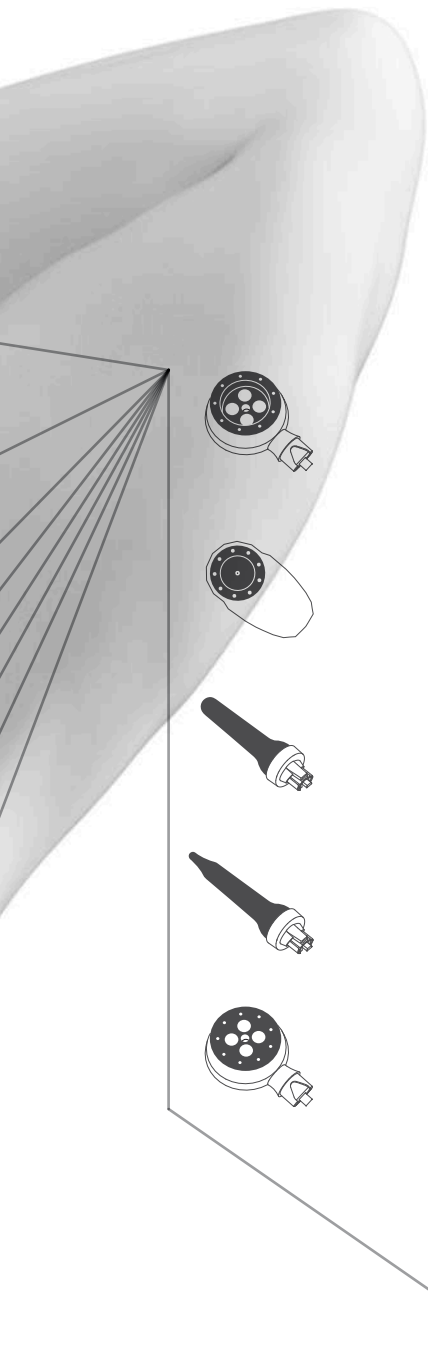




COMRA THERAPY
USER GUIDE ENGLISH, REV 5.1





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Théun Mares (1952-2011), Founder of RLT

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FOREWORD

The frontiers of healing and health – coMra

A holistic approach to healing, well-being and self-sufficiency

Great civilizations have come and gone, and each civilization has had its own unique methods of achieving physical, emotional and mental health. Yet when one studies any of these ancient healing arts, it becomes apparent that, like fine arts and culture, healing arts are always a reflection of the general level of awareness present in that particular civilization. Apart from physical injury, the causes of the types of diseases that were prevalent in any one civilization, upon careful study, are seen to have their roots in the prevailing mindsets common to the people of that civilization. Most notably, many of the ancient physicians, irrespective of the civilization to which they belonged, not only treated the disease, but also instructed their patients on how to correct the mindset causing the disease. This is true healing; namely, *hiasis*, as opposed to merely treating the symptoms of the disease, and it is vitally important, for the disease will continue to re-manifest whilst the cause remains intact.

The word *hiasis* comes from Greek, and it means that when an ailment occurs, and it has been fully understood, this brings about new knowledge that the person suffering from the ailment did not have previously. The implications within this are clear. We call forth disease, or more precisely, *dis-ease*, when a lack of knowledge throws an area in our lives out of balance. The result of this imbalance first manifests within us as a *dis-ease* at a psychological level, but unless this is remedied, it will eventually also manifest as a physical disease. Consequently, we can see how very important it is to address not only the symptoms of the disease, but also its cause, for invariably it is this cause that reveals the knowledge we have been lacking, and which was responsible for making us ill to start with.

No one can deny that the 20th century marked huge achievements in the fields of science and practical medicine. This is primarily due to the vast improvements made in clinical, laboratory and instrumental diagnostics, to perfecting surgical skill, and to the development of pharmacotherapy (medical drugs). However, despite this huge advancement in modern-day healing, we cannot ignore the many disastrous side-effects of allopathic medicine. For example, even though there is obvious therapeutic benefit when disease is treated by pharmacotherapy, many medicinal and preventative drugs drastically interfere with the natural functioning of the physical body. Pharmacotherapy has also been proven to damage other areas in the body, including the nervous system, and all too often such damage is irremediable. Moreover, despite having full knowledge of the negative side-effects of a great number of the drugs in use today, many physicians continue to prescribe them. The most alarming fact of all is that the often severe negative pathological effects of these drugs, that invariably only show up much later in a patient's medical history, are largely ignored, by which time the damage is often irreparable.

From the above it is clear that the approach to health and healing taken by prior civilizations was much more holistic than our modern approach, where patients are merely cured of the physical symptoms of a disease, whilst leaving the cause unaddressed. Apart from this, the most dire effect of our modern approach is to encourage us to hand over our power to the physician, whereby we stop taking any personal responsibility for our own health. The most debilitating consequence of this disempowerment is that humanity today is completely subject to men and women who, far from having chosen medicine because of their great love for healing, have entered medicine only because it is a financially lucrative business. Today's physicians are also backed and supported by pharmaceutical giants, for whom financial dividends are likewise much more important than the genuine health of people the world over.

Consequently, allopathic medicine has become an extremely mercenary business, and like all mercenary businesses today, modern forms of healing also have an inbuilt obsolescence factor.

Because the cause is never addressed, diseases keep recurring; and because pharmacotherapy brings about so many negative side-effects, biological as well as pathological, patients are dependent upon their physicians, whose income remains steady and assured. The worst consequence of this co-dependency is the increasing addiction to drugs of every description, despite the fact that far too many of the most popular drugs in use today have been proven to be highly toxic and detrimental to the physical body, especially to the natural immune system and the nervous system. So all-pervasive is the use of pharmacotherapy today that our first introduction to medical drugs is already in the womb of the mother.

Yet this sad state of affairs need not be. We are all the masters of our own destiny, and we should therefore also be the masters of our own personal power, and take full responsibility for the circumstances, as well as the conditions we manifest within our lives, including the condition of our health: physical, emotional and mental.

Certain innovative physicians over the last few decades have become very unhappy and ill-at-ease with our current understanding of life, which is based entirely upon the outdated reductionist theories that grew out of an exceedingly materialistic and mercenary approach to science. These physicians, in co-operation with engineers, physicists and scientists of other disciplines, began developing various non-invasive, life-supportive and ecologically safe ways in which to effect both the treatment, as well as the prevention of disease.

Thus, in the 1960's we saw the birth of MIL-Therapy, an acronym for Magnetic-Infrared-Laser Therapy – a medical therapy which most closely resembles the way in which the physical body heals itself. This was the beginning of true complementary medicine, for this technology today is designed not to interfere in the ability of the body to naturally heal itself, but instead to co-operate with the physical body; that is, the healer within, by providing it with all the necessary conditions it needs for what it alone is most qualified to do; namely, to heal itself.

The principle on which MIL-Therapy is based is what is known as Coherent Multi-Radiance. The forefathers of MIL-Therapy knew that what this means is that there are essentially four radiant energies that have to be synthesised into working together as one coherent whole; these energies being magnetism, infra-red laser, the four basic colours; namely, red, green, blue and yellow, and ultrasound. The Russian medical scientists who pioneered MIL-Therapy have ever since been trying to perfect this technique, but to date the modern medical lasers, as effective as they are, still only have at most infra-red lasers, magnets and red light.

In June 2009 Radiant Life Technologies® made what amounts to the greatest breakthrough in medical science this century – they took MIL-Therapy to a totally new level, through their discovery of the much sought-after technique, which now enables all four of the above-mentioned radiances to be combined into one coherently-operating whole. Radiant Life Technologies has named this greatly enhanced form of MIL-Therapy, Coherent Multi-Radiance Therapy, abbreviated to coMra.

In this new method of combining the four radiances, the infrared laser provides the stimulus for healing. In other words, it assists the healer within. The four basic colours provide the message to the healer within; that is, regenerate or rejuvenate, depending upon what is being treated. All of this is done through the actual frequencies used for both the infrared laser as well as the four colours, in addition to the specific sequence and the geometry in which the radiances are used. The magnetism provides a force field, which acts as a channel for keeping all the radiances focussed and directed, and which also determines the depth to which the other radiances penetrate the subcutaneous layer. The ultrasound provides a gentle but firm impetus, allowing the diseased cells to reorganise themselves internally much

more quickly. It is important to note here that cells become dis-eased when they become disorganised internally for a particular reason; the reason being the cause of the disease.

Medical lasers today fall into two categories: the high intensity lasers, which have proven to be a very successful alternative to physical surgery; and low intensity lasers, such as the ones developed by MIL-Therapy and now enhanced by coMra therapy, which are proving more and more to be highly effective in both the treatment and the prevention of a wide variety of diseases.

Furthermore, since medical lasers must compete in a world dominated by allopathic medicine, laser treatments have also been found not to interfere with any prescribed allopathic cures, but instead enhance the positive effects of allopathic medicine. Therefore, medical laser technology also complements allopathic medicine.

Physicians from all countries, but especially from developing countries, which cannot afford the very high and continuously escalating cost of allopathic medicine, are today turning their attention to alternative healing practices and, in particular, to complementary medicine. Today there is little doubt that quantum electronics, which led to the development of lasers, is making a huge contribution to medicine. Every day new clinical data is being added to the ever-growing proof of the very high performance of medical lasers. It is now abundantly clear that low-intensity medical lasers have inexhaustible possibilities in the realm of healing.

Théun Mares (1952-2011), Founder of RLT

 **BEFORE YOU START**

! IMPORTANT

- 1** Under no circumstances should the laser light be allowed to come into contact with the open eyes. Bear in mind that the infrared laser light is invisible to the human eye. Please note that prolonged exposure of the open eyes to laser light could cause permanent blindness, and even brief exposure could result in serious damage to the eyes.
- 2** If treatment is to be done directly to the eyes or anywhere close to the eyes, the eyelids must be closed, in which case no damage can be done to the eyes.
- 3** The lights around the Probe are LED lights that will not damage the eyes. However, to avoid any irritation or discomfort it is best to close the eyes if the probe is used in the vicinity of the eyes.
- 4** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 5** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 6** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 7** Do not place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 8** Do not place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.
- 9** Do not place any of the Terminals within 30 cm of any sensitive electronic equipment (laptops, hard drives, etc.). The magnetic field from the Terminals may damage such items.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

General notes

- 1 The list of medical conditions and protocols given in this guide by no means implies that these are the only conditions that can be treated by using coMra therapy. The protocols given are merely examples of the versatility of coMra therapy. The practitioner is encouraged to familiarise him or herself with the basics of coMra therapy, and then to experiment, and so build up his or her own working knowledge of coMra therapy in order to treat any medical condition he or she encounters, using the protocols given in this manual as a guide.

To assist the practitioner in this, it may be helpful to note that coMra therapy acts primarily on the innate ability of a cell to self-repair by coherently enhancing efficiency of cellular energy metabolism, accelerating repair of cell structure and harmonising regulatory processes. Once cells sufficiently restore their structure and rebuild resources, they are capable of resuming normal function as a part of an organ (read more: <https://doi.org/10.1016/j.jphotobiol.2020.112083>).

Since the ability to self-repair is fundamental to all cell types, coMra therapy can be applied to all parts of the body that are involved in the disease pathology:

 - a) the central and peripheral nervous systems,
 - b) the immuno-endocrine system,
 - c) the blood,
 - d) the lymphatic system,
 - e) the organs and other body parts directly.

The points illustrated in the protocols have primarily been selected with these considerations in mind, although additional points are sometimes included in specific protocols, where these are needed.
- 2 Every effort has been made to illustrate with accuracy the protocol points in this user guide. However, taking into account the differences in body geometry for each patient, we are only able to give a general indication of placement on our illustrations. We are aware that locating the treatment points, for the non-professional, may prove to be a little challenging therefore we suggest using a free online resource such as the Biodigital Human Visualization Platform (<https://human.biodigital.com/index.html>) to help with any confusion that may arise.
- 3 Since coMra therapy is an innovative form of medical science, we are constantly updating our knowledge base to reflect the growing body of clinical data. In response to growing demand, new protocols are also being developed, compiled and added on an ongoing basis. Consequently, to ensure that you get the optimum value from coMra therapy you should regularly check the coMra therapy website (www.comra-therapy.com) and update the mobile application for the latest additions and amendments to the user guide.
- 4 In the first edition of the user guide each treatment was accompanied by herbal medications that were found to be complementary to the healing process. However, clinical feedback has confirmed that coMra therapy is highly effective on its own, and so it was decided to remove these medications from future editions of the user guide. Those who are interested in these herbal medications can find them in the book entitled, Health & Holism in the 21st Century, published by Renascent Legacy Press.

Using the Terminals

- 1 | It is vital that the Terminals are placed directly onto the skin, unless stated otherwise in the protocols given in this user guide. Do not treat through clothing, no matter how thin the clothing may be. Clothing will distort the radiances, as well as inhibit them.
- 2 | Notwithstanding the above, it is important to note that in treating animals and birds it is not necessary to first shave the animal or to pluck the bird before treatment. As opposed to clothing, which is finely woven cloth, the fur of animals and the feathers of birds do not inhibit the efficiency of the radiances. Instead it has been found that both live fur and feathers act as conductors of the radiances, rather than inhibiting them.
Furthermore, animals and birds are far more responsive to the radiances than are human beings. Therefore even if there are some of the radiances that become distorted by the fur or the feathers, and do not penetrate fully through to the skin, animals and birds still respond very well and very quickly to coMra therapy as a result of just those radiances that do penetrate through to the skin.
- 3 | In certain circumstances a practitioner may deem it wise to place a protective cover over the Terminal for hygiene purposes. In such cases use only a very thin and totally clear transparent plastic cling wrap, stretched tight across the surface of the Terminal, so as not to form creases or wrinkles.
- 4 | When treating the hands or neck area all rings and jewellery must be removed prior to treatment, as the jewellery will distort, reflect and refract the radiances.

Using the different frequencies

- 1 | **5 Hz** is the frequency used for deep penetration – as in treating the internal organs and skeletal structure of the body, as well as treating internal tumours. **5 Hz is not used on the brain.**
- 2 | **50 Hz** is the frequency used for treating most muscle disorders, injuries and ailments that are close to the surface of the skin. Exceptions to this are given in the various protocols listed. This frequency is also used for tumours that are located directly beneath the skin.
- 3 | **1k / 1000 Hz** is the least penetrating of the frequencies, and is used mostly for treating skin disorders and very sensitive skin – as in burns, open wounds and superficial ulcers. It is also used for treating the inside of the mouth, the nose, the ears, the vagina and the anus, as well as for treating the central nervous system.
- 4 | **Variable (V)**, which varies intermittently between 5 Hz, 50 Hz and 1000 Hz, is used mostly for joints and bone fractures, and also in cases where it is desirable to treat a particular area at various depths of penetration.

How coMra therapy supports the body

coMra therapy tends to work differently to conventional medical treatment and allopathic medications, and this is most often visible in the case of certain serious illnesses, and/or prolonged illnesses, where the body has become depleted. Therefore, it is of vital importance to take into consideration the following few points when treating these conditions, so as to avoid unnecessary concern:

1

In serious illness, and/or prolonged illness the body becomes exhausted and depleted in the constant fight against the disease. If this state of affairs goes on for some time, the body is eventually so weak that it will use whatever remaining reserves it has in maintaining only those organs and those bodily functions that are vital to the preservation of life.

2

The principal function of coMra therapy is to act as a support for the body. Consequently, if a body has become exhausted and depleted it will, once coMra treatment is commenced, first use this support to build up its strength and its depleted reserves. The result of this is an immediate feeling of well-being.

3

After the body has built up sufficient strength it initiates the healing process. If, because of serious illness, the body is still recovering from depletion, it will again become depleted, and the result of this is what can appear to be a complete relapse. Occasionally, such relapses can precipitate a state of health in which the symptoms displayed are worse than before treatment was commenced. This state of health, however, will only be temporary, and the treatment should NOT be suspended.

4

The reason why it is important to continue with the treatments is because the body will once again use the support given to it by coMra therapy to build up its strength, and will then continue to fight against the disease. Throughout this time the patient will be making good progress and will feel considerably better. Later on, if the illness has been sufficiently serious or prolonged, the body will at some stage again become depleted, which can also result in yet another relapse, and the patient no longer feeling as well as before.

5

This cycle of feeling better, and having a relapse, will continue for as long as it takes the body to recover fully from its initial exhaustion and depletion. But it will be noticed that, if there are relapses, each apparent relapse is not as severe as the previous time.

6

As the body builds up sufficient strength, any future relapses will become fewer, and intervals between them will become longer, until a full recovery has been achieved.

7

As a result of the support needed by the body in healing itself, there is no need to take the periods of rest as specified in a protocol between courses of treatment until definite improvement has been achieved.

8

Please note that the effects of the irradiation will continue to function even during the periods of rest. However, for maximum effectiveness the periods of rest should not be longer than stipulated in the various protocols.



NONE of these factors apply in cases of physical injuries, or when diseases are treated timeously with coMra therapy.

Using the 980 nm or 905 nm laser

- 1 The coMra therapy devices are available in two complementary versions of infrared laser: 905 nm and 980 nm. The 905 nm laser light is about 6 times less absorbed in water (intracellular fluid/blood/lymph/) than the 980 nm laser light, thus allowing more energy to be delivered directly into deeper target tissues. This translates into more intensive localised healing processes with the 905 nm laser. The 980 nm laser delivers less amount of energy to the deeper tissue thus providing a more gradual and less localised healing process.
- 2 The 980 nm laser in the Delta Terminals and the coMra Palm is best suited for overall support and gradually building up the body's own resources. The supportive action of the 980 nm laser means that it can be used safely at home for a wide range of diseases, for infants, animals, the elderly, as well as for general well-being and fitness.
- 3 The 905 nm laser in the Delta Pro 905 Terminals is recommended for treating more severe forms of acute and chronic conditions, such as trauma, autoimmune, degenerative, oncological diseases. Also, in professional medical practices the 905 nm laser allows for shorter treatment times and more space between treatment sessions.
- 4 Note that if the patient is in a severely exhausted state, always use the 980 nm laser to do the first 1-2 courses of treatments to build up the body's resources. Only once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser for a more intensive healing process.

Ultrasound in coMra therapy

- 1 coMra therapy can be applied with or without ultrasound, depending on the degree of tissue damage due to injury or disease. Generally speaking, minor injuries and diseases impair only the function of organs while their structure remains largely intact. Diseases in moderate to severe stages and serious injuries involve both functional deficits and extensive structural damage. The role of ultrasound in coMra therapy devices is to enhance fluid flow and molecular transport, thus greatly shortening the time needed for restoration of structural damage that is necessary for the healing of more serious conditions.
- 2 The coMra Palm device without ultrasound is aimed at treatment of a variety of different pain conditions, minor injuries and diseases, general well-being as well as for preventative and palliative medicine following the same User Guide protocol recommendations. Also, the coMra Palm device can be used for initial recuperation after severe injury or exhaustion.
- 3 The ultrasound in the Delta and Delta Pro Terminals greatly accelerates healing of serious injuries of skin, muscles, joints as well as reversing degenerative changes in the internal organs. Note that in the previous versions of the User Guide ultrasound was not recommended for treatment over the brain. Clinical experience, however, has shown that ultrasound in the Delta and Delta Pro terminals is completely safe and highly effective for treating the brain.

Vitality, well-being and recuperation

- 1** | Although coMra therapy's actions are non-invasive, they are highly supportive in terms of building the body's functionality in all areas. This it does primarily through its actions on the central nervous system, the blood, the lymphatic system and the organs directly. It is this level of support that makes coMra therapy so useful in the treatment of disease, illness and traumatic injuries, whether these are acute or chronic.
- 2** | However, the uses of coMra therapy are not limited to illness, but extend to a wide variety of circumstances in which the body has become stressed or depleted, for any number of reasons, due to health or lifestyle.
- 3** | Therefore protocols are recommended in all situations of recuperation and recovery, whether from disease, or from accidents, from trauma or surgical operations.
- 4** | In addition, many people today are finding that their lifestyles are causing them increasing levels of stress. This, in conjunction with the everyday wear and tear of the ageing process, is bringing about an ever-growing array of health-related complaints and illnesses. The support offered by coMra therapy will reduce the debilitating effects of these factors on the body.
- 5** | It is in recognition of the effect of their lifestyle on anyone's long-term health that most of the protocols for chronic illnesses in the user guide specify ongoing treatments at periodic intervals. It is important that these are observed as a preventive measure, so that the effects of a particular lifestyle can be mitigated and do not again lead to a recurrence of the illness.
- 6** | All of the above means that coMra therapy has a valuable role, irrespective of whether one is ill or not, in bringing about continued vitality and in building the body's overall strength and well-being. This makes coMra therapy particularly valuable for a wide range of people looking for a better quality of health – from athletes seeking increased stamina, to people who are searching for a comprehensive method of prevention from the effects of their lifestyles, as well as age-related deterioration.

SECTION 1

UNIVERSAL PROTOCOLS

Vitality, well-being
and recuperation



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 4** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 5** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



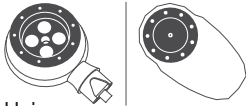
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 1

UNIVERSAL 1 (HEAD)

8 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

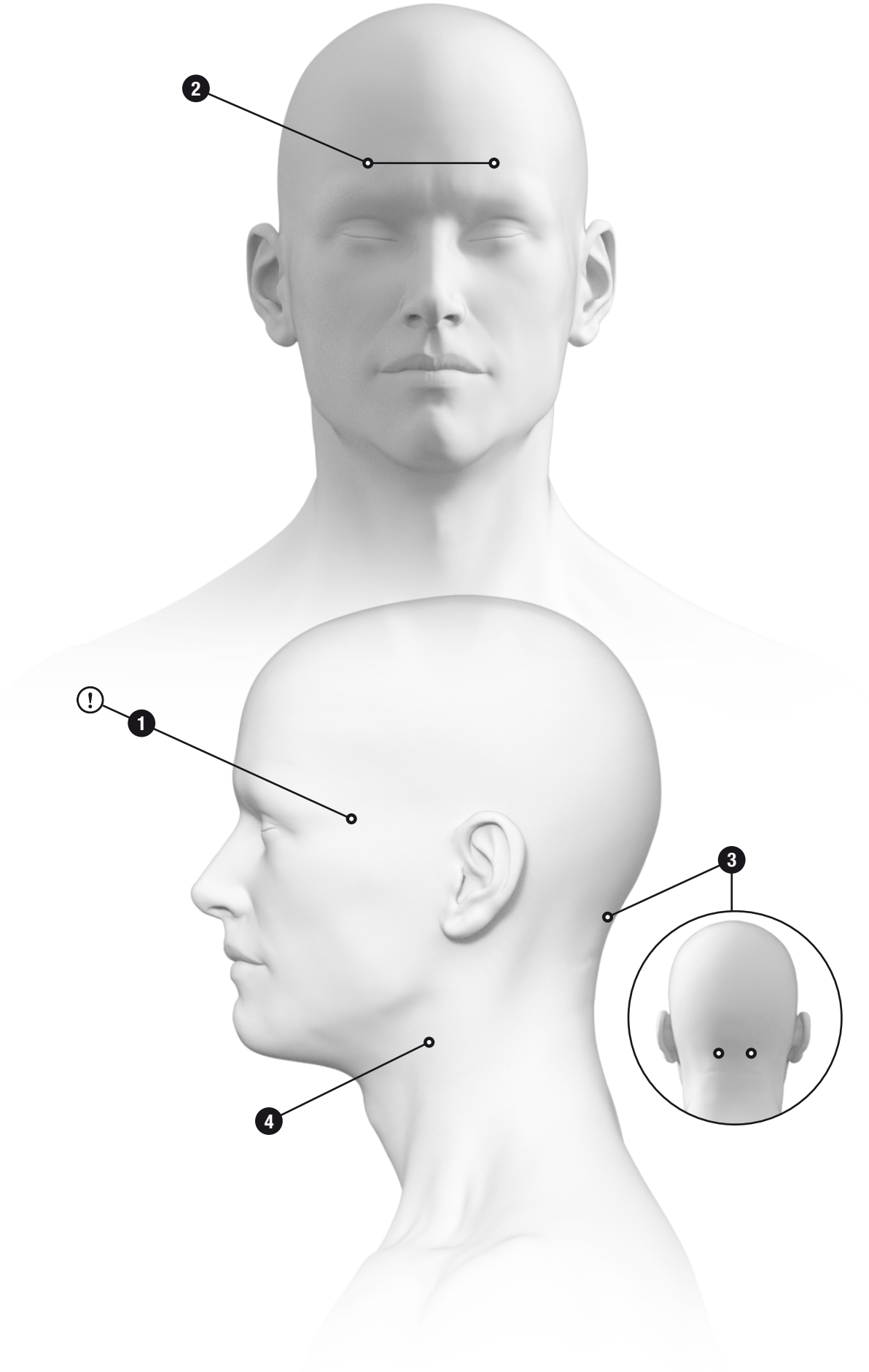
2 x daily

Until improvement is
noticed then continue for
7 more days.

Allow 2 weeks rest and
repeat course if needed.

- HEADACHES
- MIGRAINES
- FAINTING
- SENILE DEMENTIA – impairment of cognitive function.
- ATHEROSCLEROSIS – fatty deposits on inside of arteries.
- INTRACRANIAL PRESSURE – pressure occurring within the skull.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Temple (both sides)	1 per point	50
2 Frontal		
3 Suboccipital (both sides)		
4 Carotid Sinuses (both sides)		
✓ Rest after treatment session	5-10	





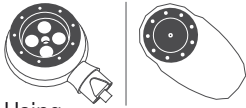
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 1

UNIVERSAL 2 (HEART)

13 mins

Protocol time



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until improvement is
noticed then continue for
7 more days.

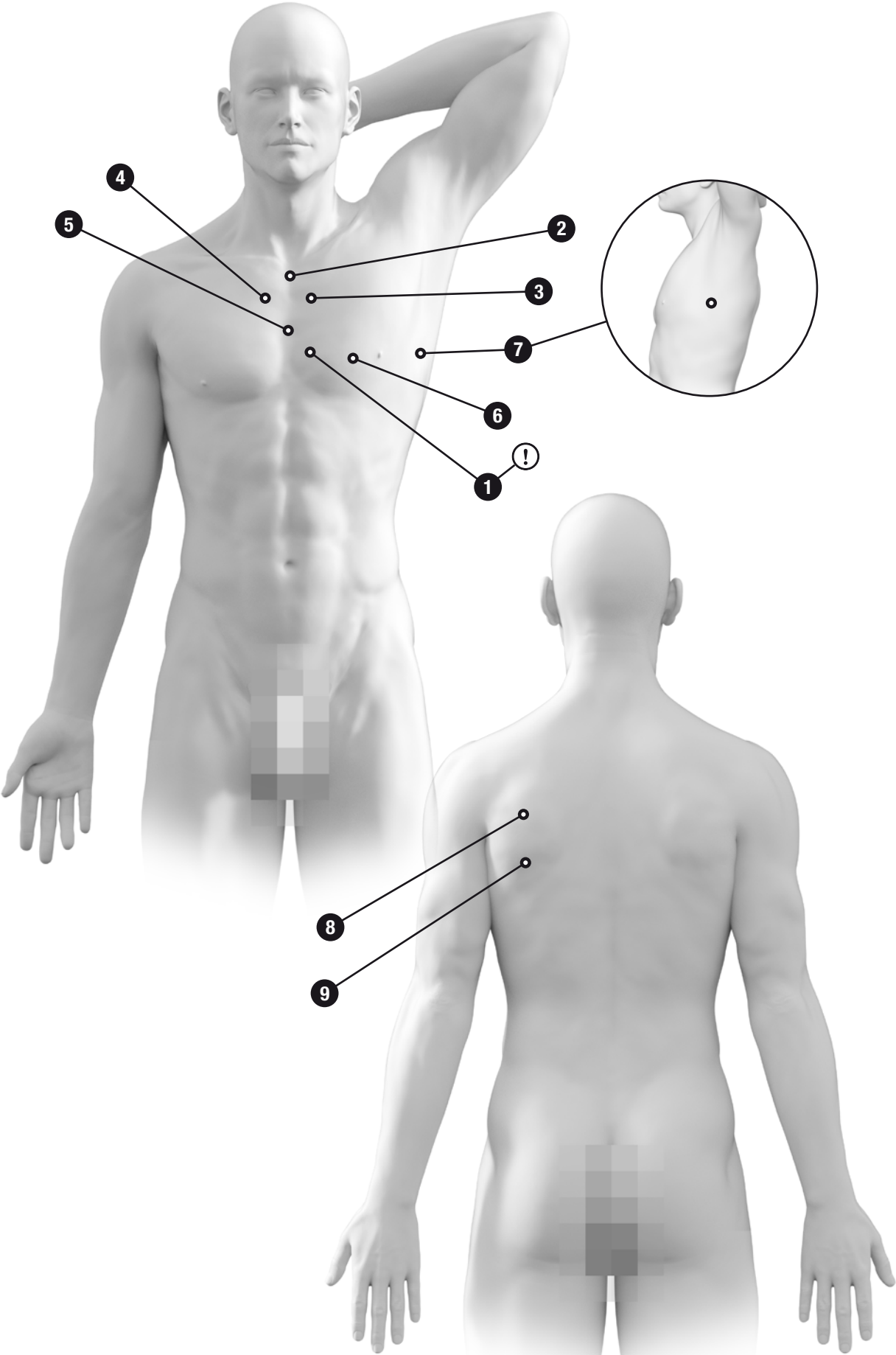
Allow 2 weeks rest and
repeat course if needed.

- **WEAK HEART** (see also CARDIOLOGY 1).
- **INSUFFICIENT CORONARY BLOOD FLOW**
- **LOW IMMUNITY** (see also IMMUNOLOGY 1).
- **CHOLESTEROL**
- **ATHEROSCLEROSIS** (in conjunction with GASTROENTEROLOGY 1).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	5	5
2 Manubrium sterni	1 per point	
3 2 nd intercostal, left of sternum		
4 2 nd intercostal, right of sternum		
5 Sternum		
6 4 th intercostal along mid clavicular line		
7 4 th intercostal along the mid axillary line		
8 Left of vertebral column, middle of scapula		
9 Lower angle of left scapula		
✓ Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

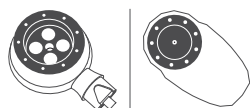


SECTION 1

UNIVERSAL 3 (BLOOD)

10 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
every 2nd day
for 20 x days

Allow 2 weeks rest and
repeat course.

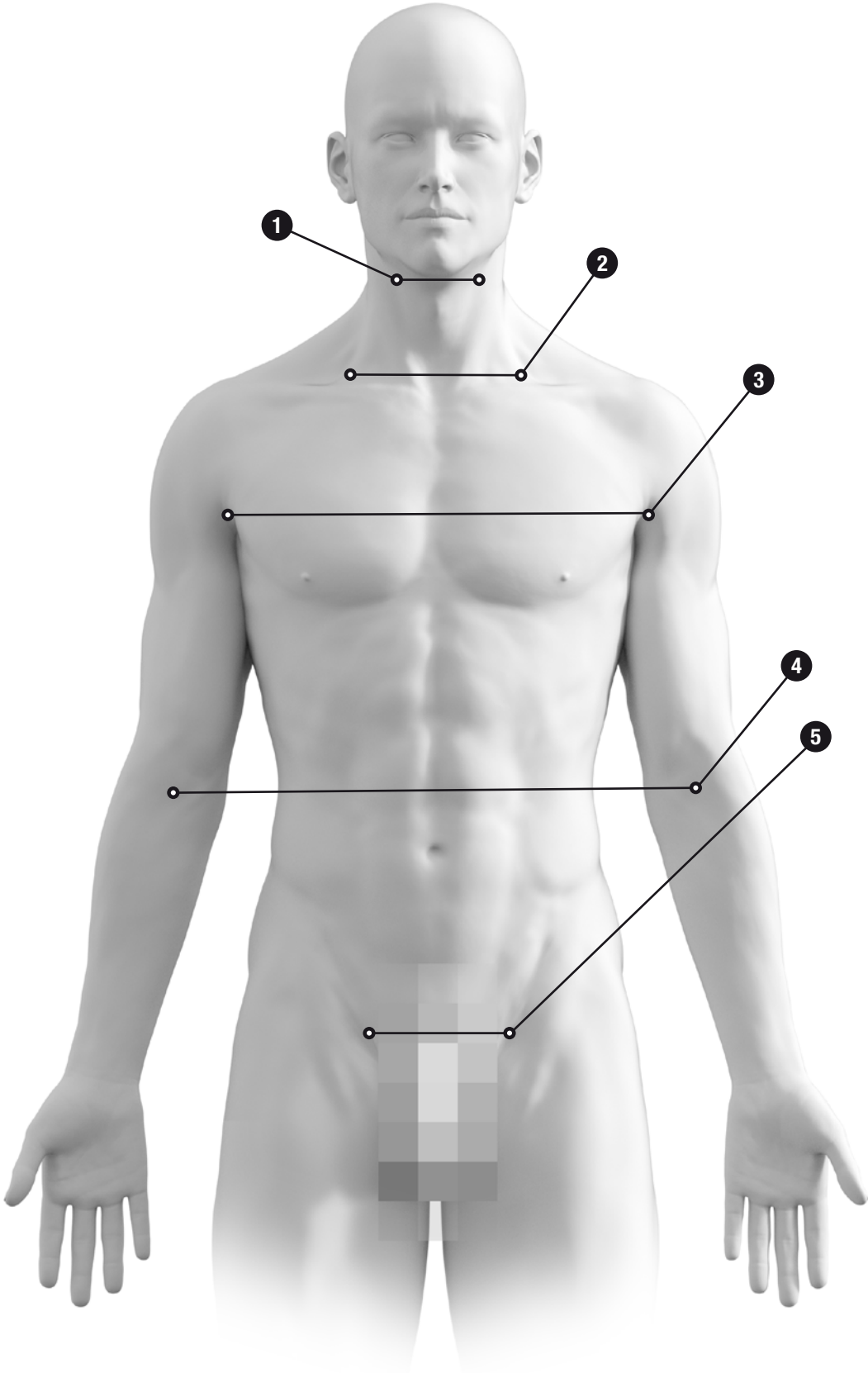
Repeat every 6 months.

***2 x daily**
for 20 x days

Allow 2 weeks rest and
repeat cycle as necessary.

- GENERAL WELL-BEING
- THALASSEMIA MAJOR (ANEMIA)*

PROTOCOL POINT	⌚ MINS	Ⓜ HZ
1 Carotid arteries	1 per point	5
2 Subclavian arteries		
3 Axillary arteries		
4 Anconeal arteries		
5 Femoral arteries		

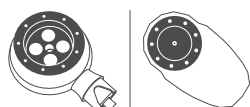




Somatic biostimulation is also an excellent protocol for children who are weak and sickly. But apply the protocol given in [PEDIATRICS 2 \(SOMATIC BIOSTIMULATION\)](#) for children, rather than this one. For babies and infants younger than a year use [PEDIATRICS 1](#).

SECTION 1

UNIVERSAL 4 (SB-1)



Using:
Delta Medical Terminal or
coMra Palm.

6 x days
1 part per day

Allow 2 weeks rest and
repeat course once.

SOMATIC BIOSTIMULATION – ROUTINE 1

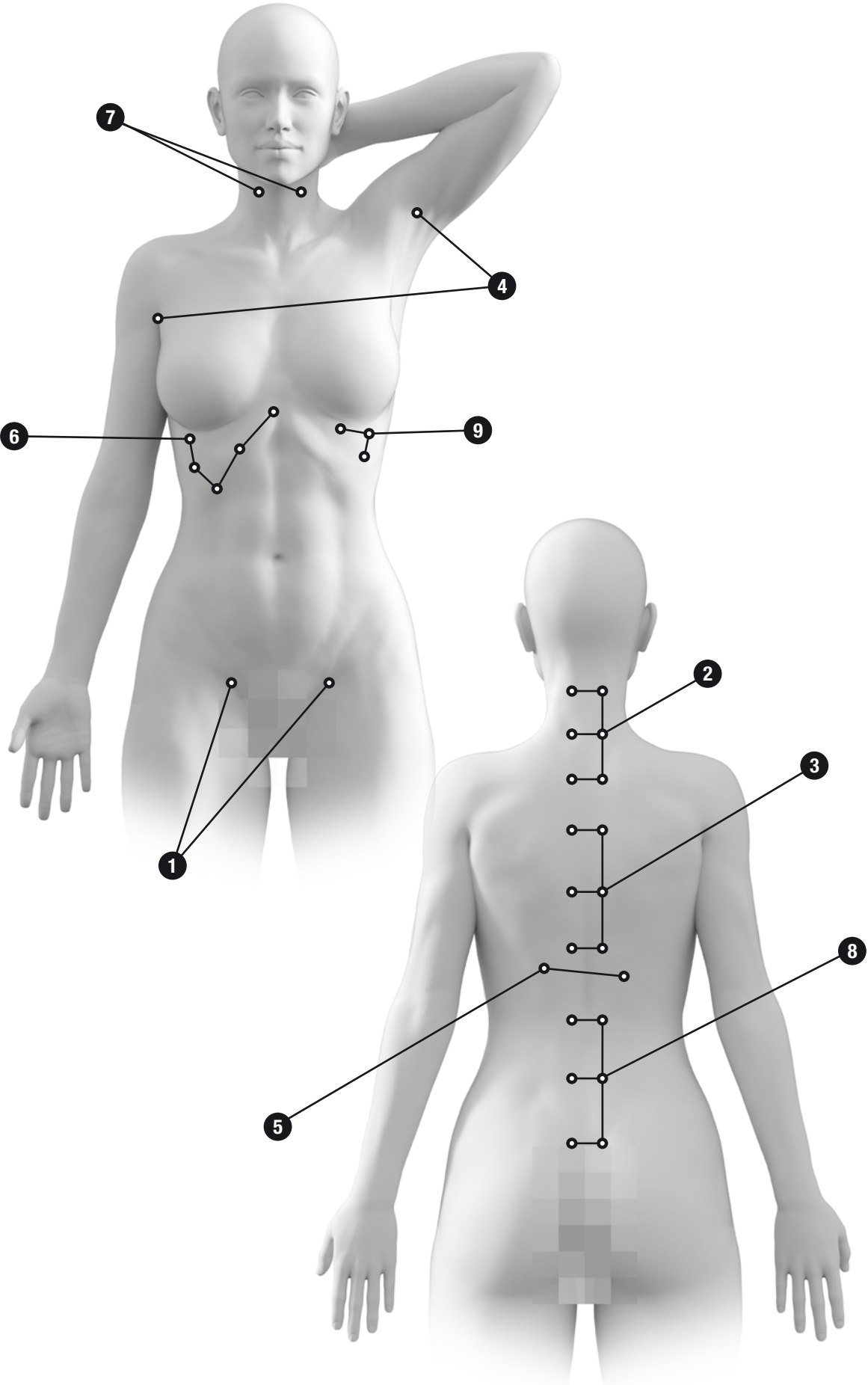
• PHYSICAL EXHAUSTION

	PROTOCOL POINT	⌚ MINS	⚡ HZ	
Day 1	① Femoral arteries, one side only	5	5	11 mins
	② Cervical section	1 per point	50	
Day 2	① Femoral arteries, other side	5	5	11 mins
	③ Breast section of vertebral column	1 per point	50	
Day 3	④ Axillary cavity, one side only	5	5	7 mins
	⑤ Kidneys	1 per point	50	
Day 4	④ Axillary cavity, other side	5	5	10 mins
	⑥ Liver	1 per point	50	
Day 5	⑦ Carotid artery, one side only	2	50	8 mins
	⑧ Lumbosacral region	1 per point		
Day 6	⑦ Carotid artery, other side	2	50	5 mins
	⑨ Spleen	1 per point		

i Recommended as a general well-being protocol for anyone doing heavy physical labour, including sportsmen, athletes, gymnasts and classical dancers. For specific athletic daily training protocols, download the [coMra Training & Performance user guide](#) instead.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

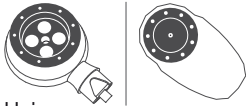
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 1

UNIVERSAL 5 (SB-2)

23 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until improvement is noticed then continue for 7 more days.

Allow 2 weeks rest and repeat course if needed.



To find the adrenal glands, trace a line between the elbows to locate the kidneys (blue line), then move up to the last rib and then out about 3 cm from the centreline of the spine (red line).

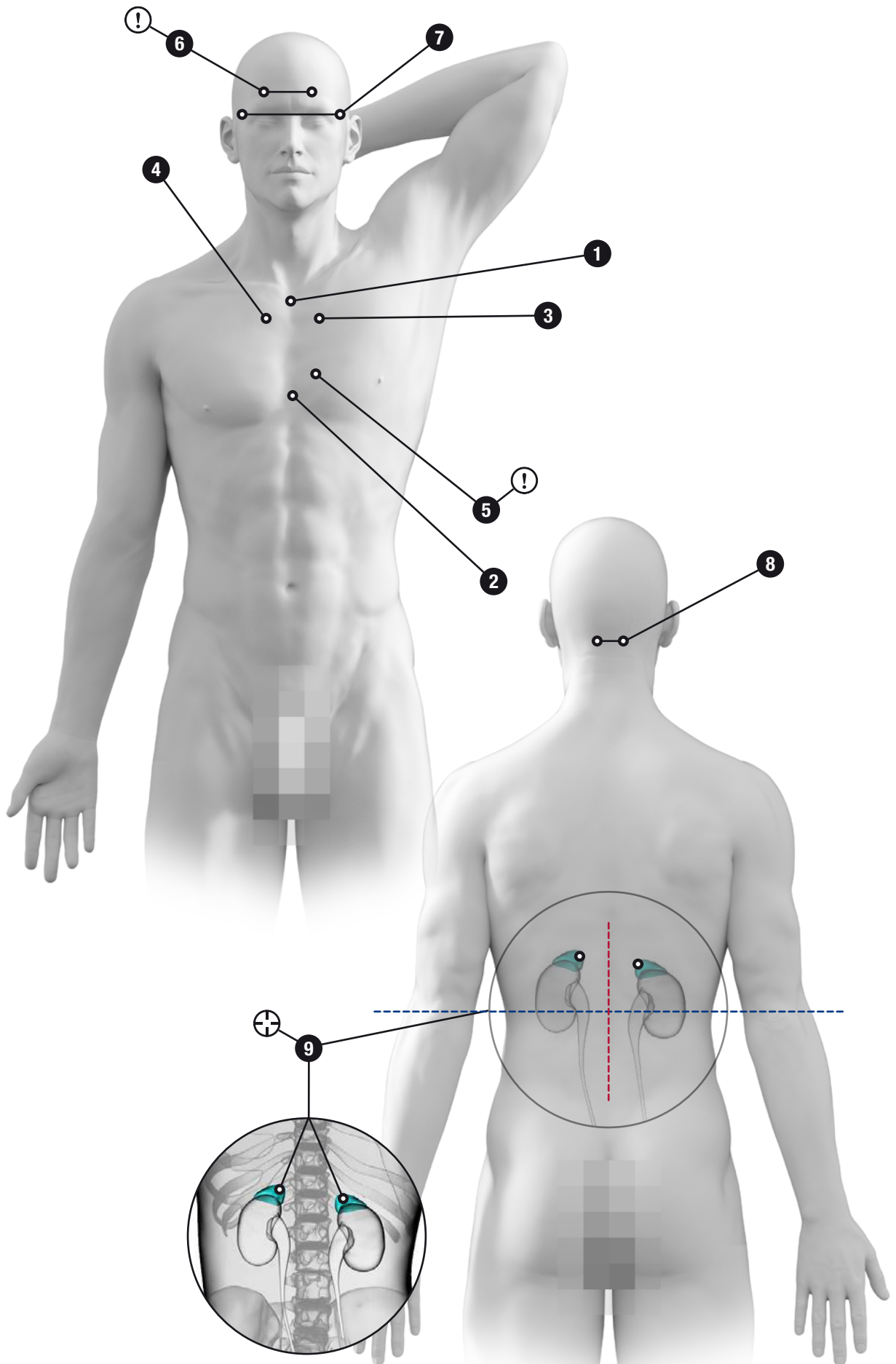
SOMATIC BIOSTIMULATION – ROUTINE 2

- EMOTIONAL EXHAUSTION
- DEPRESSION
- INSOMNIA
- LETHARGY
- BREATHING DIFFICULTIES
- WEAK HEART
- ADRENAL DYSFUNCTION
- CUSHING'S SYNDROME
- STRESS

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Top of sternum	5	5
2 Bottom of sternum	1 per point	
3 2 nd intercostal, left of sternum		
4 2 nd intercostal, right of sternum		
5 4 th intercostal, left of sternum		
6 Frontal	50	
7 Temples		
8 Suboccipital		
9 Adrenal glands	2 per point per frequency	5 then 50
✓ Rest after treatment session	5-10	

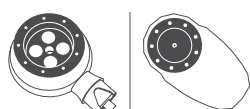


If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 1

UNIVERSAL 6 (VITALITY)



Using:
Delta Medical Terminal or
coMra Palm.

12 x days

Apply one protocol from
PART 1 every day, and
PART 2 every 2nd day.

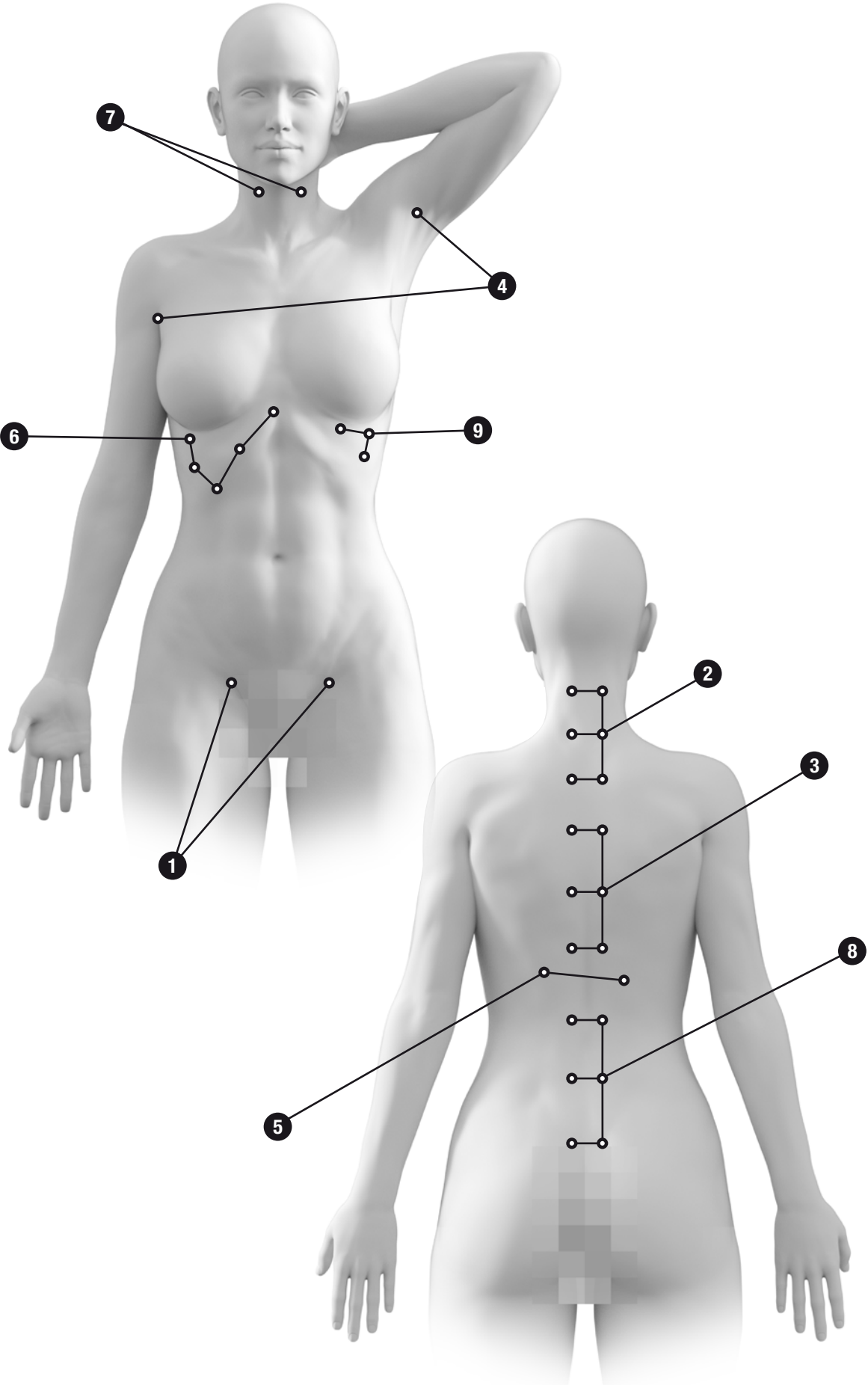
Allow 2 weeks rest and
repeat course once.

Repeat every 6 months,
or as often as desired.

- **PHYSICAL EXHAUSTION**
- **RECUPERATION FROM ILLNESS**
- **RECOVERY FROM SURGERY** – to promote healing, minimise scarring (in conjunction with SURGERY 2) and avoid secondary complications.
- **GENERAL WELL-BEING**
- **VITALITY**
- **LONG-TERM HEALTH CARE & PREVENTIVE MEDICATION**
- **MAINTENANCE & SUPPORT FOR THE AGEING BODY**
- **FITNESS PROGRAM**
- **CHRONIC FATIGUE SYNDROME**

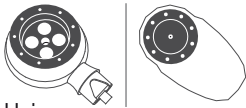
PART 1	PROTOCOL POINT	⌚ MINS	⚡ HZ	
Day 1	1 Femoral arteries, one side only	5	5	11 mins
	2 Cervical section	1 per point	50	
Day 2	1 Femoral arteries, other side	5	5	11 mins
	3 Breast section of vertebral column	1 per point	50	
Day 3	4 Axillary cavity, one side only	5	5	7 mins
	5 Kidneys	1 per point	50	
Day 4	4 Axillary cavity, other side	5	5	10 mins
	6 Liver	1 per point	50	
Day 5	7 Carotid artery, one side only	2	50	8 mins
	8 Lumbosacral region	1 per point		
Day 6	7 Carotid artery, other side	2	50	5 mins
	9 Spleen	1 per point		
Day 7-12	Repeat Day 1-6 above			

PART 2 continued overleaf...



10 mins

Protocol time (Part 2).



Using:
Delta Medical Terminal or
coMra Palm.

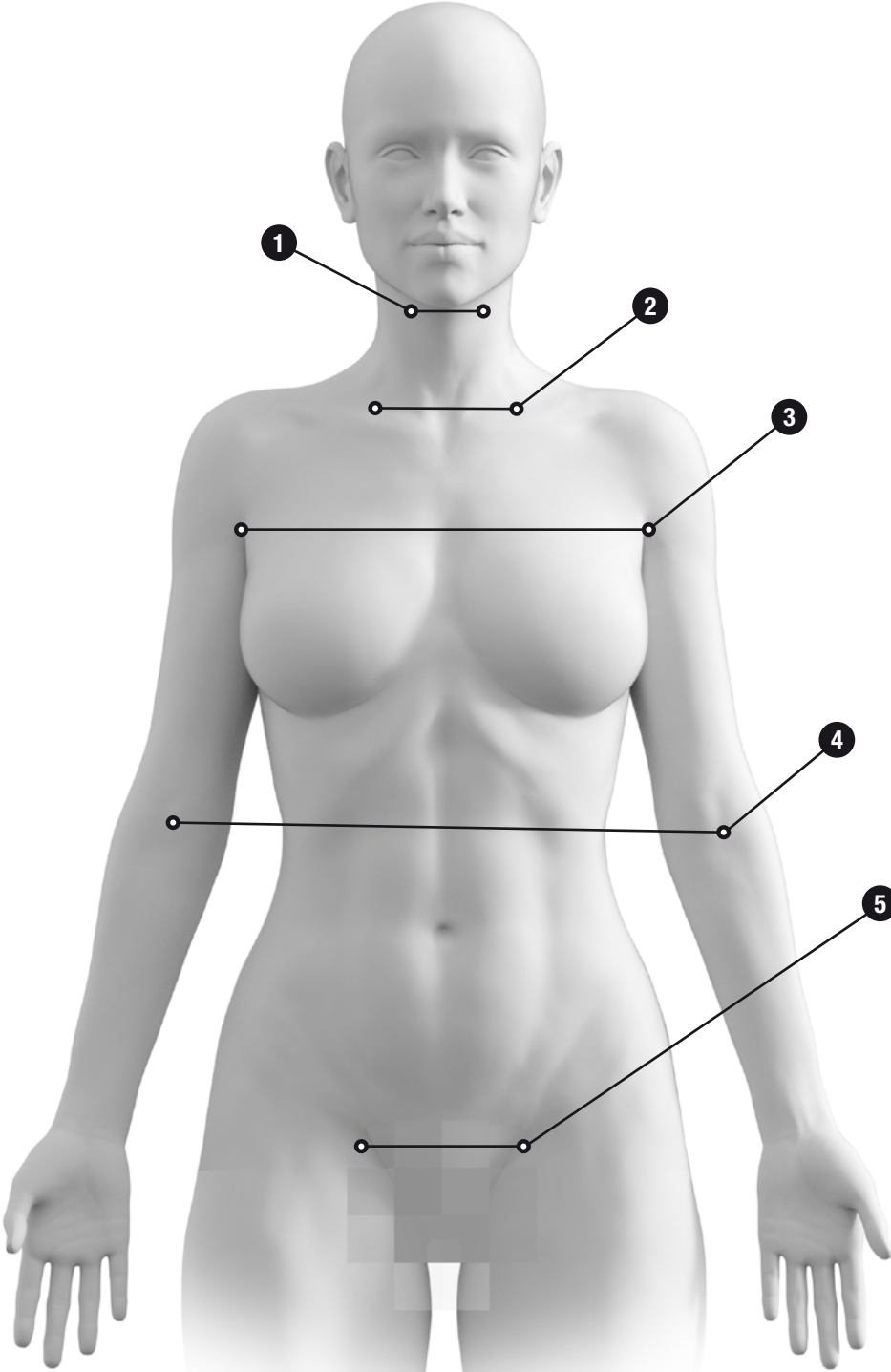
PART 2	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	Carotid arteries	1 per point	5
2	Subclavian arteries		
3	Axillary arteries		
4	Anconeal arteries		
5	Femoral arteries		

i This protocol plan is important for building physical strength, and is excellent for increasing stamina and vitality. This makes it essential for training in all sports, and also for recovery, in situations when the body is depleted, whether from operations or serious illness. It is, in addition, highly valuable as a preventive medication, both as part of long-term health care, as well as to combat the effects of ageing on the body.

For specific athletic daily training protocols, download the free [coMra Training & Performance user guide](#) instead.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

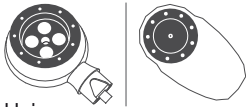
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 1

UNIVERSAL 7 (NS)

23 mins

Protocol time (Part 1).



Using:

Delta Medical Terminal or coMra Palm.

PART 1, 2 x daily every day.

PART 2, 1 x daily every 2nd day.

Until definite improvement. Then continue for 7 days.

Allow 2 weeks rest and repeat course as and when needed.



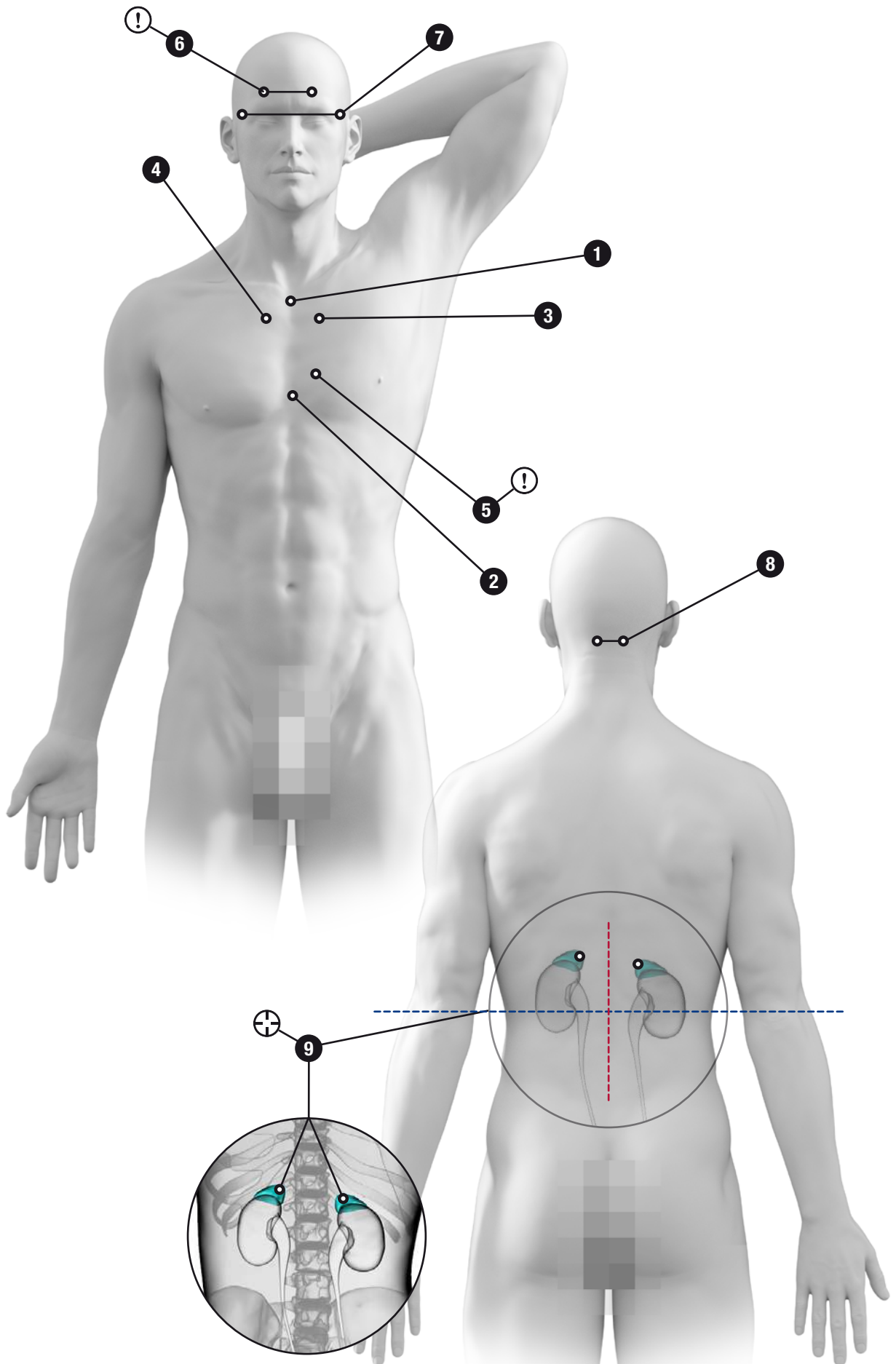
To find the adrenal glands, trace a line between the elbows to locate the kidneys (blue line), then move up to the last rib and then out about 3 cm from the centreline of the spine (red line).

NERVOUS SYSTEM

- EMOTIONAL EXHAUSTION AND DEBILITY
- STRESS – mental and emotional.
- NERVOUS DISORDERS
- RECUPERATION FROM NEUROLOGICAL DISORDERS
- WEAK HEART
- BREATHING DIFFICULTIES

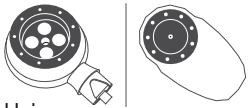
PART 1	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	Top of sternum	5	5
2	Bottom of sternum	1 per point	
3	2 nd intercostal, left of sternum		
4	2 nd intercostal, right of sternum		
5	4 th intercostal, left of sternum		
6	Frontal		50
7	Temples		
8	Suboccipital		
9	Adrenal glands	2 per point per frequency	5 then 50
✓	Rest after treatment session	5-10	

PART 2 continued overleaf...



10 mins

Protocol time (Part 2).



Using:
Delta Medical Terminal or
coMra Palm.

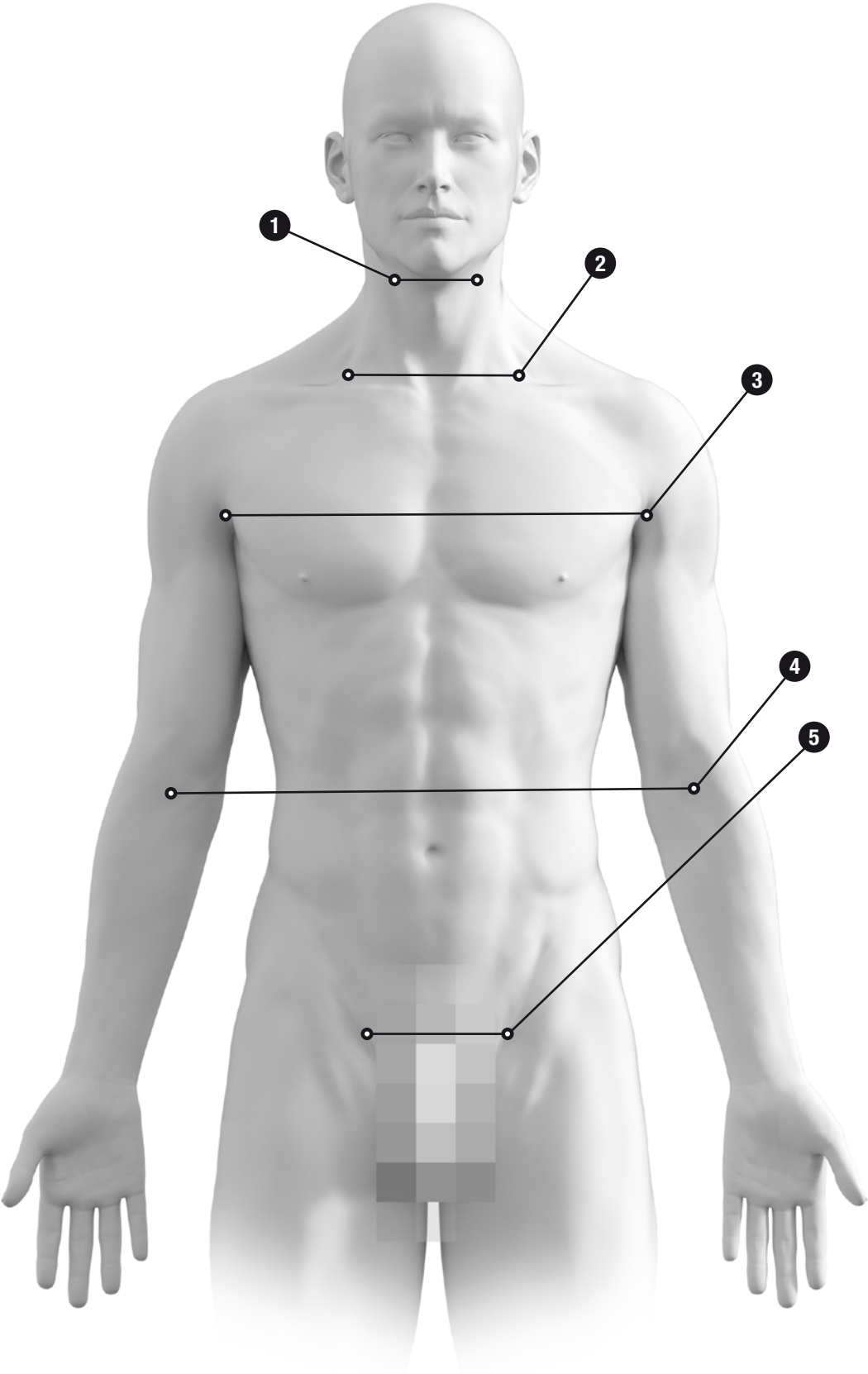
PART 2	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	Carotid arteries	1 per point	5
2	Subclavian arteries		
3	Axillary arteries		
4	Anconeal arteries		
5	Femoral arteries		

i This protocol provides support to the nervous system, including the brain, the heart, and the adrenal glands. This makes it essential for all illnesses in which the nervous system has been compromised, as well as for recuperation when the body has become depleted as a result of severe stress.

This protocol plan is also highly valuable in all cases of a stressful lifestyle as a preventive medication, both as part of long-term health care, as well as to combat the debilitating effects of stress and ageing on the body.

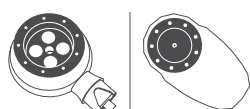


If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 1

UNIVERSAL 8 (CCP)



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 10 x days

PART 1 every day,
PART 2 every 2nd day.

Allow 2 weeks rest and
repeat course.

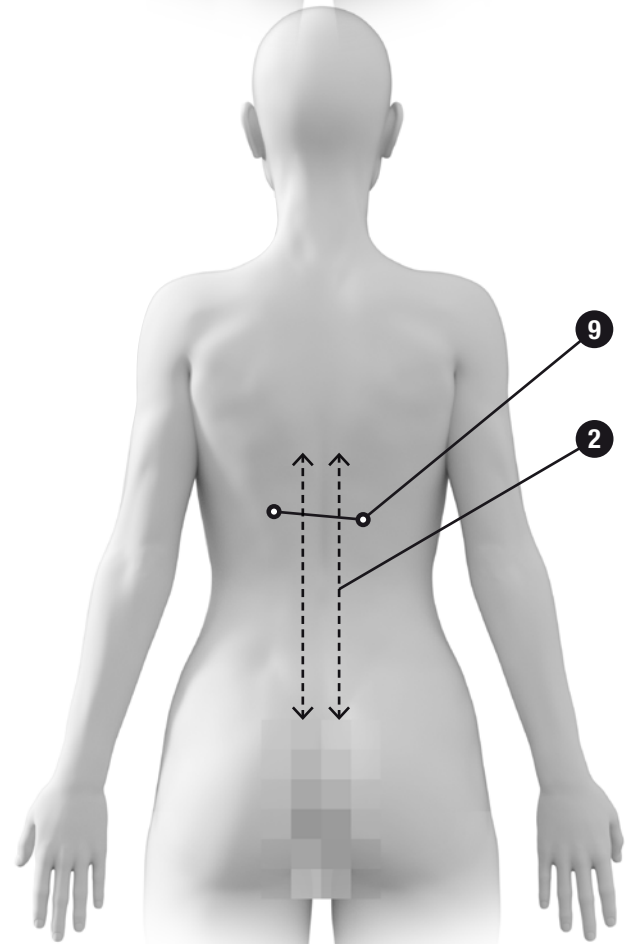
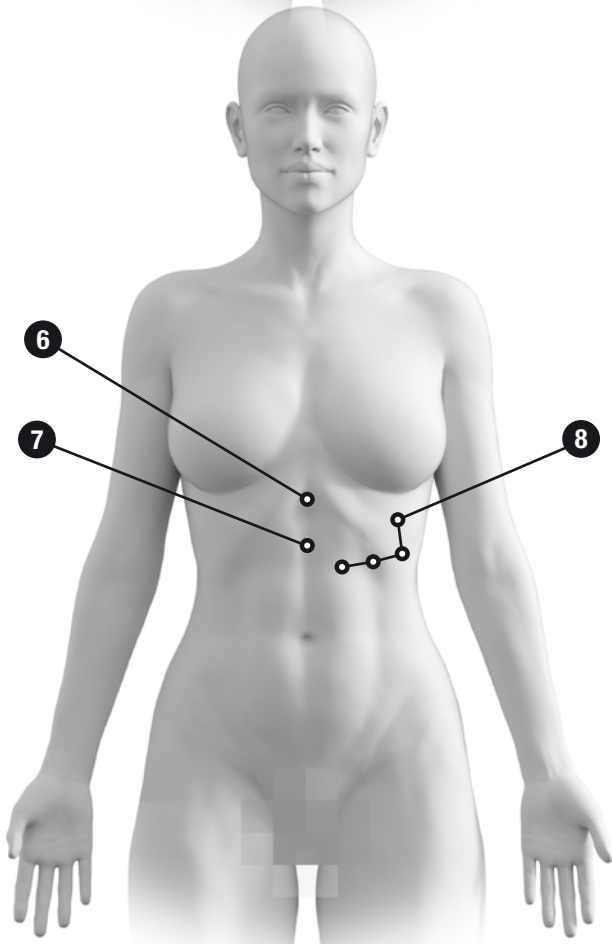
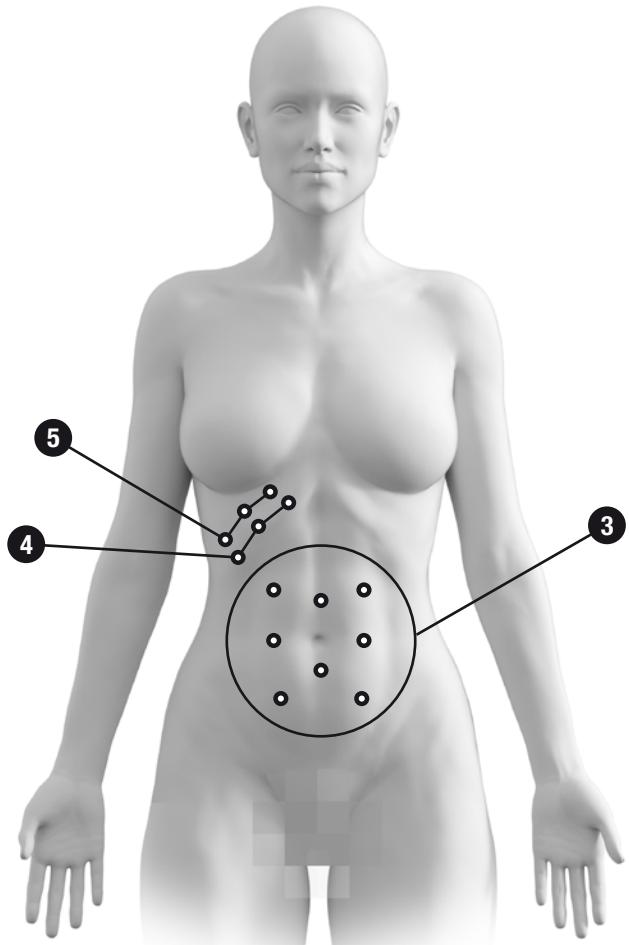
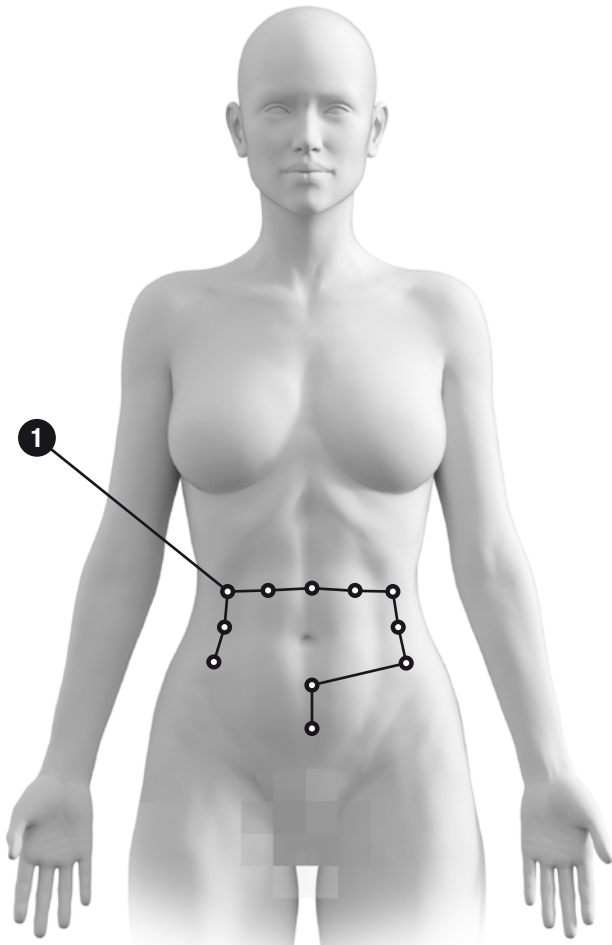
Repeat every 6 months,
or as often as desired.

COMPLETE CLEANSE PROTOCOL

- DETOXIFICATION
- DIET

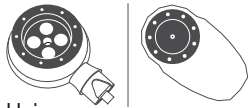
PART 1	PROTOCOL POINT	⌚ MINS	⚡ HZ	
Day 1	① 11 points over colon	2 per point	v	28 mins
	② Scan vertebral column, below scapulae to lower back	3 per side	1000	
Day 2	③ Abdomen area, 8 points	1 per point	50	14 mins
	② Scan vertebral column, below scapulae to lower back	3 per side	1000	
Day 3	④ Right hypochondrium, 3 points 10 cm apart	1 per point	50	10 mins
	⑤ 3 points 10 cm apart along line parallel to hypochondrium, 5 cm higher		5	
	⑥ Epigastrium	2 per point	50	
	⑦ Solar plexus, mid-distance between xiphoid process and umbilicus			
Day 4	⑧ Spleen and pancreas	2 per point	5	12 mins
	⑥ Epigastrium		50	
	⑦ Solar plexus, mid-distance between xiphoid process and umbilicus			
Day 5	⑨ Kidneys	2 per point per frequency	5 then 50	14 mins
	② Scan vertebral column, below scapulae to lower back	3 per side	1000	
Day 6-10	Repeat Day 1-5 above			

PART 2 continued overleaf...



10 mins

Protocol time (Part 2).



Using:
Delta Medical Terminal or
coMra Palm.

PART 2	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	Carotid arteries	1 per point	5
2	Subclavian arteries		
3	Axillary arteries		
4	Anconeal arteries		
5	Femoral arteries		

i coMra does not deplete the body during cleansing protocols. The aim is to regenerate, as well as support the body in achieving a natural and non-depleting cleansing or detoxification.

Mild exercise is also beneficial for increased circulation.

Be gentle with yourself during the cleansing process. Certain effects such as increased tiredness or skin rashes may be noticed whilst the body is making use of available energy in order to expel toxins.

As with all cleansing programs, it is important to take your diet into consideration, and also to drink plenty of pure and preferably restructured/re-energised water to help with the elimination of toxins.

Visit coMra-wave.com for a range of affordable devices that will re-energise your drinking water, and the water within your body:



coMra Wave Cell

Rest better. Digest better. Work better – converts harmful electromagnetic radiation into harmonic wave forms that re-energise your water, your body and your mind.



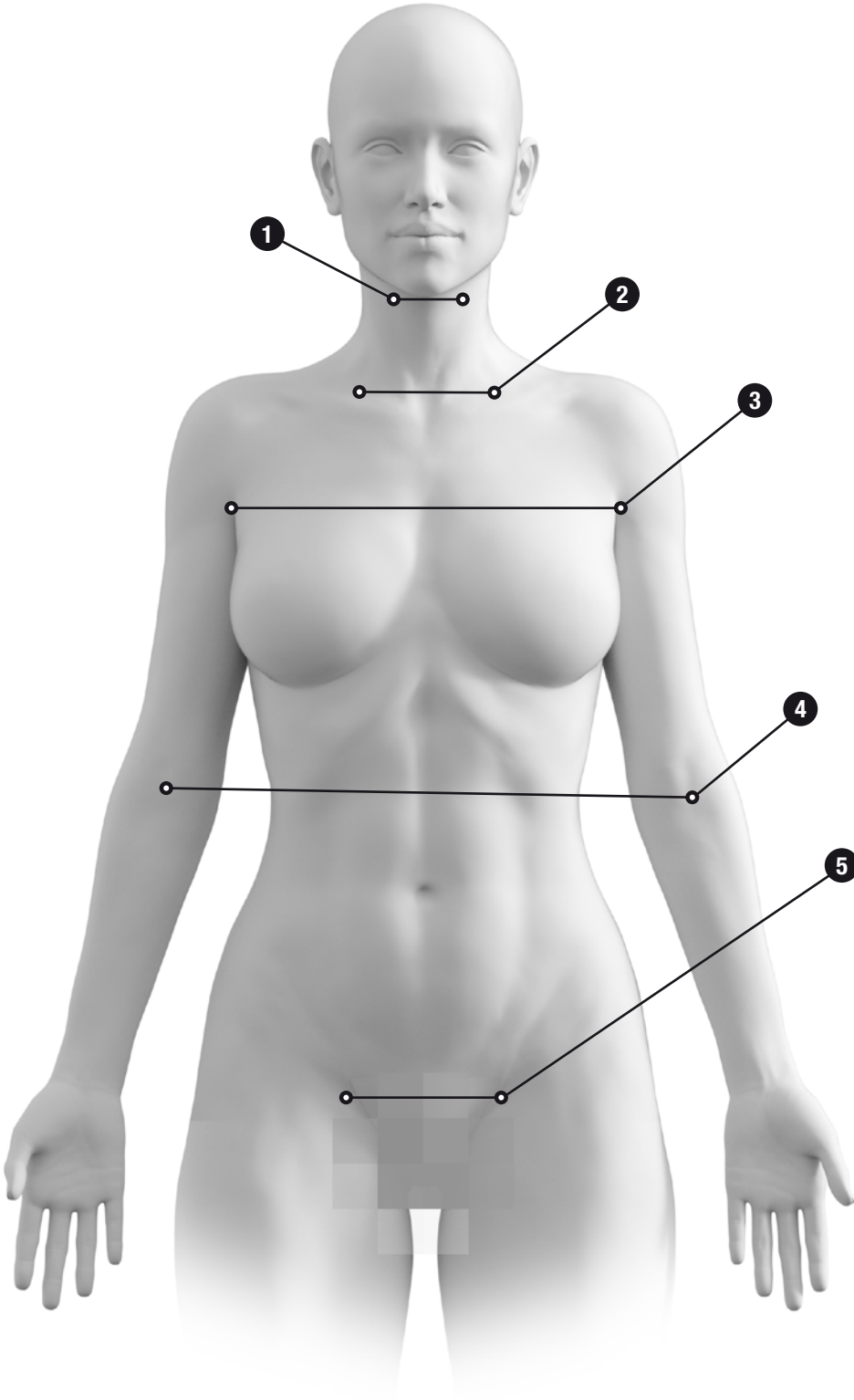
coMra Wave Coaster

A coMra Wave Cell embedded within a hard-wearing, food-grade silicone coaster. It takes only 10 minutes to re-energise 1 litre of your drinking water.



coMra Wave Pendant

Stunning zirconium, unisex, black/white reversible design, Sterling silver necklace & clasp and additional quartz crystal layer for top of the line protection.



Traumatic injuries,
blood vessels
and lesions



IMPORTANT

1

coMra therapy is particularly good for fractures, dislocations and other trauma. However, bandages and plaster casts will distort the radiances of the Delta/Palm laser and render the protocol ineffective. Therefore bandages should be removed prior to treating, and then put back after treating. Plaster casts should have a hole cut the same size as the Terminal, directly opposite the fracture or broken bone in order to facilitate using coMra therapy.

2

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

3

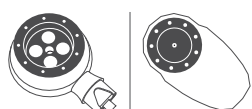
A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

SECTION 2

SURGERY 1



Using:
Delta Medical Terminal or
coMra Palm.

Until improvement
is evident.

- **CUTS** (for surgical cuts and traumatic wounds see [SURGERY 2](#)).
- **MINOR BURNS**
- **ABRASIONS**
- **INSECT BITES**
- **BRUISES**
- **SPRAINED MUSCLES AND TENDONS**

CUTS, BURNS, ABRASIONS AND BITES

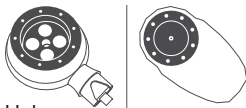
1 Scan just above the surface of the skin at the affected area.
Treat 3 x daily for 2 min @ 1000 Hz per every 10 cm²

2 Apply [UNIVERSAL 3 \(BLOOD\)](#) once per day

BRUISES, SPRAINED MUSCLES AND TENDONS

1 Apply Terminal directly to the surface of the skin at the affected area.
Treat 3 x daily for 2 mins @ 5 Hz and then for 2 mins @ 50 Hz

2 Apply [UNIVERSAL 3 \(BLOOD\)](#) once per day



Using:
Delta Medical Terminal or
coMra Palm.

Until improvement
is evident.

SURGERY 2

- SURGICAL CUTS
- TRAUMATIC WOUNDS
- SCARS*

1

Scan the surface of the cut including 3 cm of edges. Treat 3 x daily for 2 min @ 1000 Hz per every 10 cm², for 4 days. Then repeat the protocol for another 4 days @ 50 Hz

2

Apply UNIVERSAL 3 (BLOOD) once per day



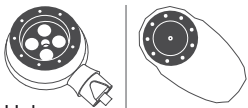
If the wound is not responding well after the above protocol, then repeat entire protocol using the Variable setting (V) for step 1, for 8 days.



For scars do entire protocol using the Variable setting (V) for step 1 until improvement is evident.

SECTION 2

SURGERY 3



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

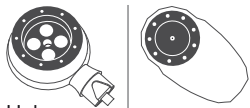
Until improvement is
evident.

- **SWELLING**
- **INFLAMMATION OF TISSUE** (for suppurating inflammations see SURGERY 4).
- **OEDEMA OF LOWER LIMBS** (in conjunction with SURGERY 7).
- **LYMPHEDEMA** (in conjunction with SURGERY 7).

1	A	If any of the above are situated anywhere on the body or the face, except on the head, apply the Terminal to the surface of the skin in the affected area, and treat for 2 mins @ 5 Hz, and then for 3 mins @ 50 Hz for every 10 cm ²
	B	If any of the above appears on the head, treat the affected area for 5 mins @ 50 Hz for every 10 cm ²
2	Apply <u>UNIVERSAL 3 (BLOOD)</u> in conjunction with step 1 above	



If the patient is experiencing extreme pain from using 1A or 1B protocols, use the 980 nm laser instead of the 905 nm Pro laser.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily
Until healed.

SURGERY 4

- **ABSCESSSES**
- **PHLEGMONS** – suppurating inflammations of tissue.
- **CARBUNCLES** – suppurating and painful inflammation of the subcutaneous tissue.
- **HIDRADENITIS** – inflammation of sweat gland.
- **FURUNCLES** – boils.
- **PANARITIUM** – whitlow.

1	A	If any of the above, with the exception of boils, are situated anywhere on the body or the face, except on the head, apply the Terminal to the surface of the skin in the affected area, and treat for 2 mins @ Variable setting (V), for every 10 cm ²
	B	If any of the above appears on the head, treat the affected area for 5 mins @ 50 Hz for every 10 cm ² .
2	A	In the case of boils, the boil should first be lanced and then washed clean with Colloidal Silver before commencing protocol
	B	Irradiate the boil for 5 mins @ 1000 Hz and again for 5 mins @ 50 Hz
3		Apply <u>UNIVERSAL 3 (BLOOD)</u> in conjunction with step 1 or step 2

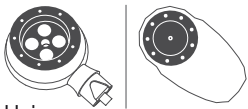


In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 2

SURGERY 5

26 mins +
Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until improvement
is evident.



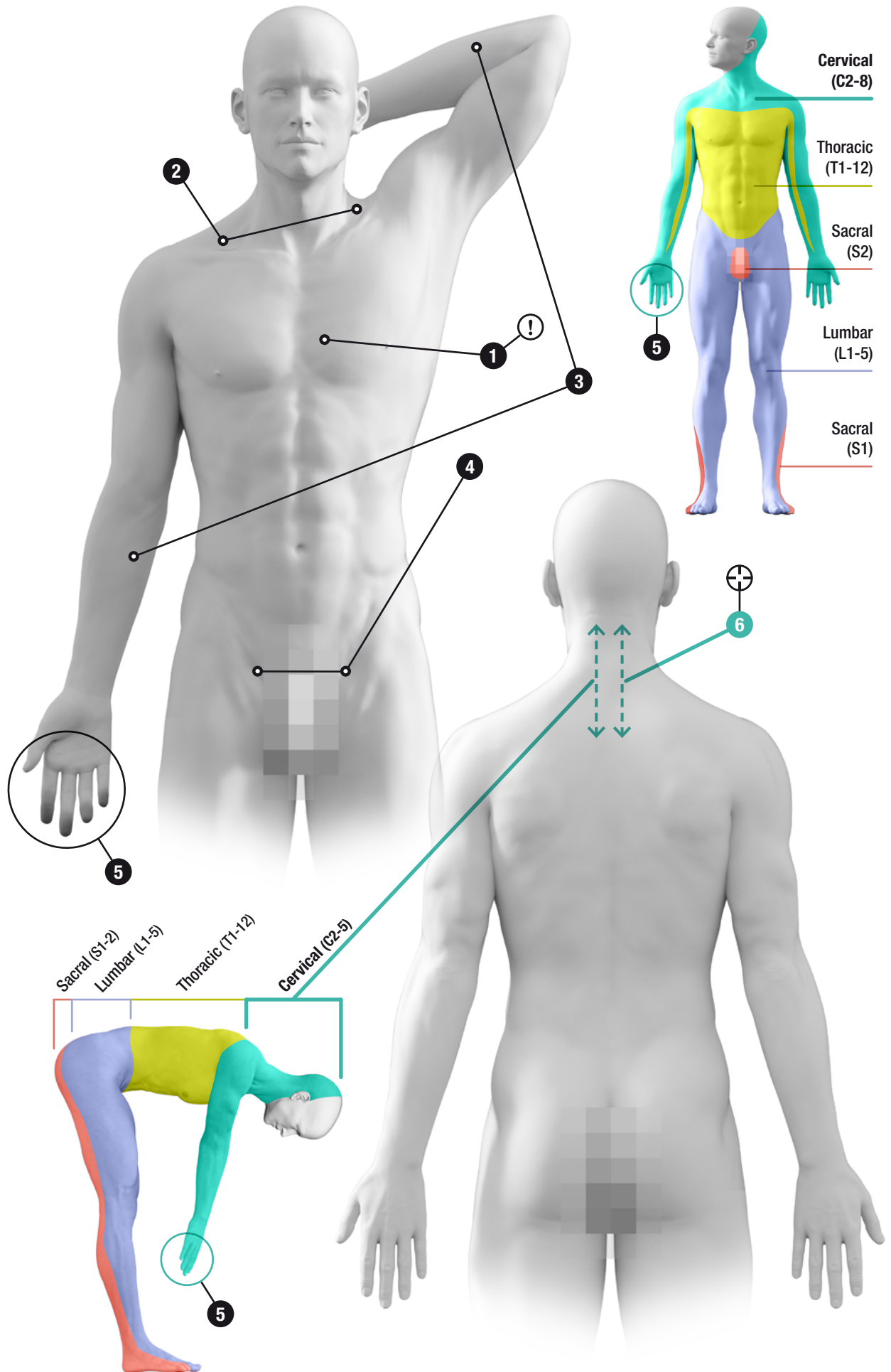
To determine the location
of protocol point 6, use
the coloured dermatome
zone models to identify the
roots of the spinal nerves
corresponding to the
affected skin area.

- BURNS
- FROSTBITE

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	2	5
2 Supraclavicular arteries	3 per point	
3 Ulnar arteries		
4 Femoral arteries		
5 Affected area	2 per 10 cm ²	Day 1-4 @ 1000 Day 5-8 @ Variable (V)
6 Scan paravertebral zone to treat nerve source of the affected area	5 per side	1000
☑ Rest after treatment session	5-10	



If the patient is experiencing extreme pain, use the 980 nm laser instead of the 905 nm Pro laser.



Treat only the affected side, but always starting with point 1.
If both sides are affected, then do point 1 only once.



In treating the heart area NEVER use a frequency other than 5 Hz.

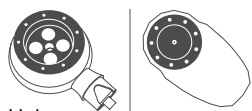
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators..

SECTION 2

SURGERY 6

35 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

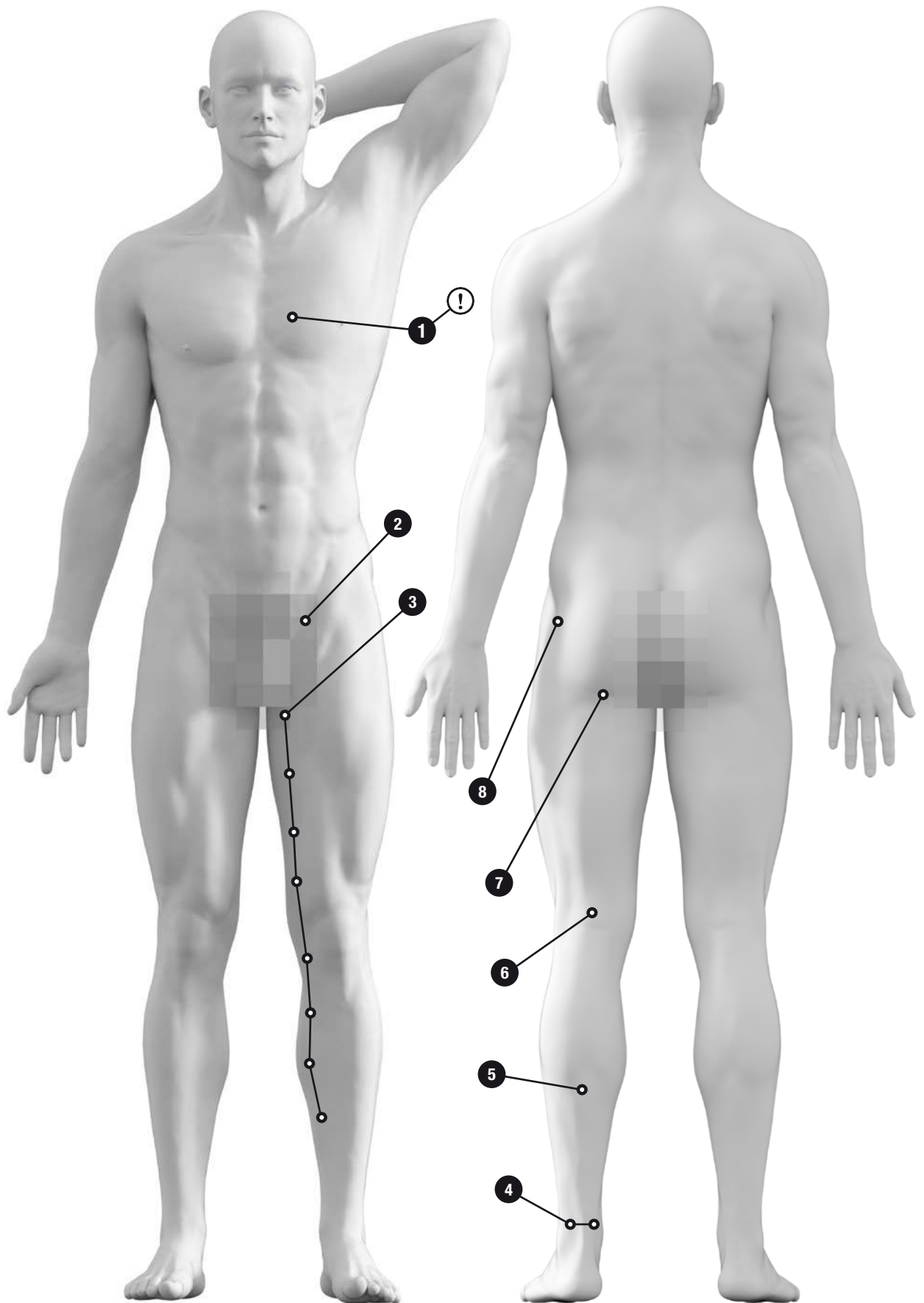
for 15 x days

Allow 2 weeks rest and
repeat cycle as necessary

Thereafter apply 1 course
of treatment 2-4 x per year
for ongoing well-being.

- **ENDARTERITIS** – inflammation of the lining of arteries.
- **ATHEROSCLEROSIS** – fatty deposits on inside of arteries
(in conjunction with GASTROENTEROLOGY 1).
- **VASCULITIS** (in conjunction with IMMUNOLOGY 1).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	5	5
2 Femoral artery	2 per point	Variable (V)
3 Front internal thigh and shin, points 10 cm apart		
4 Both sides of Achilles tendons		
5 Centre of sural muscle		
6 Popliteal space		
7 Gluteal fold		
8 Mid-external buttocks		
✓ Rest after treatment session	5-10	



Treat only the affected side, but always starting with point 1.
If both sides are affected, then do point 1 only once.



In treating the heart area NEVER use a frequency other than 5 Hz.

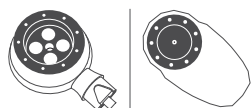
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators..

SECTION 2

SURGERY 7

27 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

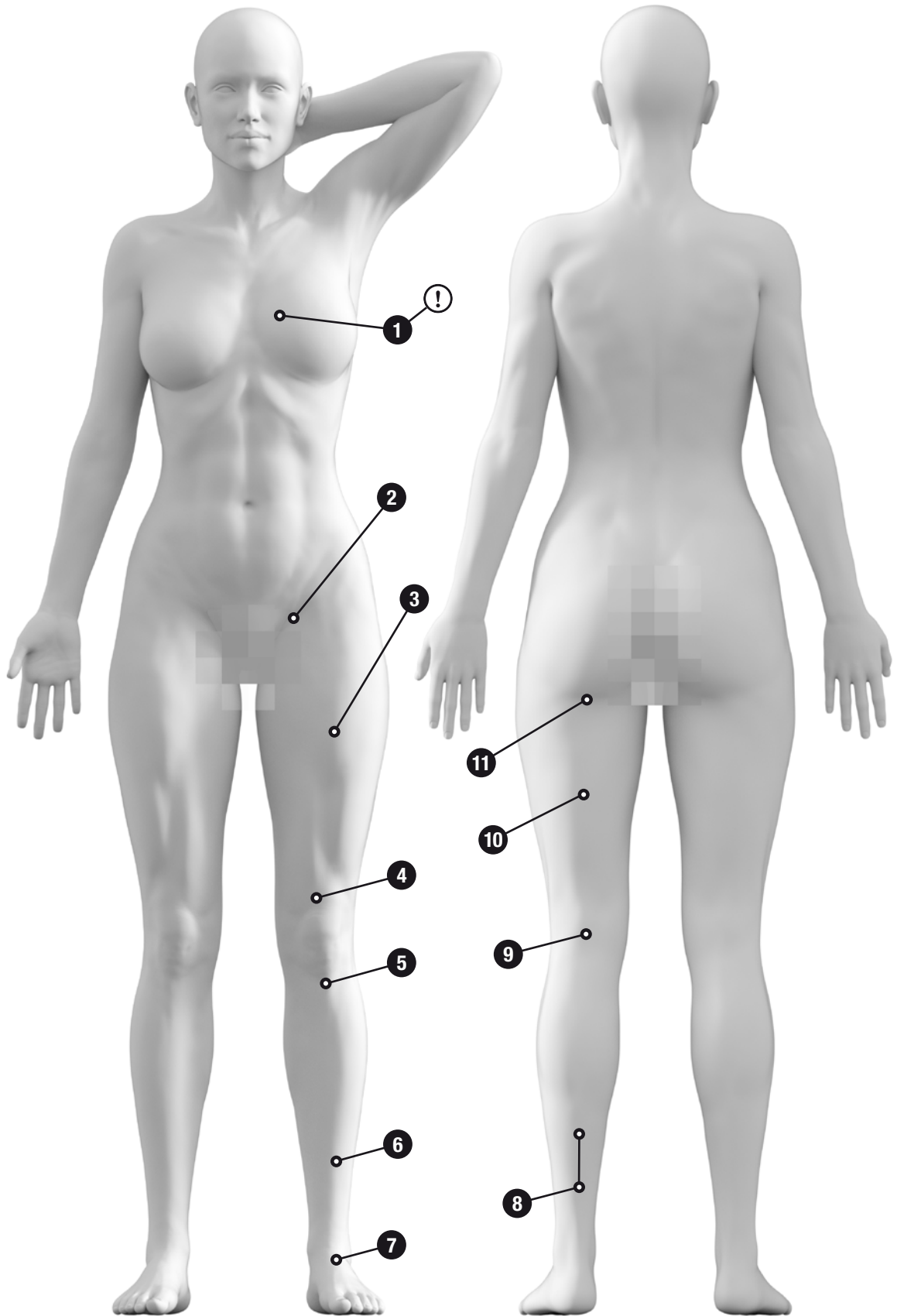
Allow 2 weeks rest and
repeat cycle as necessary.

Thereafter apply 1 course
of treatment 2-4 x per year
for ongoing well-being.

- **VARICOSIS** – varicose veins (lower extremities).
- **DEEP VEIN THROMBOSIS**
- **VASCULITIS** (in conjunction with [IMMUNOLOGY 1](#)).
- **OEDEMA OF LOWER LIMBS** (in conjunction with [SURGERY 3](#)).
- **LYMPHEDEMA** (in conjunction with [SURGERY 3](#)).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	5	5
2 Femoral artery	2 per point	Variable (V)
3 Front of mid-femur		
4 Point above patella		
5 Point below patella		
6 Middle shin, front		
7 Talocrural joint		
8 Back of sural muscle, 2 points 10 cm apart		
9 Popliteal fossa		
10 Middle of thigh, back		
11 Gluteal fold		
✓ Rest after treatment session	5-10	

i For advanced varicosis and/or varicose ulcers first see [SURGERY 8](#).



Treat only the affected side, but always starting with point 1.
If both sides are affected, then do point 1 only once.



In treating the heart area NEVER use a frequency other than 5 Hz.

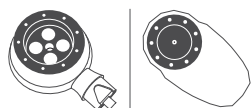
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators..

SECTION 2

SURGERY 8

17 mins +

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 8 x days

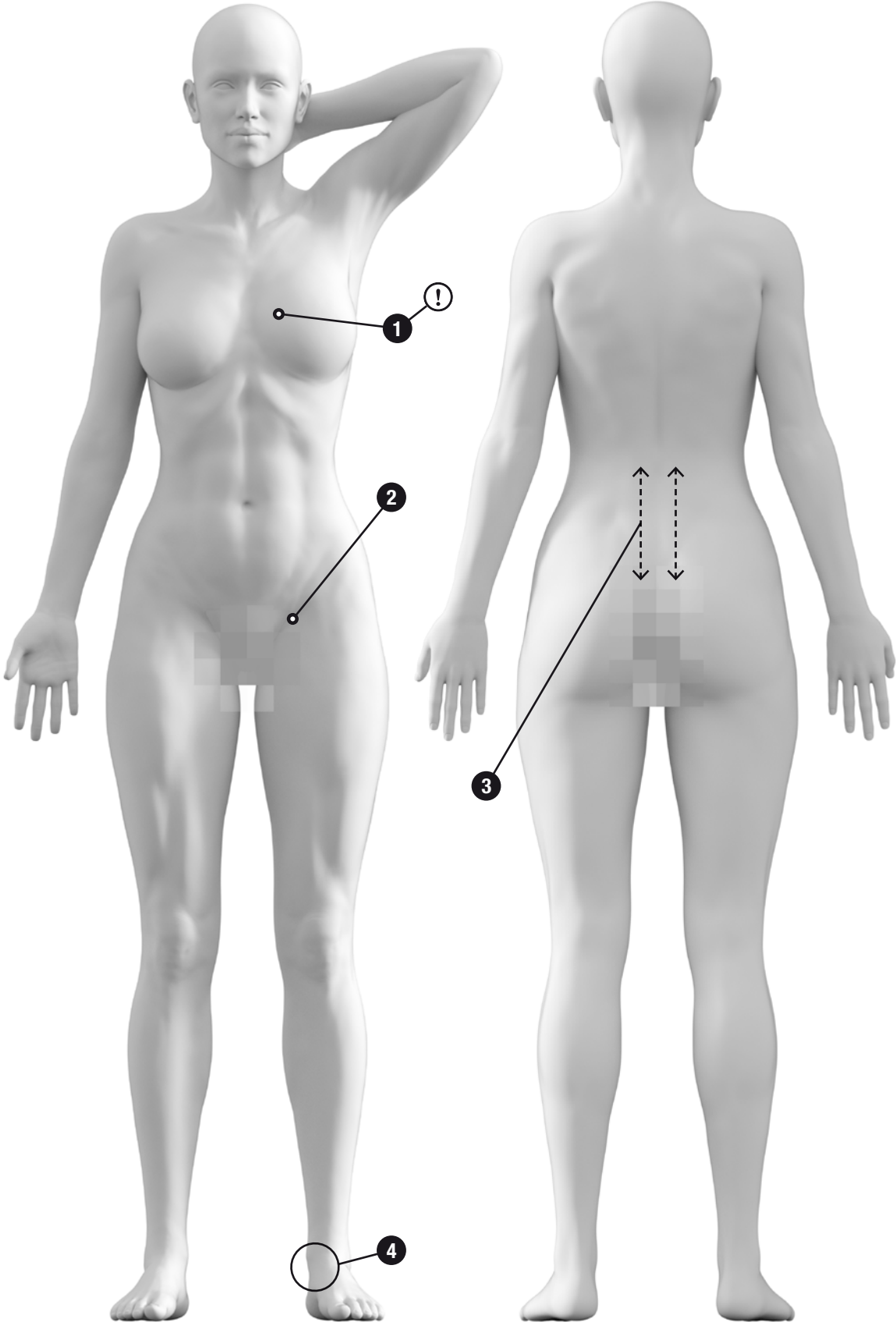
Repeat course if needed.

Allow 2-3 weeks rest then
apply [SURGERY 7](#).

- TROPHIC FOOT ULCER
- DIABETIC FOOT ULCER (in conjunction with [ENDOCRINOLOGY 1](#)).
- ULCERS OF VARICOSE ORIGIN

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	5	5
2 Femoral arteries	5 per point	
3 Lumbosacral section, scanning on both sides of vertebral column	2 per side	1000
4 Ulcer	1 per 10 cm ²	Day 1-4 @ 1000
		Day 5-8 @ 50
✓ Rest after treatment session	5-10	

i Varicose ulcers are the result of very advanced stages of varicosis. The ulcer should be treated as above before applying [SURGERY 7](#).



Treat only the affected side, but always starting with point 1.
If both sides are affected, then do point 1 only once.



In treating the heart area NEVER use a frequency other than 5 Hz.

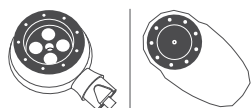
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators..

SECTION 2

SURGERY 9

33 mins +

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

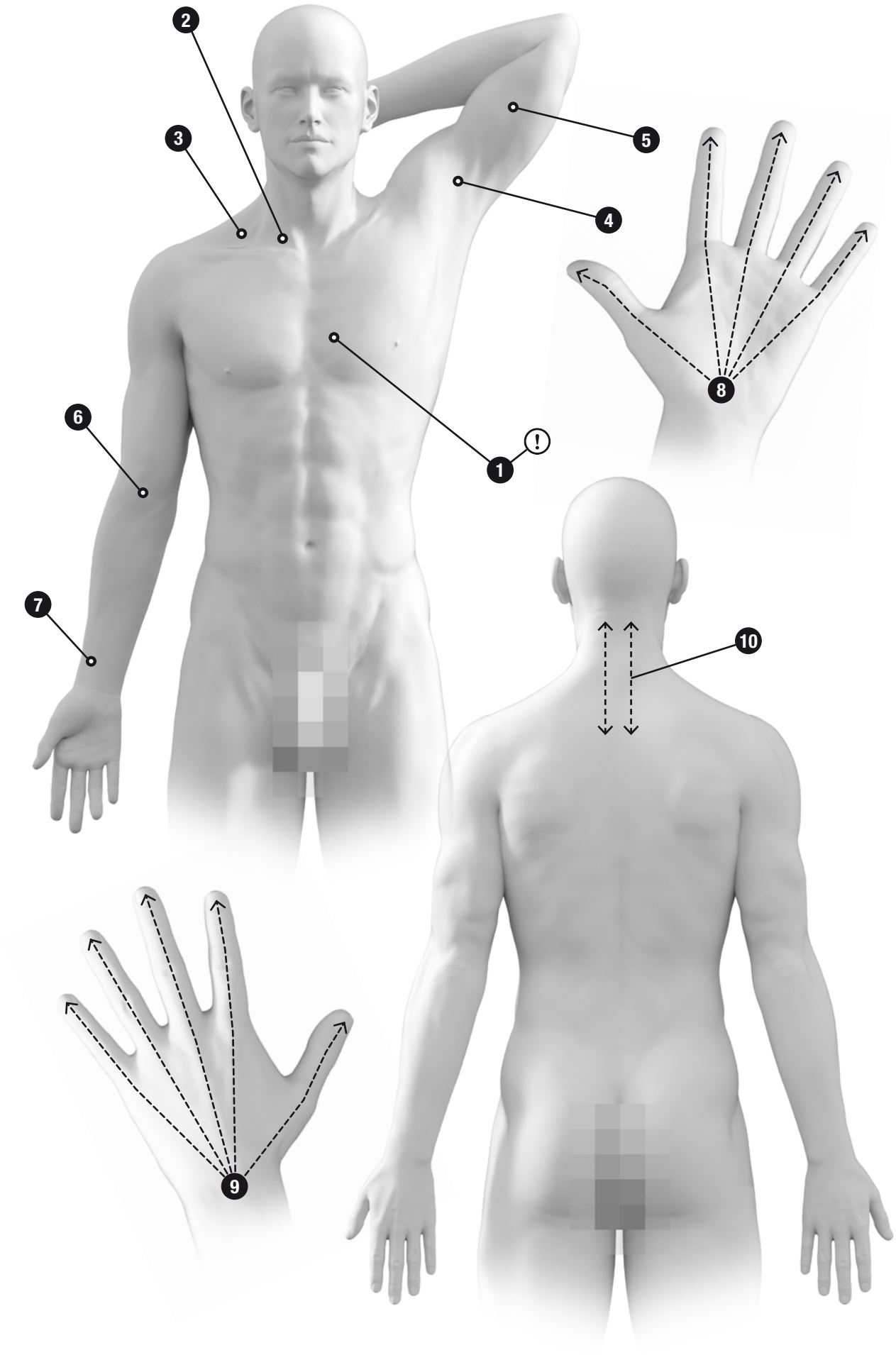
for 15 x days

Allow 2 weeks rest and
repeat cycle as necessary.

Thereafter apply 1 course
of treatment 2-3 times per
year for ongoing well-being.

- **RAYNAUD'S SYNDROME** – constriction of the blood vessels in the fingers and/or toes.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th Intercostal, left of sternum	5	5
2 Subclavian fossa	1 per point	50
3 Supraclavicular fossa		
4 Axillary cavity		
5 Inside of mid arm		
6 Ulnar fossa		
7 Radial artery	2 each finger	1000
8 Scan fingers from palm side		
9 Scan fingers from back of hand		
Repeat 8 & 9 for toes if needed		
10 Scan vertebral column (cervical section) on affected side	2	1000

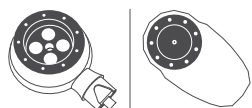


SECTION 2

SURGERY 10

14 mins +

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

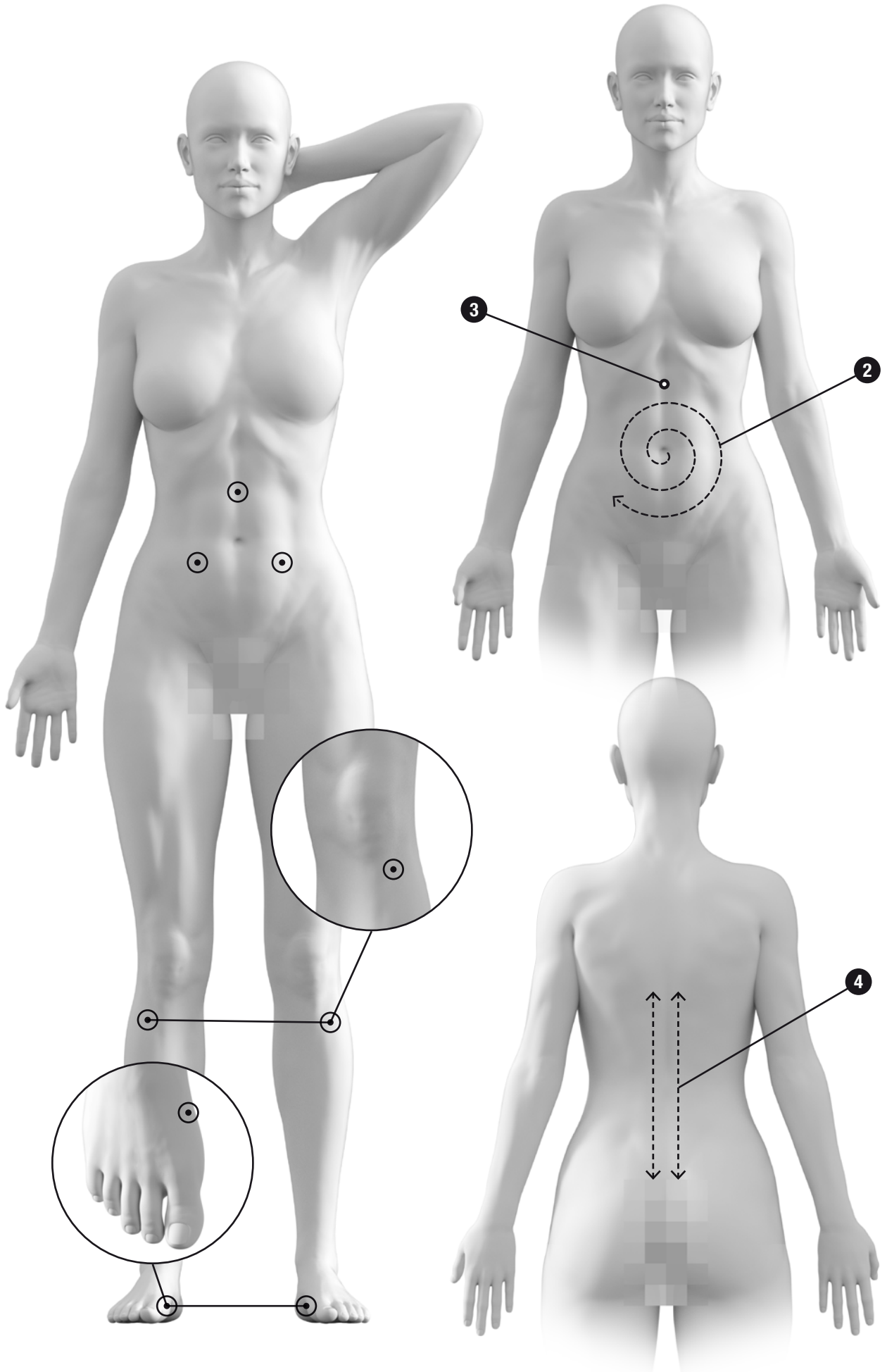
2 x daily
for 15 x days or
as long as needed

Allow 2 weeks rest and
repeat cycle if necessary.

• **POST-OPERATIVE ILEUS** – flaccid intestinal muscles after surgery.

PROTOCOL POINT	⌚ MINS	📡 HZ
① Each point as shown	2 per point	Day 1-2 @ 1000
② Scan the abdominal area, clockwise	10	Day 3-15 @ 5
③ Solar plexus	5	Day 3-15 @ 5
④ Scan paravertebral zone to treat nerve source of the affected area	5 per side	Day 3-15 @ 5





SECTION 3

TRAUMATOLOGY

Arthritis, muscles,
joints and tendons



IMPORTANT

1

coMra therapy is particularly good for fractures, dislocations and other trauma. However, bandages and plaster casts will distort the radiances, and render the Delta / Palm radiances ineffective. Therefore bandages should be removed prior to treatment, and then put back after the treatment. Plaster casts should have a hole cut the same size as the Medical Terminal, directly opposite the fracture or broken bone in order to facilitate using coMra therapy.

2

Skin scabs and ossification of bones develop very rapidly. In the case of bone fractures and broken bones coMra treatment also eliminates deformation that can result from poor adhesion.

3

For rheumatoid, juvenile and psoriatic joint inflammations it is necessary to do treatments for joints in conjunction with IMMUNOLOGY 1 protocol.

4

In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.

5

A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.



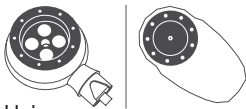
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 3

TRAUMATOLOGY 1

29 mins ±

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 21 x days

Allow 2 weeks rest and repeat cycle as necessary.

Apply 1 course every 6 months for continued well-being.

For osteochondrosis apply 1 course every 6 months until growth is normal.

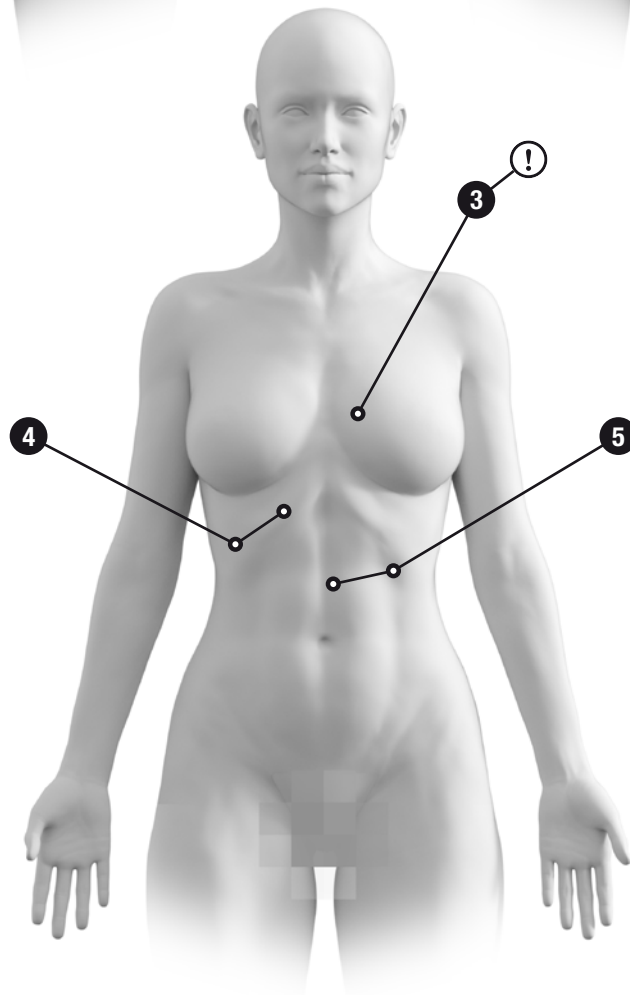
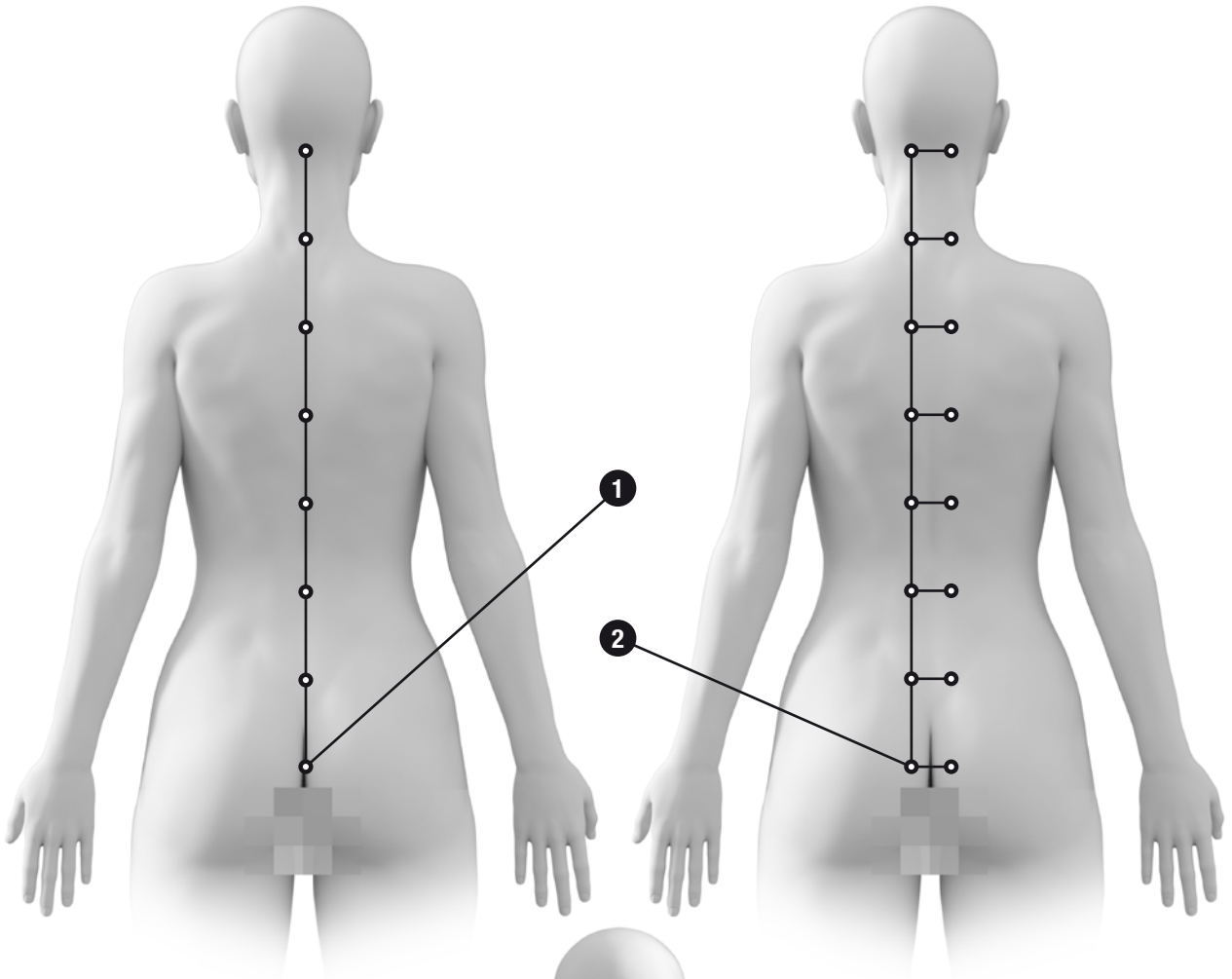
- **DEFORMING DEGENERATIVE SPINAL DISEASES**
- **OSTEOCHONDROSIS** – retardation of bone growth in children.
- **OSTEOPOROSIS** – deterioration of bones.
- **SCOLIOSIS***

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 From coccyx to occiput at 10 cm intervals	1 per point	1000
2 Along both sides of vertebral column through long extensors at 10 cm intervals		50
3 4 th intercostal, left of sternum	1	5
4 Liver, 2 points 10 cm apart in right subcostal space	1 per point	50
5 Pancreas, 2 points 10 cm apart in left subcostal space		
✓ Rest after treatment session	5-10	

* Scoliosis also requires physical exercise over and above this protocol in order to be corrected. As the vertebrae and discs can be very easily damaged in this condition, it is highly recommended that the patient seeks the help of a qualified practitioner of the *Alexander Technique* for this type of exercise.



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

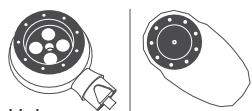


SECTION 3

TRAUMATOLOGY 2

30 mins ±

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until full relief is achieved.



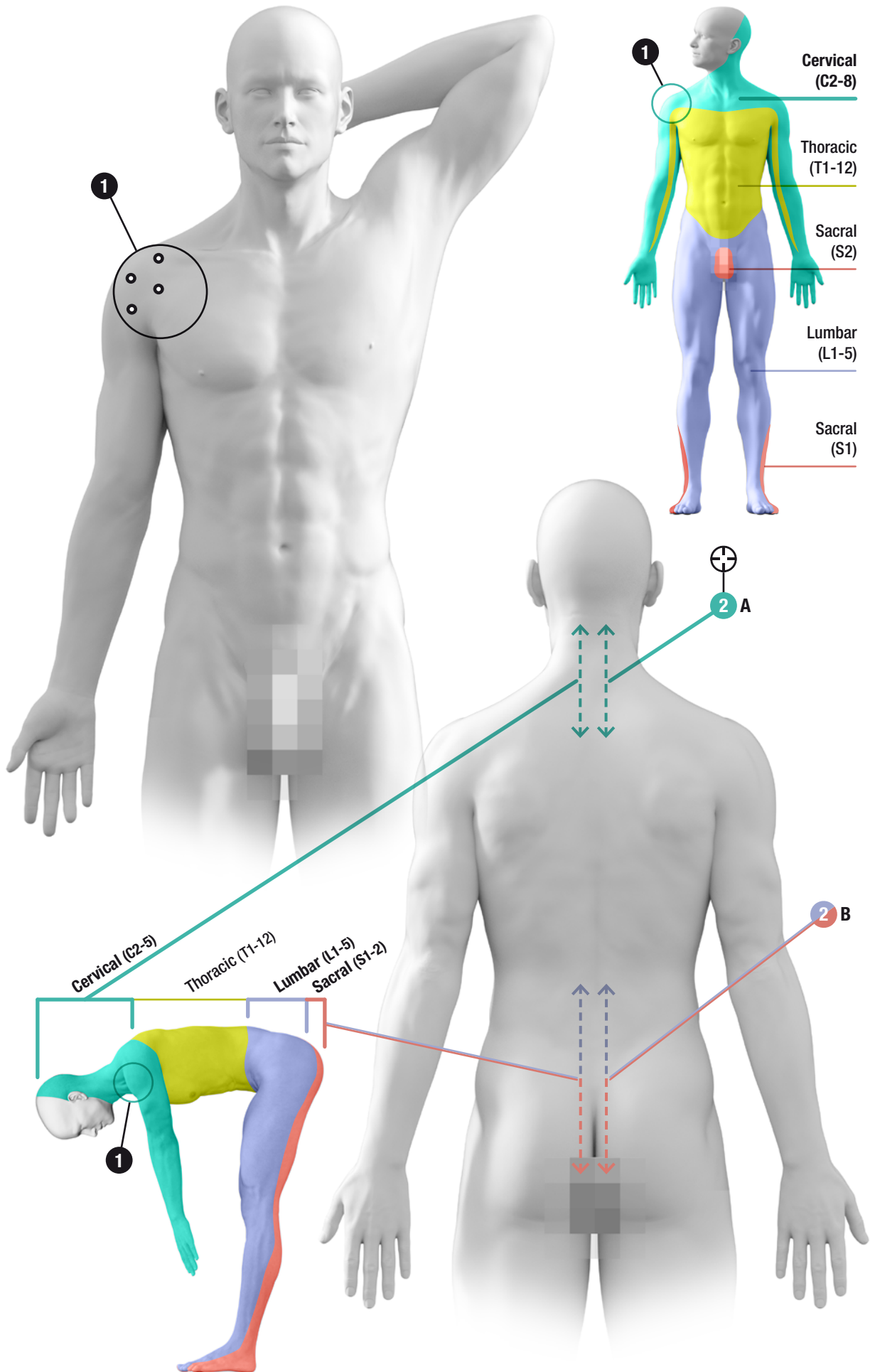
To determine the location of protocol point 2A, use the coloured dermatome zone models to identify the roots of the spinal nerves corresponding to the affected muscle.

- **MYOSITIS** – inflammation of muscles.
- **MUSCLE WEAKNESS**
- **MUSCLE PAIN**
- **MUSCLE INJURY**

PROTOCOL POINT		⌚ MINS	⚡ HZ				
1	Treat affected muscles at intervals of 5 cm	5 per point	Variable (V)				
2	<table border="1"> <tr> <td>A</td> <td>Scan paravertebral zone to treat nerve source of the affected area</td> <td rowspan="2">5 per side</td> <td rowspan="2">1000</td> </tr> <tr> <td>B</td> <td>If the affected muscles are in the legs scan both sides of the lumbosacral spine</td> </tr> </table>	A	Scan paravertebral zone to treat nerve source of the affected area	5 per side	1000	B	If the affected muscles are in the legs scan both sides of the lumbosacral spine
A	Scan paravertebral zone to treat nerve source of the affected area	5 per side	1000				
B	If the affected muscles are in the legs scan both sides of the lumbosacral spine						



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

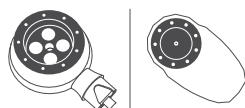


SECTION 3

TRAUMATOLOGY 3

11 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

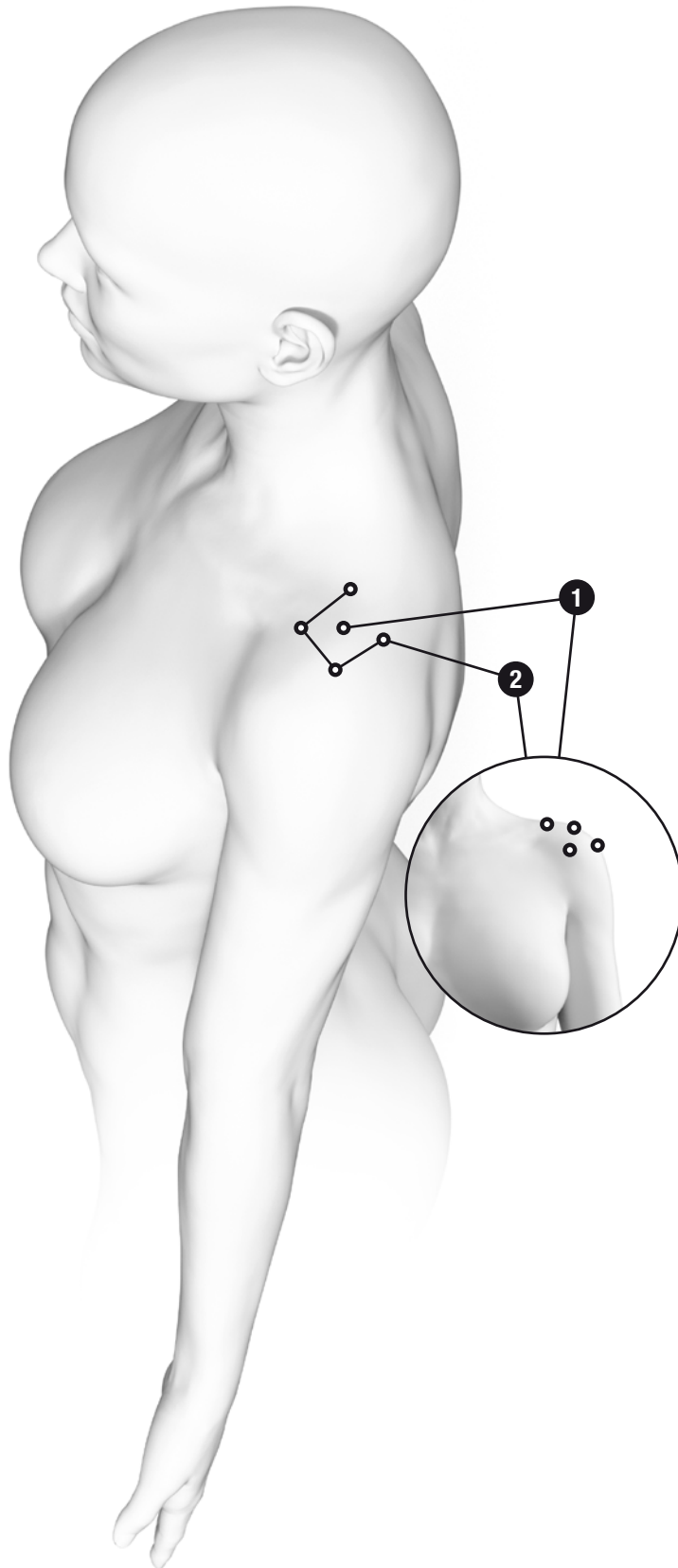
Until full relief is achieved.

- **FROZEN SHOULDER** – stiff and lame shoulder.
- **SUBACROMIAL BURSITIS** – swelling of the bursa.
- **HUMEROSCAPULAR PERIARTHROSIS** – pain and limited movement in the shoulder joint.
- **ROTATOR CUFF INJURY**

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Acromion area	1	5, 50 then 1000
2 4 points around the acromion area, 5 cm apart	1 per point per frequency	5 then 50



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

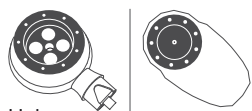


SECTION 3

TRAUMATOLOGY 4

10 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

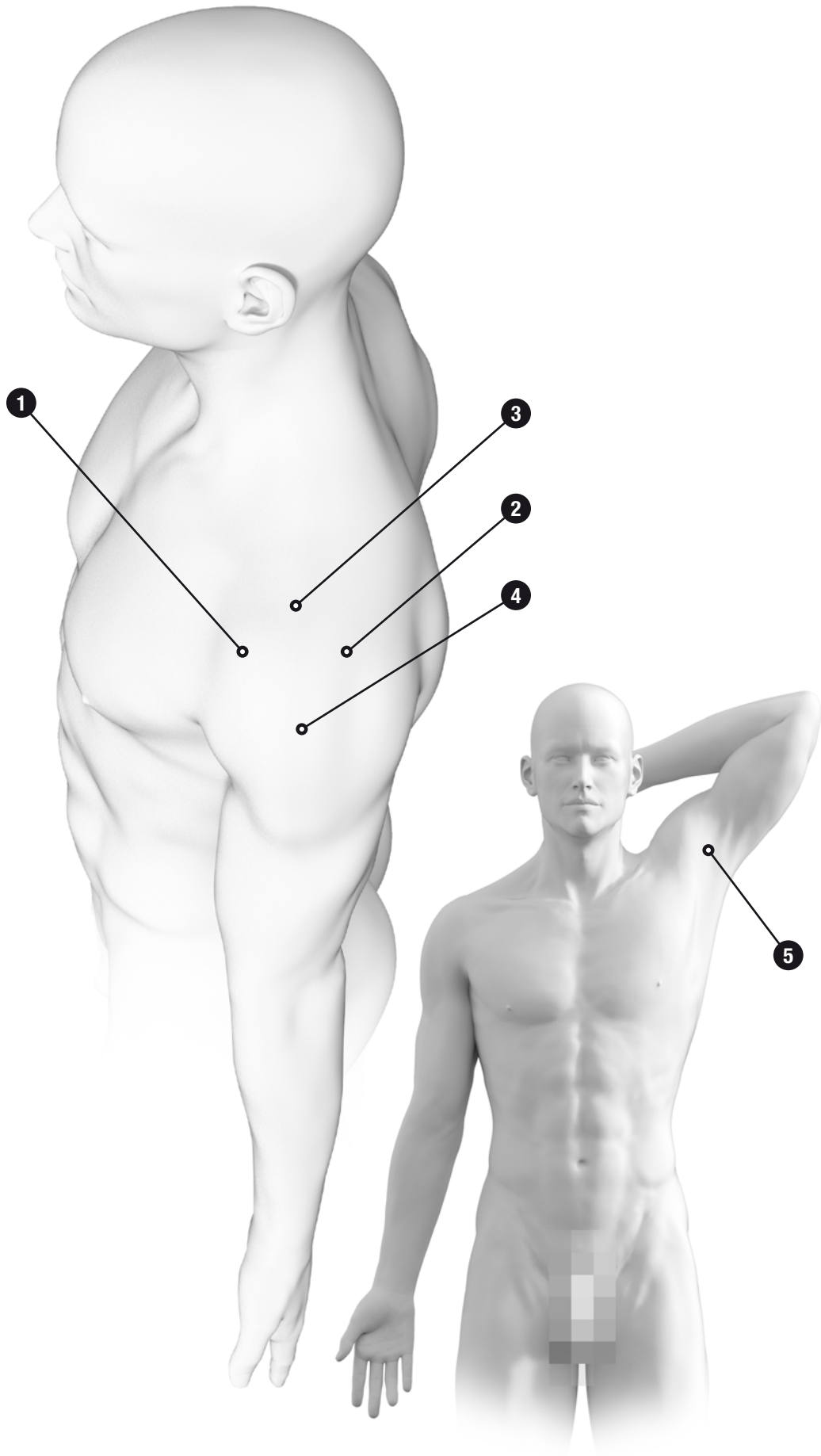
Until full relief is achieved.

- SHOULDER JOINT
- DISLOCATED SHOULDER

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Joint projection from the front	1 per point per frequency	5 then 50
2 Joint projection from the back		
3 Joint projection from the top		
4 Middle of deltoid		
5 Axillary cavity		



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

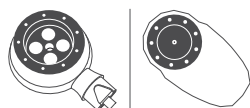


SECTION 3

TRAUMATOLOGY 5

12 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

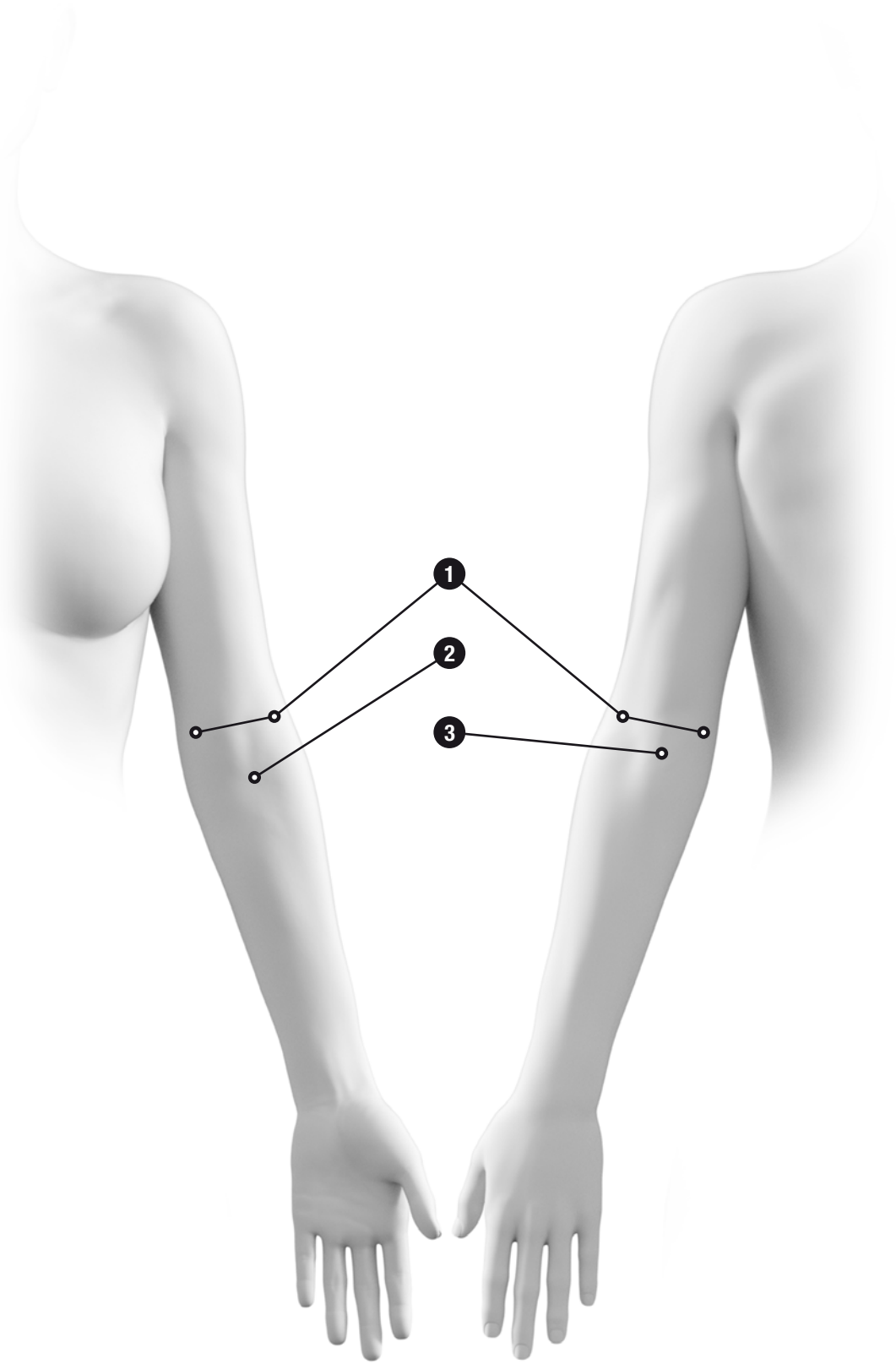
Until full relief is achieved.

• ELBOW JOINT

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Epicondylar regions (front & back)	1 per point per frequency	5 then 50
2 Ulnar Flexure		
3 Elbow tip		



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

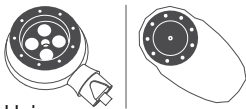


SECTION 3

TRAUMATOLOGY 6

16 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 7 x days

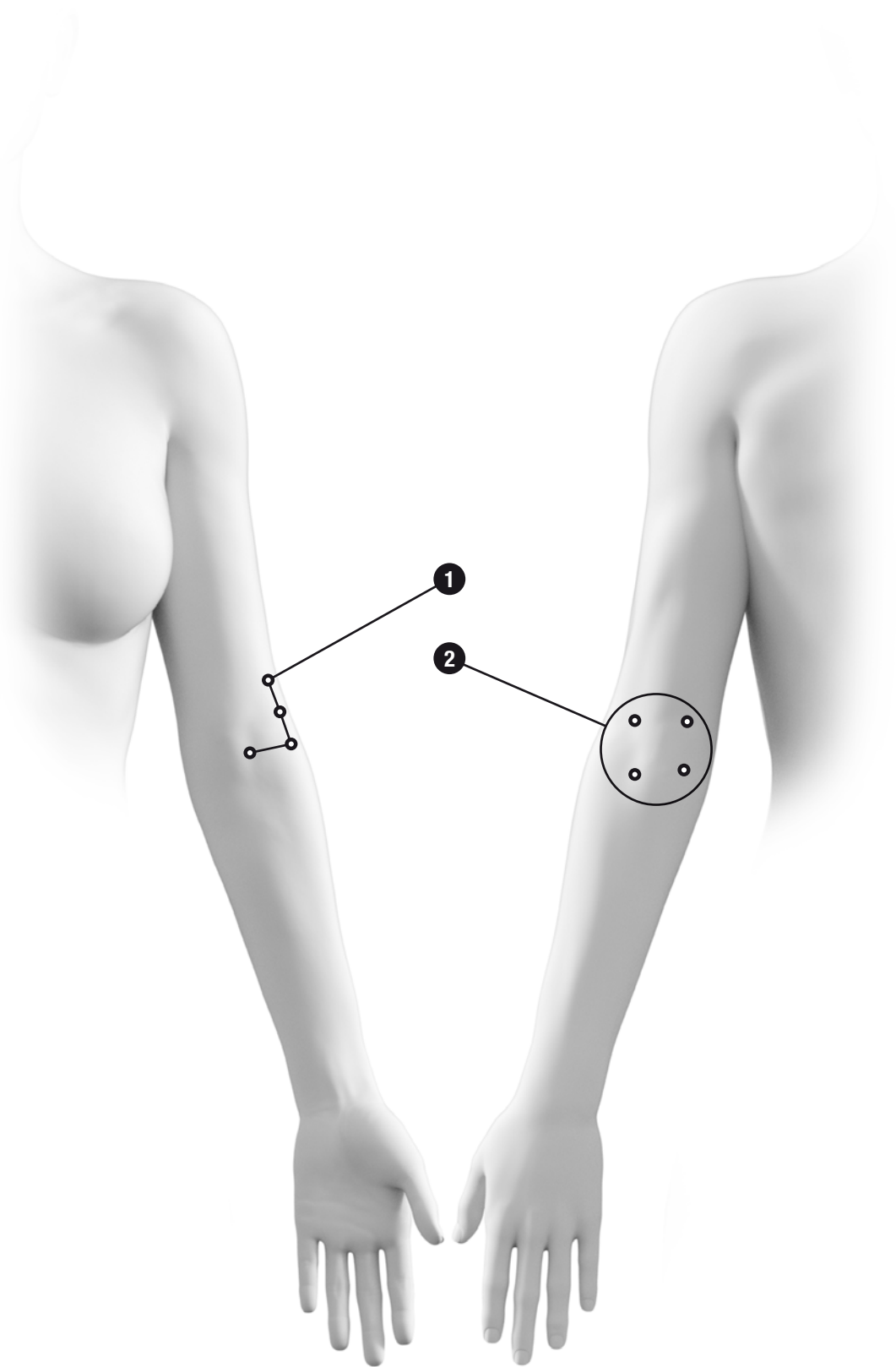
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

- **LATERAL EPICONDYLITIS** – tennis elbow.
- **MEDIAL EPICONDYLITIS** – golf elbow.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Epicondyle	1 per point per frequency	5 then 50
2 4 points on the back of the elbow surrounding the affected area, 5 cm apart		



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

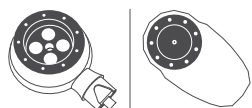


SECTION 3

TRAUMATOLOGY 7

8 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily
for 10 x days

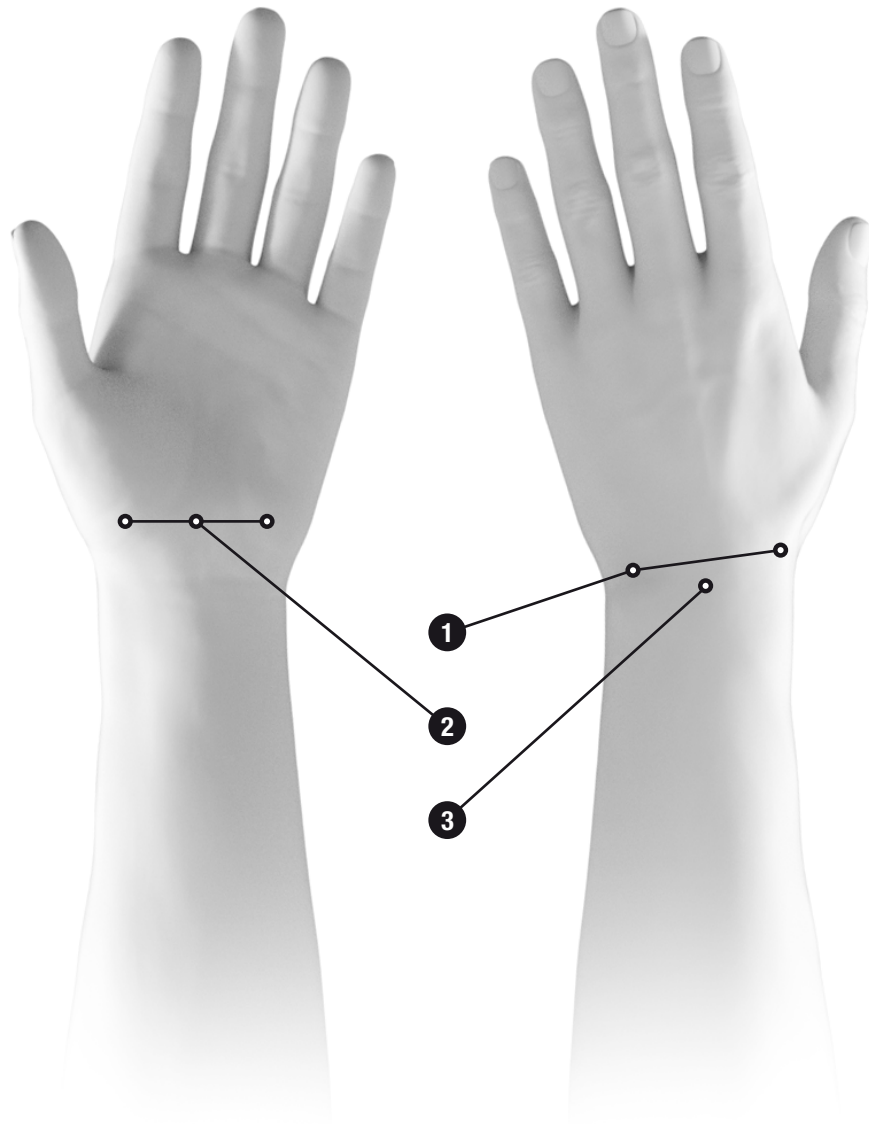
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

- **WRIST JOINT** – painful wrist.
- **CARPAL TUNNEL SYNDROME**

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Sides of the joint	1 per point per frequency	5 then 50
2 The joint from palm side		
3 The joint from back of hand		



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

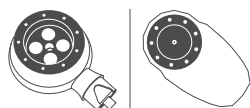


SECTION 3

TRAUMATOLOGY 8

45 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm

1 x daily for 15 x days

Allow 3 weeks rest and repeat cycle with 3 weeks rest between courses, until full relief is achieved.

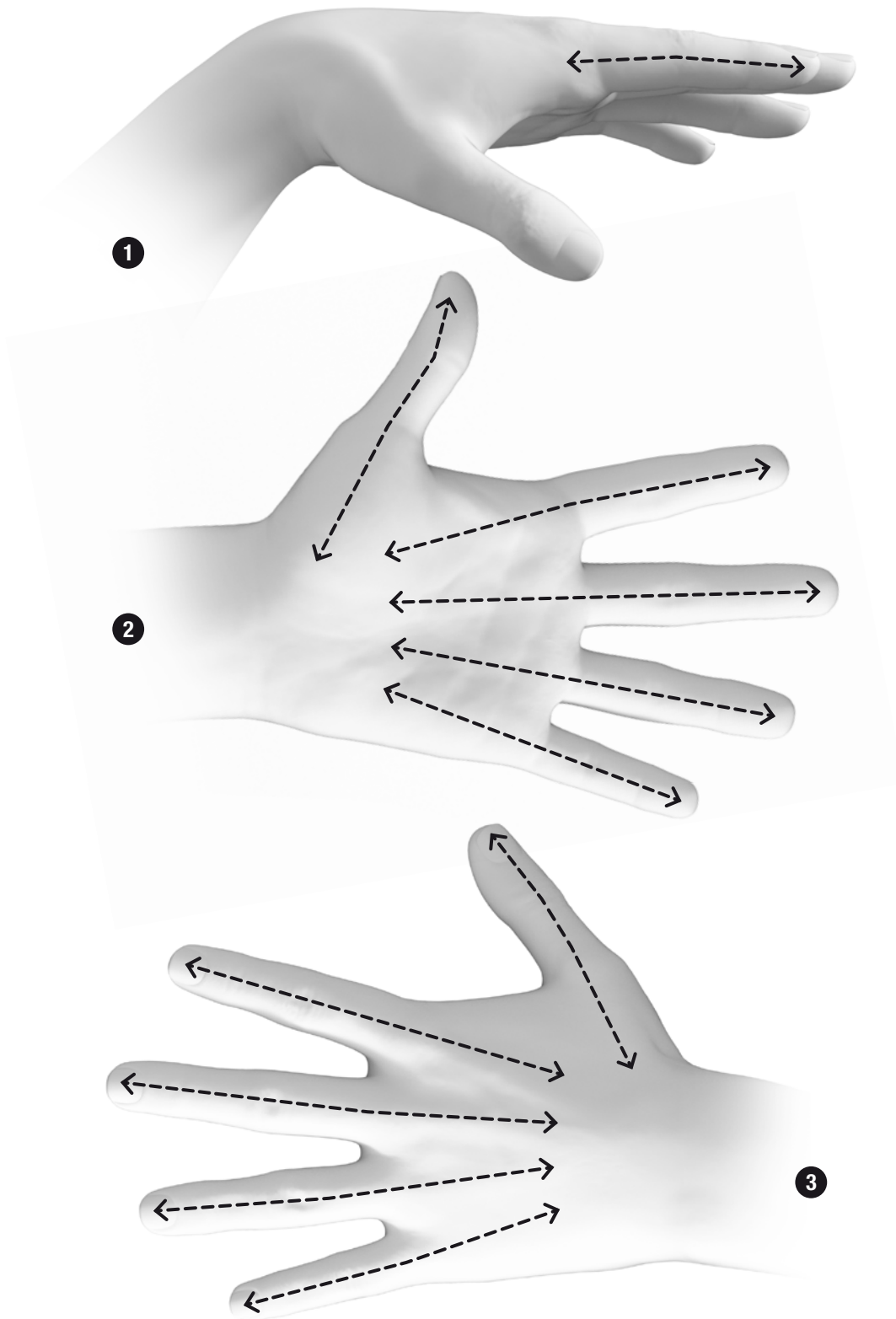
- **SMALL JOINTS OF FINGERS** – painful fingers.
- **DUPUYTREN'S CONTRACTURE*** – Dupuytren only affects the small finger, the ring finger and at most also the middle finger. Mostly it is the ring finger which is affected.
- **HAND TENDONITIS**

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan one side of joints	1 per finger scan per frequency	5, 50 then 1000
2 Scan joints from palm side		
3 Scan joints from back of hand		

* For Dupuytren's contracture there is no need to treat all of the fingers. Treat only the little finger, the ring finger and the middle finger, including the palm of the hand and the top of the hand as given in the protocol, but applying this twice per day instead of only once.



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

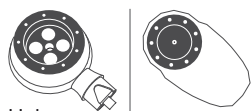


SECTION 3

TRAUMATOLOGY 9

15 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

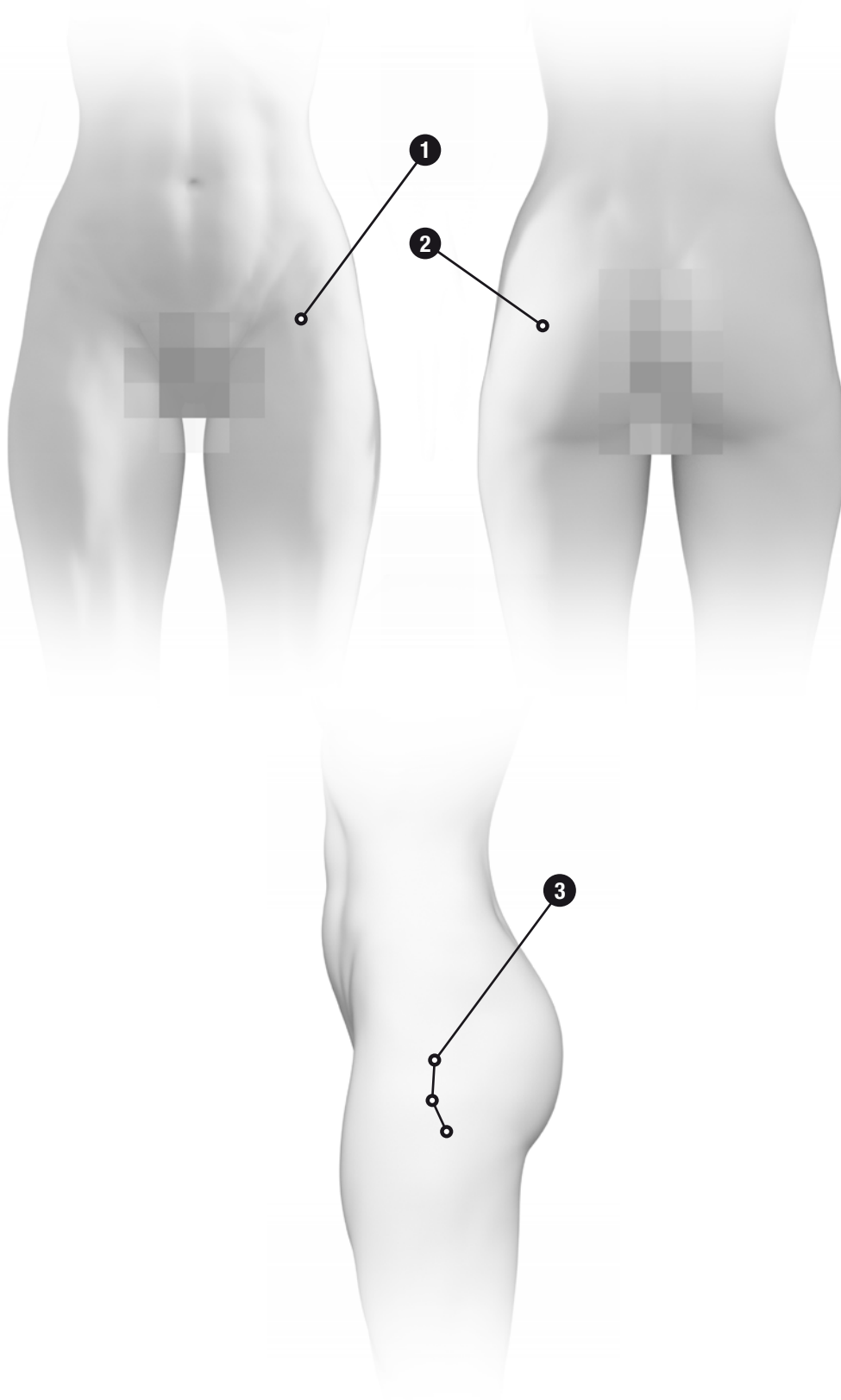
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

• HIP JOINT ARTHRITIS

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Piriformis, front	1 per point per frequency	5, 50 then Variable (V)
2 Piriformis, back		
3 3 points along the trochanter line, 5 cm apart		



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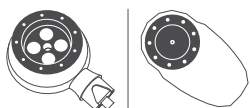


SECTION 3

TRAUMATOLOGY 10

15 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest and repeat cycle with 3 weeks rest between courses, until full relief is achieved.

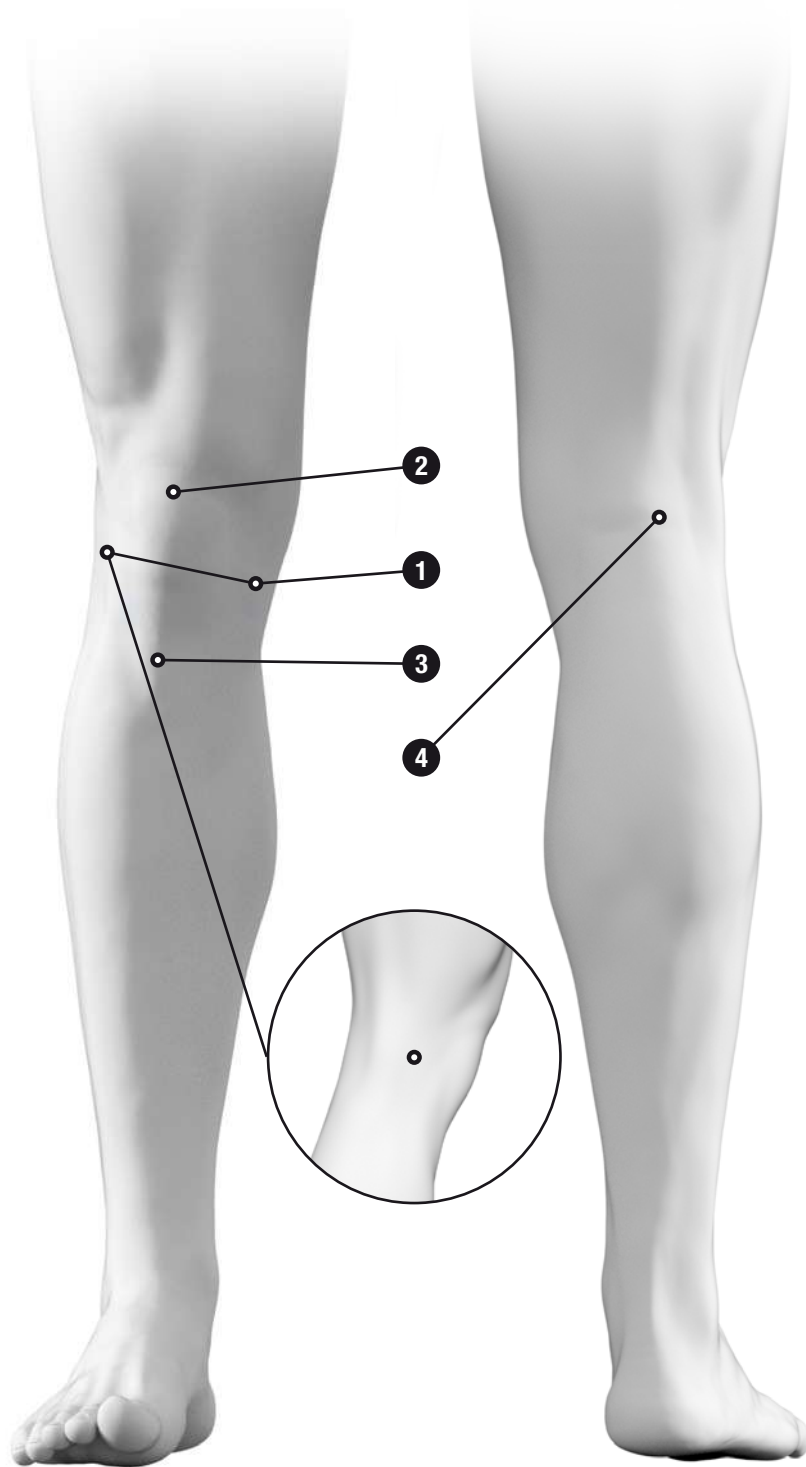
- KNEE JOINT
- OSTEOARTHRITIS IN THE KNEE*

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Lateral zones of projection	1 per point per frequency	5, 50 then Variable (V)
2 Zone above the patella		
3 Zone below the patella		
4 Popliteal fossae		

* For osteoarthritis in the knee also do protocol UNIVERSAL 3 (BLOOD) at the same time.



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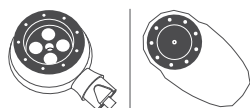


SECTION 3

TRAUMATOLOGY 11

12 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for **15** x days

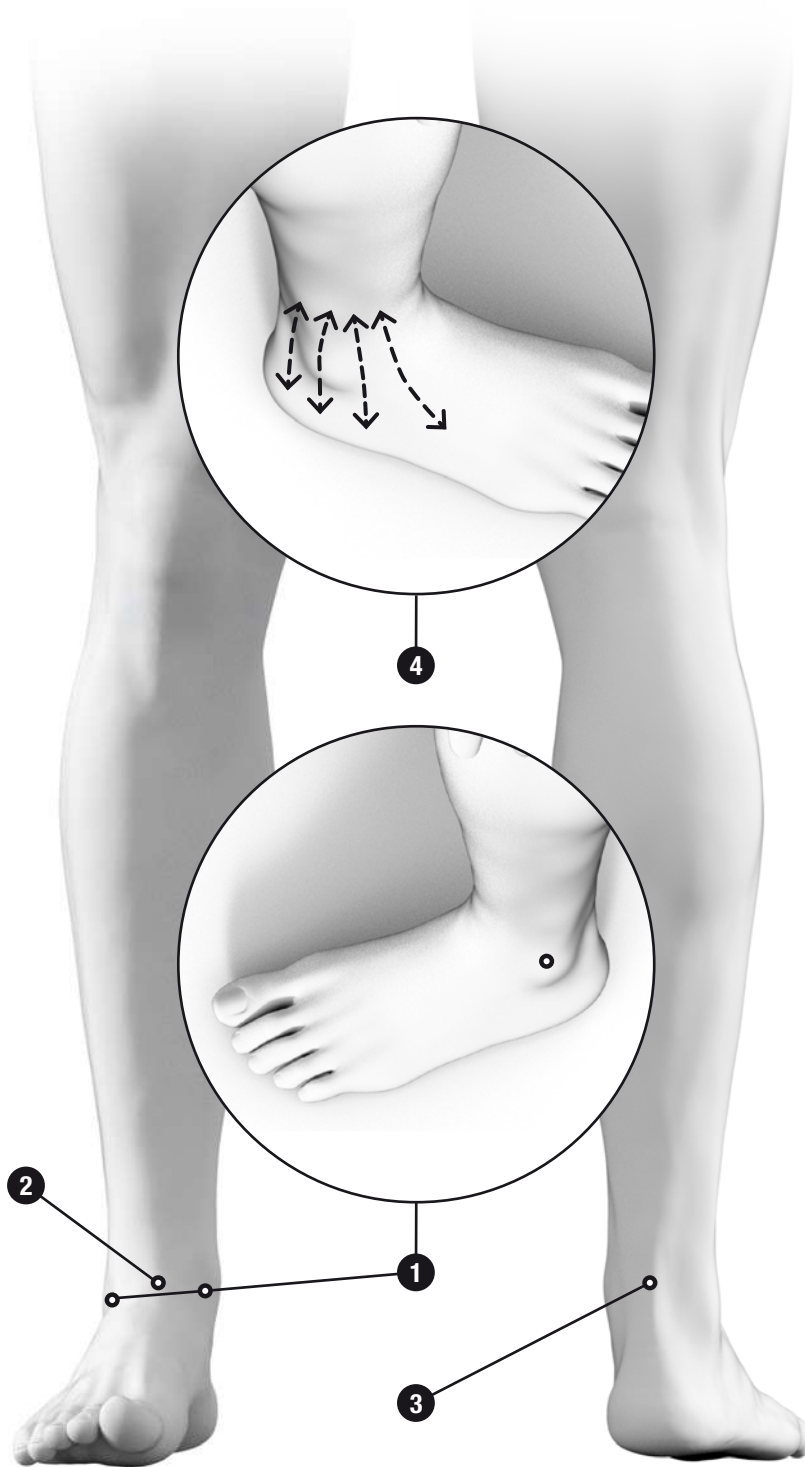
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

- ANKLE JOINT
- SPRAINED ANKLE

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Lateral surfaces of joint, under malleolus	1 per point per frequency	5, 50 then Variable (V)
2 Front projection of the joint		
3 Back projection of the joint		
4 In case of sprained ankle, scan the affected area	1 per line per frequency	5, 50 then Variable (V)



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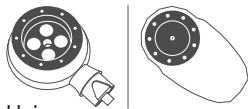


SECTION 3

TRAUMATOLOGY 12

30 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

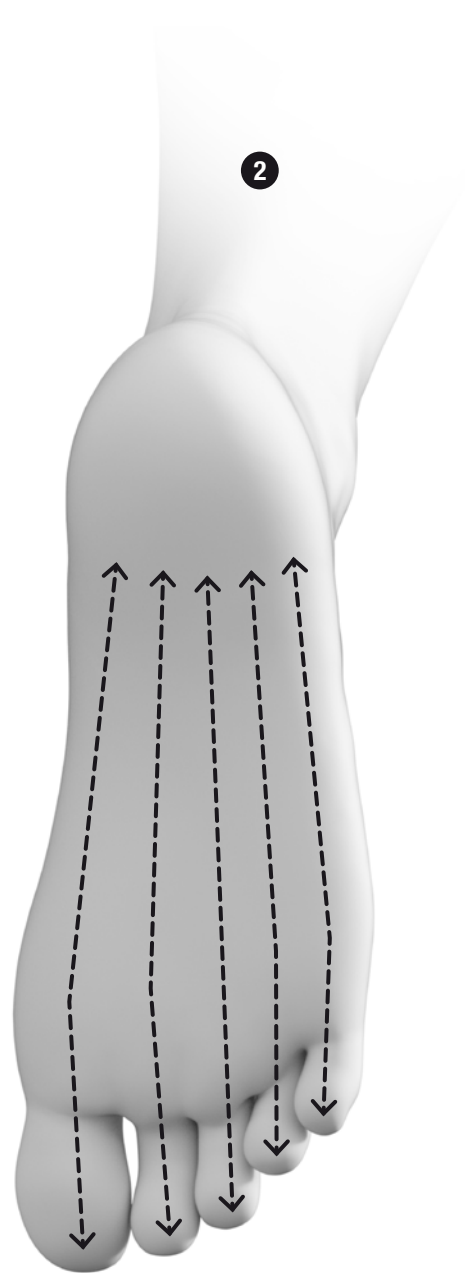
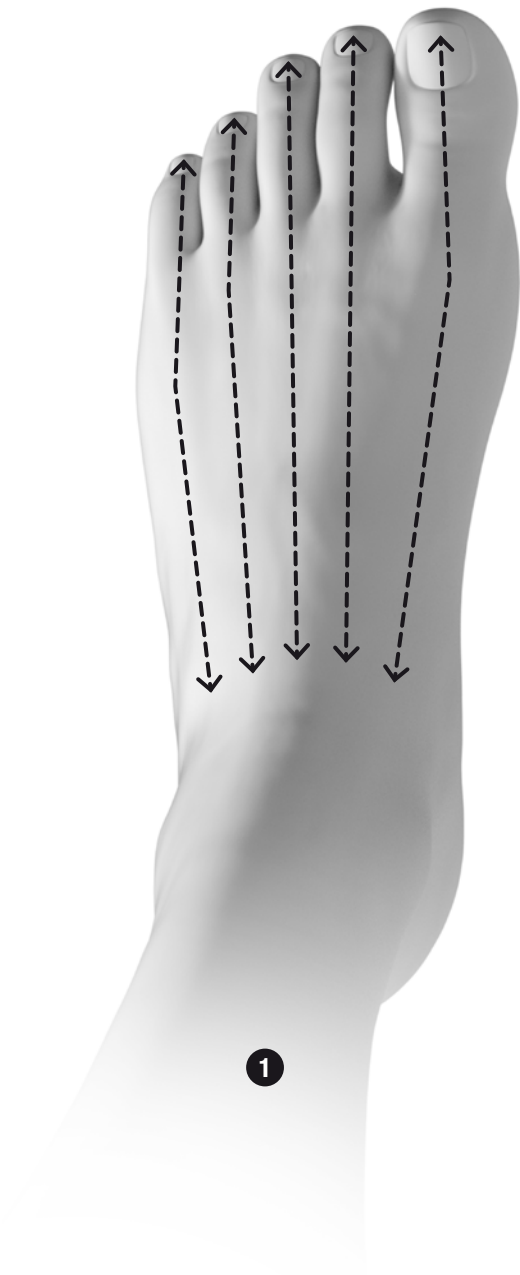
- SMALL JOINTS OF FEET
- GOUT*

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan top of foot as shown	1 per line per frequency	5, 50 then Variable (V)
2 Scan foot from plantar side		

* Podagra (gout) can also be treated using the protocol above, but treat also the affected area at the same settings, by scanning the affected area for 2 minutes per frequency. In conjunction with this protocol also do GASTROENTEROLOGY 1 and NEPHROLOGY 4.



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

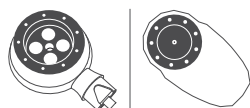


SECTION 3

TRAUMATOLOGY 13

27 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

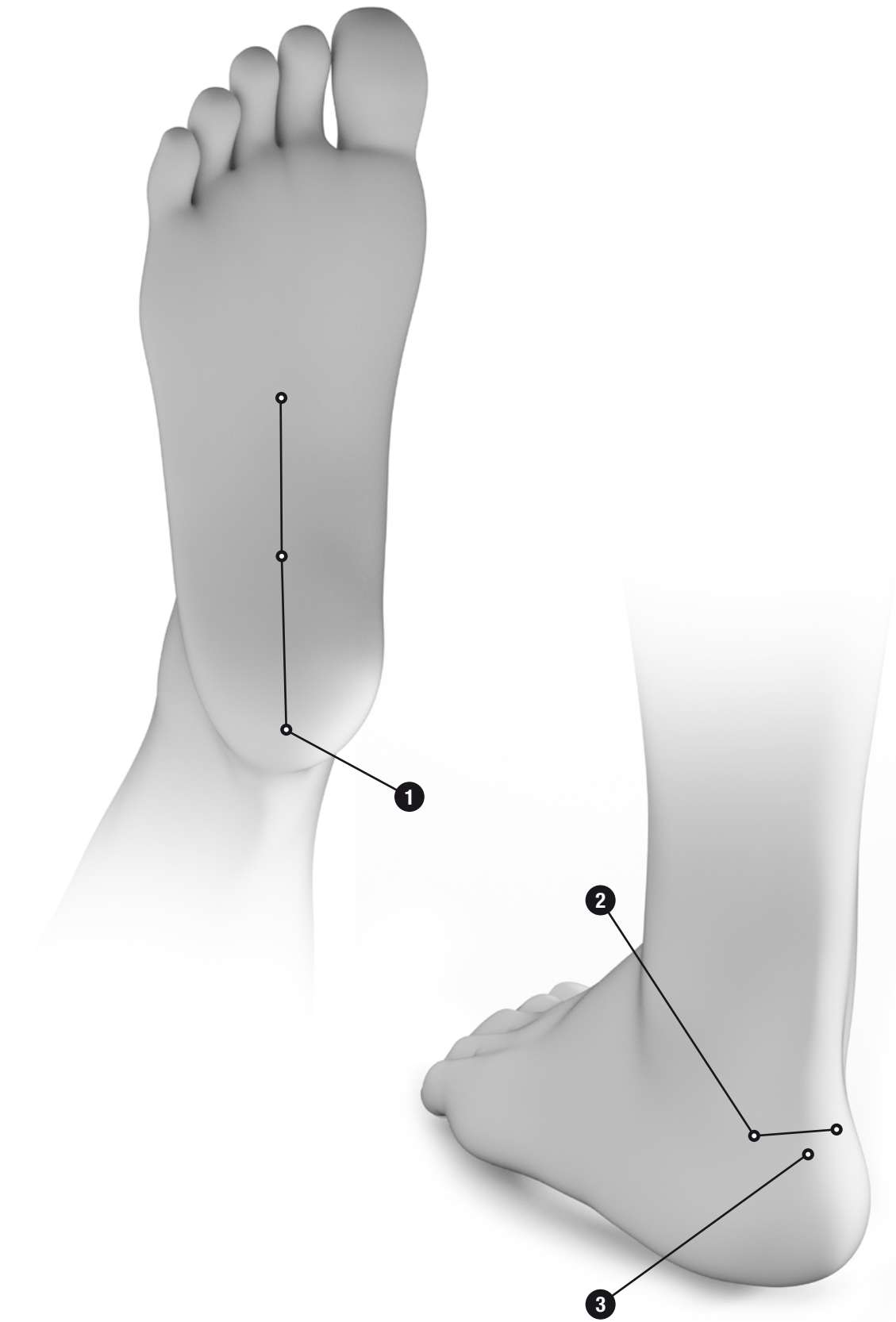
Allow 3 weeks rest and repeat cycle with 3 weeks rest between courses, until full relief is achieved.

- **CALCANEAL SPUR** – heel spur.
- **PLANTAR FASCIITIS**

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 3 points along the plantar fascia	4	1000
	2	50
2 Lateral surfaces of Achilles tendon	2 per point	1000
	1 per point	50
3 Back of Achilles tendon	2	1000
	1	50



Treating the musculoskeletal system with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious injury or disease.

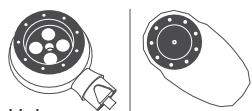


SECTION 3

TRAUMATOLOGY 14

30 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

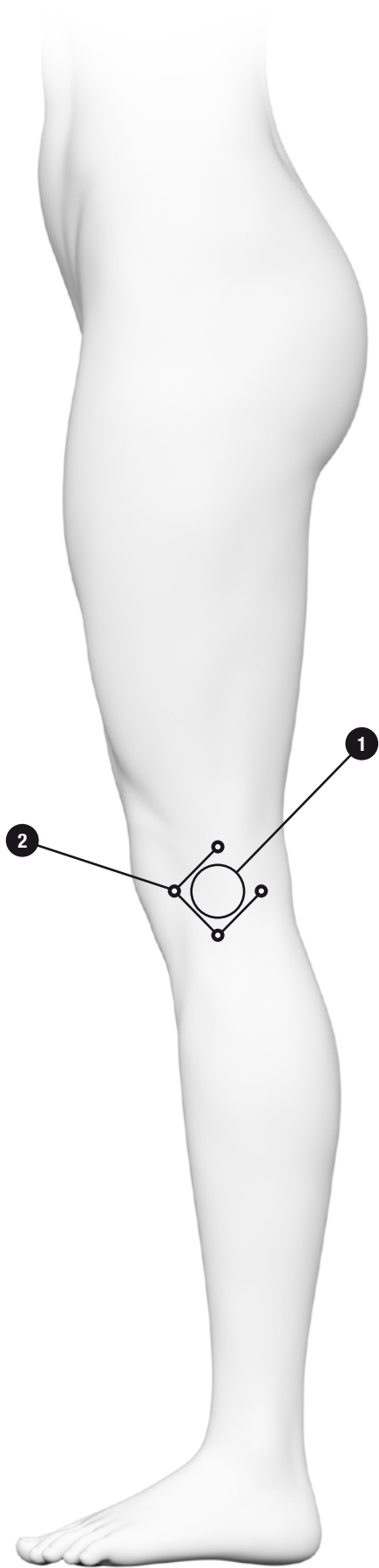
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

• INJURY TO KNEE JOINT

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Zone of injury or sprain	2 per point per frequency	1000, 50 then Variable (V)
2 4 points around injury at 5 cm apart		



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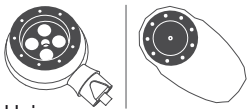
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 3

TRAUMATOLOGY 15

9 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

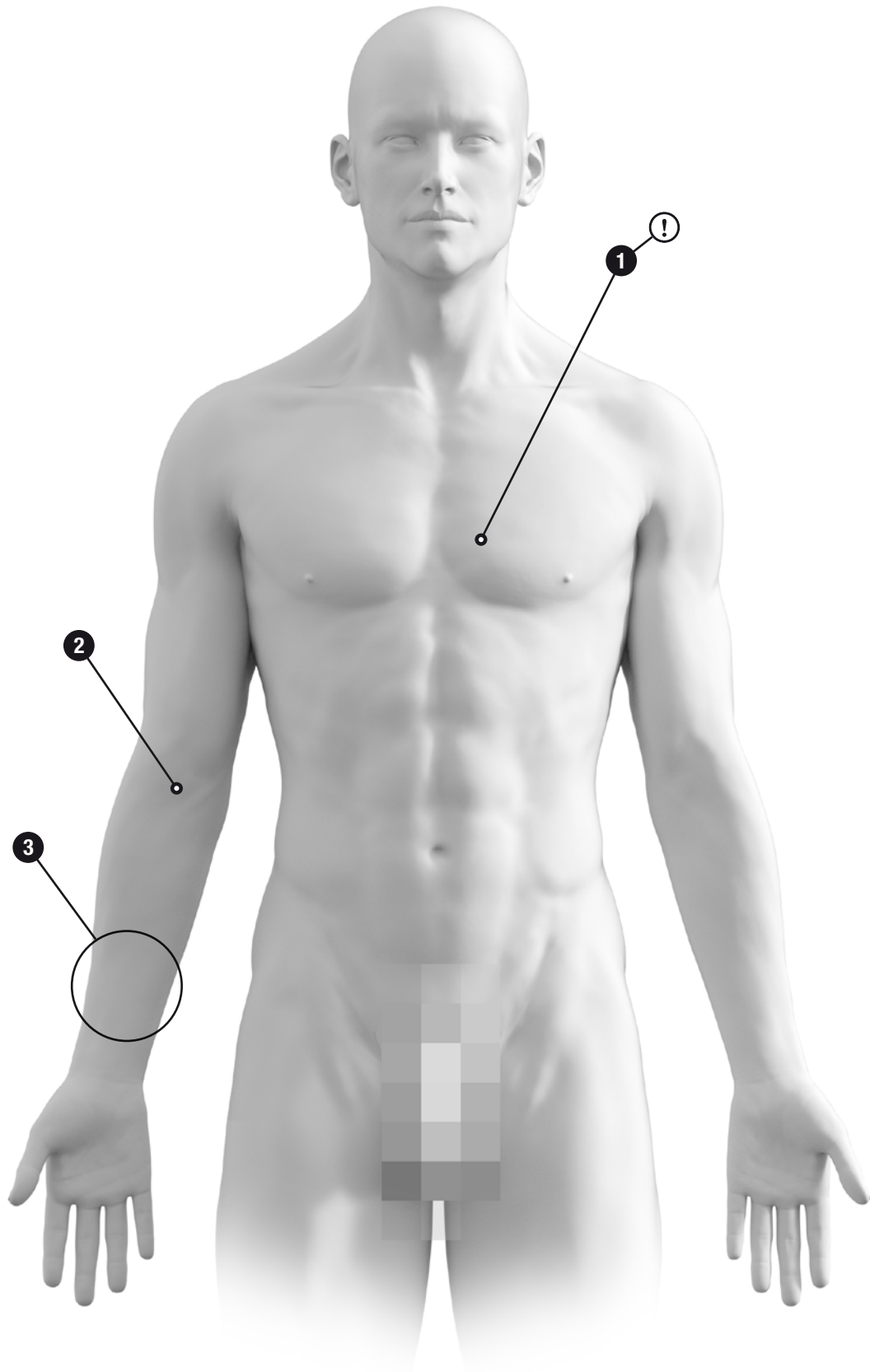
Until full relief is achieved.

• TRAUMATIC BONE FRACTURES

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	2	5
2 Blood irradiation at a point closest to the fracture	5	
3 Fracture	2	Day 1-4 @ 1000
		Day 5-8 @ Variable (V)
✓ Rest after treatment session	5-10	



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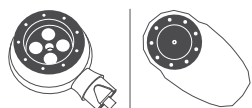


SECTION 3

TRAUMATOLOGY 16

15 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

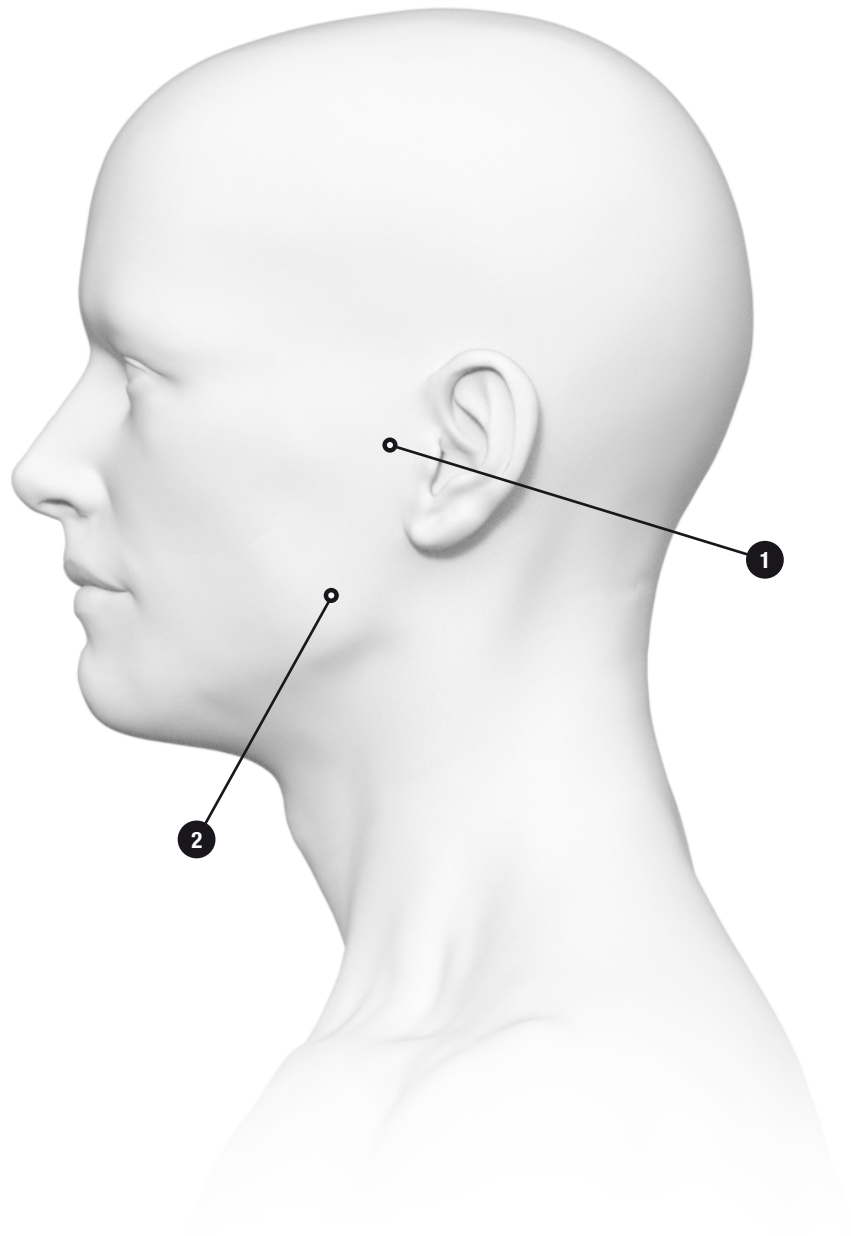
Allow 3 weeks rest and
repeat cycle with 3 weeks
rest between courses, until
full relief is achieved.

- ARTHRITIS OF JAW
- DISLOCATION OF JAW

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Joint (both sides)	5 per side	50
2 Masticatory muscle near corner of mandible, from the sore side only	5	



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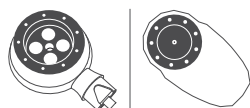


SECTION 3

TRAUMATOLOGY 17

26 mins ±

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until improvement and
then continue 1 x daily
for 2 weeks.

Rest 2-4 weeks and
repeat the course.

Thereafter apply every
3 months, or when
necessary.

- SPONDYLOLISTHESIS
- ANKYLOSING SPONDYLITIS (in conjunction with IMMUNOLOGY 1).
- SPINAL DISC HERNIATION – slipped disk.
- SPINAL STENOSIS

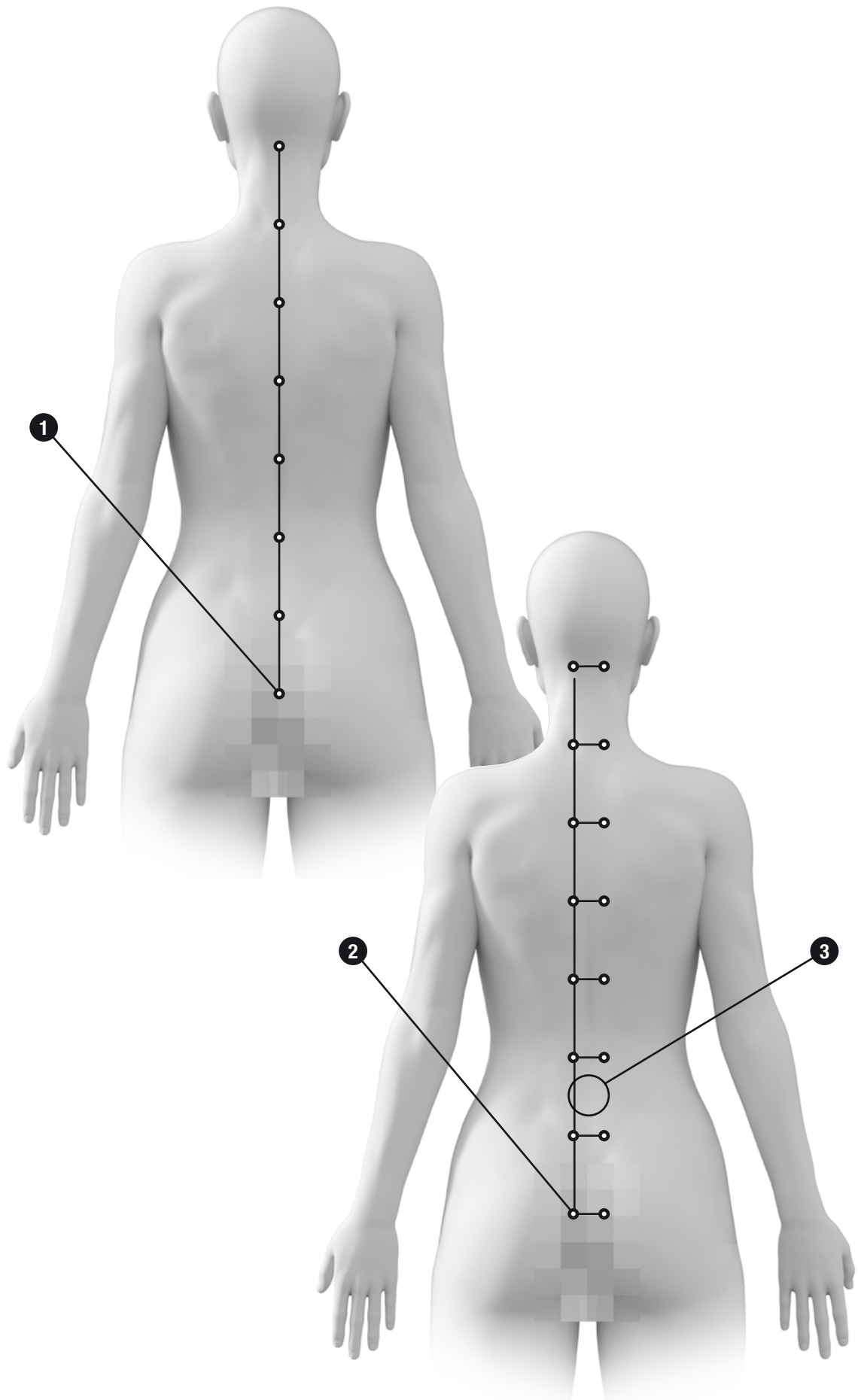
PROTOCOL POINT	⌚ MINS	⚡ HZ
1 From coccyx to occiput at 10 cm intervals	1 per point	1000
2 Along both sides of vertebral column through long extensors at 10 cm intervals		50
3 The area of the affected disc/vertebrae	2	

i Since spondylolisthesis is caused by the back muscles not being strong enough to support the spine adequately, it is also necessary to do exercises to help correct the ailment as well as strengthen the back muscles so that the vertebrae do not continue to become displaced.

As the spine of a patient with spondylolisthesis is very tender and easily hurt, the exercises which are recommended are those which can be designed specifically for the patient by a qualified practitioner of the *Alexander Technique*, depending upon where in the spine the spondylolisthesis is situated, and executed under that practitioner's supervision.



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To make the treatment of the muscles somewhat easier some of the muscles have been grouped where possible, so that one point of irradiation serves to irradiate more than one muscle.

SECTION 3

TRAUMATOLOGY 18

22 mins

Protocol time.



Using:
Delta Aesthetic Terminal.

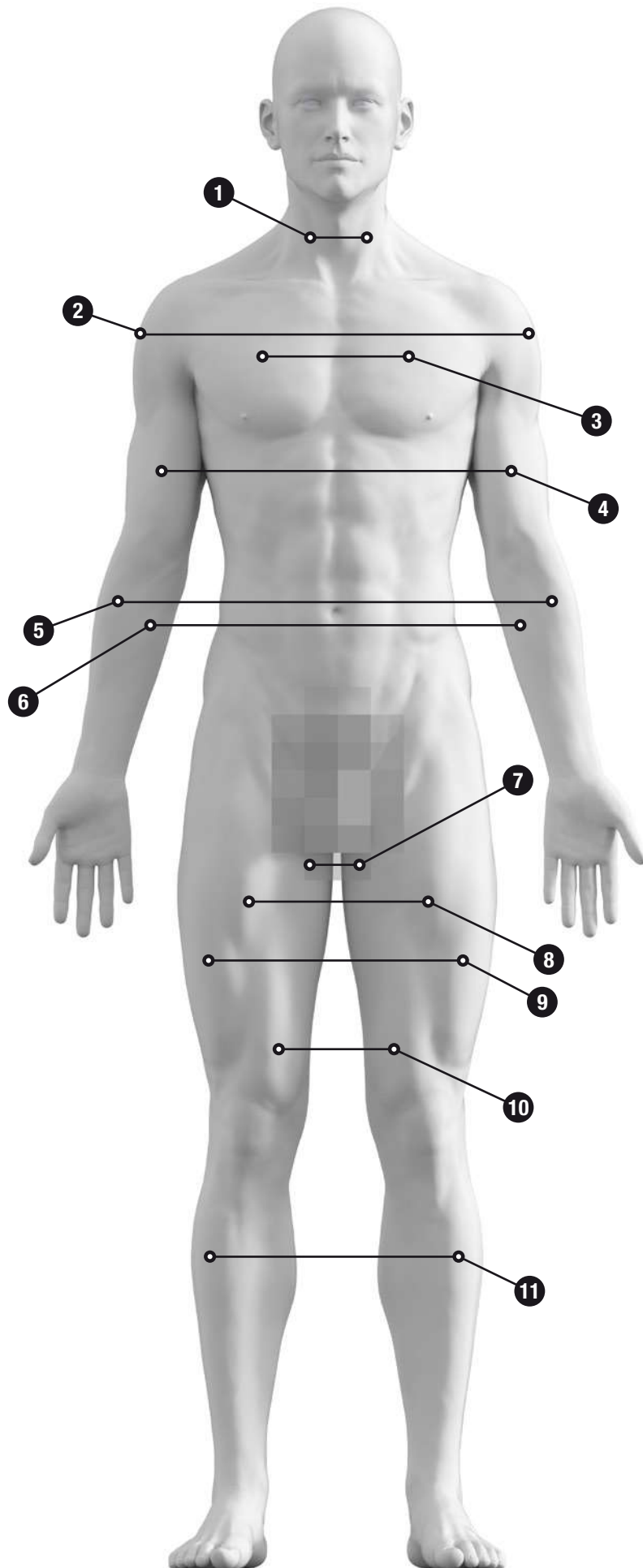
1 x daily

Apply PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

• POLYMYOSITIS

PLAN 1		EARLY MORNING	
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Sternocleidomastoid	1 per point	Variable (V)	
2 Deltoid			
3 Pectoralis			
4 Biceps			
5 Brachioradialis			
6 Flexor carpi radialis and palmaris longus			
7 Adductor longus and gracilis			
8 Rectus femoris			
9 Vastus lateralis			
10 Vastus medialis			
11 Peroneus longus			

PLAN 1 continued overleaf...



34 mins

Protocol time.



Using:
Delta Aesthetic Terminal.

1 x daily

Apply PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

10 mins

Protocol time.



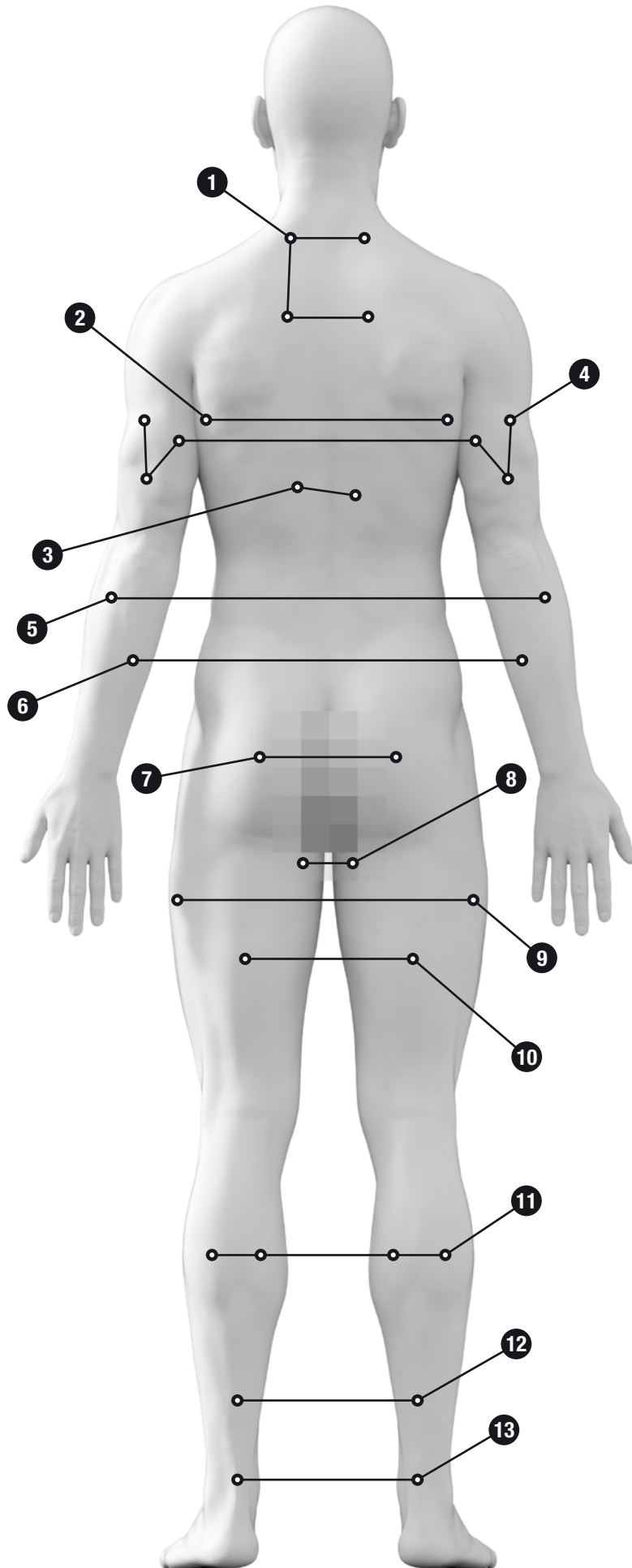
Using:
Delta Medical Terminal.

PLAN 1		MIDDAY	
PROTOCOL POINT	⌚ MINS	📡 HZ	
1 Trapezius	1 per point	Variable (V)	
2 Teres major			
3 Latissimus dorsi/adrenal glands			
4 Triceps, 3 points			
5 Extensor			
6 Flexor			
7 Gluteus maximus			
8 Adductor magnus			
9 Iliotibial			
10 Semitendinosus and biceps femoris			
11 Gastrocnemius			
12 Soleus			
13 Achilles			

PLAN 1		EARLY EVENING	
Apply <u>UNIVERSAL 3 (BLOOD)</u> every day			

i Apply PLAN 1 above every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2 as prescribed on the next page.

PLAN 2 continued overleaf...



22 mins

Protocol time.



Using:
Delta Aesthetic Terminal.

1 x daily

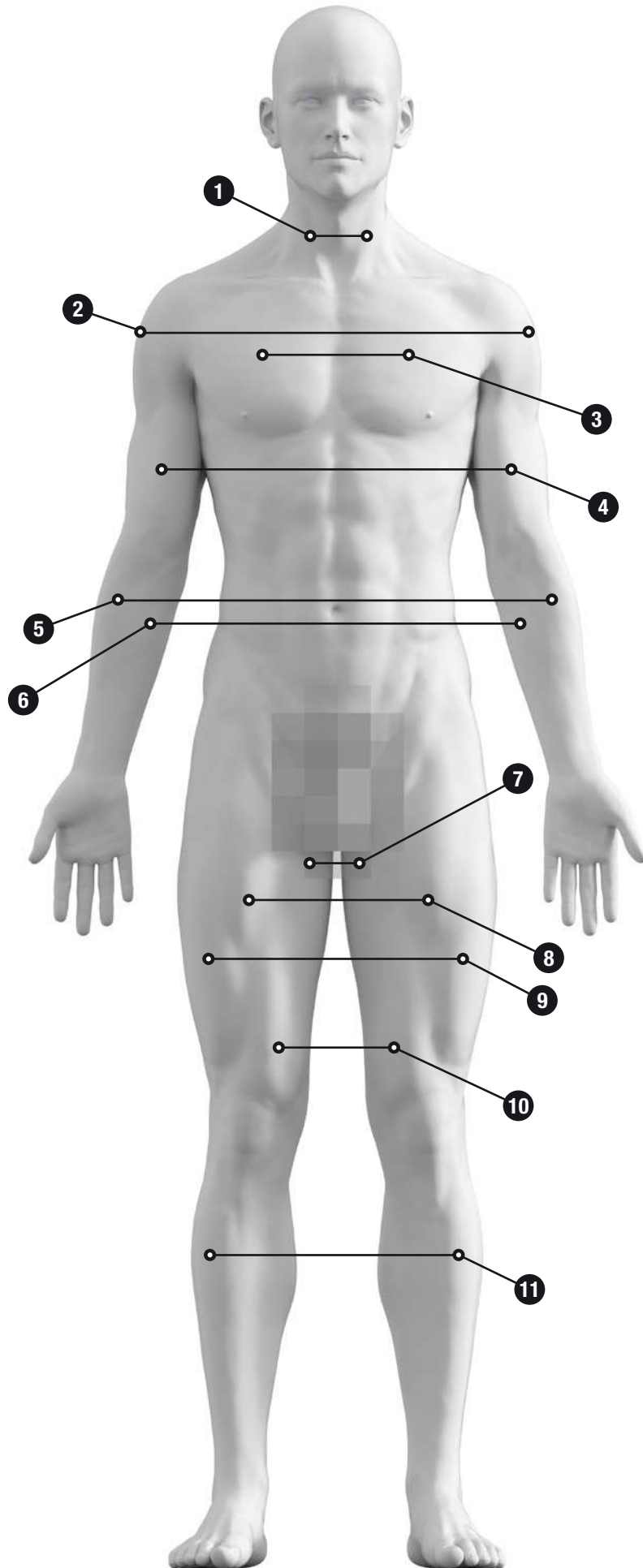
for 21 x days

Monday, Wednesday
and Friday.

Allow 2 weeks rest and
repeat cycle until full
recovery is achieved.

PLAN 2		EARLY MORNING – MONDAY, WEDNESDAY, FRIDAY	
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Sternocleidomastoid	1 per point	Variable (V)	
2 Deltoid			
3 Pectoralis			
4 Biceps			
5 Brachioradialis			
6 Flexor carpi radialis and palmaris longus			
7 Adductor longus and gracilis			
8 Rectus femoris			
9 Vastus lateralis			
10 Vastus medialis			
11 Peroneus longus			

PLAN 2 continued overleaf...



34 mins

Protocol time.



Using:
Delta Aesthetic Terminal.

1 x daily for 21 x days

Tuesday, Thursday and Saturday.

Allow 2 weeks rest and repeat cycle until full recovery is achieved.

10 mins

Protocol time.



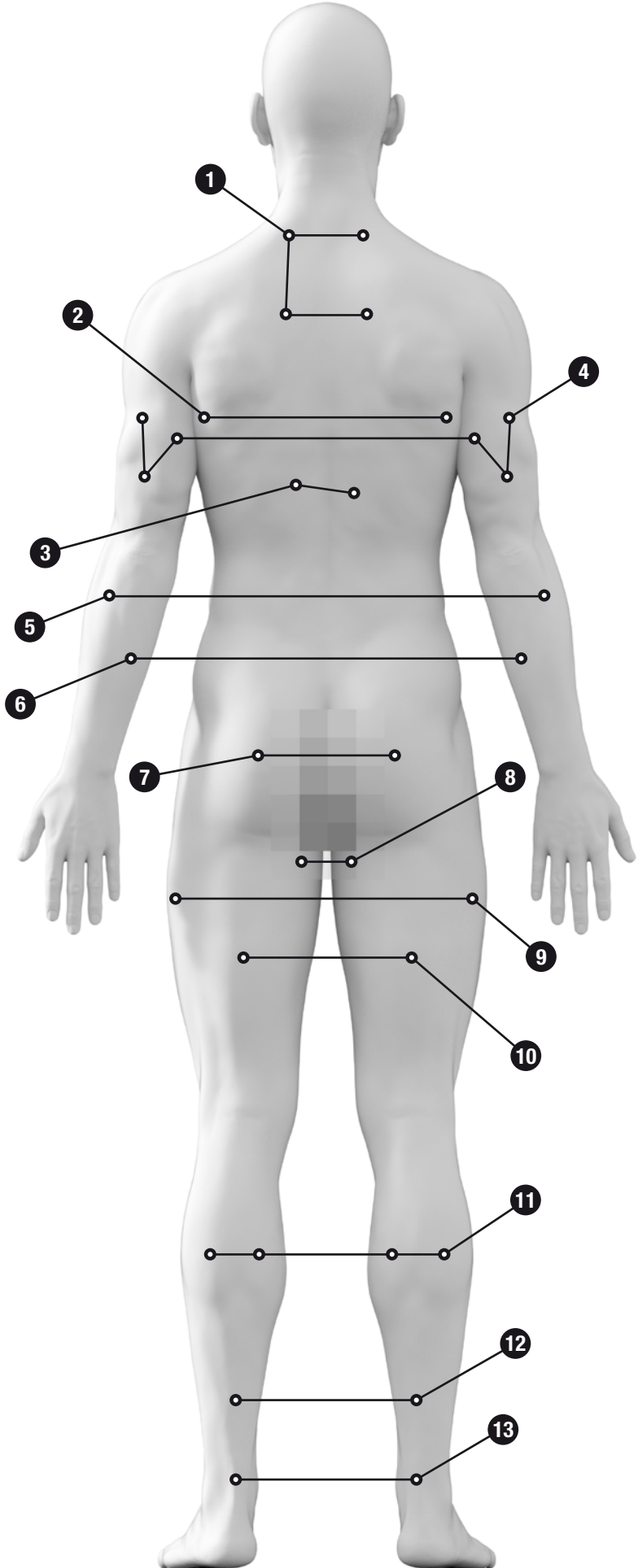
Using:
Delta Medical Terminal.

PLAN 2		EARLY MORNING – TUESDAY, THURSDAY, SATURDAY	
PROTOCOL POINT	⌚ MINS	📡 HZ	
1 Trapezius	1 per point	Variable (V)	
2 Teres major			
3 Latissimus dorsi/adrenal glands			
4 Triceps, 3 points			
5 Extensor			
6 Flexor			
7 Gluteus maximus			
8 Adductor magnus			
9 Iliotibial			
10 Semitendinosus and biceps femoris			
11 Gastrocnemius			
12 Soleus			
13 Achilles			

PLAN 2		EARLY EVENING	
Apply <u>UNIVERSAL 3 (BLOOD)</u> every 2 nd day			



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 4

OTORHINOLARYNGOLOGY

Ear, nose and throat



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** All ear, nose and throat diseases are best treated by also using UNIVERSAL 4 (SB-1) in conjunction with the prescribed protocol.
- 3** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 4** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.
- 5** Please note that the Probe Terminal does not have ultrasound.
- 6** The lights around the Probe are LED lights that will not damage the eyes. However, to avoid any irritation or discomfort it is best to close the eyes if the Probe is used in the vicinity of the eyes.
- 7** Whenever using the Probe, screw off the Probe Sheath after the protocol, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



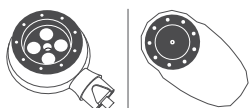
Treatments with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.

SECTION 4

OTORHINOLARYNGOLOGY 1

12 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily

for 15 x days

Allow 3 weeks rest and
repeat course if needed.

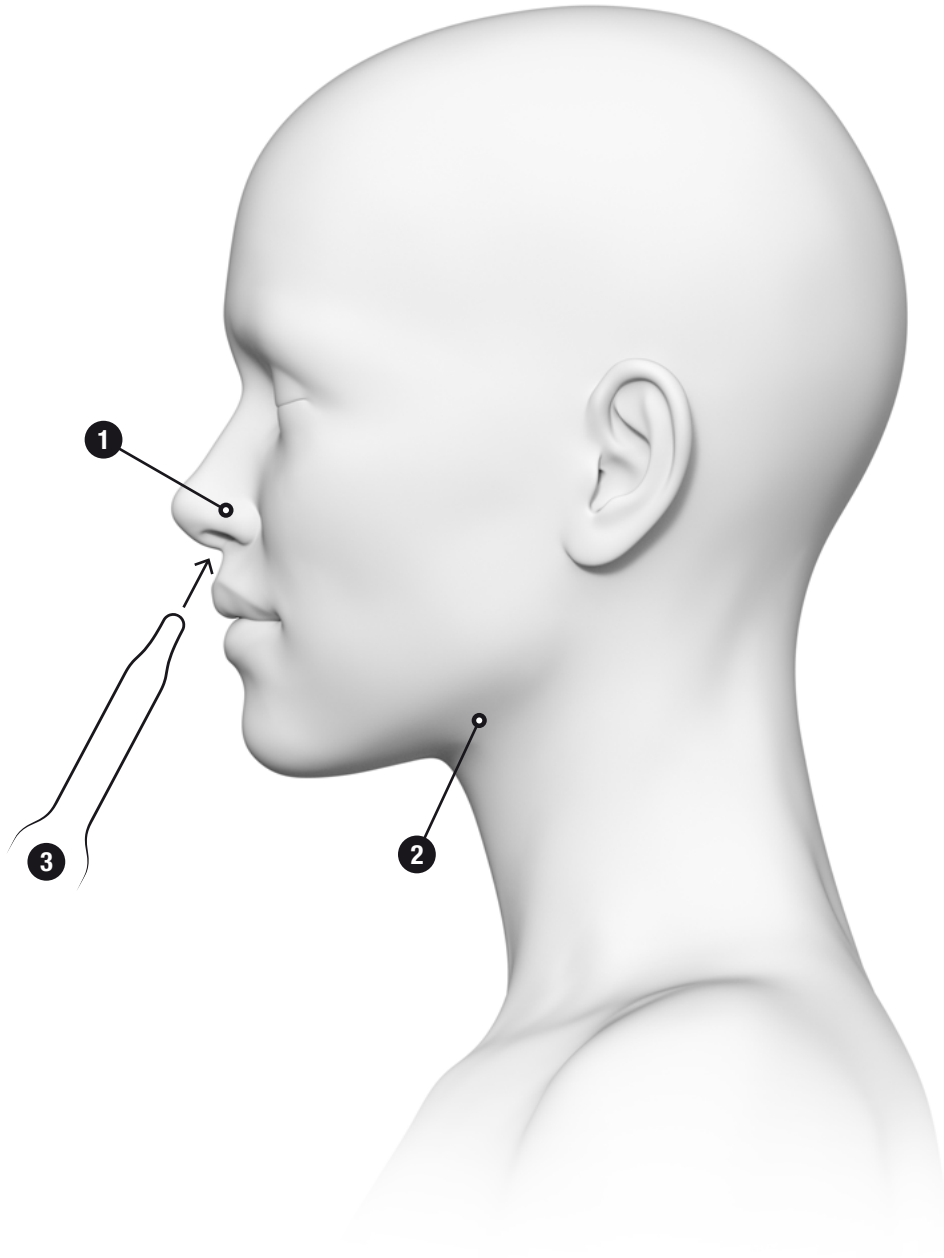
• **RHINITIS** – inflammation of the nose (all forms of).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Wings of nostrils	2 per side	5
2 Tonsils		50
3 Insert tip of Probe into nostril	2 per nostril	1000



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.







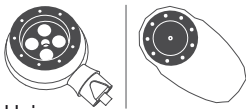
In the case of stenosis laryngotracheitis (constriction of the throat) hospitalisation is recommended.

SECTION 4

OTORHINOLARYNGOLOGY 2

16 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily
for 15 x days

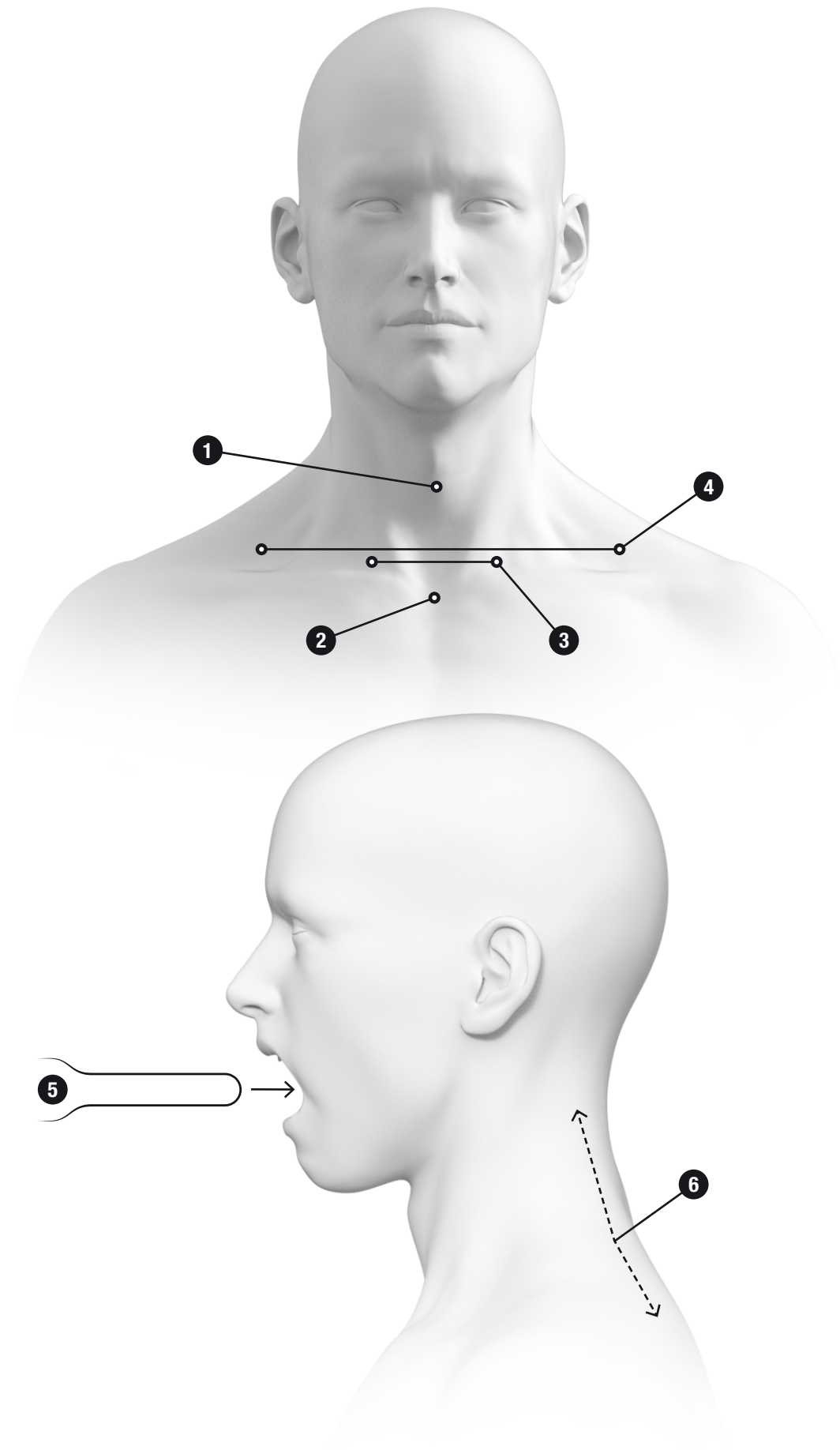
Allow 3 weeks rest and
repeat course if needed.

- **PHARYNGITIS** – sore throat.
- **LARYNGOTRACHEITIS** – inflammation of the larynx.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Trachea on thyroid level	2 per point	50
2 Manubrium sterni, under jugular fossa		
3 Subclavian fossae	1 per point	5
4 Supraclavicular fossae		
5 Insert Probe towards each tonsil	2 per tonsil	1000
6 Scan along neck section as shown in diagram on both sides of the vertebral column	2 per side	1000



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.

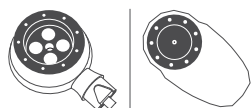


SECTION 4

OTORHINOLARYNGOLOGY 3

7 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily
for 15 x days

Allow 3 weeks rest and
repeat course if needed.

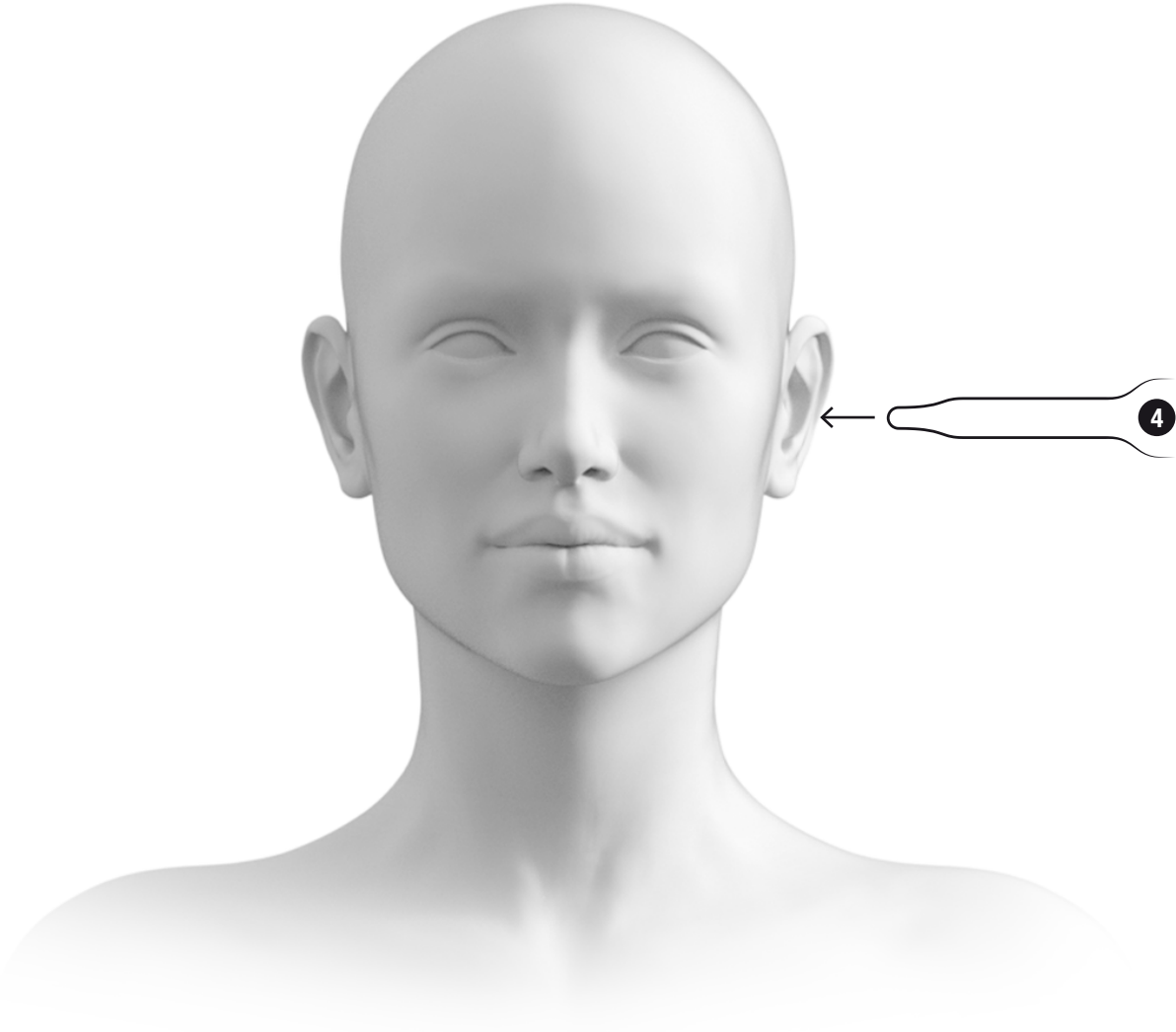
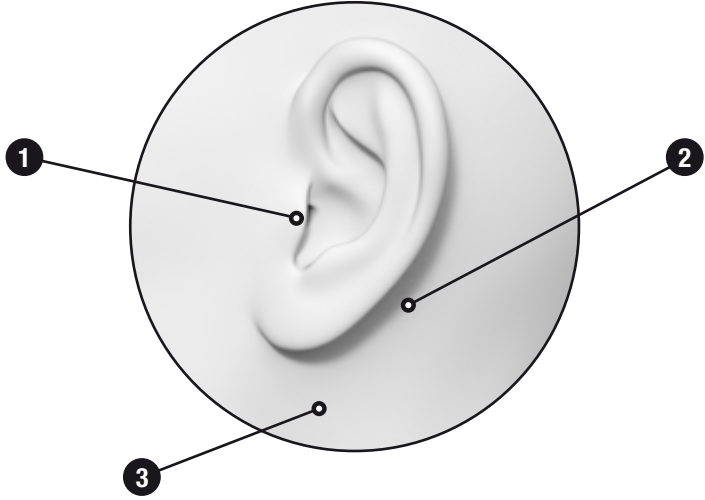
* In the case of
chronic mesotympanitis
(inflammation of the middle
ear) the course should be
repeated after 3 weeks rest.

- OTITIS – ear infection.
- MESOTYMPANITIS*

PROTOCOL POINT	⌚ MINS	⏏ HZ
1 Tragus	2	5
2 Mastoid	3	
3 Below the ear	3	
4 Insert Probe towards tympanal	2	1000



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.

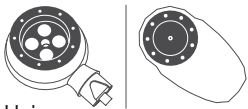


SECTION 4

OTORHINOLARYNGOLOGY 4

12 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

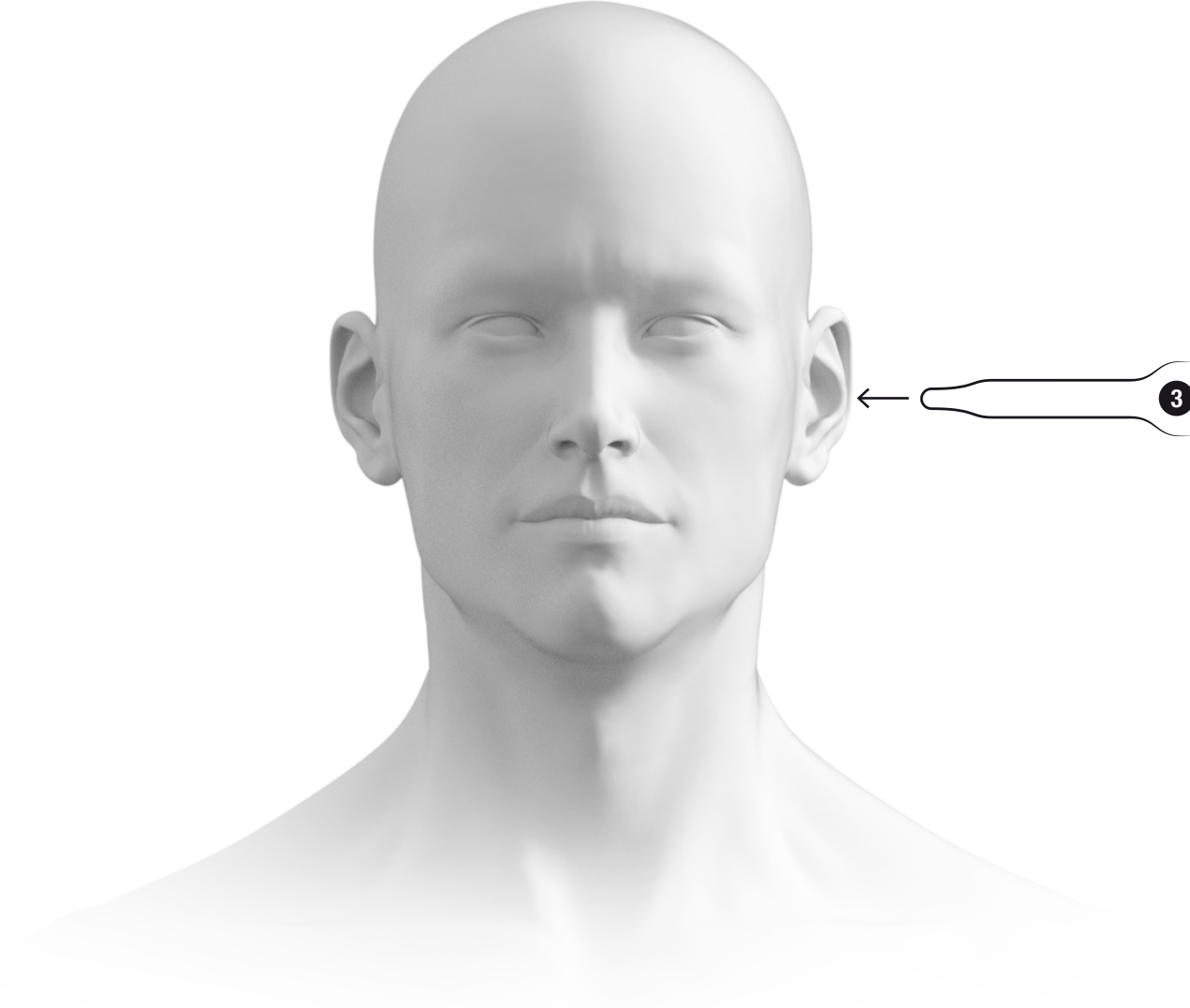
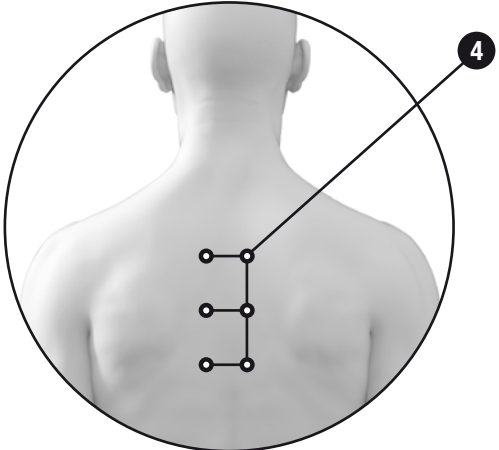
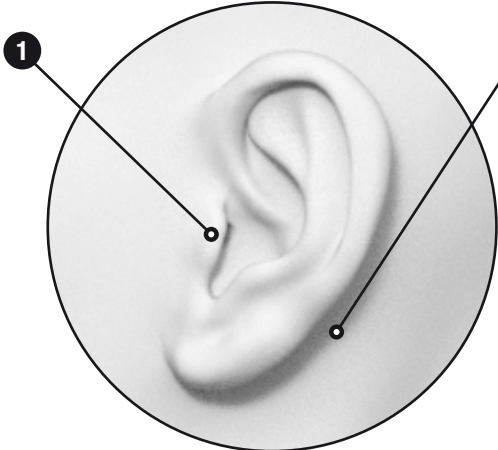
1 x daily
for 7 x days

• **TYMPANOPLASTY** – surgical reconstruction of the eardrum and the bones of the middle ear (for use after the surgery).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Tragus	2	5
2 Mastoid	2	
3 Insert Probe towards tympanal	2	1000
4 Paravertebral points along both sides of the vertebral column, opposite entire scapulae	1 per point	50



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.





coMra therapy will not necessarily cure loss of hearing, but some improvement can be achieved by using the protocol below.

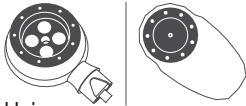
If treating both ears then do points 1 and 2 only once.

SECTION 4

OTORHINOLARYNGOLOGY 5

14 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily

for 15 x days

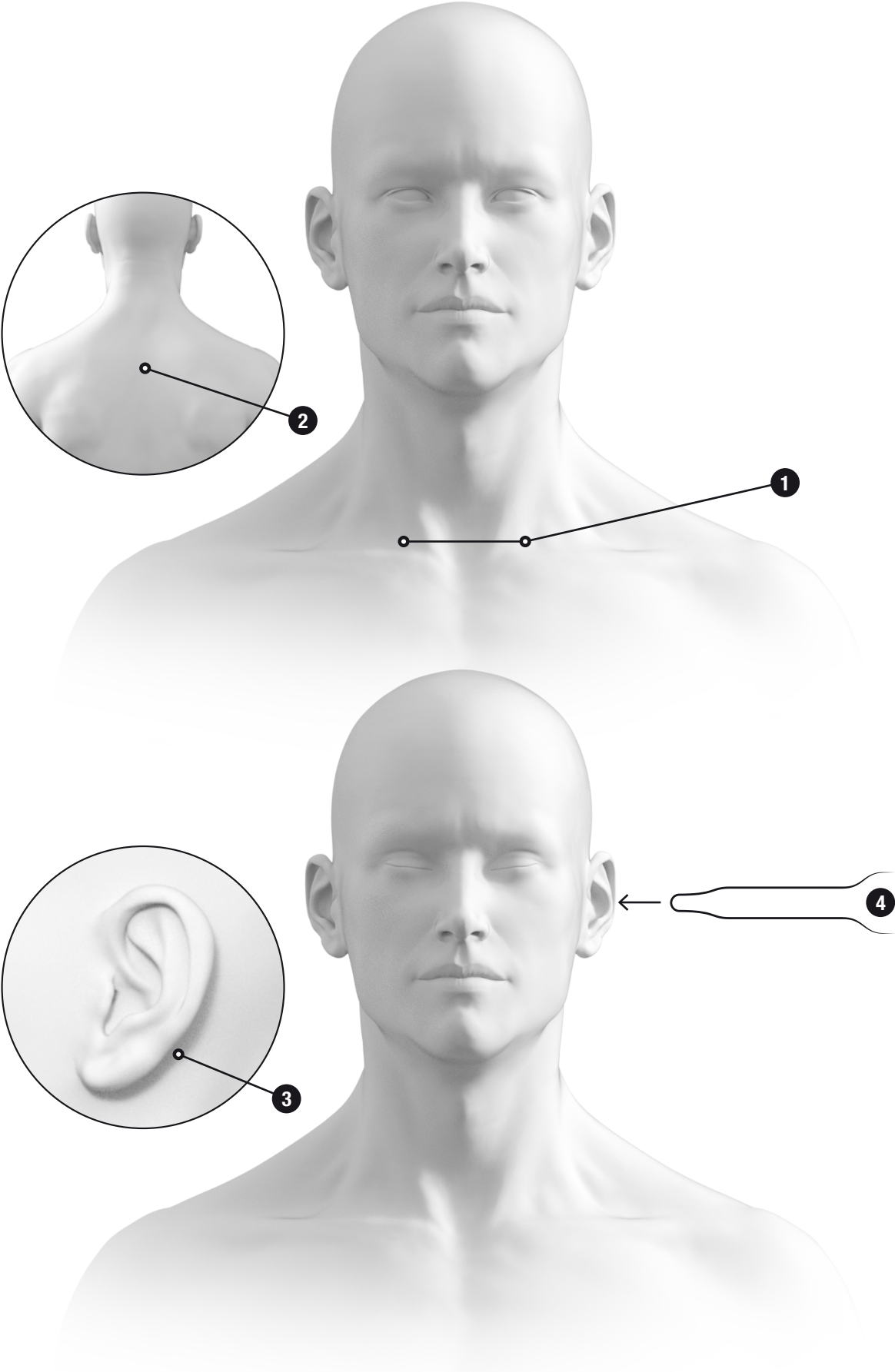
Allow 3 weeks rest and
repeat course if needed.

- PARTIAL LOSS OF HEARING
- OTOSCLEROSIS

PROTOCOL POINT	⌚ MINS	📡 HZ
1 Subclavian fossae	1 per point	50
2 Spine	1 per frequency	5 then 50
3 Mastoid	3 per ear	5
4 Insert Probe towards tympanal	2 per ear	1000



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.





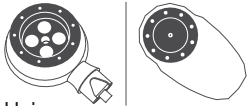
The condition will worsen after the first treatment session, but will start to improve after 12 hours.

SECTION 4

OTORHINOLARYNGOLOGY 6

16 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily
for 15 x days

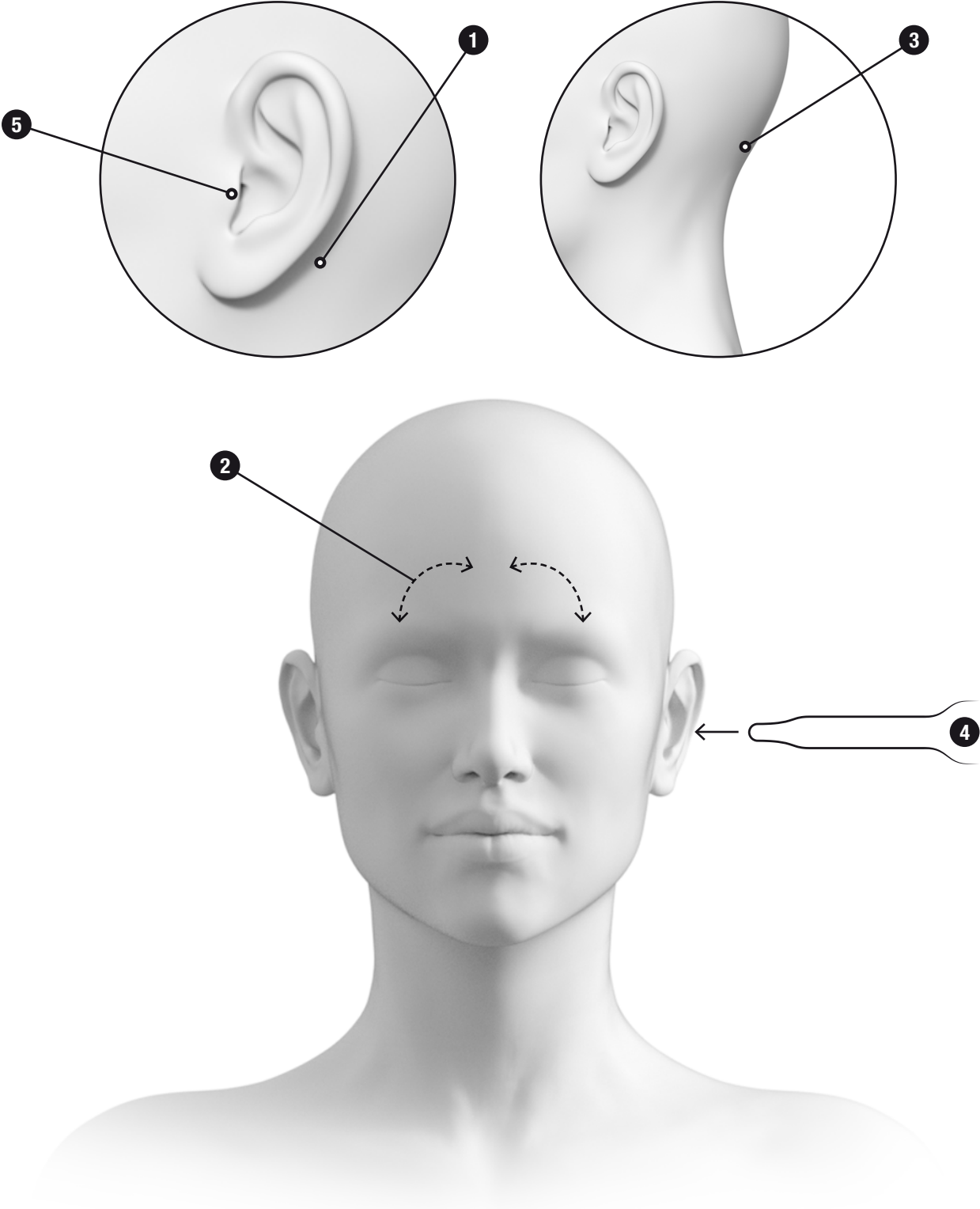
Allow 3 weeks rest and
repeat course if needed.

- **MENIERE'S SYNDROME** – deafness, dizziness and nausea (in conjunction with [NEUROLOGY 1](#)).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Mastoid	2 per ear	5
2 Scan frontotemporal zones	1 per side	50
3 Suboccipital fossae		
4 Insert Probe towards tympanal	2 per ear	1000
5 Tragus	2 per ear	5



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.





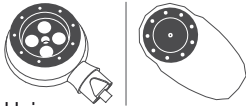
The eyes must be closed during this protocol.

SECTION 4

OTORHINOLARYNGOLOGY 7

22 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily for 15 x days

Allow 3 weeks rest and
repeat course if needed.

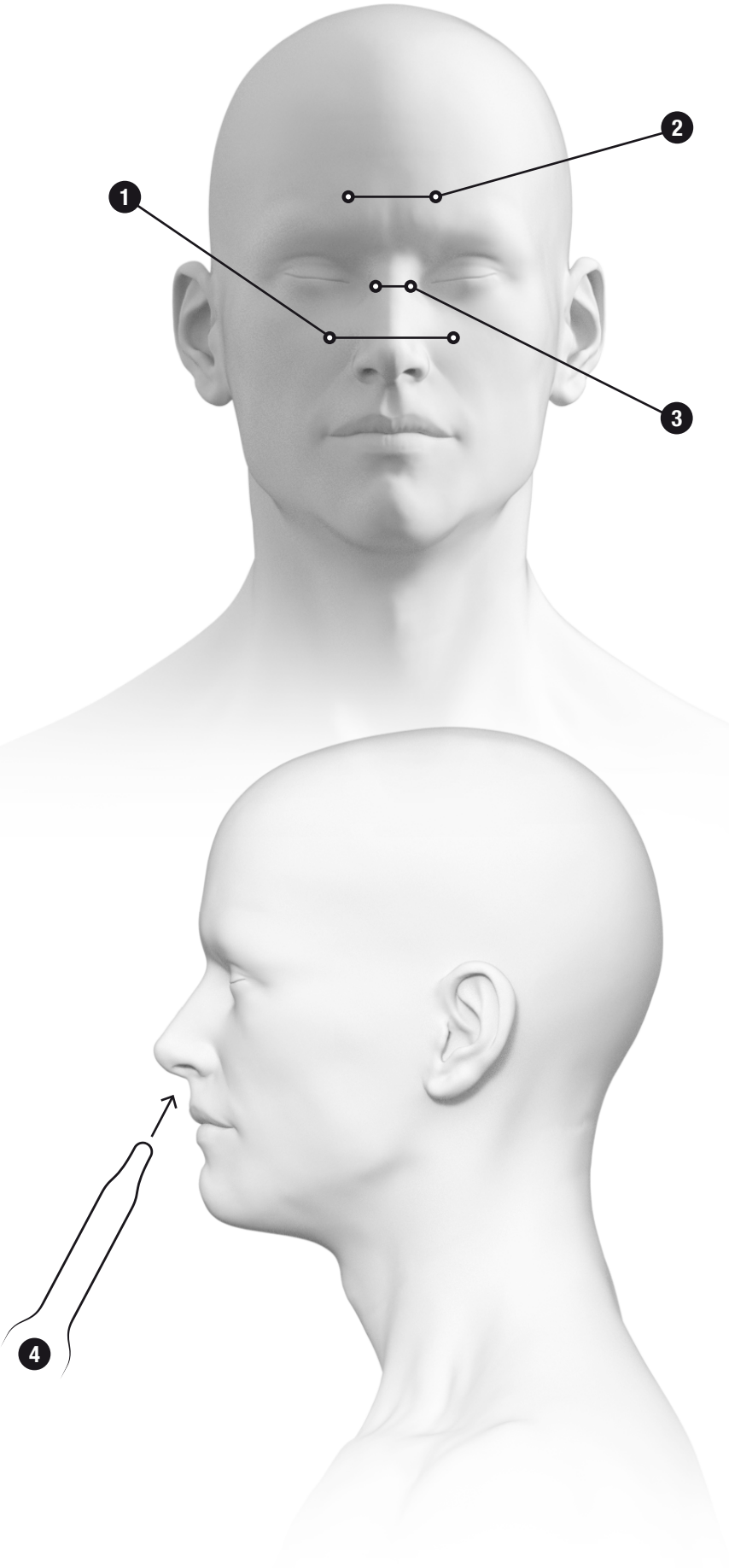
- SINUSITIS
- HAY FEVER
- ALLERGIC RHINITIS*

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Maxillary sinuses	3 per side	5
2 Frontal sinuses		
3 Ethmoid sinuses		
4 Insert Probe into nasal passages	2 per nostril	1000 

* In case of chronic allergic rhinitis do this protocol in conjunction with IMMUNOLOGY 1.



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.





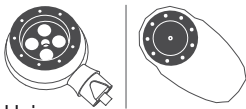
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 4

OTORHINOLARYNGOLOGY 8

20 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

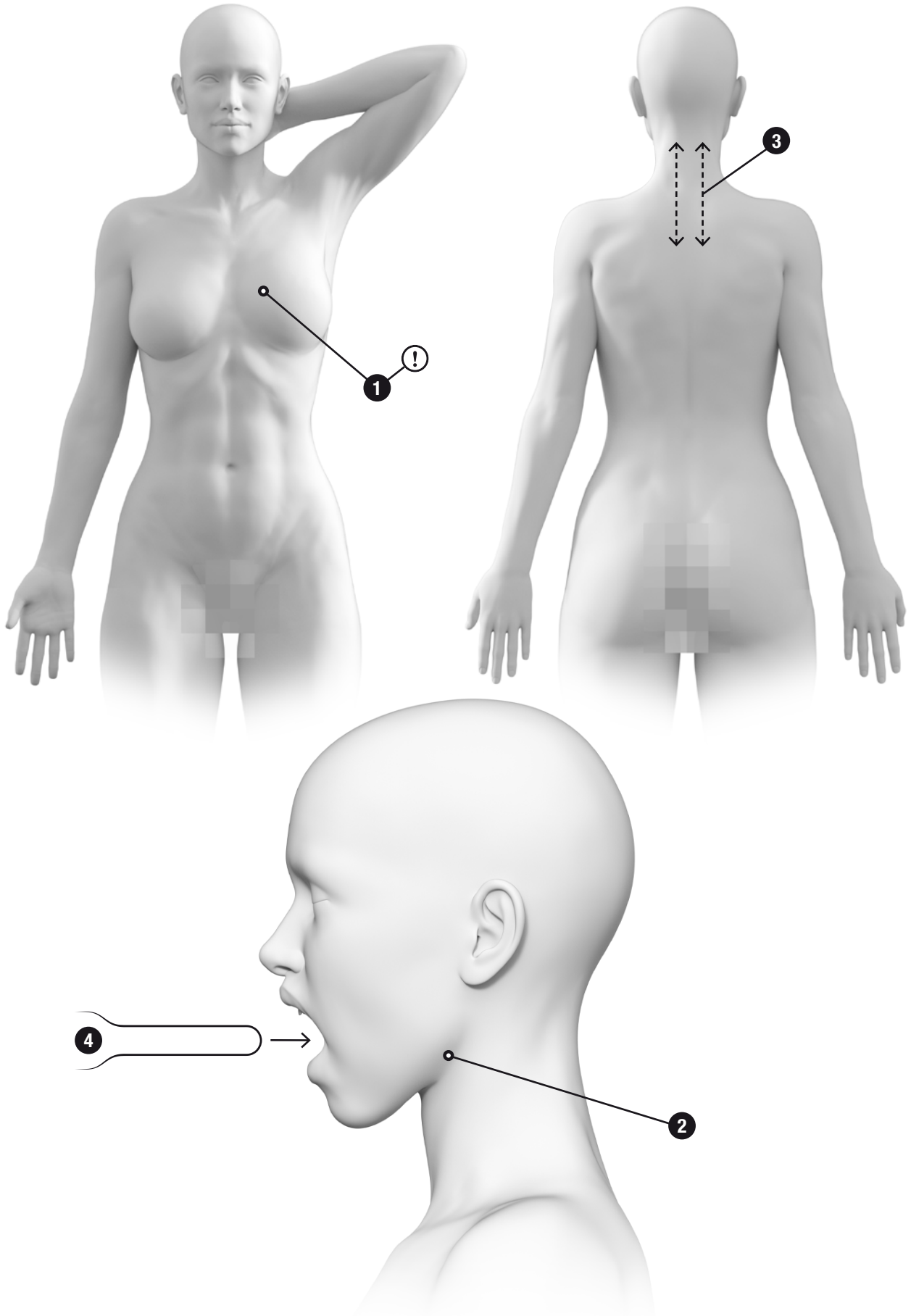
2 x daily
for 10 x days

• TONSILLITIS

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	2	5
2 Tonsils	5 per tonsil	
3 Scan along neck section as shown in diagram on both sides of the vertebral column	2 per side	1000
4 Insert Probe into mouth towards each tonsil	2 per tonsil	



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.

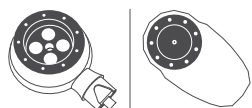


SECTION 4

OTORHINOLARYNGOLOGY 9

14 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

Allow 3 weeks rest and
repeat course if needed.

- LARYNGITIS
- STRAINED VOCAL CHORDS*

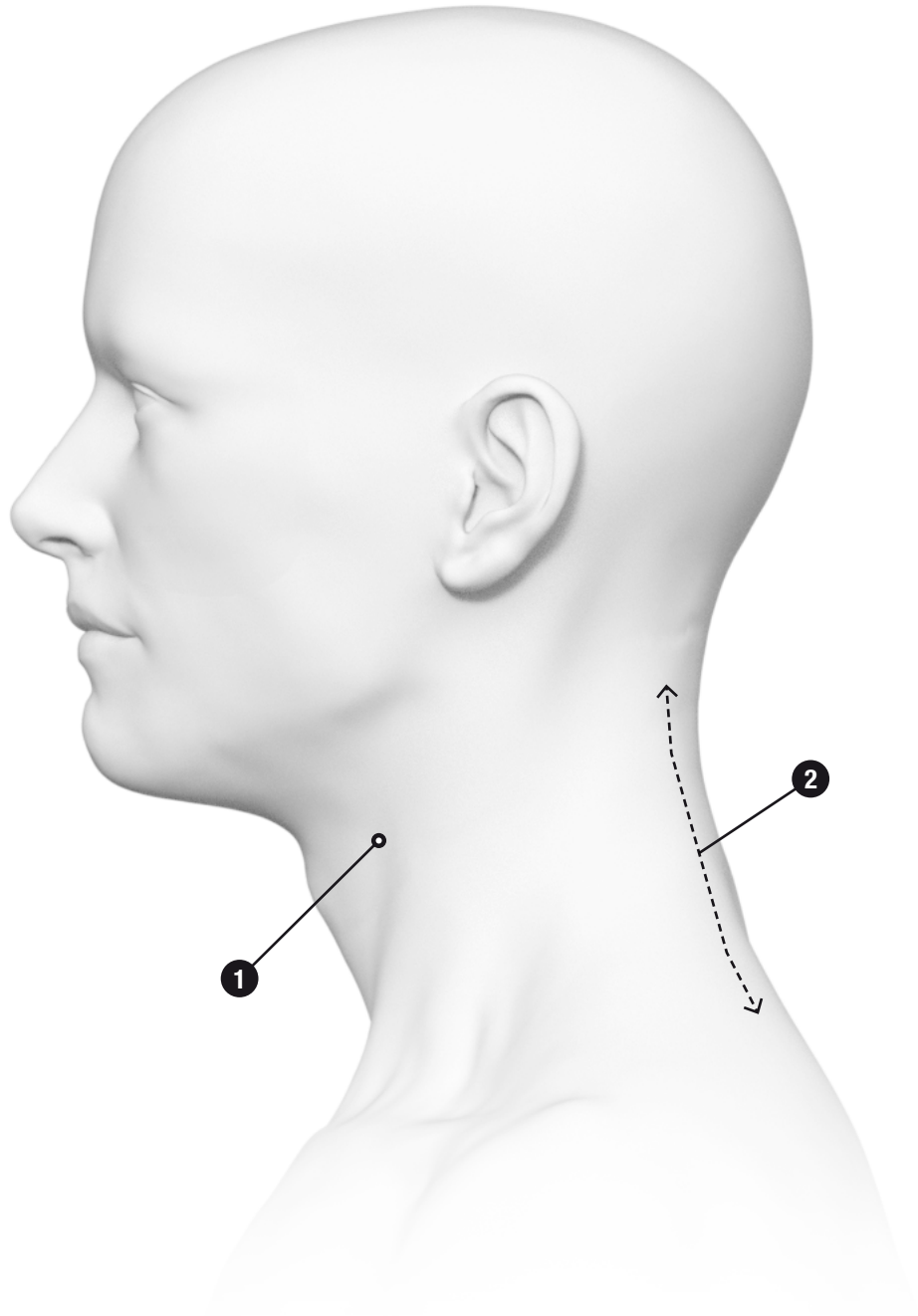
PROTOCOL POINT	⌚ MINS	⌚ HZ
1 Vocal chords	2 per side	50
2 Scan back of the neck on both sides of the vertebral column	5 per side	1000

* Actors and singers who have damaged their vocal chords should also do one treatment of UNIVERSAL 4 (SB-1) as prescribed in conjunction with the protocol above.

For continued care of the vocal chords, it is recommended that actors and singers do the protocol given above, as well as UNIVERSAL 4 (SB-1) every 4 months.



Treating ear, nose and throat with the 905 nm Pro laser enables faster recovery than with the 980 nm laser especially in cases of serious disease.



SECTION 5

STOMATOLOGY

Mouth, gums
and teeth



IMPORTANT

1

All mouth and gum diseases are best treated by also using UNIVERSAL 4 (SB-1) in conjunction with the prescribed protocol.

2

The lights around the Probe are LED lights that will not damage the eyes. However, to avoid any irritation or discomfort it is best to close the eyes if the Probe is used in the vicinity of the eyes.

3

Whenever using the Probe, screw off the Probe Sheath after the protocol, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



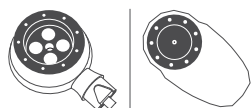
Treatments with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.

SECTION 5

STOMATOLOGY 1

25 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

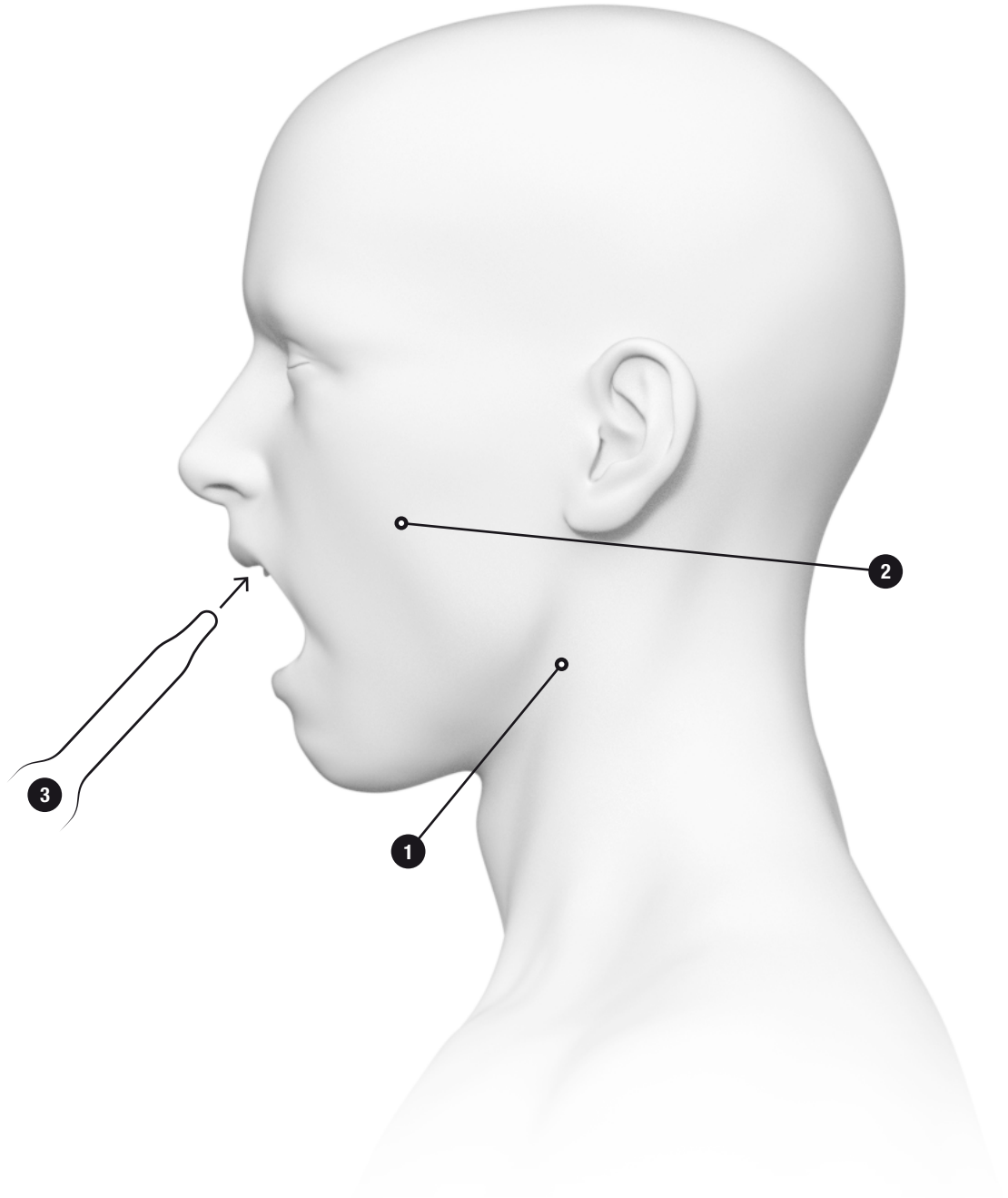
2 x daily
for 10 x days

- **GINGIVITIS** – inflammation of the gums.
- **GINGIVOSTOMATITIS*** – inflammation of the mouth and gums.
- **RECOVERY FROM DENTAL SURGERY**

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Carotid arteries	5 per side	5
2 Cheek, opposite the affected gum area		50
3 Insert Probe into mouth and place on the affected area	5	1000



- * In the case of gingivostomatitis choose several points along the top and bottom gums for point 3, and treat each point for 2 mins.

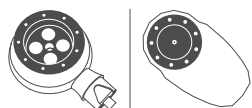


SECTION 5

STOMATOLOGY 2

8 mins +

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Extended Sheath.

1 x daily

for 15 x days

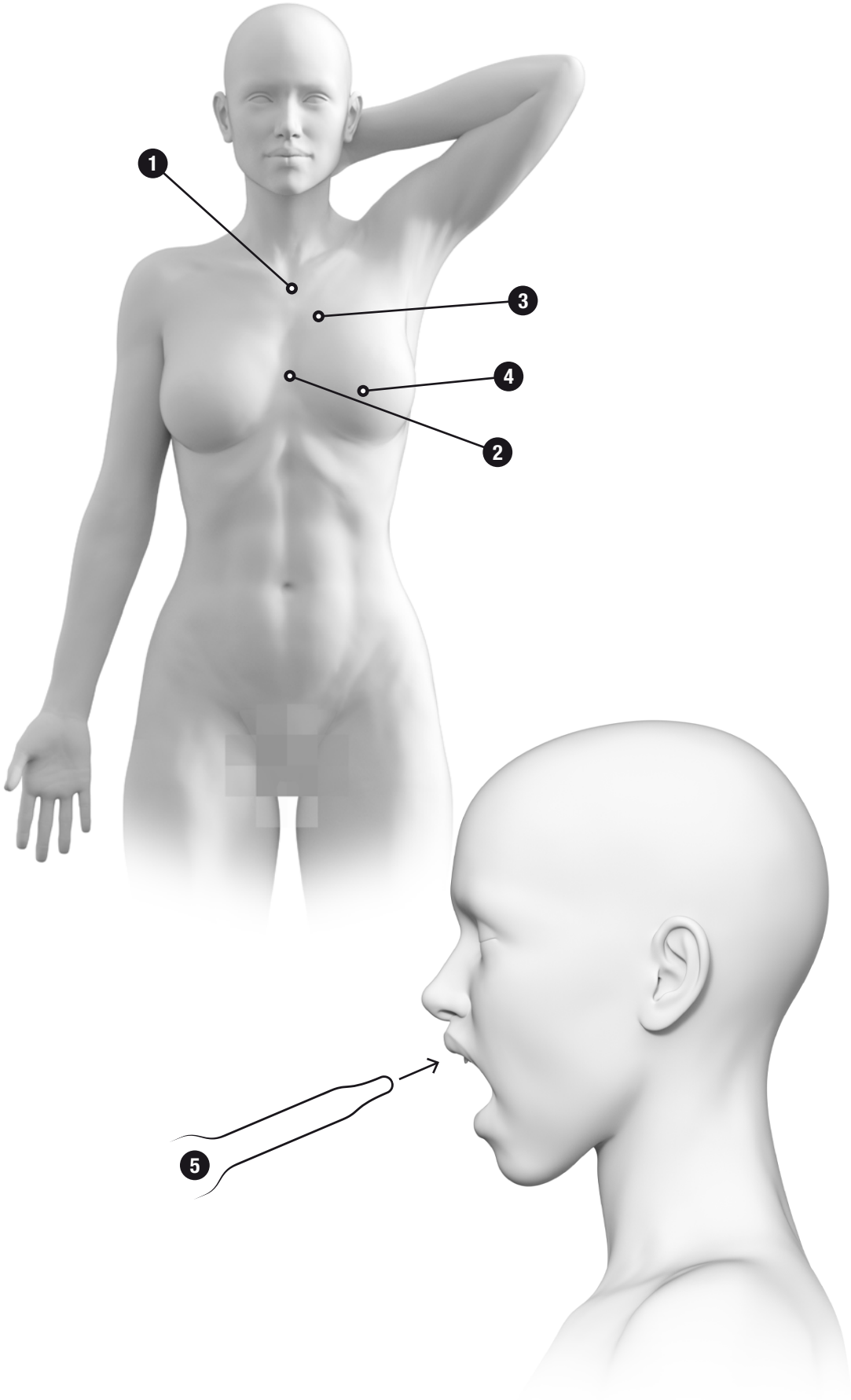
Allow 4 weeks rest and
repeat course.

Repeat protocol once every
3 months.

- **PARADONTOSIS** – degeneration of the gums.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Manubrium sterni	1	5
2 Sternum		
3 2 nd intercostal, left of sternum		
4 4 th intercostal, along mid clavian line, left		
5 Insert Probe into mouth and place on infected area*	2 in front of gum, 2 behind gum	1000

- * If all the gums are infected, scan one half of the mouth at a time. Do first the front of the top gums, then the back of the top gums. Then repeat all for lower gums, 5 mins per scan.

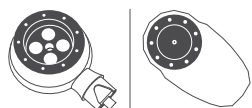


SECTION 5

STOMATOLOGY 3

8 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



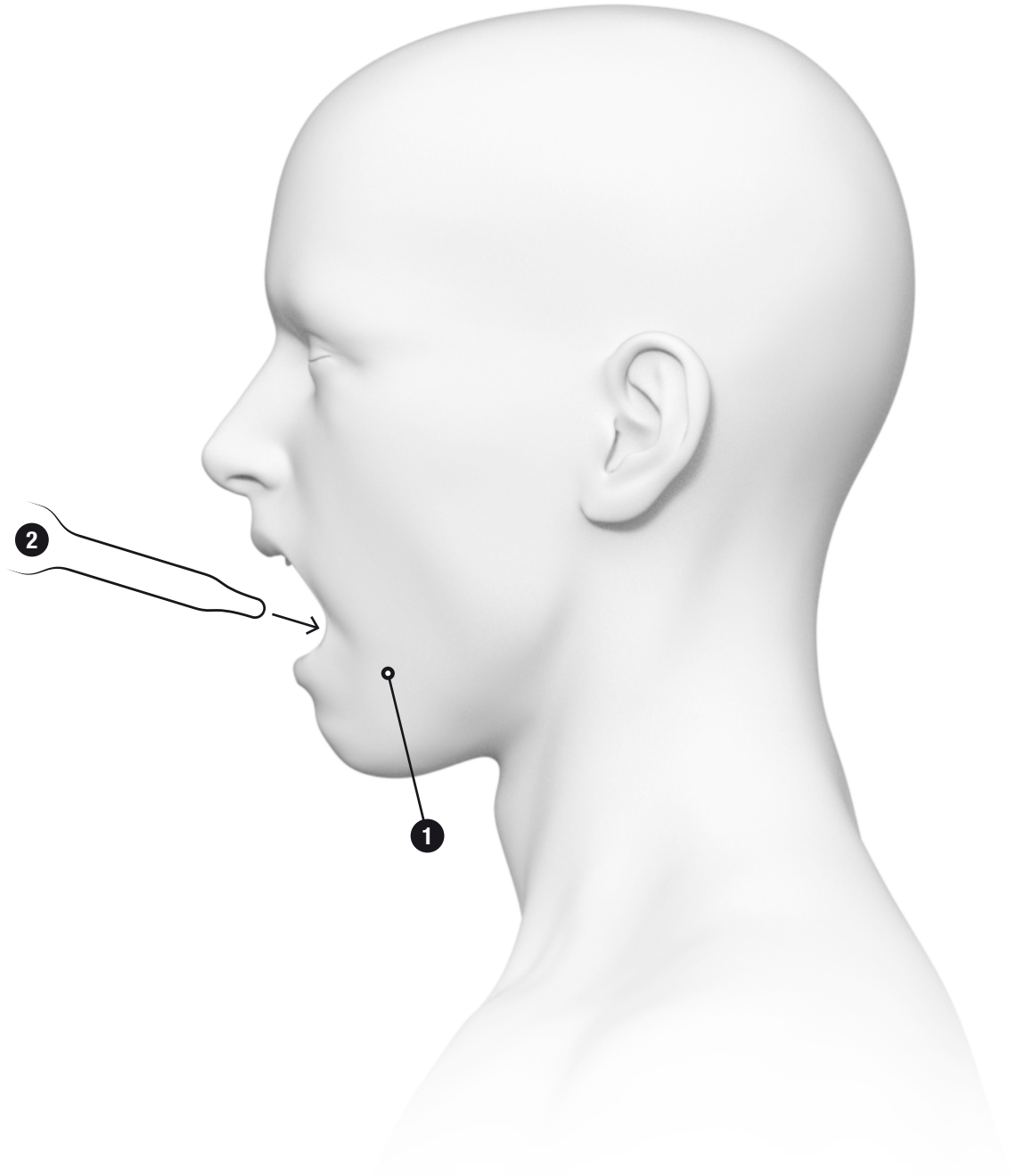
Using:
Delta Probe Terminal
with Extended Sheath.

4 x daily

Until full relief.

• PULPITIS – toothache.

PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Sore tooth from outside	5	5	
2 Insert Probe into mouth and place on the root of the infected tooth	3	1000	

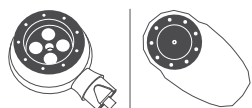


SECTION 5

STOMATOLOGY 4

10 mins

Protocol time.



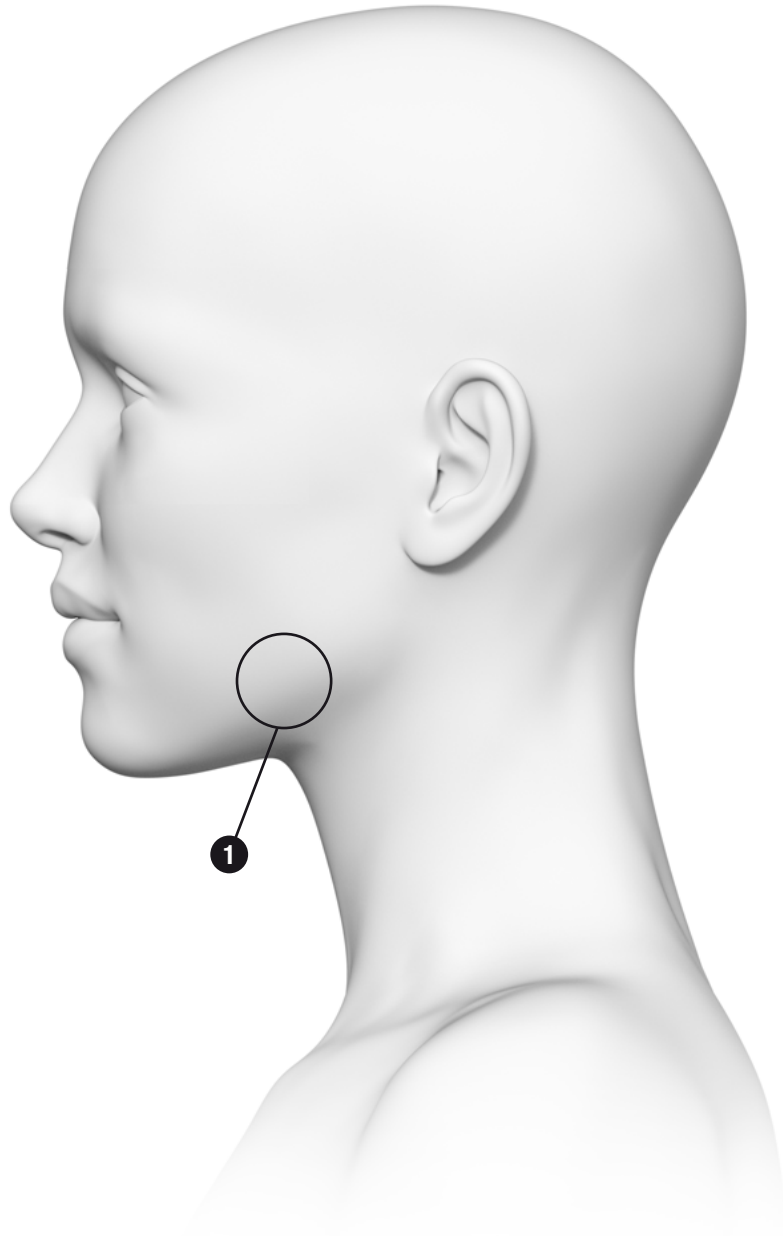
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

• JAW FRACTURES

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Fracture area	5 per frequency	5 then 50



Heart



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** All heart ailments are best treated by also using UNIVERSAL 4 (SB-1) in conjunction with the prescribed protocol.
- 3** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 4** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 5** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 6** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



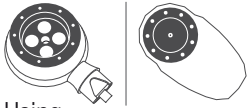
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 6

CARDIOLOGY 1

14 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

for 15 x days

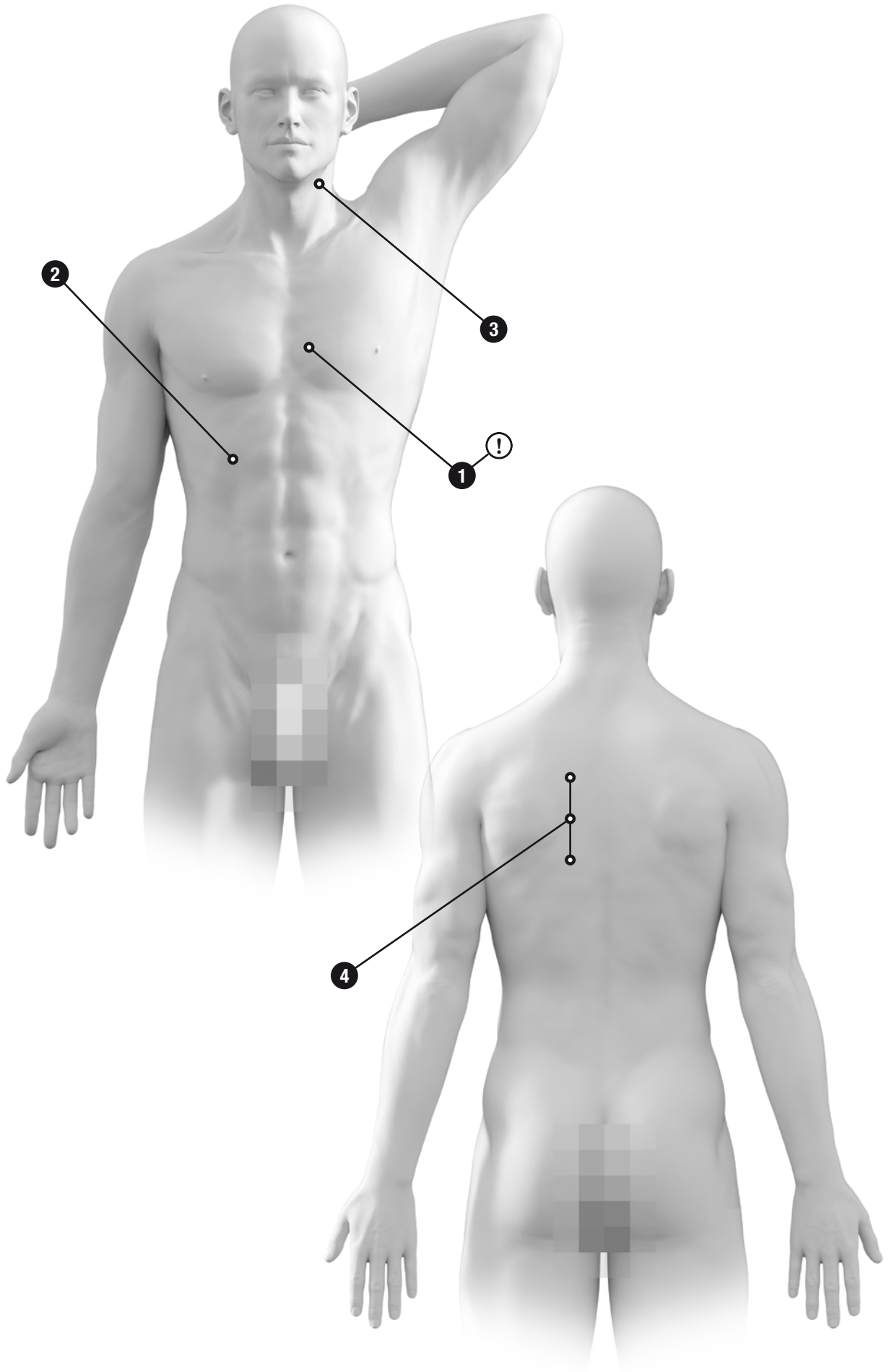
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- **ANGINA PECTORIS** – constricting pain below sternum.
- **CARDIODYNIA** – pain across the heart.
- **CARDIOMYOPATHY** – weak heart. See also UNIVERSAL 2 (HEART).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	5	5
2 Gall bladder	2	
3 Carotid artery, left	1	
4 3 points opposite scapula, left	1 per point, per frequency	5 then 50
✓ Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.





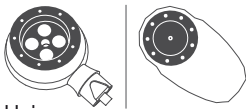
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 6

CARDIOLOGY 2

14 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

for 15 x days

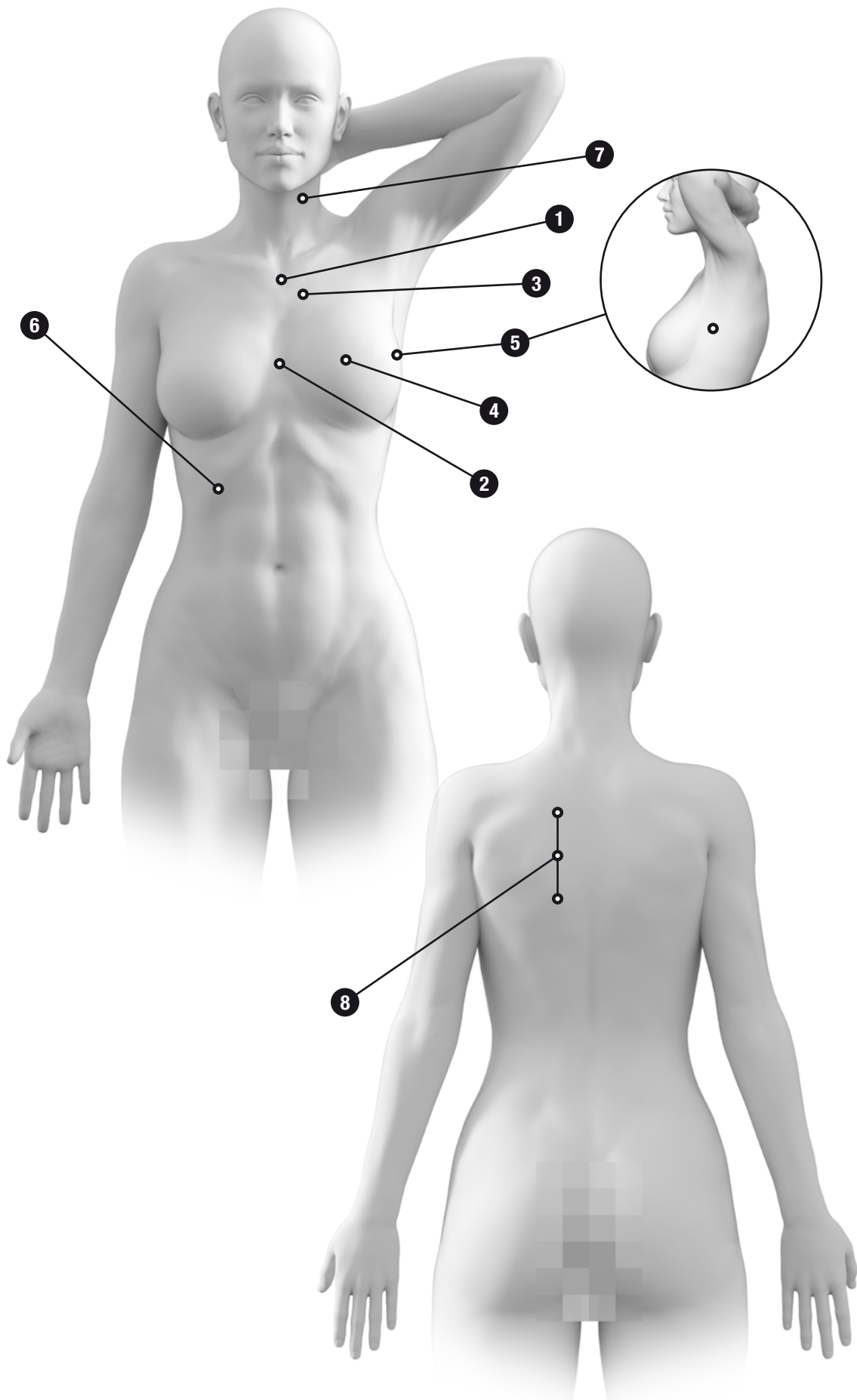
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- **MYOCARDIAL INFARCT** – heart attack.
- **ARRHYTHMIA** – irregular heartbeat.
- **VALVULAR DISEASE** – faulty heart valves.
- **ENDOCARDITIS** – inflammation of the inner layer of the heart.
- **MYOCARDITIS** – inflammation of the heart muscle.
- **CONSTRICTIVE PERICARDITIS**
- **MYOCARDIODYSTROPHY** – heart muscle disorder.
- **ISCHEMIA OF THE HEART** – deficiency of blood supply to the heart (in conjunction with NEUROLOGY 1).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Manubrium sterni	1 per point	5
2 Sternum		
3 2 nd intercostal, left of sternum		
4 4 th intercostal, left along the mid clavicular line		
5 4 th intercostal, left along the mid axillary line		
6 Gallbladder	2	
7 Carotid artery, left	1	
8 3 points opposite scapula, left	1 per point, per frequency	5 then 50
✓ Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

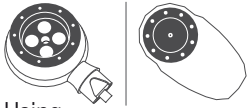
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 6

CARDIOLOGY 3

23 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

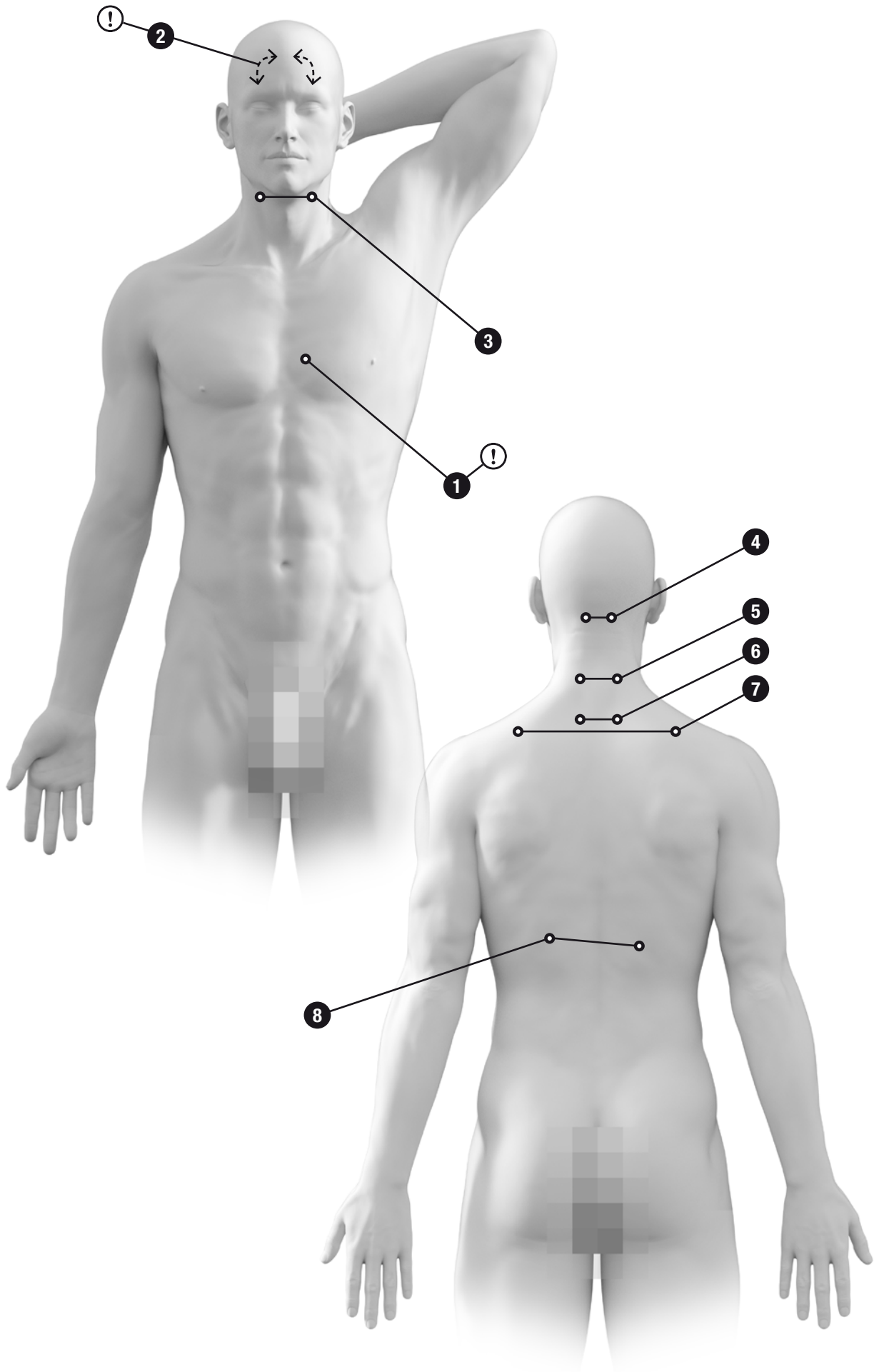
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- HYPERTENSION
- ARTERIAL HYPERTENSION
- CERVICAL MIGRAINE
- EYE ACHE – related to hypertension or migraine.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	1	5
2 Scan frontotemporal zones	1 per side	50
3 Carotid arteries	1 per point	5
4 Suboccipital		50
5 2 points on either side of 4 th cervical vertebra		5
6 2 points on either side of 7 th cervical vertebra	5 per point	50
7 Middle of trapezius, upper edge		
8 Kidneys	5 per point	50
✓ Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



Lungs



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 4** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 5** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



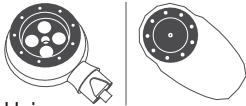
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 7

PULMONOLOGY 1

28 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

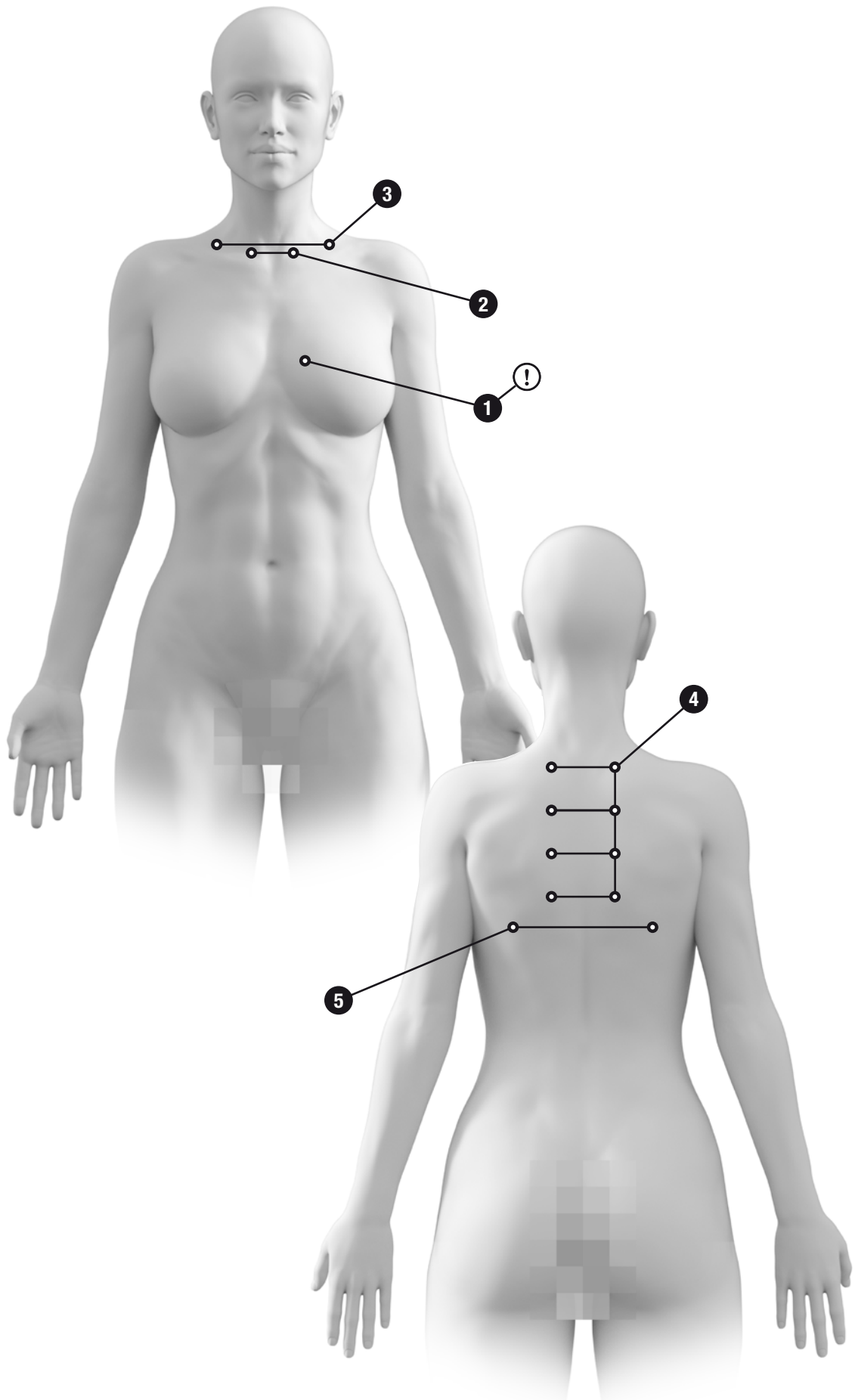
1 x daily
for 15 x days

- PNEUMONIA
- PLEURISY
- BRONCHITIS

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	2	5
2 Subclavian fossae	2 per point	
3 Supraclavicular fossae	1 per point	
4 4 points along both sides of vertebral column, opposite scapulae	1 per point, per frequency	5 then 50
5 2 points below scapulae	2 per point	5
✓ Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

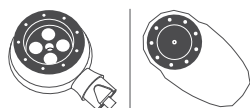


SECTION 7

PULMONOLOGY 2

23 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

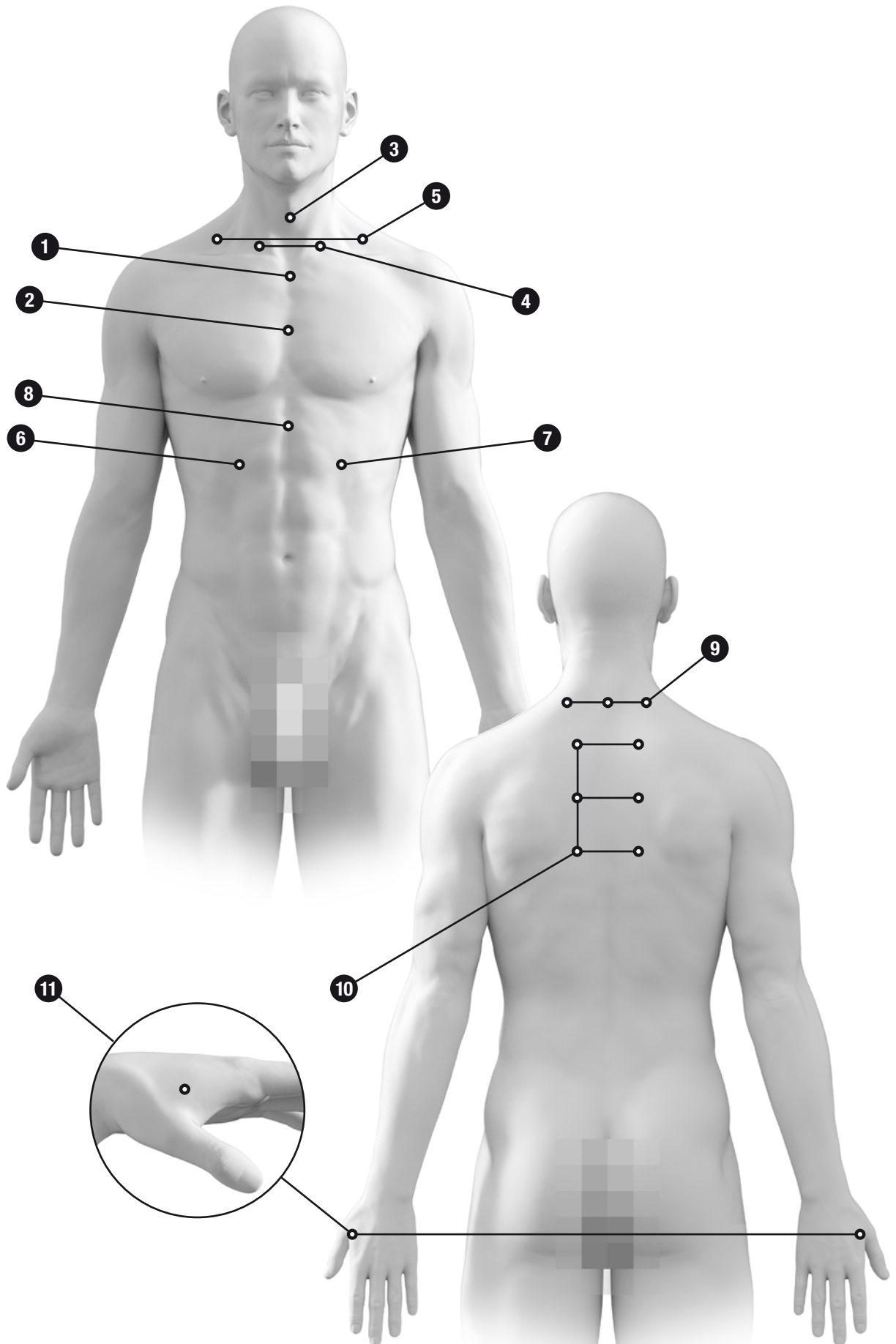
Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

• ASTHMA

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Manubrium sterni	2	5
2 Sternum	1	
3 Trachea in thyroid region	1 per frequency	5 then 50
4 Subclavian fossae	1 per point	5
5 Supraclavicular fossae		
6 Right subcostal	1	50
7 Left subcostal		
8 Epigastrium		
9 3 points across base of neck	1 per point	1000
10 3 points along both sides of vertebral column, opposite scapulae		50
11 Point between thumb and index finger on back of both hands	1 per hand	1000



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.





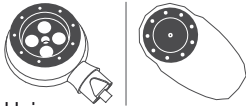
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 7

PULMONOLOGY 3

48 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 21 x days

Allow 2 weeks rest and
repeat cycle until disease is
completely cleared.

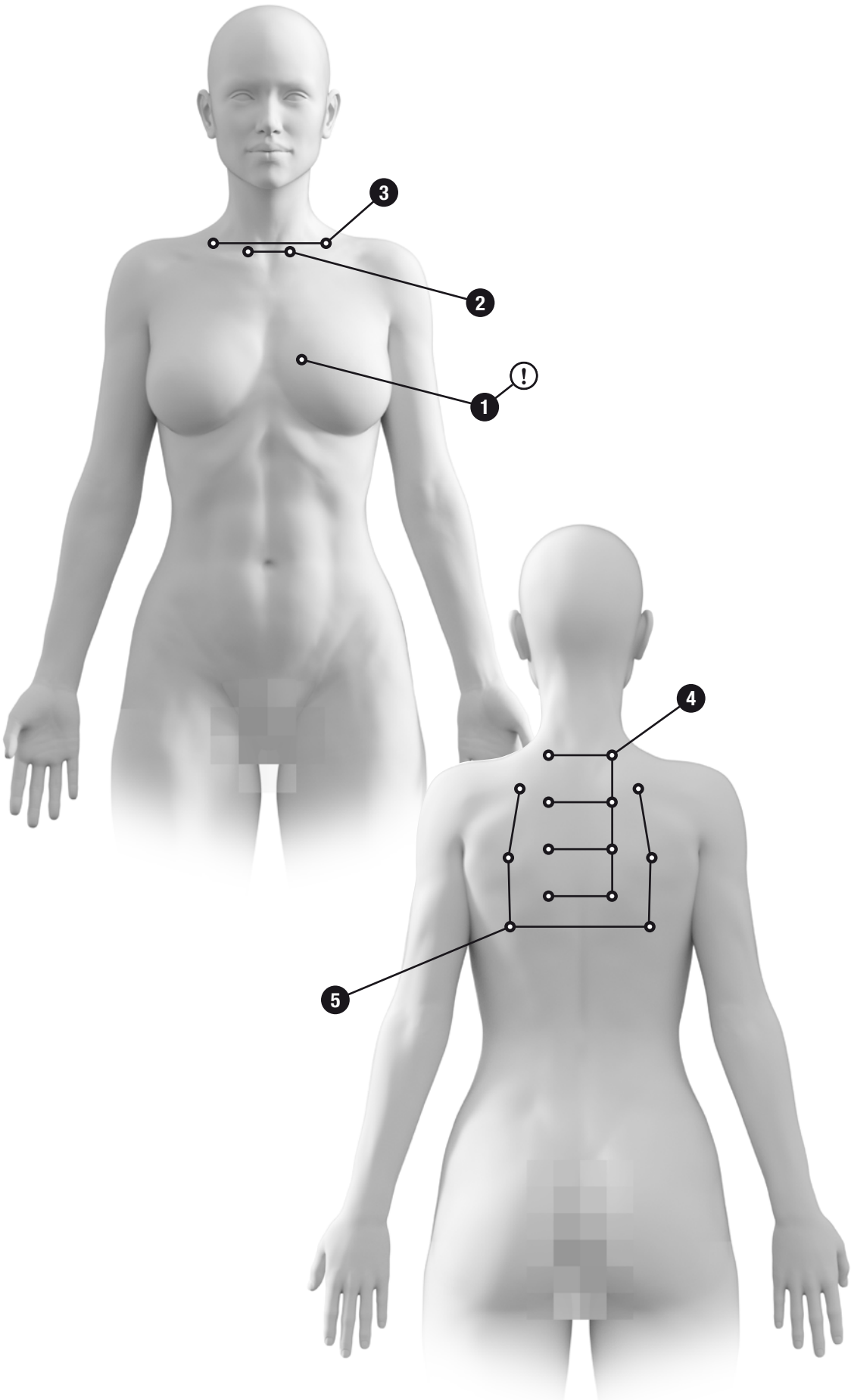
- TUBERCULOSIS
- CHRONIC OBSTRUCTIVE PULMONARY DISEASE
- PULMONARY FIBROSIS
- BRONCHIECTASIS
- CYSTIC FIBROSIS
- OCCUPATIONAL LUNG DISEASE

MORNING Apply UNIVERSAL 3 (BLOOD) every day

<i>EVENING</i>	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	4 th intercostal, left of sternum	2	5
2	Subclavian fossae	2 per point	
3	Supraclavicular fossae		
4	4 points along both sides of vertebral column	1 per point, per frequency	5 then 50
5	3 points over each lung	2 per point	5
✓	Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 8

GASTROENTEROLOGY

Digestive system



IMPORTANT!

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 4** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 5** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.
- 6** Whenever using the Probe, screw off the Probe Sheath after the protocol, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



Treatments with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.



In treating the heart area NEVER use a frequency other than 5 Hz.

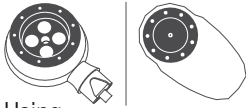
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 1

13 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

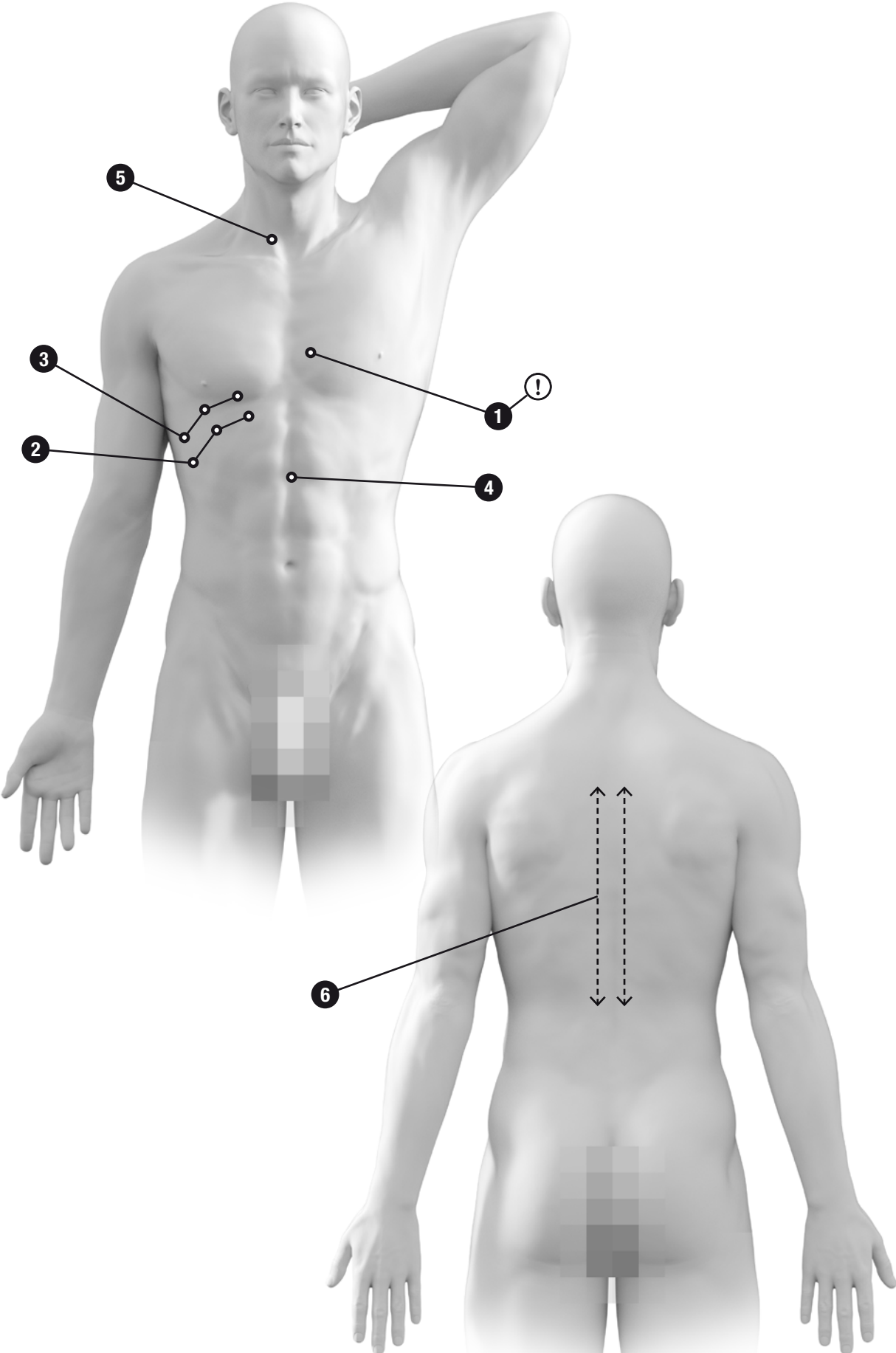
1 x daily for 15 x days

Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- LIVER DISEASES
- FATTY LIVER DISEASE
- HEPATITIS
- CIRRHOSIS
- CHOLESTEROL
- PAIN IN THE RIGHT HYPOCHONDRUM
- GOUT – (in conjunction with TRAUMATOLOGY 12).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	1	5
2 Right hypochondrium, 3 points 10 cm apart	1 per point	50
3 3 points 10 cm apart along line parallel to hypochondrium, 5 cm higher		5
4 Solar plexus, mid-distance between xiphoid process and umbilicus		50
5 Right sternocleidomastoid, above clavicle		
6 Scan along both sides of vertebral column, mid to lower back	2 per side	1000
✓ Rest after treatment session	5-10	

i This protocol is best done in conjunction with UNIVERSAL 3 (BLOOD).

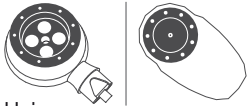


SECTION 8

GASTROENTEROLOGY 2

20 mins

Protocol time.



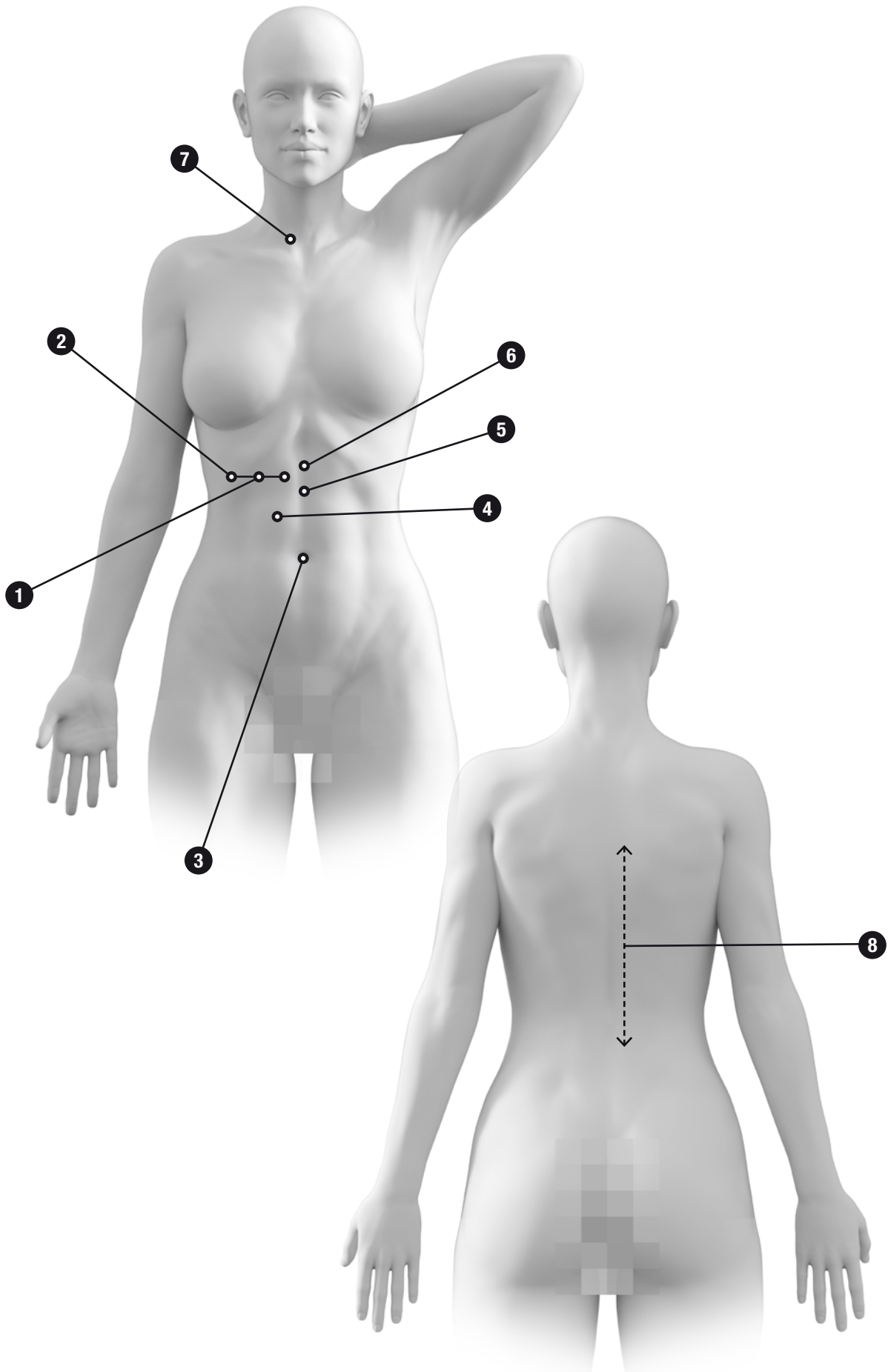
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- **CHOLECYSTITIS** – inflammation of the gall bladder.
- **BILIARY DYSKINESIA** – malfunctioning of the gall bladder.
- **PAIN IN THE RIGHT HYPOCHONDRIUM** (in conjunction with GASTROENTEROLOGY 1).

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Gall bladder	1 per point per frequency	5 then 50
2 2 points to either side of first point, 5 cm apart		
3 Umbilicus		
4 Middle point of points 1 and 3		
5 Solar plexus, mid-distance between xiphoid process and umbilicus		
6 Pyloric part of stomach		
7 Right sternocleidomastoid, above clavicle		
8 Scan right of vertebral column from scapula to mid-back	2 per frequency	





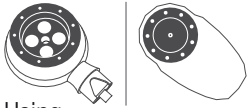
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 3

16 mins

Protocol time.



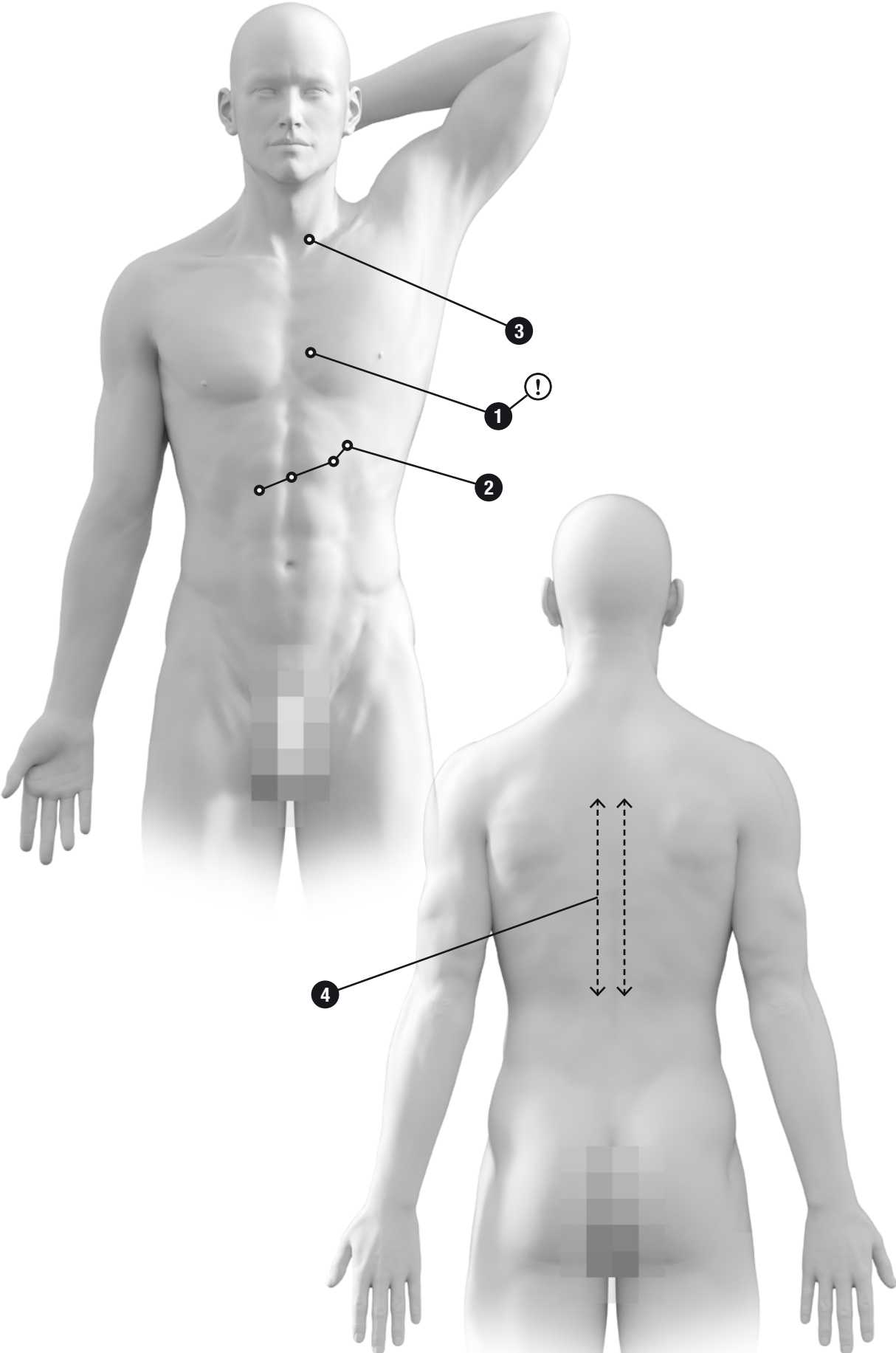
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- **PANCREATITIS** – inflammation of the pancreas.
- **PANCREATIC NECROSIS** – severe disease of the pancreas.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	1	5
2 4 points on the pancreas, along the transpyloric plane	2 per point	
3 Left sternocleidomastoid, above clavicle	1	50
4 Scan both sides of vertebral column from scapula to mid-back	3 per side	1000
✓ Rest after treatment session	5-10	





In treating the heart area NEVER use a frequency other than 5 Hz.

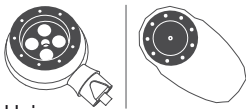
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 4

17 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

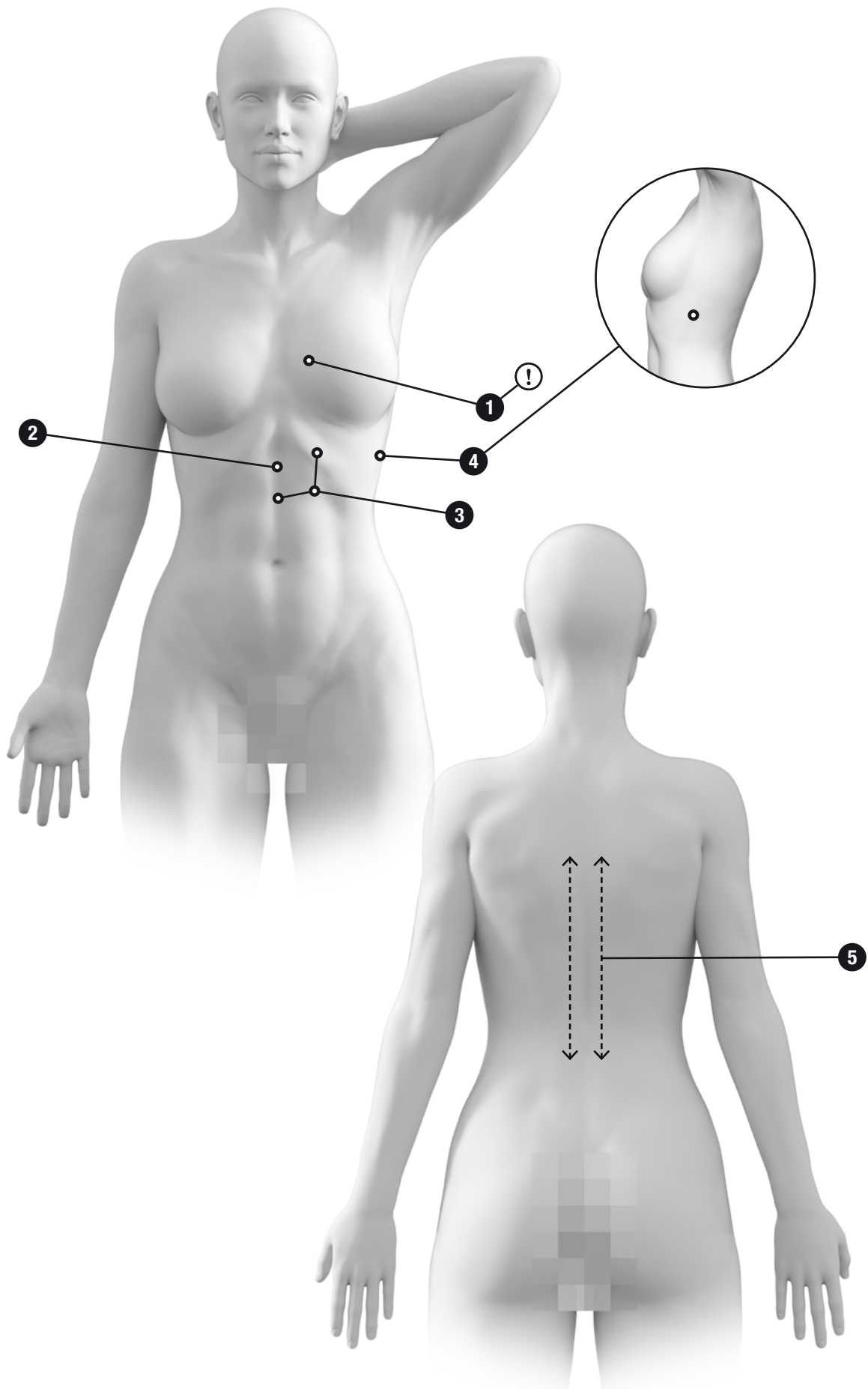
2 x daily

Until improvement is
noticed then continue for
7 more days.

Allow 2 weeks rest and
repeat course if needed.

- GASTRITIS – inflammation of the stomach lining.
- GASTRIC ULCER

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	1	5
2 Solar plexus	2 per point	50
3 3 points on the stomach		
4 Left hypochondrium along the anterior axillary line		
5 Scan both sides of vertebral column from scapula to mid-back	3 per side	1000
✓ Rest after treatment session	5-10	





In treating the heart area NEVER use a frequency other than 5 Hz.

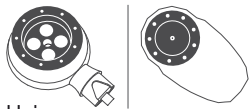
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 5

17 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

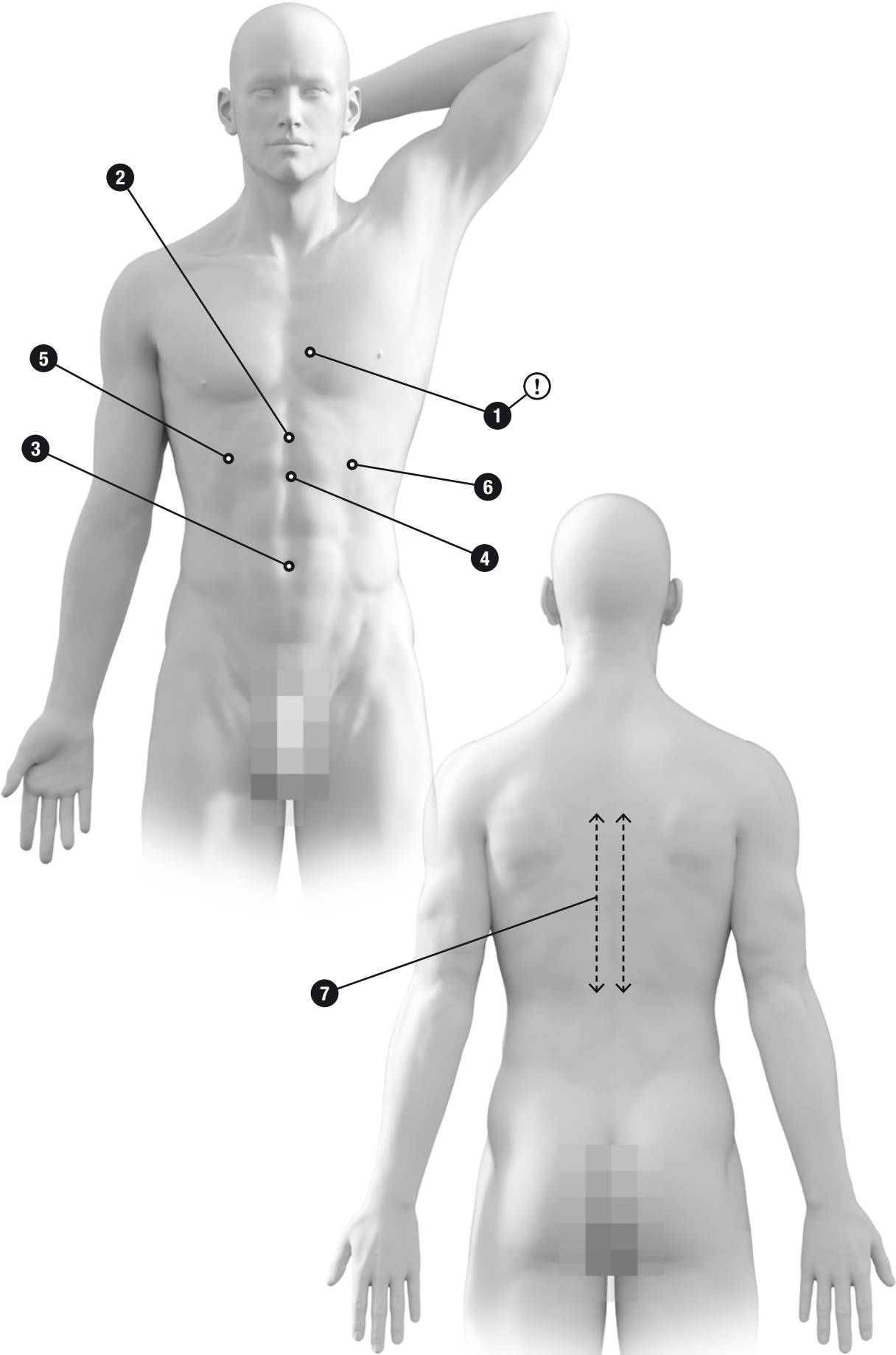
1 x daily

for 15 x days

Allow 3 weeks rest
and repeat cycle until
improvement is noticed.

- PEPTIC ULCER
- DUODENITIS – inflammation of the duodenum.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	1	5
2 Epigastrium	2 per point	50
3 Umbilicus		
4 Solar plexus, mid-distance between xiphoid process and umbilicus		
5 Right hypochondrium		
6 Left hypochondrium	3 per side	1000
7 Scan both sides of vertebral column from middle of scapulae to mid-back		
✓ Rest after treatment session	5-10	





In treating the heart area NEVER use a frequency other than 5 Hz.

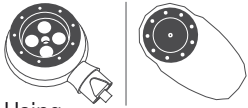
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 6

21 mins

Protocol time.



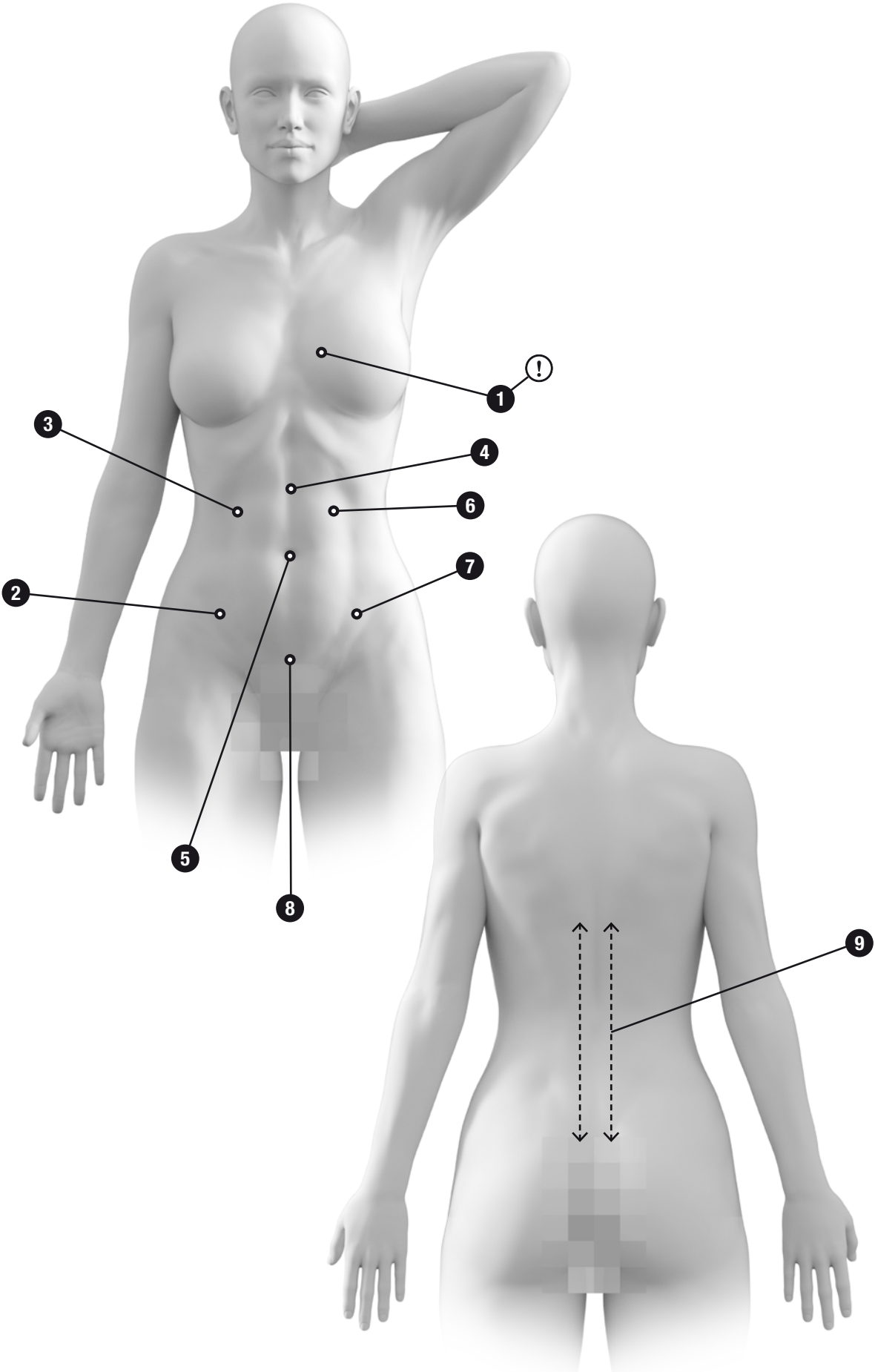
Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until improvement
is evident.

- INDIGESTION
- CONSTIPATION
- DIARRHEA

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	1	5
2 Right iliac	2 per point	5
3 Large intestine, liver side		
4 Solar plexus, mid-distance between xiphoid process and umbilicus		
5 Umbilicus		
6 Large intestine, spleen side		
7 Left iliac		
8 As shown		
9 Scan both sides of vertebral column from below scapulae to lower back		
✓ Rest after treatment session	5-10	





In treating the heart area NEVER use a frequency other than 5 Hz.

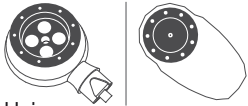
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 8

GASTROENTEROLOGY 7

23 mins

Protocol time.



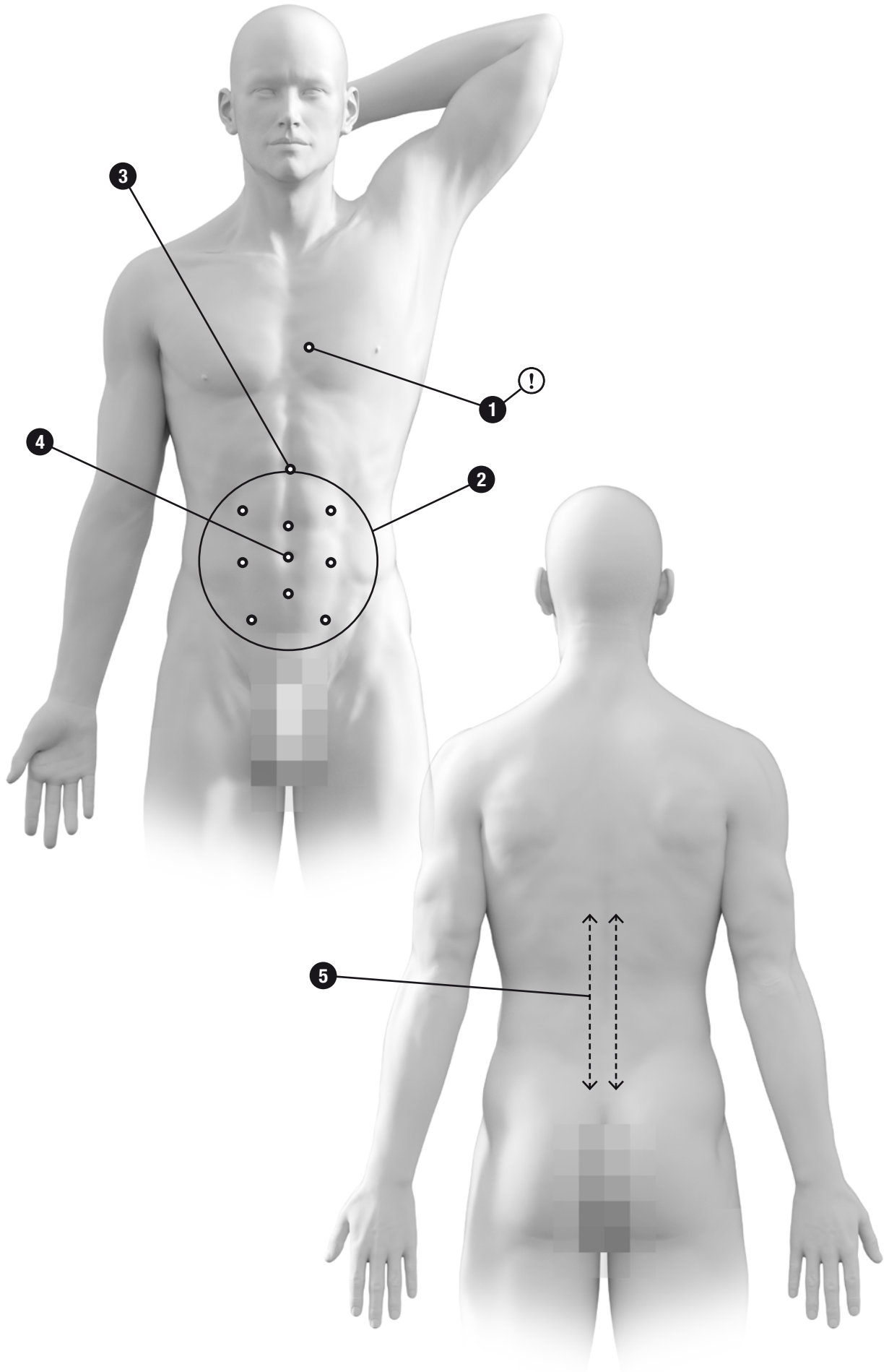
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 15 x days

Allow 2 weeks rest
and repeat cycle until
improvement is noticed.

- DISEASES OF THE SMALL INTESTINE
- ENTERITIS

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	2	5
2 Abdomen area, 8 points	1 per point	50
3 Solar plexus, mid-distance between xiphoid process and umbilicus	2 per point	5
4 Umbilicus		
5 Scan both sides of vertebral column from below scapulae to lower back	3 per side	1000
✓ Rest after treatment session	5-10	

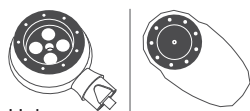


SECTION 8

GASTROENTEROLOGY 8

20 mins ±

Protocol time.



Using:

Delta Medical Terminal or
coMra Palm.

1 x daily

for 10 x days

Or until the condition has
cleared up, but for not less
than 7 x days.

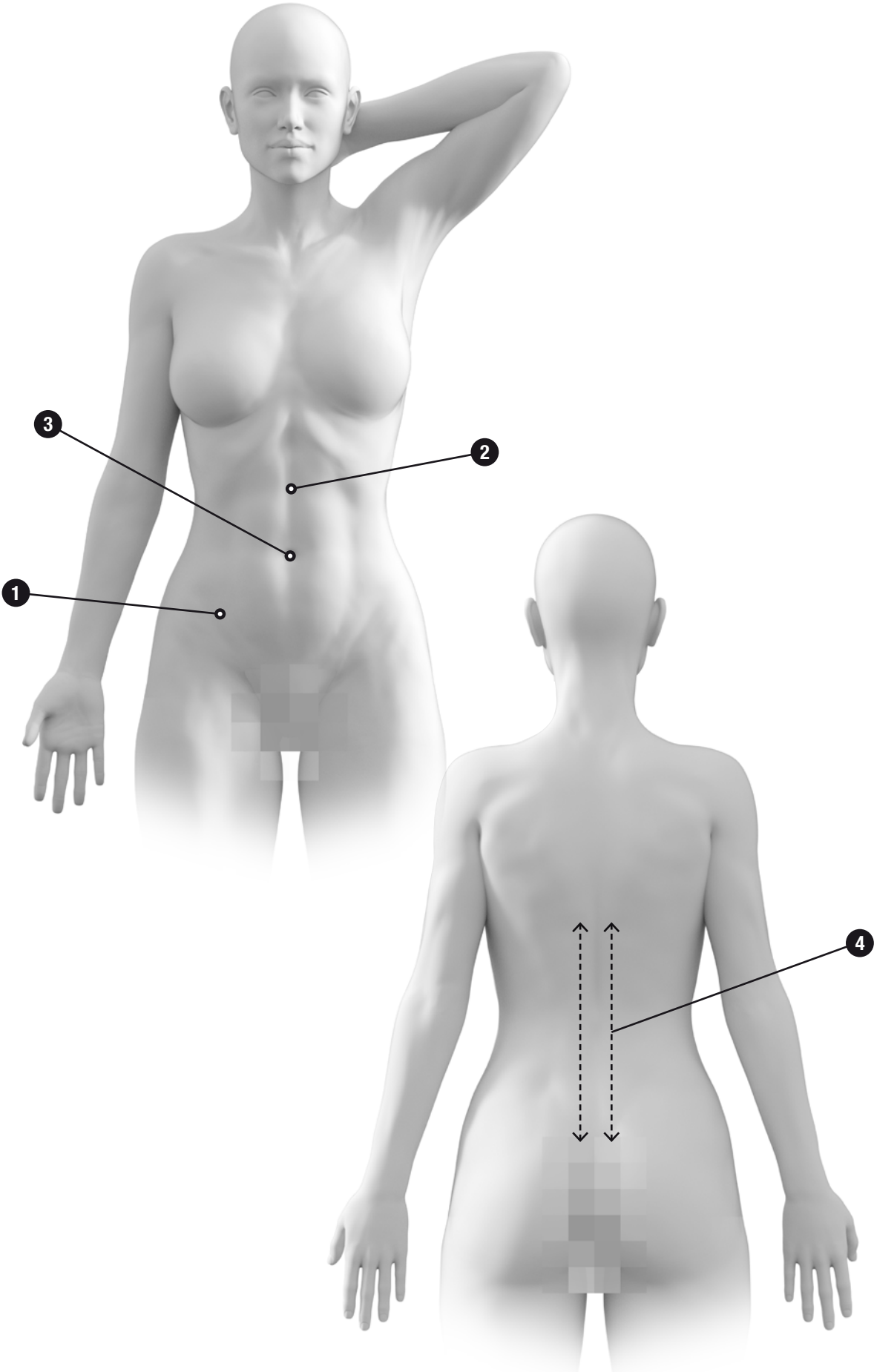
If the pain becomes acute,
do Point 1 from PART 1
for 2 mins, every 2 hours.

• APPENDICITIS

PART 1	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	Appendix	5	Variable (V)
2	Solar plexus, mid-distance between xiphoid process and umbilicus	2 per point	5
3	Umbilicus		
4	Scan both sides of vertebral column from below scapulae to lower back	3 per side	1000

PART 2

Apply UNIVERSAL 3 (BLOOD) every 2nd day

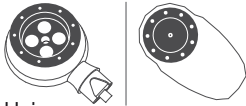


SECTION 8

GASTROENTEROLOGY 9

1 hr 14 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

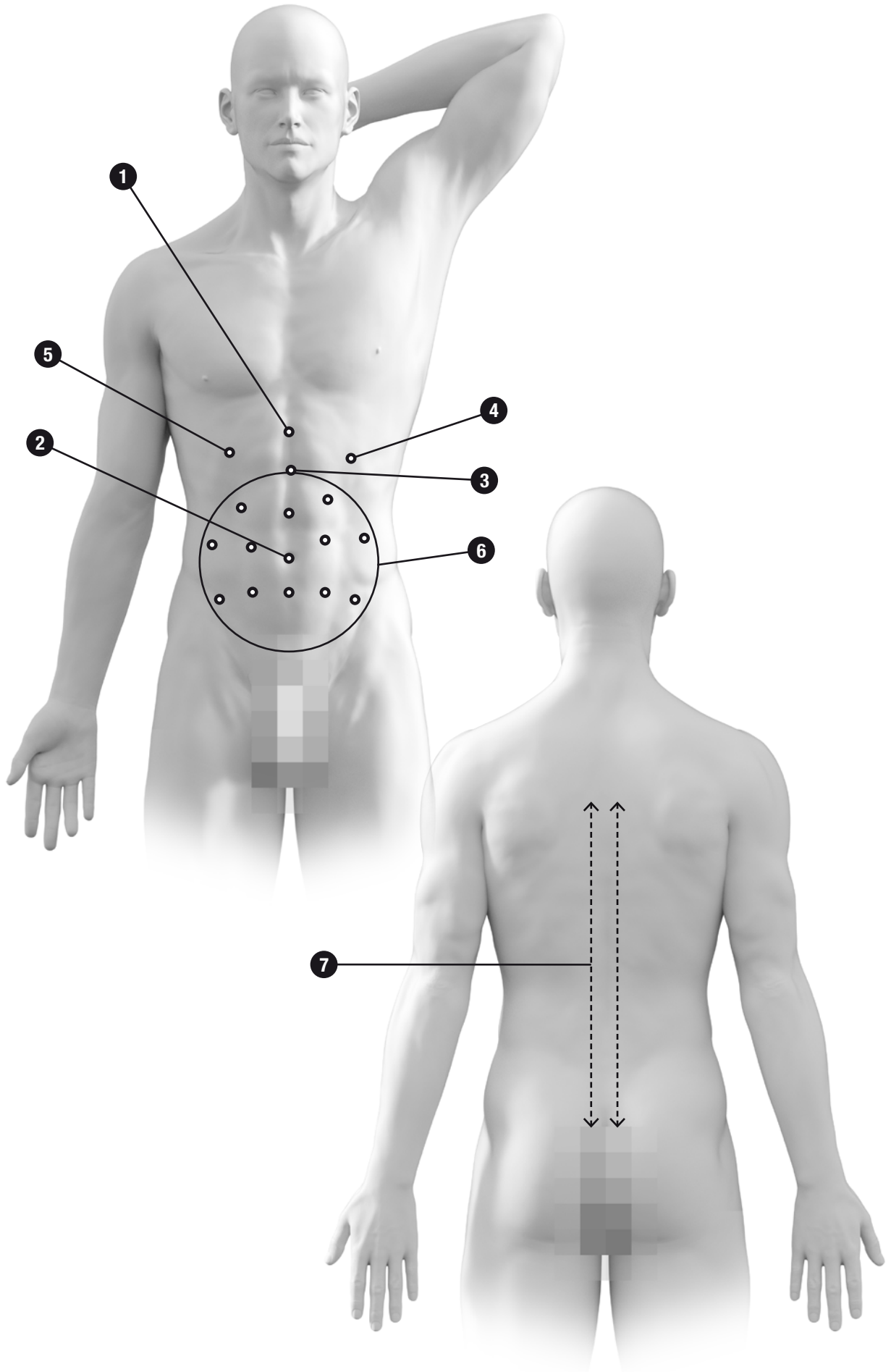
1 x daily
for 21 x days

Allow 2 weeks rest
and repeat cycle until
improvement is noticed.

- **ENTEROCOLITIS** – inflammation of the digestive tract.
- **CROHN'S DISEASE** – chronic inflammation of the intestinal tract.
- **IRRITABLE BOWEL SYNDROME**

<i>PART 1</i>	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	Epigastrium	2 per point	50
2	Umbilicus		
3	Solar plexus, mid-distance between xiphoid process and umbilicus		
4	Left hypochondrium		
5	Right hypochondrium		
6	12 points in the affected area	2 per point per frequency	Variable (V) then 5
7	Scan both sides of vertebral column from middle of scapulae to lower back	3 per side	1000

PART 2 Apply **UNIVERSAL 3 (BLOOD)** every day

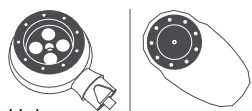


SECTION 8

GASTROENTEROLOGY 10

10 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

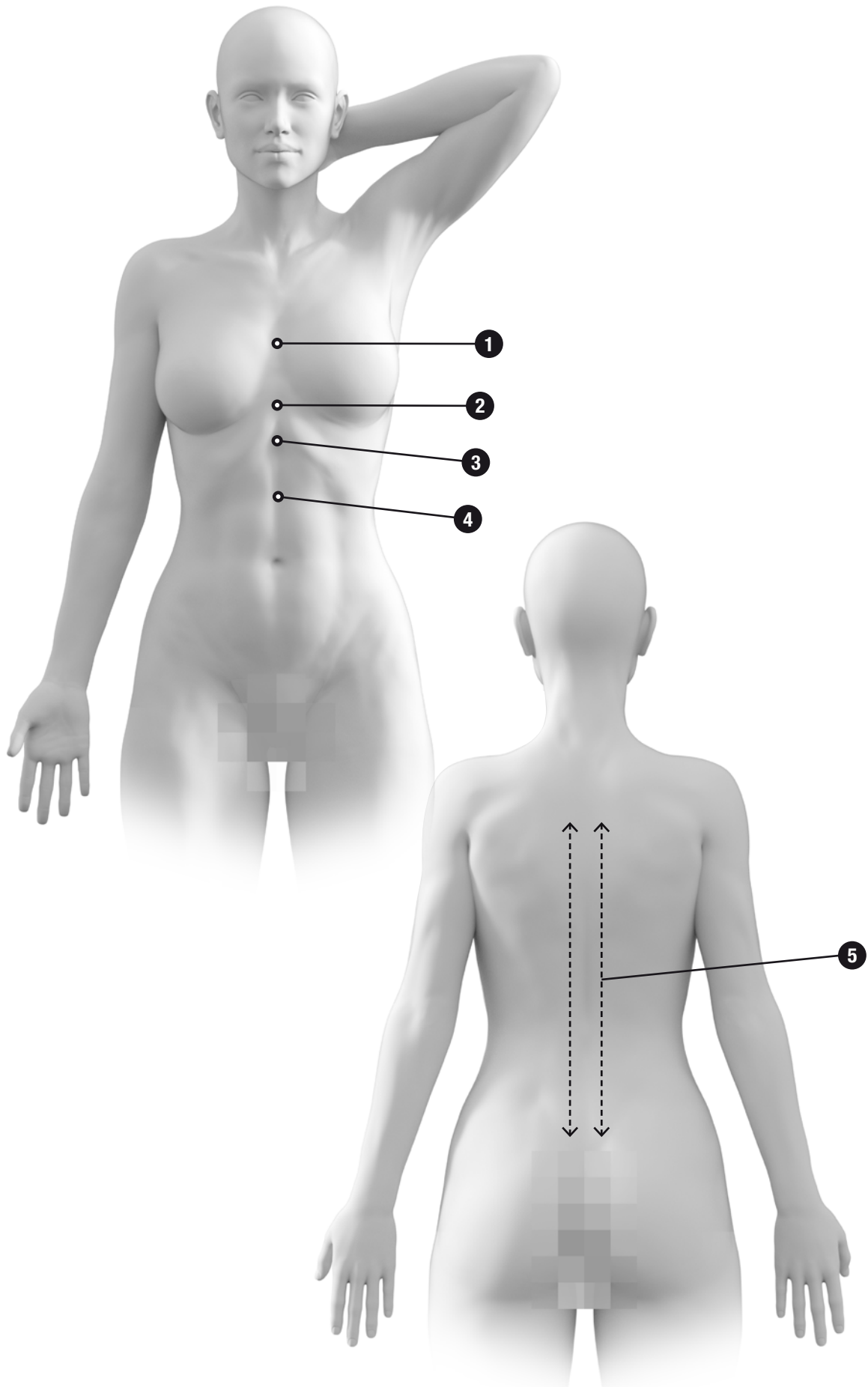
2 x daily

Until definite improvement
is noticed.

Allow 3 weeks rest and
repeat as and when
needed.

- ACHALASIA
- GASTROESOPHAGEAL REFLUX DISEASE

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Middle of sternum	1	5
2 Bottom of sternum		
3 Directly below xiphisternum	2	
4 Solar plexus, mid-distance between xiphoid process and umbilicus		
5 Scan along both sides of vertebral column, mid to lower back	2 per side	





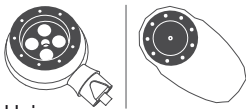
The Probe should be lubricated with K-Y Jelly before inserting. Do NOT use a white or an opaque cream as this will block the radiances.

SECTION 8

GASTROENTEROLOGY 11

59 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily

for 21 x days

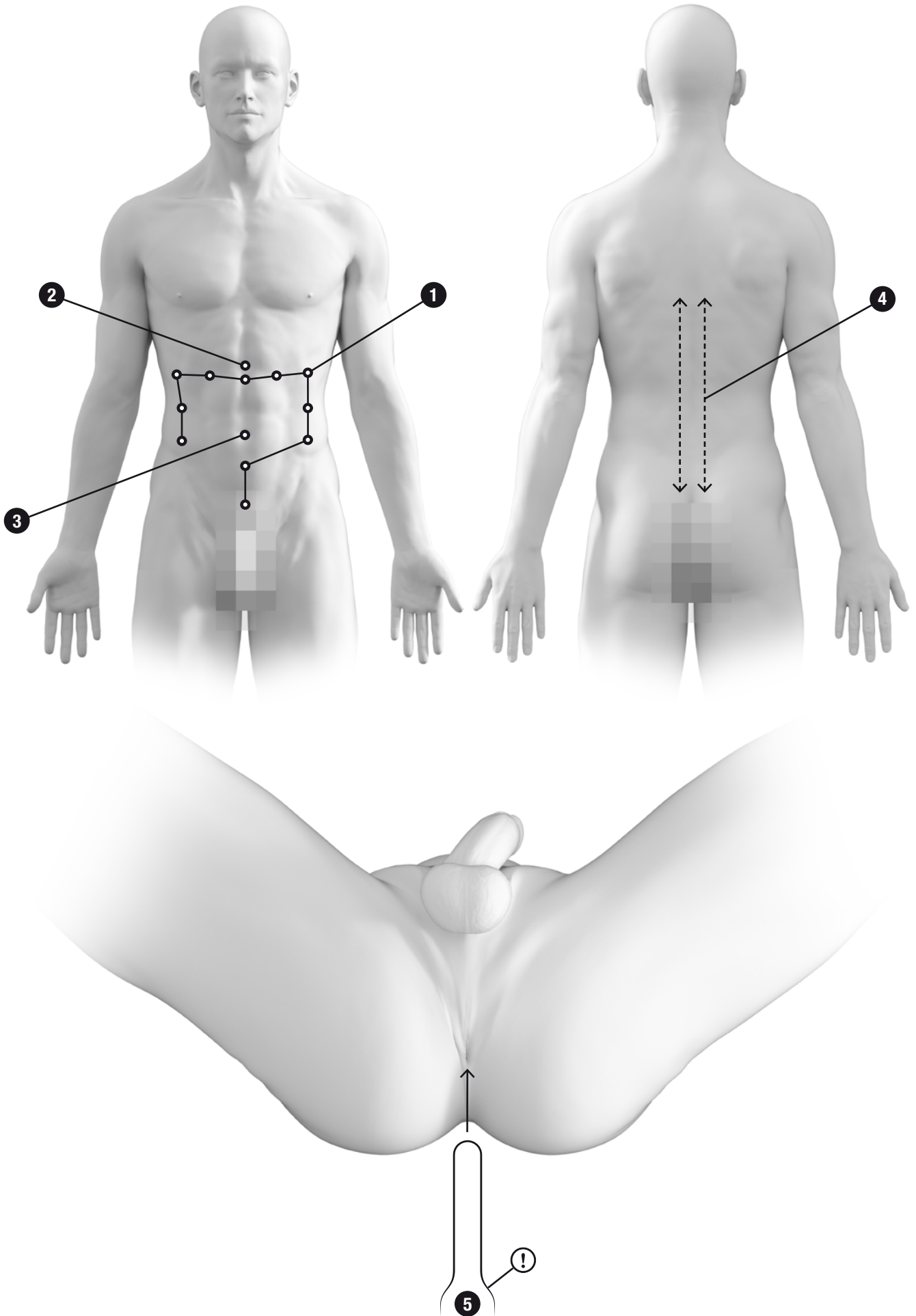
Allow 2 weeks rest and
repeat course if needed.

- **ULCERATIVE COLITIS** – chronic inflammation of the colon.
- **CROHN'S DISEASE (ADVANCED STAGE)**

PART 1	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	11 points over colon	2 per point per frequency	5 then Variable (V)
2	Solar plexus, mid-distance between xiphoid process and umbilicus	2 per point	5
3	Umbilicus		
4	Scan both sides of vertebral column from below scapulae to lower back	3 per side	1000
5	Using the Probe Terminal, insert the full length of the Sheath into the anus	5	1000

PART 2 Apply UNIVERSAL 3 (BLOOD) every 2nd day

i In case of severe disease apply this protocol in conjunction with IMMUNOLOGY 1.



SECTION 9

GYNAECOLOGY

Gynaecology
and obstetrics



IMPORTANT

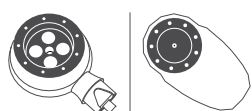
- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 4** Whenever using the Probe, screw off the Probe Sheath after the protocol, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



Treatments with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.

SECTION 9

GYNAECOLOGY 1



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

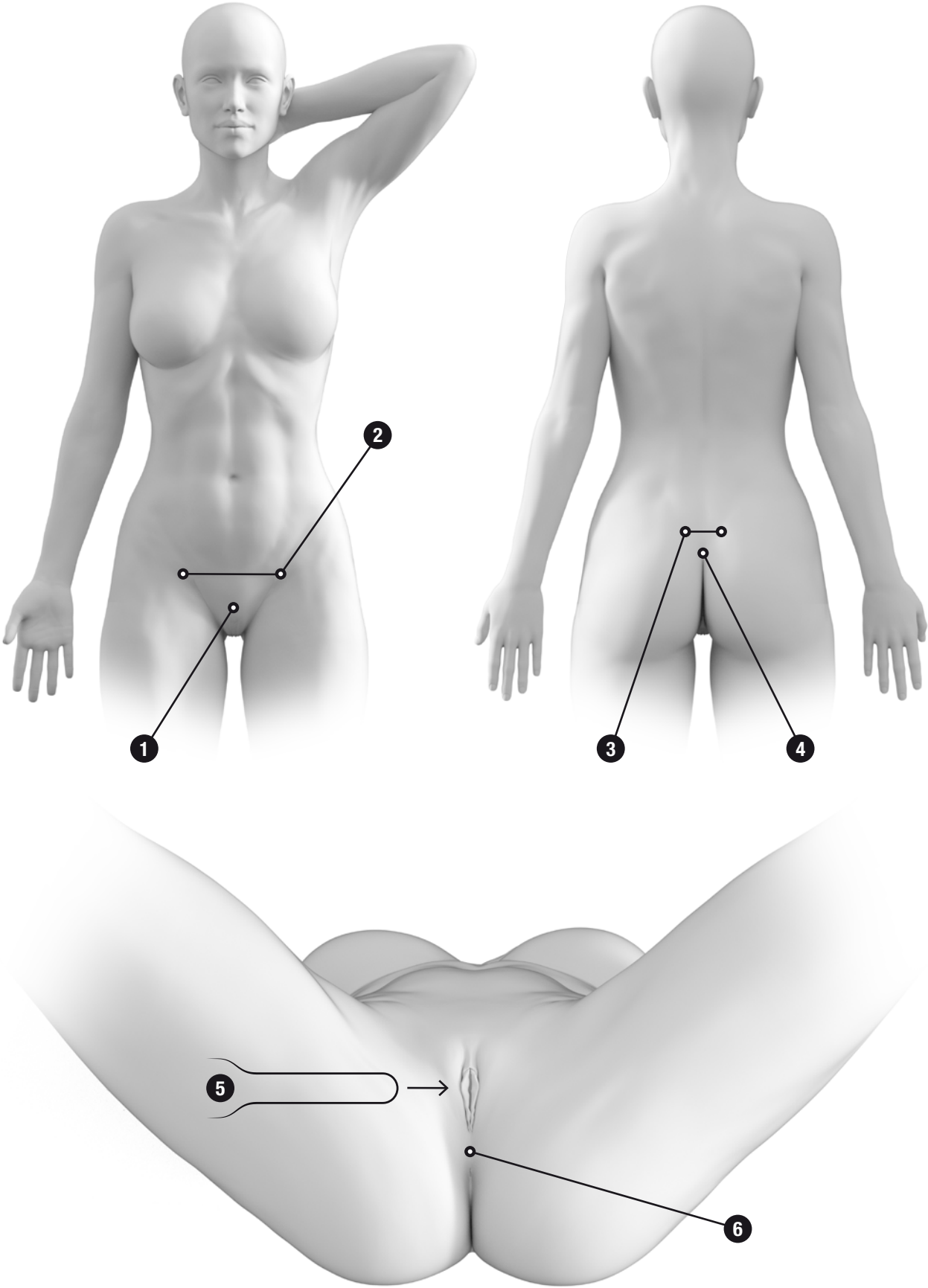
1 x daily
for 10 x days

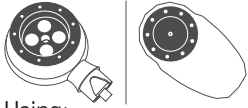
Allow 4 weeks rest and
repeat course if needed.

- **ENDOMETRITIS** – inflammation of the uterus.
- **SALPINGO-OOPHORITIS** – inflammation of the Fallopian tubes.
- **CERVICAL EROSION**

DAY	PROTOCOL POINT	⌚ MINS	⚡ HZ	
1	1 Vagina projection	5 per point	5	21 mins
	2 Appendages			
	3 As shown	2 per point	50	
	4 As shown			
2	1 Vagina projection	5 per point	5	21 mins
	2 Appendages			
	3 As shown	2 per point	50	
	4 As shown			
3	1 Vagina projection	5 per point	50	26 mins
	2 Appendages			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
4	1 Vagina projection	5 per point	50	26 mins
	2 Appendages			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
5	2 Appendages	5 per point	5	26 mins
	6 Perineum			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.

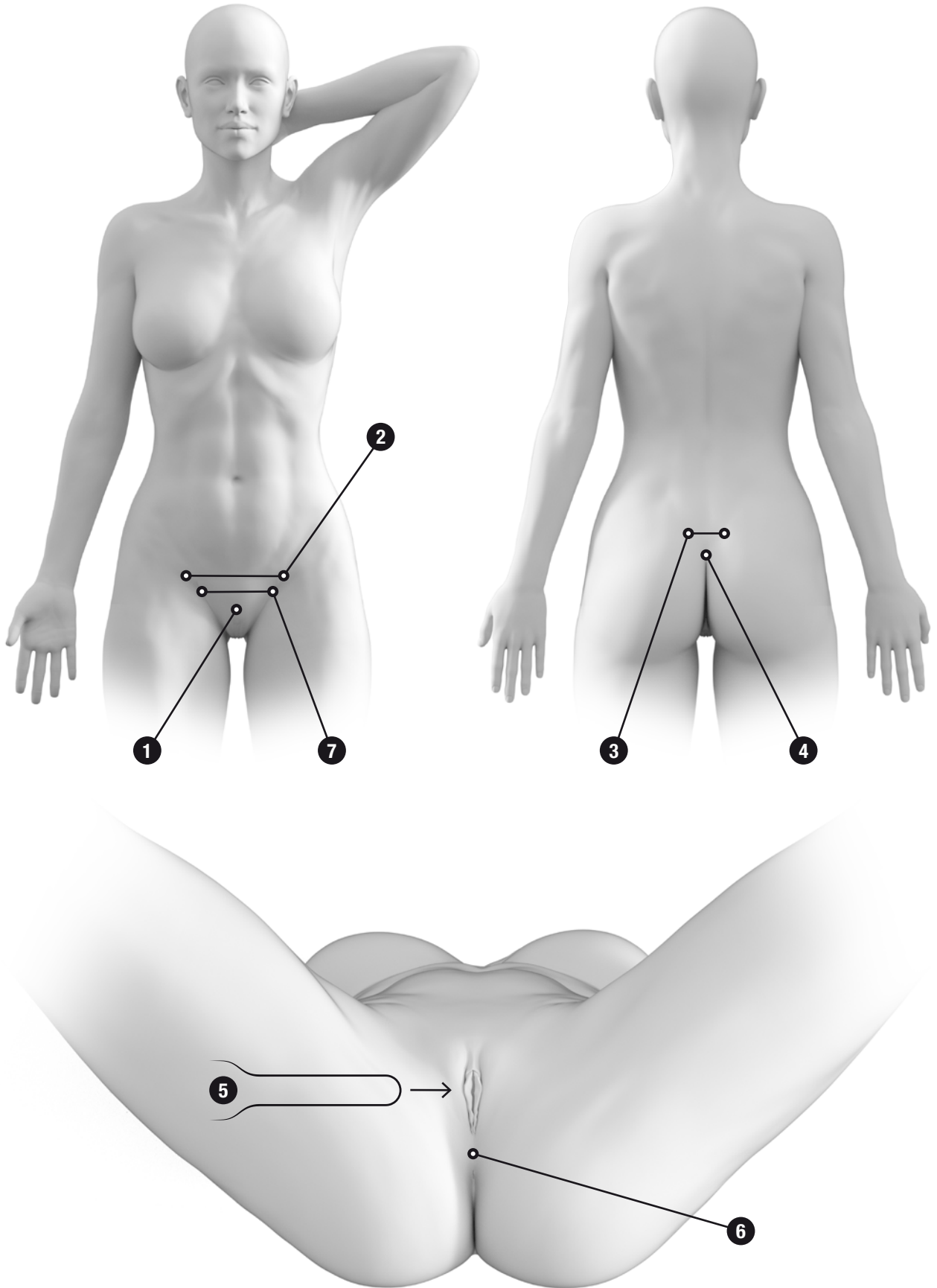


Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily
for 10 x days

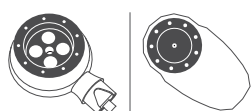
Allow 4 weeks rest and
repeat course if needed.

DAY	PROTOCOL POINT	⌚ MINS	⚡ HZ	
6	1 Vagina projection	5 per point	50	26 mins
	2 Appendages			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
7	6 Perineum	5 per point	5	26 mins
	7 Femoral arteries			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
8	1 Vagina projection	5 per point	50	26 mins
	7 Femoral arteries			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
9	2 Appendages	5 per point	5	26 mins
	6 Perineum			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
10	1 Vagina projection	5 per point	50	26 mins
	2 Appendages			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			



SECTION 9

GYNAECOLOGY 2



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

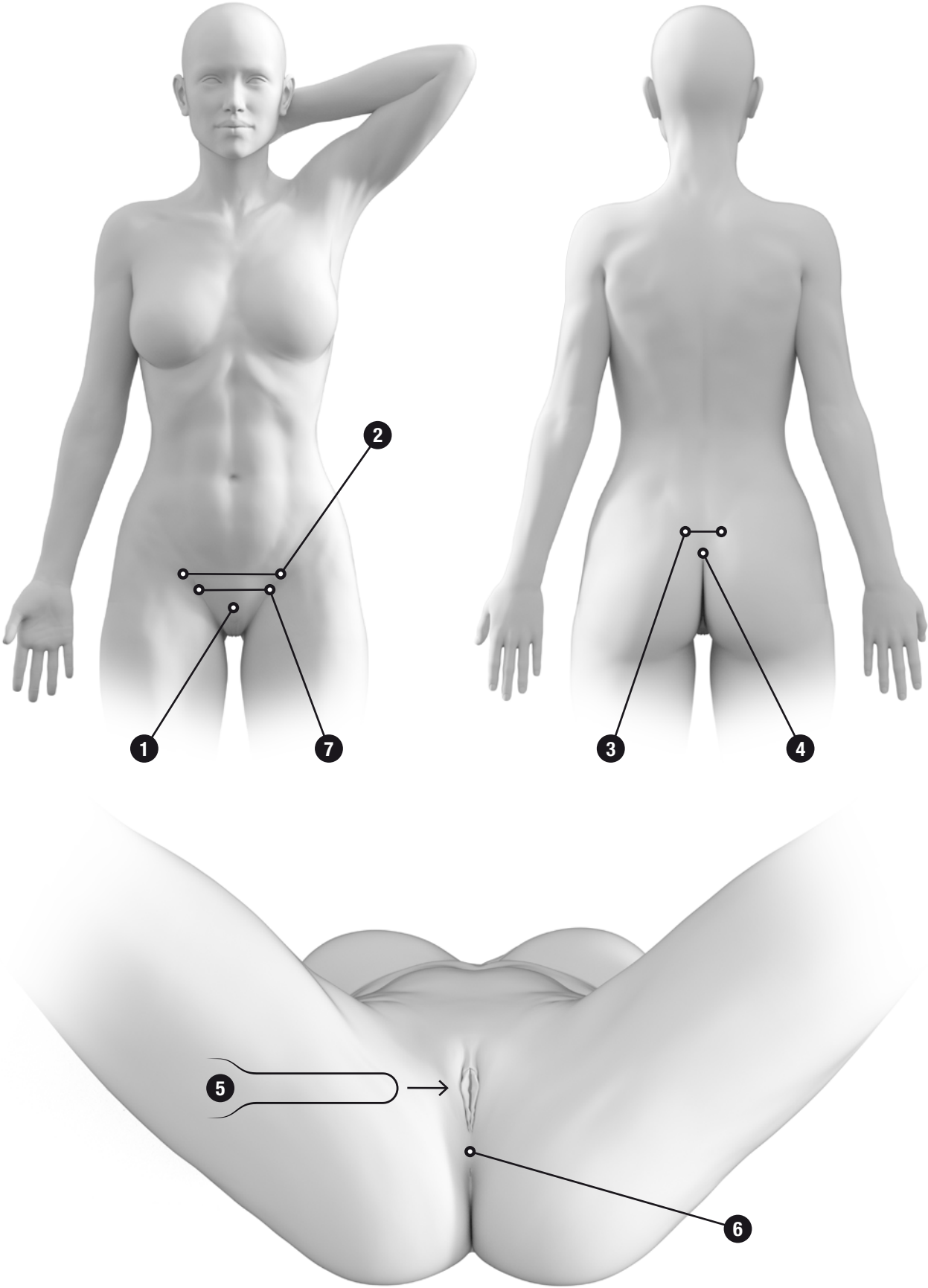
1 x daily
for 10 x days

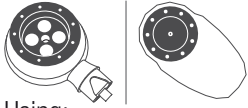
Allow 4 weeks rest and
repeat course if needed.

- **DISTURBANCES OF MENSTRUAL CYCLE**
- **HYPERPLASIA** – abnormal multiplication of cells.
- **OVARY CYSTS**
- **SOME FORMS OF FEMALE INFERTILITY**
- **IN VITRO FERTILISATION SUPPORT**

DAY	PROTOCOL POINT	⌚ MINS	⚡ HZ	
1	1 Vagina projection	5 per point	5	21 mins
	2 Appendages			
	3 As shown	2 per point	50	
	4 As shown			
2	1 Vagina projection	5 per point	5	21 mins
	7 Femoral arteries			
	3 As shown	2 per point	50	
	4 As shown			
3	1 Vagina projection	5 per point	50	21 mins
	2 Appendages			
	3 As shown	2 per point	50	
	4 As shown			
4	1 Vagina projection	5 per point	5	21 mins
	7 Femoral arteries			
	3 As shown	2 per point	50	
	4 As shown			
5	2 Appendages	5 per point	50	26 mins
	6 Perineum			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.

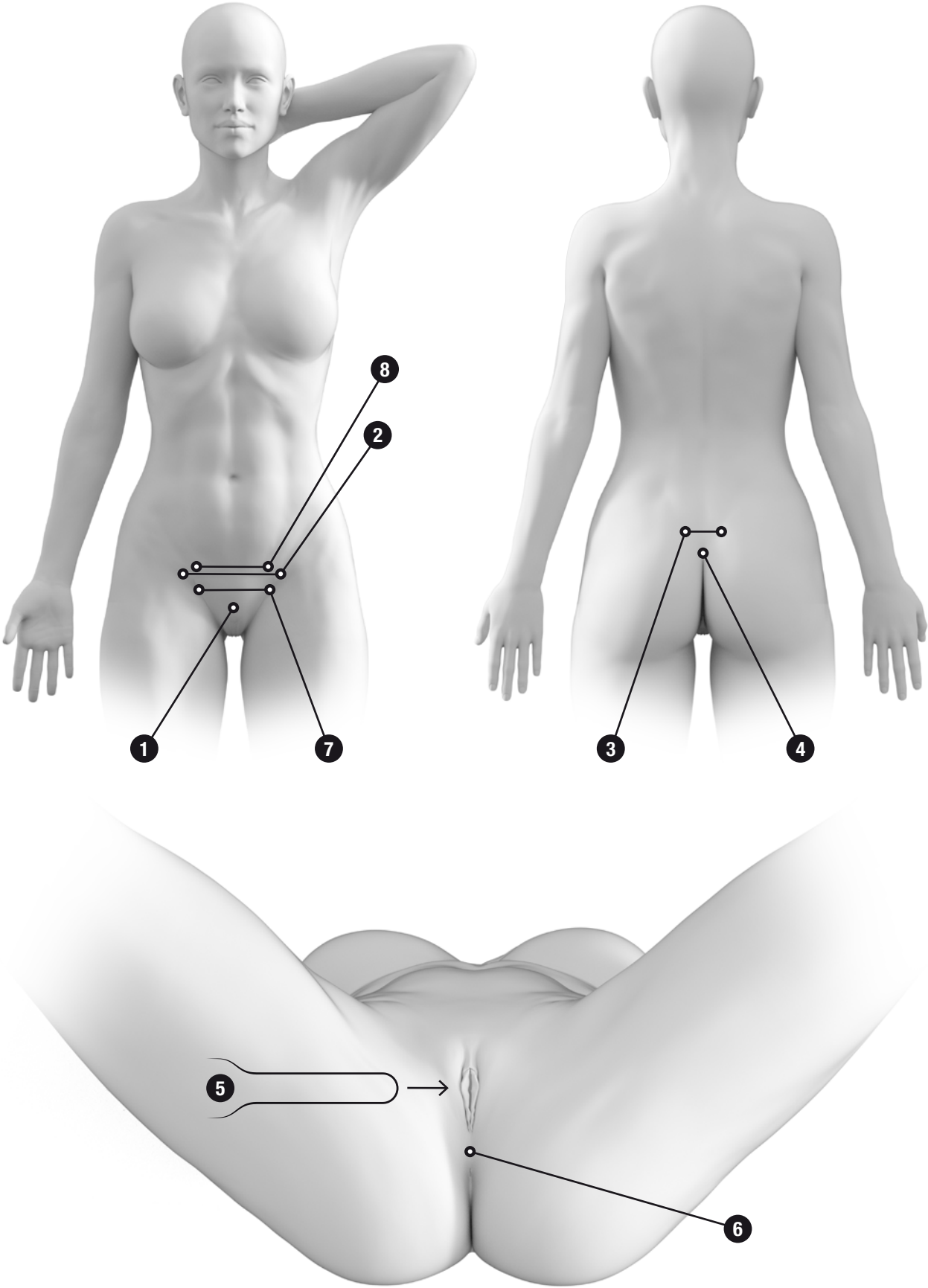


Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily
for 10 x days

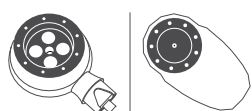
Allow 4 weeks rest and
repeat course if needed.

DAY	PROTOCOL POINT	⌚ MINS	⚡ HZ	
6	1 Vagina projection	5 per point	50	26 mins
	8 External abdominal ring			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
7	1 Vagina projection	5 per point	5	26 mins
	8 External abdominal ring			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
8	1 Vagina projection	5 per point	50	26 mins
	7 Femoral arteries			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
9	2 Appendages	5 per point	5	26 mins
	6 Perineum			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
10	1 Vagina projection	5 per point	50	26 mins
	2 Appendages			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			



SECTION 9

GYNAECOLOGY 3



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

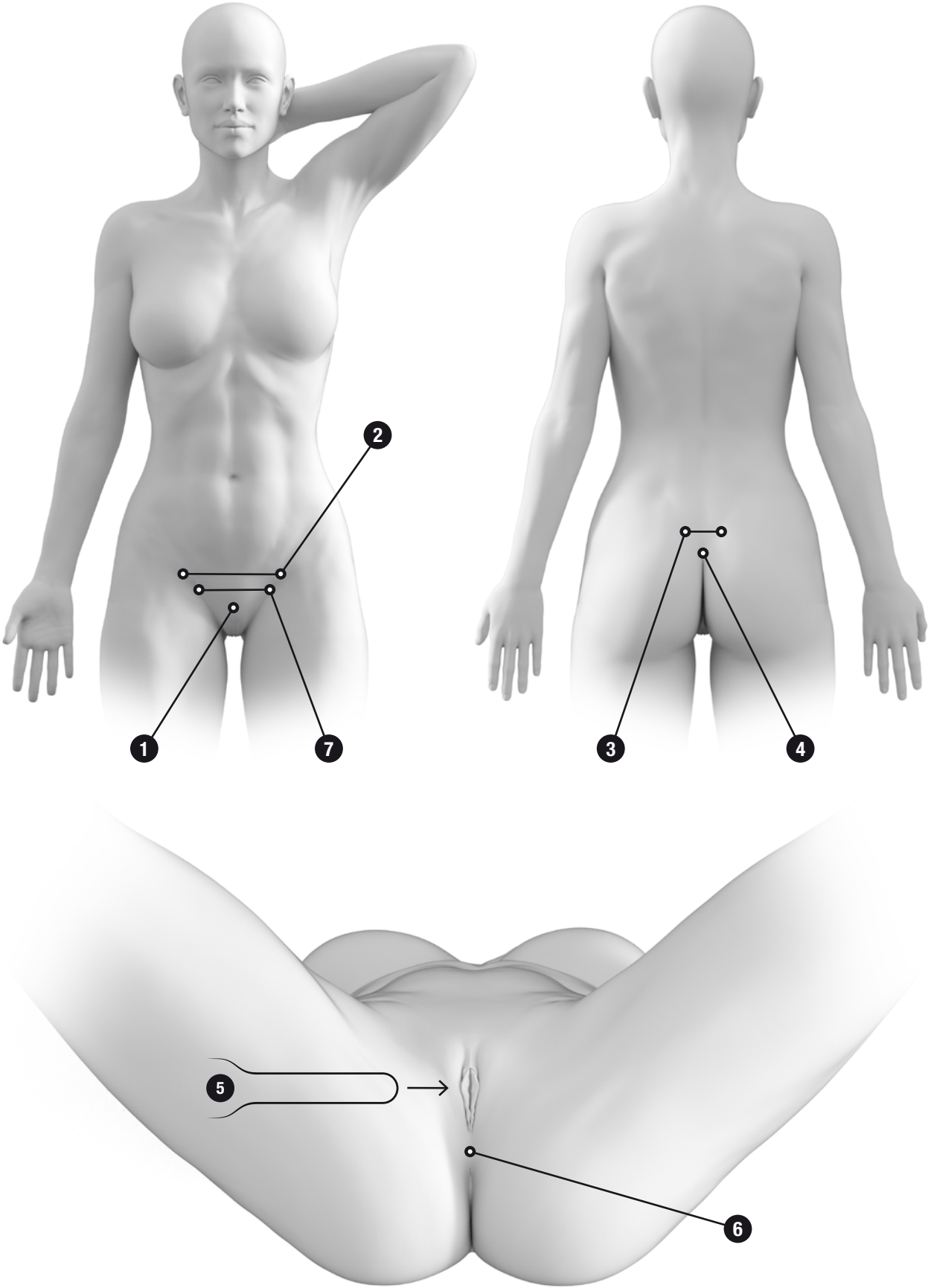
1 x daily
for 10 x days

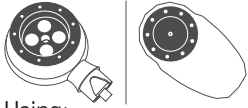
Allow 4 weeks rest and
repeat course if needed.

- **ALGOMENORRHEA** – period pains.
- **PELVIC PAIN**
- **SPASMS**
- **ENDOMETRIOSIS** – cysts and adhesions.
- **UTERINE FIBROIDS**

DAY	PROTOCOL POINT	⌚ MINS	⚡ HZ	
1	1 Vagina projection	5 per point	5	21 mins
	2 Appendages			
	3 As shown	2 per point	50	
	4 As shown			
2	1 Vagina projection	5 per point	5	21 mins
	2 Appendages			
	3 As shown	2 per point	50	
	4 As shown			
3	6 Perineum	5 per point	50	21 mins
	7 Femoral arteries			
	3 As shown	2 per point	50	
	4 As shown			
4	1 Vagina projection	5 per point	5	21 mins
	7 Femoral arteries			
	3 As shown	2 per point	50	
	4 As shown			
5	2 Appendages	5 per point	50	26 mins
	6 Perineum			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.

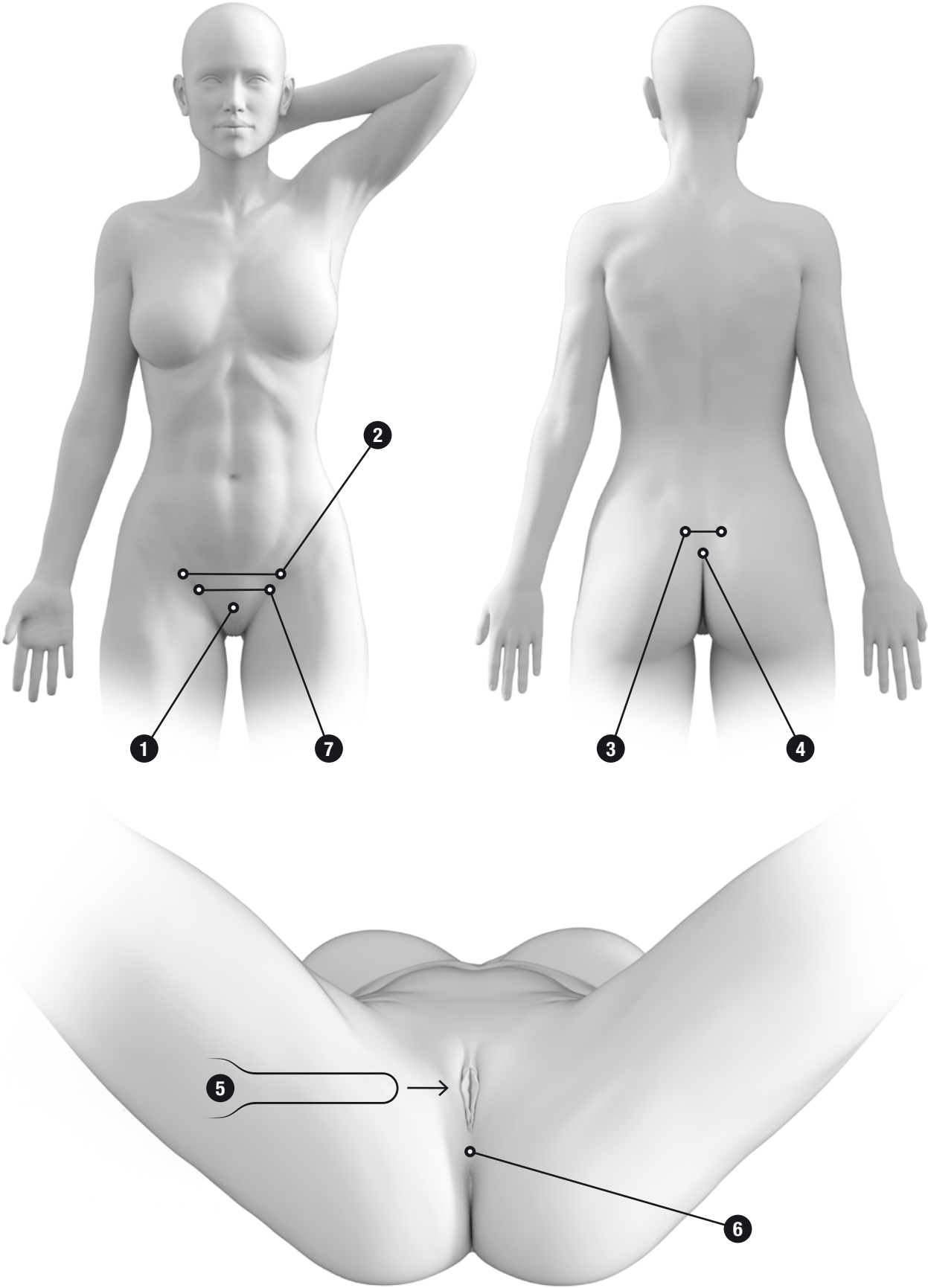


Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily
for 10 x days

Allow 4 weeks rest and
repeat course if needed.

DAY	PROTOCOL POINT	⌚ MINS	⚡ HZ	
6	1 Vagina projection	5 per point	50	26 mins
	2 Appendages			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
7	6 Perineum	5 per point	5	26 mins
	7 Femoral arteries			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
8	1 Vagina projection	5 per point	50	26 mins
	7 Femoral arteries			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
9	1 Vagina projection	5 per point	5	26 mins
	2 Appendages			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			
10	1 Vagina projection	5 per point	50	26 mins
	2 Appendages			
	5 Probe inserted into vagina	5	1000	
	3 As shown	2 per point	50	
	4 As shown			

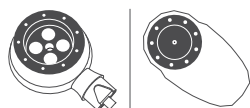


SECTION 9

GYNAECOLOGY 4

10 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

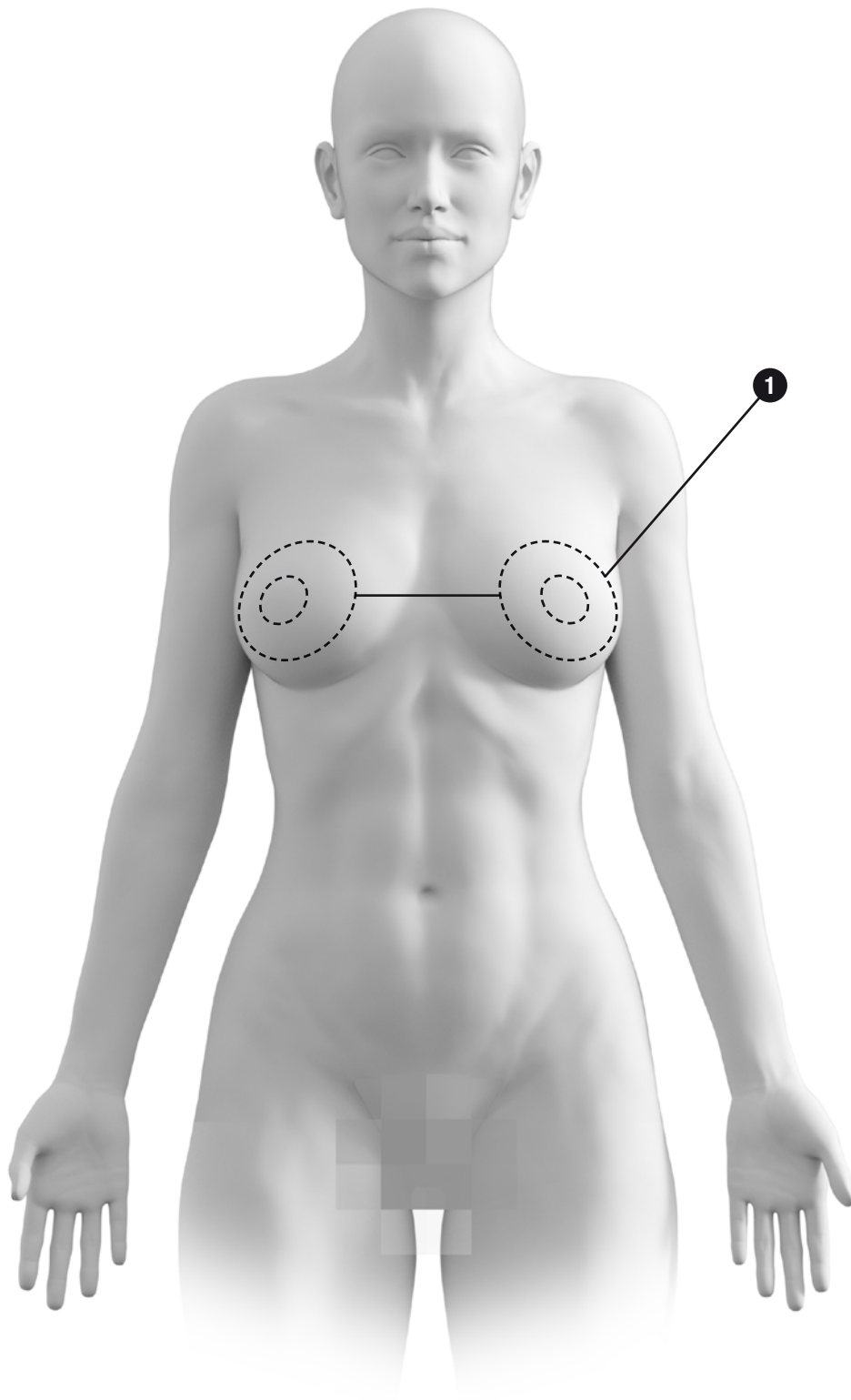
1 x daily

for 7 x days prior
to giving birth

Repeat after having given
birth. Then do 7 treatments
every second day.

- PREVENTION OF MASTITIS
- PREGNANCY BREAST PAIN

PROTOCOL POINT	⌚ MINS	Ⓜ HZ
1 Scan papillae and around them in a circular motion	5 per breast	50

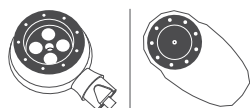


SECTION 9

GYNAECOLOGY 5

32 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

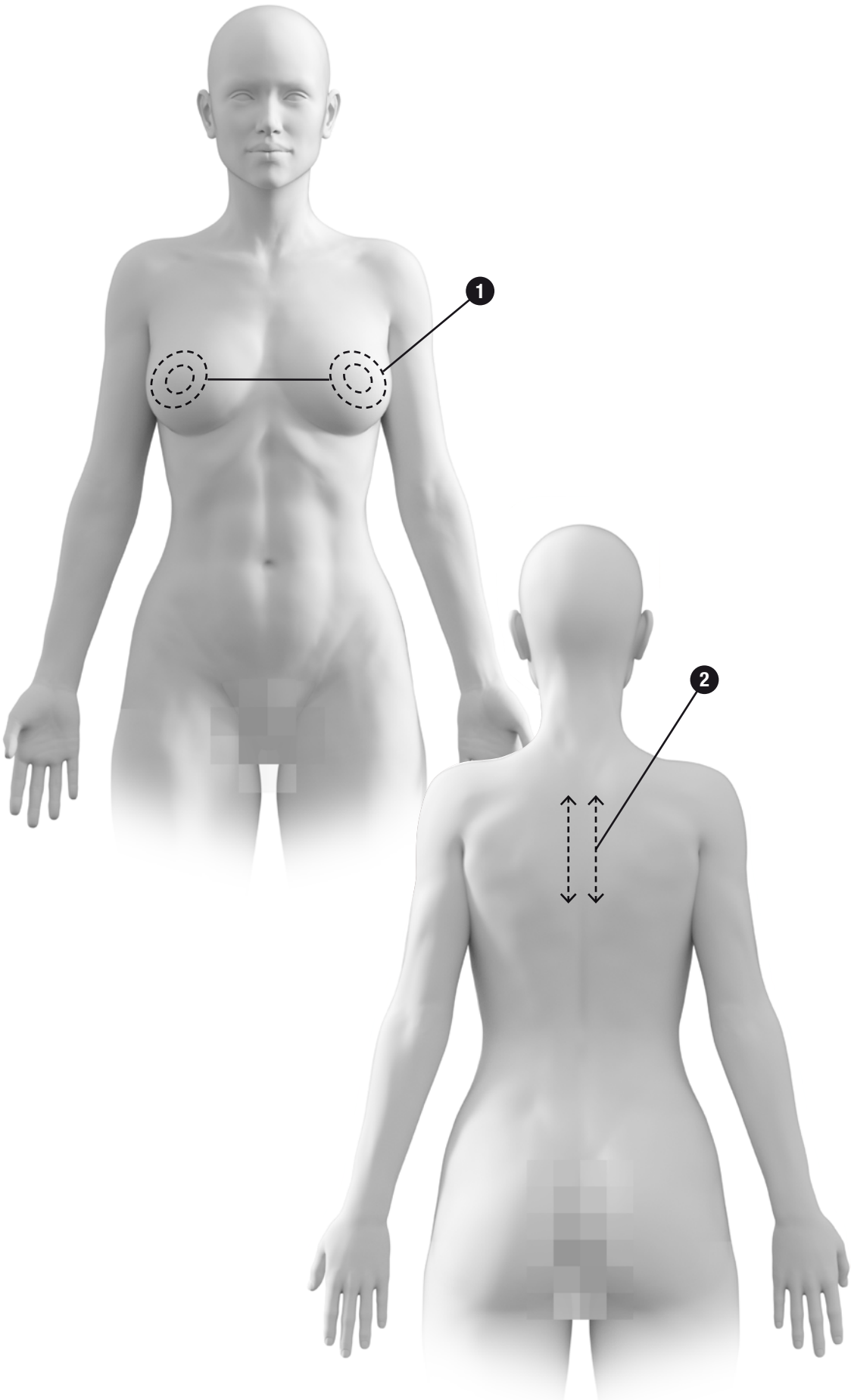
for 15 x days

Allow 4 weeks rest and
repeat course if needed.

• MASTITIS

PROTOCOL POINT	⌚ MINS	📡 HZ
1 Scan papillae and around them in a circular motion	3 per breast per frequency	1000 then 50
2 Scan both sides of vertebral column opposite scapulae	5 per side	

i This protocol is best done in conjunction with UNIVERSAL 3 (BLOOD).

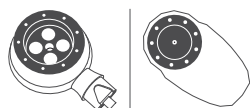


SECTION 9

GYNAECOLOGY 6

20 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

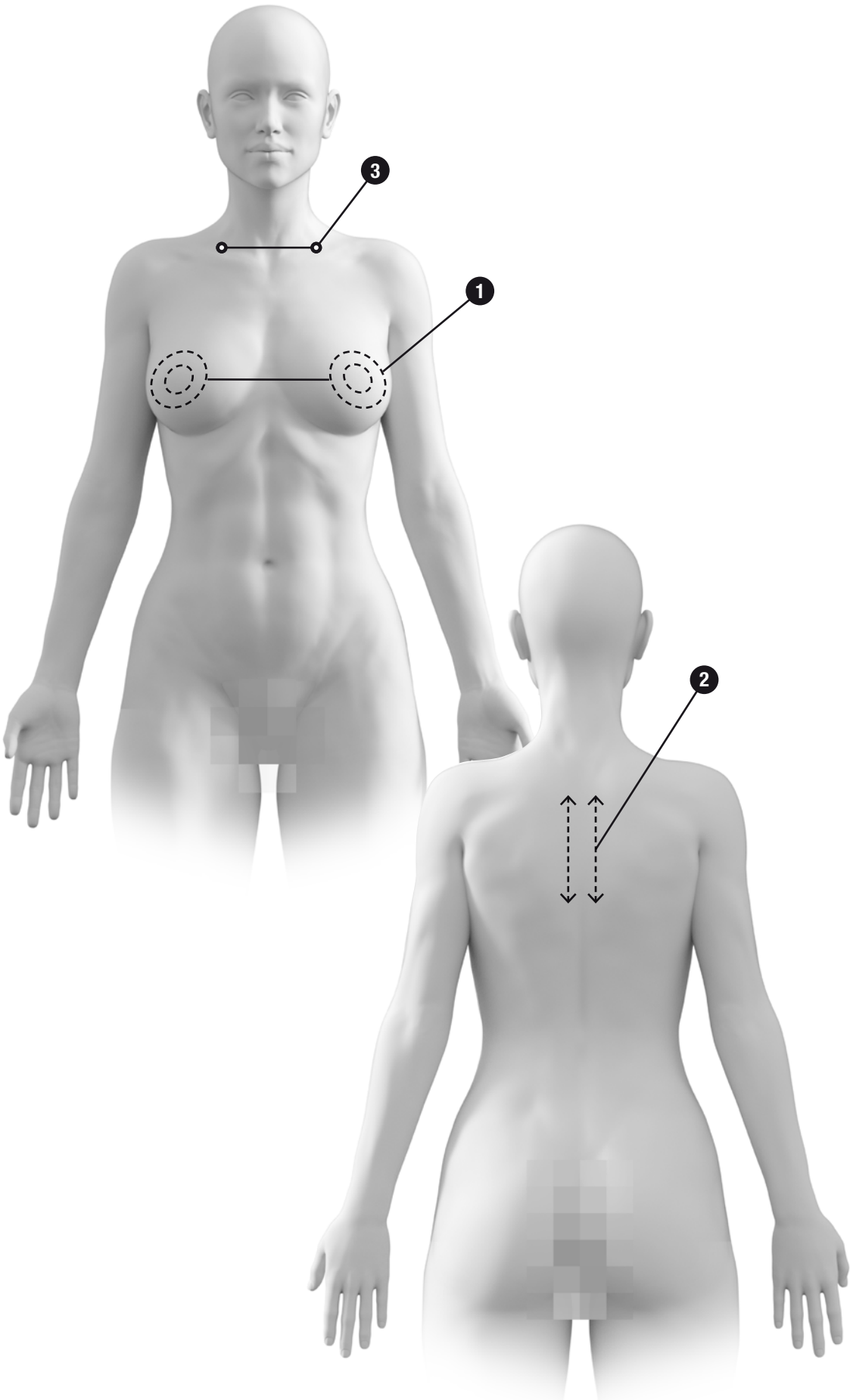
Allow 3 weeks rest and
repeat course if needed.
Then repeat the course
every second day.

Thereafter do a treatment
once per week during the
period of lactation.

• **HYPOGALACTIA** – deficient secretion of milk.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan papillae and around them in a circular motion	3 per side	50
2 Scan both sides of vertebral column opposite scapulae	2 per side	1000
3 Supraclavicular fossae	5 per point	5

i This protocol is best done in conjunction with UNIVERSAL 3 (BLOOD).





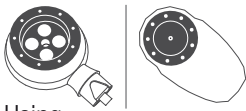
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 9

GYNAECOLOGY 7

44 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

Allow 3 weeks rest and
repeat course if needed.

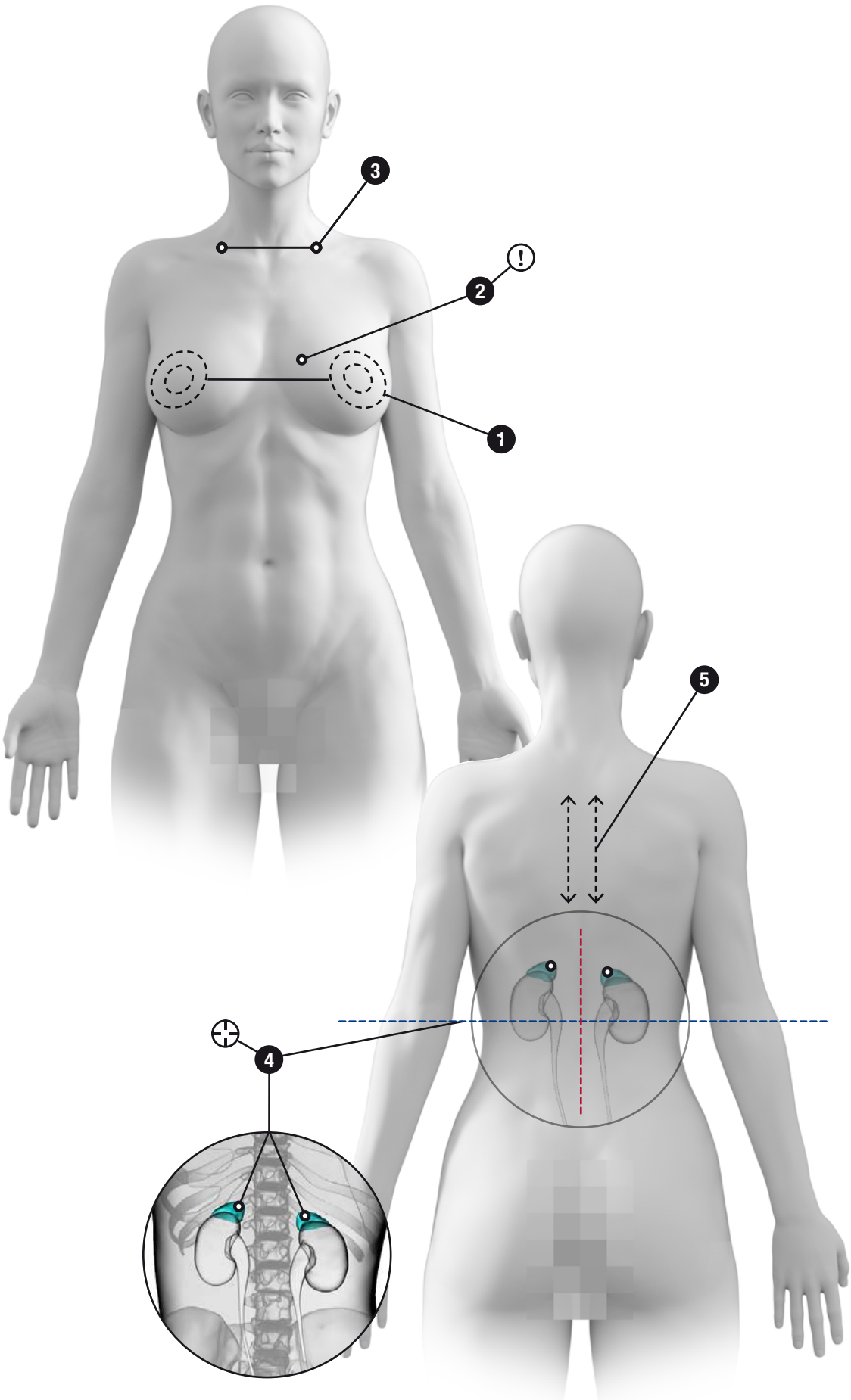


To find the adrenal glands,,
trace a line between the
elbows to locate the kidneys
(blue line), then move up
to the last rib and then
out about 3 cm from the
centreline of the spine
(red line).

- **DISHORMONAL MASTOPATHY** – breast ailments.
- **FIBROADENOMATOSIS** – benign breast tumours.
- **MAMMARY DYSPLASIA**

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan papillae and around them in a circular motion	2 per breast per frequency	50 then 5
2 4 th intercostal, left of sternum	2	5
3 Supraclavicular fossae	3 per point	
4 Adrenal glands	2 per point per frequency	5 then 50
5 Scan both sides of vertebral column opposite scapulae	10 per side	1000
✓ Rest after treatment session	5-10	

i This protocol is best done in conjunction with UNIVERSAL 7 and GYNAECOLOGY 2.



SECTION 10

NEPHROLOGY & UROLOGY

Urinary and
elimination



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 4** Whenever using the Probe, screw off the Probe Sheath after the protocol, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



Treatments with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.



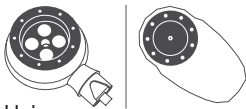
The Probe should be lubricated with K-Y Jelly before inserting. Do NOT use a white or an opaque cream as this will block the radiances.

SECTION 10

NEPHROLOGY 1

30 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily

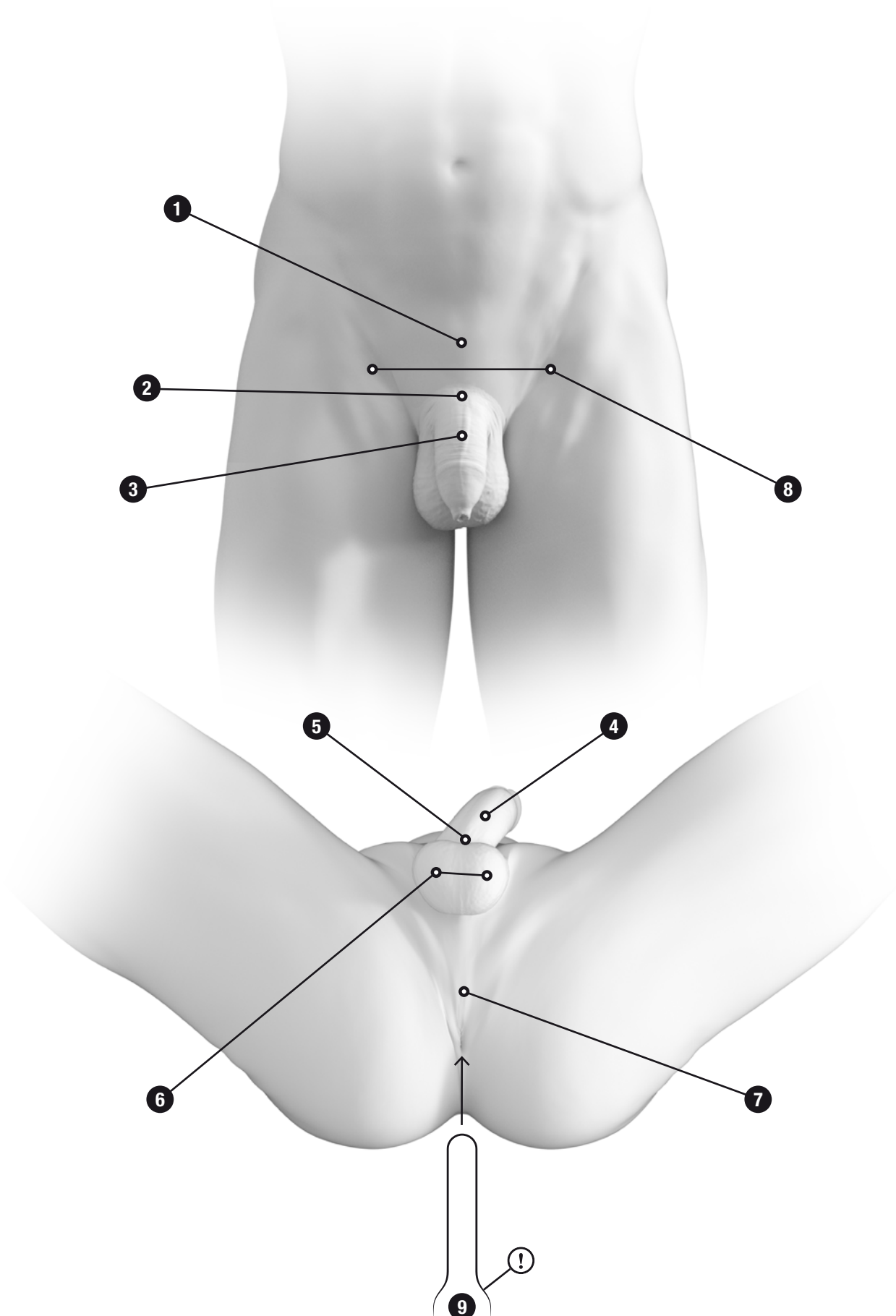
for 15 x days

Allow 3 weeks rest and
repeat course if needed.

- **PROSTATITIS** – inflammation of the prostate gland.
- **BENIGN PROSTATIC HYPERPLASIA** – prostate enlargement.
- **ORCHITIS*** – inflammation of the testes.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Bladder	5	5
2 Base of penis, front	1 per point	
3 Shaft of penis, front		
4 Shaft of penis, back		
5 Base of penis, back		
6 Testicles	2 per point	
7 Perineum	2	
8 Femoral Arteries	5 per point	
9 Insert the Probe into the anus	5	

i In case of orchitis skip POINT 9.

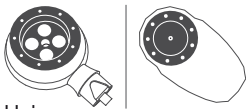


SECTION 10

NEPHROLOGY 2

8 mins

Protocol time



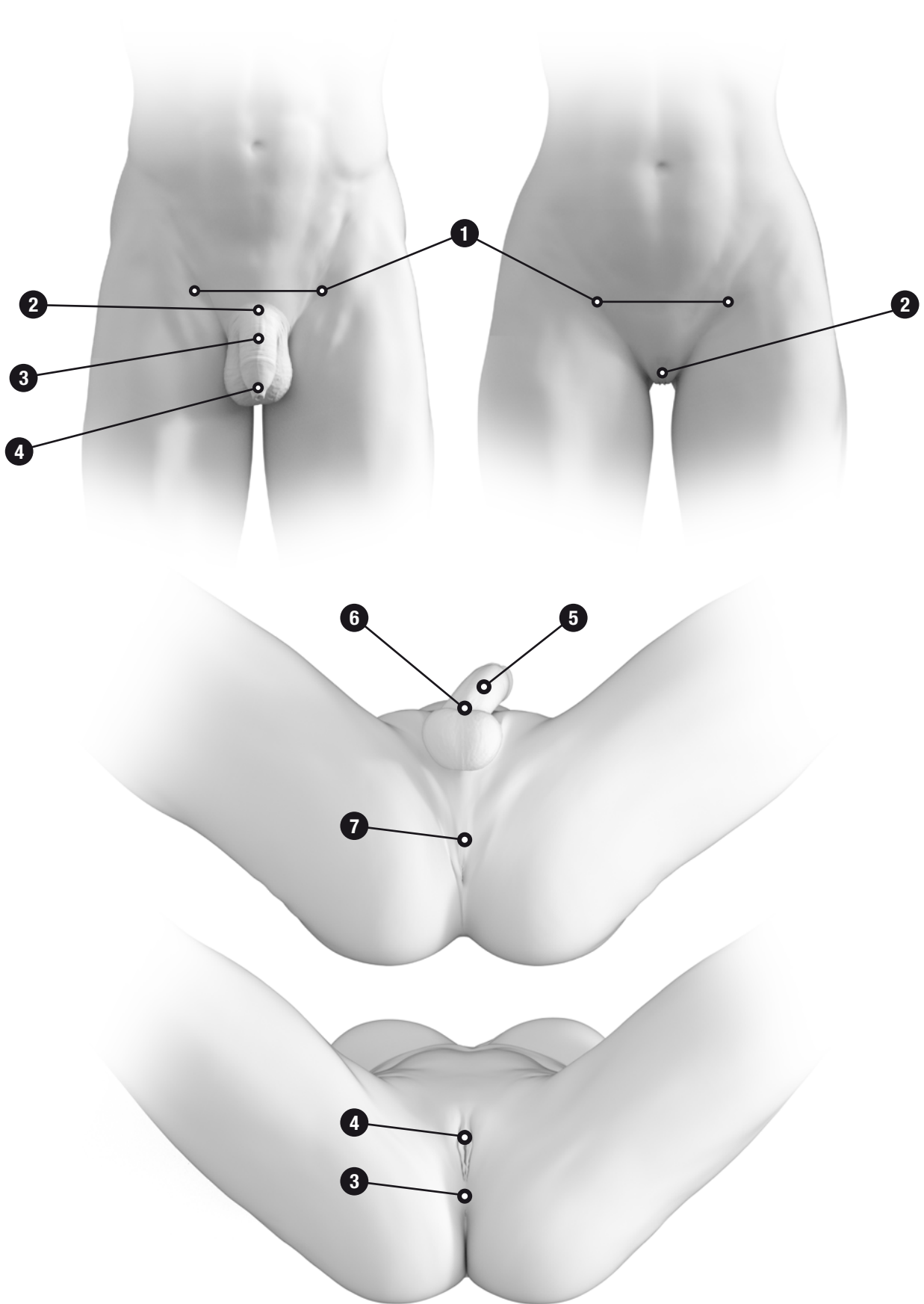
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

Allow 3 weeks rest and
repeat course if needed.

• **URETHRITIS** – disease of the urethra.

MALE	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	Femoral Arteries	1 per point	5
2	Base of penis, front		
3	Shaft of penis, front		
4	Glans penis. If uncircumcised the foreskin must be pulled back completely		
5	Shaft of penis, back		
6	Base of penis, back		
7	Perineum		
FEMALE	PROTOCOL POINT	⌚ MINS	⚡ HZ
1	Femoral Arteries	1 per point	5
2	As shown	2	
3	Perineum	1	
4	Urethra	2	

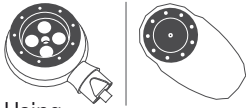


SECTION 10

NEPHROLOGY 3

23 mins

Protocol time



Using:
Delta Medical Terminal or
coMra Palm.

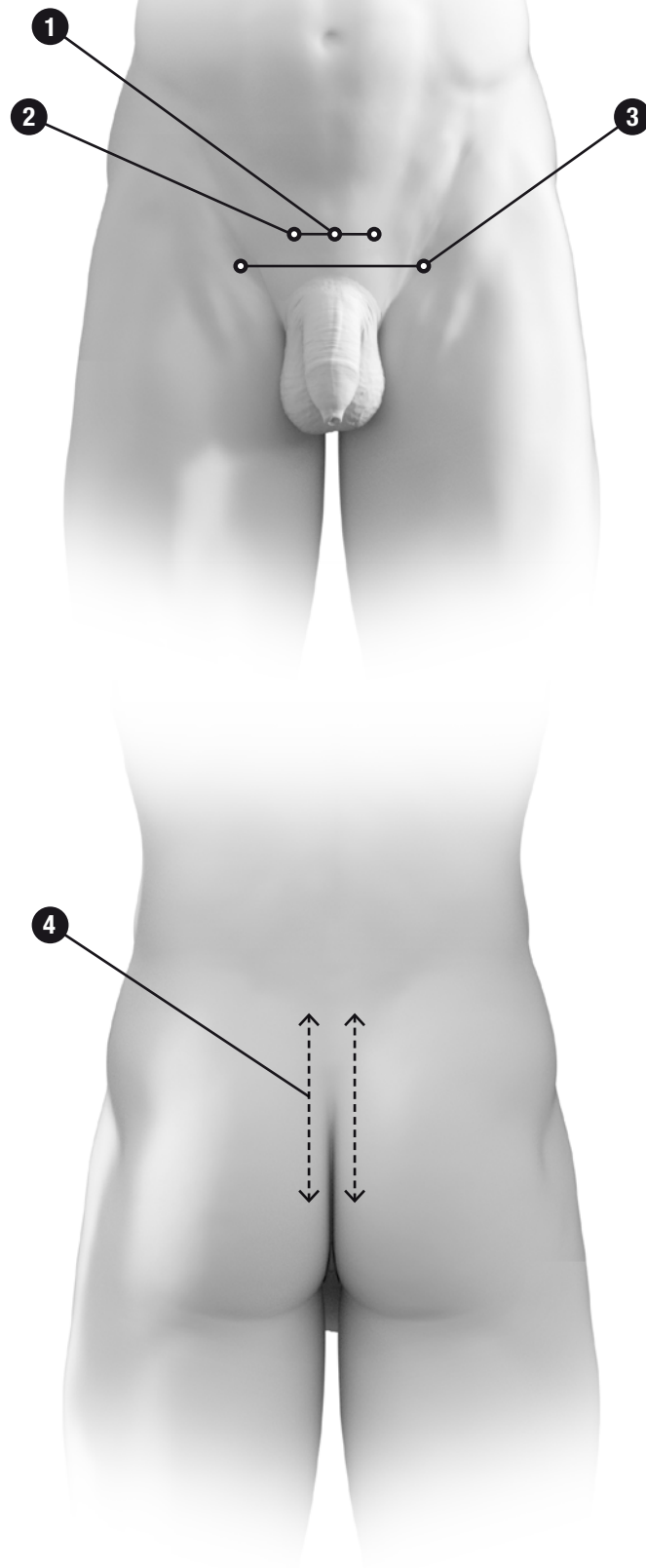
1 x daily

for 15 x days

Allow 3 weeks rest and
repeat course if needed.

• **CYSTITIS** – inflammation of the bladder.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Bladder	5	50
2 2 points at 5 cm on either side of first point	2 per point	
3 Femoral arteries	5 per point	5
4 Scan both sides of vertebral column, sacral region	2 per side	1000





In treating the heart area NEVER use a frequency other than 5 Hz.

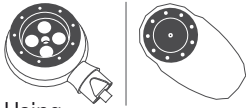
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 10

NEPHROLOGY 4

33 mins

Protocol time



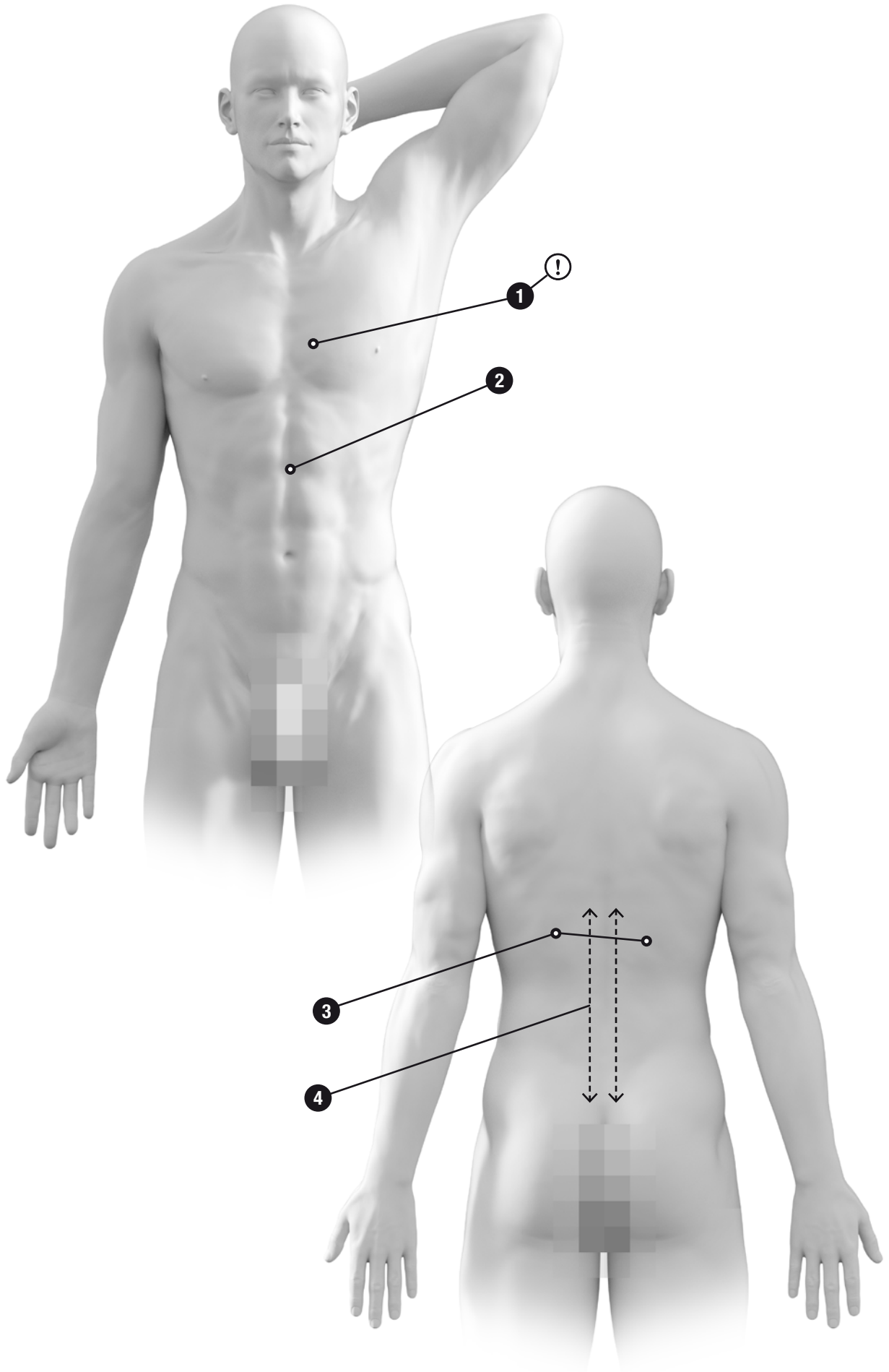
Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

Allow 3 weeks rest and
repeat course if needed.

- **DISEASES OF THE KIDNEYS**
- **PYELONEPHRITIS** – inflammation of the kidney.
- **GLOMERULONEPHRITIS** – kidney disease.
- **DIABETIC NEPHROPATHY** – in conjunction with ENDOCRINOLOGY 1.
- **KIDNEY FAILURE**

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	1	5
2 Solar plexus	2	50
3 Kidneys	5 per point per frequency	5 then 50
4 Scan both sides of vertebral column, from mid back to lower back	5 per side	1000
✓ Rest after treatment session	5-10	





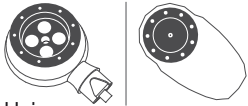
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 10

NEPHROLOGY 5

19 mins

Protocol time.



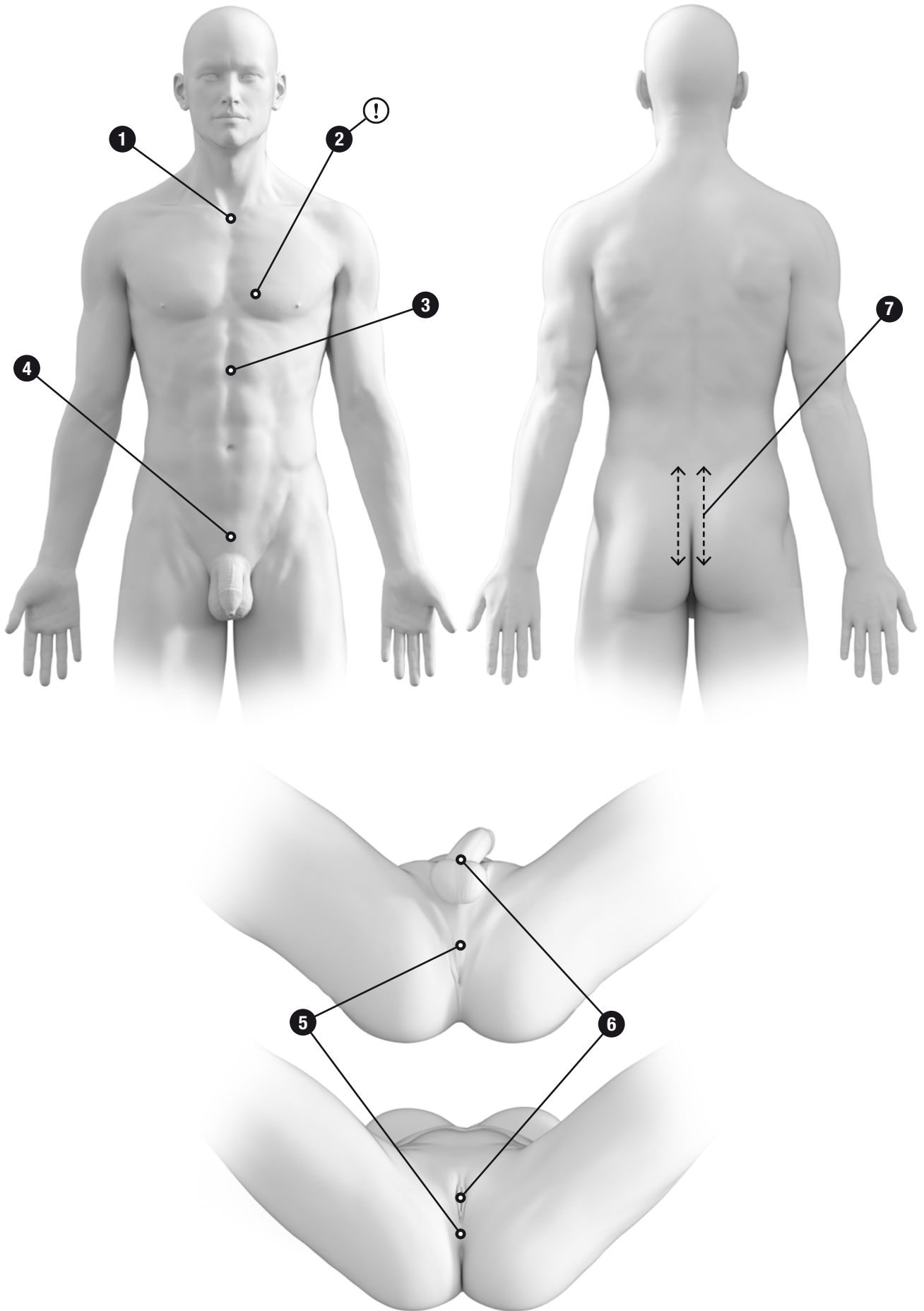
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

Allow 3 weeks rest and
repeat course if needed.

- **ENURESIS** – bed-wetting.
- **ENCOPRESIS** – involuntary defecation.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Manubrium sterni	1 per point	5
2 4 th intercostal, left of sternum		
3 Solar plexus		50
4 Bladder	2 per point	5
5 Perineum		50
6 Base of penis (males), urethra (females)		5
7 Scan both sides of vertebral column, sacral region	5 per side	1000
✓ Rest after treatment session	5-10	



SECTION 11

PROCTOLOGY

Colorectal



IMPORTANT

1

Whenever using the Probe, screw off the Probe Sheath after the protocol, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



Protocols with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.



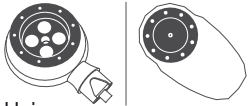
The Probe should be lubricated with K-Y Jelly before inserting. Do NOT use a white or an opaque cream as this will block the radiances.

SECTION 11

PROCTOLOGY 1

31 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Probe Terminal
with Normal Sheath.

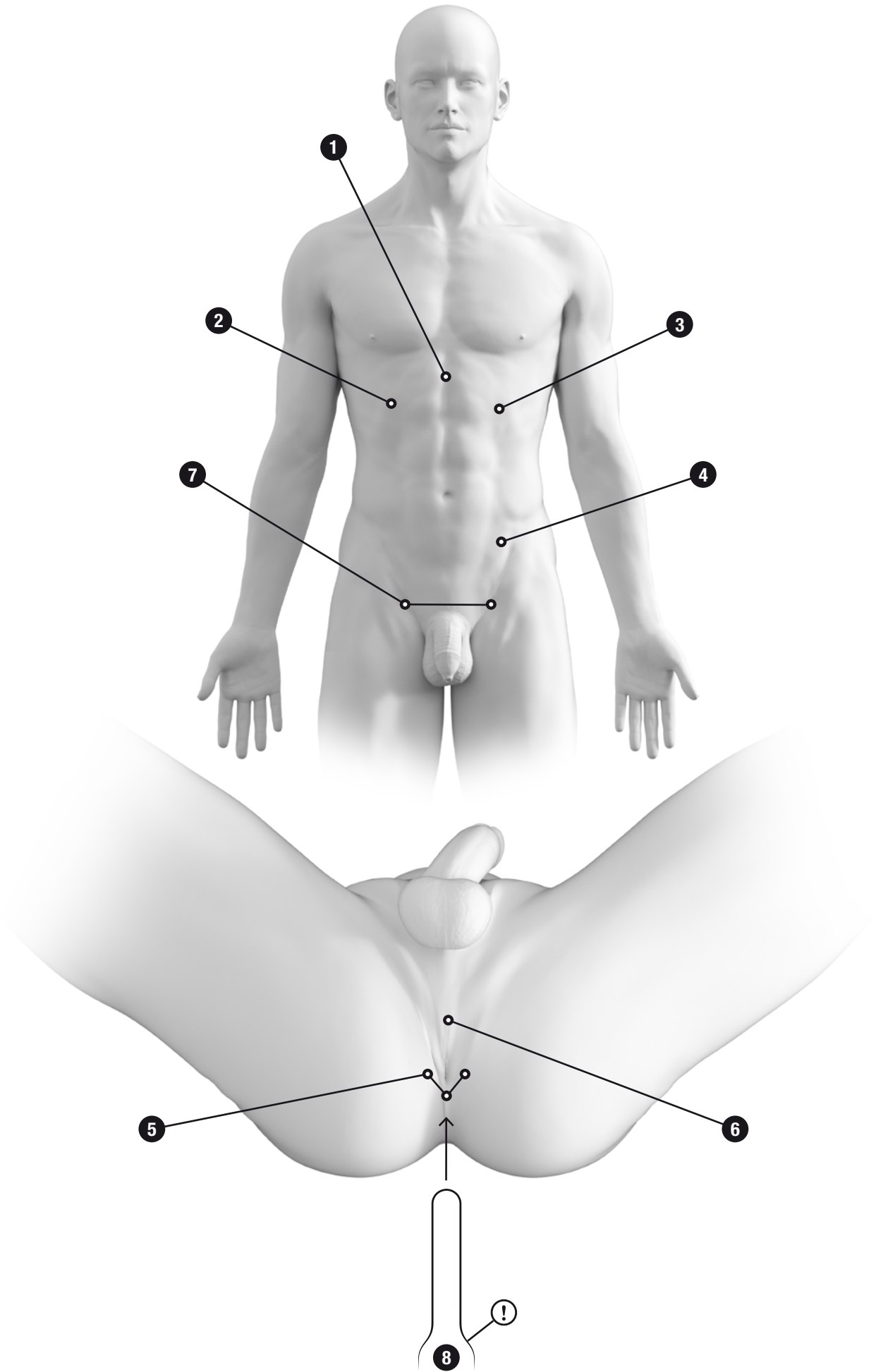
1 x daily

for 15 x days

Allow 3 weeks rest and
repeat course if needed.

- HEMORRHOIDS
- PROCTITIS

PROTOCOL POINT		⌚ MINS	⚡ HZ
1	Epigastrium	2 per point	5
2	Right hypochondrium		
3	Left hypochondrium		
4	Left iliac		
5	3 points around anus		
6	Perineum		
7	Femoral arteries	5 per point	5
8	A If hemorrhoids are on the outside of the sphincter, place tip of the Probe against hemorrhoids	5	1000
	B If hemorrhoids are on the inside of the sphincter, insert Probe just through the sphincter		

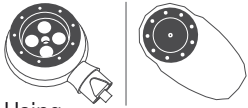


SECTION 11

PROCTOLOGY 2

11 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



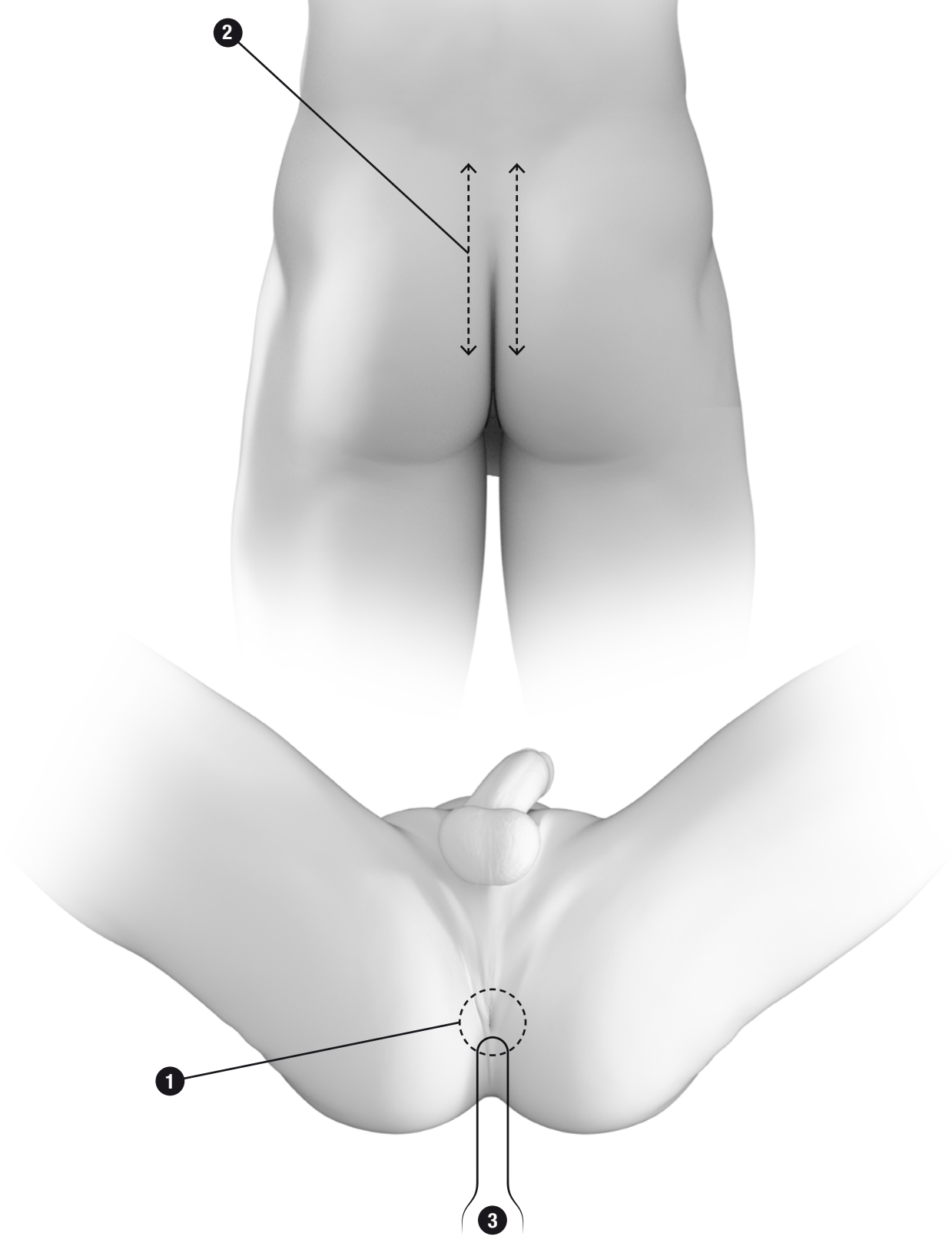
Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily for 15 x days

Allow 3 weeks rest and
repeat course if needed.

• **ANAL PRURITUS** – anal itching.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan an area of 5 cm around the anus	5	50
2 Scan both sides of vertebral column, sacral region	2 per side	1000
3 Place Probe against the anus	2	

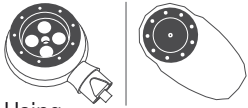


SECTION 11

PROCTOLOGY 3

12 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



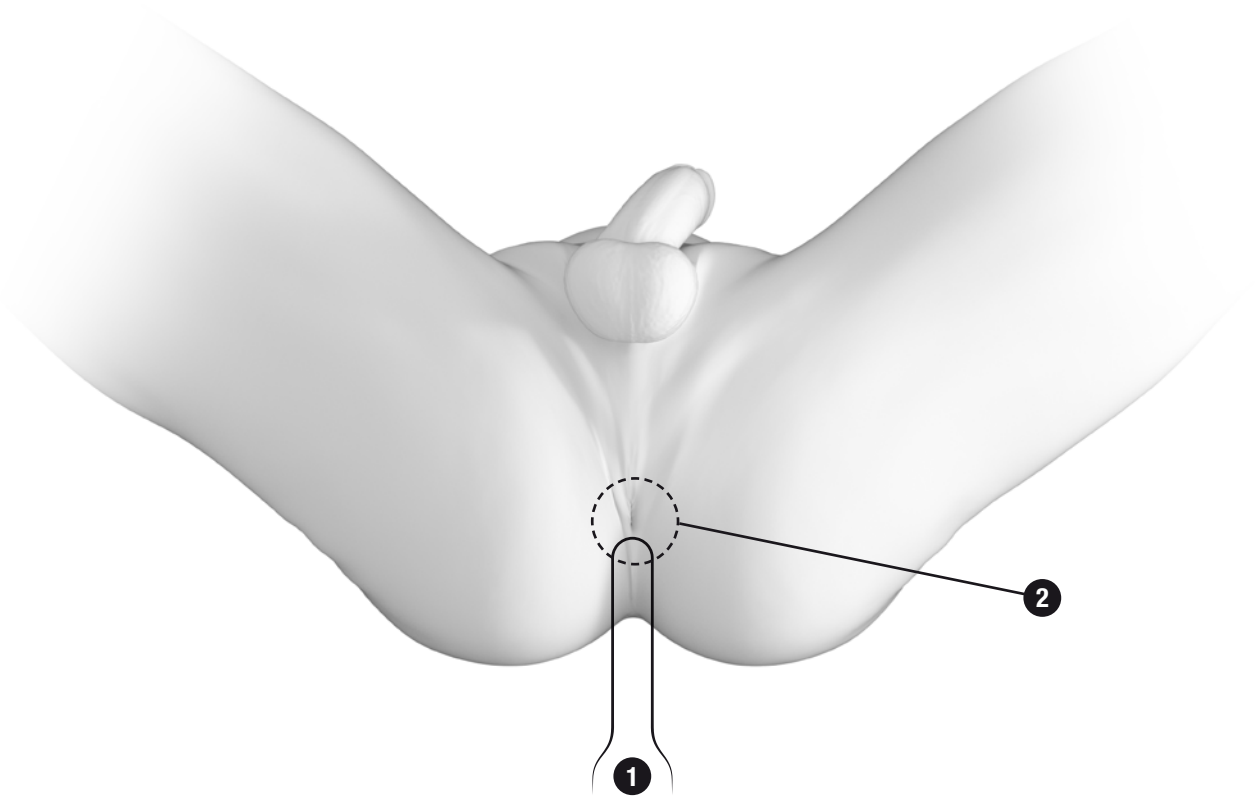
Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily
for 8 x days

Allow 3 weeks rest and
repeat course if needed.

- ANAL FISSURES
- ANAL FISTULA

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Place Probe against the anus	2	Day 1-4 @ 1000
		Day 5-8 @ Variable (V)
2 Scan an area of 5 cm around the anus with Medical Terminal	5 per frequency	5 then 50



Brain and nervous
system disorders



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 4** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 5** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

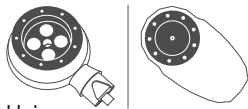
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 12

NEUROLOGY 1

18 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

Allow 3 weeks rest and
repeat cycle.

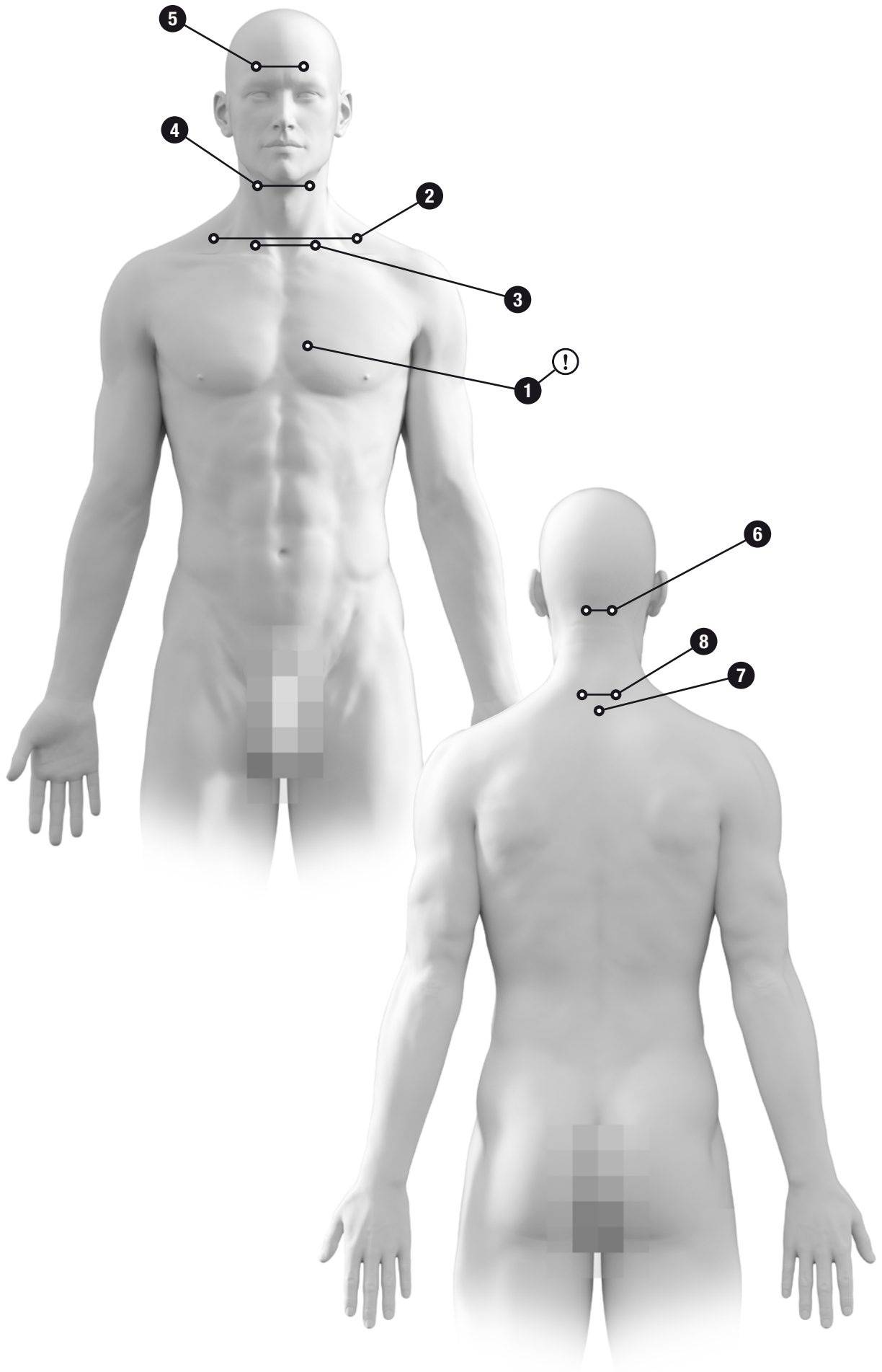
Repeat every 3 months
until full health has been
restored.

- CEREBRAL BLOOD CIRCULATION DISORDERS
- STROKES
- ISCHEMIA OF THE BRAIN – deficiency of blood supply to the brain (in conjunction with [CARDIOLOGY 2](#)).
- ALZHEIMER'S DISEASE

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	5	5
2 Subclavian fossae	1 per point	
3 Supraclavicular fossae		
4 Carotid arteries		
5 Frontotemporal		50
6 Suboccipital fossae		
7 Spine (C-7)		
8 Base of neck		
✓ Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

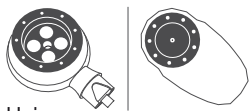


SECTION 12

NEUROLOGY 2

22 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily
for 15 x days

Allow 3 weeks rest before
doing TRAUMATOLOGY 17.

Thereafter repeat protocol
if necessary, allowing for
the periods of rest between
courses.



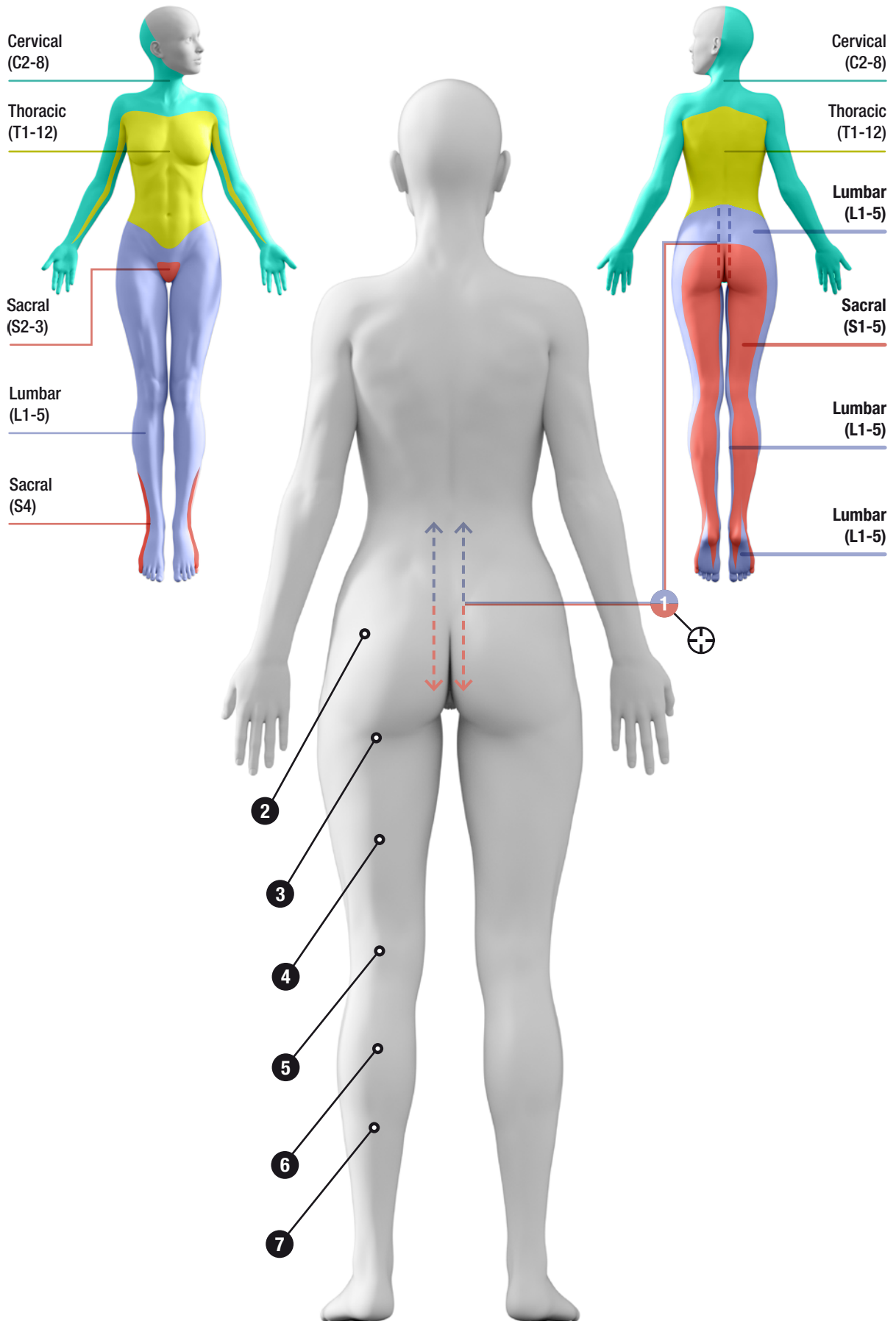
In case of damage of the
nerves other than sciatic,
adjust the location of point
1 (nerve root) and points
2-7 (nerve) according to
the coloured dermatome
zone models.

- **RADICULOPATHY** – damage of nerve roots in the spine.
- **SCIATICA** – pain, weakness, numbness due to damage of the sciatic nerve.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan both sides of vertebral column, lumbosacral	5 per side	1000
2 Buttock piriformis on affected side	2 per point	5
3 Sub-buttock on affected side		
4 Middle back of femur on affected side		
5 Popliteal fossa on affected side		
6 As shown		
7 As shown		



In an acute state, always use the 980 nm laser (Delta Terminals or the coMra Palm). After the pain has subsided, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.





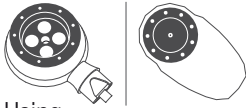
The eyes must be closed during this protocol.

SECTION 12

NEUROLOGY 3

18 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

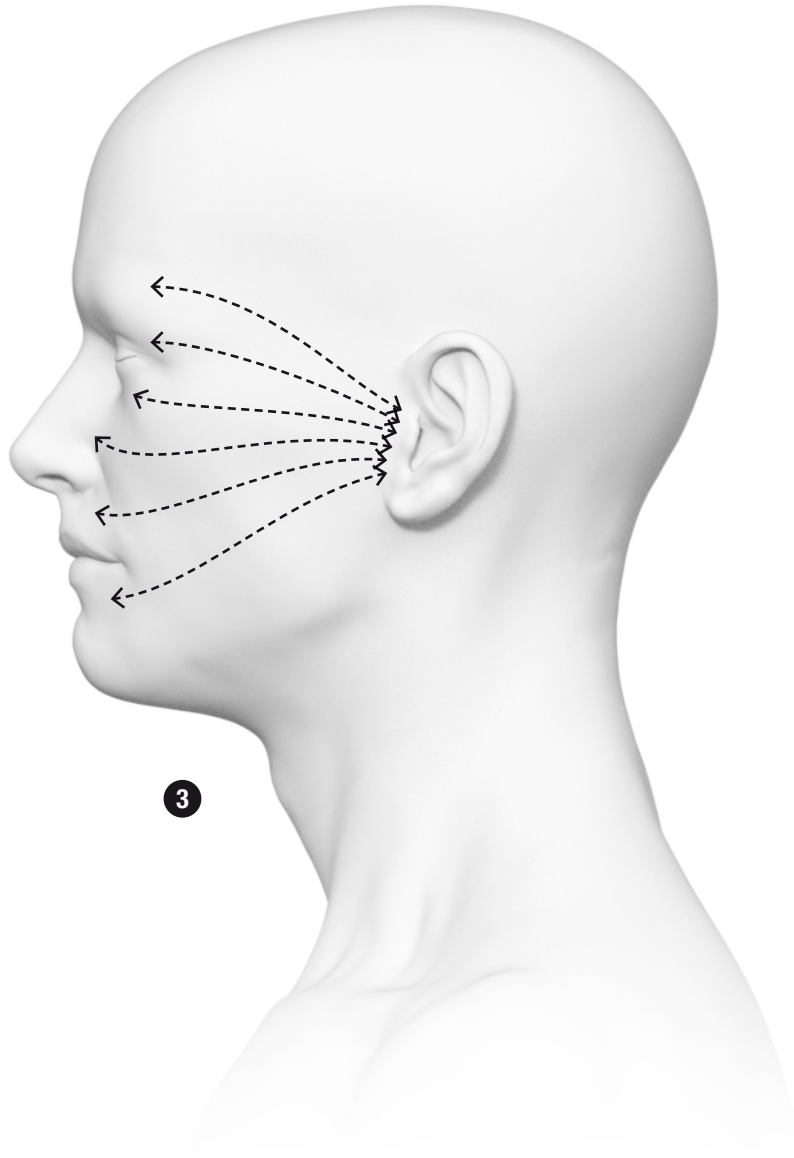
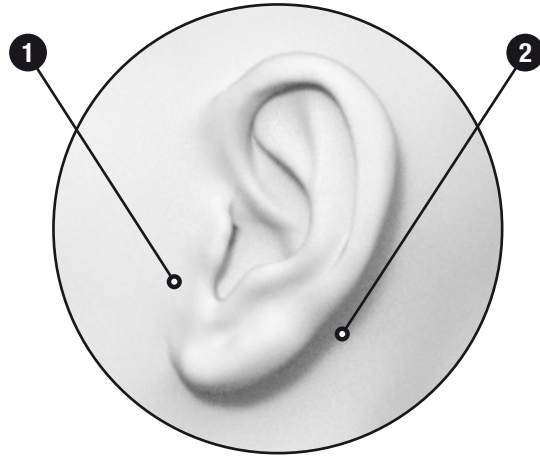
Allow 3 weeks rest and
repeat course if needed.

- NEUROPATHY OF FACIAL NERVE
- BELL'S PALSY

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Below ears on both sides of the face	2 per side	50
2 In front of ears on both sides of the face		
3 Scan both sides of the face going from front of ears to the bottom of the jaw and up to the temporal area, as shown in the diagram	5 per side	1000



In an acute state, always use the 980 nm laser (Delta Terminals or the coMra Palm). After the pain has subsided, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.





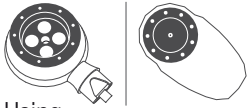
The eyes must be closed during this protocol.

SECTION 12

NEUROLOGY 4

24 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily for 15 x days

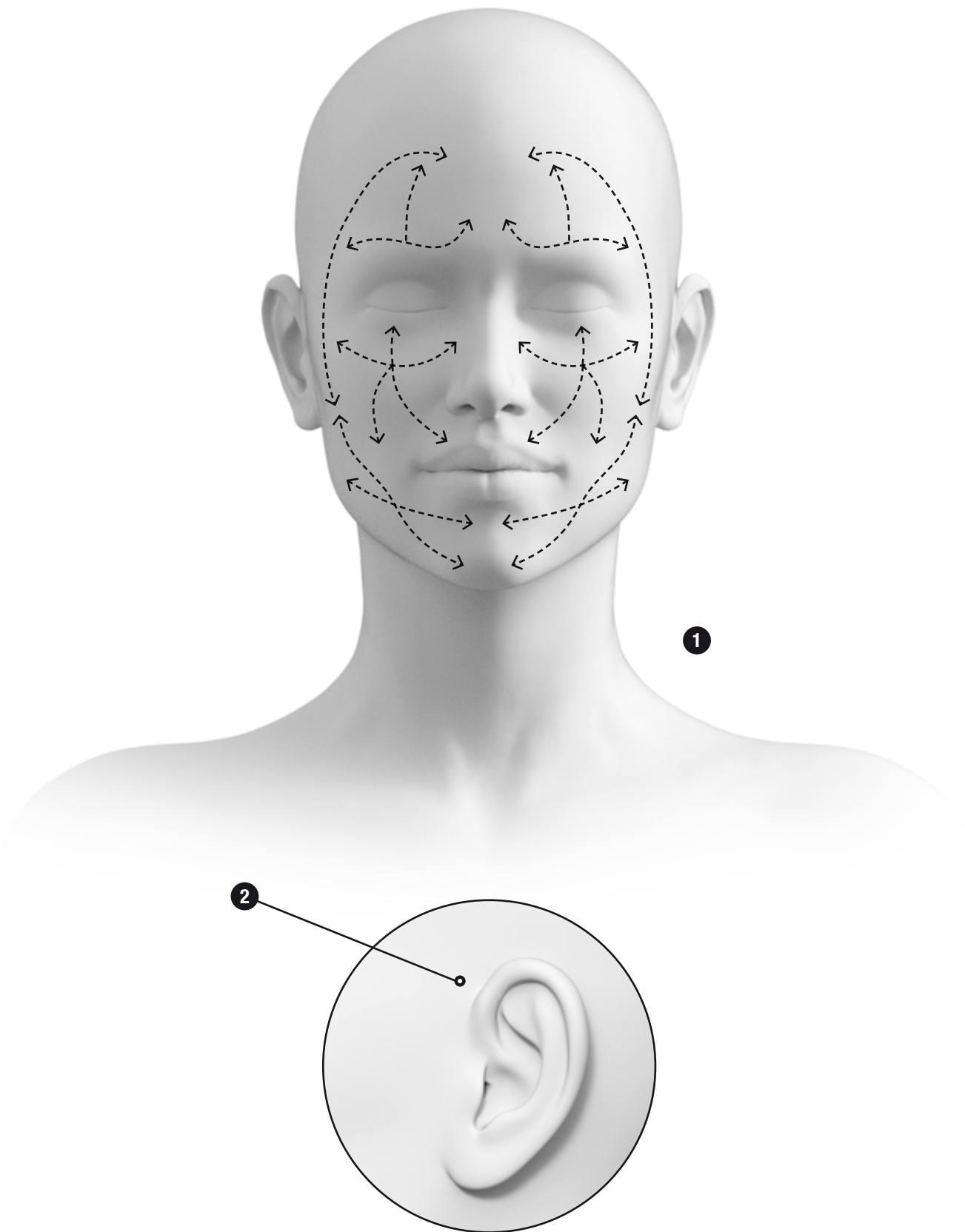
Allow 2 weeks rest and
repeat course if needed.

- TRIGEMINAL NERVE NEURALGIA
- TRIGEMINAL NERVE NEUROPATHY

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan both sides of the face as shown in diagram	10 per side	50
2 Above both ears	2 per side	



In an acute state, always use the 980 nm laser (Delta Terminals or the coMra Palm). After the pain has subsided, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 12

NEUROLOGY 5

17 mins

Protocol time.



Using:
Delta Probe Terminal
with Extended Sheath.

2 x daily
for **15** x days

Allow 2 weeks rest and
repeat cycle as necessary.

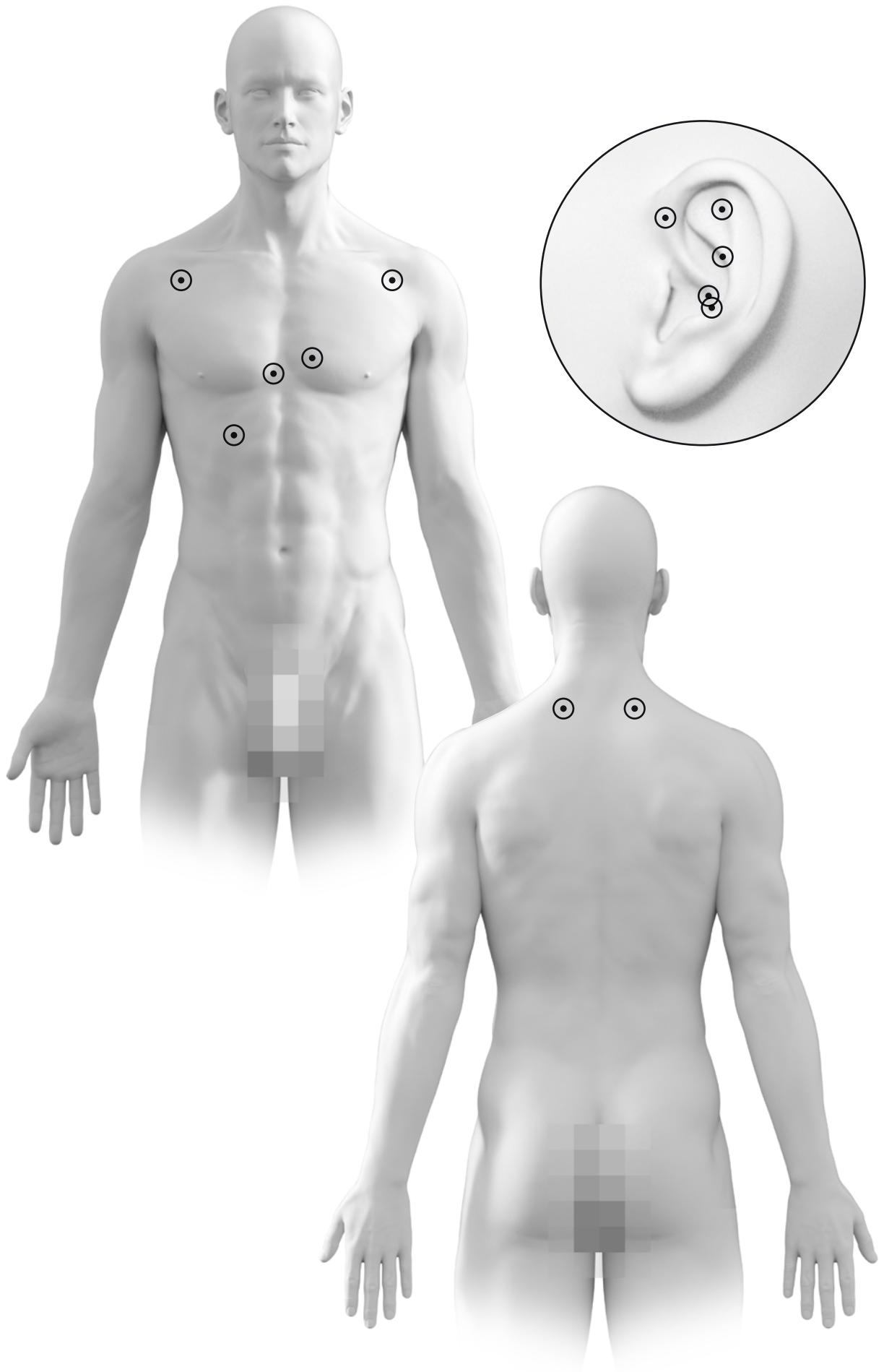
- **DELIRIUM TREMENS** – withdrawal symptoms.

PROTOCOL POINT	⌚ MINS	⚡ HZ
● Place the tip of the Probe on each point shown in the diagram. Treat the points shown on both ears	1 per point	1000

i Apply this protocol in conjunction with UNIVERSAL 1 (HEAD) and GASTROENTEROLOGY 1.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 12

NEUROLOGY 6

12 mins

Protocol time.



Using:
Delta Probe Terminal
with Extended Sheath.

2 x daily for 15 x days

Allow 2 weeks rest and
repeat cycle as necessary.

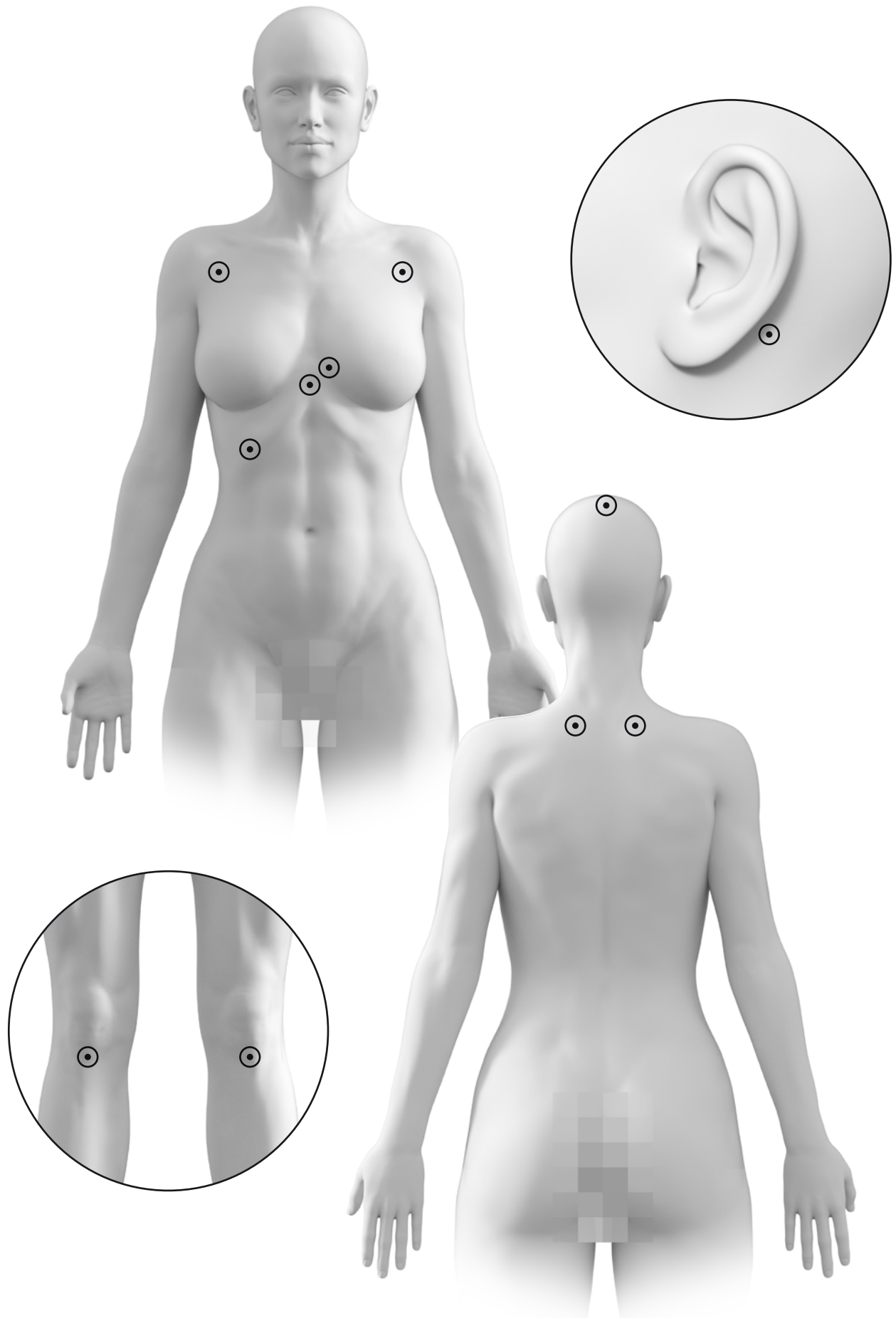
• ALCOHOLISM

PROTOCOL POINT	⌚ MINS	⚡ HZ
① Place the tip of the Probe on each point shown in the diagram. Point behind the ear should be done on both sides	1 per point	1000

i Apply this protocol in conjunction with UNIVERSAL 1 (HEAD) and GASTROENTEROLOGY 1.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 12

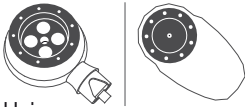
NEUROLOGY 7

13 mins

Protocol time.



Using:
Delta Probe Terminal
with Extended Sheath.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

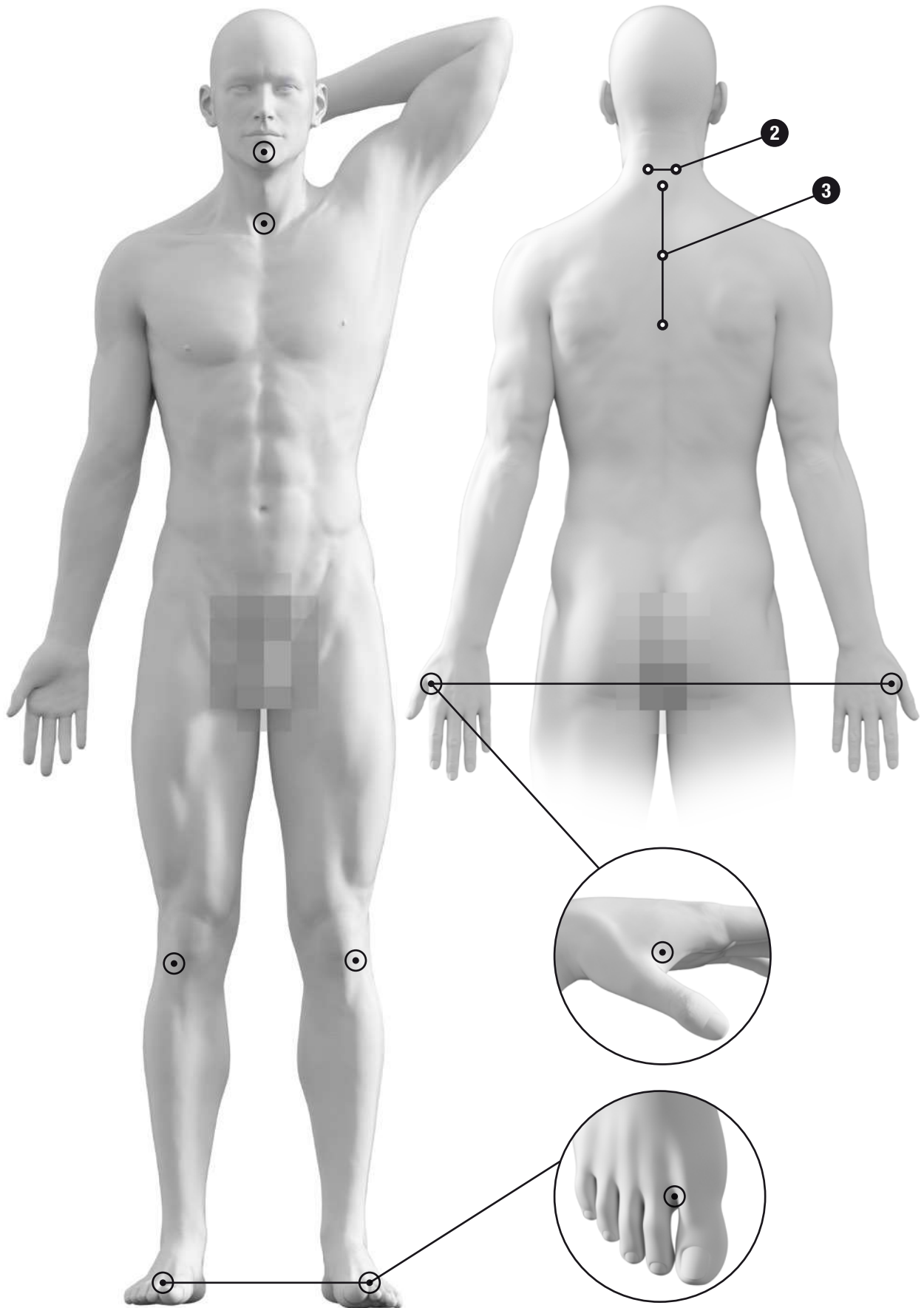
Allow 3 weeks rest
and repeat course until
improvement is noticed.

Thereafter it is a matter of
gaining confidence in not
stuttering.

• STUTTERING

PROTOCOL POINT	⌚ MINS	⚡ HZ
① Place the tip of the Probe on each point shown in the diagram.	1 per point	1000
② Using the Medical Terminal		50
③ Using the Medical Terminal		5

i Apply this protocol in conjunction with UNIVERSAL 5 (SB-2).



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

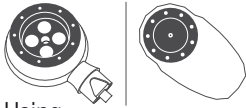
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 12

NEUROLOGY 8

16 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

15 days

Allow 3 weeks rest
and repeat course until
significant improvement.
Thereafter repeat course
once every 6 months.

- EPILEPSY
- EPILEPSY SYNDROMES

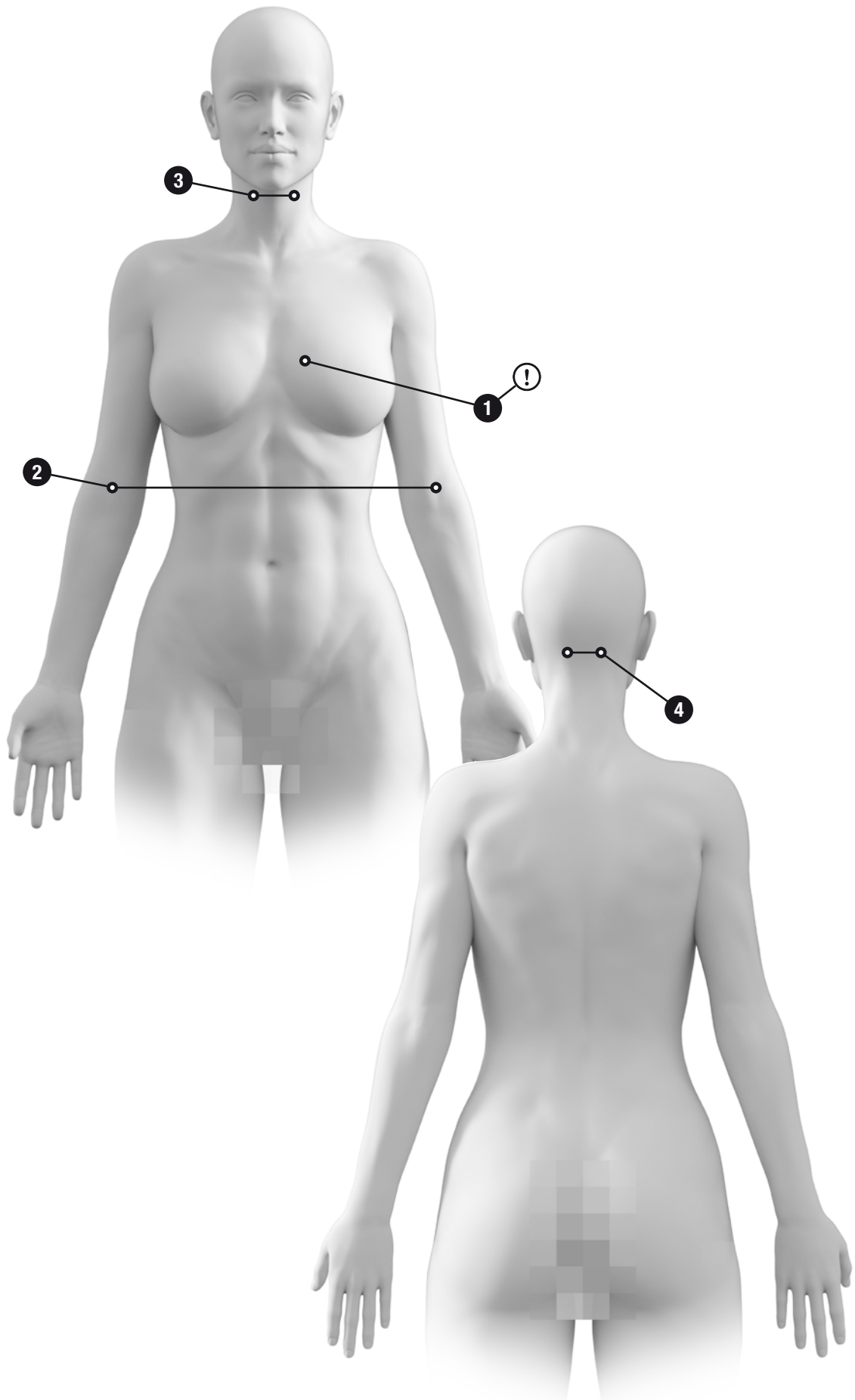
PROTOCOL POINT		⌚ MINS	⚡ HZ	2 x daily
Day 1-7	① 4 th intercostal, left of sternum	2	5	
	② Elbow fossae	5 per point		
	③ Carotid Arteries	1 per point	50	
	④ Suboccipital			
✓ Rest after treatment session	5-10			

Day 8-15	MORNING
	Points 1-4 as above
	EVENING
	Do <u>NEUROLOGY 1</u>

i After seizure apply UNIVERSAL 5 (SB-2).



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

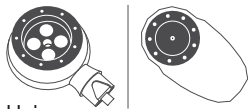


SECTION 12

NEUROLOGY 9

1 hr 13 mins ±

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

**1 x daily
for 21 x days**

Allow 2 weeks rest
and repeat cycle until
improvement is noticed.

Thereafter treat every 3
months if still necessary.

• FIBROMYALGIA

PART 1 EARLY MORNING

PROTOCOL POINT	⌚ MINS	⚡ HZ
As shown in the diagram	1 per point per frequency	5 then 50

PART 2 EARLY EVENING

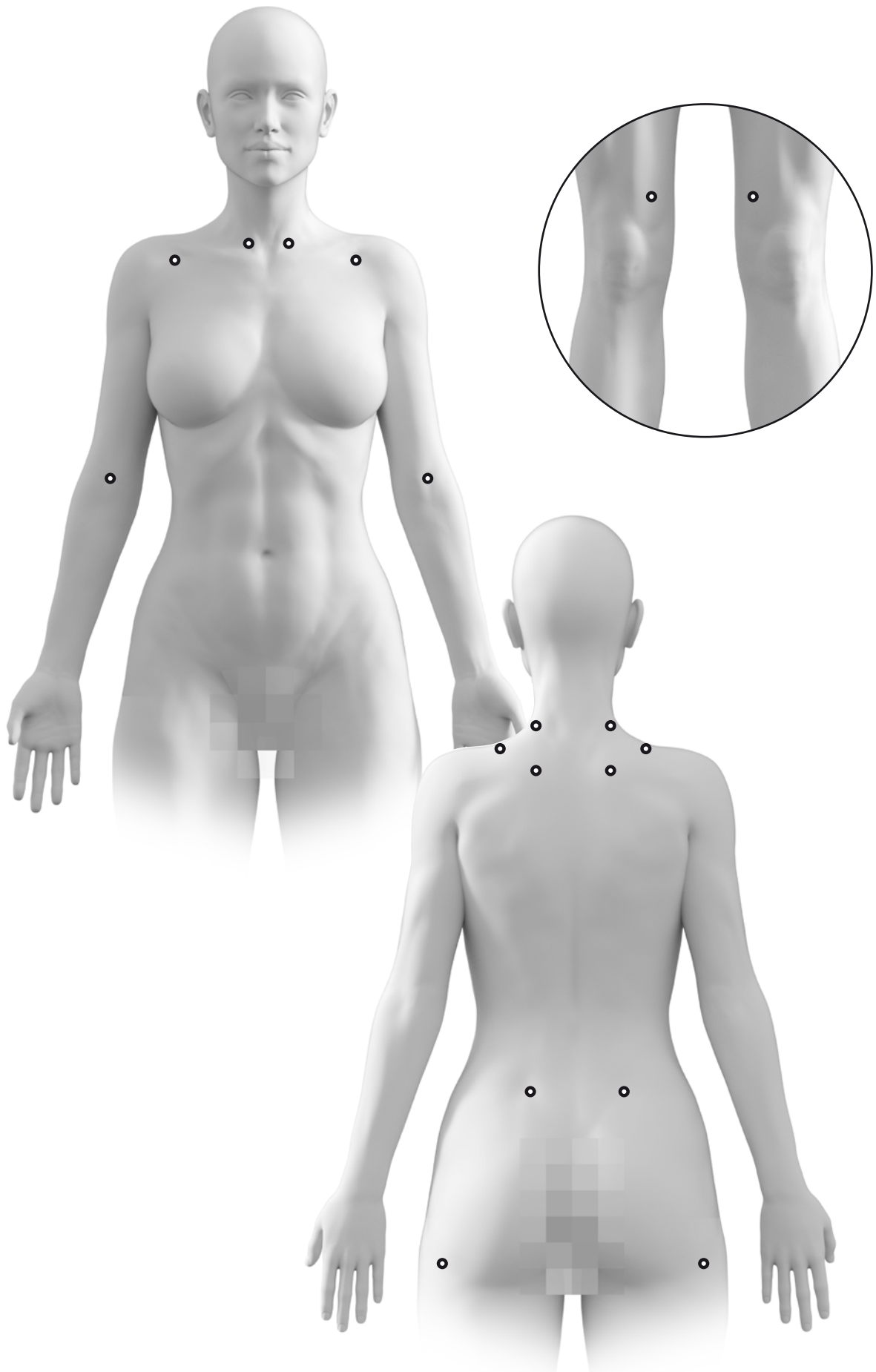
Apply **UNIVERSAL 3 (BLOOD)** every 2nd day

PART 3 EVENING AFTER DINNER

Apply **UNIVERSAL 5 (SB-2)** every day



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



Conditions that display recurring areas of pain should additionally be treated locally, on and surrounding the area of pain at 50 Hz for 2 mins per point.



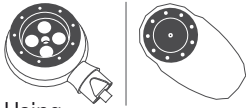
Where there has been muscle wastage, the appropriate muscles should also be treated, based on the protocol set out in NEUROLOGY 13.

SECTION 12

NEUROLOGY 10

1 hr 13 mins ±

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

Apply continuously (without rest periods) until definite improvement is noticed.

Thereafter treat for 21 days, applying only 3 courses of UNIVERSAL 4 (SB-1), and allowing a period of 2 weeks rest between courses.

• MULTIPLE SCLEROSIS

PART 1 EARLY MORNING & EVENING

Apply UNIVERSAL 5 (SB-2) twice a day (morning and evening)

PART 2 MIDDAY

A Apply UNIVERSAL 3 (BLOOD) every 2nd day (alternating with B)

B Apply CARDIOLOGY 2 every 2nd day (alternating with A)

PART 3 EVENING AFTER DINNER

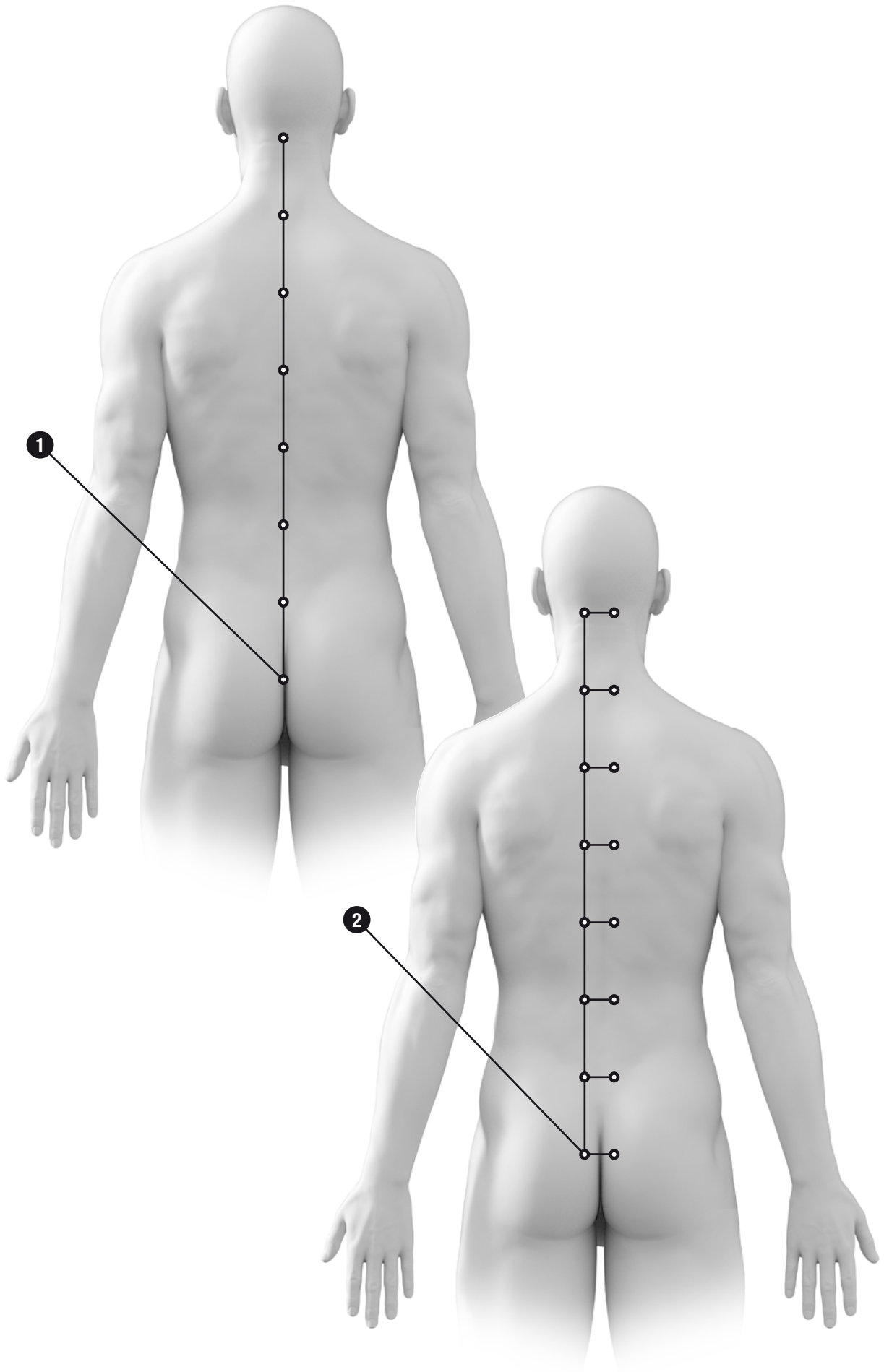
Apply UNIVERSAL 4 (SB-1) one part done once per day, every evening for 6 days. Having completed all 6 parts start again at the beginning.

PART 4 EVENING AFTER DINNER

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 From coccyx to occiput at 10 cm intervals	1 per point	1000
2 Along both sides of vertebral column through long extensors at 10 cm intervals		50



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.





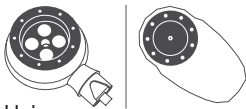
This protocol is best done last thing at night before going to sleep so as to ensure a good night's sleep.

SECTION 12

NEUROLOGY 11

32 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 15 x days

Allow 3 weeks rest before
doing [UNIVERSAL 4 \(SB-1\)](#).

Thereafter repeat protocol
if necessary, allowing for
the periods of rest between
courses.



To find the adrenal glands,
trace a line between the
elbows to locate the kidneys
(blue line), then move up
to the last rib and then
out about 3 cm from the
centreline of the spine
(red line).

• WITTMACK-EKBOM'S SYNDROME (RESTLESS LEGS OR RESTLESS ARMS SYNDROME)

LEGS For points 2-6 do first the one leg and then the other

PROTOCOL POINT	⌚ MINS	📡 HZ
1 Scan both sides of vertebral column, lumbosacral	5 per side	1000
2 Adrenal glands	2 per point	5
3 As shown		

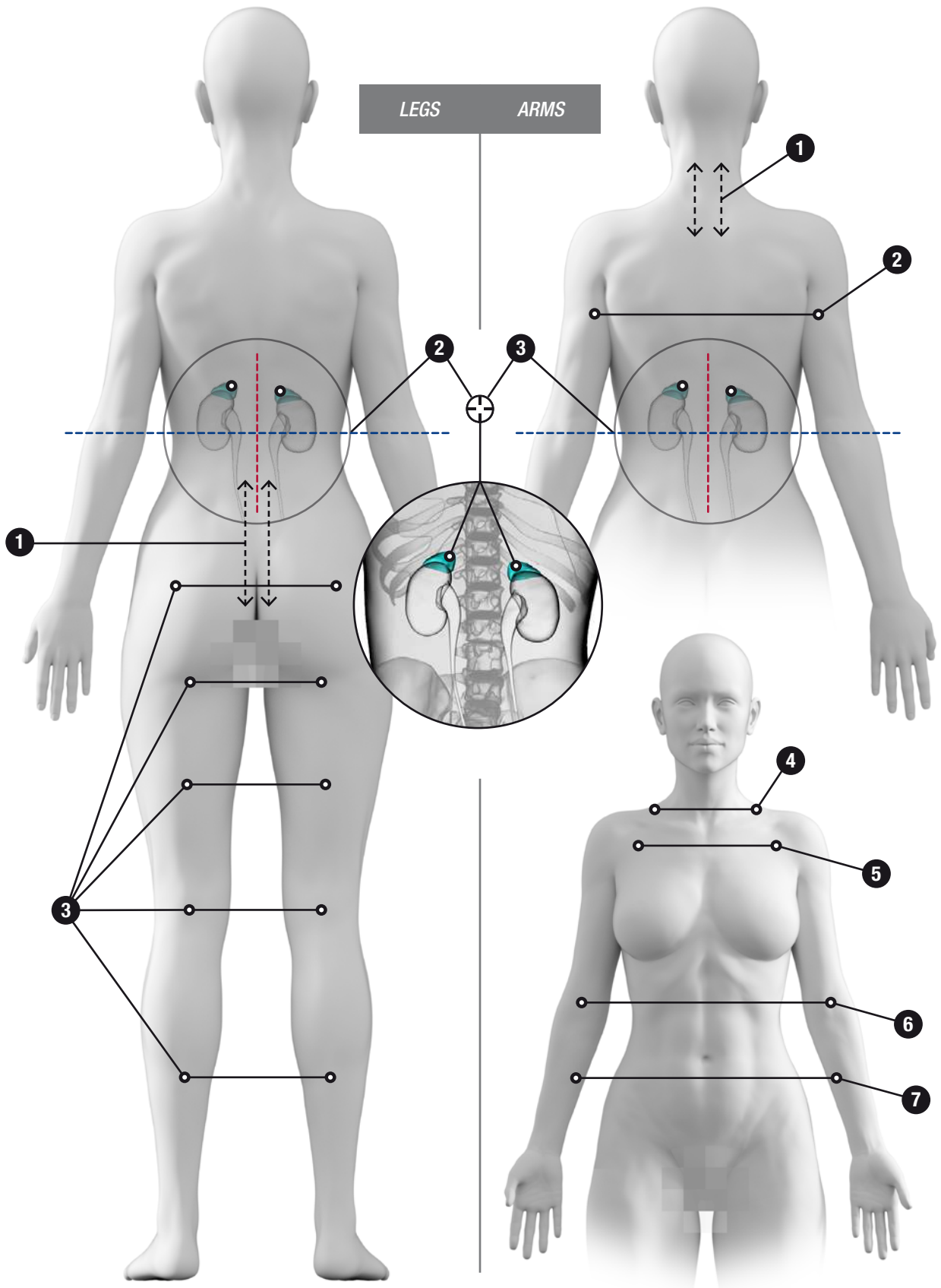
ARMS For points 2-6 do first the one arm and then the other

PROTOCOL POINT	⌚ MINS	📡 HZ
1 Scan both sides of vertebral column, base of neck	5 per side	1000
2 Long head of triceps	2 per point	5
3 Adrenal glands		
4 Front of trapezius		
5 Pectoralis major		
6 Anconeal arteries		
7 Palmaris longus		

i Apply this protocol in conjunction with [UNIVERSAL 5 \(SB-2\)](#).



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

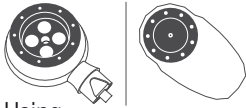
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 12

NEUROLOGY 12

1 hr 20 mins ±

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

***2 x daily**
for 30 x days

Allow 2 weeks rest and repeat cycle.

Thereafter treat every 3 months if still necessary.

• PARKINSON'S DISEASE

PART 1 EARLY MORNING

A Apply UNIVERSAL 3 (BLOOD) every 2nd day (alternating with B)

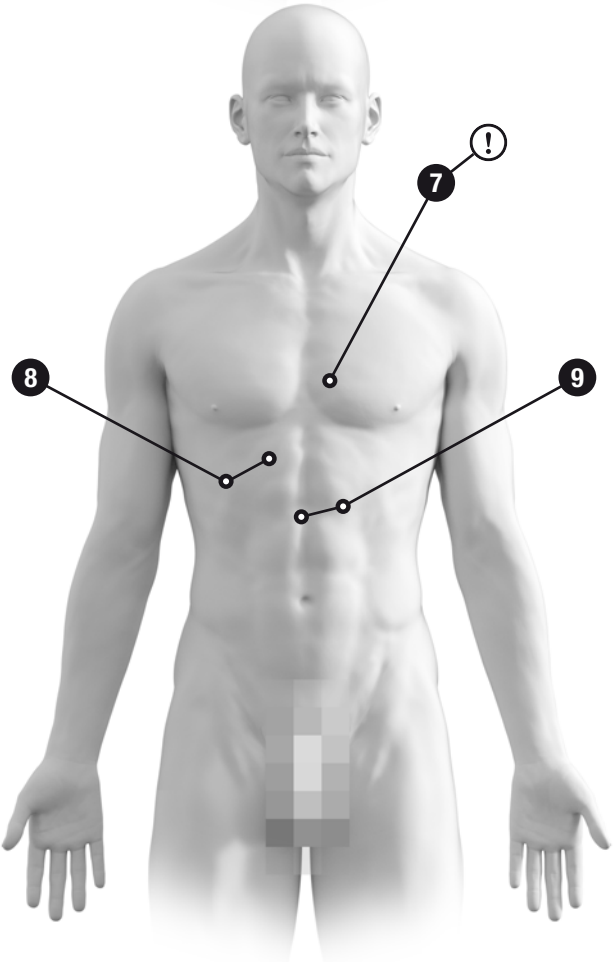
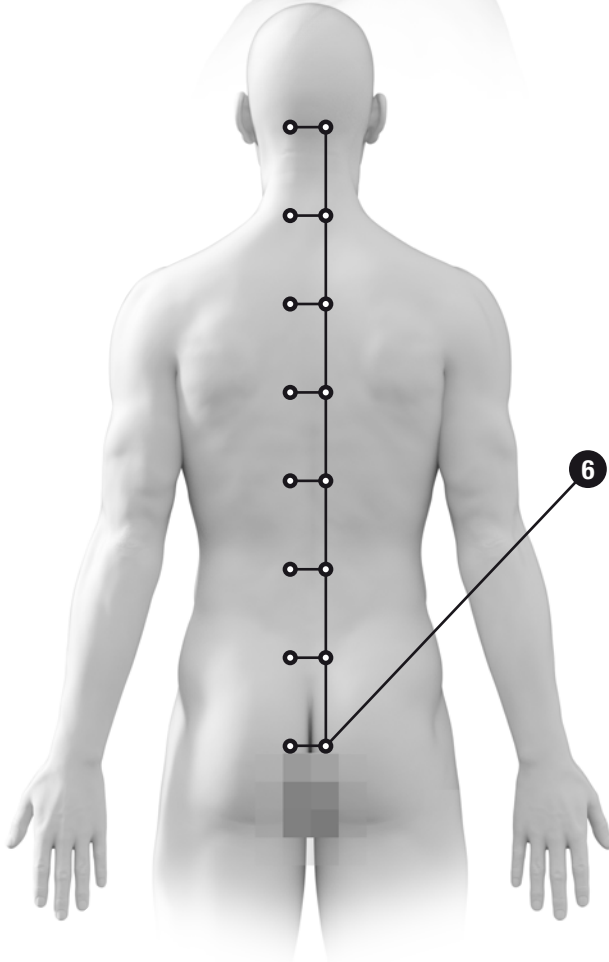
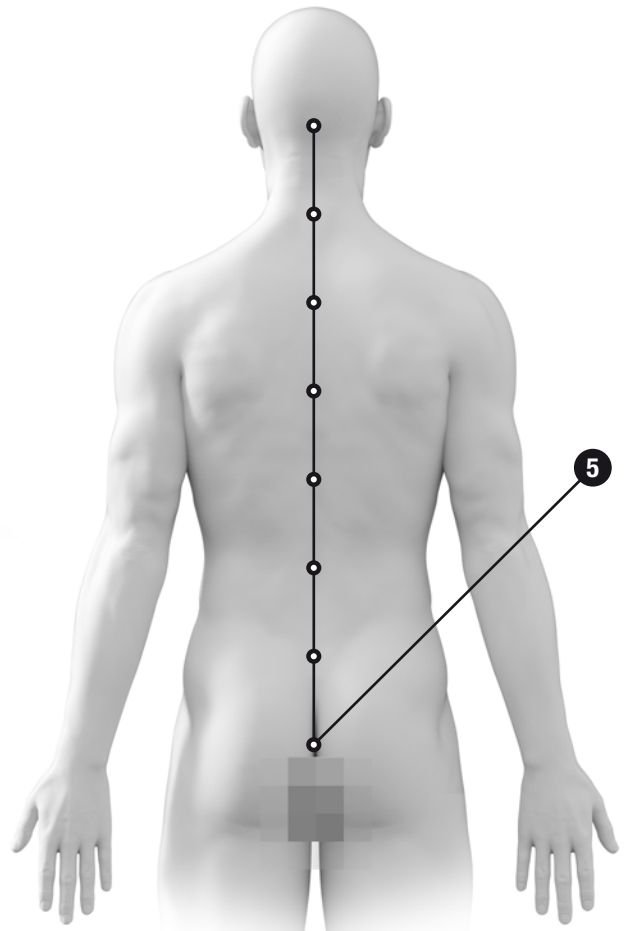
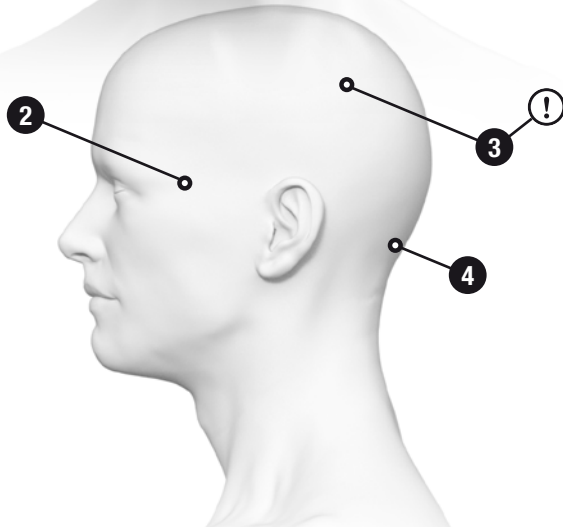
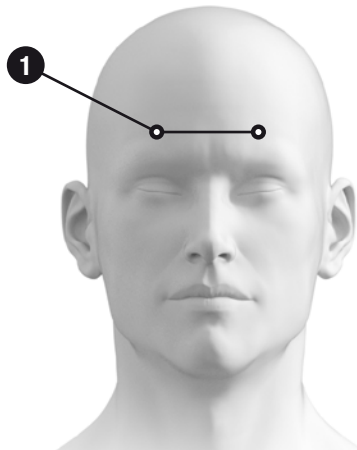
B Apply UNIVERSAL 5 (SB-2) every 2nd day (alternating with A)

PART 2* MIDDAY & EVENING AFTER DINNER

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Frontal (both sides)	1 per side	50
2 Temple (both sides)		
3 Parietal lobes (both sides)		
4 Suboccipital (both sides)		
5 From coccyx to occiput at 10 cm intervals	1 per point	1000
6 Along both sides of vertebral column through long extensors at 10 cm intervals		50
7 4 th intercostal, left of sternum	2	5
8 Liver, 2 points 10 cm apart	1 per point	50
9 Pancreas, 2 points 10 cm apart		
✓ Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.





It is of vital importance that as from the commencement of PLAN 2, the patient also undergoes a suitable physiotherapy program in order to rebuild the wasted muscle.

SECTION 12

NEUROLOGY 13

44 mins

Protocol time.



Using:
Delta Aesthetic Terminal.

1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

• MUSCULAR DYSTROPHY

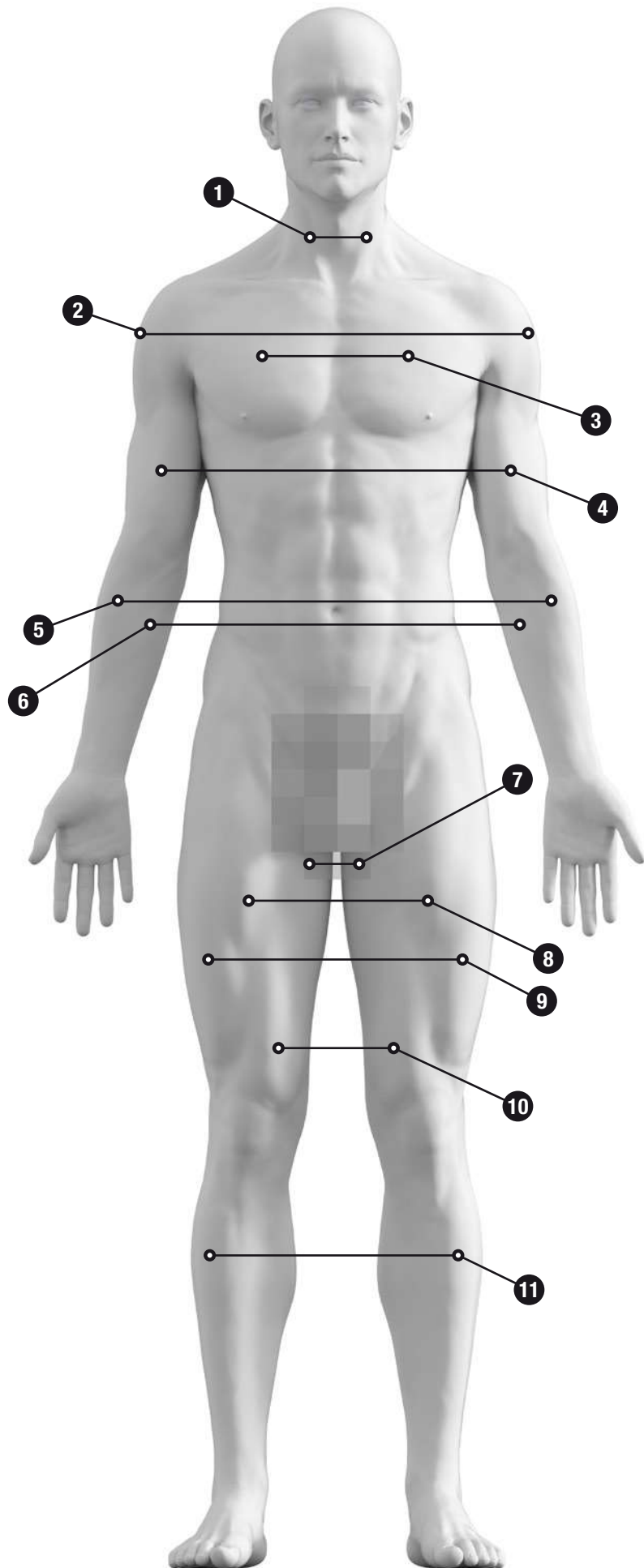
PLAN 1	EARLY MORNING	
PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Sternocleidomastoid	1 per point per frequency	50 then Variable (V)
2 Deltoid		
3 Pectoralis		
4 Biceps		
5 Brachioradialis		
6 Flexor carpi radialis and palmaris longus		
7 Adductor longus and gracilis		
8 Rectus femoris		
9 Vastus lateralis		
10 Vastus medialis		
11 Peroneus longus		

i To make the treatment of the muscles somewhat easier some of the muscles have been grouped where possible, so that one point of irradiation serves to irradiate more than one muscle.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

PLAN 1 continued overleaf...



1 hr 8 mins

Protocol time.



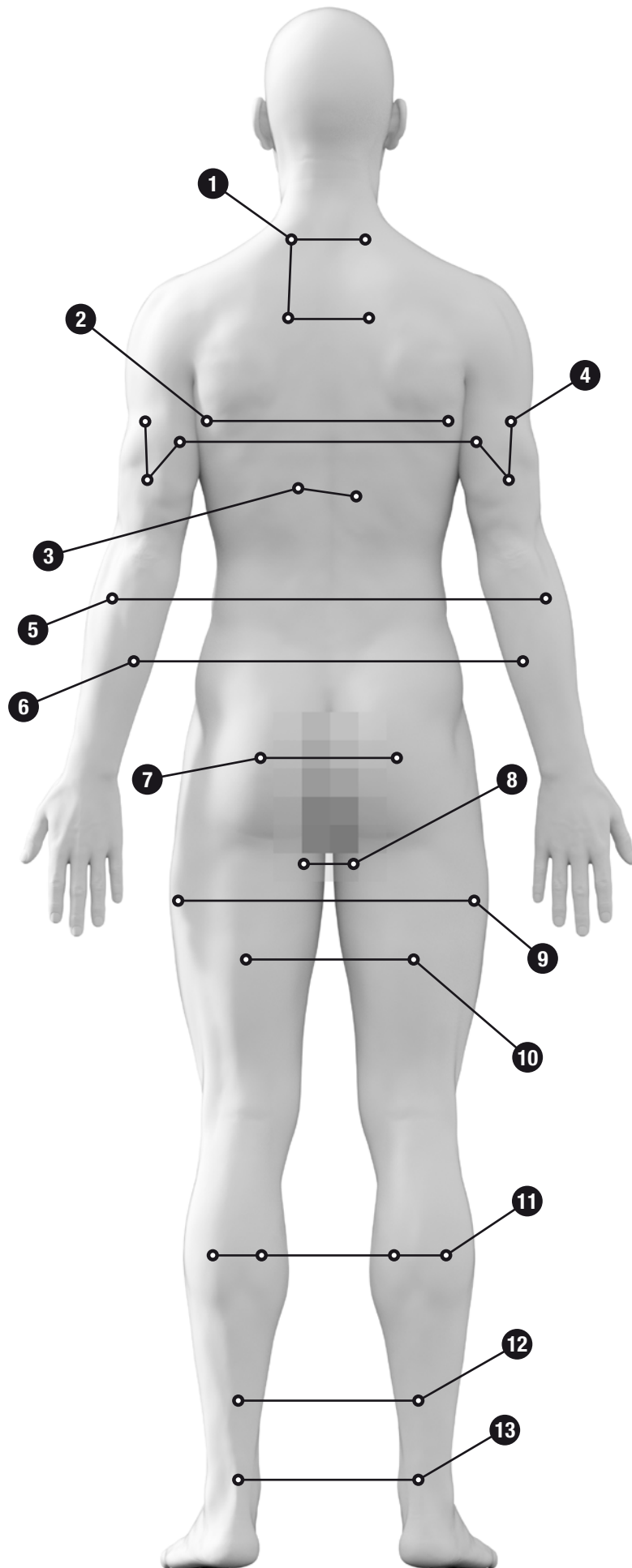
Using:
Delta Aesthetic Terminal.

1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

PLAN 1		MIDDAY	
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Trapezius	1 per point per frequency	50 then Variable (V)	
2 Teres major			
3 Latissimus dorsi/adrenal glands			
4 Triceps, 3 points			
5 Extensor			
6 Flexor			
7 Gluteus maximus			
8 Adductor magnus			
9 Iliotibial			
10 Semitendinosus and biceps femoris			
11 Gastrocnemius			
12 Soleus			
13 Achilles			

PLAN 1 continued overleaf...



In treating the heart area NEVER use a frequency other than 5 Hz.

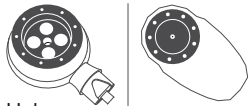


Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

1 hr 5 mins

Protocol time.



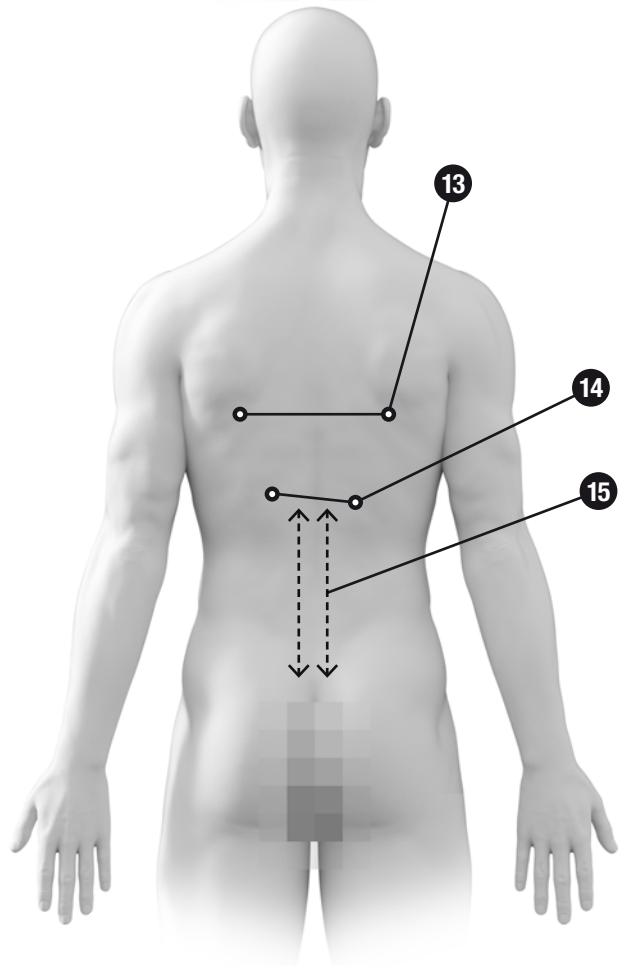
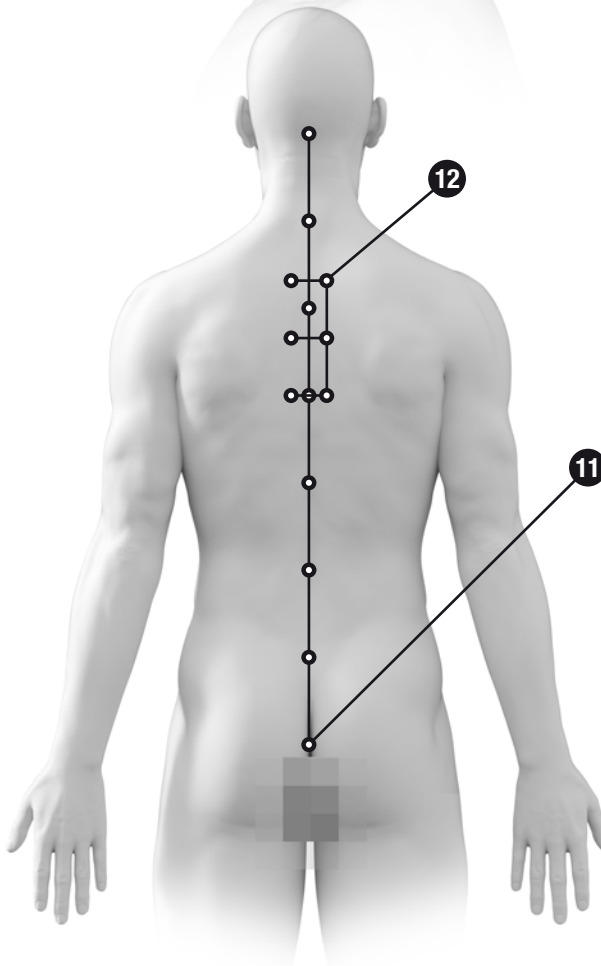
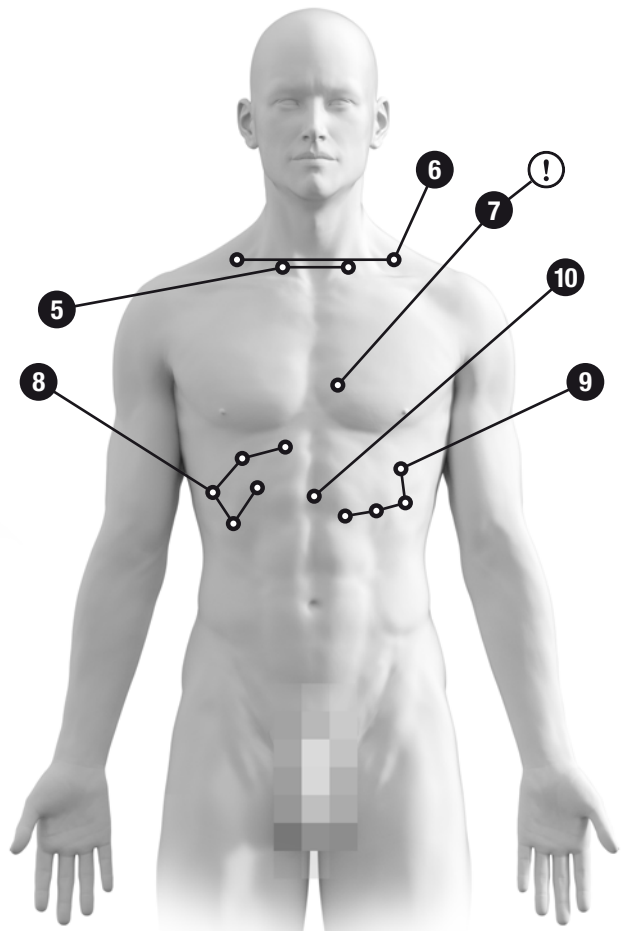
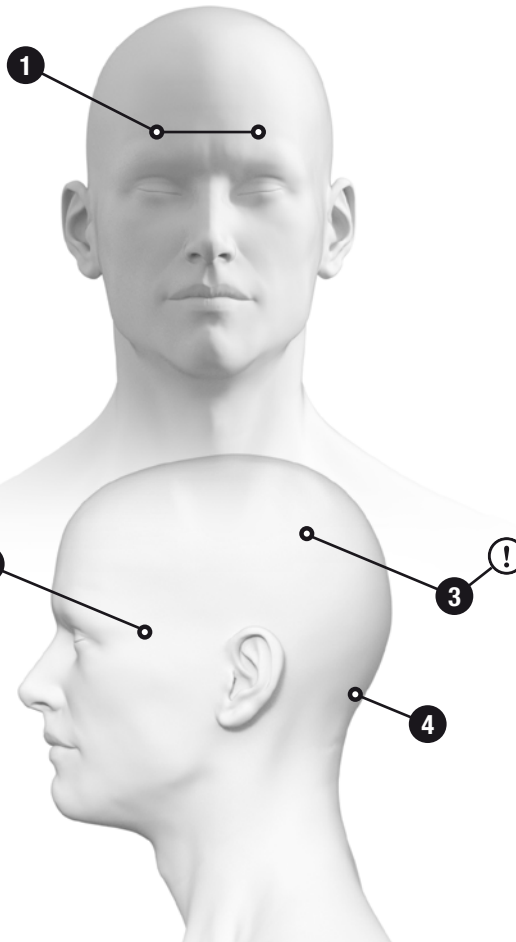
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

PLAN 1		EARLY EVENING	
PROTOCOL POINT		⌚ MINS	⚡ HZ
1	Frontal (both sides)	1 per side	50
2	Temple (both sides)		
3	Parietal lobes (both sides)		
4	Suboccipital (both sides)		
5	Subclavian fossae	2 per point	5
6	Supraclavicular fossae	1 per point	
7	4 th intercostal, left of sternum	2	
8	Liver	1 per point	50
9	Spleen and pancreas		
10	Solar plexus	2	1000
11	Coccyx to occiput at 10 cm intervals	1 per point	
12	3 points along both sides of vertebral column, opposite scapulae	1 per point per frequency	
13	2 points below scapulae	2 per point	5
14	Kidneys	5 per point	
15	Scan both sides of vertebral column from mid back to lower back	5 per side	1000
✓	Rest after treatment session	5-10	
PLAN 1		LAST THING AT NIGHT	
1	Apply <u>UNIVERSAL 5 (SB-2)</u> every day		
2	Apply <u>UNIVERSAL 3 (BLOOD)</u> every 2 nd day		

PLAN 2 overleaf...



22 mins

Protocol time.



Using:
Delta Aesthetic Terminal.

1 x daily

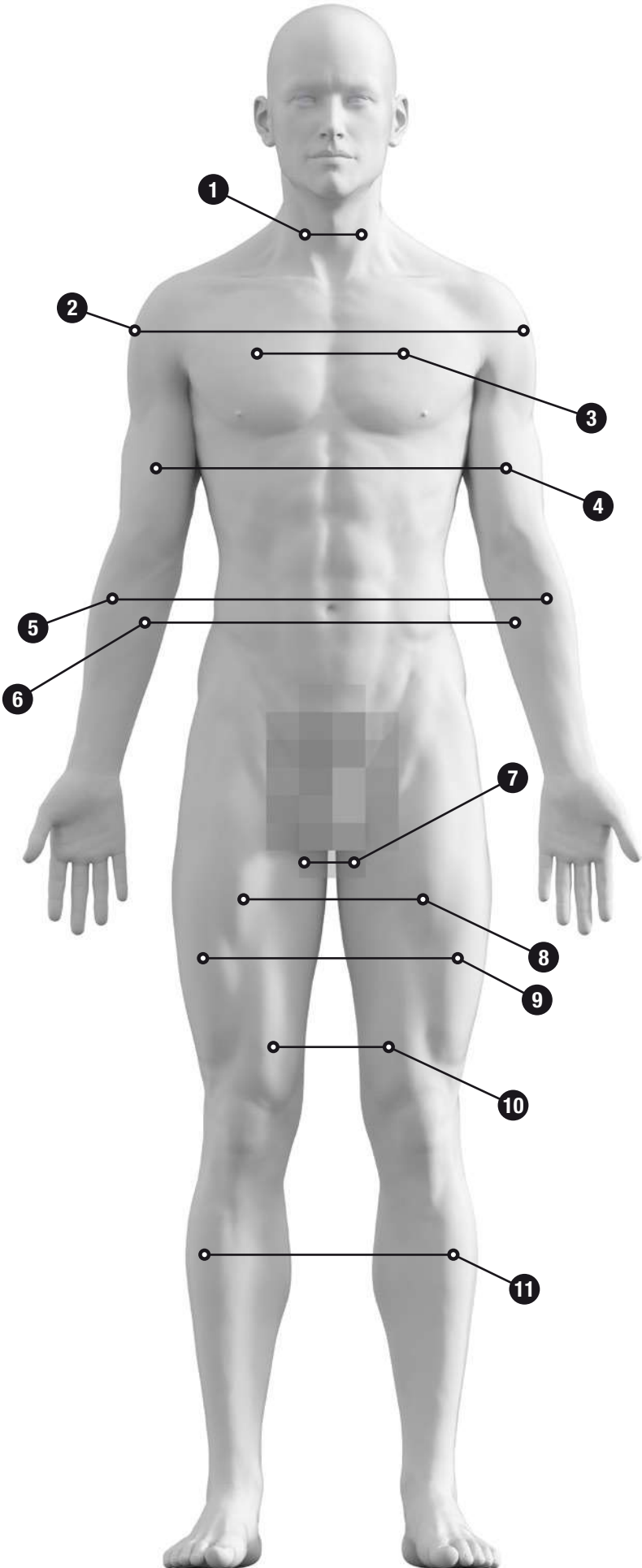
for 21 x days

Monday, Wednesday
and Friday.

Allow 2 weeks rest and
repeat cycle until full
recovery is achieved.

PLAN 2		EARLY MORNING – MONDAY, WEDNESDAY, FRIDAY	
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Sternocleidomastoid	1 per point	Variable (V)	
2 Deltoid			
3 Pectoralis			
4 Biceps			
5 Brachioradialis			
6 Flexor carpi radialis and palmaris longus			
7 Adductor longus and gracilis			
8 Rectus femoris			
9 Vastus lateralis			
10 Vastus medialis			
11 Peroneus longus			

PLAN 2 continued overleaf...



34 mins

Protocol time.



Using:
Delta Aesthetic Terminal.

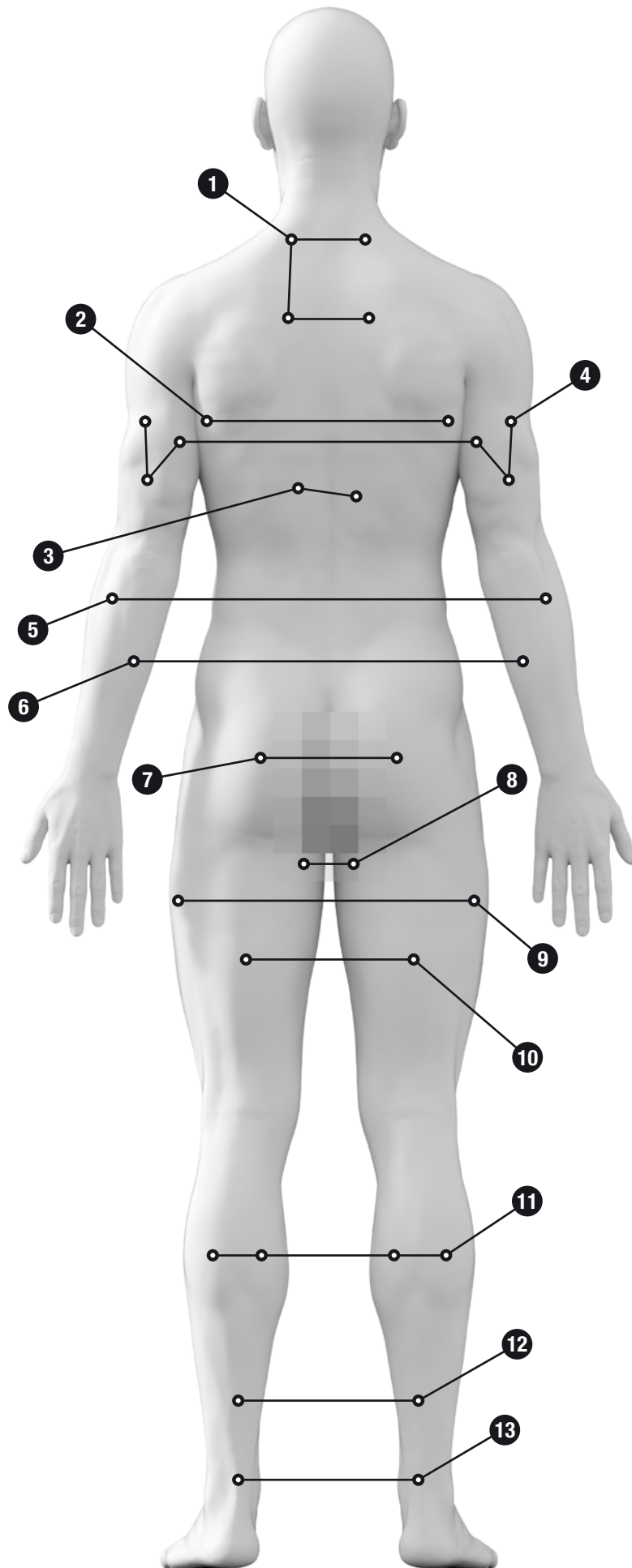
1 x daily
for 21 x days

Tuesday, Thursday and
Saturday.

Allow 2 weeks rest and
repeat cycle until full
recovery is achieved.

PLAN 2		EARLY MORNING – TUESDAY, THURSDAY, SATURDAY	
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Trapezius	1 per point	Variable (V)	
2 Teres major			
3 Latissimus dorsi/adrenal glands			
4 Triceps, 3 points			
5 Extensor			
6 Flexor			
7 Gluteus maximus			
8 Adductor magnus			
9 Iliotibial			
10 Semitendinosus and biceps femoris			
11 Gastrocnemius			
12 Soleus			
13 Achilles			

PLAN 2 continued overleaf...



In treating the heart area NEVER use a frequency other than 5 Hz.

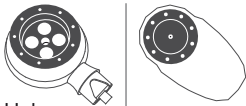


Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

1 hr 5 mins

Protocol time.

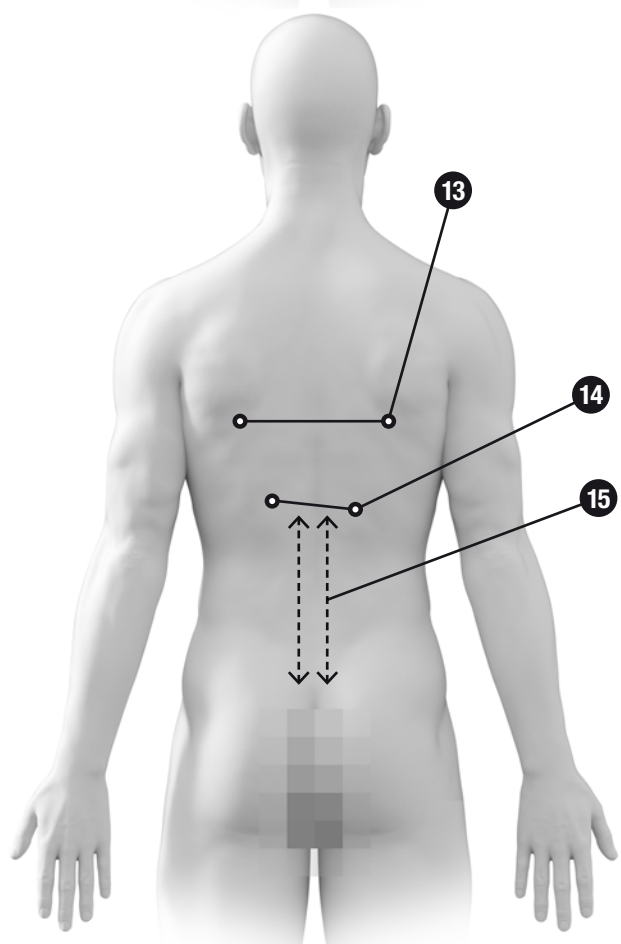
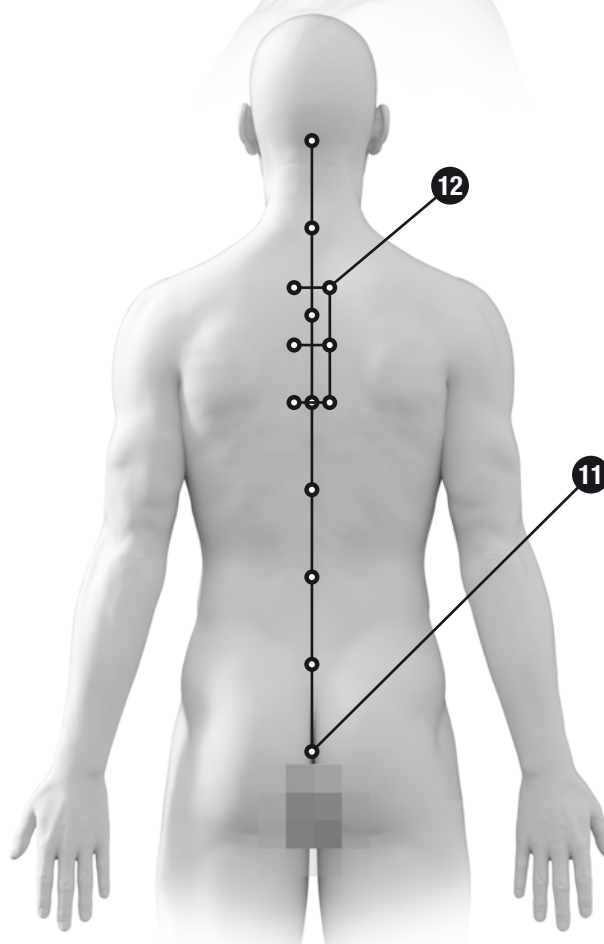
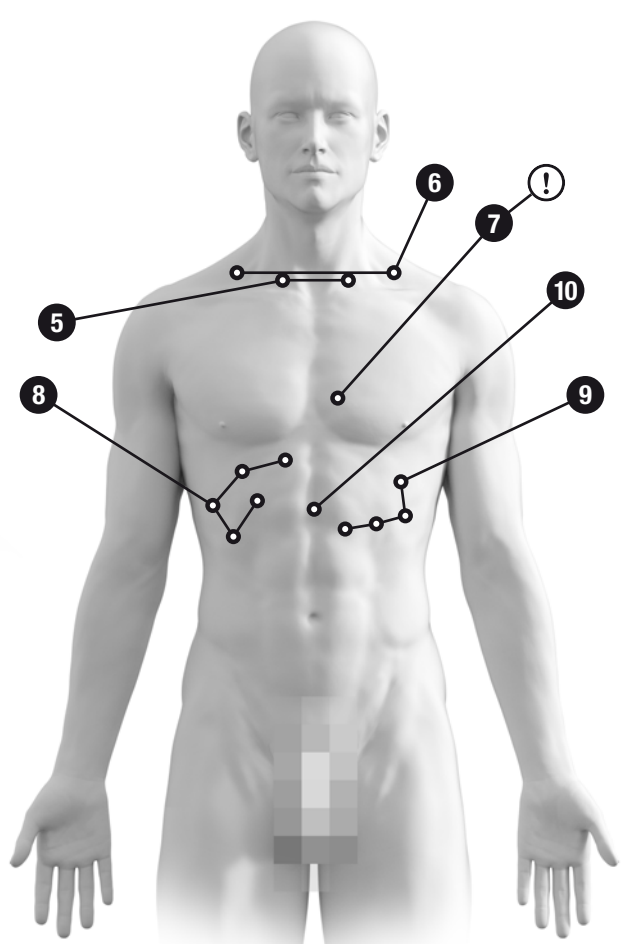
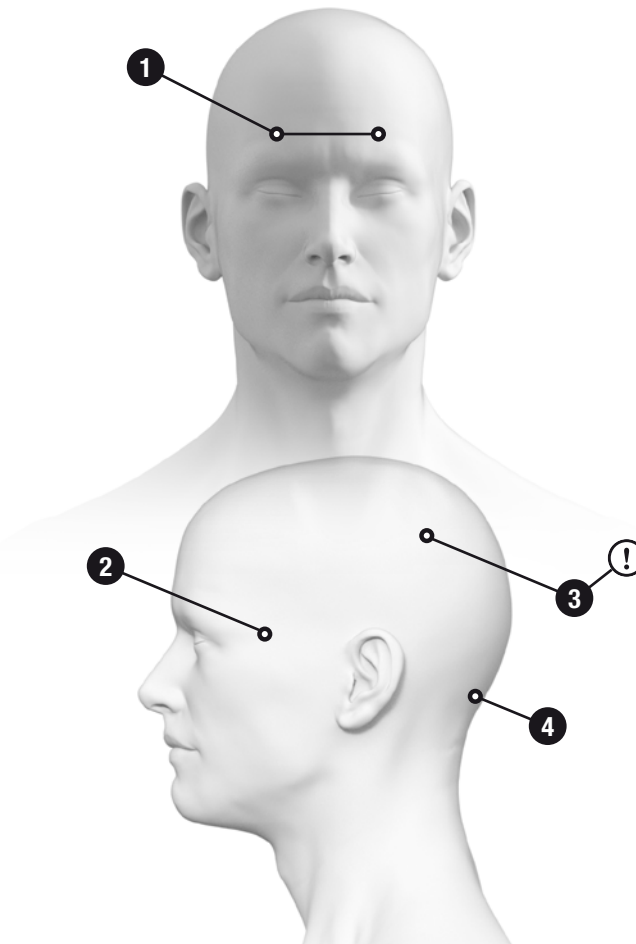


Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Do PLAN 1 every day until definite improvement is noticed. Then allow a period of 2 weeks rest before switching to PLAN 2.

<i>PLAN 2</i>		EARLY EVENING – MONDAY TO SATURDAY	
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Frontal (both sides)	1 per side	50	
2 Temple (both sides)			
3 Parietal lobes (both sides)			
4 Suboccipital (both sides)			
5 Subclavian fossae	2 per point	5	
6 Supraclavicular fossae	1 per point		
7 4 th intercostal, left of sternum	2		
8 Liver	1 per point	50	
9 Spleen and pancreas			
10 Solar plexus			2
11 8 points from coccyx to occiput at 10 cm intervals	1 per point	1000	
12 3 points along both sides of vertebral column, opposite scapulae	1 per point per frequency	5 then 50	
13 2 points below scapulae	2 per point	5	
14 Kidneys	5 per point		
15 Scan both sides of vertebral column from mid back to lower back	5 per side	1000	
✓ Rest after treatment session	5-10		
<i>PLAN 2</i>		LAST THING AT NIGHT – MONDAY TO SATURDAY	
A	Apply <u>UNIVERSAL 5 (SB-2)</u> every 2 nd day (alternating with B)		
B	Apply <u>UNIVERSAL 3 (BLOOD)</u> every 2 nd day (alternating with A)		





The eyes must be closed during this protocol.

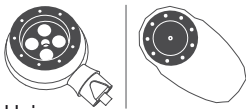
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 12

NEUROLOGY 14

26 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily

Until significant
improvement is noticed.

Then allow 2 weeks rest
and continue for 14 days.

Repeat as necessary.



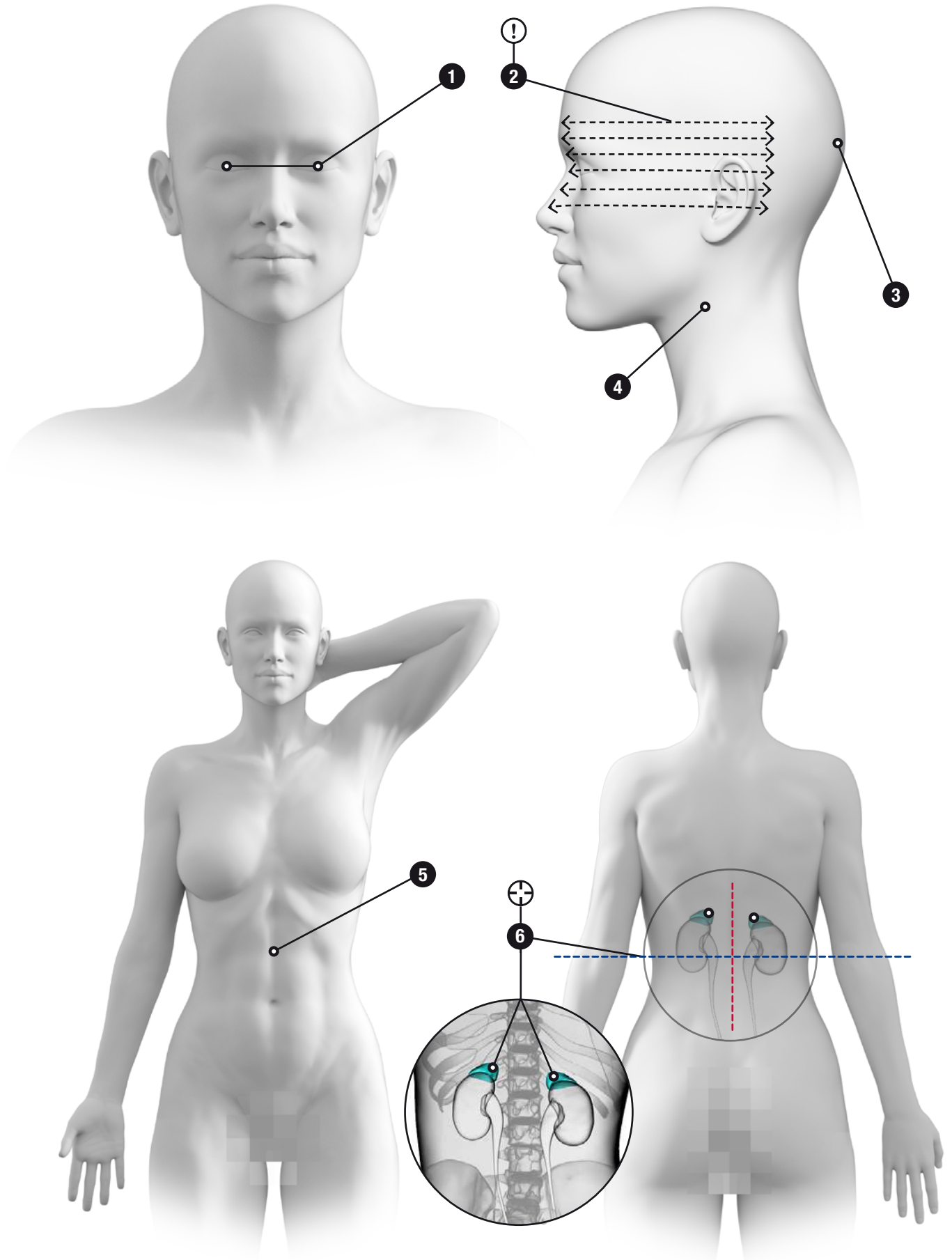
To find the adrenal glands,
trace a line between the
elbows to locate the kidneys
(blue line), then move up
to the last rib and then
out about 3 cm from the
centreline of the spine
(red line).

- DISEASES OF THE EYES
- OPTIC NEUROPATHY
- GLAUCOMA
- MACULAR DEGENERATION
- RETINITIS PIGMENTOSA
- RETINAL DETACHMENT
- MYOPIA

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Directly over each eye, gaze down	2 per eye	50
2 Scan both sides of the face as shown in the diagram	5 per side	
3 Occipital lobe (both sides)	1 per side	
4 Carotid artery (both sides)	2 per side	5
5 Solar plexus, mid-distance between xiphoid process and umbilicus	2	50
6 Adrenal glands	2 per point per frequency	5 then 50

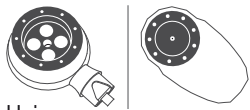


Protocols with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.



SECTION 12

NEUROLOGY 15



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 15 x days

Allow 2 weeks rest before
applying another course.

Thereafter repeat protocol
if necessary, allowing for
the periods of rest between
courses.

• DIABETIC POLYNEUROPATHY

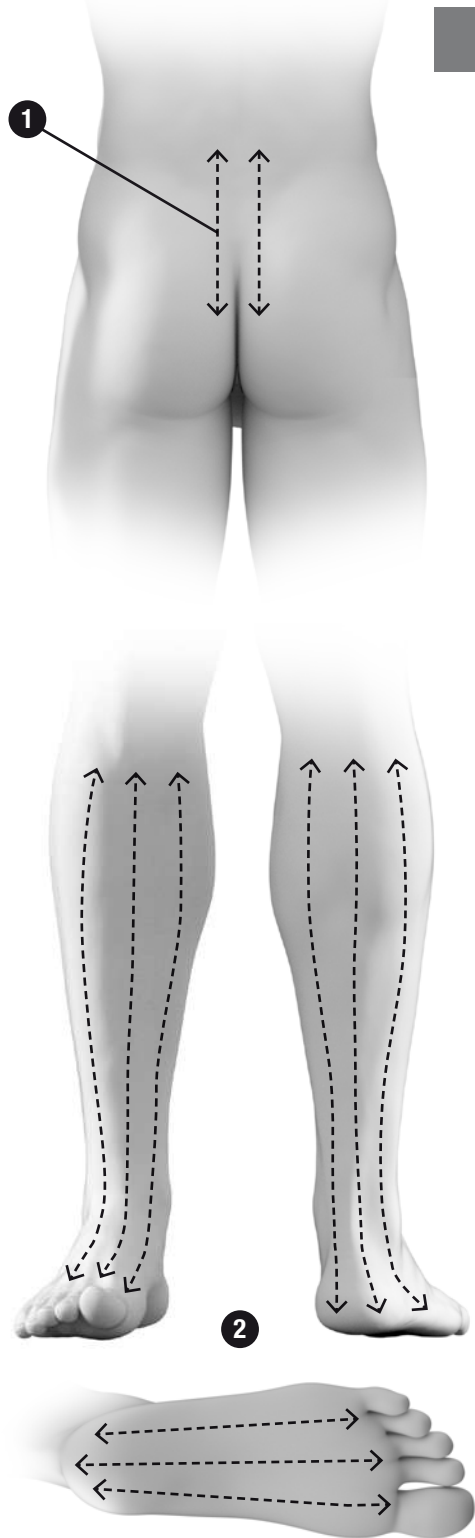
LEGS	PROTOCOL POINT	⌚ MINS	⚡ HZ	
1	Scan both sides of vertebral column, lumbosacral	2 per side	1000	34 mins
	2	Scan affected area of the leg, including top and bottom of the foot		

HANDS	PROTOCOL POINT	⌚ MINS	⚡ HZ	
3	Scan both sides of vertebral column, base of neck	2 per side	1000	24 mins
	4	Scan affected area of the hand		

i Apply this protocol in conjunction with ENDOCRINOLOGY 1.



In an acute state, always use the 980 nm laser (Delta Terminals or the coMra Palm). After the pain has subsided, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



LEGS

HANDS

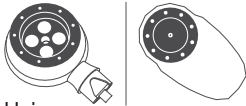


SECTION 12

NEUROLOGY 16

50 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Until significant
improvement then
continue for 7 more days.

After 2 weeks rest apply
UNIVERSAL 6 (VITALITY).



To determine the location of
protocol points 1 and 2, use
the coloured dermatome
zone models to identify the
roots of the spinal nerves
corresponding to the
affected skin area.

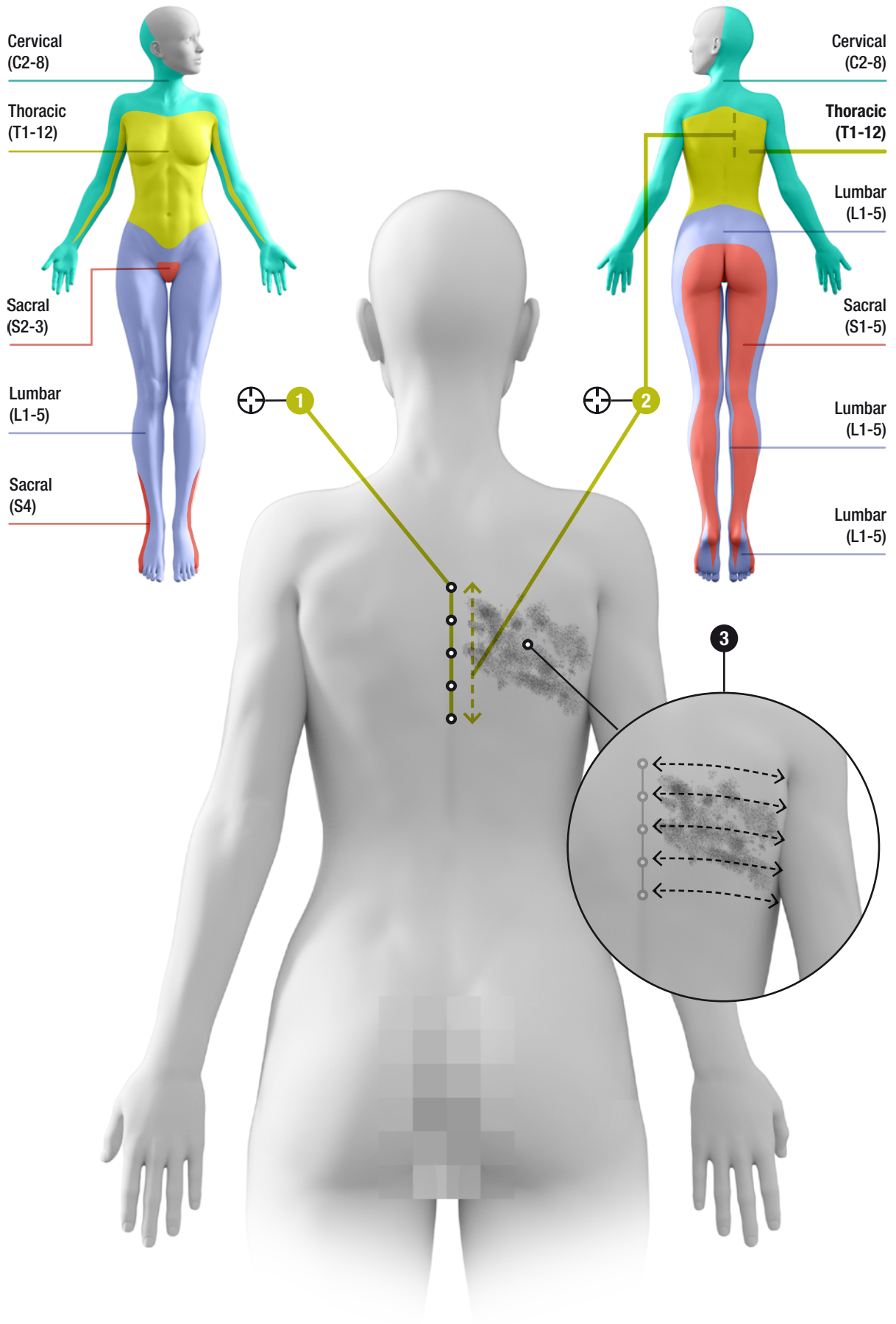
- POST-HERPETIC NEURALGIA
- SHINGLES

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Spinal cord at 5 cm interval	1 per point	1000
2 Scan side of vertebral column, only on the affected side	10	50
3 Scan affected skin area	5 per frequency	1000, 50 then V

i Apply this protocol in conjunction with UNIVERSAL 3 (BLOOD).



In an acute state, always use the 980 nm laser (Delta Terminals or the coMra Palm). After the pain has subsided, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

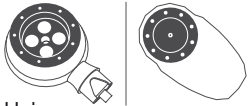


SECTION 12

NEUROLOGY 17

20 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Until significant
improvement then
continue for 7 more days.

Allow 2 weeks rest before
applying another course.

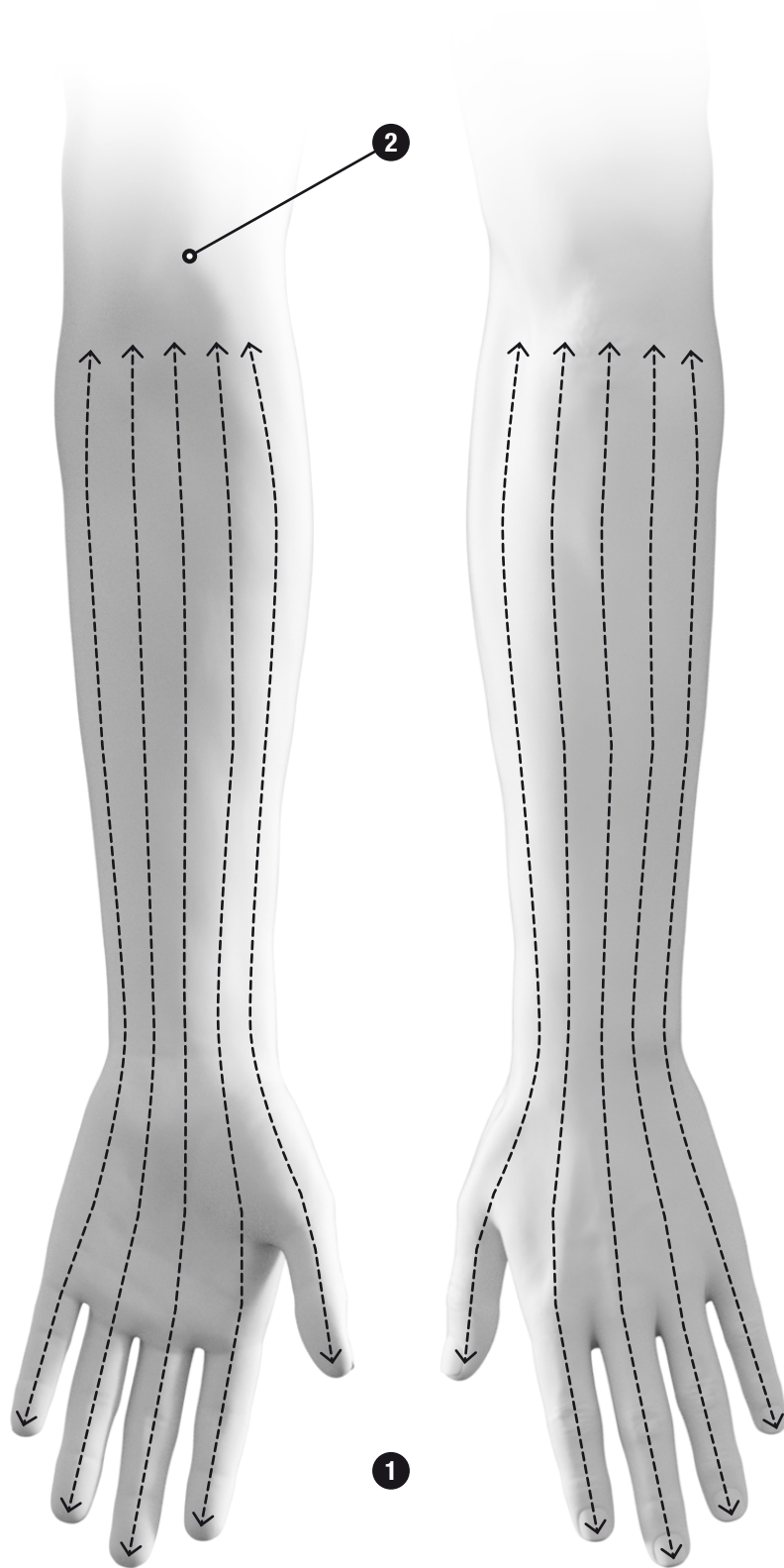
Thereafter repeat protocol
if necessary, allowing for
the periods of rest between
courses.

- COMPLEX REGIONAL PAIN SYNDROME
- POST-TRAUMATIC NEURALGIA

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan affected area	5 per frequency	1000, 50 then V
2 Closest artery	5	5



In an acute state, always use the 980 nm laser (Delta Terminals or the coMra Palm). After the pain has subsided, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 13

ENDOCRINOLOGY

Diabetes and hormonal imbalance



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.



Protocols with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.



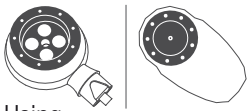
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 13

ENDOCRINOLOGY 1

20 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 21 x days

Allow 3 weeks rest then repeat. Continue until the blood sugar level reaches normal and insulin is no longer needed.

Thereafter do once every 3 months, or whenever needed, to maintain the correct blood sugar levels.

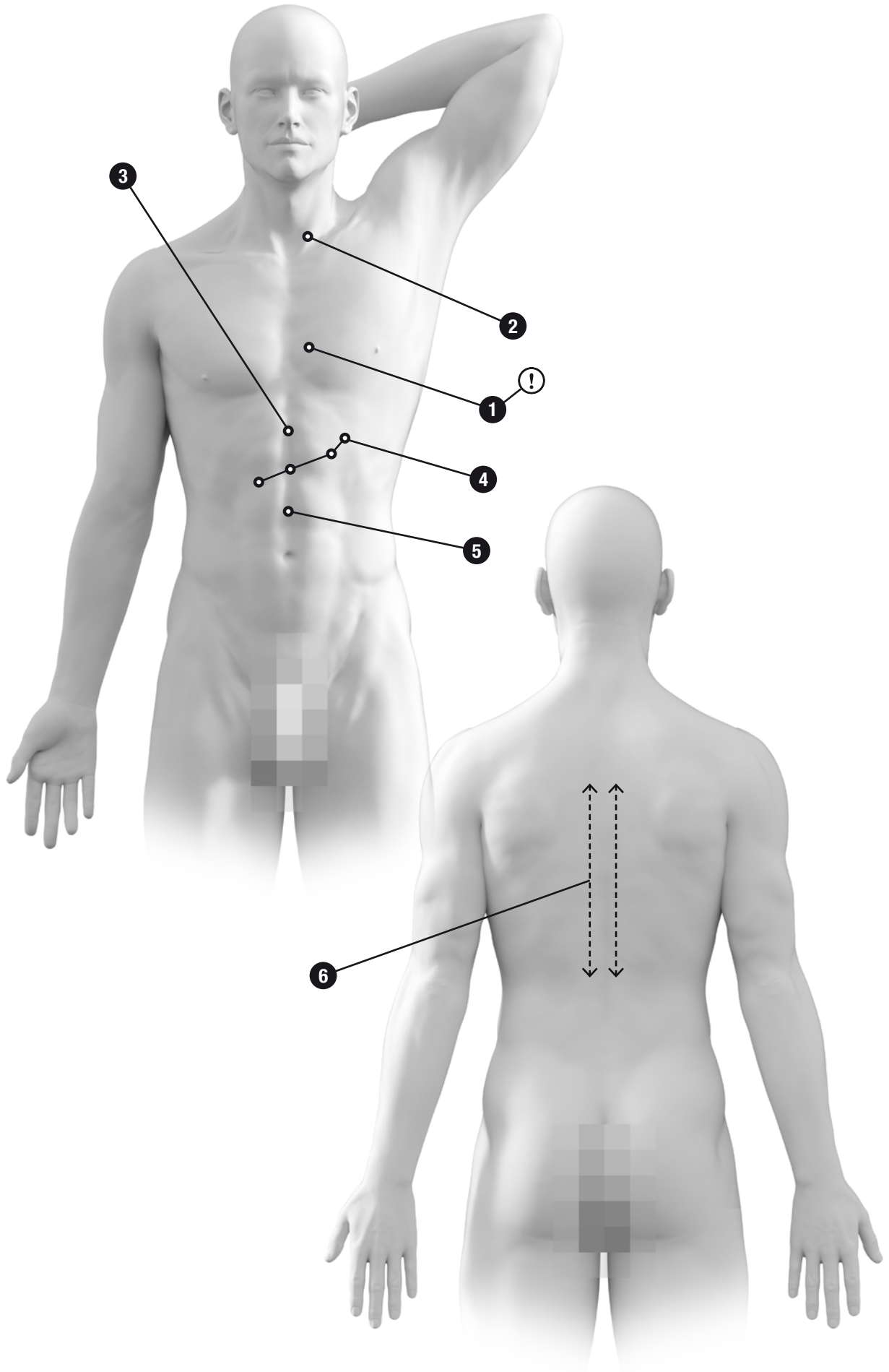
• DIABETES MELLITUS

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	1	5
2 Left sternocleidomastoid, above clavicle		50
3 Epigastrium	2	5
4 4 points on the pancreas, along the transpyloric plane	2 per point	
5 Midway between transpyloric plane and umbilicus	2	
6 Scan both sides of vertebral column from scapula to mid-back	3 per side	1000
✓ Rest after treatment session	5-10	

i Under NO circumstances should medical supervision be suspended before full recovery has been achieved. If insulin has been prescribed this should also NOT be stopped until a medical doctor confirms that this is no longer necessary.



Protocols with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.

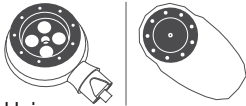


SECTION 13

ENDOCRINOLOGY 2

20 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

From day 13-15 day of
the menstrual cycle until
the 1st day of the next cycle.

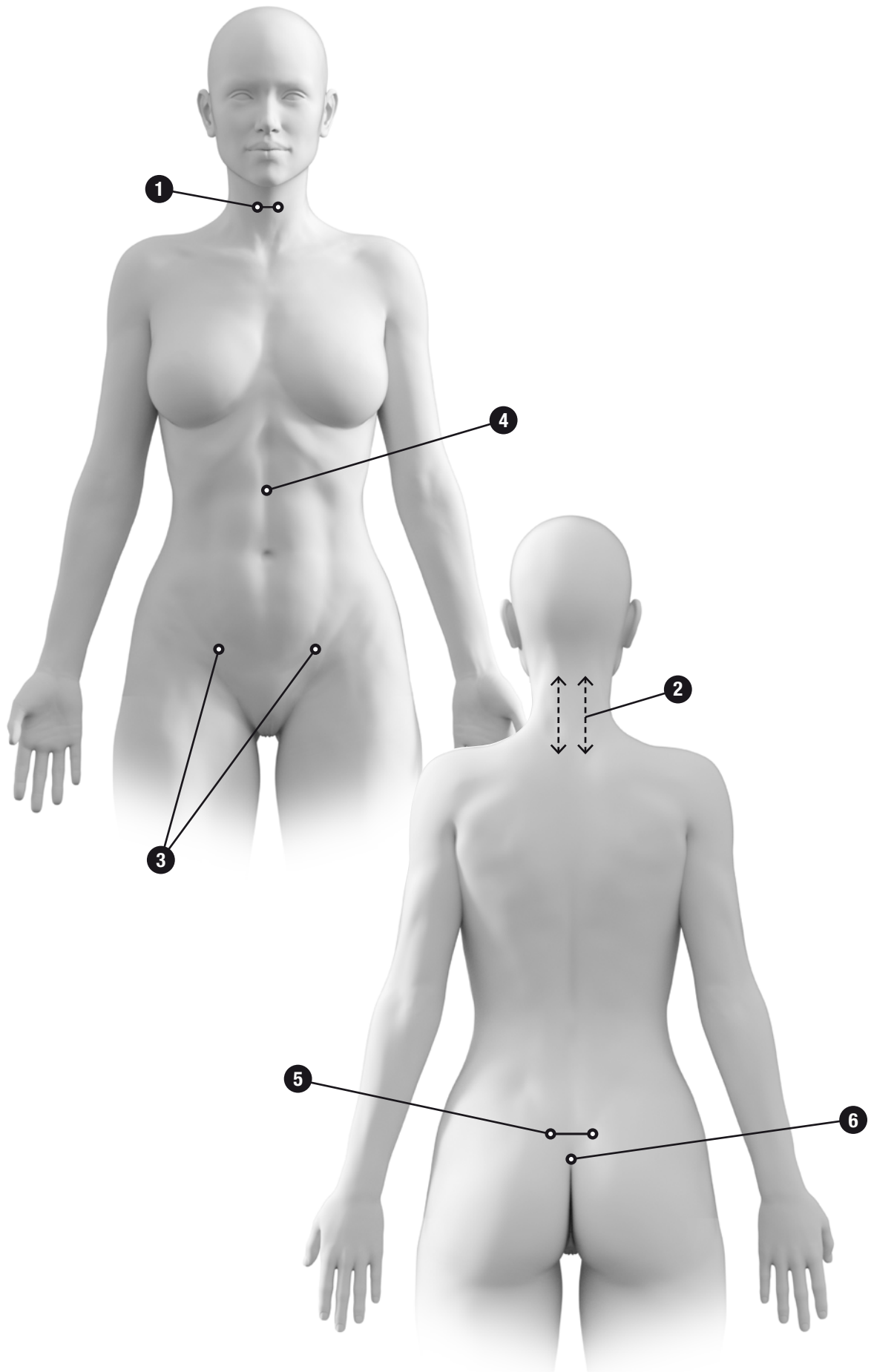
Repeat course until
significant improvement
is noticed.

- HORMONAL IMBALANCE
- PREMENSTRUAL SYNDROME

PART 1		MORNING	
PROTOCOL POINT	⌚ MINS	📡 HZ	
1 Thyroid	2 per point	50	
2 Scan both sides of vertebral column, back of neck	2 per side	1000	
Apply <u>UNIVERSAL 3 (BLOOD)</u> every 2 nd day			
PART 2		EVENING	
PROTOCOL POINT	⌚ MINS	📡 HZ	
3 Ovaries	2 per point	5	
4 Solar plexus	2	5	
5 As shown	2 per point	50	
6 As shown	2		
Apply <u>UNIVERSAL 5 (SB-2)</u>			
✓ Rest after treatment session	5-10		



Protocols with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.



Thyroid, autoimmune,
immunodeficiency
and infections



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 4** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 5** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

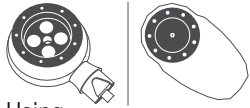
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 14

IMMUNOLOGY 1

2 hrs ±

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Until definite improvement
is noticed.

Allow a period of 2 weeks
rest and then repeat cycle
until cleared completely.

- AUTOIMMUNE DISEASES
- RHEUMATIC DISEASES
- IMMUNODEFICIENCIES
- LYME BORRELIOSIS – Lyme disease.
- SYSTEMIC LUPUS ERYTHEMATOSUS (SLE)*
- DRUG-INDUCED LUPUS ERYTHEMATOSUS**

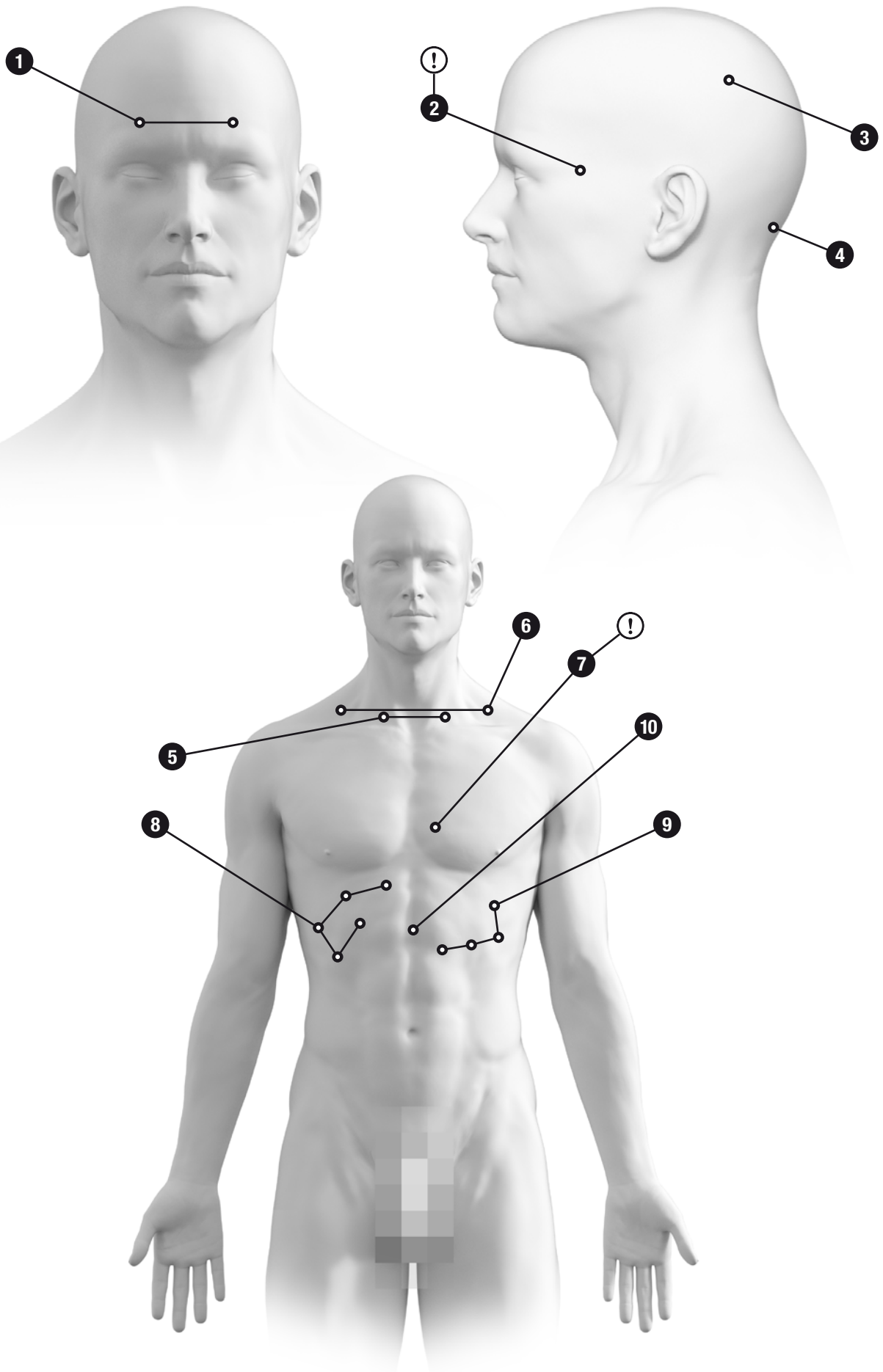
PART 1 EARLY MORNING

- 1 Apply UNIVERSAL 5 (SB-2)
- 2 Apply UNIVERSAL 3 (BLOOD) every 2nd day

PART 2 EARLY EVENING

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Frontal (both sides)	1 per side	50
2 Temple (both sides)		
3 Parietal lobes (both sides)		
4 Suboccipital (both sides)		
5 Subclavian fossae	2 per point	5
6 Supraclavicular fossae	1 per point	
7 4 th intercostal, left of sternum	2	
8 Liver	1 per point	50
9 Spleen and pancreas		
10 Solar plexus		

Continued overleaf...



11	Coccyx to occiput at 10 cm intervals	1 per point	1000
12	3 points along both sides of vertebral column, opposite scapulae	1 per point per frequency	5 then 50
13	2 points below scapulae	2 per point	5
14	Kidneys	5 per point	
15	Scan both sides of vertebral column from mid back to lower back	5 per side	1000
✓	Rest after treatment session	5-10	

PART 3 **LAST THING AT NIGHT**

Apply UNIVERSAL 5 (SB-2)

i Because lupus is a complex disease, there is no one protocol for this ailment. Consequently the protocol given here consists of 3 parts per day given as one protocol.

* The most common symptoms of SLE are listed below. The symptoms for drug-induced lupus erythematosus are the same as for SLE:

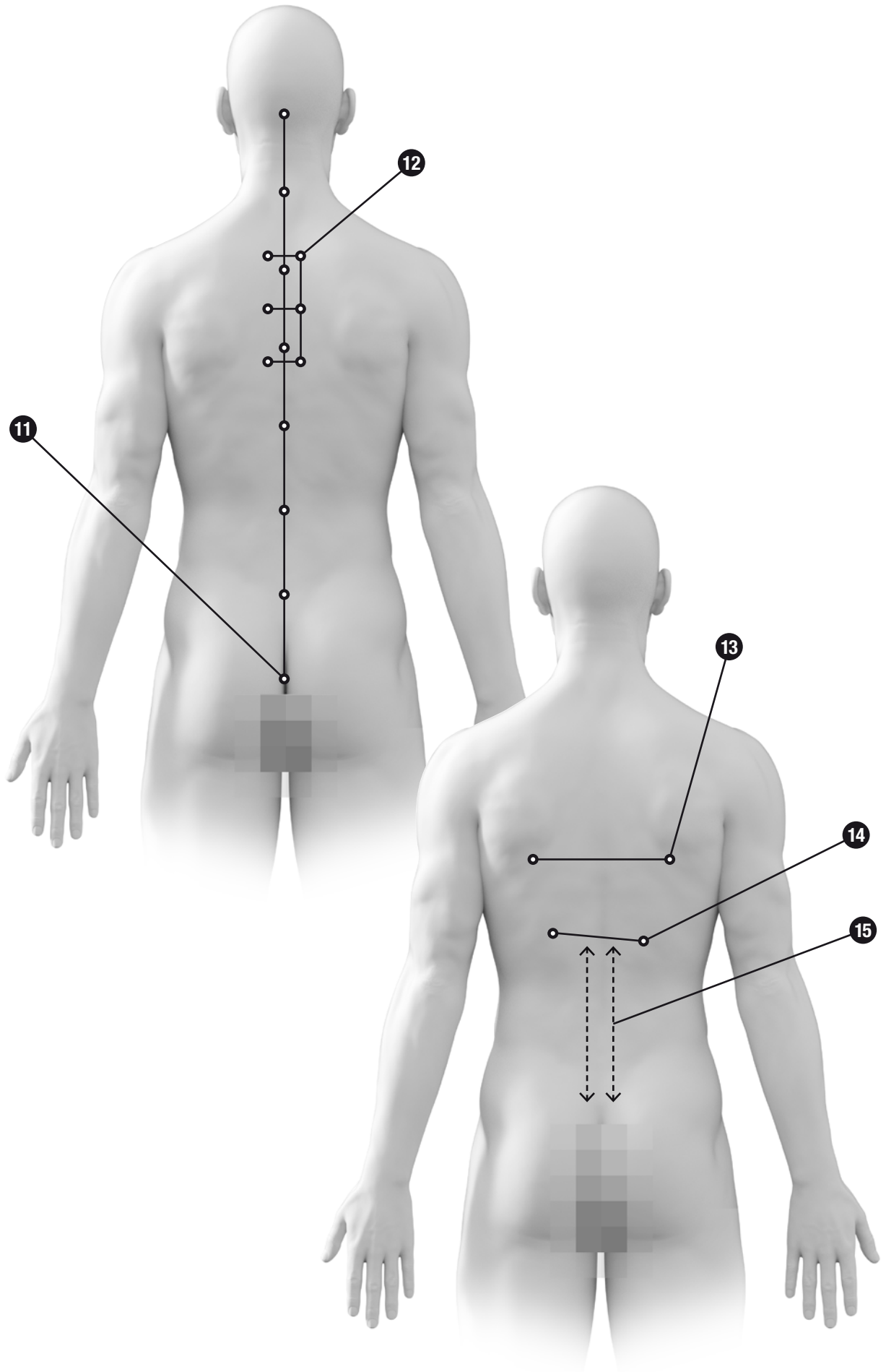
- High fevers, seizures, behavioural changes.
- Memory loss, confusion, headaches and strokes.
- An increase in blood pressure in the lungs (pulmonary hypertension).
- Inflammation of the kidneys (lupus nephritis).
- Hardening of the arteries (coronary artery disease).

Although not all sufferers of these two forms of lupus will necessarily have all of the symptoms listed above, it is highly recommended that *PART 2* of this protocol is done in its entirety.

* * The principal drugs responsible for drug-induced lupus erythematosus are the pharmaceutical drugs *hydralazine*, *procainamide* and *isoniazid*.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.





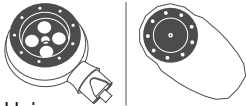
In all cases of lupus it is important to include the UNIVERSAL 3 (BLOOD) and UNIVERSAL 5 (SB-2) protocols.

SECTION 14

IMMUNOLOGY 2

54 mins ±

Protocol time per day.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Aesthetic Terminal.

1 x daily

Until definite improvement
is noticed.

Allow a period of 2 weeks
rest and then repeat cycle
until cleared completely.

• CUTANEOUS LUPUS ERYTHEMATOSUS

PART 1 EARLY MORNING

- 1 Apply UNIVERSAL 5 (SB-2)
- 2 Apply UNIVERSAL 3 (BLOOD) every 2nd day

PART 2 EARLY EVENING

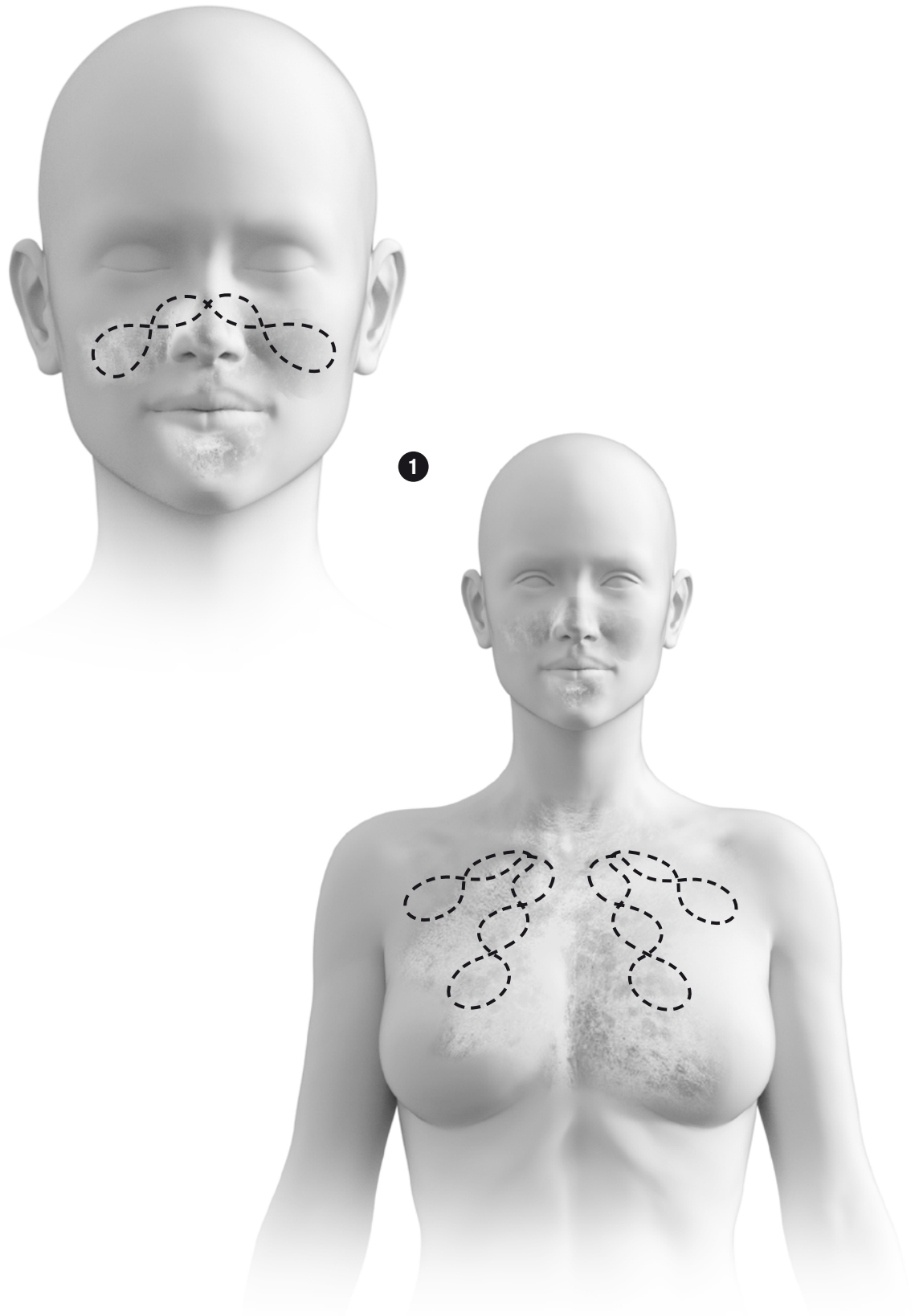
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Use Aesthetic Terminal to scan affected parts of the skin, moving in slow 'figures of 8'	3 per 10 cm ²	1000	
	1 per 10 cm ²	50	

PART 3 LAST THING AT NIGHT

Apply UNIVERSAL 5 (SB-2)



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

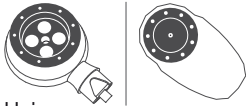
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 14

IMMUNOLOGY 3

2 hrs 10 mins +

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Aesthetic Terminal.

1 x daily

Until definite improvement is noticed.

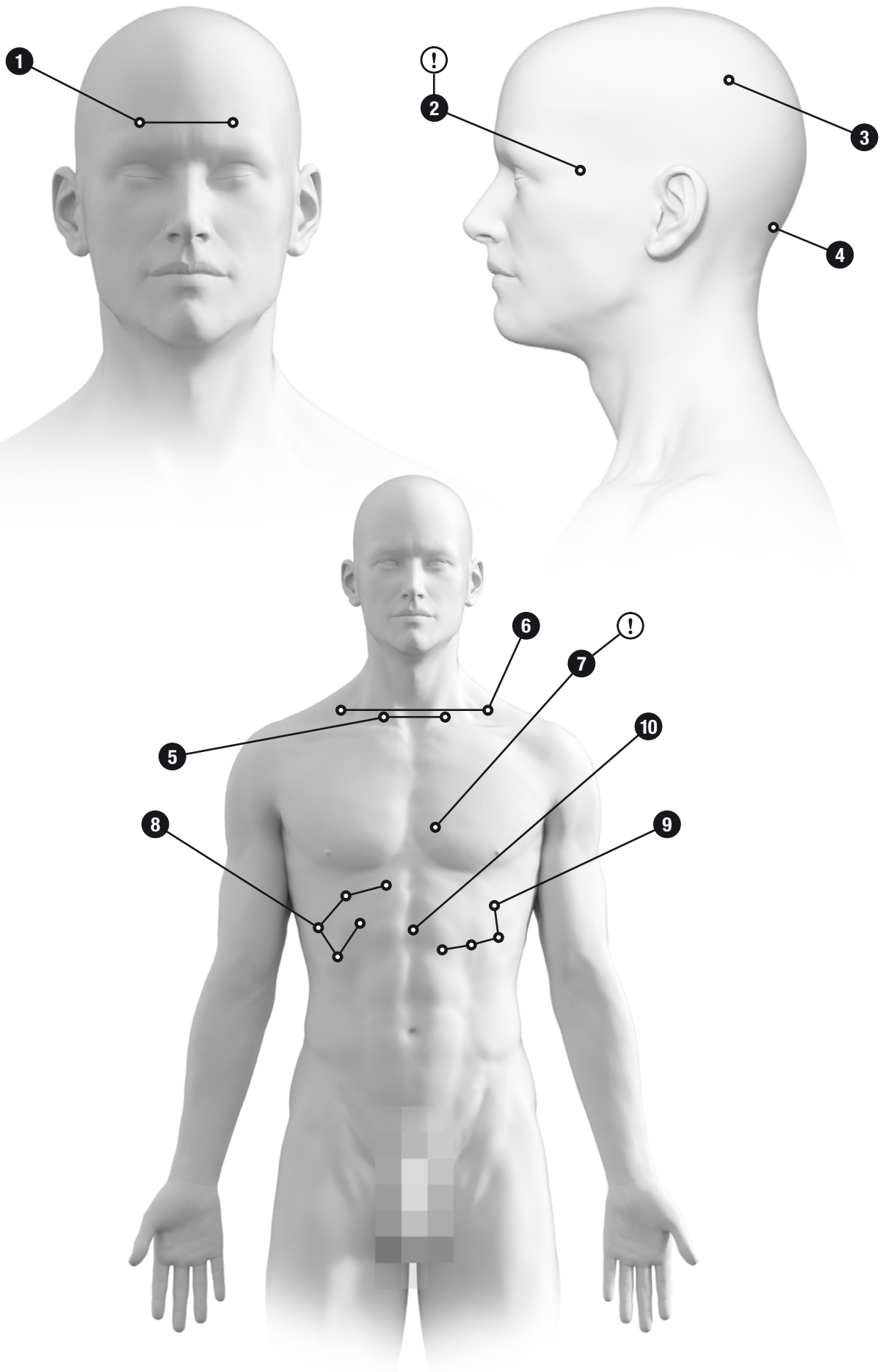
Allow a period of 2 weeks rest and then repeat cycle until cleared completely.

• SYSTEMIC SCLEROSIS (SCLERODERMA)

PART 1	EARLY MORNING
1	Apply <u>UNIVERSAL 5 (SB-2)</u>
2A	Apply <u>UNIVERSAL 3 (BLOOD)</u> every 2 nd day (alternating with B)
2B	Apply <u>SURGERY 9 (RAYNAUD'S SYNDROME)</u> every 2 nd day (alternating with A)

PART 2	EARLY EVENING		
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Frontal (both sides)	1 per side	50	
2 Temple (both sides)			
3 Parietal lobes (both sides)			
4 Suboccipital (both sides)			
5 Subclavian fossae	2 per point	5	
6 Supraclavicular fossae	1 per point		
7 4 th intercostal, left of sternum	2		
8 Liver	1 per point	50	
9 Spleen and pancreas			
10 Solar plexus	2		

Continued overleaf...



11	Coccyx to occiput at 10 cm intervals	1 per point	1000
12	3 points along both sides of vertebral column, opposite scapulae	1 per point per frequency	5 then 50
13	2 points below scapulae	2 per point	5
14	Kidneys	5 per point	
15	Scan both sides of vertebral column from mid back to lower back	5 per side	1000
16	Use the Aesthetic Terminal to scan affected parts of the skin, moving in slow 'figures of 8'	3 per 10 cm ²	
		1 per 10 cm ²	50
✓	Rest after treatment session	5-10	



PART 3

LAST THING AT NIGHT

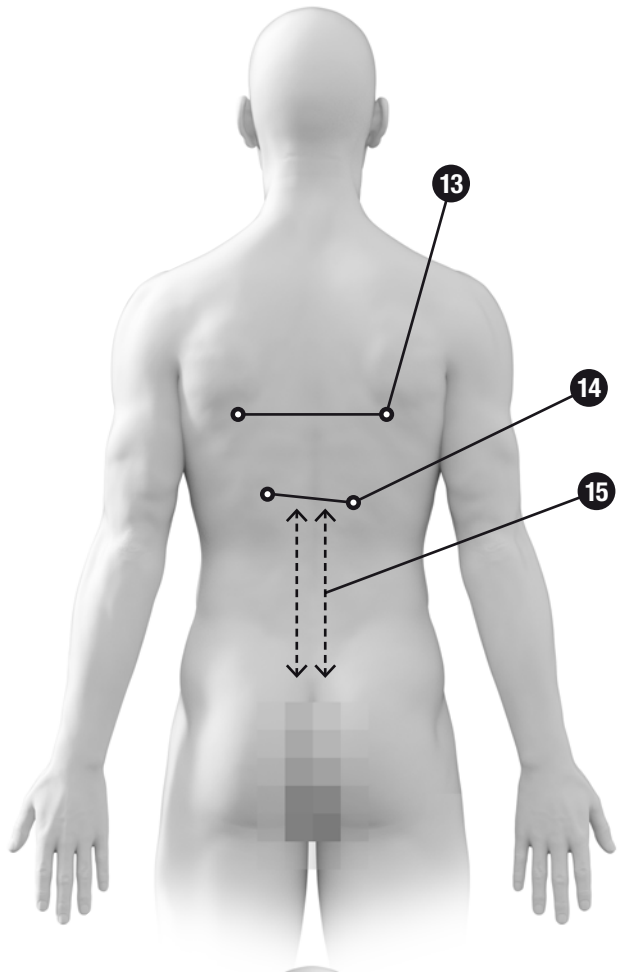
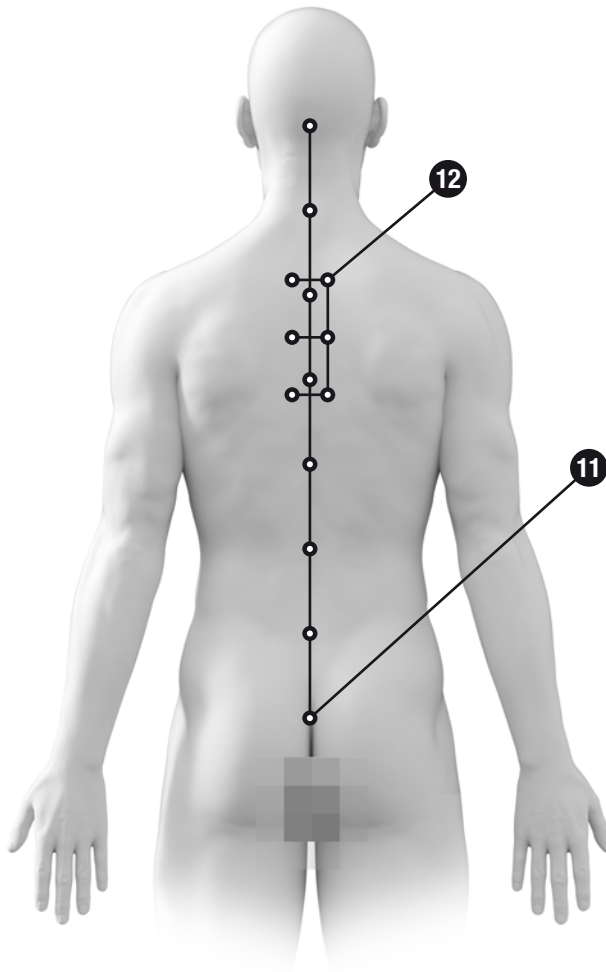
Apply **UNIVERSAL 5 (SB-2)**

i Because the symptoms for systemic sclerosis are almost identical to, and in many cases overlap those of lupus, the protocol for systemic sclerosis is essentially the same as that given for lupus but with the addition of the protocol for Raynaud's syndrome.

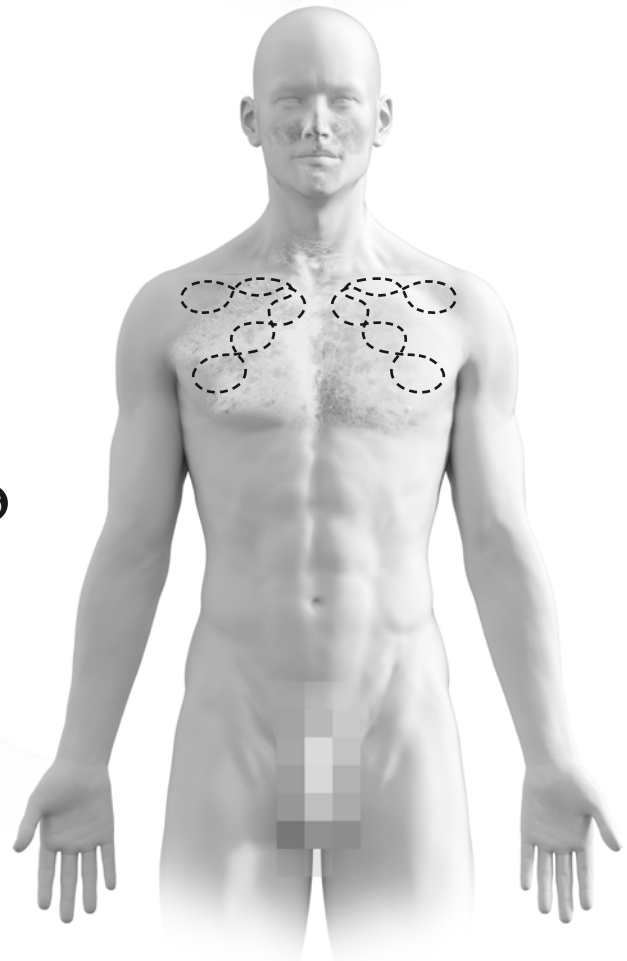
Because systemic sclerosis is a complex disease, the protocol given here consists of 3 treatment sessions per day.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



16



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

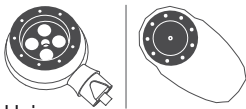
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 14

IMMUNOLOGY 4

1 hr

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Until definite improvement is noticed.

Allow a period of 2 weeks rest and then repeat cycle until cleared completely.

- HASHIMOTO'S THYROIDITIS
- ORD'S THYROIDITIS
- HYPERTHYROIDISM
- HYPOTHYROIDISM
- THYROTOXICOSIS

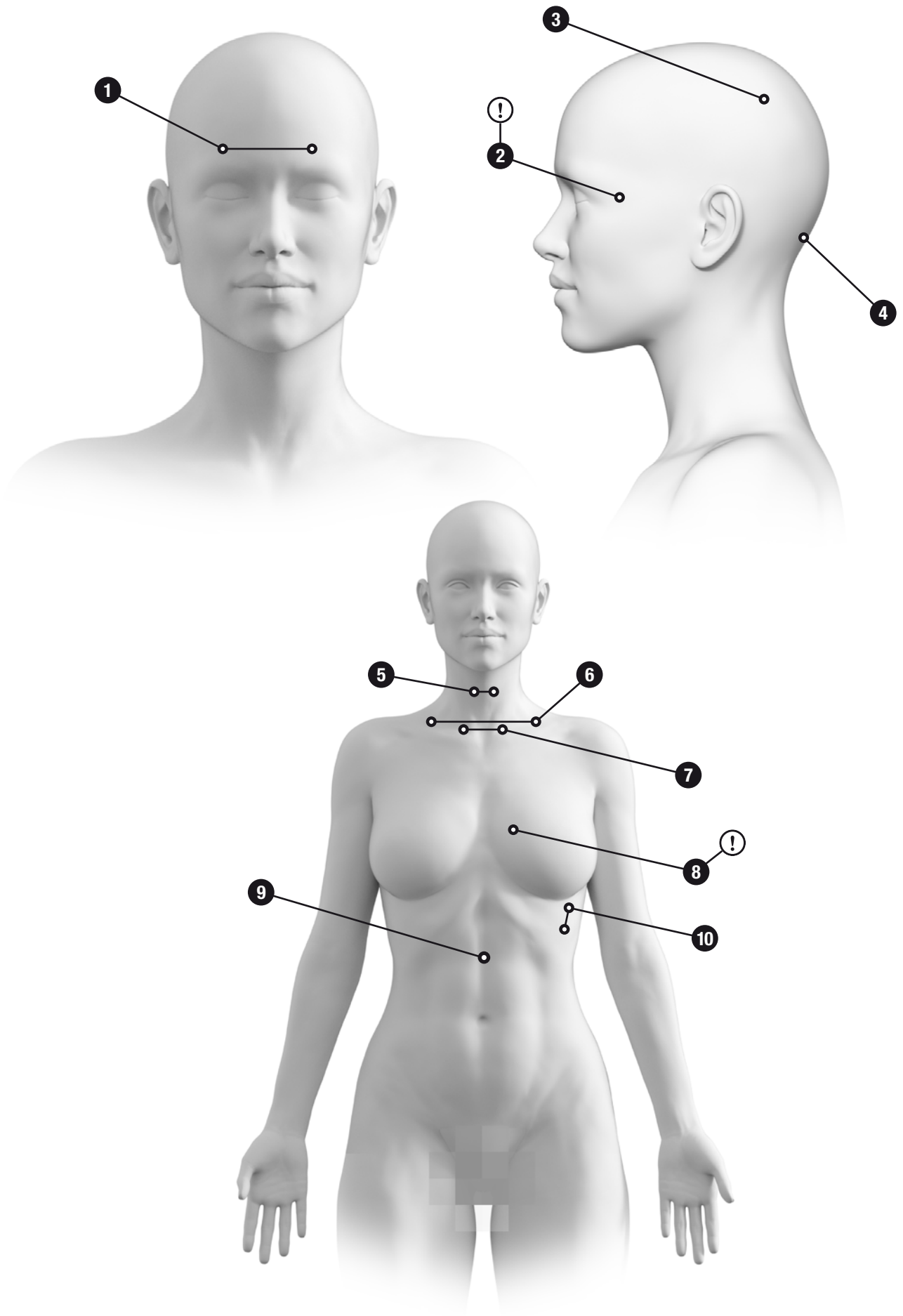
PART 1 EARLY MORNING

Apply **UNIVERSAL 3 (BLOOD)** every day

PART 2 EVENING

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Frontal (both sides)	1 per side	50
2 Temple (both sides)		
3 Parietal lobes (both sides)		
4 Suboccipital (both sides)		
5 Thyroid gland	2 per point	50
6 Supraclavicular fossae	1 per point	5
7 Subclavian fossae		
8 4 th intercostal, left of sternum	2	50
9 Solar plexus, mid-distance between xiphoid process and umbilicus		
10 Spleen	2 per point	5

Continued overleaf...



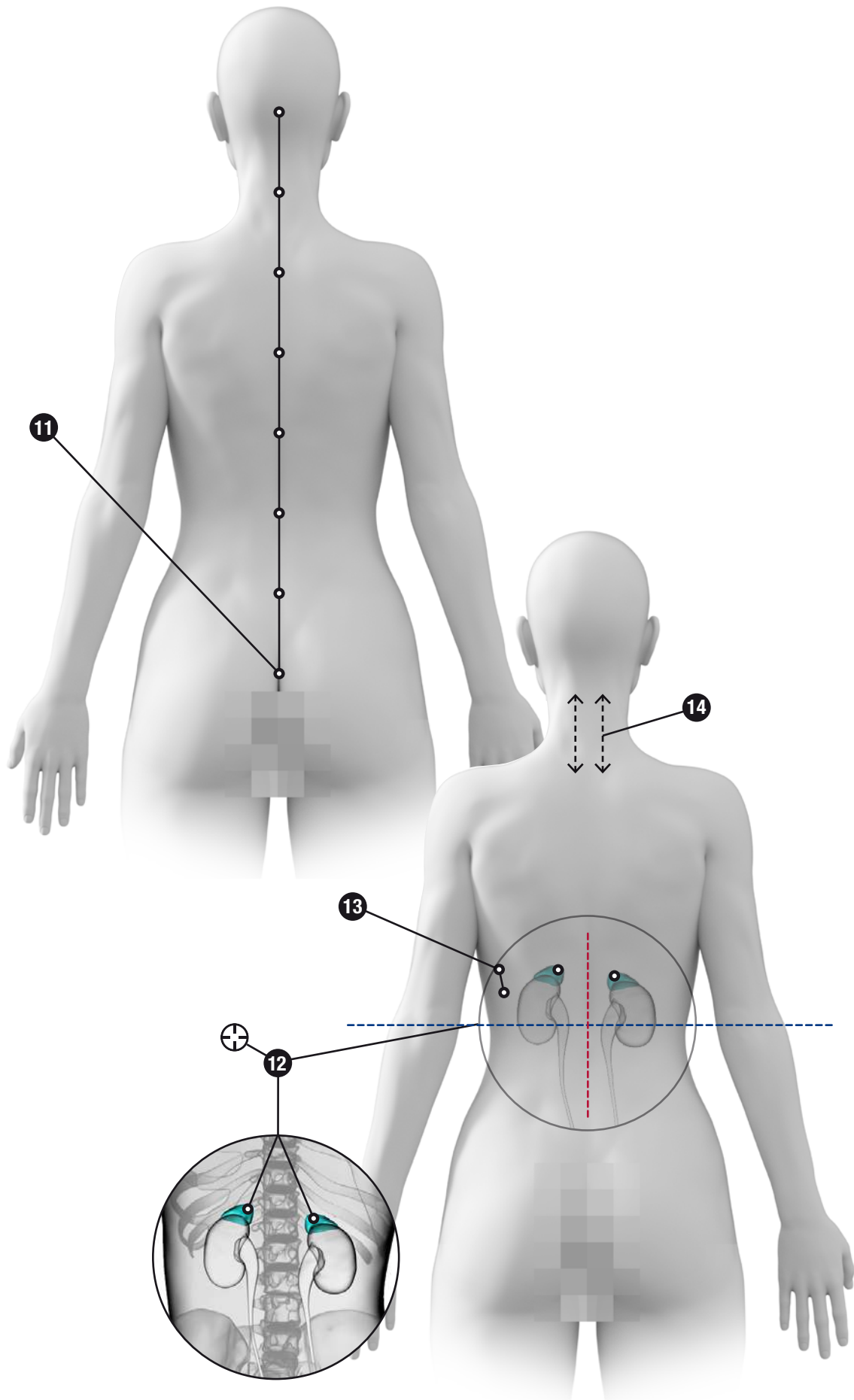


To find the adrenal glands, trace a line between the elbows to locate the kidneys (blue line), then move up to the last rib and then out about 3 cm from the centreline of the spine (red line).

11 Coccyx to occiput at 10 cm intervals	1 per point	1000
12 Adrenal glands	2 per point	5
13 Spleen from behind		
14 Scan both sides of vertebral column, back of neck	5 per side	1000
✓ Rest after treatment session	5-10	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



In treating the heart area NEVER use a frequency other than 5 Hz.



Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

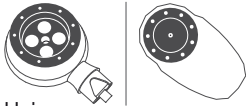
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 14

IMMUNOLOGY 5

45 mins +

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Aesthetic Terminal.

1 x daily

Until definite improvement is noticed.

Allow a period of 2 weeks rest and then repeat cycle until cleared completely.




To find the adrenal glands, trace a line between the elbows to locate the kidneys (blue line), then move up to the last rib and then out about 3 cm from the centreline of the spine (red line).

• VITILIGO

PART 1 MORNING

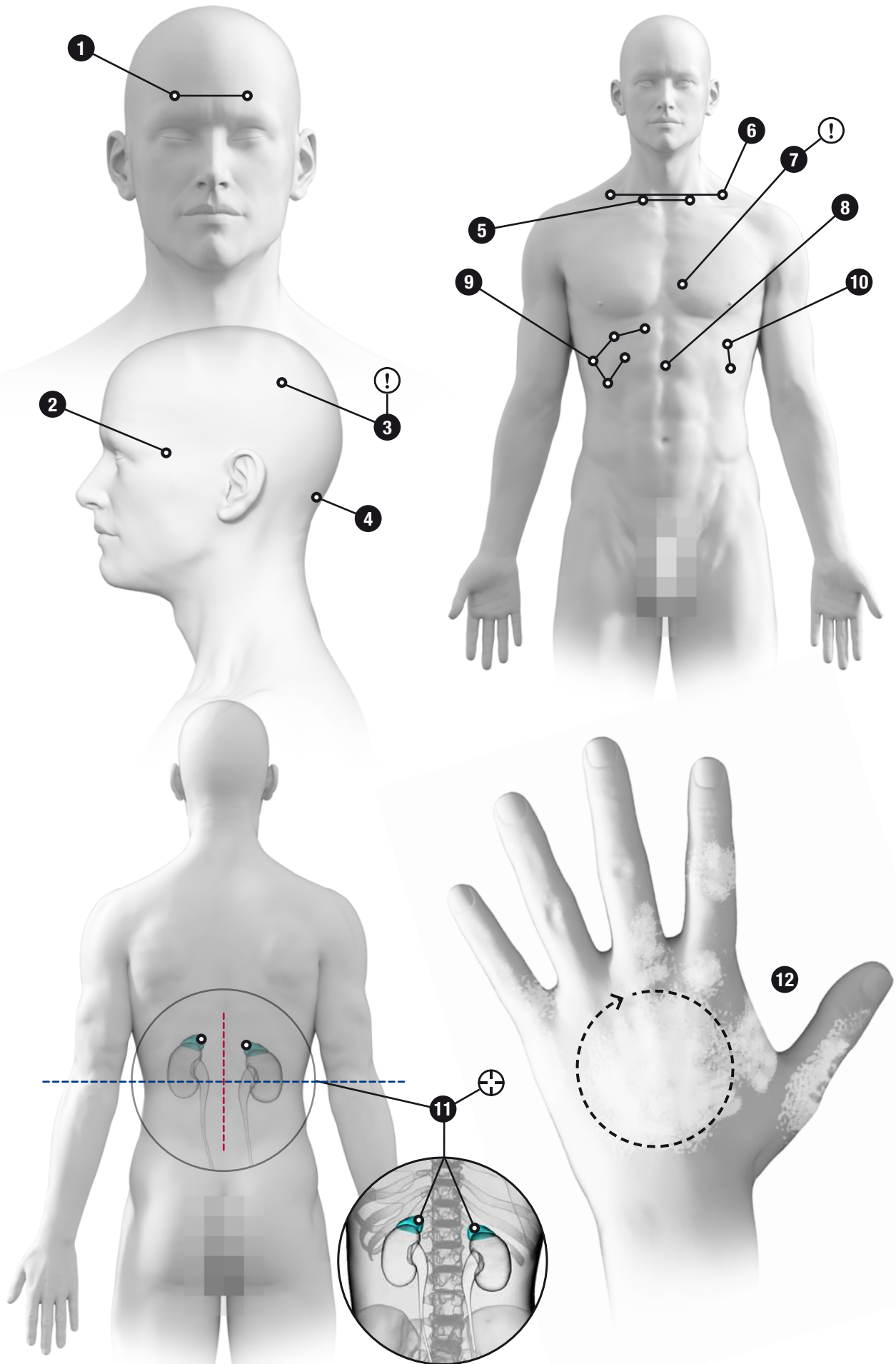
Apply UNIVERSAL 3 (BLOOD) every day

PART 2 EVENING

PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Frontal (both sides)	1 per side	50	
2 Temple (both sides)			
3 Parietal lobes (both sides)			
4 Suboccipital (both sides)			
5 Subclavian fossae	1 per point	5	
6 Supraclavicular fossae			
7 4 th intercostal, left of sternum	2	50	
8 Solar plexus			
9 Liver	2 per point	5	
10 Spleen			
11 Adrenal glands			
12 Use the Aesthetic Terminal to scan the affected area/s (do twice per day)	2 per 10 cm ²	1000	
☑ Rest after treatment session	5-10		

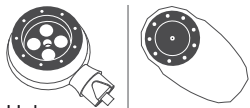


If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 14

IMMUNOLOGY 6



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 12 x days

PLAN 1: Repeat course
every 3 months during
epidemic season.

PLAN 2: Allow 2 weeks
rest and repeat course.
Thereafter repeat course
every 3 months during
epidemic season.

• PREVENTION OF ACUTE RESPIRATORY INFECTIONS – Influenza (flu), common cold, COVID-19.

PLAN 1 FOR THOSE WITHOUT CHRONIC DISEASES

- | | |
|---|----------------------------------|
| 1 | Apply <u>UNIVERSAL 2 (HEART)</u> |
| 2 | Apply <u>UNIVERSAL 3 (BLOOD)</u> |

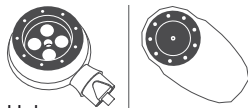
PLAN 2 FOR THE ELDERLY AND THOSE WITH CHRONIC DISEASES

- | | | |
|---|----------------------------------|-------------------------------|
| 1 | Apply <u>UNIVERSAL 2 (HEART)</u> | 2 x daily |
| 2 | Apply <u>UNIVERSAL 3 (BLOOD)</u> | 1 x daily |
| 3 | Apply <u>UNIVERSAL 4 (SB-1)</u> | As prescribed in the protocol |



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

IMMUNOLOGY 7



Using:
Delta Medical Terminal or
coMra Palm.

Apply the protocol until
improvement is noticed
then continue for 7 days.
Allow 2 weeks rest and
repeat course for 14 days.

- ACUTE RESPIRATORY INFECTIONS
- INFLUENZA (FLU)
- COMMON COLD
- COVID-19

1	Apply <u>UNIVERSAL 3 (BLOOD)</u>	Every 4 hours (except during sleep)
2	Apply Apply <u>UNIVERSAL 2 (HEART)</u>	2 x daily

DEPENDING ON SYMPTOMS, APPLY THE FOLLOWING:

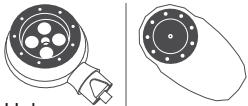
For respiratory symptoms:	<u>PULMONOLOGY 1</u>	1 x daily
For headaches:	<u>UNIVERSAL 1 (HEAD)</u>	
For runny nose:	<u>OTORHINOLARYNGOLOGY 1</u>	
For sore throat:	<u>OTORHINOLARYNGOLOGY 8</u>	



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

SECTION 14

IMMUNOLOGY 8



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
while symptoms
persist

Allow 2 weeks rest then
apply UNIVERSAL 6
(VITALITY).

• **LONG COVID** – persistent symptoms after COVID-19.

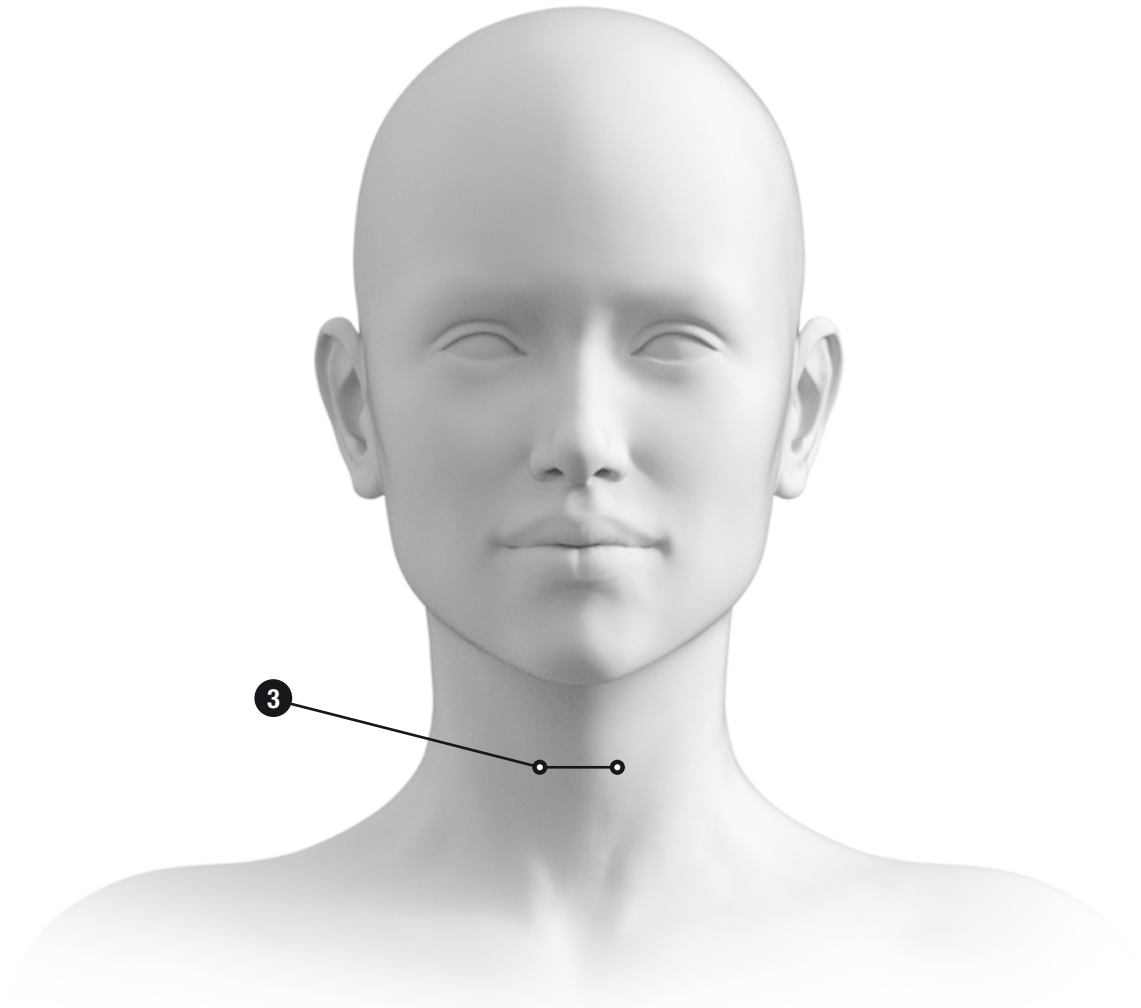
1	Apply <u>UNIVERSAL 3 (BLOOD)</u>	2 x daily
2	Apply <u>UNIVERSAL 5 (SB-2)</u>	1 x daily

PROTOCOL POINT	⌚ MINS	⚡ HZ
3 Thyroid gland	2 per side	50

4	Apply additional protocols where local symptoms persist	1 x daily
----------	---	-----------



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



Cancer

 **IMPORTANT**

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 4** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.



In treating cancer, always start with the 980 nm laser (Delta Terminals or the coMra Palm) to build the body's resources. When there are signs of systemic improvement, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



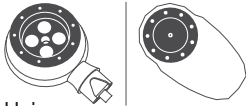
The diagrams show two examples of how to choose 5 points of treatment depending upon where the cancer is located within the body. After having chosen 5 points for irradiation proceed as follows:

SECTION 15

ONCOLOGY 1

1 hr 12 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 30 x days

Allow 2 weeks rest and
repeat cycle.

Thereafter treat every 3
months if still necessary,
until all traces of the
cancer are gone.

• CARCINOMA (CANCER)

PART 1 EARLY MORNING

PROTOCOL POINT	⌚ MINS	⚡ HZ
As shown in the diagram	2 per point per frequency	5 then 50

PART 2 MIDDAY

Apply UNIVERSAL 3 (BLOOD) once per day

PART 3 EARLY EVENING

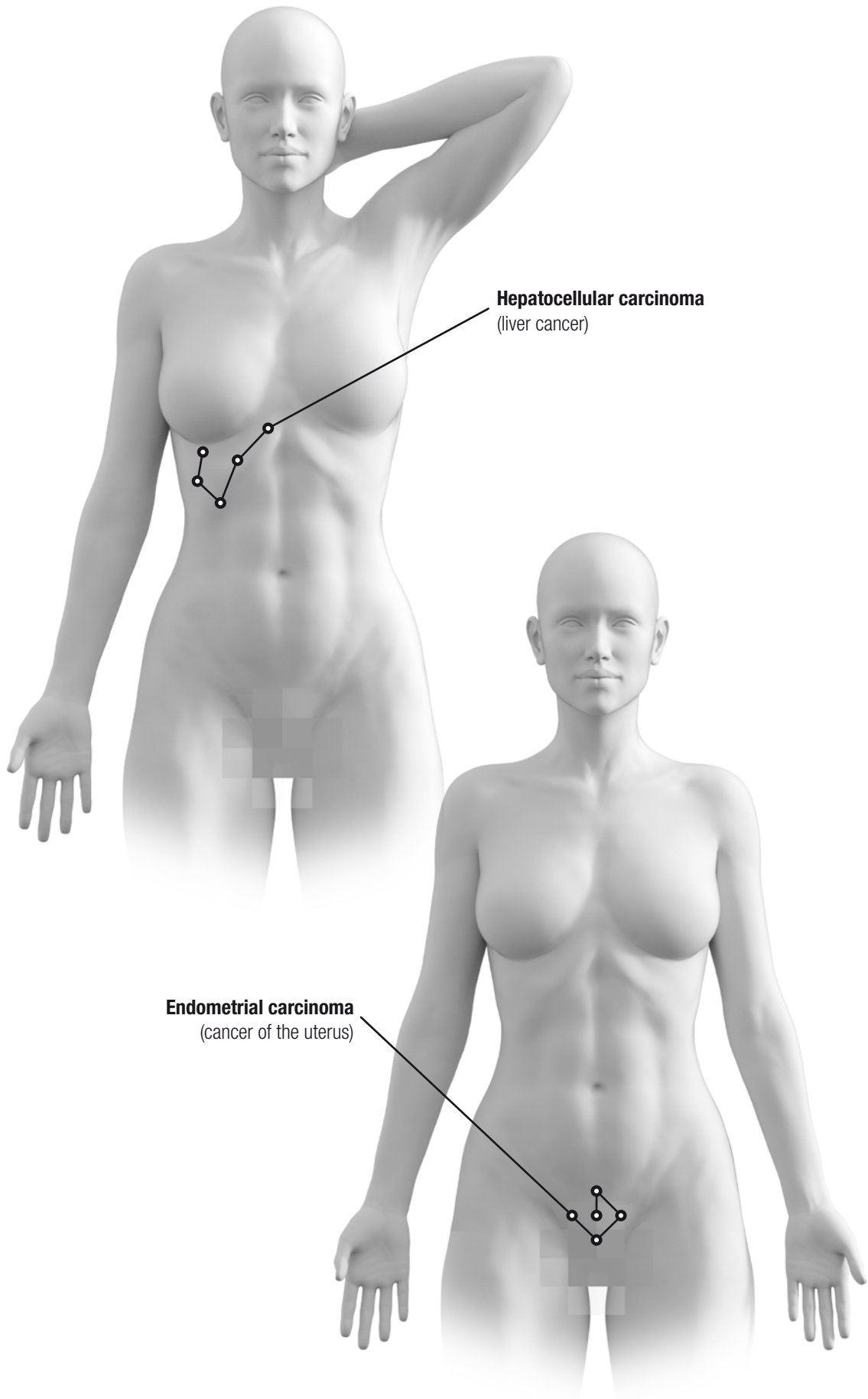
Apply UNIVERSAL 5 (SB-2) once per day

PART 4 EVENING AFTER DINNER

Repeat PART 1



In treating cancer, always start with the 980 nm laser (Delta Terminals or the coMra Palm) to build the body's resources. When there are signs of systemic improvement, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

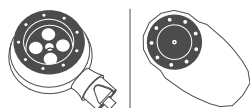


SECTION 15

ONCOLOGY 2

1 hr

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 30 x days

Allow 2 weeks rest and
repeat cycle until full
healing has been achieved.

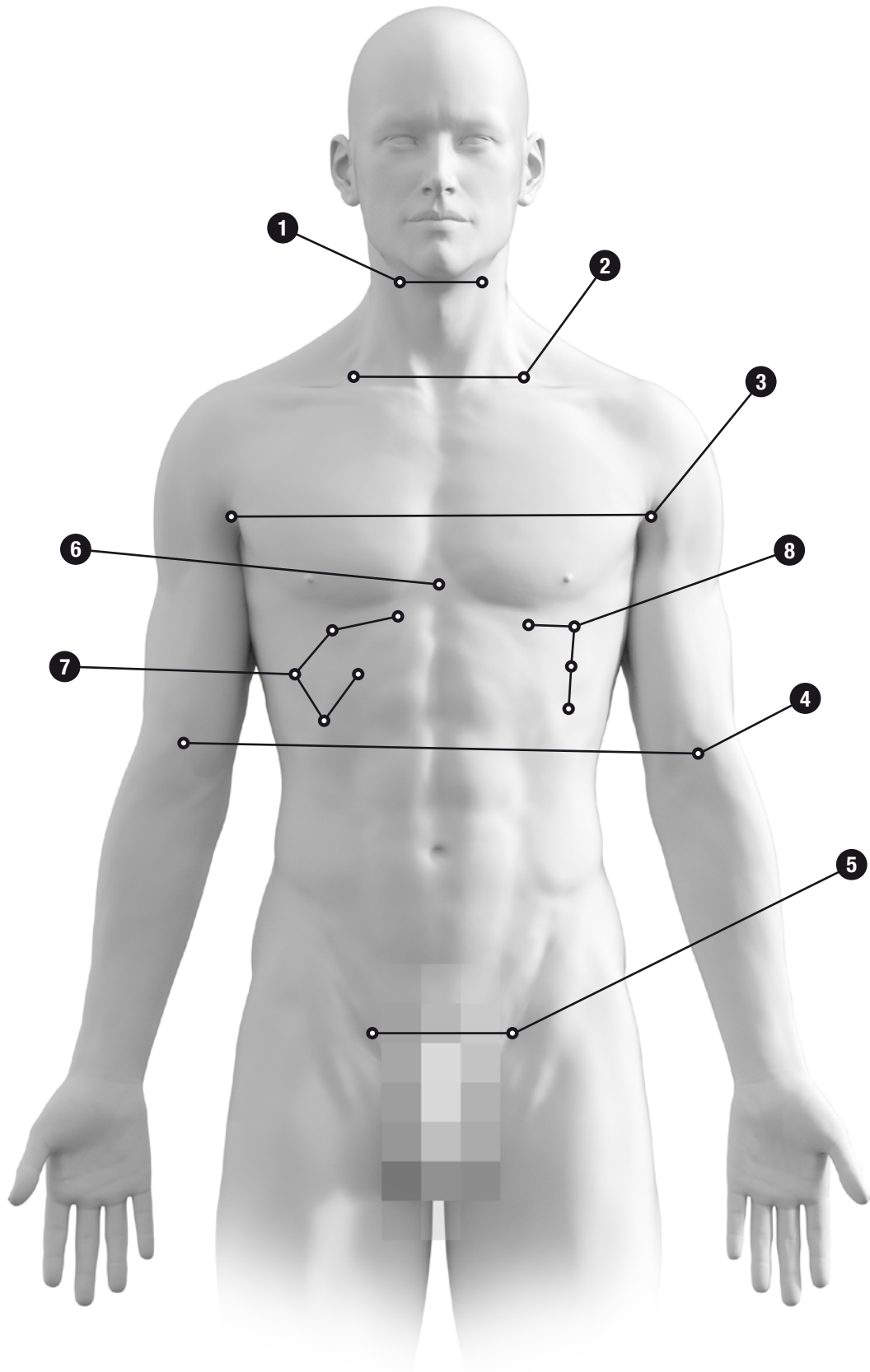
Thereafter treat for 10 days
every 6 months to avoid a
relapse.

• LEUKAEMIA

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Carotid arteries	5 per point	5
2 Subclavian arteries		
3 Axillary arteries		
4 Anconeal arteries		
5 Femoral arteries		
6 Just below sternum	1	50
7 Liver	1 per point	
8 Spleen		5



In treating cancer, always start with the 980 nm laser (Delta Terminals or the coMra Palm) to build the body's resources. When there are signs of systemic improvement, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.





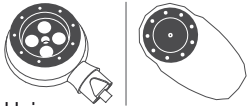
In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 15

ONCOLOGY 3

2 hr 44 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 30 x days

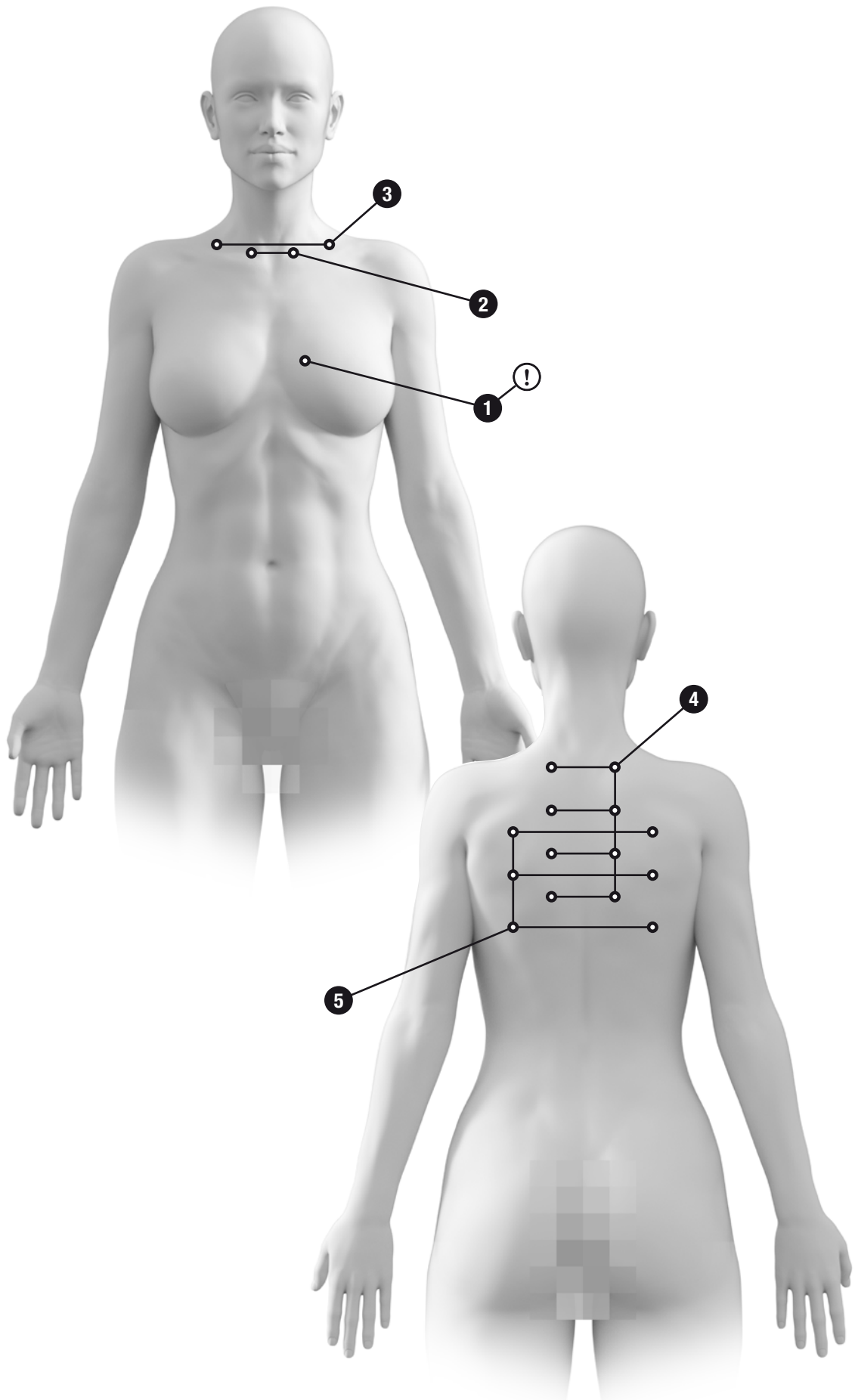
Allow 2 weeks rest and
repeat cycle until all traces
of the cancer are gone.

• LUNG CARCINOMA

PART 1		MORNING	
PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 4 th intercostal, left of sternum	2	5	
2 Subclavian fossae	2 per point		
3 Supraclavicular fossae			
4 4 points along both sides of vertebral column	2 per point per frequency	5 then 50	
5 3 points over each lung			
PART 2		MIDDAY	
Apply <u>UNIVERSAL 3 (BLOOD)</u> once per day			
PART 3		EARLY EVENING	
Apply <u>UNIVERSAL 5 (SB-2)</u> once per day			
PART 4		EVENING AFTER DINNER	
Repeat PART 1			



In treating cancer, always start with the 980 nm laser (Delta Terminals or the coMra Palm) to build the body's resources. When there are signs of systemic improvement, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



SECTION 16

DERMATOLOGY

Skin disorders



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 4** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 5** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

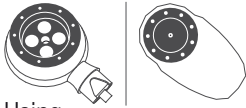


In treating the heart area NEVER use a frequency other than 5 Hz.
Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.

SECTION 16

DERMATOLOGY 1

37 mins +
Protocol time



Using:
Delta Medical Terminal or
coMra Palm.

2 x daily
for 15 x days

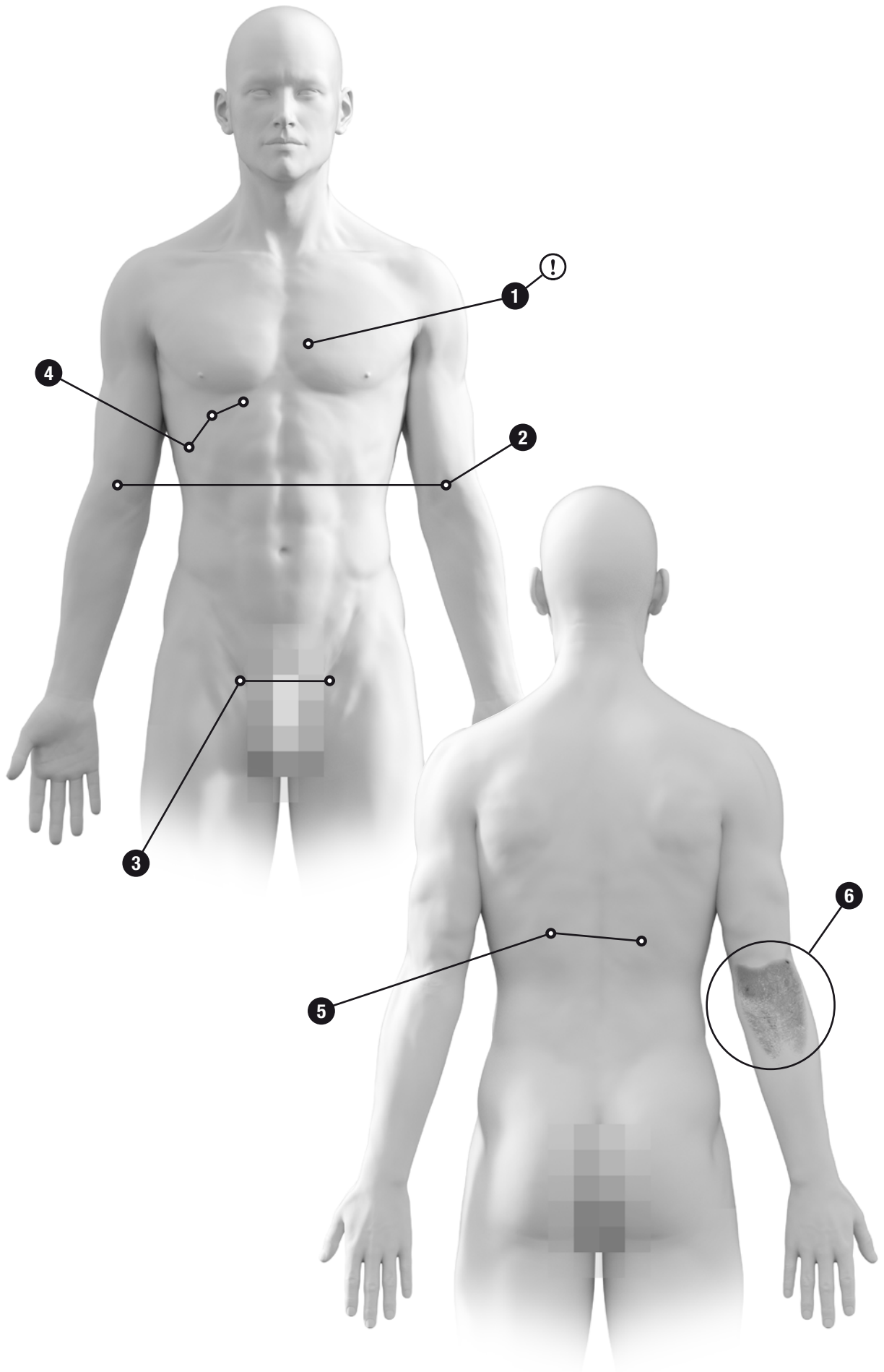
Allow 3 weeks rest and
repeat if necessary.

Thereafter treat every 3
months if ailment re-occurs.

- ECZEMA
- NEURODERMATITIS
- ALLERGIES
- PSORIASIS

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 4 th intercostal, left of sternum	2	5
2 Elbow fossae	5 per point	
3 Femoral Arteries		
4 Liver	2 per point	
5 Kidneys	2 per point per frequency	5 then 50
6 Scan the affected area	1 per 10 cm ²	1000
✓ Rest after treatment session	5-10	

i This protocol should be done in conjunction with
UNIVERSAL 4 (SB-1).





Do not force warts to part from the skin, for this will cause excessive bleeding and can lead to secondary problems.

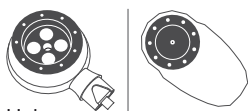
It is important to ensure that the whole wart has been eliminated, leaving fresh new skin underneath. If any part of the wart remains the wart will grow again.

SECTION 16

DERMATOLOGY 2

2-5 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

for 4-10 days

Continue with protocol until
completely cleared.

- WARTS
- PLANTAR WARTS
- WARTY BUMPS (MOLLUSCUM CONTAGIOSUM)*

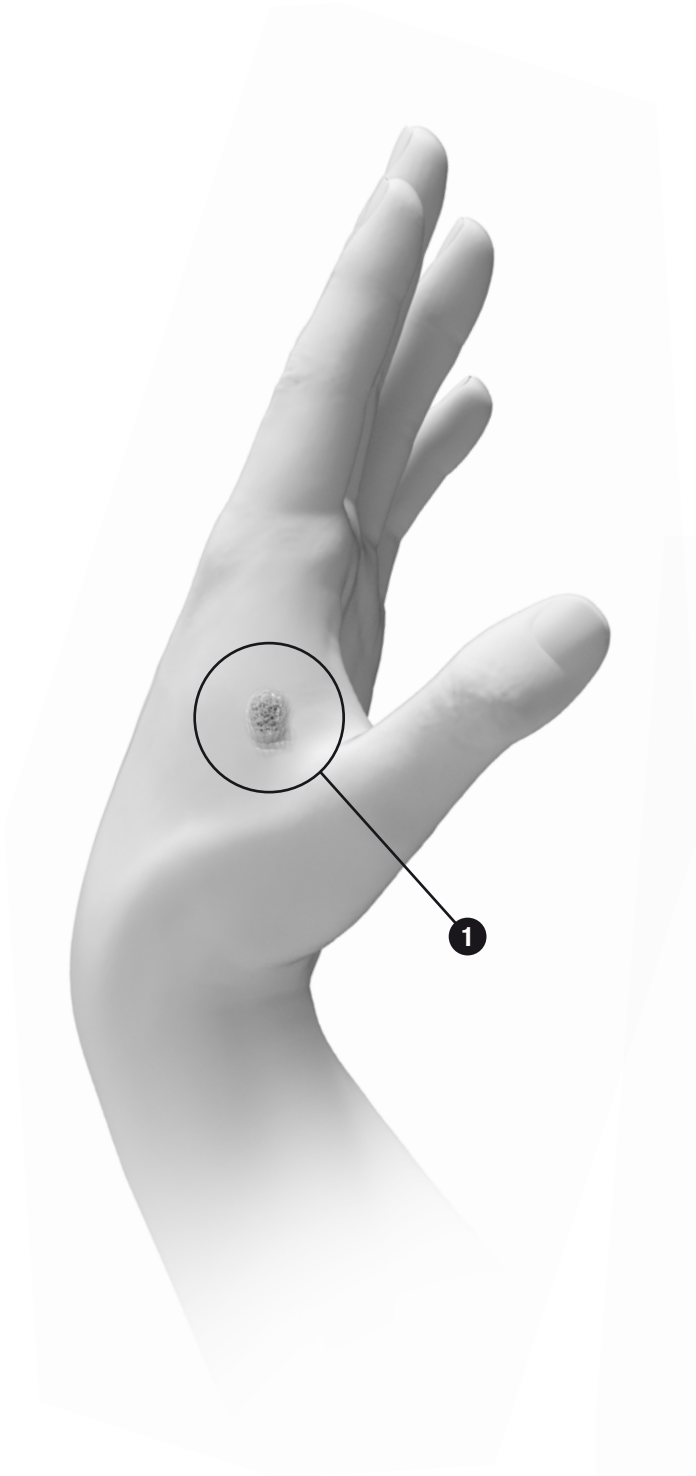
WARTS		⌚ MINS	⚡ HZ
1	Place the Terminal over the wart and in contact with the skin.	2	50

The wart will immediately start to shrivel, and depending upon the size of the wart it will be considerably reduced in size by the fourth or the fifth day and should by then be ready to peel off the skin of its own accord. If it does not peel off then continue the protocol until the remainder of the wart does peel off.

PLANTAR WARTS		⌚ MINS	⚡ HZ
2	Place the Terminal over the wart and in contact with the skin.	5	5

After 3-4 days the body will start to push to the surface of the skin the dead parts of the wart. These dead parts are easily removed by soaking the affected part in hot water for 5 minutes, and then scraping away the dead bits gently with the thumb nail. The surrounding skin which would also have been infected will scrape away with the dead part of the wart.

* For molluscum contagiosum use the same protocol as for warts. However, because they are infectious, the Terminal **MUST** be properly sterilised after treatment before being used again.





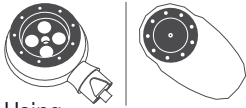
Since fungus is highly contagious it is of utmost importance to exercise strict personal hygiene during the period of treatment, otherwise re-infection will keep recurring. [1]

SECTION 16

DERMATOLOGY 3

20 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily

Continue with protocol until completely cleared.

Repeat protocol after 6 months if necessary.

***2** x daily

Continue with protocol until completely cleared.

Repeat protocol after 6 months if necessary.

- PSORIASIS OF FINGERNAILS
- FUNGUS OF TOENAILS*

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan the fingers or toes along the top, making sure the laser beam covers the nails as well	2 per digit	1000
2 Scan along the underneath of the fingers or toes, making sure the laser beam covers the tips of the fingers or toes as well		50

[1] For example, after showering first dry the rest of the body before drying the feet, and never use the same towel twice. Towels, bedding and clothing should be changed, suitably sterilised and washed on a daily basis. Shoes should be sterilised by placing them in strong sunlight for at least two hours per day. Do not wear the same shoes consecutively.





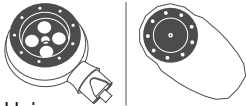
Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 16

DERMATOLOGY 4

15 mins ±

Protocol time



Using:
Delta Medical Terminal or
coMra Palm.



Using:
Delta Aesthetic Terminal.

1 x daily

Apply PART 1 every 2nd day for 10 treatments, and apply PART 2 until the affected area clears up.

It is highly recommended that PART 1 be done at least 4 times per year as a preventative measure, and for continued well-being.

- DERMOGRAPHIA
- ACNE

PART 1 MORNING

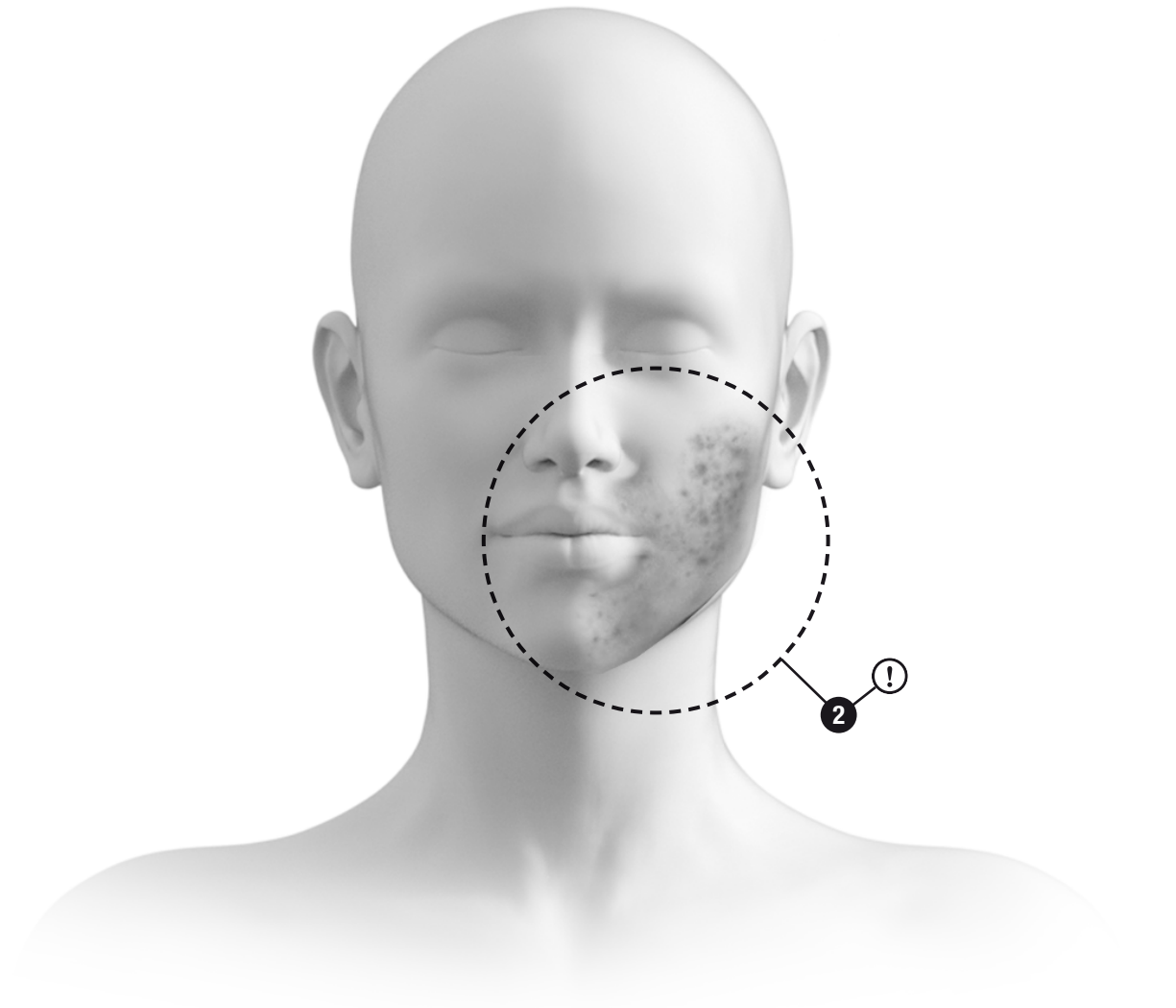
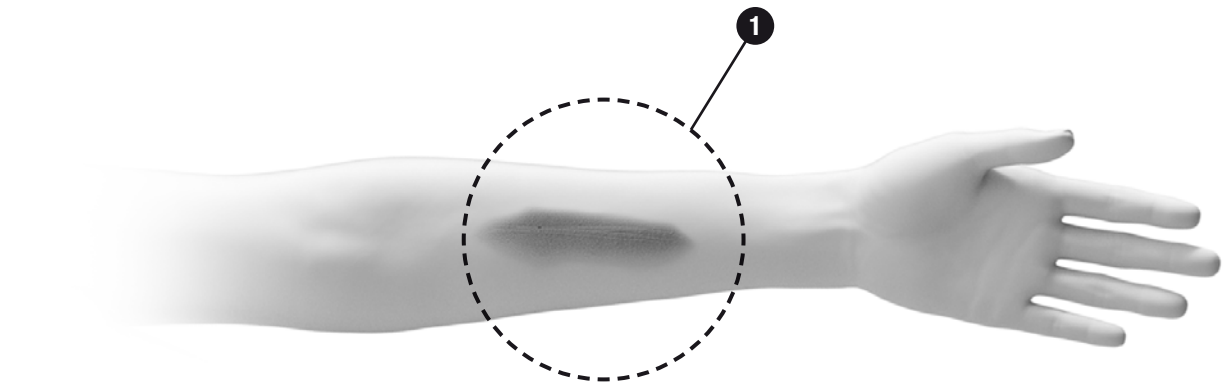
Apply UNIVERSAL 3 (BLOOD) every 2nd day

PART 2 EVENING – FOR DERMOGRAPHIA

PROTOCOL POINT	⌚ MINS	⚡ HZ	
1 Scan the affected area with the Aesthetic Terminal fractionally above the skin so as to avoid further irritation	5 per 10 cm ²	1000	

PART 2 EVENING – FOR ACNE

PROTOCOL POINT	⌚ MINS	⚡ HZ
2 Scan the affected area with the Medical Terminal or coMra Palm	5 per 10 cm ²	1000



Children



IMPORTANT

- 1** Allow the child to rest for 5-10 minutes after a protocol that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** coMra therapy is very good for children, especially as a form of preventative medicine.
- 4** Any of the protocols prescribed for adults can be used on children as well, except that a) the time per point can be halved for infants under the age of 3 years, b) the course duration can be halved for children under the age of 7 years, as infants and children respond much more quickly to coMra treatment.
- 5** The few protocols given in this section are the ones that differ slightly from those given for adults. The rest are the same, the only difference being that you should always halve the exposure times given for adults when treating infants up to the age of 3 years.



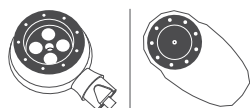
In case of serious disease, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

SECTION 17

PEDIATRICS 1

8 mins

Protocol time.



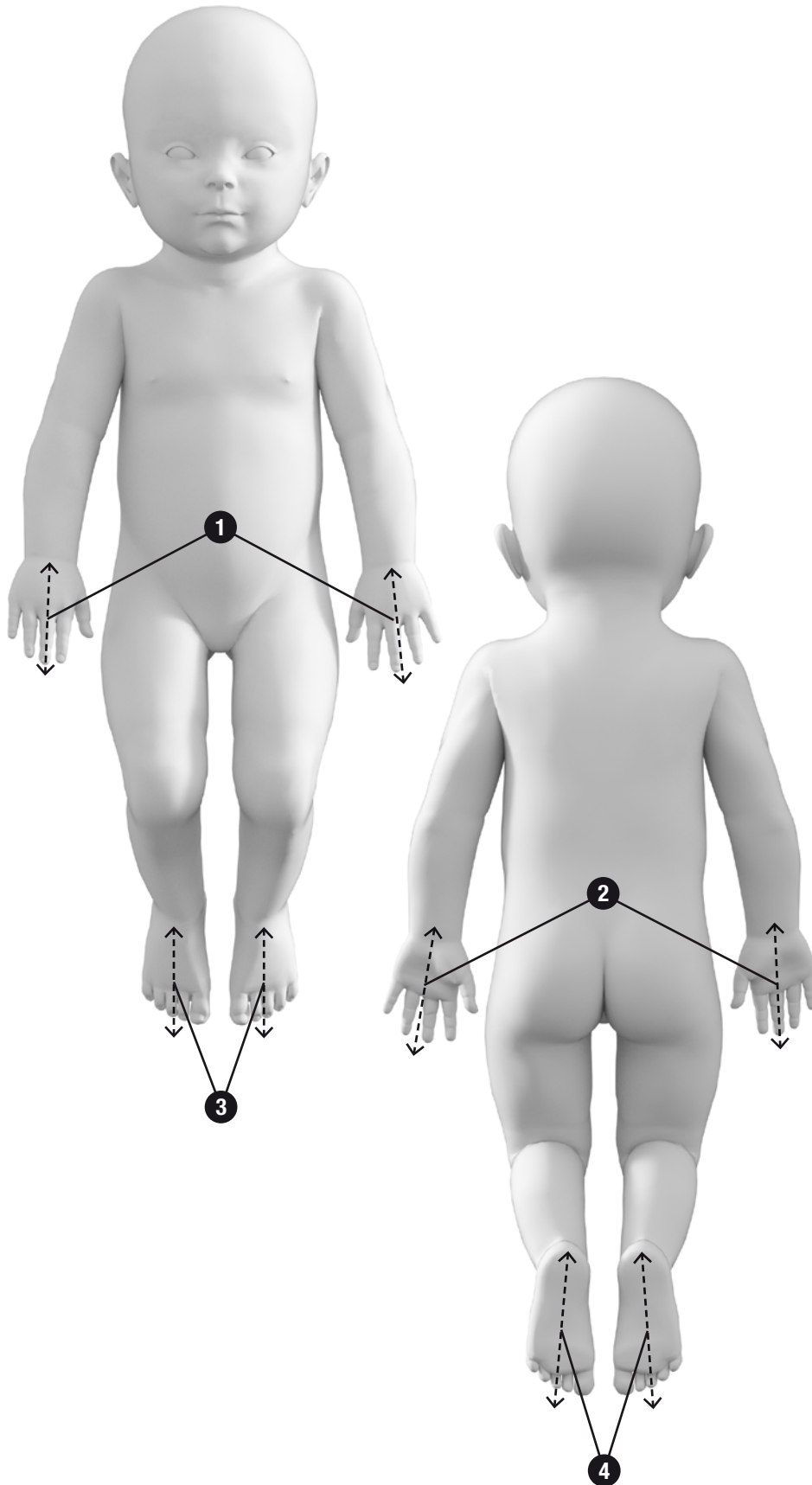
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 7 x days

• **SOMATIC BIOSTIMULATION** – for infants younger than 1 year old.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Scan the back of the hand	1 per hand	1000
2 Scan the palm side of the hand		
3 Scan the top of the foot	1 per foot	
4 Scan the sole of the foot		

i Somatic biostimulation is an excellent treatment for infants and children who are weak and sickly.





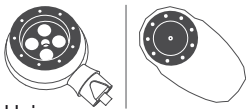
In treating the heart area NEVER use a frequency other than 5 Hz.

SECTION 17

PEDIATRICS 2

17 mins

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.

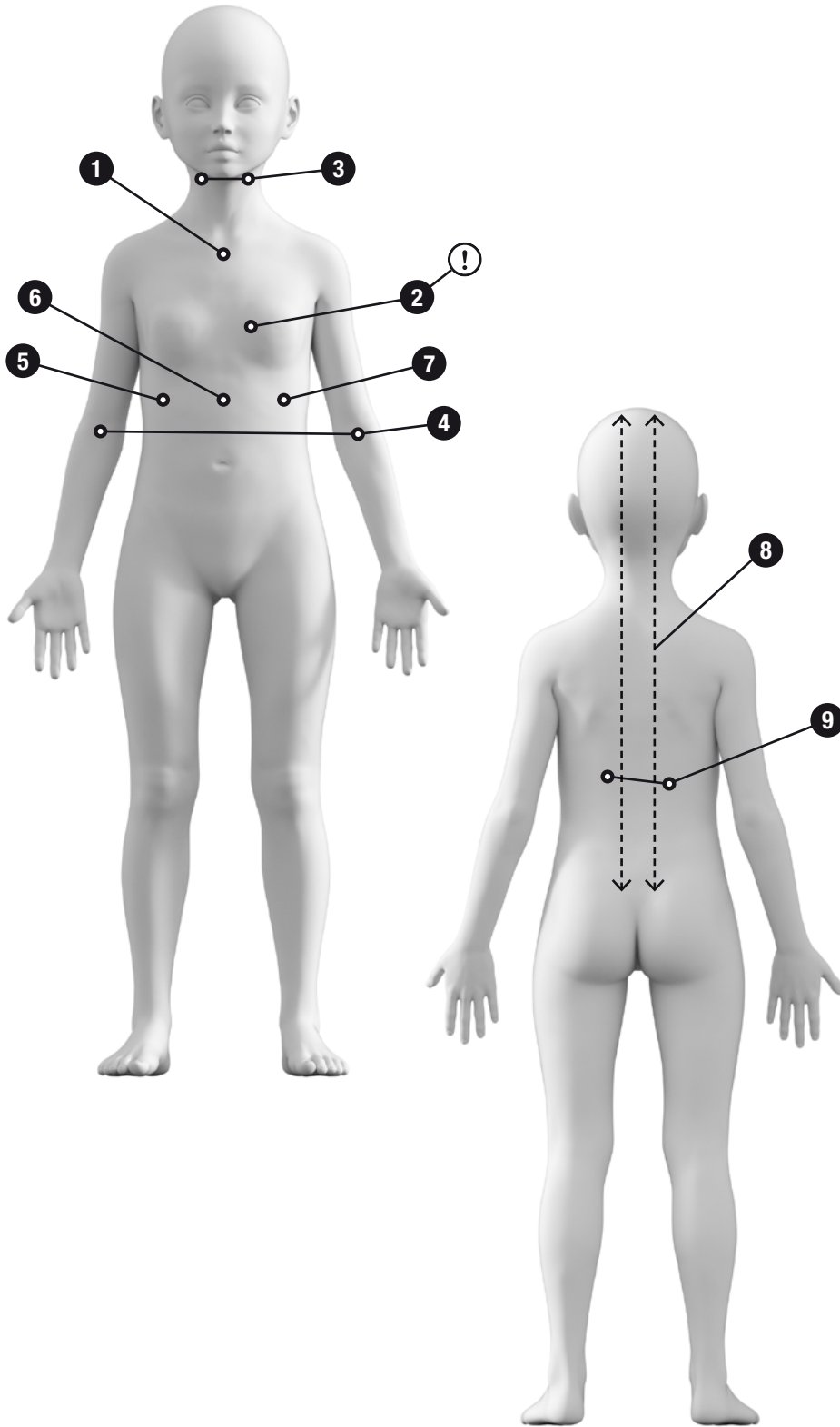
1 x daily

for 7 x days

• **SOMATIC BIOSTIMULATION** – for children 1-10 years old.

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Manubrium sterni	1 per point	5
2 4 th intercostal, left of sternum		
3 Tonsils		
4 Elbow fossae		
5 Right hypochondrium		
6 Epigastrium		
7 Left hypochondrium		
8 Scan along both sides of vertebral column, neck and back of the head	2 per side	1000
9 Kidneys	1 per point per frequency	5 then 50
✓ Rest after treatment session	5-10	

i Somatic biostimulation is an excellent treatment for infants and children who are weak and sickly.

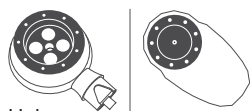


SECTION 17

PEDIATRICS 3

10 mins

Protocol time.



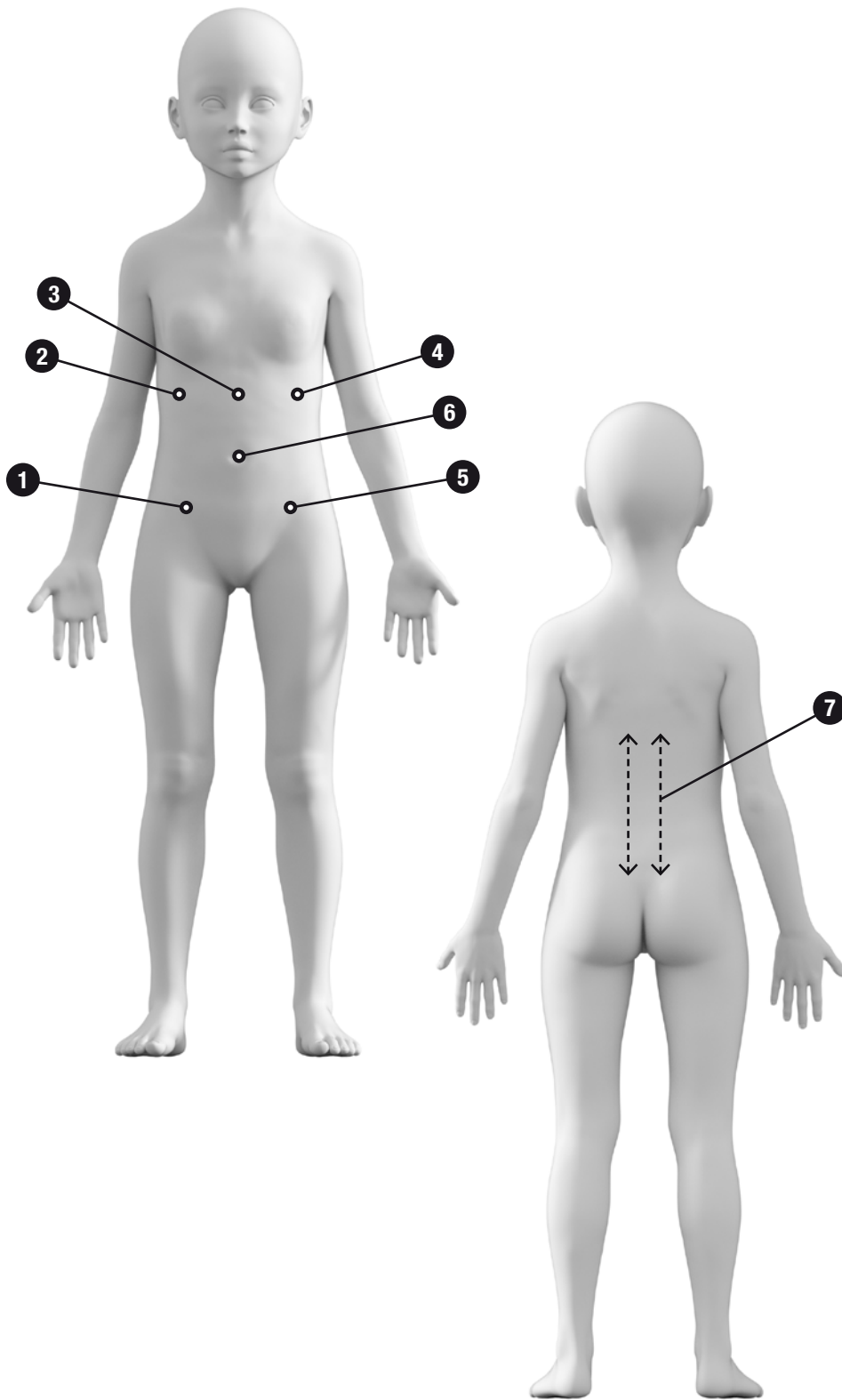
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 10 x days

Thereafter apply every
2 months if necessary.

- GASTROENTEROLOGY
- COLIC
- GAS
- CONSTIPATION
- DIARRHEA

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Right iliac	1 per point	5
2 Right hypochondrium		
3 Epigastrium		
4 Left hypochondrium		
5 Left iliac		
6 Umbilicus		
7 Scan along both sides of vertebral column, mid thoracic region to lumbar	2 per side	1000

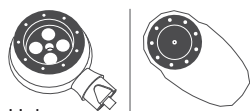


SECTION 17

PEDIATRICS 4

14 mins

Protocol time.



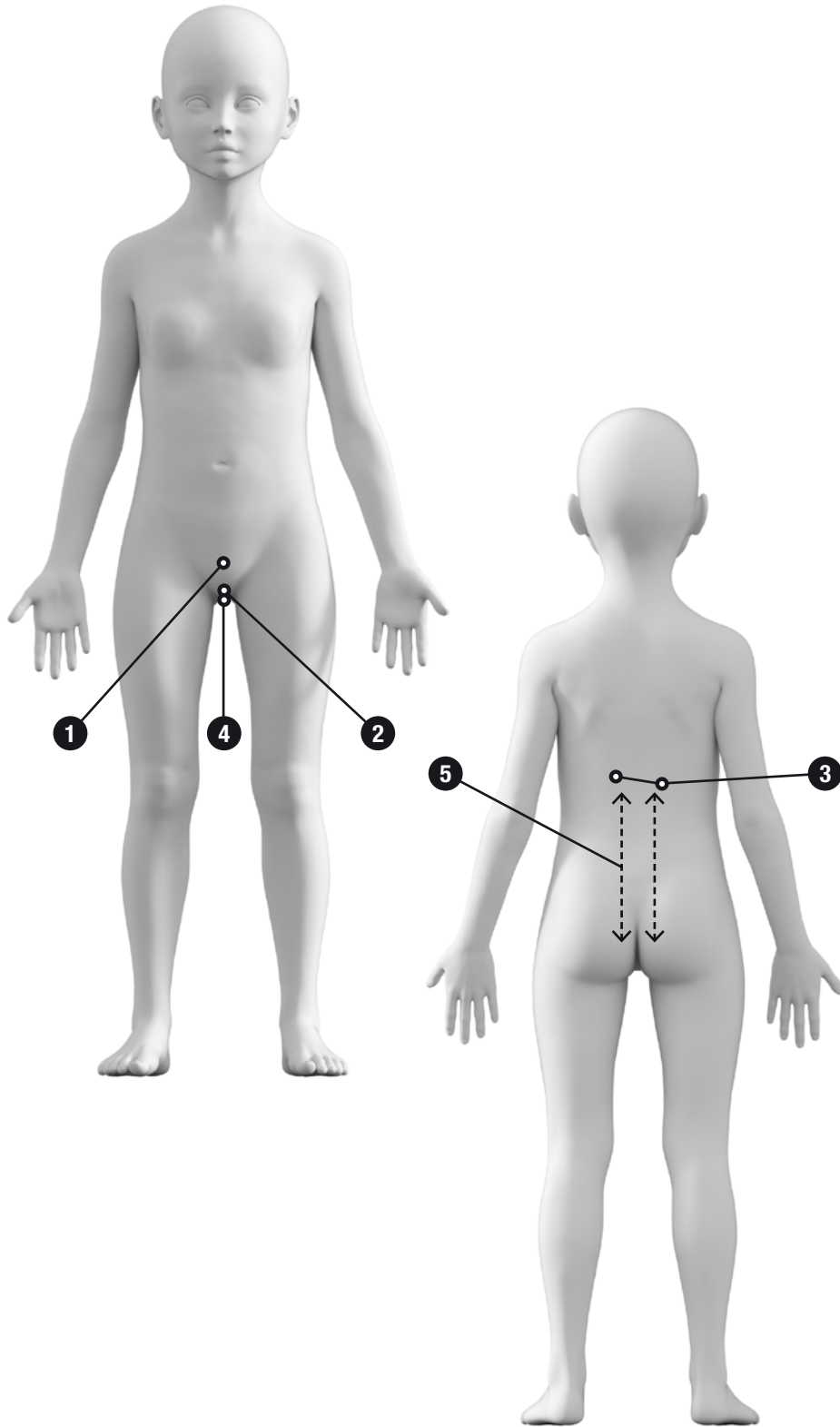
Using:
Delta Medical Terminal or
coMra Palm.

1 x daily
for 10 x days

Thereafter apply every
2 months if necessary.

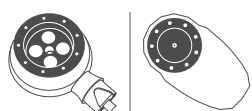
• DISEASES OF THE KIDNEYS AND URINARY TRACTS

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Bladder	2 per point	5
2 Bladder sphincter		
3 Kidneys		
4 Perineum		
5 Scan along both sides of vertebral column, lower back	2 per side	1000



SECTION 17

PEDIATRICS 5



Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 7 x days

INFANTS: Allow 2 weeks
rest and repeat course.

Thereafter repeat if
necessary, allowing
for the period of rest
between courses.

*1 x daily for 14 x days

TODDLERS: Allow 4 weeks
rest and repeat course.

Thereafter repeat if
necessary, allowing
for the period of rest
between courses.

• CEREBRAL PALSY

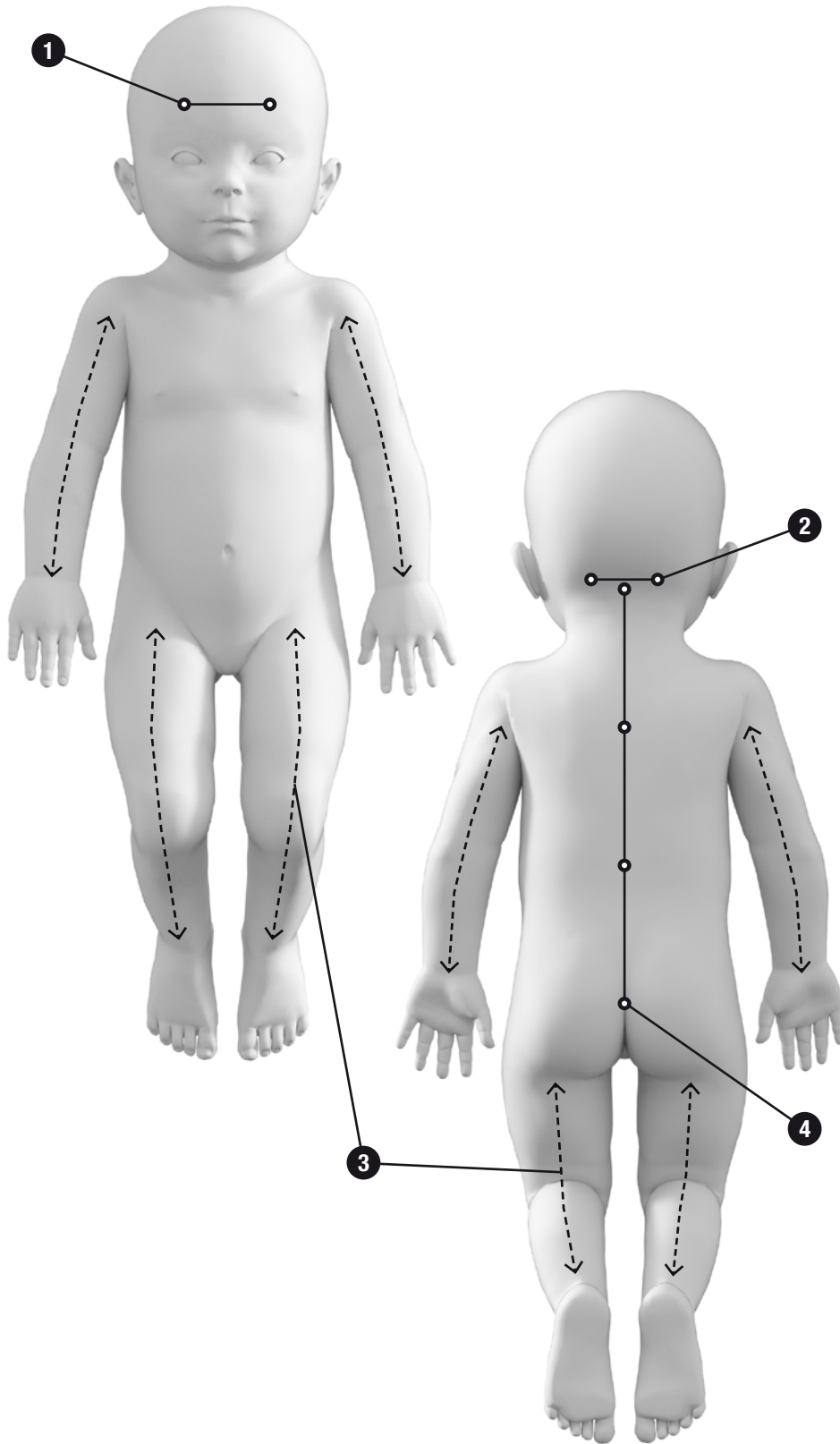
FOR INFANTS UNDER 1 YEAR OLD

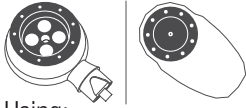
MORNING	Apply <u>PEDIATRICS 1</u>
EVENING	Apply <u>PEDIATRICS 2</u>

FOR TODDLERS 1-3 YEARS OLD*

PART 1		MORNING	
PROTOCOL POINT	⌚ MINS	📡 HZ	
1 Frontal (both sides)	1 per point	50	
2 Suboccipital (both sides)			
3 Scan affected arms and/or legs	2 per limb		
PART 2		EVENING	
PROTOCOL POINT	⌚ MINS	📡 HZ	
4 From coccyx to occiput at 10 cm intervals	1 per point	1000	
5	Apply <u>PEDIATRICS 2</u>		

Continued overleaf...





Using:
Delta Medical Terminal or
coMra Palm.

1 x daily for 21 x days

Allow 4 weeks rest
and repeat course.

Thereafter repeat if
necessary, allowing
for the period of rest
between courses.

FOR CHILDREN 4-10 YEARS OLD

PART 1 MORNING

PROTOCOL POINT	⌚ MINS	⚡ HZ
1 Temple (both sides)	1 per point	50
2 Frontal		
3 Suboccipital		
4 Apply <u>PEDIATRICS 2</u>		

PART 2 EVENING

PROTOCOL POINT	⌚ MINS	⚡ HZ
5 From coccyx to occiput at 10 cm intervals	1 per point	1000
6 Along both sides of vertebral column through long extensors at 10 cm intervals		50
7 Scan affected arms and/or legs	5 per limb	

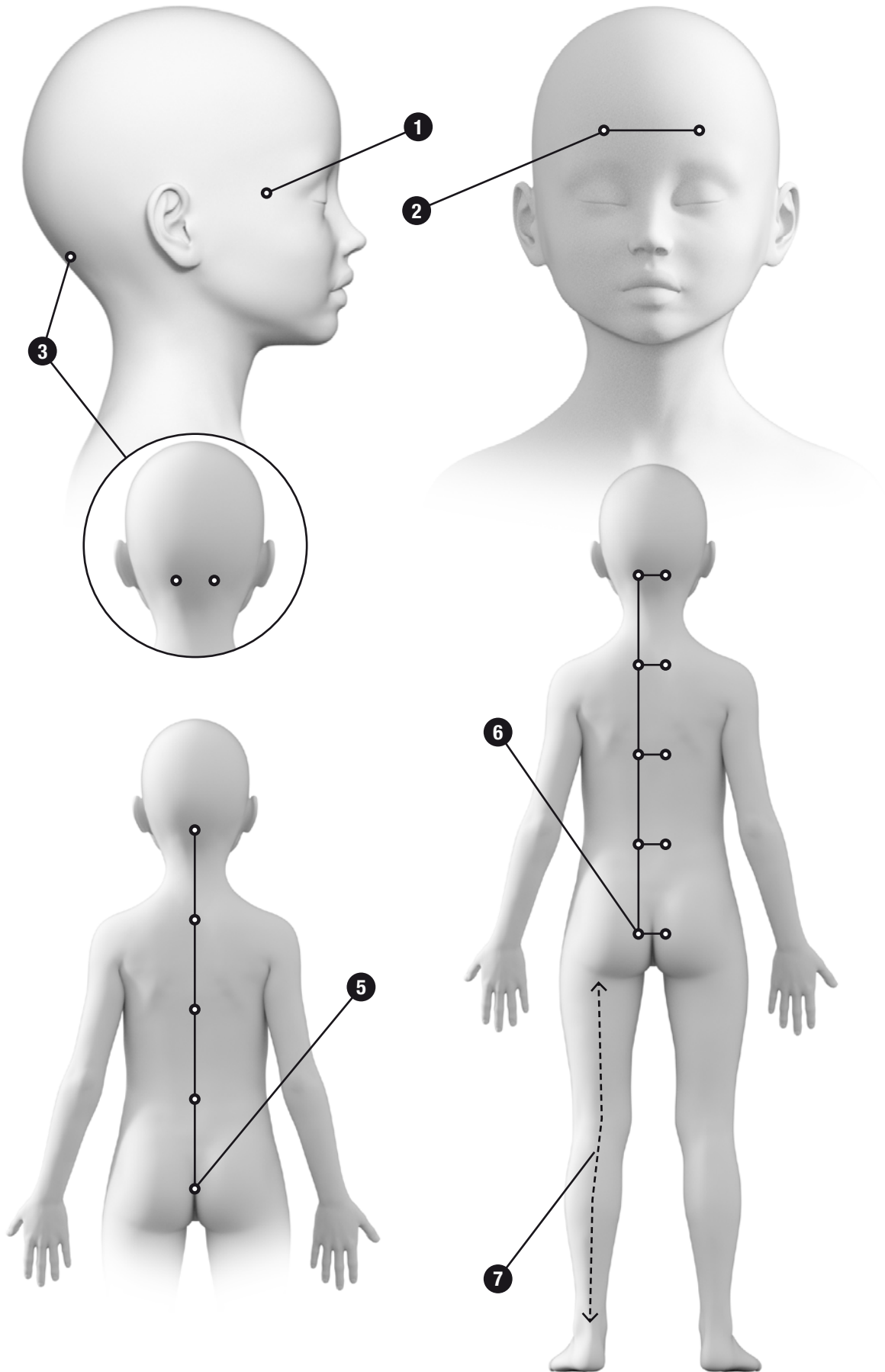
FOR CHILDREN OVER 10 YEARS OLD

1 Apply <u>NEUROLOGY 12</u>		
2	Treat each spastic or hypotonic muscle group for 2 min @ 50 Hz once per day. See <u>NEUROLOGY 13</u> for location of protocol points.	

i Treat joint contractures using the TRAUMATOLOGY protocols once per day, e.g. TRAUMATOLOGY 10 for contracture of the knee joint.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.



Reproductive support
(male)



IMPORTANT

- 1** Rest for 5-10 minutes after a treatment session that includes head or heart area.
- 2** In treating the heart area (4th intercostal, left of sternum) NEVER use a frequency other than 5 Hz.
- 3** A number of protocols in this user guide are complex protocols in which several stand-alone protocols have been combined to form one course of treatment. If in such cases more than one of the individual protocols calls for the heart area (4th intercostal, left of sternum) to be treated, ensure that this is done only once during a treatment session.
- 4** Do NOT place any of the Terminals within 30 cm of the heart and cardiostimulator on patients who have cardiostimulators.
- 5** Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.
- 6** Whenever using the Probe, screw off the Probe Sheath after the protocol, wash the outside of the Sheath well in warm water with a few drops of dish washing liquid added. Then dry with a clean cloth and sterilise with colloidal silver or with pure alcohol before putting away.



Treatments with the 905 nm laser (Delta Pro 905 Terminals) enables faster recovery than with the 980 nm laser (Delta Terminals or the coMra Palm) especially in cases of serious injury or disease.



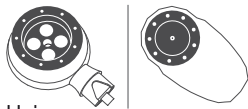
The Probe should be lubricated with K-Y Jelly before inserting. Do NOT use a white or an opaque cream as this will block the radiances.

SECTION 18

SEXUAL HEALTH 1

1 hr 2 mins ±

Protocol time.



Using:
Delta Medical Terminal or
coMra Palm.




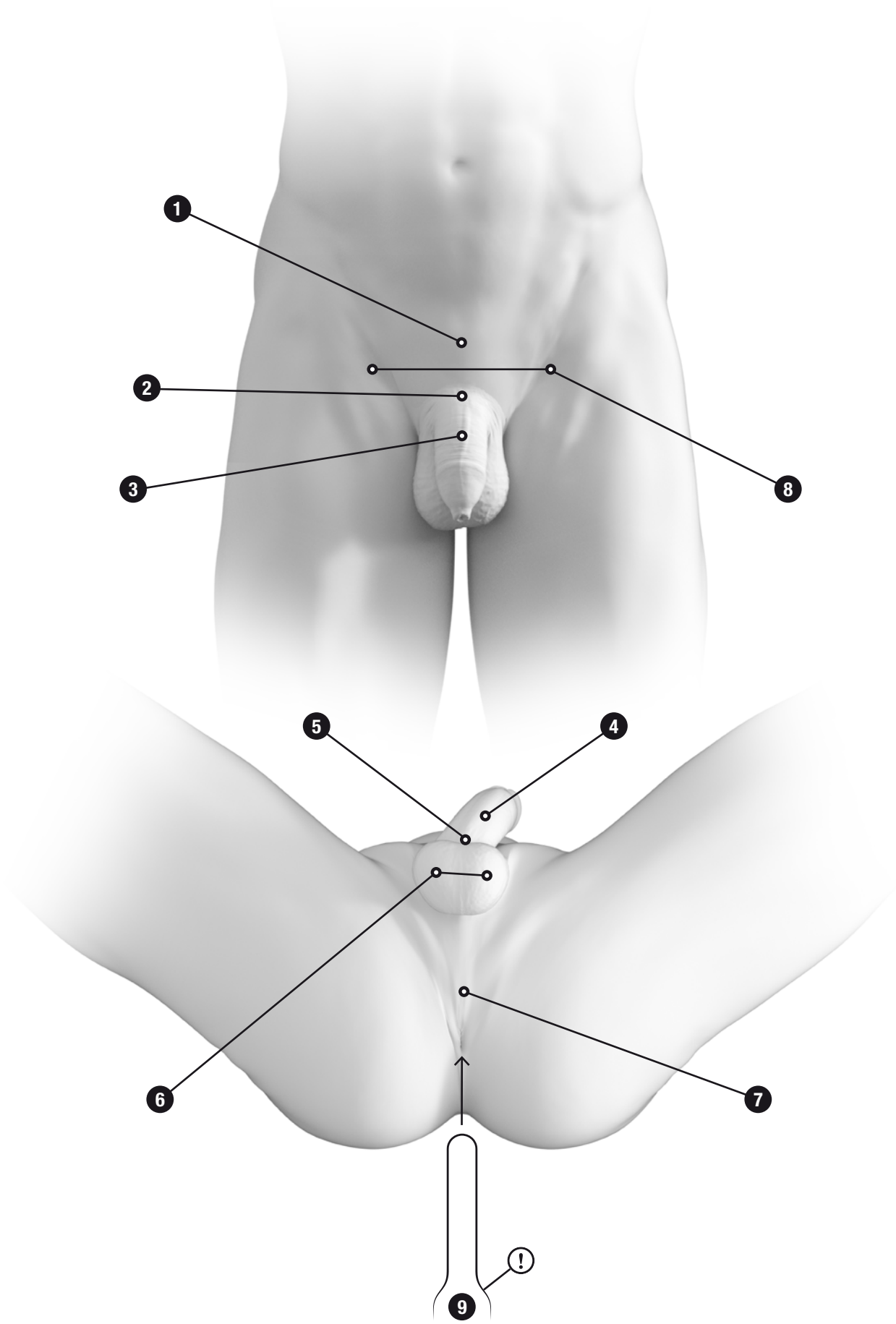
Using:
Delta Probe Terminal
with Normal Sheath.

1 x daily
for 15 x days

Allow 3 weeks rest and
repeat course if needed.

- **ERECTILE DYSFUNCTION** – impotence.
- **LOW LIBIDO**
- **PREMATURE EJACULATION**
- **SOME FORMS OF MALE INFERTILITY**

PART 1		MORNING	
PROTOCOL POINT	⌚ MINS	📡 HZ	
1 Bladder	5	5	
2 Base of penis, front	1 per point		
3 Shaft of penis, front			
4 Shaft of penis, back			
5 Base of penis, back			
6 Testicles			
7 Perineum	2		
8 Femoral Arteries	5 per point		
9 Insert the Probe into the anus	5		
PART 2		EVENING	
1	Apply <u>UNIVERSAL 4 (SB-1)</u>	One part done once per day, every evening for 6 days. Having completed all 6 parts start again at the beginning.	
2	Apply <u>UNIVERSAL 5 (SB-2)</u>		



SECTION 19

AESTHETIC TERMINAL



IMPORTANT

1

Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

2

coMra therapy using the Aesthetic Terminal, which has enhanced ultrasound, gives excellent results when used for rejuvenating the skin, and for improving the general condition of the skin, especially on the face and the neck. It is also good for treating mild skin ailments, such as wrinkles, pimples, rashes and mild eczema. The daily use of the Aesthetic Terminal will maintain a good, smooth and healthy skin that is free of wrinkles and skin blemishes.

3

In cases of certain physical injuries the enhanced ultrasound of the Aesthetic Terminal can also be very beneficial to the injury as an added treatment. For example, in strained or torn ligaments, strained or torn muscles, bone fractures, open wounds, bruises, etc., the enhanced ultrasound of the Aesthetic Terminal is very helpful. But in all these cases it is still important to use the Medical Terminal as well. This is necessary because the effect of the Aesthetic Terminal is one of rejuvenation, which makes this Terminal especially important in treating and enhancing the skin. The effect of the Medical Terminal on the other hand is one of regeneration, and it is this property that makes using the Medical Terminal important in medical conditions where regeneration is necessary.



Do NOT place any of the Terminals within 30 cm of neurostimulator on patients who have neurostimulators.

SECTION 19

AESTHETIC 1

20 mins

Protocol time.

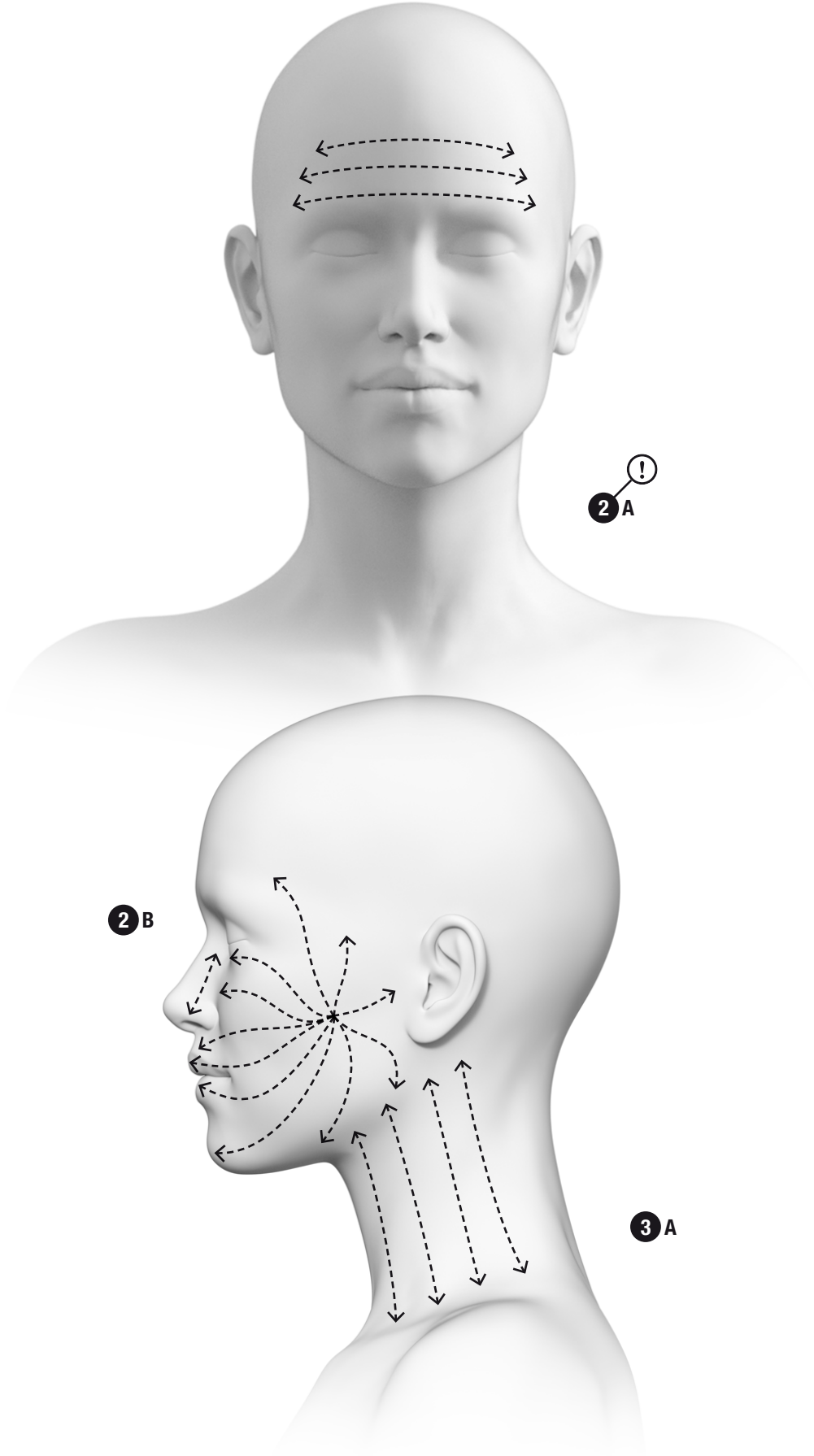


Using:
Delta Aesthetic Terminal.

1 x daily

• FACE AND NECK

1	A	Treating the skin should not be rushed.
	B	It is therefore recommended that you find a quiet time in which to sit down with a cup of coffee or tea whilst treating your skin in a relaxed, peaceful and quiet manner.
	C	Most people find that the best time for treating their skin is in the evening after they have had their shower and before going to bed.
	D	Doing the protocol at this time will also induce a good and peaceful sleep, for the effect of coMra therapy always brings about a natural drowsiness a few minutes after the protocol.
2	A	Starting with your face, first slowly and gently run the surface of the Aesthetic Terminal across the surface of the forehead as shown in the diagram for 2 mins @ 1000 Hz.
	B	Slowly and gently run the surface of the Aesthetic Terminal across the surface of one half of the face, including the side of the nose and the lips, and as shown in the diagram, for 5 mins @ 1000 Hz. Then repeat for the other side of the face.
3	A	Slowly and gently run the surface of the Terminal across the surface of one half of the neck as shown in the diagram, for 2 mins @ 1000 Hz. Then repeat for the other side of the neck.
	B	Repeat 3A for 2 mins @ 50 Hz.



SECTION 19

AESTHETIC 2

10 mins +

Protocol time.



Using:
Delta Aesthetic Terminal.

1 x daily

- HANDS
- SKIN BLEMISHES

1	A	Treating the skin should not be rushed.
	B	It is therefore recommended that you find a quiet time in which to sit down with a cup of coffee or tea whilst treating your skin in a relaxed, peaceful and quiet manner.
	C	Most people find that the best time for treating their skin is in the evening after they have had their shower and before going to bed.
	D	Doing the protocol at this time will also induce a good and peaceful sleep, for the effect of coMra therapy always brings about a natural drowsiness a few minutes after the protocol.
2	A	Place one hand flat on a table surface with the fingers slightly spread. Now slowly and gently run the surface of the Terminal across the surface of the back of the hand and fingers, including the thumb, as shown in the diagram, for 5 mins @ 1000 Hz.
	B	Repeat 2A @ 50 Hz.
	C	Repeat all for the other hand.
3		For skin blemishes treat the affected area by running the surface of the Terminal over the blemish, including an overlap of 2 cm of good skin around the blemish. Treat daily for 5 mins @ 1000 Hz.



GENERAL NOTES

1

coMra therapy using the Probe Terminal with the Extended Sheath is a very successful substitute for the use of acupuncture needles in the case of burns, elderly people with frail skin and infants. To treat the damaged skin the practitioner can use the Medical Terminal with the ultrasound switched on, with which to scan the affected areas for 5 mins @ 1000 Hz, after acupuncture, if desired.

2

For the purpose of acupuncture each point should be treated for 1-2 mins @ 1000 Hz. However, these exposure times are only a guide based upon general observation. The practitioner should experiment with the time of exposure until he or she finds the optimum exposure in order to achieve the desired results.

3

When using coMra therapy for acupuncture, it is well to remember that infants absorb radiance much more quickly and efficiently than adults, and therefore the exposure times should be adjusted accordingly.

SECTION 21

MENTAL HEALTH



IMPORTANT

1

Rest for 5-10 minutes after a treatment session that includes head or heart area.

2

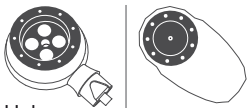
coMra therapy is extremely useful in the treatment of mental diseases such as acute depression, psychosis, schizophrenia and psychopathy.



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) to do the first 1-2 courses of treatments to build up the body's resources. Once the body has overcome the initial exhaustion and depletion, gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

SECTION 21

MENTAL HEALTH 1



Using:
Delta Medical Terminal or
coMra Palm.

Every day

Until improvement is noticed then continue for 7 more days.

Allow 2 weeks rest and apply UNIVERSAL 4 (SB-1).

After 2 weeks rest repeat course if needed.

- ACUTE DEPRESSION
- PSYCHOSIS
- SCHIZOPHRENIA
- PSYCHOPATHY

1	Apply <u>UNIVERSAL 5 (SB-2)</u>	2 x daily
2	Apply <u>UNIVERSAL 3 (BLOOD)</u>	1 x daily



If the body is severely exhausted, always use the 980 nm laser (Delta Terminals or the coMra Palm) for the first 1-2 courses of treatment to build the body's resources. Then gradually introduce the 905 nm laser (Delta Pro 905 Terminals) for a more intensive healing process.

SECTION 22

VETERINARY SCIENCE

coMra therapy in
veterinary science

GENERAL NOTES

- 1** coMra therapy is excellent for treating animals, both big and small, as well as poultry and birds.
- 2** In treating animals and birds it is not necessary to first shave the animal or to pluck the bird before treatment. As opposed to clothing, which is finely woven cloth, the fur of animals and the feathers of birds do not inhibit the efficiency of the radiances. Instead it has been found that both live fur and feathers act as conductors of the radiances, rather than inhibiting them. Furthermore, animals and birds are far more responsive to the radiances than are human beings. Therefore even if there are some of the radiances that become distorted by the fur or the feathers, and do not penetrate fully through to the skin, animals and birds still respond very well and very quickly to coMra therapy as a result of just those radiances that do penetrate through to the skin.
- 3** For domestic animals, such as cats and dogs, sheep, goats and pigs, as well as poultry, use the same protocols as for humans, including the frequencies and the time exposures as given for humans.
- 4** For large animals such as horses and cattle, the protocols are also the same as for humans, except that the exposure times as given for humans should be increased by 2 mins per point.
- 5** For small birds it is best to slowly and gently brush the entire head of the bird using the Meridian Terminal, for 1 min @ 50 Hz. Then brush the body of the bird for 5 mins @ 50 Hz.
- 6** Protocols on animals and birds should be done every second day, for no more than 15 treatments, before allowing a period of 3 weeks rest.

coMra therapy
in botany

GENERAL NOTES

Plants too respond very well and very quickly to coMra therapy. The protocols described in this guide are meant primarily for small outdoor plants, house plants and seedlings. However, taking the information imparted here as a guideline, botanists who are interested in experimenting with coMra therapy on bigger plants can do so and develop their own techniques.

There are essentially three ways in which plants can be treated using coMra therapy:

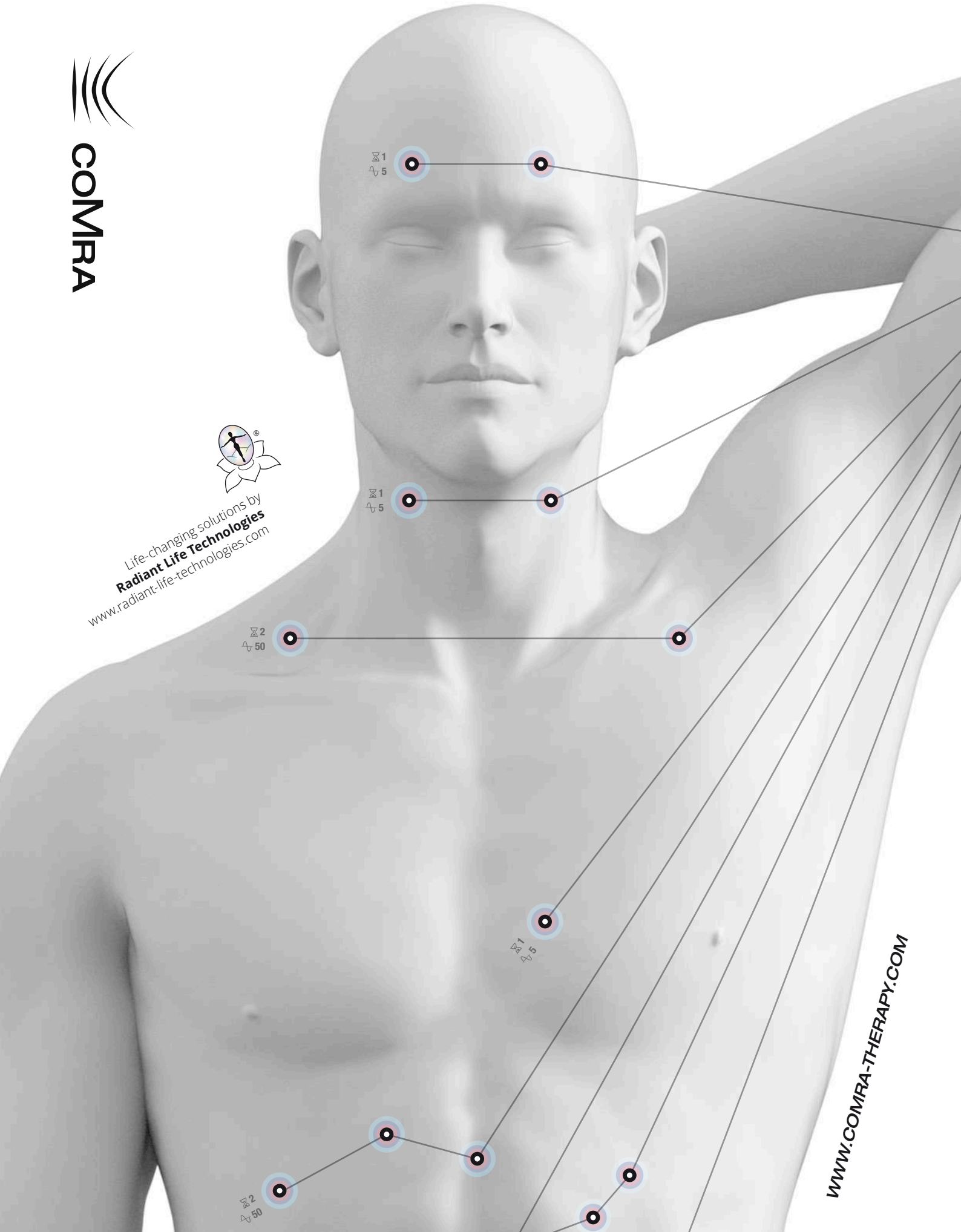
1		Using the Medical Terminal, scan the overall plant at a distance of 1 cm from the leaves for 3 mins @ 1000 Hz. Do this protocol every second day until an improvement in the condition of the plant is noticed.
2	A	Using the Probe Terminal with the Normal Sheath, charge water by immersing just the Sheath of the Probe into a 1 litre container of pure spring water for 3 mins @ 5 Hz.
	B	Water the plant with the charged water whenever it needs watering. Use only freshly charged water, as the water will lose its charge if left to stand for more than 3 hours.
	C	If the plant does not mind having its foliage wet, the whole plant can also be sprayed with the charged water before watering the roots of the plant.
3	A	As the informing life of a plant is located in its root system, carefully open a space in the soil close to the roots, taking care not to damage the roots, and bury about half the Probe, using the Normal Sheath, by putting back part of the soil that has been removed.
	B	Irradiate the roots for 5 mins @ 50 Hz.
	C	Remove the Probe and pat the loose soil back into place around the roots. Repeat the protocol every second day until the condition of the plant has improved.



Do NOT simply push the Probe into the soil, for this will scratch the Sheath, rendering it less effective. After use, the Sheath should be rinsed clear of dirt under running water before being dried gently, ensuring not to scratch the surface of the Sheath.



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